

英语基础教程

第 一 册

ENGLISH BASICS

— A Course Book

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Lesson One

The First Lesson

英 语 字 母

一、英语字母表:

印刷体		书写体		字母名称	印刷体		书写体		字母名称
大写	小写	大写	小写		大写	小写	大写	小写	
A	a	<i>A</i>	<i>a</i>	[ei]	N	n	<i>N</i>	<i>n</i>	[en]
B	b	<i>B</i>	<i>b</i>	[bi:]	O	o	<i>O</i>	<i>o</i>	[ou]
C	c	<i>C</i>	<i>c</i>	[si:]	P	p	<i>P</i>	<i>p</i>	[pi:]
D	d	<i>D</i>	<i>d</i>	[di:]	Q	q	<i>Q</i>	<i>q</i>	[kju:]
E	e	<i>E</i>	<i>e</i>	[i:]	R	r	<i>R</i>	<i>r</i>	[ɑ:]
F	f	<i>F</i>	<i>f</i>	[ef]	S	s	<i>S</i>	<i>s</i>	[es]
G	g	<i>G</i>	<i>g</i>	[dʒi:]	T	t	<i>T</i>	<i>t</i>	[ti:]
H	h	<i>H</i>	<i>h</i>	[eitʃ]	U	u	<i>U</i>	<i>u</i>	[ju:]
I	i	<i>I</i>	<i>i</i>	[ai]	V	v	<i>V</i>	<i>v</i>	[vi:]
J	j	<i>J</i>	<i>j</i>	[dʒei]	W	w	<i>W</i>	<i>w</i>	[ˈdʌblju:]
K	k	<i>K</i>	<i>k</i>	[kei]	X	x	<i>X</i>	<i>x</i>	[eks]
L	l	<i>L</i>	<i>l</i>	[el]	Y	y	<i>Y</i>	<i>y</i>	[wai]
M	m	<i>M</i>	<i>m</i>	[em]	Z	z	<i>Z</i>	<i>z</i>	[zed]

二、英语字母笔顺

1、大写字母

A B C D E F G

A B C D E F G

H I J K L M N

H I J K L M N

O P Q R S T

O P Q R S T

U V W X Y Z

U V W X Y Z

2、小写字母

a b c d e f g

ā b̄ c d̄ e f̄ ḡ

h i j k l m n

h̄ ī j̄ k̄ l̄ m̄ n̄

o p q r s t

ō p̄ q̄ r̄ s̄ t̄

u v w x y z

ū v̄ w̄ x̄ ȳ z̄

三、英语字母按读音可归类如下：

元 音 字 母	辅 音 字 母
Aa	Hh Jj Kk
Ee	Bb Cc Dd Gg Pp Tt Vv
Ii(Yy)	Yy
Oo	
Uu	Qq Ww
	Ff Ll Mm Nn Ss Xx Zz
	Rr

Lesson Two

The Second Lesson

音标：

元音：[i:] [i] [e] [æ] [ə]

辅音：[p] [b] [t] [d] [k] [g]

拼读练习：

[pi:] [bi:] [ti:] [di:] [ki:] [gi:]

[big] [it] [pik] [bid] [did] [pit]

[pet] [pek] [bed] [ded] [get] [peg]

[æt] [pæk] [bæd] [dæd] [bæg] [kæp] [gæp]

['bigə] [ə'pik] [ə'ki:] [ə'bæg] [ə'bed] [ə'kæp]

New Words and Expressions:

cat [kæt] 猫	key [ki:] 钥匙
cap[kæp] 帽子	bad [bæd] 坏的
pick [pik] 镐; 拾起	deep [di:p] 深的
bed [bed] 床	bag [bæg] 袋子
big [big] 大的	it [it] 它
a [ei, ə] 一个, 一支, 一张, 一顶……	

a cap	a big cap	
a bed	a big bed	
a pick	a big pick	
a key	a big key	
a bag	a big bag	a big deep bag
a cat	a big cat	a big bad cat

Exercises

1、正确朗读下列音标:

[i:] [i] [e] [æ] [ə] [p] [b] [t] [d] [k] [g]

2、借助音标读出下列字母:

B[bi:] D[di:] E[i:] P[pi:] T[ti:]

3、借助音标朗读下列单词: (单词暂不强求记忆)

be [bi:] 是	bat [bæt] 球拍
peak [pi:k] 山峰	deep [di:p] 深的
dead [ded] 死的	bead [bi:d] 珠子
dig [dig] 挖掘	did [did] 做
eat [i:t] 吃	pack [pæk] 包、包装
bee [bi:] 蜜蜂	back [bæk] 背

tea [ti:] 茶
 deed [di:d] 行为
 beg [beg] 请求
 get [get] 得到

act [ækt] 做
 beat [bi:t] 打
 better ['betə] 更好

4、拼读下列音标:

I. 元音比较

[i:]	——	[i]	——	[e]	——	[æ]
[bi:d]		[it]		[et]		[æt]
[bi:t]		[bid]		[pek]		[pæk]
[di:d]		[did]		[bed]		[bæd]
[pi:k]		[pik]		[ded]		[dæd]

II. 辅音比较

[p]	—	[b]	[t]	—	[d]	[k]	—	[g]
[pi:t]	[bi:t]	[ti:]	[di:]	[ket]	[get]			
[pit]	[bit]	[tæt]	[dæd]	[bæk]	[bæg]			
[pet]	[bet]	[ti:t]	[di:d]	[kæp]	[gæp]			
[pæt]	[bæt]	[tip]	[dig]	[kid]	[gig]			

5、根据下列音标写出单词，并注出词义:

_____ [bæg] _____ [kæt] _____
 _____ [ki:] _____ [kæp] _____
 _____ [bed] _____ [bæd] _____
 _____ [di:p] _____ [pik] _____

6 抄写本课单词。

Lesson Three

The Third Lesson

音标:

元音: [u:] [u] [ɔ:] [ɒ] [ɑ:]

辅音: [f] [v] [m] [n] [ŋ]

拼读练习:

I

[fu:d] [tu:] [du:] [bu:t] [mu:n]
[fut] [kuk] [put] [tuk] [kud]
[nɔ:t] [tɔ:n] [fɔ:k] [mɔ:n] [dɔ:]
[nɒt] [tɒp] [fɒnd] [mɒp] [fɒg]
[kɑ:] [fɑ:] [bɑ:k] [fɑ:m] [dɑ:k]

II

[fɔ:m] [fut] [if] [fɔ:] ['fif'ti:n]
[ɒv] [vent] ['vivid] [væm] [væn]
[mi:t] [mi:] [mæp] [æm] [mæn]
[ni:d] [net] [in] [kæn] [ten]
[iŋk] [kiŋ] ['i:vniŋ] ['mɔ:niŋ]

New Words and Expressions

cook [kuk] 炊事员

park [pɑ:k] 公园

car [kɑ:] 小汽车

door [dɔ:] 门

book [buk] 书

boot [bu:t] 靴子

in [in] 在……里

good [gud] 好的

and [ænd] 和

farm [fɑ:m] 农场

at [æt] 在

foot [fut] 脚

dog [dɒg] 狗

a cook and a book	a good cook and a big book
a cat and a dog	a good cat and a big dog
a farm and a park	a good farm and a big park
a boot and a foot	a good boot and a big foot
a cook in a car	a good cook in a big car
a dog at a door	a good dog at a big door

Learn to Say

Good morning!

Good afternoon!

Good evening!

morning ['mɔ:nɪŋ] 早晨

afternoon ['a:ftə'nu:n] 下午

evening ['i:vniŋ] 晚上

Exercises

1、正确朗读下列音标:

[u:] [u] [ɔ:] [ɒ] [ɑ:] [f] [v] [m] [n] [ŋ]

2、根据音标读出下列字母:

F [ef] N [en] M [em] R [ɑ:] V [vi:]

3、借助音标朗读下列单词: (单词暂不强求记忆)

not [nɒt] 不

pen [pen] 钢笔

ten [ten] 十

feed [fi:d] 饲养

meet [mi:t] 遇到

moon [mu:n] 月亮

of [ɒv] ……的

fog [fɒg] 雾

dark [dɑ:k] 黑暗

food [fu:d] 食物

can [kæn] 能

knock [nɒk] 敲

more [mɔ:] 更多

need [ni:d] 需要

put [put] 放

into ['intu] 到……里

for [fɔ:] 为了

end [end] 末端

keep [ki:p] 保持

vivid ['vivid] 生动的

4. 拼读下列音标:

I. 元音比较

[ɔ:] —— [ɒ]

[nɔ:t] [nɒt]

[tɔ:n] [tɒp]

[fɔ:k] [fɒg]

[mɔ:n] [mɒp]

[u:] —— [ʊ]

[fu:d] [fut]

[ku:p] [kuk]

[bu:t] [put]

[tu:] [tuk]

II. 辅音比较

[f] —— [v]

[fɑ:] [vɑ:]

[fu:] [vu:]

[fɔ:] [vɔ:]

[fi] [vi]

[fə] [və]

[fe] [ve]

[m] —— [n] —— [ŋ]

[mɑ:] [nɑ:] [ɪŋk]

[mu:] [nu:] [kiŋ]

[mɔ:] [nɔ:] ['mɔ:niŋ]

[mi:] [ni:] ['i:vniŋ]

[mə] [nə] [piŋk]

5. 根据下列音标写出单词, 并注出词义:

_____ [kuk] _____ [fɑ:m] _____

_____ [pɑ:k] _____ [bu:t] _____

_____ [gud] _____ [dɔ:] _____

_____ ['mɔ:nɪŋ] _____ ['i:vniŋ] _____

6、抄写本课词组:

Lesson Four

The Fourth Lesson

音标:

元音: [ʌ] [ə:]

辅音: [s] [z] [θ] [ð]

拼读练习:

[sʌm] [ʌp] [kʌp] [ʌs] [dʌk]
[θə:d] [nə:s] [tə:n] [θə:st] [və:b]
[æs] [sed] [si:] [set] [bʌs] [mis]
[zed] [zest] [iz] [æz] [zip]
[θin] [θik] [θæŋk] ['θʌndə] ['θauzənd]
[ðis] [ðæt] ['ʌðə] [ði:z] [ðen]

New Words

this [ðis] 这	thick [θik] 厚
turnip ['tə:nɪp] 萝卜	some [sʌm] 一些
nurse [nə:s] 护士	meter ['mi:tə] 仪表
fat [fæt] 肥胖的	that [ðæt] 那个
an [æn] 一个,一支,……	doctor ['dɒktə] 医生
peasant ['pezənt] 农民	thing [θɪŋ] 东西

is [iz] 是 这些, 那些
the [ðə,ði:,ði] 这, 那, egg [eg] 鸡蛋

Text

This is a dog. It is a good dog.

That is a cat. It is a fat cat.

This is a turnip. It is a big turnip.

That is a book. It is a thick book.

This is a doctor. The doctor is in a park.

That is a nurse. The nurse is in a car.

This is a pick. The pick is good.

That is an egg. The egg is big.

注: “a” 和 “an” 为不定冠词, 用来泛指, 相当于“一个”, “a” 用于以辅音音素开始的词前; “an” 用于以元音音素开始的词前。“the” 为定冠词, 用来特指, 相当于“这个”、“那个”、“这些”、“那些”。

Learn to Say

Stand up! 起立

Come in! 进来

stand [stænd] 站

up [ʌp] 起来, 向上

come [kʌm] 来

Exercises

- 1、正确朗读右面音标: [ʌ][e:] [s][z][θ][ð]
- 2、拼读下列音标, 注意比较:

I. 元音比较

[ɑ:]—[ʌ]		[ɔ:]—[ə:]	
[dɑ:k]	[dʌk]	[bɔ:d]	[bə:d]
[kɑ:m]	[kʌm]	[tɔ:n]	[tə:n]
[bɑ:n]	[bʌn]	[θɔ:t]	[θə:d]
[gɑ:d]	[gʌn]	[nɔ:θ]	[nə:s]

II. 辅音比较

[z]—[ð]		[n]—[ŋ]		[θ]—[s]	
[zi:]	[ði:]	[sin]	[siŋ]	[θi:m]	[si:m]
[zed]	[ðen]	[θin]	[θiŋ]	[θik]	[sik]
[zip]	[ðis]	[tʌn]	[tʌŋ]	[θin]	[sin]
[iz]	[ʼʌðə]	[skin]	[kiŋ]	[mʌθ]	[mʌs]

[s]—[z]		[θ]—[ð]	
[æs]	[æz]	[θik]	[ðis]
[sed]	[zed]	[θæŋk]	[ðæt]
[sip]	[zip]	[θi:m]	[ði:z]
[ni:s]	[ni:z]	[θin]	[ðen]

- 3、根据下列音标写出单词, 并注出词义:

_____ [ˈdɒktə] _____ [sʌm] _____

_____ [nə:s] _____ [ðis] _____

['tə:nɪp]

[θɪŋ]

['mi:tə]

[ðæt]

4、根据音标拼读下列单词（单词暂不强求记忆）：

pump [pʌmp] 泵

month [mʌnθ] 月

thirst [θɜ:st] 渴

son [sʌn] 儿子

stop [stɒp] 停

cut [kʌt] 割，切

sit [sit] 坐

thunder ['θʌndə] 雷

stamp [stæmp] 邮票

first [fɜ:st] 第一

together [tə'geðə] 一起

sport [spɔ:t] 运动

zoo [zu:] 动物园

thin [θɪn] 薄的

other ['ʌðə] 其他的

speak [spi:k] 说

supper ['sʌpə] 晚饭

stand [stænd] 站

under ['ʌndə] 在……之下

thousand ['θauzənd] 千

start [stɑ:t] 开始

next [nekst] 下一个

monkey ['mʌŋki] 猴子

thought [θɔ:t] 思想

vest [vest] 背心

5、抄写课文两遍。