



BASTIEN PIANO BASICS · SIGHT READING

巴斯蒂安钢琴教程

视奏 (三)



BY JANE SMISOR BASTIEN

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视奏（三）

一天一练

巴斯蒂安钢琴教程

[美] 简·斯密瑟·巴斯蒂安

前言

《初奏·一天一练》（三）是对巴斯蒂安钢琴基础教程、钢琴教程和第一级课本教学概念的补充。

本书每一页都由两部分组成：

- 一行由音符、音程或和弦组成的乐句（“天天找音符”），要求学生说出它们的音名并在钢琴正确的键位上演奏。这些音符的位置往往是不规则的，可以用任何手指来弹奏。
- 三行供学生视奏的4小节乐句。本册仅选用了C、G大调和中央C的五指位置进行练习。一个指位向另一个指位移动时都作了强调说明。

我们建议学生每天都先完成“天天找音符”的练习，然后尝试通过尽可能少的“练习”后，正确弹奏第二部分中那段4个小节的短句。详细指导见第2页。若有需要，可以安排学生弹奏这4小节短句的移调练习。

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天天找音符

唱出所列音符的音名，并在钢琴正确的键位上演奏它们，注意正确保持每个音符的时值。
用最方便的指法来弹奏。



在视奏每个短句之前应注意的问题：

1. 这是什么拍号？在书上写出音符的拍数。
2. 通读整段乐句，然后看看有没有不明白的地方。
3. 注意力度标记、连线 and 延音连线。
4. 找到双手的正确位置。
说出右手第一个音的音名。
这个音应由右手哪个手指弹奏？
说出左手第一个音的音名。
这个音应由左手哪个手指来弹奏？
5. 响亮地唱出一小节的节拍来设定演奏的速度，然后以此速度演奏下一个小节。一开始用慢一些的速度演奏，这可以使你有足够的时间来考虑所有的要点，并保持稳定的节拍。
跟随节拍器（♩ = 50）的速度大声数拍，可以帮助你保持稳定的节拍。

* 练习日期

练习次数



视奏评估

1. 你是否正确演奏了所有音符？
2. 你是否以正确的节奏来演奏，并保持了稳定的速度？
3. 你演奏时是否大声数拍？
4. 演奏至连线结束的时候，你是否提手“呼吸”？
5. 你是否按照力度标记演奏？

* 记录下你的进步

1. 在第一个方框内记录你视奏该乐句的日期。
2. 在第二个方框内打✓，记录你练习几次后可以正确演奏该乐句。每练习一次就打一个✓。
3. 你的目标就是打的✓越少越好。集中精神来演奏可以减少你练习的次数。

例：

练习日期

2009/9/1

练习次数

✓

天天找音符



1.

Exercise 1 is in 2/4 time. The key signature is one sharp (F#). The exercise is divided into four measures. The first measure contains a whole rest in the treble and a half note on G3 in the bass, marked with a forte (f) dynamic. The second measure contains a quarter note on A3 in the treble, followed by a quarter note on B3, marked with a first finger (1) fingering. The third measure contains a whole rest in the treble and a half note on C4 in the bass. The fourth measure contains a whole rest in the treble and a half note on D4 in the bass. The bass staff is marked with a 5th finger (5) fingering.

2.

Exercise 2 is in 3/4 time. The key signature is one sharp (F#). The exercise is divided into four measures. The first measure contains a whole rest in the treble and a half note on G3 in the bass, marked with a mezzo-forte (mf) dynamic. The second measure contains a quarter note on A3 in the treble, followed by a quarter note on B3, marked with a first finger (1) fingering. The third measure contains a whole rest in the treble and a half note on C4 in the bass. The fourth measure contains a whole rest in the treble and a half note on D4 in the bass. The bass staff is marked with a 5th finger (5) fingering.

3.

Exercise 3 is in 4/4 time. The key signature is one sharp (F#). The exercise is divided into four measures. The first measure contains a whole rest in the treble and a half note on G3 in the bass, marked with a mezzo-piano (mp) dynamic. The second measure contains a quarter note on A3 in the treble, followed by a quarter note on B3, marked with a third finger (3) fingering. The third measure contains a whole rest in the treble and a half note on C4 in the bass. The fourth measure contains a whole rest in the treble and a half note on D4 in the bass. The bass staff is marked with a 1st finger (1) fingering.

天天找音符

Musical staff with treble and bass clefs. The bass staff contains a sequence of notes: G₂, F₂, E₂, D₂, C₂, B₁, A₁, G₁. The treble staff is empty.

练习日期

练习次数

4.

Musical staff 4 in 3/4 time. Treble clef, key of C major. Treble staff: *mf*, quarter note C₄, quarter note D₄, quarter note E₄, quarter note F₄, quarter note G₄, quarter note A₄, quarter note B₄, quarter note C₅. Bass staff: whole rest, whole rest, half note C₃, quarter note D₃, quarter note E₃, quarter note F₃, quarter note G₃, quarter note A₃, quarter note B₃, quarter note C₄. Fingering: 3 on C₄, 1 on C₃, 2 on D₃.

练习日期

练习次数

5.

Musical staff 5 in 4/4 time. Treble clef, key of D major. Treble staff: *f*, quarter note D₄, eighth note E₄, eighth note F₄, quarter note G₄, quarter note A₄, quarter note B₄, quarter note C₅, quarter note D₅. Bass staff: whole rest, quarter note D₃, eighth note E₃, eighth note F₃, quarter note G₃, quarter note A₃, quarter note B₃, quarter note C₄, quarter note D₄. Fingering: 5 on D₄, 1 on D₃.

练习日期

练习次数

6.

Musical staff 6 in 2/4 time. Treble clef, key of C major. Treble staff: *mf*, whole rest, whole rest, quarter note C₄, quarter note D₄, quarter note E₄, quarter note F₄, quarter note G₄, quarter note A₄, quarter note B₄, quarter note C₅. Bass staff: *mf*, quarter note C₃, quarter note D₃, quarter note E₃, quarter note F₃, quarter note G₃, quarter note A₃, quarter note B₃, quarter note C₄. Fingering: 1 on C₃, 5 on C₄.

天天找音符

在你照常每天视奏一行乐句后，尝试连续演奏下列第7、8、9三行乐句。
现在你可以演奏一段较长的独奏了！感觉怎么样？

练习日期

练习次数

7.

练习日期

练习次数

8.

练习日期

练习次数

9.

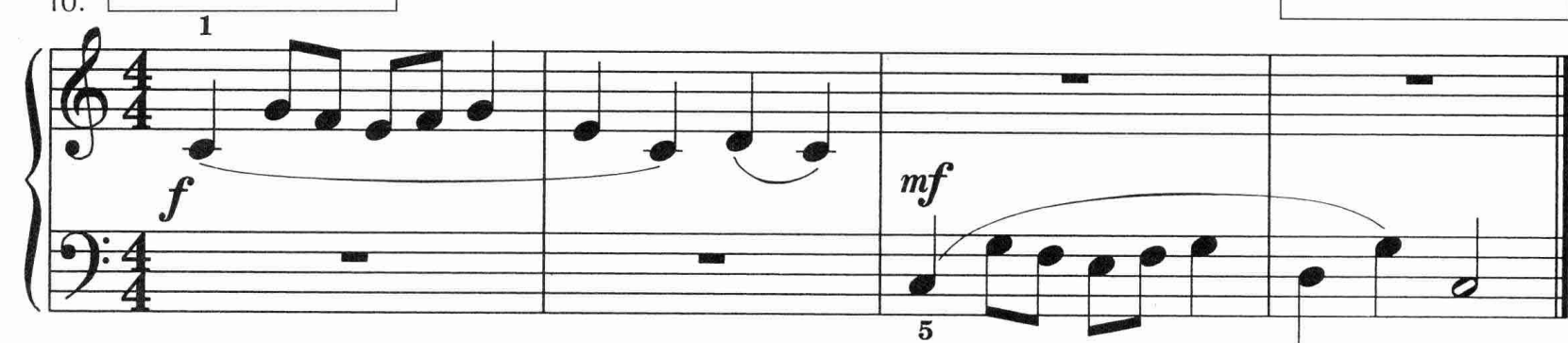
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10.

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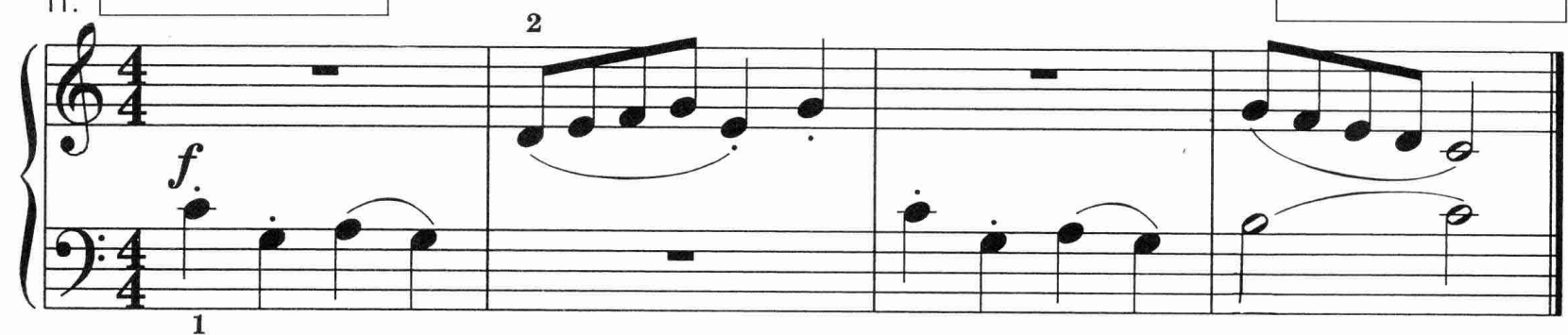
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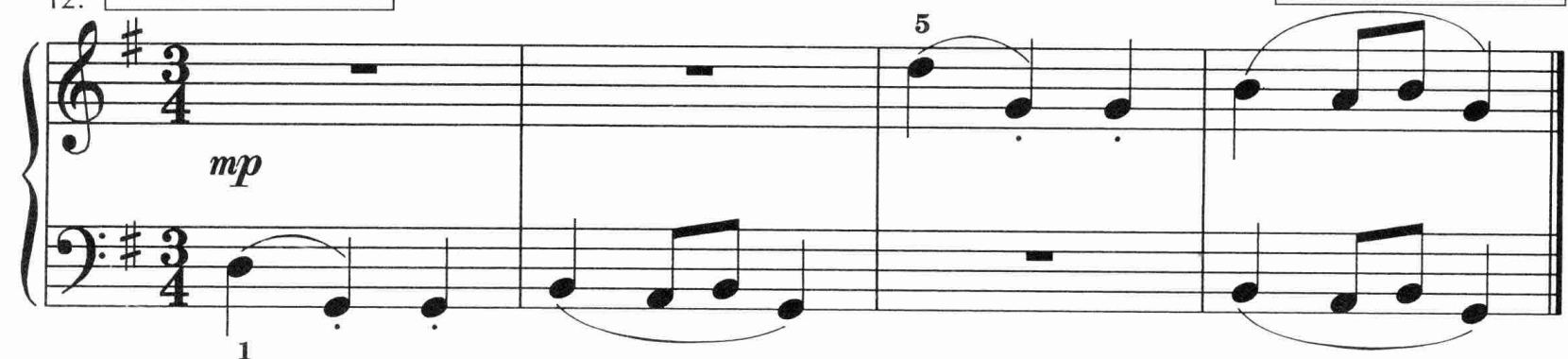
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12.

练习日期

练习次数



天天找音符



在你照常每天视奏一行乐句后，尝试连续演奏下列第13、14、15三行乐句。
现在你可以演奏一段较长的独奏了！感觉怎么样？

13.

练习日期

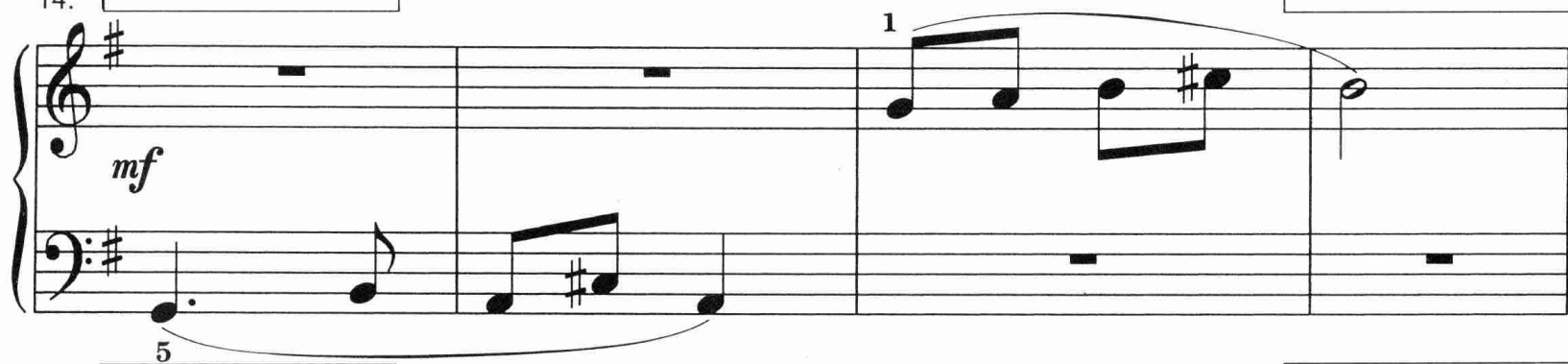
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14.

练习日期

练习次数



15.

练习日期

练习次数



天天找音符



16. 练习日期 练习次数

17. 练习日期 练习次数

18. 练习日期 练习次数

天天找音符



在你照常每天视奏一行乐句后，尝试连续演奏下列第19、20、21三行乐句。
现在你可以演奏一段较长的独奏了！感觉怎么样？

练习日期

练习次数

19.

练习日期

练习次数

20.

练习日期

练习次数

21.

天天找音符

Musical exercise 21: A short piece in G major, 2/4 time, consisting of four measures. The melody is in the treble clef and the bass line is in the bass clef. The notes are: G4 (quarter), A4-B4 (eighths), C5 (quarter), B4-A4 (eighths), G4 (quarter), F#4 (quarter), E4 (half).

练习日期

练习次数

22.

Musical exercise 22: A piece in D major, 2/4 time, consisting of four measures. The melody is in the treble clef and the bass line is in the bass clef. The notes are: D4 (quarter), E4-F#4 (eighths), G4 (quarter), F#4-E4 (eighths), D4 (quarter), C#4 (quarter), B3 (half).

练习日期

练习次数

23.

Musical exercise 23: A piece in D major, 3/4 time, consisting of four measures. The melody is in the treble clef and the bass line is in the bass clef. The notes are: D4 (quarter), E4-F#4 (eighths), G4 (quarter), F#4-E4 (eighths), D4 (quarter), C#4 (quarter), B3 (half).

练习日期

练习次数

24.

Musical exercise 24: A piece in D major, 4/4 time, consisting of four measures. The melody is in the treble clef and the bass line is in the bass clef. The notes are: D4 (quarter), E4-F#4 (eighths), G4 (quarter), F#4-E4 (eighths), D4 (quarter), C#4 (quarter), B3 (half).

天天找音符

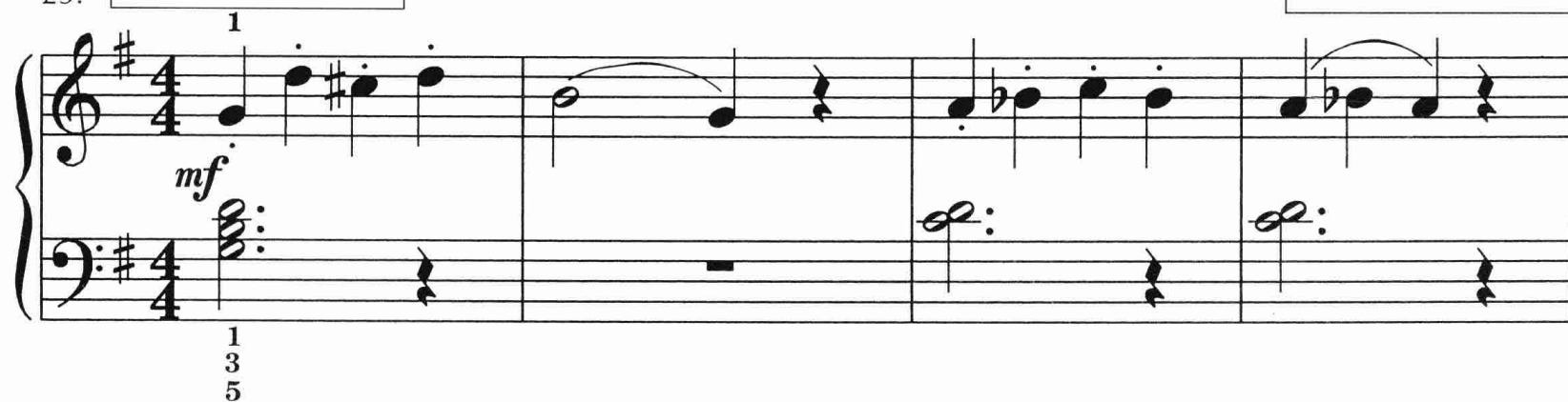


在你照常每天视奏一行乐句后，尝试连续演奏下列第25、26、27三行乐句。
现在你可以演奏一段较长的独奏了！感觉怎么样？

练习日期

练习次数

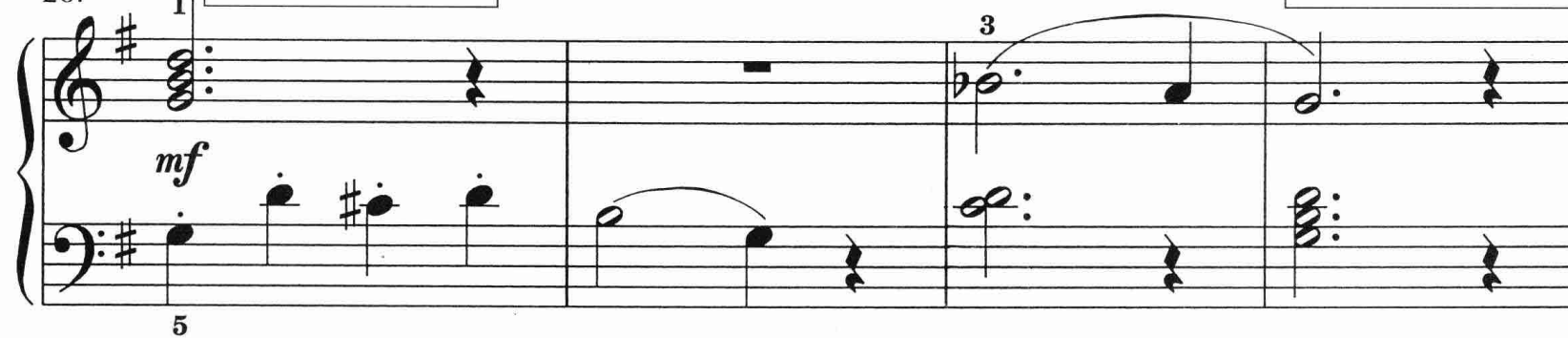
25.



练习日期

练习次数

26.



练习日期

练习次数

27.



天天找音符



在你照常每天视奏一行乐句后，尝试连续演奏下列第28、29、30三行乐句。
现在你可以演奏一段较长的独奏了！感觉怎么样？

练习日期

练习次数

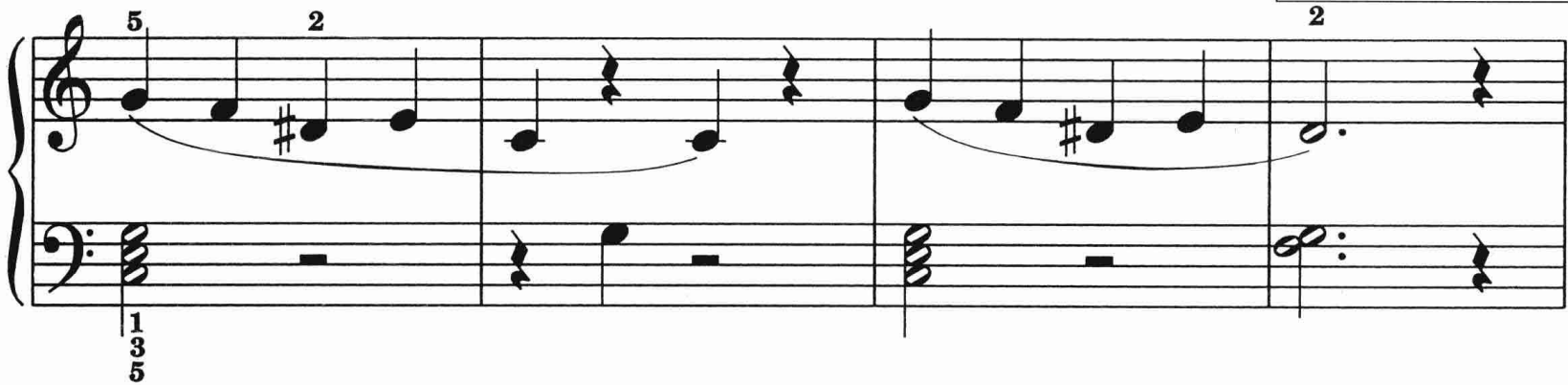
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练习日期

练习次数

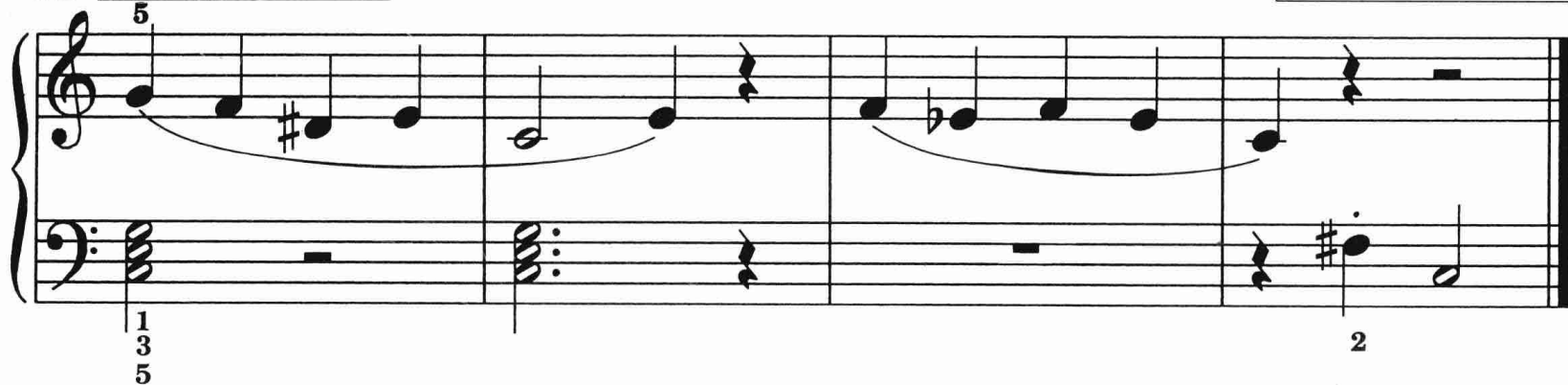
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练习日期

练习次数

30.



天天找音符

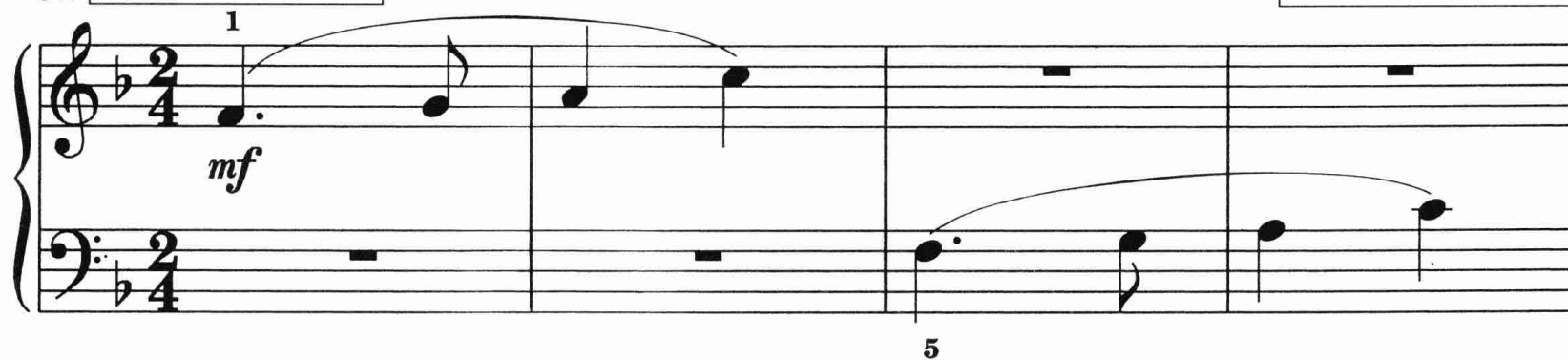


在你照常每天视奏一行乐句后，尝试连续演奏下列第31、32、33三行乐句。
现在你可以演奏一段较长的独奏了！感觉怎么样？

练习日期

练习次数

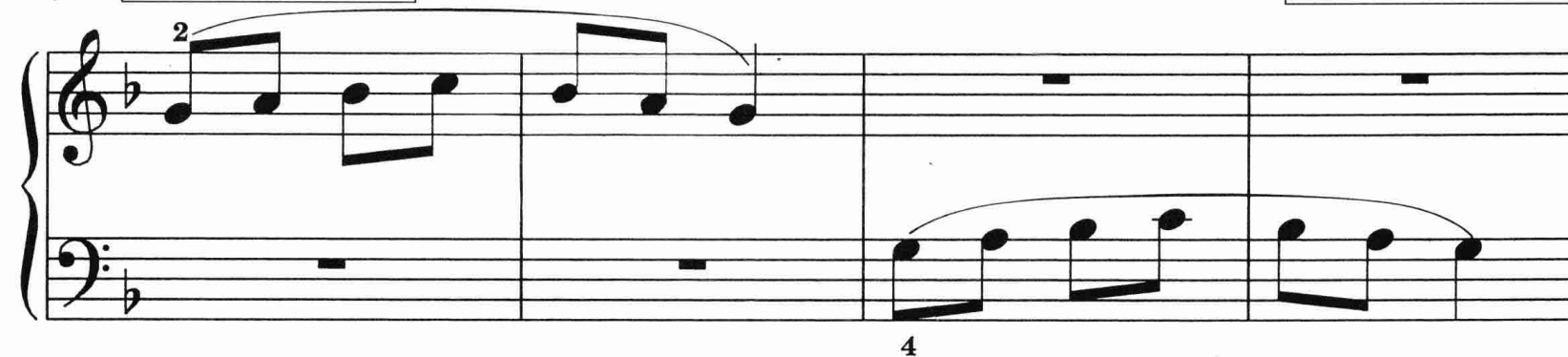
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练习日期

练习次数

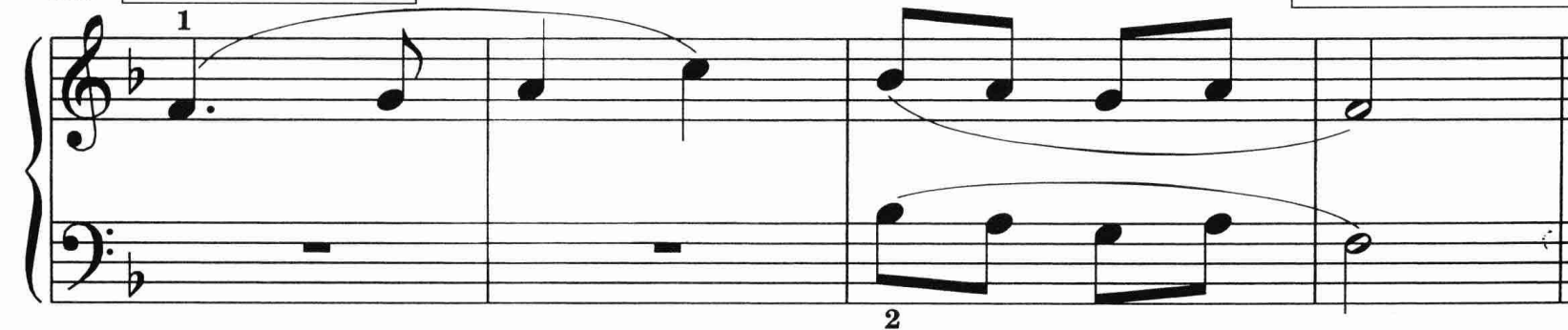
32.



练习日期

练习次数

33.



天天找音符



练习日期

练习次数

34.

Musical notation for exercise 34, 3/4 time, featuring a treble and bass staff with various notes and rests. The piece starts with a forte (*f*) dynamic and includes a first ending bracket labeled "1".

练习日期

练习次数

35.

Musical notation for exercise 35, 2/4 time, featuring a treble and bass staff with various notes and rests. The piece starts with a mezzo-forte (*mf*) dynamic and includes a second ending bracket labeled "2".

练习日期

练习次数

36.

Musical notation for exercise 36, 4/4 time, featuring a treble and bass staff with various notes and rests. The piece starts with a forte (*f*) dynamic, includes a mezzo-piano (*mp*) section, and ends with a forte (*f*) dynamic. A first ending bracket labeled "1" is at the bottom left.