

Toward
TOEFL

美式英语听力 技巧训练(第三辑)

FAST RESPONSE VIA FAST TALK

萧春麟 梁霄泰 编著

华东师范大学出版社

简介

本书及其音带四盒用于训练学员对美式英语的快速应答能力，是上海市前进业余进修学院使其托福班学员听力获得优异成绩的“法宝”之一。其主要特点有：

1. 选材和编题均以教学实效为取舍依据，内容与训练方法相得益彰；2. 部分习题针对大多数学员听力障碍；3. 美式英语纯正，可作典范或用以“对口”正音；4. 语速为每分钟 180—190 词，比 TOEFL Listening Comprehension Part C 的语速每分钟快 42—50 词。听快速讲话，练快速应答，使学员以高能赢得托福高分。这就是编著本书和音带的宗旨。

**Toward
TOEFL**

上海市前进业余进修学院

**托福
教程**

**美式
英语** 听力技巧训练

(第三辑)

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华东师范大学出版社出版发行

(上海中山北路 3663 号)

新华书店上海发行所经销 上海译文印刷厂印刷

开本: 850×1168 1/32; 印张: 6; 字数: 150 千字

1991 年 3 月第一版

1992 年 5 月第二次印刷

印数: 22,001—44,000 本

ISBN 7-5617-0615-4/G·281

定价: 3.30 元

(沪)新登字第201号

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致 听 / 读 者

话好像要从头说起才清楚。

记得我在 Toward TOEFL 美式英语听力技巧训练 (第一辑)—— 33 GA TALKS (1989年1月初版) “致听/读者”中说过: 美式英语听力技巧近来形成一个专项训练, 因此不妨把美式英语听力技巧训练作为丛书名称, 这 33 篇 GA TALKS 为其第一辑, 以后随可能和需要编出其二、其三……”第一辑出版不久即予重印。它一方面确实缓解了 TOEFL 应试者无音之“苦”和觅音之“急”; 另一方面书中的练习编得使学员处于一个标准美式英语的环境中, 循序渐进, 耳濡目染, 综合地对音响信息进行概括、分析、推理、记忆的智能训练。教学实践中, 发现听力理解与听速密切相关。听速跟不上语速, 理解常遭中断, 应试就易失分。于是, 同年9月, 黄绍扬、黄绍楠编著的第二辑——LISTENING SPEED AND COMPREHENSION 出版, 它专从美式英语听速方面提高学员的理解能力, 颇受学员欢迎, 成为适合托福预备班听力水平的好教材。

多年的托福听力教学实践让我明确地意识到, 不仅托福预备班水平层次上存在学员的听速和试题的语速之间的差距, 在托福强化班水平层次上也有类似的矛盾。解决这一矛盾看来需要学员通过语速更快的美式英语来养成一种快速反应能力。这种反应能力和听懂快速讲话的能力, 无论备以应试抑或在美式英语环境中工作和生活, 都是必需的, 更是维持(语言水平同仪器和武器一样, 也需要维护、保养或磨练)或提高学员已经达到的听力水平所必需的。于是, 我着手收集素材, 边编著边试用这第三辑——FAST

RESPONSE VIA FAST TALK (听快速讲话, 练快速应答)。

本书由二十个单元 (UNIT) 组成, 每一单元设有三个训练项 (Item)。在 Item 1 开始前, 编有听前作业 (Pre-listening)。在第 1—10 单元的听前作业中, 提供与本训练内容有关的信息, 作为做正式试题的准备; 摘录一些含有美式英语语音特征的 (用斜体字表示) 语句, 如有明显的美国音特征, 或前后音的连读和失爆 (学员虽知道其原理, 却无这种技巧和习惯)。这类特征在音带上可听到两遍: 第一遍, 语速稍慢 (130 wpm); 第二遍为原速 (180—190 wpm)。在第 11—20 单元中, 这类专项训练的重点转为一些考生深感困难的内容, 如: can't 与 can 的区别; out of / on / in / up / over 等连读; 'd 的发音特征及其涵义; tag-问句的语调及其涵义……等。然后, 令学员限用 10 秒钟时间读完每道试题的选择项并预测可能相关的问题。之后, 听短文的录音, 按 Direction 做 Multiple Choice。学员可根据自己的现有听力理解水平, 听一至两遍。做完第一套试题后再做第二套专项训练题——填空。

各单元中, Item 2 为小对话, 取托福听力 (T-LC) Part B 的语速和形式。Item 3 是演讲, 其语速与托福听力 (T-LC) Part C / Lecture 相当。学员可按 Direction 所示, 做这些训练题。但切记: Item 2 和 Item 3 只允许听一遍, 否则会失却“训练能力”这一实际意义。

本书在美式英语语音系统范畴里, 选用多种不同口音。这一特色旨在提高学员对口音的适应性 (adaptability) 和应变能力 (flexibility)。因为, 虽然 TOEFL 听力音带一般有三个人 (两男一女) 的声音而且美音纯正, 不带地方口音, 普林斯顿大学 ETS 中心却在逐个更换朗读者。倘若学员只能听一种口音, 一旦朗读者更换, 口音有异, 应试者就因一时不适应而影响成绩。

影响听力成绩的因素很多很杂, 但是根本的还是语速差距。

语速适应了, 或者适应能力高于测验要求, 那就得心应手, 从容应答。

有人认为, 托福听力 (T-LC) Part B, C 试题的语速已是相当快的了, 听懂它们并作出反应可算是上佳的听力水平了。其实, 并不尽然。

试问: 你们听过美国对其国内的一种名叫 American Life Style (ALS) 的节目没有? 你们对它的语速有何感想? 若以它的语速为准, 听惯它的内容者具有上佳的美式英语听力水平, 那末托福 (T-LC) Part B, C 的语速就缓慢得多了。请看下表:

类 别	语速(wpm) 词/每分钟	(wpm) 词/每 分钟速差
American Life Style	180—190	
TOEFL Listening Comprehension, Part B	138—140	42—50
TOEFL Listening Comprehension, Part C	132—134	48—56

愿此书及其音带能为学员效如下微薄之劳: 适应较快语速, 克服心理障碍, 达到并经常保持已达到的听力理解水平, 最终以高能赢得高分。

书中疏误之处, 请同行和广大学员指正, 以便重印时修正。

萧春麟

1990年1月

Contents

致听/读者	iv
UNIT 1	
Item 1 Gadgets	1
Item 2 Short Conversations	4
Item 3 Weather	4
UNIT 2	
Item 1 Tanning Salons	6
Item 2 Short Conversations	8
Item 3 The United Nations	9
UNIT 3	
Item 1 Cocooning	11
Item 2 Short Conversations	13
Item 3 Women's Suffrage	14
UNIT 4	
Item 1 Exercises	16
Item 2 Short Conversations	18
Item 3 Grand Canyon	19
UNIT 5	
Item 1 Memorial Day	20
Item 2 Short Conversations	22
Item 3 Language in Conflict	23
UNIT 6	
Item 1 Vacation	25
Item 2 Short Conversations	27
Item 3 Nature against Mankind	28
UNIT 7	
Item 1 Survey	30
Item 2 Short Conversations	33
Item 3 Advertising in US	33
UNIT 8	
Item 1 Stress	35
Item 2 Short Conversations	37
Item 3 Dust Bowl	37

UNIT 9	Item 1	Wedding	39
	Item 2	Short Conversations	41
	Item 3	The American Civil War	42
UNIT 10	Item 1	Baseball	44
	Item 2	Short Conversations	46
	Item 3	Black Blizzards	47
UNIT 11	Item 1	Movie-going	49
	Item 2	Short Conversations	51
	Item 3	Fire or Ice	52
UNIT 12	Item 1	Haircut	54
	Item 2	Short Conversations	56
	Item 3	Pyramids	57
UNIT 13	Item 1	Gardening	59
	Item 2	Short Conversations	61
	Item 3	The US Constitution	62
UNIT 14	Item 1	Living Together	64
	Item 2	Short Conversations	66
	Item 3	The Mississippi	67
UNIT 15	Item 1	Personal Computer	69
	Item 2	Short Conversations	71
	Item 3	Farm in New England	72
UNIT 16	Item 1	American Expenses	74
	Item 2	Short Conversations	76
	Item 3	Population	77
UNIT 17	Item 1	Trips on Vacation	79
	Item 2	Short Conversations	81
	Item 3	US Coin	82
UNIT 18	Item 1	Shopping	84

	Item 2	Short Conversations	86
	Item 3	Wagons	87
UNIT 19	Item 1	Fax	89
	Item 2	Short Conversations	91
	Item 3	Rhythm	92
UNIT 20	Item 1	Working Women	94
	Item 2	Short Conversations	96
	Item 3	Anaesthesia	97
Tapescript			99
Answer Sheets.....			172

UNIT 1

Item 1

Gadgets

I. Pre-listening Information

Direction: Following is a list of difficult expressions either semantically or phonetically. Immitate the speaker's accent from the tape a couple of times. Pay close attention to the parts in *italics*. Illustrations are given to some of them if necessary.

1. be into gadgets: be fond of gadgets
2. plenty of buttons
3. *an explosion of* electronic games
4. how about a "jacket"? : what do you think of a "jacket"?
5. shoulder-pads
6. without messing up *your* hair
7. right on your body: just on your body
8. taking your clothes off *an(d) on*
9. any of your imperfections: any of your defects

II. Multiple Choice

Objectives:

1. Predict the possible question by skimming the choices of each portion;
2. Focus your attention on the following categories in accordance with the prediction while listening:

- (1) Main idea / topic of the talk;
- (2) Information about the speaker and the probable source of the talk;
- (3) Relevant facts and reasons contained in the talk;
- (4) General attitude toward the topic under discussion on the part of the speaker.

Direction: In this part, you will hear a short talk or conversation, and simultaneously you will read 4 portions of choices corresponding to the talk or conversation you hear. After hearing the talk, you will be asked some questions about it, and you are expected to decide which one is the best answer to the question you heard. Then on your Answer Sheet, find the number of the question and fill in the space that corresponds to the letter of the answer you have chosen. Answer all questions on the basis of what is stated or implied in the talk.

Notice: You will have only 12 seconds between each 2 questions to determine your choice. Don't hesitate to make up your mind. You are allowed neither to refer to the tapescript nor to pause the tape while listening. Nevertheless, you may listen to it once, twice or even thrice according to the actual level of your aural comprehension.

1. (A) A good friend.
(B) An impressive little device.
(C) An electronic game.
(D) A computer.
2. (A) One.

- (B) Two.
 - (C) Three.
 - (D) Four.
3. (A) A mini-recorder.
 (B) A coat.
 (C) A speaker.
 (D) A protection.
 4. (A) It can show on the screen the clothes the customer likes best.
 (B) Customers don't have to take on and off many times.
 (C) Flaws of a customer won't be reflected.
 (D) People are afraid of asking the computer.

III. Blanks

Objective: To enhance the ability to memorize the relevant information.

Direction: Fill in the blank with one proper word or phrase so as to best complete the sentence according to what you have heard from the tape.

1. We _____ any little _____ that makes our life _____.
2. It seems that in the _____ several years there has been an _____ of electronic games,
3. How about a "jacket"? That's a _____. No _____.
 The _____ are in the shoulder-pads and in the _____, giving you a perfect _____ without messing up your _____.
4. Strange _____ like these are _____ to make a person afraid to _____, "what will they think of _____?"

Item 2**Short Conversations**

Direction: Obtain the relevant information from the conversation, and locate directly one choice of the four which is the best answer to the question you heard. Then, on your Answer Sheet, completely blacken the space that corresponds to the letter of the answer you have chosen.

- | | |
|-------------------------|------------------|
| 1. (A) English. | 2. (A) New York. |
| (B) French. | (B) Washington. |
| (C) Chemistry. | (C) Boston. |
| (D) History. | (D) New England. |
| 3. (A) The first. | 4. (A) Fishing. |
| (B) The second. | (B) Relax. |
| (C) The third. | (C) Housework. |
| (D) The reverse. | (D) Camping. |
| 5. (A) Pie. | |
| (B) Chocolate cake. | |
| (C) Chocolate icecream. | |
| (D) Apple mousse. | |

Item 3 Lecture**Weather**

Objective: Refer to Objective of Multiple Choice, Item 1.

Direction: In this part, you will hear a lecture, and at the same time you will read several portions of choices corresponding to the lecture you hear. After hearing the lecture, you'll be asked some questions about it, and you are expected to decide which one is the best answer to the question you heard. Then on your Answer Sheet, find the number of the

question and fill in the space that corresponds to the letter of the answer you have chosen.

Notice: You will have only 12 seconds between each 2 questions to determine your choice. Don't hesitate to make up your mind. You are allowed neither to refer to the tape-script nor to pause the tape while listening. Judge your rate of score provided you have listened to the lecture just once.

1. (A) Exactly four hundred.
(B) Fewer than four hundred.
(C) More than four hundred.
(D) All of the above.
2. (A) Five-hour.
(B) Thirty-hour.
(C) Twenty-four-hour.
(D) All of the above.
3. (A) 5%.
(B) 9%.
(C) 90%.
(D) 95%.
4. (A) In the early 1950s.
(B) In the mid-1950s.
(C) In the late 1950s.
(D) None of the above.
5. (A) They study about meteorology.
(B) They talk about the weather.
(C) They collect weather information.
(D) They issue five-day weather forecasts.

UNIT 2

Item 1

Tanning Salons

I. Pre-listening Information

Direction: Read the following expressions aloud as the speaker in the tape reads them to you. Pay more attention to the letters of the words in *italics* phonetically. Refer to some illustrations if you find hard to understand.

1. passing *fad*: out-of-date; short lived fashion
2. more popular *than ever*
3. people are *flocking* to the machines: people are going to machines in large crowds
4. in *bigger and bigger* numbers
5. in *either* case
6. *an(d)* all those other *costly* luxuries
7. where it's warm
8. in *a city* like Los Angeles
9. warm *an(d)* sunny
10. then *again*
11. in *February*

II. Multiple Choice

Objectives:

1. Predict the possible questions by skimming the choices of each portion;

2. Focus your attention on the 4 categories as pointed out in UNIT 1 in accordance with the predicted questions while listening.

Direction: In this part of the book, you will hear a short talk, and at the same time you will read 4 portions of choices corresponding to the talk you hear. After hearing the talk, you will be asked some questions about it, and you are to decide which of the four choices is the best answer to the question you heard. Then on your Answer Sheet, find the number of the question and fill in the space that corresponds to the letter of the answer you have chosen. Blacken the space completely so that the letter in the oval cannot be seen.

Notice: You will have only 12 seconds between each 2 questions to determine your choice. You are not allowed to refer to the tapescript while listening. Nevertheless, you can listen to the talk once, twice or even thrice according to your aural comprehension level.

1. (A) A passing fad.
(B) Beach tanning.
(C) Salon tanning.
(D) Beauty salons.
2. (A) Tanning.
(B) Hair-styling.
(C) Cosmetic surgery.
(D) Skin remedy.
3. (A) Waste time.
(B) Flock to the machines.
(C) Bake your body under lamps.

- (D) Go to the beach.
4. (A) The warmer, the less popular.
 (B) The colder, the less popular.
 (C) The colder, the more popular.
 (D) The weather doesn't affect it.

III. Blanks

Objective: To develop the ability to memorize key words.

Direction: Fill in the blank with one proper word to best complete the sentence according to what you have heard from the tape.

1. When we were first _____ about _____ 10 years ago, most people thought _____ salons were _____ fad.
2. In _____ they are more _____ than ever as Americans try to _____ perfect sun _____.
3. While debate continues _____ how safe it is to bake your _____ under powerful heat _____, people are _____ to the machines in bigger and bigger _____.
4. In either case tanning salons are big _____.
5. The local salon _____ just for tanning.
6. Most surprising about the tanning salons is they are most _____ where it's _____.
7. Los Angeles has _____ than any other _____ in the USA.

Item 2

Short Conversations

Direction: Focus on the relevant information from the conversation, and then decide which of the 4 choices is the best answer to the question you heard. On your Answer Sheet, find the number of the question and blacken the space