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义务教育课程标准实验教科书





# (新目标)

# Go for it!

STUDENTS' BOOK

八年级 上册

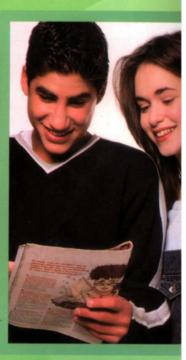
英语课程教材研究开发中心合编

(美国)汤姆森学习出版集团









人民物产的效社



People's Education Press



**义务教育课程标准实验教科书 英语(新目标) 八年级上册** ISBN 7-107-16843-6/G·9933(课) 定价:10.95 元 批准文号:京价(收)字[2001]417号—358 举报电话:12358

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英 语 (新目标)

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(中国) 课程教材研究所 英语课程教材研究开发中心 (美国) 汤姆森学习出版集团

人民教育《纸社

23796 64

This Chinese edition is adapted from the original Go for it! series by David Nunan.

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ISBN 981-240-836-3

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图字: 01-2001-0867号

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学生用书 八年级 上册

(中国)课程数材研究所

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人人為人《从此出版发行

(北京沙滩后街 55 号 邮编: 100009)

网址: http://www.pep.com.cn

北京新华印刷厂印装 全国新华书店经销

开本: 889 毫米×1 194 毫米 1/16 印张: 8.75 字数: 189 000 2005 年6 月第 3 版 2005 年6 月第 3 水印刷

ISBN 7-107-16843-6 G·9933 (课) 定价: 10.95 元

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(联系地址:北京市方庄小区芳城园三区13号楼 邮编:100078)

## 说 明

本书是人民教育出版社出版的《义务教育课程标准实验教科书英语(新目标)》的系列教材之一。这套教材是在(美国)汤姆森学习出版集团最新出版的 Go for it! 教材的基础上,由人民教育出版社与汤姆森学习出版集团合作改编而成的。它采用任务型语言教学(Task-Based Language Teaching)模式,融汇话题、交际功能和语言结构,形成了一套循序渐进的生活化的学习程序。在修改过程中,编者依据国家教育部颁发的《英语课程标准》(实验稿),对原书的结构与内容作了适当的调整,增加了复习单元、文化背景知识和学习策略等部分,并增加了任务型学习成份和语篇输入。本书每个单元都列出明确的语言目标、主要的功能项目与语法结构、需要掌握的基本词汇,并分为A和B两部分。A部分是基本的语言内容,B部分是知识的扩展和综合的语言运用。每个单元还附有 Self Check 部分,学生可用来自我检测本单元所学的语言知识。

本书共16个单元,其中包括2个复习单元,2个文化单元,供八年级上学期使用。

在2002年本书的改编过程中,北京八一中学史小鹏老师参与了部分工作, 在此谨表谢意。

> 课程教材研究所 英语课程教材研究开发中心

> > 2005年5月

## **Acknowledgments**

It was a great pleasure working with People's Education Press. Special thanks must go to Mr Gong Yafu and Ms Hao Jianping for their unswerving support for this project; to Ms Liu Daoyi and Mr Li Jingchun for their invaluable comments and guidance; and Mr Wei Guodong, Mr Deng Yanchang, Mr Ding Wangdao and Mr Hu Wenzhong without whom this project would never have happened. Special thanks should go to Edward Vickers for his skill in shaping the materials, and to Zhang Yajun for her help in keeping the project on track.

I would like to thank MrTan Tat Chu, Paul Tan, Ms Yuan Jiang, Caroline Ma and Ian Martin at Thomson Learning Asia for their contribution to the project. Special mention must be made of Guy de Villiers who managed the project and steered it to completion. I would also like to acknowledge and thank Ken Keobke for his critical review of the early drafts of the materials.

I would like to thank all those who have helped shape this project. Particular thanks go to Erik Gundersen, who helped me through the tough times, to Amy Mabley, Maryellen Killeen, Evelyn Nelson, Stan Galek and Charlie Heinle.

Finally, thanks must go to editors Nancy Jordan and Thomas Healy for their dedication to this project. Their commitment of time and critical review went well beyond what any author could hope or expect.

Additional thanks to Robert Lee for contributing his skill as singer/musician to the series, and to Zhang Linlin, Lu Xiqin and Guo Juan for their valuable contributions. Special thanks to Andrew Robinson for his hard work, dedication and commitment to the project.

David Nunan

The author and publisher would like to thank the following individuals who offered many helpful insights, ideas and suggestions for change during the development of Go for it!

- Vera Andre de Almeida, Instituto Brasil-Estados Unidos, Ris de Janeiro
- Lucia de Aragão, União Cultural Brasil-Estados Unidos, Sao Paulo
- Jennifer Bixby, Acton, Massachusetts
- · Lucia Santos, Casa Thomas Jefferson, Brasilia
- · Elizabeth Rabello, Casa Thomas Jefferson, Brasili
- · Marta Diniz, Casa Thomas Jefferson, Brasilia
- Walkiria Darahem, Associacao Cultural Brasil-Estados Unidos. Riberao Preto
- · Marilyn Bach, Bronx Public Schools, New York
- David Bohlke, Sejong University Language Research Institute Seoul
- Wendy Brooks, YBMsi-Sa-young-O-Sa, Seoul
- Dr Melvin Clark, ClarkHeller Education Center, San Juan, Texas
- Mary Corbin, Manatee County Public Schools, Florida
- · Katy Cox, Casa Thomas Jefferson, Brasilia
- Nanette Dougherty, Richmond Hills High School, Queens, New York
- · Jo Fritschel, San Diego City Schools, California
- Alejandra Gallegos, Interlinggua Aguascalientes, Mexico
- · Angie Ginty, District 15, Brooklyn, New York

- Raquel de Gomez, Instituto Culturale Mexicanoxas Norte Americano de Jalisco, Jalisco
- · Carol CH Feng, Taipei
- · Anne-Marie Hadzima, National Taiwan University, Taipei
- · Hui-wen Huang, YMCA, Taipei
- · Seung Eun Kang, YBM Si-Sa-young-O-Sa, Seoul
- · Jennifer Kellie, AEON, Okayama
- · Sung Mi Kim, YBM Si-Sa-young-O-Sa, Seoul
- · Athina Leite.ACBEU.Salvador
- Claudina Lo Valvo, Instituto Cultural Argentino, Buenos Aires
- · Peter Oram, So Jung Middle School, Dong-gu
- · Mary Riggs, Simi Valley USD, California
- Joyce Chin Shao, The Language Training and Testing Center, Taipei
- Stephen Sloan, James Monroe High School, Los Angeles, California
- John Alan Smith, Owada High School, Osaka
- Claudia Spelman, Conejo Valley USD, California
- Barbara Tedesco, Roselle Board of Education, New Jersey
- Lilian Vaisman, Instituto Brasil-Estados Unidos, Rio de Janeiro
- Maria Vasquez,San Marcos ISD,Texas

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设 计 Jeff Dinardo

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### 《英语(新目标)》学生用书(八年级上册)目录

	The state of the s	(八年级上册)	THE RESERVE AND PARTY OF THE PA	
Unit	Title	Topic	Functions	Structures
0	How often	Free time activities	Talk about how often you do things	Wb- questions
	exercise?	activities	onen you do timigo	What do?  How often?
Dage 1				Adverbs of frequency
Page 1				All / most / some / none
2	What's the matter?	Health	Talk about	Have for talking about
	the matter:		your health Give advice	health problems  Modal should / shouldn't
Dans 7			TISHUV DI	
Page 7				
		消 随思权	碑 积极级 国	现在编辑 近京
0	What are you	Vacation	Talk about	Present progressive as future
3	doing for	plans	future plans	Where, when, how long questions
Page 13	vacation?			
rage 13				
<b>4</b> Page 19	How do you get to school?	Transportation	Talk about how to get to places	How questions Affirmative and negative statements
	Can you	Invitations	Make, accept and	Can for invitations
5	come to my party?		decline invitations	Modal bave to
			Talk about obligations	Present progressive as future, for planned actions
Page 25				for plainted actions

Target language	Vocabulary	Recycling	<b>Learning Strategies</b>	
What do you usually do on weekends? I sometimes go to the beach. How often do you eat vegetables? Every day.  Most students do homework every day.  always, usually, often, sometimes, hardly ever, never how often, once, twice, three times a week, every day milk, junk food, health, unhealthy, habit		shop, read, watch TV, go to the movies fruit, vegetables	Using context  Transforming information	
What's the matter? I have a headache. You should drink some tea. That sounds like a good idea. I have a sore back. That's too bad. I hope you feel better soon.	head, nose, eye, ear, tooth, neck, stomach, back, leg, arm, foot, throat thirsty, stressed out cold, fever, headache, toothache, stomachache, sore throat dentist, lie, rest, honey, water, illness, advice should, shouldn't	hot, go to bed, listen to music, eat, drink tired, hungry	Using what you know Inferring content	
What are you doing for vacation? I'm spending time with my friends. When are you going? I'm going next week. How long are you staying? We're staying for two weeks.	babysitting, sightseeing, fishing, renting videos how long plan, decide at home, get back	where, when shopping, visiting my grandmother, relaxing, spending time, bike riding, taking walks Monday, Friday, video, book beach, weekend,	Role playing Listening for key words	
How do you get to school? I take the bus. How long does it take? It takes 20 minutes. How far is it? It's 10 miles.		numbers bike, bus, school take, ride, walk	Personalizing Inferring vocabulary	
Can you come to my birthday party? Yes, I'd love to. Sorry, I can't. I have to study for a test. I'm sorry. I'm playing soccer on Saturday. When is the party? It's at seven-thirty.	today, tomorrow, the day after tomorrow, next week lesson, invitation	study, help, play, visit, test, piano, party Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday morning, afternoon, evening, parents, brother, sister, doctor, mom, aunt, have to	Inducing Cooperating	

## 《英语(新目标)》学生用书(八年级上册)目录

Unit	Title	Topic	Functions	Structures Market Market
6 Page 31	I'm more outgoing than my sister.	Personal traits	traits Compare people	Comparatives with -er, -ier more and both
word u	Using what y	hot, go to bed; listen to music car	ic eye, dan inoth, mach back lee you	hat's the matter? head, no
Page 37	Review of un	its 1-6		
<b>7</b> Page 41	How do you make a banana milk shake?	Cooking at home	Describe a process Follow instructions	Imperatives Countable / Uncountable nouns How much / bow many questions
8 Page 47	How was your school trip?	School trips	Talk about events in the past	Simple past of regular and irregular verbs  Did you, were there questions  Affirmative and negative statements in the past tense
		nambers bike, bus, whool take edde, walk		
9 Page 53	When was he born?	People we admire was a substant with a substan	Talk about famous people	Passive voice Adverbial clauses with when When / How long questions

Target language	Vocabulary	Recycling	<b>Learning Strategies</b>	
Is that Sam? No, that's Tom. He has shorter hair than Sam. He's calmer than Sam.	more, than taller, shorter, thinner, longer, calmer, wilder, quieter, funnier, heavier, smarter more athletic, more popular twin, both be good at	tall, short, long hair, short hair, curly hair, funny, heavy, quiet like to members of the family	Classifying  Listening for specific information	
How do you make a banana milk shake? First, peel the bananas and cut it up. Then put the milk into the blender How many bananas do we need? We need three bananas.	turn on, cut up, peel, pour, put, mix up how much, how many, amount blender, milk shake, yogurt, watermelon, ingredient, sauce, teaspoon, cup, popcorn sandwich, butter, lettuce, relish, turkey, bread first, then, next, finally recipe	apple, banana, orange, onion, tomato, chicken drink, need, milk, honey Let's	Guessing Sequencing	
What did you do on your school trip? Did you go to the zoo? No, I didn't. I went to the aquarium. Were there any sharks? No, there weren't any sharks, but there were some really smart seals.	aquarium, science center, gift shop seal, shark, octopus autograph, win ate, took, hung out, got go for a drive, sleep late, yard sale, day off	were / weren't, played, read, visited, stayed, watched, cleaned, helped, had, met first, after that, then, finally	Reflecting Practicing	
Who's that? That's Deng Yaping. She is a great ping-pong player. When was she born? She was born in 1973. Who is Shirley Temple? She is a movie star. When did she become a movie star? When she was three years old.	achievement, record Brazilian skater, violinist, pianist sneezing, hiccuping start, stop first went, first had, learned talented, loving, creative, outstanding, unusual	sports, bicycle, movie, party beautiful, kind, Who is	Cooperating Using what you know	

## 《英语(新目标)》学生用书(八年级上册)目录

Unit	Title	Topic	Functions	Structures production of the structures of the structure of t
<b>1</b> 0	I'm going to be a basketball player.	Life goals Ray  Virus mat mode  does from the ave  process of the  from the standard of the standard o	Talk about future intentions	
<b>1</b> 0	Could you please clean your room?	Chores  And And Andrew  And Andrew  And Andrew  Andrew		
12 age 71	What's the best radio station?	Avertage agence beset at game, beset a game, the colphus beset at the colphus are described and a game prove, prince taken at the colphus taken at the colphus are taken at the colphus at the colphus are taken at the colphus at the colphus are taken at the colphus at the colphus are taken at the colphus are taken at the colphus are taken at the colphus at the colph		Superlatives with - (i)est, the most Irregular comparisons good, better, the best, bad, worse, the worst
age 77	Review of uni	orlando a sibilió y billa	day off	rt tijene were some really yard na ran seats:
age 77	Additional Ma	3 02134 \ 1000		
age 87	Culture unit 1	- Growing up a	around the work	
age 95	Tapescripts	To kild Suod simil	Data and the	voites sometimes
age 104	Grammar	baskethdi player, resusa player, socce player, champion,		est sitter experience Six is a brazilia
age 109	Pronunciation		Haderna Ar	hen-was she born?
age 110		pressions in E		ho is Shiday Wemolet Stiff, St
age 120	Vocabulary In	dex	The second second	and the second sets to be seen
CONTRACTOR OF THE PARTY OF THE		zi-od%		

			SERVICE STREET,
Target language	Vocabulary	Recycling	Learning Strategies
What are you going to be when you grow up? I'm going to be a computer programmer. How are you going to do that? I'm going to study computer science.	computer programmer, professional, engineer, pilot computer science, dream job, grow up, move to, fashion show, retire, save resolution, get good grades, get a part-time job, make more friends	want to actor, doctor, basketball player, reporter, teacher study, practice, learn, eat, make, get, exercise, grade every day math, basketball What / How / Where questions	Using context Role playing
Could you take out the trash? Sure. Could I borrow the car? Sorry, but I need it. I have to go to a meeting. I have to make the bed and do the laundry.	do the chores, do the dishes, sweep the floor, take out the trash, fold the clothes, clean the living room, do the laundry buy some drinks and snacks, borrow some money, invite your friends teenager, hate take care of, feed	I have to, I need, I like I can, I can't, I have, I don't have movie, party, breakfast, tomorrow, room, homework, supermarket, store, CD, friend, chair make the bed, stay out late, clean, cook, use the car, get a ride fun, boring, relaxing Who / What questions	Self-evaluating Personalizing
What's the best cinema? Showtime Cinema. It's the cheapest. Jason's has good quality clothes. It's better than Trendy Teens. Jason's is the best store in town.	theater, cinema trendy, quality, comfortable, close to seat, screen, jeans, performer, radio station	new, big, friendly, fun, boring, popular, cheap, service, creative clothes, clothing, store, music, piano, actor, music video, TV show, book home, town French fries	Scanning Deducing
			Role playing Personalizing Classifying Personalizing

# UNIT 1

SECTION

# How often do you exercise?

#### Language Goal:

 Talk about how often you do things



-							
<b>1a</b>	Look at the	picture. M	ake a list	of the d	ifferent	weekend	activities.

1.	go skateboarding	4.	Name and the Company of the Company

an VT committee of



Listen and write the letters from the picture above on the lines below.

always (100%) \_\_\_\_ usually \_\_\_\_ often \_\_\_\_ sometimes \_\_\_\_ hardly ever \_\_\_\_ never (0%) \_\_\_\_

### 1c PAIRWORK

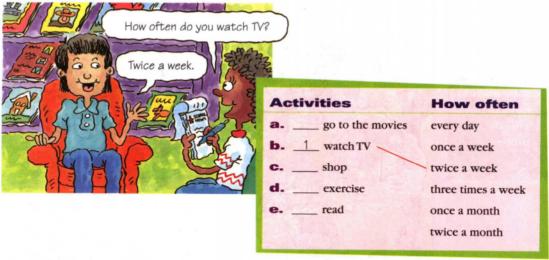
Talk about the people in the picture above.
What do they do on weekends?

- A: What does she do on weekends?
- B: She often goes to the movies.





Listen. Cheng is talking about how often he does different activities. Number the activities you hear [1-5].







Listen again. How often does Cheng do the activities above? Match his activities with the number of times he does them.

## 2c

#### **PAIRWORK**

How often do you do these activities?
Fill in the chart and then make conversations.

Activities	How often
watch TV	every day
surf the Internet	
read English books	
go to the movies	
exercise	

- A: How often do you watch TV?
- B: I watch TV every day.
- A: What's your favorite program?
- B: It's Animal World.
- A: How often do you watch it?



What do you usually do on weekends?	I usually play soccer.
What do they do on weekends?	
	They often go to the movies.
What does he do on weekends?	He sometimes watches TV.
How often do you shop?	I shop once a month.
How often does Cheng watch TV?	He watches TV twice a week.

3

Read the magazine article.

Use the information in the boxes below to help you.

	Every	Once or Twice a	Three or Four Times	All students = 100%
Activity	Day Week	Week	a Week	Most students = 51%-99%
Exercise	15%	10%	75%	Some students = 1%-50% No students = 0%
Do homework	95%	0%	5%	No students = 0%
Watch TV	85%	2%	13%	

## What Do Students Do at Green High School?

Here are the results of the student activity survey at Green High School. Most students exercise three (1)
or four times a week. Some students exercise once or twice a week students are very active, and
exercise every day. As for homework, students do homework every day students do
homework three or four times a week students do homework once or twice a week. The results
for "watch TV" are interesting(6) students watch TV once or twice a week, some students watch TV
a week, but most students watch TV
(7)

## 4 GROUPWORK Who's the best English student?

What can you do to improve your English?

Add more things to the chart. Then ask your classmates the questions and find the best English student.

- A: How often do you read English books?
- B: I read English books about twice a week.

How often do you	once a week	twice a week	three times a week	once a month
read English books?	man vrsta	Lin Ying		2# L
				7





#### 1a Match the words with the pictures.

1. b junk food fruit 5 sleep vegetables 6. coffee















#### PAIRWORK

Ask and answer questions. Use the words from activity 1a.

- A: How often do you drink milk, Liu Fang?
- B: I drink milk every day.
- A: Do you like it?
- B: No. But my mother wants me to drink it. She says it's good for my health.





Listen. Then circle your answer to each question.

Is Bill healthy?	Yes	No	I don't know
Is Katrina healthy?	Yes	No	I don't know





Listen again. Fill in the blanks in the survey.





2c

Questions	Katrina	Bill
1. How often do you exercise?	every day	- And
2. How often do you eat vegetables?	ob doy 75 s surely	
3. How often do you eat fruit?	Act a sure think	
4. How many hours do you sleep every night?	The state of the s	
5. How often do you drink milk?	ioy of a way of the you	
6. How often do you eat junk food?	and salling bend his	
7. How often do you drink coffee?		Male to detail

### PAIRWORK

Role play. Student A is the interviewer. Student B is Katrina. Then change roles. Student B is the interviewer and Student A is Bill.

Interviewer: How often do you exercise?

Katrina: I exercise every day.

Interviewer: And how often do you ...?