

A VOCABULARY HANDBOOK

“磨耳朵”

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练听力
背单词
熟悉句型

高考

英语词汇全方位背记

随身书

保持百分数%



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前 言

●为什么要编写这本书？

词汇是语言的基础，没有词语就没有句子，文章也就无从谈起。学习英语，背词汇又是老大难问题，这已经是老生常谈。问起学生：你如何背单词？大多数学生回答：还有什么办法，生背！

一日，一学生跑到我的办公室对我说：背单词太难了，你把单词录下来，我们听着背吧。我们几个教师听了很受启发，为什么不出版一本书，让学生背单词更轻松一些呢？

其实，背单词也是有方法的。研究机构做过测试表明，多感官配合的记忆效果相对于单一感官记忆效果要好得多，通俗一点儿讲，一边听一边看书，背单词的效果会更好。因此在这本书中我们把单词录到磁带中，让大家边听、边看、边背诵。

●这本书的最大特点。

利用零散的时间背单词、学英语是这本书的最大特点。

把单词录在磁带里，利用上学路上、在家收拾东西、起床睡前洗漱等零散时间都可以听听磁带。这就是学习语言过程中所说的“磨耳朵”。日久天长，听习惯了，听熟练了，单词就自然印在了脑子里。

在书中，我们还列出了有关单词的常见句子、短语和固定搭配，学生可利用零散的时间看一看。在看的过程中并不强行要求记住，每天看一点儿，日积月累，也就记住了。

●如何使用这本书？

学生可灵活地使用这本书。可以准备好纸笔，边听磁带，边写单词。如果不愿意这样“正规”地学习，你可以一边放磁带，一边干别的不重要的事情。再有，你可以利用坐在公交车上的时间看看这本书，熟悉句子和短语。总之，利用闲散时间，多听听，多看看，最大限度地使用书和磁带，长久下去，对你的英语学习大有益处。

在编写的过程中，还有几位老师参加了编写工作，他们是：冯巍、蒋秀敏、刘敬霞、李远、徐红、苑海英、尹秋林。我们在编写过程中难免会有疏漏之处，请读者指正。

最后，作为老师，我希望学生都有好的身体、好的心态、好的为人、好的成绩。

编者

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A

*** ability**

[əbɪləti]

n. 能力;才能

He has the ability to do this work.

*** above**

[əbʌv]

prep. 在……上面

The moon rose above the tree.

adj. 上面的

for the above reasons 根据上述理由

adv. 在……之上

The man in the flat above is an actor.

the above 上面的事

The above are the most important facts.

abroad

[ə'brɔ:d]

adv. 到(在)国外

He will go abroad next month.

absence

[ˈæbsəns]

n. [U]&[C]不在,缺席

absence(*n.*)→absent(*adj.*)

His absence from class made Miss Green very angry.

absent

[ˈæbsənt]

adj. 缺席的,不在的

He was absent from work because of illness.

absolutely

[ˈæbsəlu:tli]

adv. 绝对地,完全地

absolutely(*adv.*)→absolute(*adj.*)

What you're saying is absolutely wrong.

accent [ˈæksent]	He made absolutely no effort. n. 口音, 音调 He spoke in a strong Scottish accent.
* accept [ək'sept]	v. 接受 We accepted their invitation. I can accept an excuse like that.
accident [ˈæksɪdənt]	n. 事故, 意外的事 Jim was killed in a traffic accident. My meeting her at the station was a pure accident. If you, by accident, knock someone, you should say "I'm Sorry".
according to [ə'kɔ:diŋ]	adv. 按照, 根据 I bought all the things according to the shopping list.
account [ə'kaunt]	n. 账目; 描述 My mother keeps household account. He gave me a full account of his plan.
ache [eɪk]	n. 痛, 疼痛 He had an ache in his left arm. (headache, toothache, backache) v. 痛, 疼痛 My head aches.
* achieve [ə'tʃi:v]	v. 达到, 取得 achieve(v.) → achievement(n.) He has achieved his purpose.

achievement

[ə'tʃi:vmənt]

No one can achieve anything without effort.

n. [U][C] 成就; 成绩

She felt the book was her greatest achievement.

Climbing the mountain gave him a sense of achievement.

across

[ə'krɒs]

prep. 横过; 穿过

The bridge across the river has been completed.

The old man went across the street.

The post is just across the river.

*** act**

[ækt]

n. 法令, 条例

act(v.) → action(n.)

pass an act 通过一个法案

v. (戏) 表演; 扮演(角色); 演出(戏); 行动; 做事

He always wants to act the part of Hamlet.

I've never acted before.

act as 担任……职务

The man we met on the plane to Tokyo was kind enough to act as our guide.

There is no time to lose, and we must act at once.

act out 把……表演出来; 把……付诸

行动

He acted out his meaning.

action

[ˈækjən]

n. 行动

Actions speak louder than words.

The machine is now in action.

active

[ˈæktɪv]

adj. 积极的, 主动的

Though he is over seventy he is still active in everything.

We should take an active part in sports.

activity

[ækˈtɪvəti]

n. 活动

I have a lot of activities in school.

actual

[ækˈtʃuəl]

adj. 实际的; 现实的

actual(*adj.*) → actually(*adv.*)

Can you give me the actual figures?

It's an actual fact that I haven't invented or imagined it.

actually

[ækˈtʃuəli]

adv. 实际上; 事实上

The moon looks bright, but actually it doesn't give light.

adapt

[ədæpt]

v. 使适应, 改编

The car was adapted for use as a taxi.

adapt to 使适应(新环境等)

He could not adapt his way of life to the company.

He is quick to adapt (himself) to the life in the country.

* **add**

[æd]

v. 添加, 增加

If you add three to five, you get eight.
Will you add some milk to your coffee?

"And I hope you will come early." he added.

addition

[ə'dɪʃən]

n. 增加; (算数用语) 加

Our child is still not good at addition.
There was a heavy rain, in addition, there was a strong wind.

* **admire**

[əd'maɪə]

v. 钦佩; 羡慕; 欣赏

I admire him for his bravery.
Remember to admire the baby.

admission

[əd'mɪʃən]

n. [U] 准入, 接纳

Must we pay for admission?
Admission to this school is for boys only.

Admission free. (告示) 免费入场

* **admit**

[əd'mɪt]

v. 承认; 准许(入场, 入学, 入会)

200 children are admitted to our school every year.

I admit that you are right.

* **advance**

[əd'vɑːns]

v. 推进, 促进; 前进

Our troops have advanced two miles.
This is an advanced country.
He studied advanced mathematics at school.

advantage

[əd'vɑ:ntidʒ]

n. 优点;好处

Computer has a lot of advantages.

take advantage of 对……加以利用

They took advantage of his ignorance.

adventure

[əd'ventʃə]

n. 冒险;奇遇adventure(**n.**)→adventurous(**adj.**)

The explorer told the boys about his adventure in the Arctic.

They had a lot of adventures in the desert.

adventurous

[əd'ventʃərəs]

adj. 喜欢冒险的;充满危险的

For a more adventurous holiday we will try mountain climbing.

advertise

[əd'vetəiz]

v. 为……做广告

I advertised my car for sale.

advice

[əd'vaɪs]

n. 忠告;劝告;建议

My teacher always gives us some valuable advice.

I need your advice.

*** advise**

[əd'vaɪz]

v. 忠告;劝告;建议

The doctor advised a complete rest.

What do you advise me to do?

affair

[ə'feə]

n. 事,事情

When he asked me how much I earned, I told him to mind his own affairs.

The prime minister is kept busy with

* **affect**

[ə'fekt]

the state affairs.

v. 影响

Air pollution affects people's health.

This song affected everyone here.

* **afford**

[ə'fɔ:d]

v. 负担得起(费用); 抽得出(时间); 提供

We can not afford (to buy) a new car.

Are you able to afford the time for a holiday?

The trees afford a pleasant shade.

afraid

[ə'freid]

adj. 害怕的; 担心

There is nothing to be afraid of.

He is afraid of snakes.

Don't be afraid to ask for my help.

I'm afraid we'll be late.

afterwards

[ˈɑ:təwədz]

adv. 后来

I'm busy now, I'll go there afterwards

against

[ə'geɪnst]

prep. 对着, 反对

Class One played against Class Two at basketball.

Tom took the job against his will.

The old man was learning against the wall.

The red flag shows up well against the blue sky.

aggressive

[ə'ɡresiv]

adj. 侵略的;咄咄逼人的

Some people get aggressive after drinking alcohol.

It was an aggressive war.

*** agree**

[ə'ɡri:]

v. 同意;应允agree(**v.**)→agreement(**n.**)

I agree with what you said.

We all agree to start early.

He agreed to the proposal.

We agreed on the terms.

We met at the agreed time.

agreement

[ə'ɡri:mənt]

n. 同意;一致;协议,协定

We are all in agreement in that point.

The meeting ended when we reached an agreement.

agricultural

[æ'ɡrikʌltʃəl]

adj. 农业的agricultural(**adj.**)→agriculture(**n.**)

agricultural products

agriculture

[æ'ɡrikʌltʃə]

n. [U] 农业,农学

He is engaged in agriculture.

ahead

[ə'hed]

adv. 在前;向前

I saw a lake ahead.

He arrived a few minutes ahead of us.

We must think ahead and make a plan.

aid**n.** 援助;救护;辅助器具

[eid]

She needs a hearing aid.

First aid is the science of giving medical care to a person before a doctor can be found.

aim

n. 目的;目标

[eim]

His aim is to be a doctor.

What's your aim in doing that?

He took aim at the target.

v. 计划,打算;瞄准;针对

He aims high.

She aims promotion.

airport

n. 航空站,飞机场

['eəpɔ:t]

There is an airport near my village.

I'll meet him at Beijing Airport.

alarm

n. 警报;(闹钟的)闹铃

[ə'la:m]

When the fire broke out, they sounded the fire alarm.

He set the alarm for six.

alien

n. 外星人;

['eɪljən]

We wonder if they are aliens.

adj. 外国的;相异的

The idea of eating meat was alien to her.

His behavior is alien to our way of living.

alive

adj. 活着的,存在的

[ə'laɪv]

Though the ship sank into the sea,

the people aboard were all alive.

In the evening the town really comes alive.

Many old traditions are still alive in this area of China.

* **allow**

[ə'laʊ]

v. 允许, 准许

He allowed the children to play in his garden.

Smoking is not allowed here.

My contract allows me four weeks' holiday a year.

almost

['ɔ:lməʊst]

adv. 几乎, 差不多

The trees in our garden are almost as tall as our house.

Almost nobody knows his story.

alone

[ə'ləʊn]

adj. 单独的; 孤独的

He lives alone in the house.

You can't live on meat alone.

along

[ə'lɒŋ]

adv. 向前; 和……一起; 一同

We hurried along.

My mother sent me some money along with her letter.

Bring your sister along, too.

prep. 沿着; 顺着

There are beautiful flowers along the river.

although

conj. 虽然, 尽管

[ɔ:lðəu]

Although it was blowing hard, it was not cold.

always

adv. 总是; 一直; 永远

[ˈɔ:lweɪz]

The earth always moves around the sun.

* **amaze**

v. 惊奇, 惊叹, 震惊

[əˈmeɪz]

amaze(*v.*) → amazement(*n.*)

What he did amazed me.

I was amazed at the news.

among

prep. 在……中间; 在(三个以上)之间

[əˈmʌŋ]

The children hid themselves among the trees.

That singer is popular among the students.

amuse

v. (使人)快乐; 逗乐

[əˈmju:z]

amuse(*v.*) → amusement(*n.*)

They were amused by the boy's trick.

I was amused to see the dog perform its trick.

amusement

n. [U] 娱乐

[əˈmju:zmənt]

To our amusement, the teacher told us a funny story.

There are a lot of amusement parks in Beijing.

ancient

adj. 古代的; 古老的

[eɪnʃənt]

In ancient China, people knew how

to make paper.

anger

[ˈæŋɡə]

n. [U] 怒, 愤怒

anger(*n.*) → angry(*adj.*)

"You shouldn't do it again," he said to her in anger.

He was filled with anger at what he saw.

angry

[ˈæŋɡri]

adj. 生气的, 愤怒的

I was very angry when I heard the news.

Don't be angry with him. He is a child after all.

He was angry that she got back late.

*** announce**

[əˈnaʊns]

v. 宣布, 宣告

announce(*v.*) → announcement(*n.*)

The news was announced to the public on TV.

The teacher announced to his class that there would be no class the next day.

announcement

[əˈnaʊnsmənt]

n. 通告; 通知

Silence please, I have an important announcement to make.

annoy

[əˈnɔɪ]

v. 使烦恼; 使恼怒

Loud noises annoy people.

She was annoyed with him because he was late.

*** answer**

n. 回答, 答复; 回信; 答案

[ˈɑːnsə]

She gave a quick answer to his letter.

Do you know the answer to this question?

v. 回答 答复; 回信; (作出) 答案

He didn't answer my question.

Didn't you answer her letter?

He answered that he would go.

You should answer for what you have done.

anxious

[ˈæŋkʃəs]

adj. 忧虑的; 焦急的; 渴望的

She was very anxious about her father's health.

They are anxious for knowledge.

anyhow

[ˈenihaʊ]

adv. 不管怎样

Anyhow, let's try again.

anyway

[ˈeniwei]

adv. 不管怎样

Anyway, thank you for asking me.

anywhere

[ˈeniweə]

adv. 任何地方

Did you go anywhere last Sunday?

You can put it anywhere you like.

apartment

[əˈpɑːtmənt]

n. (美) 楼中单元房, 一套房间; 房间

I live in a three-room apartment.

* **apologize**

[əˈpɒlədʒaɪz]

v. 道歉, 谢罪

apologize(v.) → apology(n.)

He apologized to his teacher for being late.

apology [ə'pɒlədʒi]	n. 道歉; 歉意 You should make an apology to your brother for losing his book.
* appear [ə'piə]	v. 出现 appear(v.) → appearance(n.) The bus appeared around the corner. She appears (to be) very happy today.
appearance [ə'piərəns]	n. 出现, 露面; 容貌 His sudden appearance took us by surprise. Never judge a person from his appearance.
application [æplɪ'keɪʃən]	n. 申请; 应用 application(n.) → apply(v.) My application for the job has been accepted. Psychology has a new application in the field of medicine.
apply [ə'plai]	v. 申请 My son is applying for the place at a university. She is going to apply for the job.
appointment [ə'pɔɪntmənt]	n. 约会 I'd like to make an appointment to see the headmaster.
* appreciate	v. 欣赏; 感激