

郑 艳 / 译

快乐钢琴启蒙教程

适用于低龄儿童

技巧·C级



威拉德·阿·帕尔默、莫顿·曼奴斯、阿曼达·维克·莱斯科



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本教程中包含的 23 首练习与阿尔弗莱德的《快乐钢琴启蒙教程·课程 C 级》中的内容逐页一一对应。在布置作业时,应当遵从本教程每一页右上角的要求。

这些热身练习复习了前面 C 位置和 G 位置上所有的旋

律音程与和声音程。本书介绍了升号和降号,以及八分音符和八分休止符。中央 C 位置上的读谱也在本书中有所介绍,另外还提供了连奏和断奏的额外训练,并配以重音、渐强和渐弱的练习。

闹钟 与《课程·C级》第 6 页上的《兄弟约翰》配合使用	2
和声音程 与《课程·C级》第 7 页上的《海边漫步》配合使用	3
演奏名手! 与《课程·C级》第 8—9 页上的《金钱不是万能的!》配合使用	4
短线条的连奏,长线条的连奏 与《课程·C级》第 11 页上的《下雨吧,下大雨》配合使用	5
大号的曲调 与《课程·C级》第 12—13 页上的《噢,爸爸!》配合使用	6
像小丑一样绕圈 与《课程·C级》第 14 页上的《小丑》配合使用	7
让我们把它们捡起来! 与《课程·C级》第 16—17 页上的《当圣徒齐步前进》配合使用	
C 位置上的左手大拇指! 与《课程·C级》第 19 页上的《大指都在 C 上!》配合使用	
我的第二次华尔兹 与《课程·C级》第 20—21 页上的《我的第一次华尔兹》配合使用	10
听! 听! 与《课程·C级》第 22—23 页上的《快乐的圣诞老人尼古拉》配合使用	11
彩虹的音调 与《课程·C级》第 26—27 页上的《彩虹》配合使用	12
生日快乐变奏曲 与《课程·C级》第 29 页上的《祝你生日快乐》配合使用	13

学习八分音符 与《课程·C级》第 30—31 页上的《奇妙的优美》配合使用	14
学习连奏的八分音符 与《课程·C级》第 32—33 页上的《老麦克唐纳》配合使用	15
茶壶变奏曲 与《课程·C级》第 34—35 页上的《我是一把小茶壶》配合使用	16
学习断奏的八分音符 与《课程·C级》第 36—37 页上的《宾果》配合使用	17
青蛙的歌声 与《课程·C级》第 38 页上的《小小青蛙》配合使用	18
曲调优美的歌声 与《课程·C级》第 39 页上的《咏叙调》配合使用	19
家! 与《课程·C级》第 40 页上的《快快逃!》配合使用	20
连奏 与《课程·C级》第 41 页上的《给我烤一个派》配合使用	21
西部图案 与《课程·C级》第 42—43 页上的《牛仔之歌》配合使用	22
印第安人,近的和远的! 与《课程·C级》第 44 页上的《印第安人》配合使用	23
桌面热身练习 自由练习	24

C 音位置复习

C Position Review

闹钟

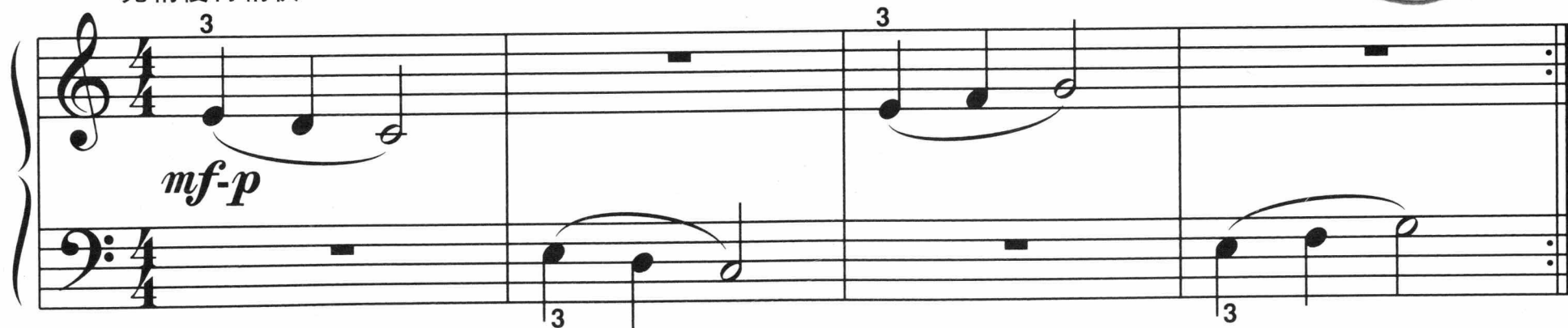
Wake-Up Calls

三音连奏

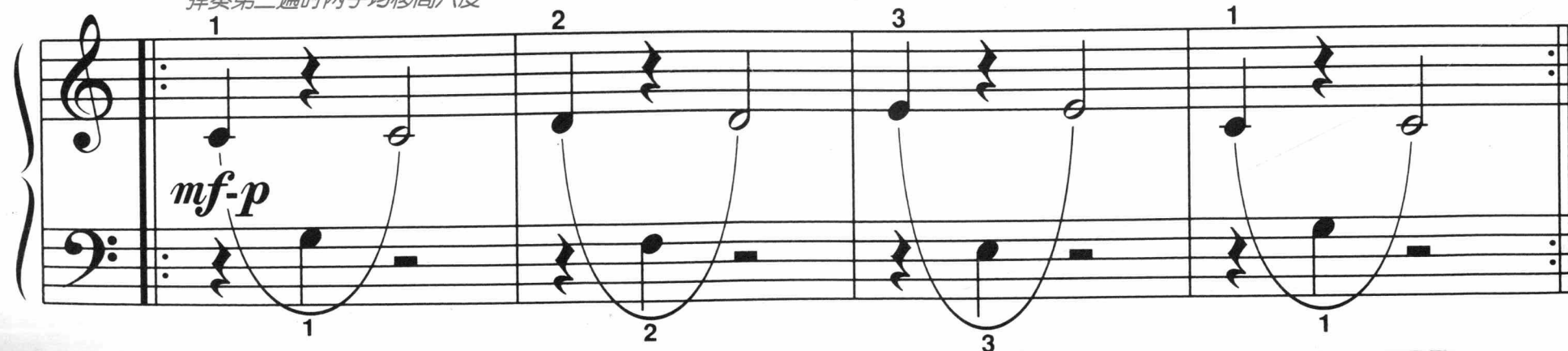
稍慢至稍快的意思是先用合适的速度练习，当你已经在这个速度上掌握了练习后，你就可以用稍快一些的速度弹奏了。

mf-p 的意思是第一遍用中强的力度演奏，第二遍用弱的力度演奏。

先稍慢再稍快



弹奏第二遍时两手均移高八度



同步学习《课程·C级》第6页上的《兄弟约翰》。



同步学习《课程·C级》第7页上的《海边漫步》。

和声音程

Harmonic Intervals

这个热身练习复习了以 $\frac{3}{4}$ 拍为基础的 C 音位置上的所有谐和音程。

先稍慢再稍快

弹奏第二遍时两手均移高八度

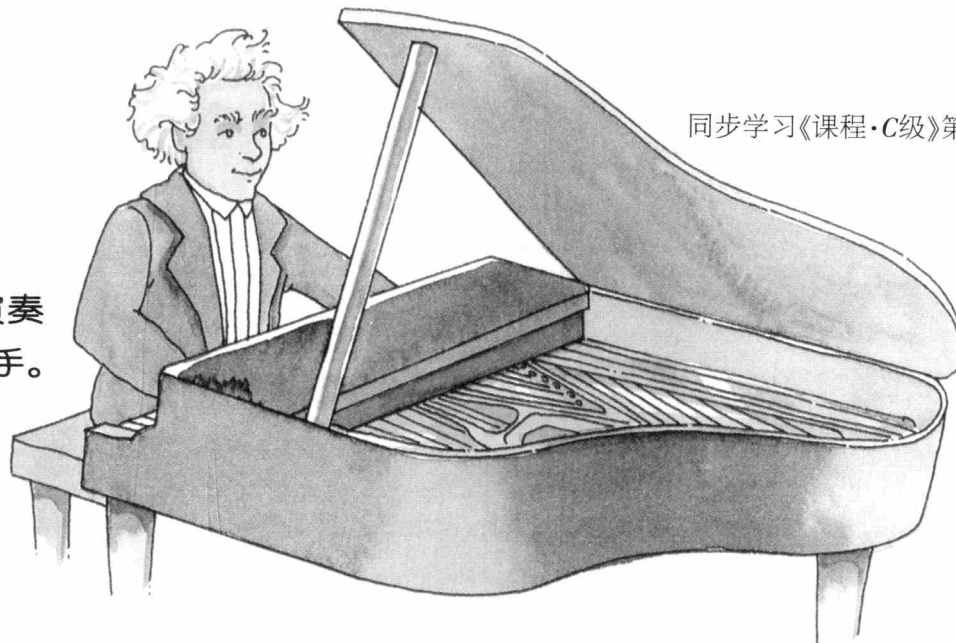


演奏名手!

Virtuoso!

演奏名手是一个具有很高技巧的演奏者。这个练习将有助于你成为一名演奏名手。

先分手弹奏,然后再双手合奏。



同步学习《课程·C级》第8-9页上的《金钱不是万能的!》。

先稍慢再快速

Handwritten musical score for piano, 4/4 time signature. The score is divided into two systems, each with a treble and bass staff. The first system is marked *p-mf*. Fingerings are indicated by numbers 1-5 above or below notes. The second system ends with a double bar line and repeat dots.

System 1:

- Treble Staff:** Notes: G4 (1), A4 (3), B4 (2), C5 (3), D5 (2), E5 (3), F#5 (2), G5 (3). Phrasing slurs connect (1-3), (2-3), and (2-3).
- Bass Staff:** Notes: G3 (3), A3 (1), B3 (2), C4 (1), D4 (2), E4 (3), F#4 (2), G4 (3). Phrasing slurs connect (3-1-2-1) and (2-3).

System 2:

- Treble Staff:** Notes: G4 (3), A4 (5), B4 (4), C5 (5), D5 (4), E5 (3), F#5 (2), G5 (1). Phrasing slurs connect (3-5-4-5) and (4-2).
- Bass Staff:** Notes: G3 (5), A3 (3), B3 (4), C4 (3), D4 (4), E4 (2), F#4 (1), G4 (3). Phrasing slurs connect (5-3-4-3) and (4-2).

G 位置复习

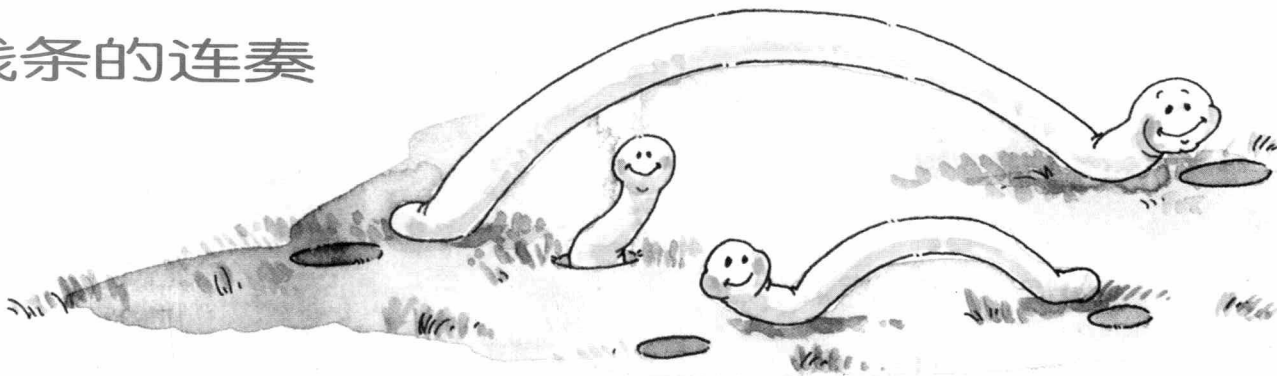
G Position Review

短线条的连奏, 长线条的连奏

Short Slurs, Long Slurs

刚开始时, 先分手练习。

同步学习《课程·C级》第11页上的《下雨吧, 下大雨》。



先稍慢再稍快

First system of music, 4/4 time. Treble staff: whole rest, slur over two eighth notes (G4, A4), whole rest. Bass staff: slur over two eighth notes (G3, A3), whole rest, whole rest. Dynamics: *p* (first measure), *mf* (third measure). Fingerings: 1 (above G4), 2 (above A4).

Second system of music, 4/4 time. Treble staff: slur over eighth notes (G4, A4, B4, C5, B4, A4, G4), slur over eighth notes (G4, A4, B4, C5, B4, A4, G4), whole note (G4). Bass staff: slur over eighth notes (G3, A3, B3, C4, B3, A3, G3), slur over eighth notes (G3, A3, B3, C4, B3, A3, G3), whole note (G3). Dynamics: *f* (third measure). Fingerings: 5 (above G4), 3 (below G3).

同步学习《课程·C级》第12-13页上的
《噢，爸爸！》。

大号的曲调

Tuba Tune

一定要关注所有的重音记号。



先稍慢再稍快

弹奏第二遍时两手均移低八度

The first system of the musical score is in 4/4 time. The treble clef staff contains two measures of whole rests. The bass clef staff begins with a forte (*f*) dynamic. The first measure of the bass staff contains four quarter notes: G2 (labeled 5), F2 (labeled 3), E2, and D2. The second measure contains a half note G1 (labeled 5) and a half note F1 (labeled 4), both with accent (>) marks. The third measure contains two whole rests. The fourth measure contains a half note G1 (labeled 5) and a half note F1 (labeled 3), both with accent (>) marks. The system concludes with a repeat sign.

The second system of the musical score continues in 4/4 time. The treble clef staff contains two measures of whole rests. The bass clef staff begins with a quarter note G2 (labeled 5), followed by three quarter notes: F2, E2, and D2. The second measure contains a half note G1 (labeled 5) and a half note F1 (labeled 4), both with accent (>) marks. The third measure contains two whole rests. The fourth measure contains a half note G1 (labeled 5) and a half note F1 (labeled 3), both with accent (>) marks. The system concludes with a repeat sign.

同步学习《课程·C级》第14页上的《小丑》。

像小丑一样绕圈

Clowning Around

必须强调所有的双音。

先稍慢再稍快

弹奏第二遍时两手均移高八度

The musical score is written for piano in 4/4 time. It consists of two systems of music.

First System:

- Measure 1:** Treble clef has a whole rest. Bass clef has a half note G2 (marked '1'), followed by a half note A2, and a dotted half note B2 (marked '1' and '>').
- Measure 2:** Treble clef has a whole rest. Bass clef has a half note C3 (marked '1' and '>'), followed by a half note D3 (marked '1' and '>'), and a dotted half note E3 (marked '1' and '>').
- Measure 3:** Treble clef has a half note F3 (marked '1' and '>'), followed by a half note G3 (marked '1' and '>'), and a dotted half note A3 (marked '1' and '>').
- Measure 4:** Treble clef has a half note B3 (marked '1' and '>'), followed by a half note C4 (marked '1' and '>'), and a dotted half note D4 (marked '1' and '>').

Second System:

- Measure 5:** Treble clef has a half note E4 (marked '2' and '>'), followed by a half note F4 (marked '2' and '>'), and a dotted half note G4 (marked '2' and '>').
- Measure 6:** Treble clef has a half note A4 (marked '2' and '>'), followed by a half note B4 (marked '2' and '>'), and a dotted half note C5 (marked '2' and '>').
- Measure 7:** Treble clef has a half note D5 (marked '2' and '>'), followed by a half note E5 (marked '2' and '>'), and a dotted half note F5 (marked '2' and '>').
- Measure 8:** Treble clef has a half note G5 (marked '2' and '>'), followed by a half note A5 (marked '2' and '>'), and a dotted half note B5 (marked '2' and '>').

Dynamics and Articulation:

- mf (mezzo-forte):** Indicated in measures 1, 2, 3, and 4.
- f (forte):** Indicated in measure 5.
- p (piano):** Indicated in measure 8.
- mf (mezzo-forte):** Indicated in measure 7.
- Articulation:** Accents (>) are placed over many of the notes, particularly the double notes.

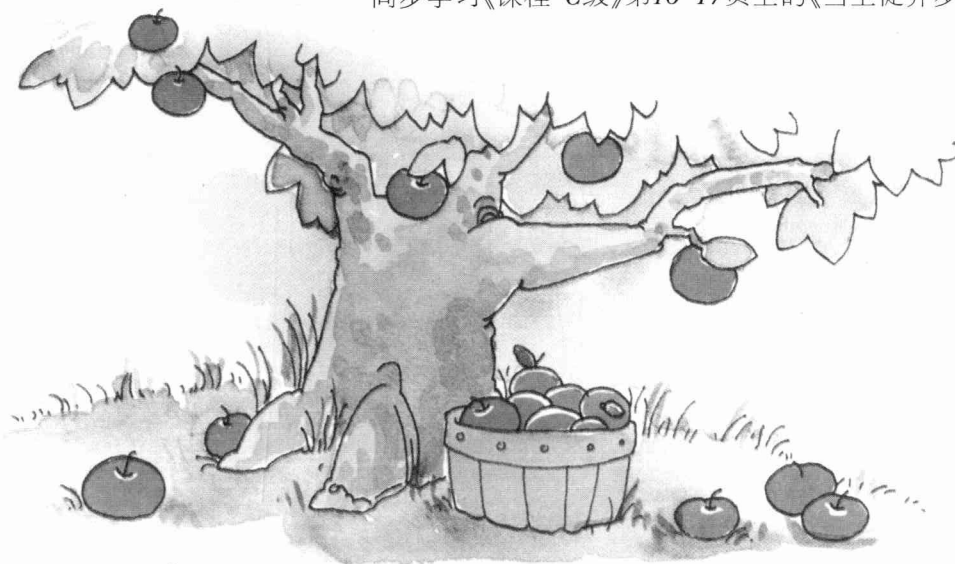
让我们把它们捡起来!

Let's Pick 'em Up!

当你重复该练习时，最后一小节与第一小节将组成一个完整的小节。

先稍慢再稍快

弹奏第二遍时两手均移高八度



3 4

mf

3 2

5

f *mf*

1

The musical score is written for piano in 4/4 time. It consists of two systems of staves. The first system contains measures 3 and 4. Measure 3 features a melody in the treble clef starting on G4 (with a sharp sign) and moving up to A4, B4, and C5, while the bass clef has a whole rest. Measure 4 continues the melody in the treble clef from D5, E5, and F5, with the bass clef having a whole rest. The second system contains measures 5 and 6. Measure 5 features a melody in the treble clef starting on G4 (with a sharp sign) and moving up to A4, B4, and C5, while the bass clef has a whole rest. Measure 6 continues the melody in the treble clef from D5, E5, and F5, with the bass clef having a whole rest. The score includes dynamic markings: *mf* (mezzo-forte) at the beginning of measure 3, *f* (forte) at the beginning of measure 5, and *mf* at the end of measure 6. Fingering numbers 3, 4, 3, 2, 5, and 1 are indicated below the notes. The piece concludes with a repeat sign at the end of measure 6.

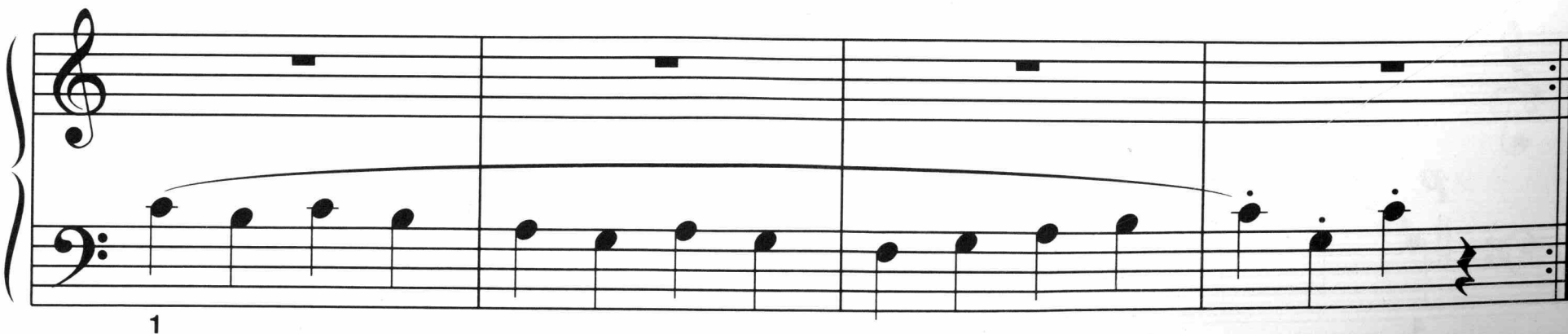


C 位置上的左手大拇指!

LH Thumb on C!

在中央 C 的位置,所有新的音符(C-B-A)都由左手弹奏。

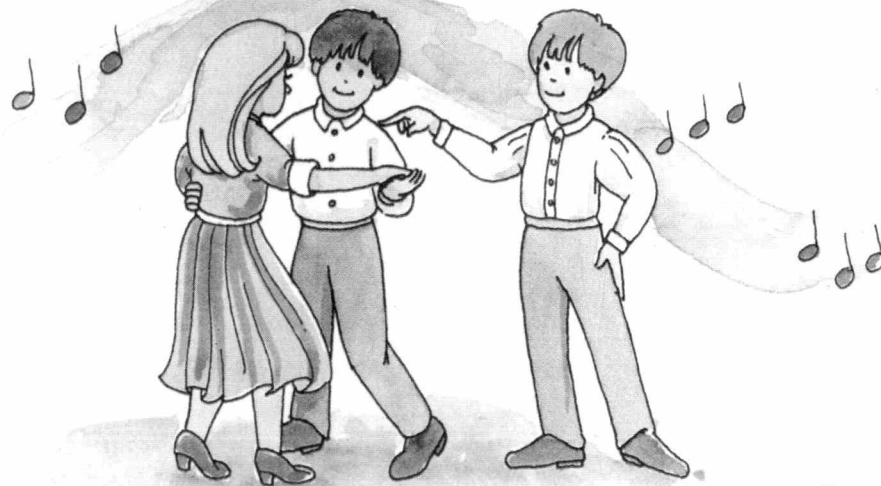
先稍慢再稍快



我的第二次华尔兹

My Second Waltz

这个练习将复习中央C位置上的新的左手音符。



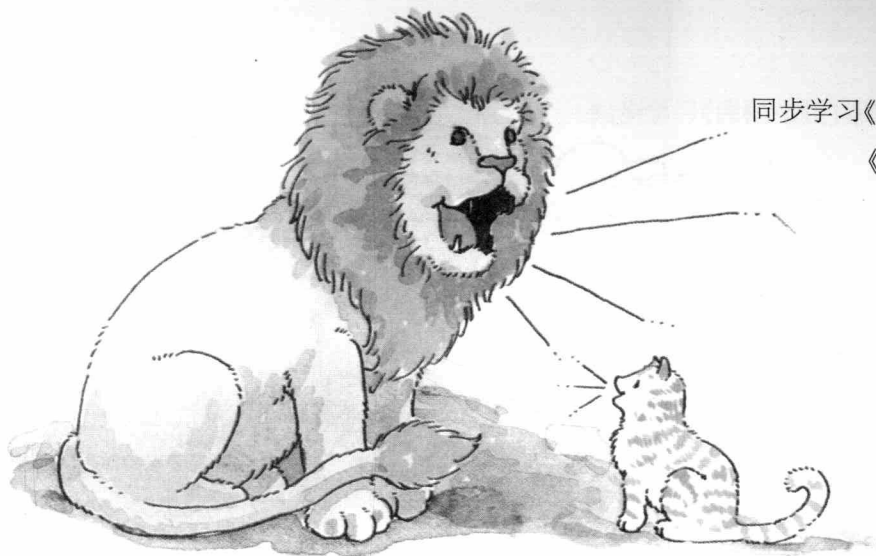
先稍慢再稍快

听！听！

Listen! Listen!

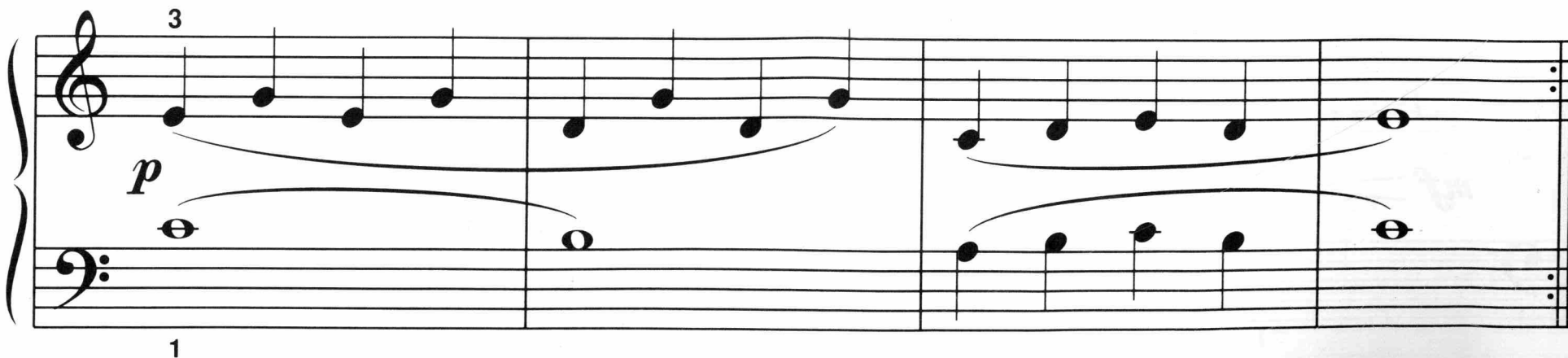
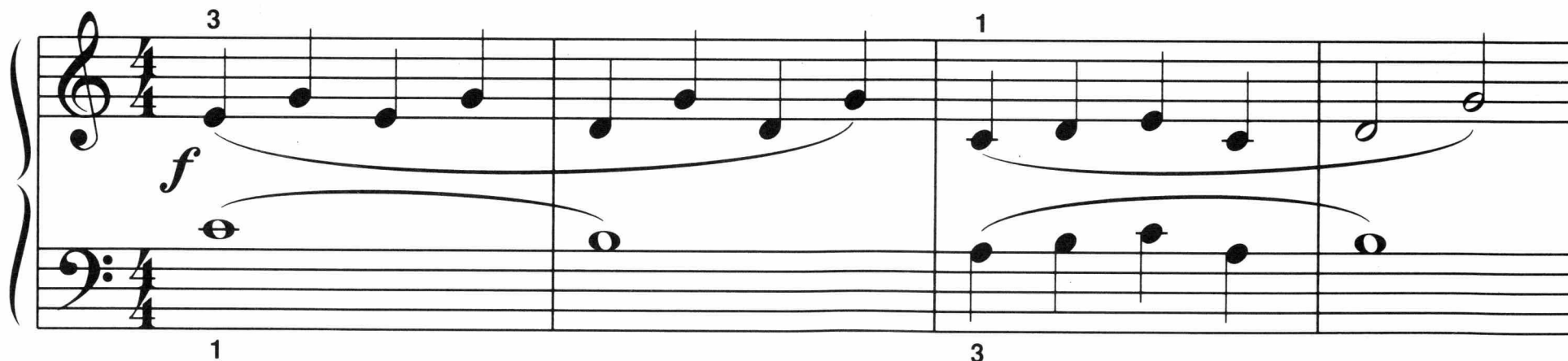
仔细聆听，分辨 *f* 和 *p* 的不同。

同步学习《课程·C级》第22-23页上的
《快乐的圣诞老人尼古拉》。



先稍慢再稍快

弹奏第二遍时两手均移高八度



彩虹的音调

Rainbow Tones

一定要仔细观察每一小节的渐弱记号。

先慢速再稍慢

The first system of the musical score is written for piano in 3/4 time. It consists of four measures. The right hand (treble clef) plays a descending melodic line: G4 (quarter), F#4 (quarter), E4 (quarter), D4 (half). The left hand (bass clef) plays a descending bass line: C3 (quarter), B2 (quarter), A2 (quarter), G2 (half). Each measure contains a *mf* dynamic marking and a wedge-shaped decrescendo hairpin. Fingerings are indicated by numbers 1, 2, 3, and 2 above the right hand notes. The piece concludes with a fermata over the final D4 note.

The second system of the musical score continues the piece. It also consists of four measures. The right hand (treble clef) plays a descending melodic line: C4 (quarter), B3 (quarter), A3 (quarter), G3 (half). The left hand (bass clef) plays a descending bass line: F2 (quarter), E2 (quarter), D2 (quarter), C2 (half). Each measure contains a *mf* dynamic marking and a wedge-shaped decrescendo hairpin. Fingerings are indicated by numbers 5, 4, 3, and 2 above the right hand notes. The piece concludes with a fermata over the final G3 note, which is marked with a *p* (piano) dynamic.

生日快乐变奏曲

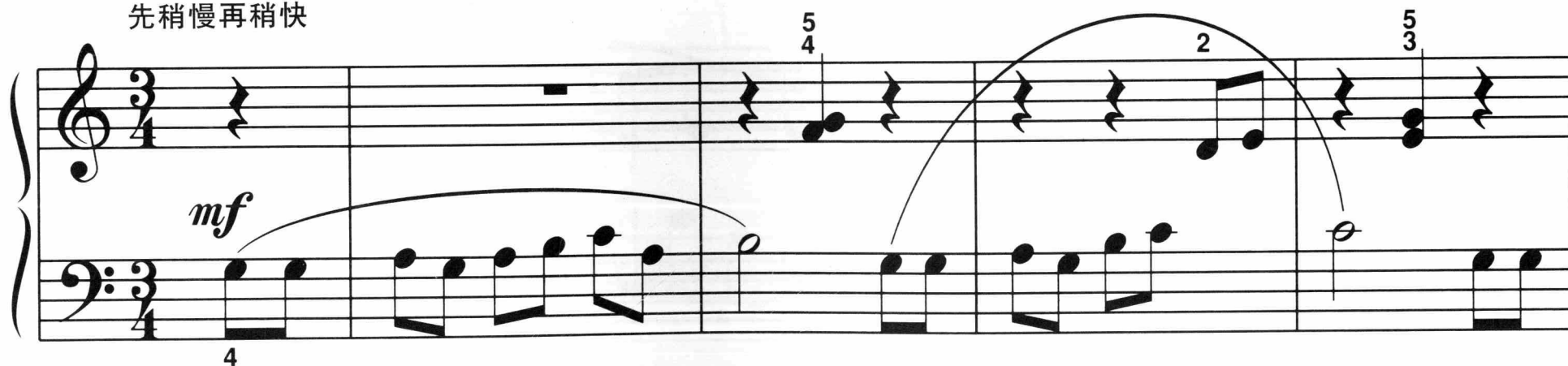
Variation on Happy Birthday

同步学习《课程·C级》第29页上的《祝你生日快乐》。

当你弹完《祝你生日快乐》之后,再用这个变奏结束整个演奏,将会非常美妙。



先稍慢再稍快

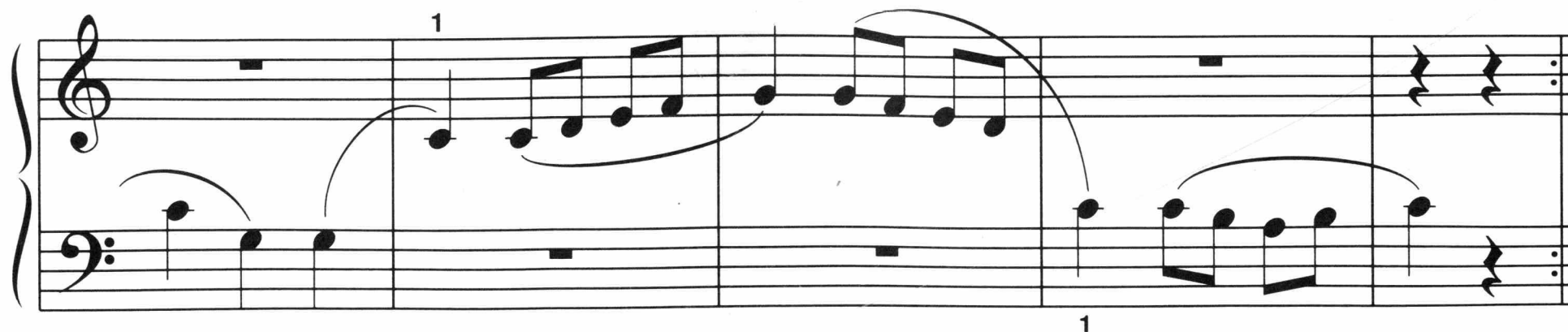
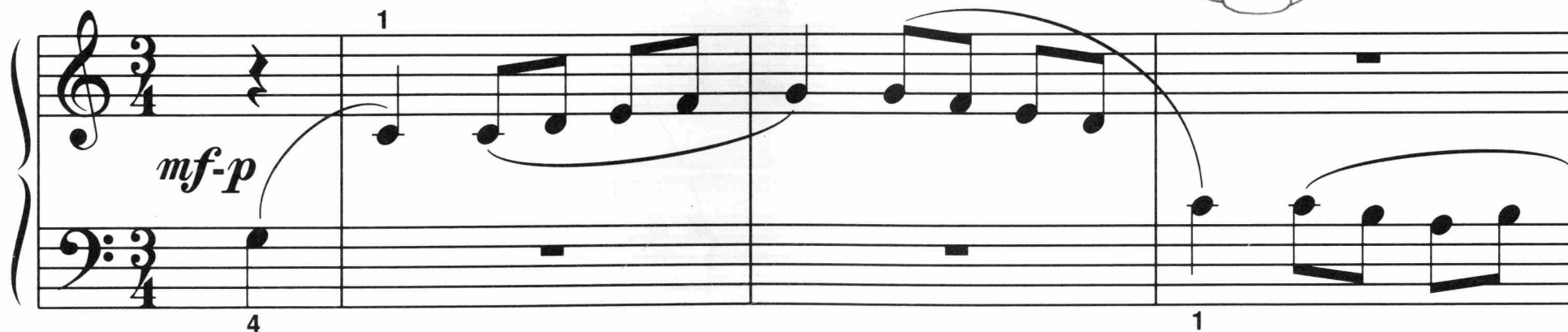


学习八分音符

Eighth Note Study

在每一条连线之后轻轻提腕落滚。

先稍慢再稍快



学习连奏的八分音符

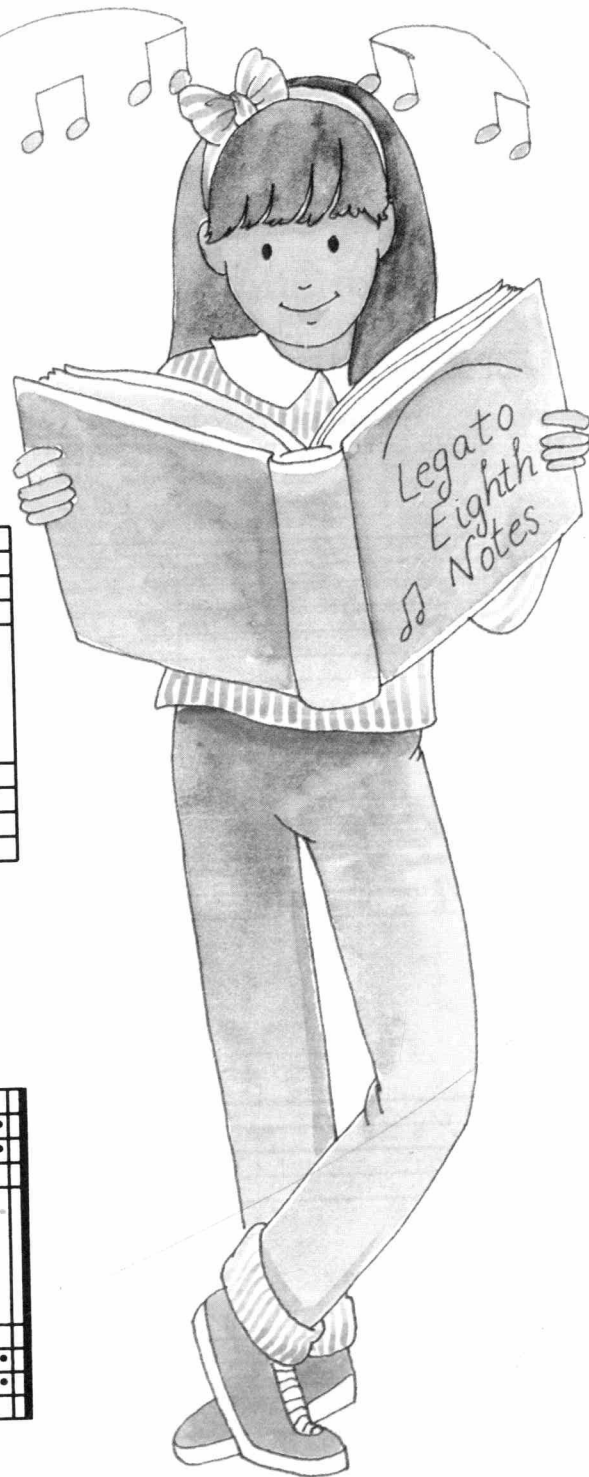
Study in Legato Eighth Notes

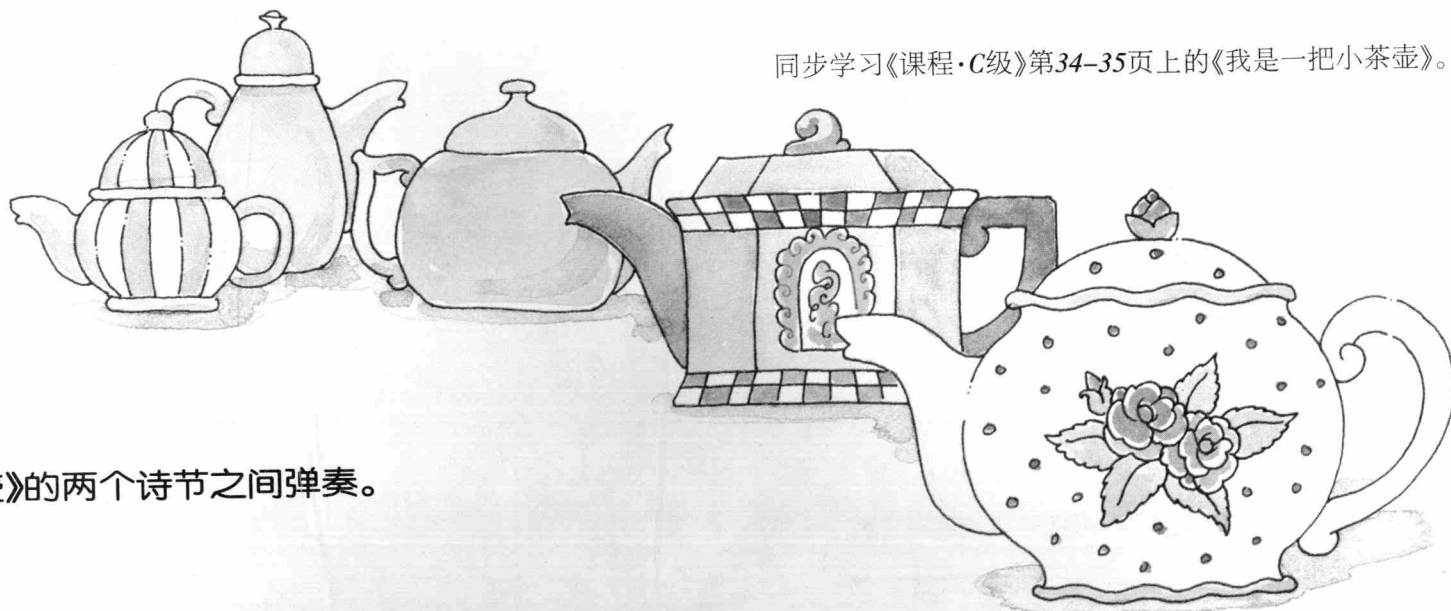
同步学习《课程·C级》第32-33页上的《老麦克唐纳》。

将该练习分为两个长线条连奏的乐句来弹奏。

先稍慢再稍快

弹奏第二遍时两手均移高八度





茶壶变奏曲

Teapot Variation

该变奏曲可以在《我是一把小茶壶》的两个诗节之间弹奏。

先稍慢再稍快

弹奏第二遍时两手均移高八度

