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如果你希望在享受英语阅读乐趣的同时又能增长知识、开拓视野，由外语教学与研究出版社与美国国家地理学会合作出版的“国家地理科学探索丛书”（英文注释版）正是你的选择。

“国家地理科学探索丛书”（英文注释版）第二辑分为8个系列，共46本，内容涉及自然科学和社会研究，除对本套丛书第一辑已包含的“生命科学”、“物理科学”、“地球科学”和“文明的进程”4个系列进行了补充外，又推出了4个新的系列——“生活中的科学”、“科学背后的数学”、“专题研究”以及“站在时代前沿的科学家”。

这套丛书秉承《国家地理》杂志图文并茂的特色，在书中配有大量精彩的图片，文字地道易懂、深入浅出，将科学性和趣味性完美结合，称得上是一套精致的小百科全书。特别值得一提的是本套丛书在提高青少年读者英语阅读能力的同时，还注重培养他们的科学探索精神、动手能力、逻辑思维能力和沟通能力。

本套丛书既适合学生自学，又可用于课堂教学。丛书各个系列均配有一本教师用书，内容包括背景知识介绍、技能训练提示、评估测试、多项选择题及答案等详尽的教学指导，是对课堂教学的极好补充。

国家地理科学探索丛书（第二辑）

生活中的科学

家小学问大
怎样坐飞机？
奇趣水族馆
食品店里的学问
商场里的秘密
公园乐事多
五光十色的海滩
动物园里的科学
为什么眨眼睛？
为什么打呵欠？

站在时代前沿 的科学家

理解运动定律
寻找疫苗
揭示放射现象
解密 DNA 结构
揭秘晶体管

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了解海洋动物
窥视黑暗
亲历火山冰川
追踪迁徙动物

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磁体的奥秘
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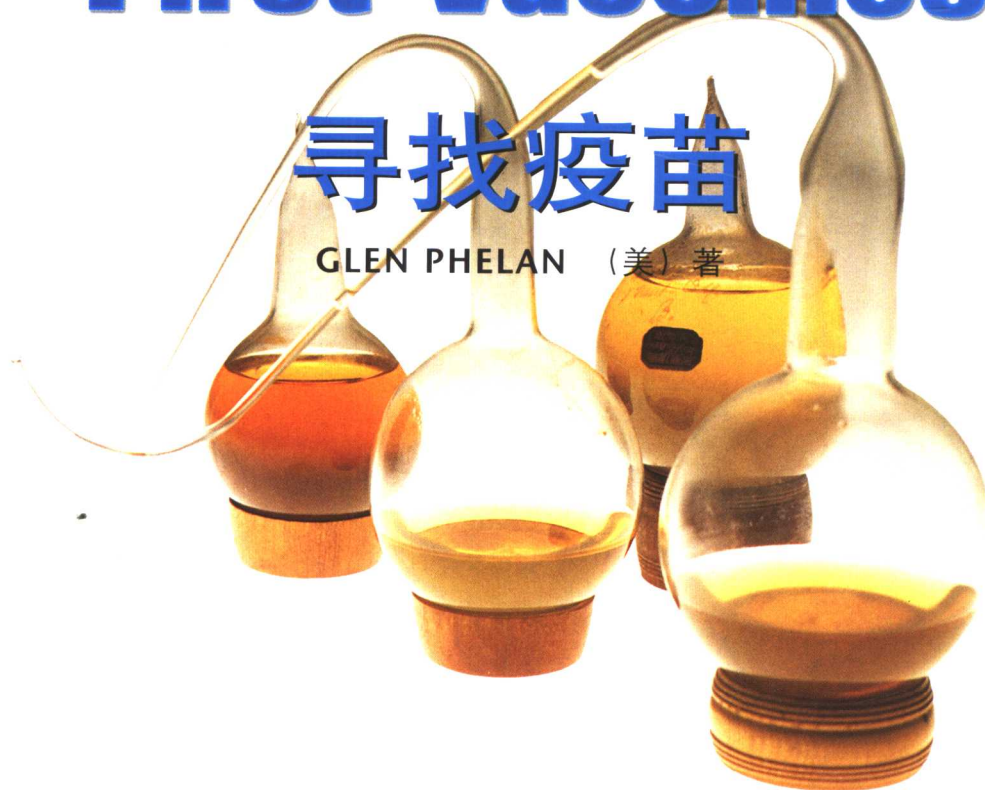
SCIENTISTS IN THEIR TIMES

站在时代前沿的科学家

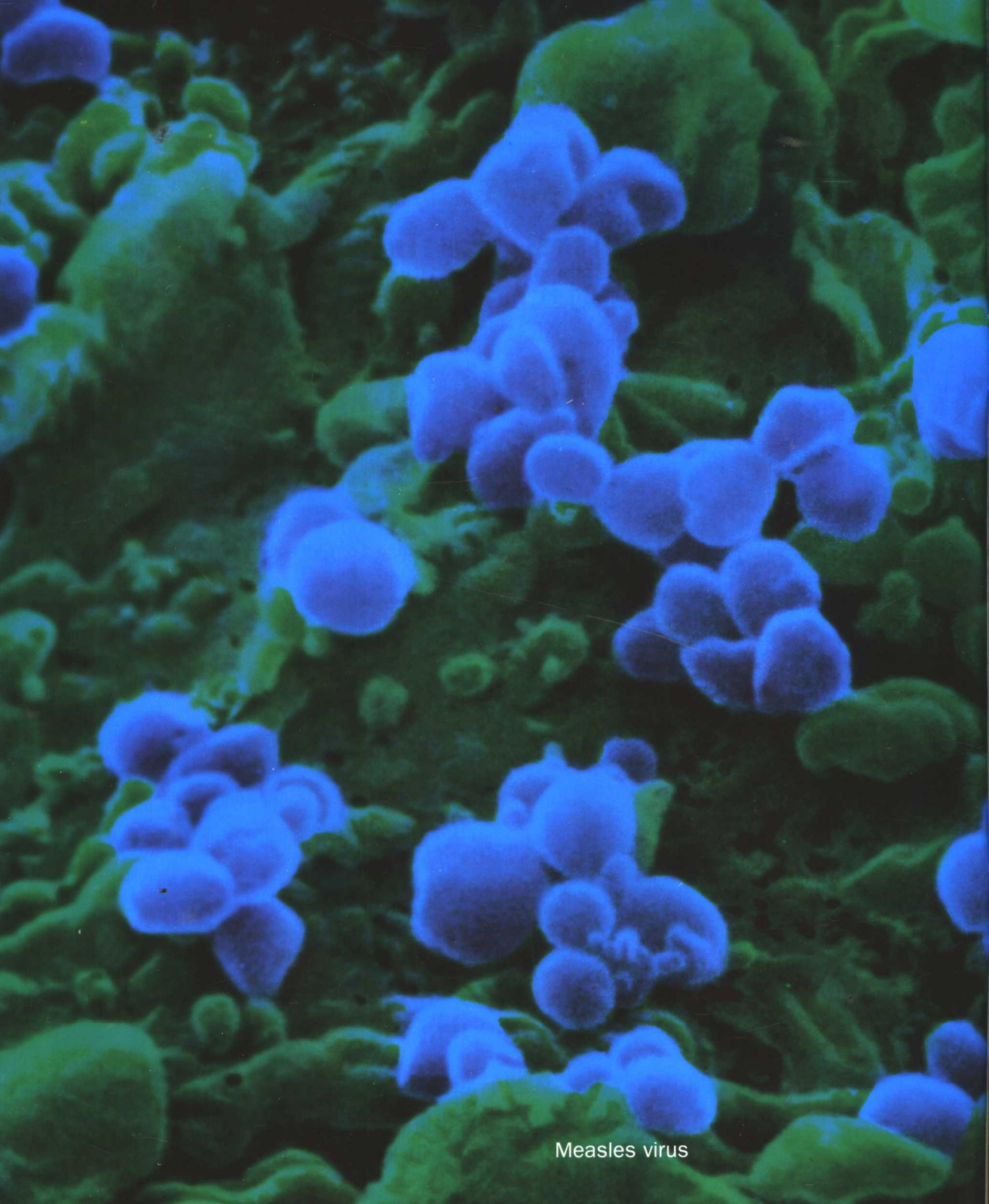
Finding the First Vaccines

寻找疫苗

GLEN PHELAN (美) 著



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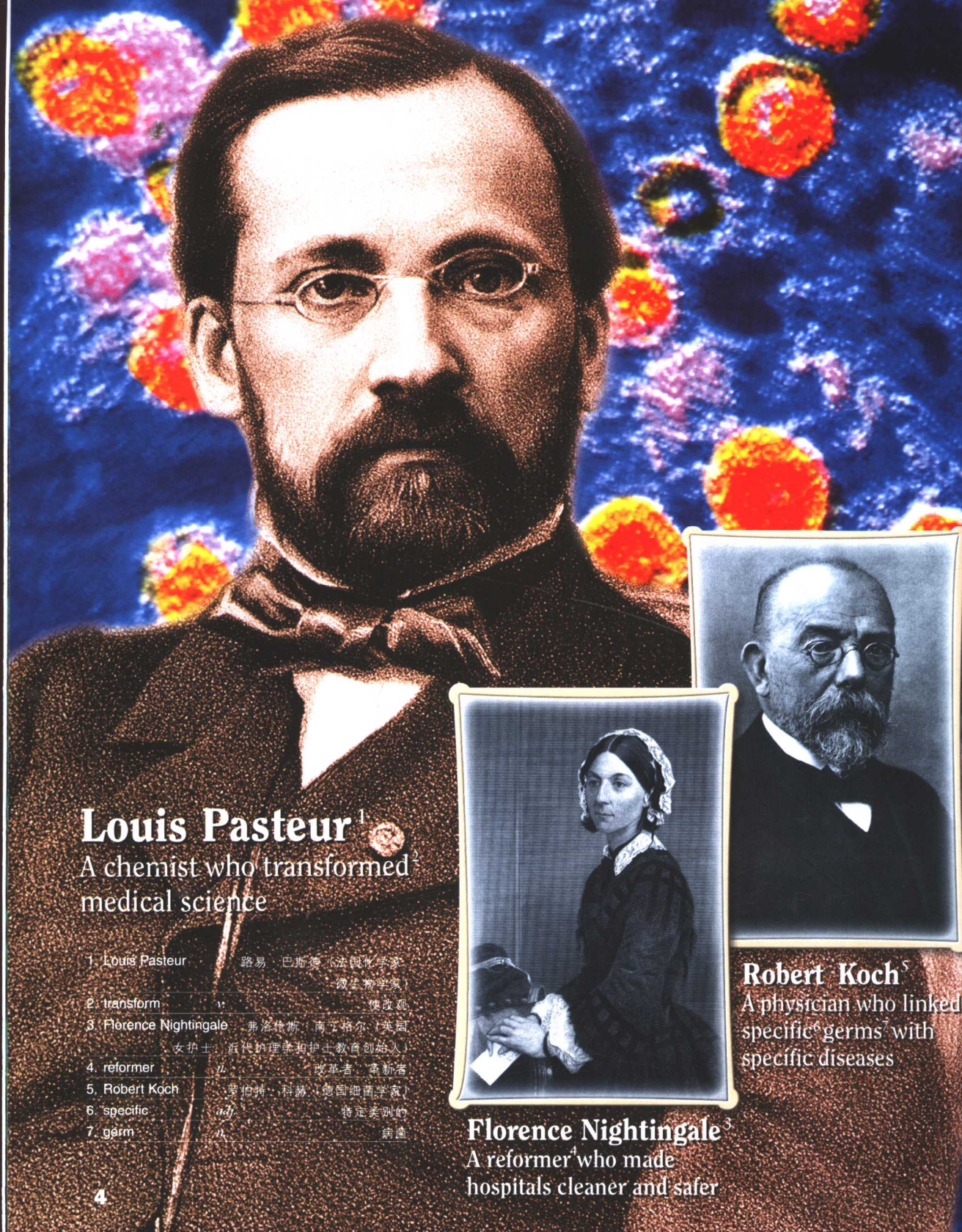


Measles virus

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Louis Pasteur¹

A chemist who transformed² medical science

- | | |
|-------------------------|---------------------------------|
| 1. Louis Pasteur | 路易·巴斯德 (法国化学家、微生物学家) |
| 2. transform | v. 使改变 |
| 3. Florence Nightingale | 弗洛伦斯·南丁格尔 (英国女护士、近代护理学和护士教育创始人) |
| 4. reformer | n. 改革者、革新者 |
| 5. Robert Koch | 罗伯特·科赫 (德国细菌学家) |
| 6. specific | adj. 特定类别的 |
| 7. germ | n. 病菌 |



Florence Nightingale³
A reformer⁴ who made hospitals cleaner and safer



Robert Koch⁵
A physician who linked specific⁶ germs⁷ with specific diseases

Introduction

引言

A “mad dog” causes terror in the streets. Mysterious¹ diseases threaten² a nation’s economy³. Children are struck⁴ by deadly illnesses. And no one knows why. This is a story about people who found out why. It’s a story about people who fought on the front lines in the first key battles against disease. Most of all, it’s a story about heroes.

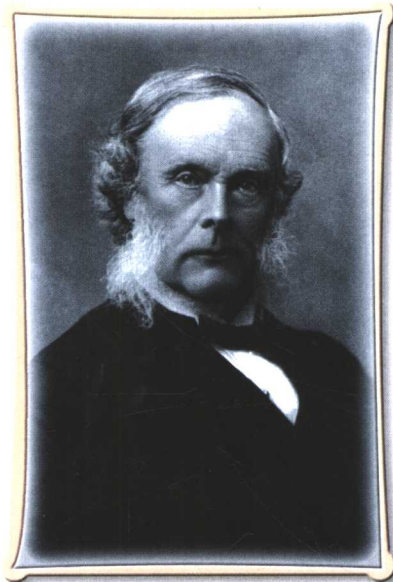
Who were these heroes? They were scientists like Louis Pasteur and Robert Koch. These men probed⁵ the microscopic⁶ world of germs. They were doctors like Joseph Lister⁷ and nurses like Florence Nightingale. They worked to make hospital care safer. What did these people do that was so heroic? This book will tell you their story.

Let’s begin our story by taking a closer look at the mid-1800s. What was life like in those days? And what did people do when they got sick?



Edward Jenner⁸

A country doctor who created the first vaccine



Joseph Lister

A surgeon⁹ who made surgery¹⁰ safer

- | | | |
|------------------|------|---|
| 1. mysterious | adj. | 神秘的 |
| 2. threaten | v. | 威胁 |
| 3. economy | n. | 经济 |
| 4. strike | v. | (疾病等) 突然侵袭 |
| 5. probe | v. | 探索 |
| 6. microscopic | adj. | 微观的 |
| 7. Joseph Lister | | 约瑟夫·利斯特 (英国外科医师, 医学科学家) |
| 8. Edward Jenner | | 爱德华·詹纳 (英国医生, 发现牛痘对天花有免疫力, 1796年试验牛痘接种成功) |
| 9. surgeon | n. | 外科医师 |
| 10. surgery | n. | 手术 |

Life in the Mid-1800s

You might think life without TV and video games would be boring. But in many ways, living in the mid-1800s was exciting. Every year seemed to bring new developments in science and technology. The puffs¹ of smoke and the chug²-chug of trains became more common as railroads connected towns across the countryside. The telephone, invented in 1876, brought people even closer together.

Other inventions seemed even more amazing³. Streetcars⁴ and elevators⁵ made life easier in cities. And electric light bulbs changed life forever.

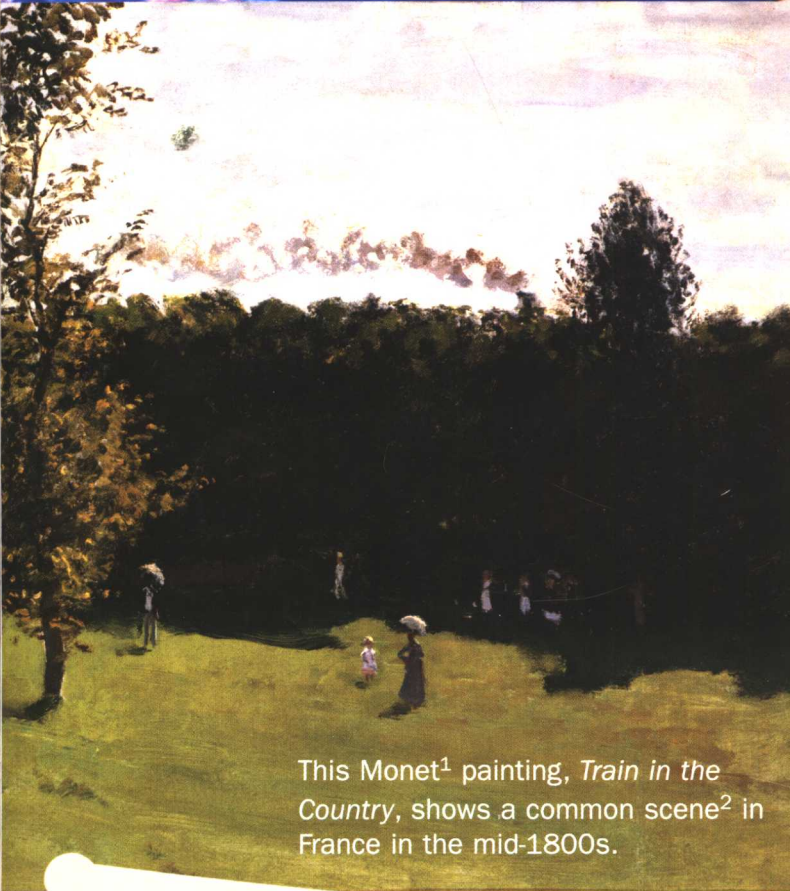
Progress was being made in medicine, too. But not fast enough. If you were a sick child in the mid-1800s, there was plenty of reason for your parents to worry. Everyday diseases, such as the flu, strep throat⁶, and the measles⁷, were killers back then. Today we can treat⁸ them. What caused these diseases? How did they spread from person to person? No one knew.

People had some theories, of course. Many thought diseases were spread by poisonous⁹ vapors¹⁰ from swamps¹¹, animal wastes, and decaying¹² matter. These things seemed unhealthy, so the idea made sense¹³. But there was no scientific proof to support this idea.

No one understood the causes of diseases. So they didn't know how to protect themselves. Armed with a microscope¹⁴ and a few other tools, Louis Pasteur helped change all that.



1. puff	<i>n.</i>	(烟雾的) 一股	8. treat	<i>v.</i>	医治
2. chug	<i>n.</i>	(引擎等开动或排气时的) 嘎嘎声	9. poisonous	<i>adj.</i>	有毒的
3. amazing	<i>adj.</i>	令人吃惊的	10. vapor	<i>n.</i>	蒸汽
4. streetcar	<i>n.</i>	有轨电车	11. swamp	<i>n.</i>	沼泽
5. elevator	<i>n.</i>	电梯	12. decay	<i>v.</i>	腐烂
6. strep throat		脓毒性咽喉炎	13. make sense		讲得通
7. measles	<i>n.</i>	麻疹	14. microscope	<i>n.</i>	显微镜



This Monet¹ painting, *Train in the Country*, shows a common scene² in France in the mid-1800s.

- | | | |
|-------------|------|-----------|
| 1. Monet | | 莫奈 (法国画家) |
| 2. scene | n. | 景色 |
| 3. constant | adj. | 不断的 |



Nurses line up to weigh babies in a hospital in the mid-1800s. Childhood diseases were a constant³ fear at this time, and their causes remained largely unknown.

Chapter 1 第一章

A Hero of His Time 时代英雄

One day in 1831, a wolf wandered¹ out of the woods near a French village. The wolf was foaming² at the mouth. It had a deadly disease called rabies³. The wolf bit several people. Now they would get rabies, too. The victims⁴ went to the village blacksmith⁵ to have their wounds burned. The shop was near the home of eight-year-old Louis Pasteur. He never forgot the screams⁶ of pain he heard that day. Years later, he would find a way to stop the suffering caused by rabies and other diseases.

1. wander	v.	游荡
2. foam	v.	吐白沫
3. rabies	n.	狂犬病
4. victim	n.	受害者
5. blacksmith	n.	铁匠
6. scream	n.	尖叫声

A Close Observer¹

Louis Pasteur was born in 1822. At that time, deadly diseases often struck infants² and young children. In fact, Louis's older brother had died as an infant. But Louis grew up healthy and happy. He enjoyed swimming and fishing in the river that ran through his hometown of Arbois³ in eastern France. However, his favorite pastime⁴ was art.

Louis loved to draw and paint. He had a good eye for detail⁵. He would study his subject carefully, whether it was a flower, a butterfly, or a person's face. Then he would capture⁶ every detail in his artwork.

Louis was just as careful in his schoolwork. Whether writing the alphabet⁷ or figuring out⁸ a math problem, he worked slowly and carefully.

- | | | |
|--------------------|-------------|--------|
| 1. observer | <i>n.</i> | 观察者 |
| 2. infant | <i>n.</i> | 婴儿 |
| 3. Arbois | | 阿尔布瓦 |
| 4. pastime | <i>n.</i> | 消遣 |
| 5. detail | <i>n.</i> | 细节 |
| 6. capture | <i>v.</i> | 捕捉 |
| 7. alphabet | <i>n.</i> | 字母表 |
| 8. figure out | | 计算出 |
| 9. scientific | <i>adj.</i> | 科学(上)的 |
| 10. Jura Mountains | | 侏罗山 |
| 11. portrait | <i>n.</i> | 肖像; 画像 |

Louis Pasteur grew up near the Jura Mountains¹⁰ in France.

He checked and re-checked his work until he thought it was good enough to hand in. His strong powers of observation and careful attention to detail would be important skills later in his scientific⁹ work.



Louis Pasteur painted this portrait¹¹ of his mother in 1835, when he was 13 years old.

A Curious Mind

Curiosity was another of young Louis Pasteur's traits¹. He was always asking questions. When his father read to him about French heroes of the past, Louis would interrupt² with questions. But his father didn't mind. He knew that asking questions was the best way to learn.

Louis loved sharing knowledge as much as learning it. He decided to become a teacher—the best one possible.

So Louis studied hard to prepare to take the entrance exam³ to the École Normale⁴. This was a famous school in Paris that trained people to

- | | | |
|------------------|----|----------|
| 1. trait | n. | 特点 |
| 2. interrupt | v. | 打断 |
| 3. entrance exam | | 入学考试 |
| 4. École Normale | | 巴黎高等师范学校 |

The École Normale in Paris



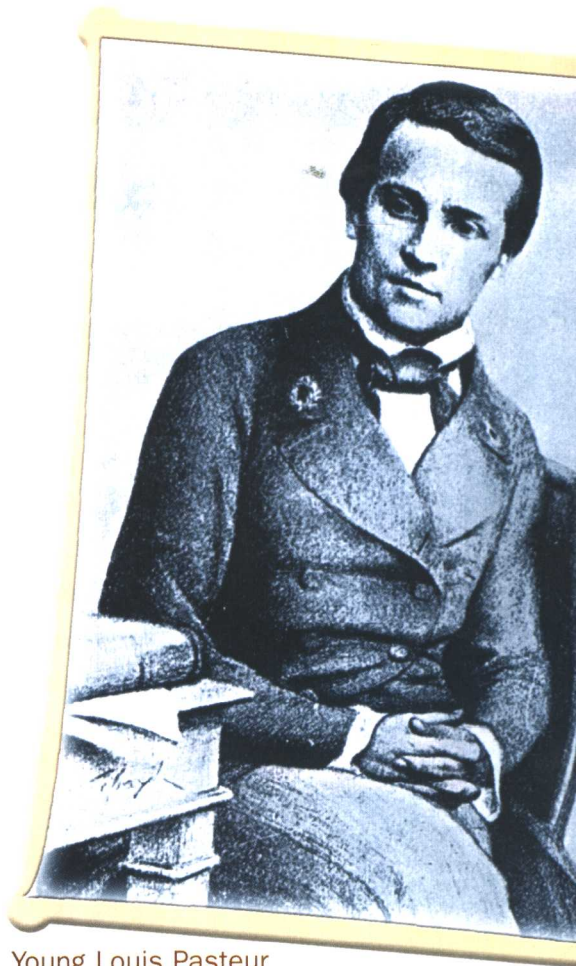
become professors¹. Only those who had top scores² on the exam were admitted³ to the École Normale. Louis was excited about the challenge⁴.

The Hard-Working Professor

After graduating⁵ from a prep school⁶, Louis took the entrance exam for the École Normale. Then a strange thing happened. Louis was accepted into the school, but he turned down the offer! Why? Only 22 students were accepted from all of France. Louis placed 15th on the list. He thought he could do a lot better than that. So he decided to study one more year, then take the test again. This showed what high standards he had and how he always wanted to do his best.

When Louis took the test again, he placed 4th. That was good enough. He entered the École Normale in Paris where he studied chemistry and physics.

- | | | |
|-------------------|----|--------------|
| 1. professor | n. | (大学) 教授 |
| 2. score | n. | (考试、测验等的) 分数 |
| 3. admit | v. | 准许……进入 |
| 4. challenge | n. | 挑战 |
| 5. graduate | v. | 毕业 |
| 6. prep school | | 预备学校 |
| 7. in addition to | | 除……之外 (还) |



Young Louis Pasteur

Louis graduated and became a professor. In addition to⁷ his teaching, he worked long hours in his laboratory. But even with all this work, he did find time to fall in love with Marie Laurent. They were married, and his new wife was a great help in his work. Soon, Louis Pasteur would begin making the discoveries that would make him a hero. 🍀

Chapter 2 第二章

Pasteur to the Rescue 拯救者巴斯德

Ten years later, the Pasteurs were very busy with work and a family of four children. Then tragedy¹ struck. One day while visiting her grandfather, the Pasteur's oldest daughter, Jeanne, became ill with typhoid fever². In the 1850s, no one knew what caused it, how to prevent it, or how to treat it. Little Jeanne died. It was a tragedy that many families suffered. The Pasteurs would have more than their share.

1. tragedy

n.

灾难 不幸

2. typhoid fever

伤寒



"Wee¹ Germs"

Pasteur would make many discoveries in his life that would help prevent infectious² diseases like the one that killed Jeanne. The first of these discoveries was what he called "wee germs." Pasteur used a microscope to find out that tiny living things were in liquids³ like fruit juice and milk. Some of these "wee germs" made the liquid spoil⁴.

Pasteur discovered that he could kill the harmful⁵ germs by heating the liquid to certain temperatures. This process⁶ became known as pasteurization⁷. It is still used today to destroy⁸ germs in milk, cheese, and other foods.

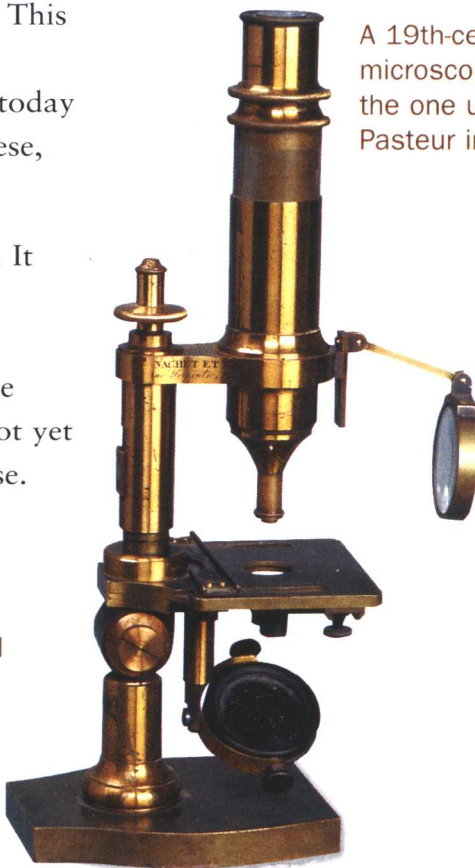
Pasteurization made food safe. It made milk last longer before spoiling. It also killed harmful germs in milk that caused some diseases, though Pasteur did not yet know that germs caused disease.

Until Pasteur discovered how to kill germs in milk, farmers sometimes sold milk that caused disease.

He had turned his attention to the world of germs, or microorganisms⁹. The results would change medicine forever.

1. wee	<i>adj.</i>	极小的
2. infectious	<i>adj.</i>	传染的
3. liquid	<i>n.</i>	液体
4. spoil	<i>v.</i>	(食物) 变坏; 变质
5. harmful	<i>adj.</i>	有害的
6. process	<i>n.</i>	过程
7. pasteurization	<i>n.</i>	巴(斯德)氏消毒法
8. destroy	<i>v.</i>	杀死
9. microorganism	<i>n.</i>	微生物

A 19th-century microscope similar to the one used by Pasteur in his work



From Wine to Worms

Pasteurization saved the day for the alcohol¹ industry in France. Alcohol was used for making vinegar², perfume³, paint, medicine, and other products⁴. A lot of alcohol was made from beet⁵ juice. Sometimes germs made the juice spoil. Then it wouldn't turn into alcohol.

Pasteurization prevented the juice from spoiling. The same process was used to keep wine from going sour. This was important in a country that was known for its fine wines.

In 1865, Pasteur was asked to look into another problem. A mysterious disease was killing silkworms throughout⁶ France. Silkworms spin⁷ cocoons⁸ made of silk fibers⁹. The fibers are woven¹⁰ into silk cloth. Without silk, the French clothing industry was in big trouble.

At first, Pasteur knew nothing about silkworms. But he learned everything he could about them. Soon he would know more than anyone else.

Using the Microscope

Pasteur used his microscope to observe healthy and sick worms. He saw oval¹¹ shapes on the sick worms. He guessed that these shapes were germs that caused a disease in the worms. After a lot more observation and research, Pasteur knew that he was right.

To solve the silkworm problem, the diseased silkworms had to be found and destroyed. Pasteur taught the silkworm growers how to use microscopes. Then they could identify¹² the germs in the silkworms or in the moths¹³, which were a later stage in the silkworms' life cycle. If the germs were found, the worms, the moths, or any eggs the moths had laid were destroyed. In this way, only healthy silkworms were allowed to grow.

Silkworms, shown here on a mulberry¹⁴ plant, were essential¹⁵ to the French clothing industry.



- | | | | | | |
|---------------|--------------|-----------|---------------|-------------|-------|
| 1. alcohol | <i>n.</i> | 酒精 | 9. fiber | <i>n.</i> | 纤维 |
| 2. vinegar | <i>n.</i> | 醋 | 10. weave | <i>v.</i> | 织 |
| 3. perfume | <i>n.</i> | 香水 | 11. oval | <i>adj.</i> | 椭圆形的 |
| 4. product | <i>n.</i> | 产品 | 12. identify | <i>v.</i> | 识别 |
| 5. beet | <i>n.</i> | 甜菜 | 13. moth | <i>n.</i> | 蛾 |
| 6. throughout | <i>prep.</i> | 遍及; 贯穿 | 14. mulberry | <i>n.</i> | 桑树 |
| 7. spin | <i>v.</i> | (蚕等) 吐(丝) | 15. essential | <i>adj.</i> | 必不可少的 |
| 8. cocoon | <i>n.</i> | 茧 | | | |