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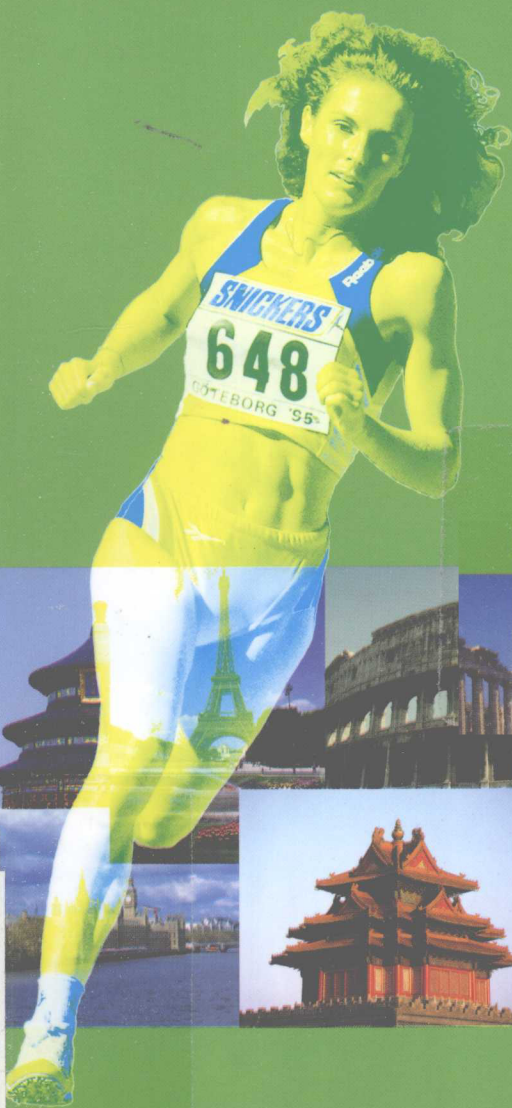
体育英语专业系列教材 / 总主编 田 慧

# 英语听说教程

ENGLISH LISTENING AND SPEAKING COURSE

(第四册)

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# 前言

从 2002 年开始,国内的体育院校纷纷开设了体育英语专业,培养在体育领域从事对外交流工作的国际体育人才。经过五年多的发展,体育英语专业既显示出强大的生机和活力,又面临着诸多困难,首要的问题就是教材问题。目前,体育英语专业大多在技能类课程,特别是基础阶段课程中沿用了全国统编英语专业教材。这些教材选材精当、设计合理,对夯实学生语言基本功起到了巨大作用。但是体育英语专业有其专业的特色,因此,从 2004 年开始,我们就着手策划编写一套供体育英语专业学生使用的系列教材,并于 2007 年获得北京高等教育精品教材立项。此系列教材包括基础阶段的《综合英语教程》、《英语听说教程》、《英语阅读教程》和高级阶段的《体育英语阅读》等,首批推出的是基础阶段的《综合英语教程》和《英语听说教程》。

经教育部批准的《高等学校英语专业英语教学大纲》指出:英语专业学生应具有扎实的语言基本功、宽广的知识面、一定的相关专业知识、较强的能力和较高素质。基础阶段各教程正是按照这一培养目标编写的。各教程立足于加强学生语言基本功,在培养语言基本功的同时渗透体育元素、人文精神,以提高学生的体育知识水平和人文素养,并在设计中力图培养学生的跨文化交际能力和独立思维能力。同时,本系列教材的一个突出特点是将各门课程的同一单元统一于一个话题,学生在“综合英语”、“英语阅读”、“英语听说”课程中同步围绕一个话题进行不同的技能训练,也使得他们能从不同角度认识同一问题。

《英语听说教程》共 4 册,本书为第四册,内有 12 个单元。每单元的主题与《综合英语教程》的主题相同,但内容的取材原则体现不同的重点。本教程集听说于一体。学习者既可接受大量相关话题的信息输入,又可围绕话题进行讨论增强其口语表达能力。在教学安排上,每单元计划 6 学时完成。

听力材料的选择以短小精悍、难度适中的国外原版材料为主,兼顾材料的多样性、信息性、知识性和趣味性及语言的真实性与实用性,避免枯燥。每次课都有新的内容,有效地避免了各门课程脱节的问题。

本教程强调多种目的听说训练,以便学习者适应不同内容、不同形式的英语。整册书中编排有多种体裁的英语听说材料。为提高学生的新闻英语听力的能力,每单元安排 3—5 条新闻听力练习,同时注重体育新闻听力训练。与前三册相比,本册最为突出的特点是增加了体育评论部分的内容。学生在打下扎实的英语听力基本技能基础、

渗透体育专业英语知识的同时,通过对国际重大赛事中各种体育比赛项目(如冬夏季奥运会等)精彩视频片段(教师在授课中若需视频片段,请发电子邮件至 [xuwanli50@yahoo.com.cn](mailto:xuwanli50@yahoo.com.cn) 免费索取)的赏析,学习不同比赛中体育评论特有的表达方式,把体育比赛中的激情与体育知识、语言技能和现场反应相融合,为学生以后的专业发展打下坚实的基础。

参加本册教材录音的朋友有 Cath Marsden, Austair Shewring 等英美专家。教程选材过程中,我们参阅了大量英美国家的报纸、杂志、教科书,以及部分网络资源,对一些文章进行了选编,特此向原作者们致以诚挚的谢意。

北京体育大学外语系承担了本教程的编写工作。由于经验和水平有限,书中疏漏及不妥之处在所难免,敬请使用本教程的师生批评指正。

编者

2009年11月

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# Unit 1 Civilization and History

## Part I The Making of a Nation

### Word List

Puritan	bay	Protestant	Anglican
holy	Catholic	Quaker	Dutch
assembly	clergy	Massachusetts	Providence
Rhode Island	Connecticut	New Hampshire	Maine
the Netherlands	Manhattan Island	New Jersey	Delaware
Pennsylvania			

**A**

*How much do you know about America and its early history? Answer the following questions briefly.*

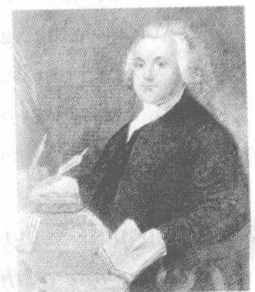
1. How many states are there in the United States?
2. Which two states are separated from the continental United States?
3. Who were the earliest settlers in the United States: the Spanish, the French, or the British?
4. True or false: All Caucasian people in the United States believe in the same religion.
5. Does the Church control the government in the United States?



**B**

*Listen to the first part of the recording and fill in the blanks.*

1. The largest religious group in Massachusetts was \_\_\_\_\_, who did not agree with the \_\_\_\_\_ Church. They believed that \_\_\_\_\_ should lead the local government, and all people in the colony should \_\_\_\_\_ to support the church.
2. Roger Williams, who established the colony of \_\_\_\_\_, did not





believe in forcing others to change their religions. His colony accepted people of all \_\_\_\_\_. His idea of separating \_\_\_\_\_ became one of the most important of all America's governing ideas.

3. Connecticut is to the \_\_\_\_\_ of Massachusetts, and New Hampshire and Maine are in the \_\_\_\_\_.



*Listen to the second part of the recording and choose the best answer.*

1. The area of New York State was first settled by \_\_\_\_\_.  
A. the Puritans  
B. the Dutch  
C. the Anglican farmers
2. Manhattan Island belonged to European hands because \_\_\_\_\_.  
A. they bought it from the Indians  
B. they forced the Indians to leave  
C. they simply occupied the empty place
3. New York got its present name since \_\_\_\_\_.  
A. 1626  
B. 1655  
C. 1664
4. What did people in the British colonies have to do?  
A. They had to support the Anglican Church.  
B. They had to pay taxes to the King of England.  
C. They had to abide by the English law.



*Listen to the last part of the recording and choose the best answer.*

1. Which of the following statements is NOT true about the Quakers?  
A. They have no clergy.  
B. They believe that all people are equal except for the king/queen.  
C. They believe that it is always wrong to kill.
2. What was the greatest significance in the establishment of Pennsylvania?  
A. The king was no longer in debt.  
B. The Quakers had their own colony.  
C. All religions are equal in Pennsylvania.



*In the past, religious doctrine ruled over many nations. Separation of church and state became one of the pillars of modern government in America as well as worldwide.*

*In groups, discuss the advantages and disadvantages of a religious group having the power to govern a nation and of separating the powers of religion and politics.*

**F**

*In countries where religion and state are not separate, religion dictates people's lifestyle: the way people interact, behave and even dress. In some areas, polygamy (having several wives) is a common form of marriage.*

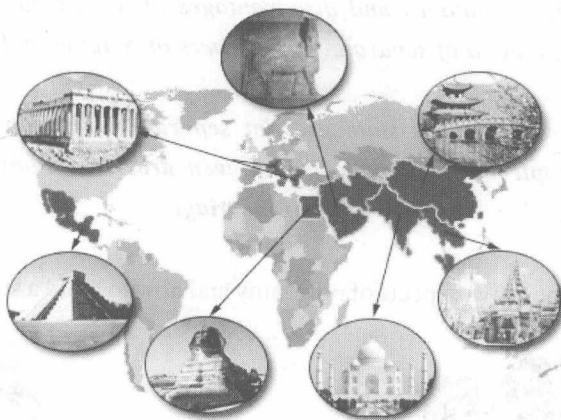
In groups, discuss the negative aspects of polygamy and how to build a strong family.



## Part II Ancient Civilizations

### Word List

dome	aqueduct	screw	blown glass
grace (v.)	pharaoh	archaeologist	papyrus
loom	prominence	descendant	reservoir
potter	swamp	observatory	be aligned with
depict	bark Marquis	decipherable	nitre
sulphur	hand-grenade	catapult	inflict
breach	extant	inscription	usher
rod	maritime	thence	the U.S. Capitol Mercury
Venus	Mars	Jupiter	Saturn
Mesoamerica	Yucatan	GuatemalaBelize	Honduras



- A** What do you know about the four great ancient civilizations? Discuss in groups about the achievements of the world's ancient civilizations, for example, ancient Egypt, India, China, etc. The following websites might be of help to you.

<http://www.ancientcivilizations.co.uk/>

[http://cybersleuth-kids.com/sleuth/History/Ancient Civilizations/index.htm](http://cybersleuth-kids.com/sleuth/History/Ancient%20Civilizations/index.htm)

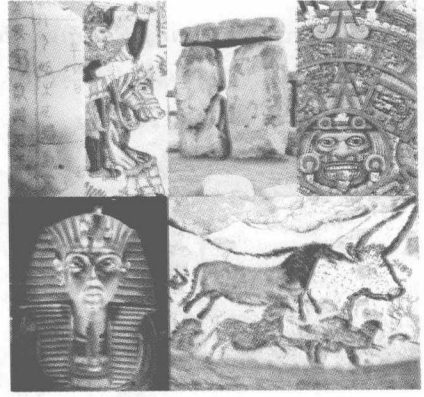
[http://archaeology.about.com/od/ancientcivilizations/Ancient Civilizations.htm](http://archaeology.about.com/od/ancientcivilizations/Ancient%20Civilizations.htm)

[http://en.wikipedia.org/wiki/Ancient civilization](http://en.wikipedia.org/wiki/Ancient_civilization)

- B** Now you are going to hear a passage about the contributions of Rome, Greece and Egypt. As you listen, fill in the blanks.

1. The ancient Romans contributed a lot to the modern society. Many buildings, for example, the \_\_\_\_\_ in Washington D.C., used a Roman building as its model. In some modern cities, \_\_\_\_\_ copy the Roman aqueduct system. The ancient Romans invented \_\_\_\_\_ and made the first \_\_\_\_\_. During the time of the Roman Empire, objects made of \_\_\_\_\_ first became popular. Today, the laws of many countries are based on one of the greatest contributions of ancient Rome: \_\_\_\_\_. Another important contribution is \_\_\_\_\_.
2. The ancient Greeks gave us a lot of gifts. People nowadays still study the works of \_\_\_\_\_ and enjoy \_\_\_\_\_ based on ancient Greek writings. In the U.S., many buildings are like \_\_\_\_\_. Some \_\_\_\_\_ which honor our heroes grace our public places, just as they did in ancient Greece. Other contributions of the ancient Greeks include the Greek language from which many English words are derived from, as well as their ideas about \_\_\_\_\_, and \_\_\_\_\_.

3. People are very interested in the ancient Egyptians. They like reading about \_\_\_\_\_, pyramids, and the \_\_\_\_\_. The ancient Egyptians were skilled \_\_\_\_\_, doctors, artists, and \_\_\_\_\_. Their inventions include \_\_\_\_\_, paper made from papyrus, \_\_\_\_\_ for weaving cloth, and making \_\_\_\_\_ using a wheel. They identified planets and called them "\_\_\_\_\_". The Egyptians also developed many ideas in the area of \_\_\_\_\_. They were skilled \_\_\_\_\_ and builders.



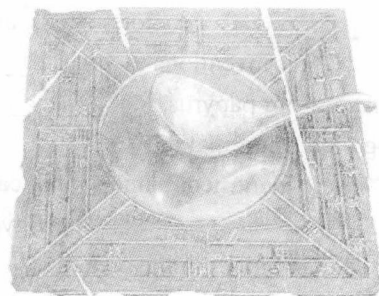
**Listen to a passage about Mayan civilization and choose the best answer.**

- The Maya originated in \_\_\_\_\_.  
A. the Yucatan                      B. southern Mexico  
C. northern Belize                D. Guatemala
- The Maya had the following achievements EXCEPT that \_\_\_\_\_.  
A. they were masters of mathematics  
B. they created metal tools and the wheel  
C. they developed astronomy, calendrical systems and hieroglyphic writing  
D. they constructed vast cities with architectural perfection and variety
- The Maya \_\_\_\_\_ to develop extensive trade networks with distant peoples.  
A. cleared large sections of tropical rain forest  
B. built sizable underground reservoirs  
C. built water transportation systems  
D. cleared routes through jungles and swamps
- The pyramids by the Maya \_\_\_\_\_.  
A. are in northern Belize and Guatemala  
B. were built with metal tools and beasts of burden  
C. rise as high as twenty-storey buildings  
D. are aligned with the moon and the lunar system
- Mayan art portrays only two gods: \_\_\_\_\_.  
A. the earth god and the rain/sky god  
B. the earth goddess and the rain/sky goddess  
C. the earth god and the rain/sky goddess  
D. the earth goddess and the rain/sky god



D

What are the four great inventions of China? Listen to the third passage and complete the table below with key words.



The Four Great Inventions	Date	Inventor	Materials	Application/Significance
Paper Making				
Gunpowder				
Printing (movable type printing)				
Compass				

E

In groups, discuss the following questions, giving examples where possible.

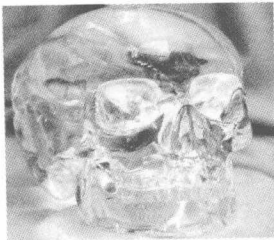
1. Of the ancient civilizations mentioned above, which one are you most interested in and why?
2. What is the importance of studying ancient world civilizations? Explain your answer.
3. At the opening ceremony of the Beijing Olympics, how was Chinese civilization of 5,000 years reflected and showcased? Which part impressed you most?



**F** *The ancient civilizations left us with many unsolved mysteries.*

*In groups, discuss what you know about the following mysteries of the ancient world. You may also talk about some other mysteries that you are familiar.*

- the Egyption Pyramids
- the Nazca lines
- Stonehenge
- Crystal skulls
- Easter Island
- the Tunguska explosion
- Terracotta warriors



**G** *Each of the inventions created during the ancient times contributed to the advancement of mankind and brought in the next stage of historical development.*

*In groups, use your imagination to create a scenario where a piece of modern technology was somehow introduced into the ancient world. Discuss how it would change the course of history, e.g. the development of other technology, the outcome of wars, etc.*

## Part III The History of Triathlon

### Word List

craze	deterioration	mediocre	biathlon
stage (v.)	be billed as	nothing to write home about	
conceive	alternate	leg	afterthought
go for it	sign up	time slot	entrant
credible	contender	toe the line	fuzzy
dismount	moan		

**A** *A triathlon is an endurance sports event consisting of running, biking, and swimming over various distances.*

*Discuss with your partner the following questions and do some research if necessary.*

1. What is the first event in a triathlon?
2. Why is the swim leg of a triathlon relatively shorter in time than the biking or running legs?
3. What are the standard distances of each discipline in triathlon?
4. What equipment is necessary to complete the race?
5. If you walk on the run, will you be disqualified?



**B** *You are going to hear a passage about the story of triathlon by Jack Johnstone. Listen to the first part of the passage and choose the best answer.*

1. When Jack Johnstone was 35, he started jogging because \_\_\_\_\_.  
 A. he was not satisfied with his physical condition and weight  
 B. millions of Americans were doing it  
 C. he wanted to compete in road races  
 D. none of the above
2. Which of the following statements is TRUE about his athletic performance?  
 A. He had been a good runner for eight years since high school.  
 B. He swam on his college team since his performances were excellent.





- C. He was an average runner even after a year of competitive running.  
 D. He was in the top ten when he first competed in biathlon.
3. His initial plan for a run-swim biathlon included the following EXCEPT \_\_\_\_\_.  
 A. the whole race would consist of a running leg and a swimming leg  
 B. the swim section would be longer than a quarter mile  
 C. some sections of running would be done without shoes  
 D. equal importance would be placed on swimming and running
4. \_\_\_\_\_ wanted to add a biking leg to the race.  
 A. Jack Johnstone  
 B. Dave Pain  
 C. Bill Stock  
 D. Don Shanahan
5. The idea of including biking in the race \_\_\_\_\_.  
 A. thrilled him  
 B. was advantageous for him  
 C. ruined his whole plan  
 D. didn't thrill him

**C** As you go on listening, complete the outline about the event and answer the questions briefly.



1. Name of the event: \_\_\_\_\_
2. Date: \_\_\_\_\_
3. Time: \_\_\_\_\_
4. a. Running distance: \_\_\_\_\_, including \_\_\_\_\_ on grass and sand.  
 b. Biking distance: \_\_\_\_\_  
 c. Swimming distance: \_\_\_\_\_
5. Number of participants who will get awards: \_\_\_\_\_
6. a. Contact number of Don Shanahan: \_\_\_\_\_  
 b. Contact number of Jack Johnstone: \_\_\_\_\_
7. What was Jack Johnstone's main concern about the event?  
 \_\_\_\_\_
8. How many people competed in the race? \_\_\_\_\_
9. How did I feel after the first leg?  
 \_\_\_\_\_

**D** In groups, design a new (Olympic) sport that would combine 4 different events into a "quadrathlon".

Answer the following questions as you are describing the new sport:

- Which events would be included?  
 —What would be the order of events? Explain the rationale behind the choice of sequence.

