

# 前言

### ●为什么要编写这本书?

词汇是语言的基础,没有词语就没有句子,文章也就 无从读起。学习英语,背词汇又是老大难问题,这已经是 老生常读。问起学生:你如何背单词?大多数学生回答; 还有什么办法,生背!

一日,一学生跑到我的办公室对我说:背单词太难了,你把单词录下来,我们听着背吧。我们几个老师听了很受启发,为什么不出版一本书,让学生背单词更轻松一些呢?

其实,背单词也是有方法的。研究机构做过测试表明,多感官配合的记忆效果相对于单一感官记忆效果要好得多,通俗一点儿讲,一边听一边看书,背单词的效果会更好。因此在这本书中我们把单词录到磁带中,让大家边听、边看、边背诵。

●这本书的最大特点。

利用零散的时间背单词、学英语是这本书的最大特点。 把单词录在磁带里,利用上学路上、在家收拾东西、 起床睡前洗漱等零散时间都可以听听磁带。这就是学习语 言过程中所说的"磨耳朵"。日久天长,听习惯了,听熟练 了,单词就自然印在了脑子里。

在书中,我们还列出了有关单词的常见句子、短语和固定搭配,学生可利用零散的时间看一看。在看的过程中并不强行要求记住,每天看一点儿,日积月累,也就记住了。

#### ●如何使用这本书?

学生可灵活地使用这本书。可以准备好纸笔,边听磁带,边写单词。如果不愿意这样"正规"地学习,你可以一边放磁带,一边干别的不重要的事情。再有,你可以利用坐在公交车上的时间看看这本书,熟悉句子和短语。总之,利用闲散时间,多听听,多看看,最大限度地使用书和磁带,长久下去,对你的英语学习大有益处。

在编写的过程中,还有几位老师参加了编写工作,他 们是:冯巍、蒋秀敏、刘敬霞、李远、徐红、苑海英、尹 秋林。我们在编写过程中,难免会有疏漏之处,请读者指 正。

最后,作为老师,我希望学生都有好的身体、好的心态、好的为人、好的成绩。

稿者 2006年4月

#### A

able adi. 有能力的:能干的 [eibl] He is an able doctor. prep. 关于,对于:到处 about [əˈbaut] He likes books about science. I often walk about the city. adv. 大约:到处 It's about three thirty. He told his son not to walk about. what / How about ...? 怎样…… What / How about going to the cinema? What / How about this one? prep. 在 ..... 上面; 超过 above [apva] We were flying above the roads. You must get above 50% to pass. The girl's voice rises above the others. The person above me is my manager. adv. 在上面 My bedroom is just above. abroad adv. 到国外:在国外 [əˈbrəːd] He is traveling abroad. They are visitors from abroad.

accident

n. 事故;灾难

[ˈæksidənt]

He was killed in a railway accident.

He had an accident in the garden and

had his finger cut.

\* across

prep. 穿过;横穿;在……的一边

[əˈkrəs]

He is going across the street.

They flew across the Pacific.

There is a bridge across the river.

adv. 横过;穿过

The river is two miles across.

Can you swim across.

\* active

adj. 积极的

[ˈæktiv]

He is over ninety and not very ac-

tive.

A boy with an active brain will be more successful than a dull boy.

\* activity

n. 活动

[æk'tivəti]

[U] When a man is over 70, his time full of activity is usually past.

[C] My favourite outdoor activity is playing football.

address

n. 地址

[əˈdres]

What is your home address?

Please write to me at my new address.

aeroplane

n. 飞机

[ˈeərəplein]

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#### \* afford

[b:cle]

### v. 有足够的(钱、时间)做(某事)

We can't afford a holiday this summer.

If you want to pass that examination, you can't afford time for the cinema.

His parents couldn't afford to send him to school.

#### \* afraid

adj. 害怕

[əfreid] &

be a fraid of sth. 害怕某物

He is afraid of a dog.

be a fraid of doing sth. 害怕做某事

I am afraid of hurting you.

be a fraid to do sth. 害怕去干什么

The girl is afraid to go out alone at night.

I'm afraid = I'm sorry to say (口语

意为"我想……""恐怕……")

I'm afraid I can't remember.

I'm afraid I can't go with you now.

**prep.** 在……之后,照……的样子,模仿

He will be here after 3,00.

Please do it after the model.

After you! (用于礼让对方先走)

comj.

I'll arise after he leaves.

[ˈaːftə]

after a while 过一会儿

after class 课后

after school 放学后

\* against

prep. 与 ...... 对抗; 对着; 靠着; 对照

[agenst]

He is standing against the wall.

They were running against the wind. Nothing could make me turn against

my country.

Tom did it against his will.

The red flag looks more beautiful against the blue sky.

\* agree [əˈgri:] v. 同意,赞成,意见一致;合得来

They agreed to help me.

I agree with you.

They will never agree.

air

n. 空气;天空

[eə]

Please open the windows and let in some fresh air

The boy was throwing a ball high into the air.

by air 乘飞机

She went to the USA by air.

alike

adj. & adv. 相似的,相同的

[əlaik]

The two sisters are very much alike.

All music is alike to him.

They treat women and men alike in this company.

alive

[viale]

adi. 活着的;充满生机的;继续存在

She was still alive when people found

her in the house.

In the evening the town really comes

Many old traditions are very much alive in this area of Britain.

all[o:l]

pron. 全体;全部 adj. 所有的; adv. 都:完全

All of us can play football.

All that can be done has been done.

We are all here now.

Not all the students like him.

all by oneself 独立,单独

He did it all by himself.

I went there all by myself.

all day 一整天:一天到晚

He kept himself in the room all day.

all kinds of 各种各样的

There are all kinks of books in the library.

all over 遍及

We have friends all over the world.

He is wet all over.

I can't find my glasses. I've looked all over for them.

all right 好;行;不错;没关系;不客

气

Is everything all right?

"Shall we meet at school gate?"

"All right."

"Sorry, I'm late."

"That's all right."

#### all the same 仍然:还是

I understand what you're saying. All the same, I don't agree with you.

I don't need anything, but thanks all the same for offering.

#### all the time 一直

I looked for my key everywhere and they were in the door all the time. He kept silent all the time at the meeting.

#### all the year round 一年

The peasants are busy all the year round.

ailow

v. 允许;准许

[əˈlau]

I'm afraid we don't allow people to bring dogs into this room.

Smoking is not allowed here.

The company allows me four weeks' holiday a year.

\* almost

adv. 几乎;差不多

['must] It's almost five o'clock.

The film has almost finished.

alone adv. 独自;单独地

[əˈləun] He likes alone.

along prep. 沿着:顺着

[ələn] We had a walk along the river every

day.

adv. 一道;一起

We are going to the park. Why don't

you come along with us?

atso [ˈɔːlsəu] adv. 也(一般放在动词之前,助动词

或 be 动词之后,比 too 更正式)

I also went there.

They can also dance.

\* although conj. 虽然;尽管

[oxl'dou] Although she was tired, she stayed

up to watch TV.

atways [ˈɔːlweiz] adv. 总是;一直;经常

**arraze** v. 使……大为惊讶

[#meiz] It amazes me that anyone could be so

stupid.

I was amazed at the news.

\* arrazing adj. 令人惊讶的

[əˈmeizin] I've got an amazing story to tell you.

She has shown amazing courage.

among [əˈmʌɪ] prep. 在……当中(在二者以上)

· angry adj. 生气的;发怒的

[ˈæŋgri]

Calm down, there is no need to get

angry.

His parents will be angry with him if

he gets home late.

He is always getting angry about

something.

\* angel

n. 天使:仁慈的人

['eindzəl']

There are some angels in the pictures.

Be an angel and wash these clothes

for me, will you?

another

adi. 另一个(的)

e'n **o**ða

pron. 又一个(的)

"Have you finished yet?"

"No, I've still got another three

questions to do. "

If you've already seen that film, we

can go and see another.

one after another 依次地,相继地

one another 相互

\* answer

v. & n. 回答

[ˈɑːnsə ]

I asked her what the matter was but

she didn't answer.

The answer to your question is that I

don't know.

\* anybody ['enibodi] pron. 任何人

\* anyone [eniwan] pron. 任何人 = anybody

\* anything ['eniθin]

pron. 任何事(物)

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anywhere [ˈeniweə] adv. 任何地方

any more 再,更

Have you any more water?

\* appear v. 出现;露出;显得

[əpiə] The bus appeared around the corner.

The disease is thought to have ap-

peared in Guangdong.

She appeared to be very happy in her

job.

April ['eiprəl]

n. 四月

arm [am]

n. 胳膊;手臂

\* around

prep. & adv. 在……周围;环绕着

[ə'raund] The leaders are going to show the

foreign visitors around the school.

The children sat down around the ta-

ble.

Is there a bank around here?

\* arrive

v. 到达

[əraiv]

He arrived in Beijing yesterday.

It was already late when he arrived at

the small village.

\* artist ['artist]

n. 艺术家

\* 88

conj. 按照;如何;因为;由于

[az 重读 æz]

prep. 作为

When in Rome, do as the Romans

do.

Leave the books on the desk as they

are.

As you are not ready, we have to wait.

He works as a driver in a factory.

## as long as 长达

He stayed there as long as two hours.

### as/so long as 只要

As long as you get back before dark, you can go where you like.

You shall never enter the house as long as he lives in it.

#### as soon as —······就

Please phone us as soon as you get there.

## as soon as possible 尽快;尽可能地

I'd like your reply as soon as possible.

I'll tell him the news as soon as possible.

#### as usual 像平常一样

As usual, he went to school early yesterday.

as well 也:又:同样的

Can I come as well?

Can he speak English as well?

as... as 与……一样

He is as busy as yesterday.

\* ask

v. 回

[ask]

The teacher asked him if he had read the book.

Tom asked his father to help him with the math problem.

ask for 请求;询问

He came here and asked for some bread.

They asked \$2000 for their car.

asleep

adj. 睡着的(表语性形容词)

[əsli:p]

He is fast asleep now.

assistant [əˈsistənt] n. 助手;助理

at [at 重读 æt]

prep. ①在(表示时刻、地址);朝着,对着(表示动作的目的或目标)

②以(表示速度、价格):因为,由于

(后接看、听到的内容)

He gets up at 6:00 every day.

He lives at 195 Green Steet.

He is looking at the picture.

The train is running at 180 kilometers an hour.

He was happy at the news.

\* attack

v. & n. 攻击,袭击

[əˈtæk]

They attacked the enemy at night. Prime Minister's plan was attacked.

There is a strong attack against the

Government's policy.

audience

[ˈsafeibːcˈ]

n. 听众

The audience was/were enjoying every minute of the show.

August ['o:gast]

aunt [a:nt]

n. 八月

n. 姨母;姑母;舅母;伯母;婶母

Australian Streilian

*adj.* 澳大利亚的; n. 澳大利亚人

autumn [ˈɔːtəm] n.

n. 秋天;秋季

\* awake [əweik]

adj. 清醒的

be awake 醒着的

He is wide awake at 5 o'clock in the morning.

away [əˈwei]

adv. 离开,(常与fly,go,ride,run,

send, swim, walk 等连用)

He ran away. He is away.

В

**baby**['beibi]

n. 婴儿

\* back

adv. 回(原处);向后

[bæk]

n. 背部,后面

I'll be back at about 5 o'clock.

May I have my book back?

He lay on his back, looking into the

sky.

At the back of the house, there is a

well.

bad adj. 坏的

[bæd] The food has gone bad.

It's bad for your eyes reading in the

sun.

badly ['bædli] adv. 严重地,恶劣地

ball [bo:l] n. 球

bamboo [bæm'bu:] n. 竹子

banana [bename] n. 香蕉 band [bænd] n. 乐队

bang [been] n. 重击,巨响;v. 发出巨响,重击

I heard a door bang in the house. She banged into a table in the dark.

bank [bænk] n. 银行;(海、河、湖的)岸

barn [barn] n. 粮仓,谷仓

\* base v. 基于;以······作根据

[beis] His novel is based on his own experi-

ence.

She based her hopes on the news she

got yesterday.

baseball ['beisboil] n. 棒球

basket [ˈbaːskit] n. 篮子

basketbail z. 篮球

[ˈbɑːskitbəːl]

beach [bintf] n. 海(河、湖)滩

bear(bore, born) n. 熊

[beə]

v. 出生

He was born in Shanghai.

\* beat(beat, beaten) v. 打败;敲击

[bi:t]

We beat them at the table tennis.

The boy was beaten until he was

black and blue.

\* beautiful ['bjurtəful] adj. 美丽的,漂亮的

beautifully

adv. 美丽地

[ˈbjuːtəfuli]

\* because

conj. 因为

[biˈkəz]

He didn't come to school because he

was ill.

I think it's because he is eating too

much.

become (became, become)

[biknm]

ν. 变成;成为

He has become a doctor.

It is becoming much more expensive

to travel abroad.

beef [bi:f]

n. 牛肉

beer [biə]

n. 啤酒

before

prep., adv. & conj. 在……之前;以

[bifo:]

前

He will be back before 5 o'clock. The difficult work is before us.

Turn the lights off before you leave.

We haven't met each other before.

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