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除教材外, 课外阅读量应累计达到36万词以上。

每天读一篇 读书破万卷

高一

高中英语课外阅读

丛书主编 王迈迈 本册主编 徐启富 李志坤 审定 张献臣

365

篇

中国致公出版社



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王

迈迈中学英语系列丛书是一套深受中学生喜爱的好书。

这套丛书的作者都是中学英语教学教研一线的中坚力量,其中包括原湖北省教研室中学英语学科负责人陈松林先生、黄冈市英语教研员蒋辉明先生、宜昌市英语教研员徐启富先生、荆州市英语教研员王石林先生、孝感市英语教研员左唯英先生、原黄冈中学英语特级教师杨方正先生等,另外还有一些外籍专家也为这套丛书的出版做出了巨大贡献。

一套中学英语系列丛书要想得到广大读者的认可,成为畅销品牌,首先要有一种全心全意为读者朋友服务的思想,急他们之所急,想他们之所想。其次,一流的作者队伍则是这套丛书走向成功的可靠保证。这些英语教学专家常年奋斗在中学英语教学、科研的第一线,既深知中学生英语学习的实际困难和实际需求,又有新的教学理念和教学方法、能引领中学英语教学改革的方向和潮流。有这样的指导思想,用这样的作者队伍,打造出一种高质量的畅销品牌应该是情理之中的事。

培养阅读能力是中学英语教学的主要目的之一。国家教育部颁布的《英语课程标准》对阅读提出了明确要求。其中：

五级(九年级/初中毕业)要求是：

- 1 能根据上下文和构词法推断、理解生词的含义；
- 2 能理解段落中各句子之间的逻辑关系；
- 3 能找出文章中的主题，理解故事的情节，预测故事情节的发展和可能的结局；
- 4 能读懂常见体裁的阅读材料；
- 5 能根据不同的阅读目的运用简单的阅读策略获取信息；
- 6 能利用字典等工具书进行学习；
- 7 除阅读教材外，课外阅读量应累计达到 15 万词以上。

八级(普通高中毕业)要求是：

- 1 能理解阅读材料中不同的观点和态度；
- 2 能识别不同文体的特征；
- 3 能通过分析句子结构理解难句和长句；
- 4 能在教师的帮助下欣赏浅显的文学作品；
- 5 能根据学习任务的需要从电子读物或网络中获取信息并进行加工处理；
- 6 除教材外，课外阅读量应累计达到 36 万词以上。

很多师生经常感到困惑的是：为什么很多没有超越中学英语语法和词汇的短文，读起来却不能正确理解呢？或者能基本读懂短文，但做理解题的正确率却不能令人满意呢？其中最主要的原因之一就是阅读的量不够，阅读的题材不广，阅读的技能不强。《中学英语课

外阅读 365 篇》就是根据《英语课程标准》的要求,由一批教学经验丰富,从国内外最新报刊和网络上精心选择符合中学教学实际,紧扣各年级教学要求的各种题材的短文,然后经过精心加工而成的优秀阅读专著。相信该书会成为你训练阅读能力的最佳选择。

《中学英语课外阅读 365 篇》全套 6 本,供七年级至高三年级使用。具有以下特点:

1. 编排新颖

时间为经,每天一篇;阅读为纬,知识与文化相融合;构织出英语学习新时空,让读者自觉形成英语阅读的习惯。

2. 信息量大

题材丰富,内容充实,具有一般阅读书刊难以比拟的知识性,趣味性,可读性和系统性相互兼容的优点。可供不同读者根据自己的不同需要进行超前阅读、选择阅读和反复阅读。

3. 针对性强

每篇阅读材料均配有理解——检测你对短文的理解程度;表达——让你表达对短文的见解;注释——帮助你准确理解短文,逐步掌握技巧,不断提高能力。同时配有“每日一句”的谚语警句,既可培养读者立体学习运用英语的能力,又可方便不同层次不同需要的读者进行“自助式阅读”,提供阅读佐餐。

多读能生技巧 (Reading makes perfect.), 多读能长智慧 (Reading makes a wise man.)。愿本套丛书伴你进步,助你成功!

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The 1st Day



As the world said goodbye to the year 2001, 12 countries in Europe welcomed not only 2002, but also a new currency: the euro. On January 1, more than 300 million people gave up their national currencies. Twelve members of the 15-country European Union joined this historic move towards a more united Europe. At first, the euro will circulate with each national currency.

But from March 1, those currencies will belong to the past. The size of the coins and banknotes and the designs are the fruit of small compromises between member countries. Yet not everybody accepts the money. "It doesn't look real. It's small and it's a funny colour," said one Irish tourist, who had just taken a 50-euro note from a cash machine in Amsterdam in the Netherlands.

The euro was officially launched on January 1, 1999, for inter-bank transactions. Britain, Denmark and Sweden are the only members of the EU who have chosen not to join the single currency; But even in these countries, the euro could become a second currency as it is expected that many stores will accept it.

European leaders hope the euro will help the European economy and make it easier and cheaper to do business between single currency countries. The EU also hopes that the euro will bring Europeans closer together and make life easier for tourists.

Choose the best answer according to the passage.

- From the passage, we can infer that .
 - it's easier for people to travel in Europe
 - people find it hard to buy things in Europe
 - it's easier for European leaders to
 - people will do business easier but expensively
- According to the passage, we can know that doesn't use the new money.
 - Germany
 - France
 - Sweden
 - Italy
- The size of the designs of the euro is .
 - the fruit of fighting
 - the result of trade
 - the beginning of fighting
 - the final result of discussion
- Which of the following is right according to the passage? .
 - Francs will belong to the past since March 1, 2001.
 - Twelve members of EU don't at all accept the new euro.
 - The new euro in Britain could become the first currency.
 - All the members of EU expect that the new money will make Europeans closer.

Complete the sentences according to the passage.

1. The size of the coins and bank notes and the designs are the fruit of _____.
2. But even in these countries, the euro could become a second currency as _____.

NOTES

- | | | |
|------------------|-----------------|-------------------|
| 1. the euro 欧元 | 2. currency 货币 | 3. circulate 流通 |
| 4. compromise 谅解 | 5. launch 开始 | 6. transaction 交易 |
| 7. give up 放弃 | 8. belong to 属于 | |



英语名言

365



One thing you can't recycle is wasted time.
唯一无法回收利用的是你浪费掉的时间。



The 2nd Day

第2天

Mr. Guppy was a very large man. He had a loud voice and a bad temper. He was much bigger than most men. Life was not easy for Mr. Guppy. He could seldom find clothes big enough. His feet were too large for most shoes. In buses, trains and planes, he could not stand up straight. The roofs were too low. In cars he could not move his legs. There was not enough room. At home, his bed was too short. Chairs were always too small.

In fact, wherever he went and whatever he did, Mr. Guppy had problems because of his size. These problems were so bad that Mr. Guppy stayed at home most of the time. Life was easier at home.

Then one day, a friend said, "You spend too much time at home! You should go out more. There's a good movie at the theater."

"I can't sit in theater seats," Mr. Guppy said. "I am too big." "That is no problem," his friend said. "I'll buy you two tickets. You can get them at the theater when you go."

The friend sent money to the theater for two tickets. When the day came, Mr. Guppy put on his best clothes and went to the theater.

"You have two tickets for me," he said to the woman in the ticket office. "My name is Guppy."

"Oh, yes, Mr. Guppy," the woman said. "Here you are, seats C4 and P12. I'm sorry, you and your friend can't sit together because we are very full this evening." Poor Mr. Guppy, he smiled sadly, walked out of the theater and went home.

II Choose the best answer according to the passage.

- Mr. Guppy's life was hard because he was so _____.
A. heavy B. big C. small D. ugly
- What did he do about his problem?
A. He went to see doctors. B. He told his friends about it.
C. He went on holidays. D. He stayed at home most of the time.
- How did his friend try to help him?
A. He sent him for a holiday. B. He bought him tickets for a football match.
C. He gave him some money. D. He bought him tickets for a movie.
- Why was Mr. Guppy sad at the end of the story?
A. He was too big to sit in only one seat.
B. He could not sit with his friend.
C. The woman in the ticket office was a male.
D. Mr. Guppy's friend was rude.
- Which of the following is NOT true?
A. Mr. Guppy seldom went out because of his large size.
B. Mr. Guppy often felt sad about this.
C. The woman at the office knew why Mr. Guppy's friend wanted two tickets.
D. The woman at the office kept two tickets for him.

III Complete the sentences according to the passage.

- Life was not easy for Mr. Guppy because _____.
- Because of his size, Mr. Guppy had problems _____.

NOTES

- have a bad temper 脾气不好
- enough room 足够的空间
- wherever he went and whatever he did 无论到哪,无论做啥;有同样的用法和结构.



英语名言

365



If you're not marching to your own tune, you're marching to someone else's.

如果你没有按照自己的步调前进,那你一定在附和別人。



The 3rd Day

第3天

Matt grows the best vegetables in the village. He grows fruit, too — sweet apples biggest and the prettiest flowers.

Things grow in Matt's garden all through the year. He cuts some flowers for his sitting-room table, and of course, he eats some fruit and vegetables. But he sells everything else in the market. Matt is not a poor man.

He knows a few other gardeners; but he does not have any friends. You might ask, "Why is that? Why doesn't he have friends?"

I will tell you. People do not understand him. And they do not understand his garden. "Why not?" you will ask. "It's a very good garden, isn't it?"

It is a wonderful garden. Matt plants things in spring, summer, autumn and winter. But he does very little work. He sits in the garden with his small radio. And everything grows.

People ask, "How does Matt grow these wonderful things? He waters the plants sometimes, but he doesn't do anything else. He just sits under an orange tree with his radio. He listens to music nearly all day!" And that is all quite true. People cannot understand it, and so they don't like it very much.

Matt likes music. But what about the garden? Who does the work? I will tell you another true thing: the music does the work. All plants love music, and Matt knows that. Do you want big vegetables and the loveliest flowers? Well, just give your plants a lot of music.

Choose the best answer according to the passage.

- There are not only vegetables and flowers, but also _____ in Matt's garden.
A. plants B. fruit trees C. ants D. crops
- Matt makes a living by _____.
A. selling his vegetables, fruit and flowers B. growing trees in his garden
C. working in the market D. helping other people growing plants
- Everything in Matt's garden grows well because _____.
A. he has a good garden
B. he is good at growing things and likes listening to the radio
C. music helps his plants a lot
D. he is very hardworking
- People think that _____.
A. Matt's garden is better than theirs
B. Matt works harder than they do
C. Matt knows how to grow vegetables well
D. the radio helps Matt to grow everything well in his garden

Complete the sentences according to the passage.

1. Matt grows the best vegetables in the village, and also grows _____.
2. People don't like Matt because _____.

NOTES

1. wonderful (极好的)
2. 第三题的相关信息可从最后一段找到



英语名言

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"If you approach the future pessimistically, then you can be pretty certain the things you fear most are going to happen."

"如果你消极地面对未来,你最担心的事情就最有可能发生。"



The 4th Day

第4天

Martin Luther King was a black minister, who became a great leader of the civil rights movement in the 1950s and 1960s.

King was born on January 15, 1929 in Atlanta, Georgia. When he was young, he was strongly influenced by Thoreau and Indian leader Mahatma Gandhi's idea of non-violent resistance. Having received a Ph. D (Doctor of Philosophy) from Boston University, he became a political and religious leader of the non-violent civil rights movement in 1955. On August 28, 1963, he led over 250,000 Americans on a march in Washington D. C. to fight for the Civil Rights Law to guarantee equality for all people, and delivered his best-known speech "I Have a Dream" before the Lincoln Memorial. The "dream" is a dream of brotherly love and equality for black and white. Thus he was awarded the Nobel Prize for peace in 1964, but he was murdered four years later.

Though he died, he was greatly respected and loved by the Americans, both white and black. By vote of Congress in 1968, the third Monday of every January is now a federal holiday in Luther King's honor. He lives in people's hearts forever.

Choose the best answer according to the passage.

1. Martin Luther King was murdered when he was _____ years old.
A. 64 B. 50 C. 39 D. 28