

四级英语词汇 集中记忆

*A Fantastic Tale
Cocky and Huddy's Story*

记忆英语词汇的新概念
——韵语记忆法

单词和词组
二合一的全新之作



Unique Composition of Band 4
English Vocabulary



化学工业出版社
教材出版中心

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A Unique Composition of Band 4 English Vocabulary

广西大学外国语学院 张广来



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FOREWORD

Learning a language is never an easy task, even if you've spoken the language all your life.

The English playwright, George Bernard Shaw, popularized this problem in his famous work, "Pygmalion". In the story, Eliza Doolittle, a young woman who spoke a low, unsophisticated English dialect, was trained to speak and behave like a refined, educated lady of the aristocracy. This, as you might imagine, was not an easy task. Day after day, she was forced to study, repeat, and learn a seemingly endless list of new words.

When the play was adapted as a major musical comedy on the stage and in the movies ("*My Fair Lady*"), the frustrated heroine sang the following: "Words, words, words! I'm so sick of words. First from him, now from you—is that all you blighters can do?!"

I can almost hear Chinese students who are studying for the Band 4 exam joining Eliza in this song of irritation and aggravation.

Perhaps she would have sung different—far happier—song if she had had access to Zhang's latest book. In that case, she would have been learning new words (always a difficult task) in the context of an interesting story (which is not usually the case).

Improving on the learning-by-story-telling technique that he introduced in his first book (*An Alien Report*), Zhang leads the reader through another interesting, fanciful tale (*A Fantastic Tale*) while, at the same time, introducing all of the words required for the Band 4 examination. In addition, this book contains a second tale of adventure and humor (*Cocky and Huddy's Story*) that introduces the English phrases associated with Band 4 exam.

This creative, imaginative, and entertaining technique does not eliminate the need for hard work and dedication by the student, but it does reward the diligent learner with a more practical grasp of the vocabulary, as well as the joy of simply reading a good book. This is a good deal.

The anxious reader of this book should take heart. In the end, after all of her study and practice, Liza Doolittle succeeded in becoming a near-perfect English speaker..., and moving in with the hero, to boot. May you, the reader of this book, be equally successful in reaching your dream—passing the Band 4 exam.

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July 7, 2005

前 言

本书和它的姊妹篇《六级英语词汇集中记忆》，都是为非英语专业的文理科大学生提高记忆英语词汇的效率而编写的。本书由写成韵语的两个故事组成：2689 个四级单词编成一个科幻故事，700 多个四级词组编成另一个幽默故事。四级单词和词组均用黑体字印刷，以便学习时易于辨认。它不收录六级词汇，但因行文需要，也使用了少量的超四级词汇。为便于记忆，部分四级单词多次出现，并给出释义，故给出的释义多达 7000 多条，基于同样的理由，词组部分的释义达 800 多条。书的后面附有四级词汇表，是依据《大学英语教学大纲》词表修订工作组于 1999 年和 2005 年修订后的词汇表列出的，可供学习者查阅。

本书原来依据的是 1999 年大纲中的词汇表，2005 年新的词汇表颁布之后，又加入了新增加的词汇。本书让一部分四级词汇在故事中多次出现，这样既可以解决一词多义的问题，又可以解决记忆问题。多次出现的词汇，如上下文相隔较远的，同样给出释义，以方便使用。

在第一个故事中，由于行文的需要，使用了部分词组，同样地，在第二个故事中也使用了少量的四级单词，这些都**用黑体字印出并且给出释义**，以便学习者注意和记忆。

本书采取词汇高度集中的方法写成，它具有

如下优点。

1. 四级要求掌握的英语单词和词组全部收入，学习者可以在半年内接触和记住全部四级词汇，而不必像通常学习大学英语课本那样，词汇的增加只能按课文的进度缓慢而被动地进行。

2. 篇幅较短，学习者很容易把它“过一遍”。

3. 多次重复出现的单词不用特别下功夫背即可记住。

4. 它以韵语的形式写成，基本上是押韵上口，可以增强记忆效果。

5. 单词和词组出现在有趣的故事中，可以大大减轻记词汇时的枯燥无味，使得学习和复习可以轻松愉快地连续进行。

6. 它把单词和词组都放在一定的语境中来学习和记忆，句子简单，除了一看就懂之外，还可以防止词汇的误解和误用。

因此，它是治疗“词汇缺乏症”的有效良药，也是其他英语学习者要过词汇关的良方。

在校的大学生可以充分利用早读的时间来学习和复习本书。从头到尾学习一遍之后，每天早读只要约用 10 分钟的时间来边读边写边记词汇就可以了。在全部熟记了四级词汇后，你会发现四级应试训练题做起来容易多了，通过四级考试也不难，阅读一般的英语读物，也不会有多少生词“拦路”。在完全扫清了四级词汇的障碍之后，你不仅会发现自己完全可以适应双语教学，而且如哈利·波特之类的英语通俗小说读起来也很有趣。

永久地记住全部四级词汇，这是本书可以帮助学生达到的目的，但一定要多次复习才能做到。所以本书的使用也应重复，最好的办法是每隔一

段时间看一次，已经记住的词汇，看过就算了，但出现次数少的，看起来眼生的，则应特别注意，或作记号，或边读边写，或默颂记忆，一定要牢牢记住才放手。

其他的英语学习者不妨把它当作小说来看，这样，既可消遣又可增加英语词汇量。

依据教育部颁布的高中英语课程标准，今后高中毕业生的英语词汇量的较高要求为 4300 个，已经接近大学英语的一般要求，所以，本书也可以供那些想勇攀词汇量较高标准的高中学生使用。

本书在构思和写作过程中，曾受益于梁华祥教授的词汇意念分类法，特在此向梁老师表示感谢。本书的文字由曾在广西大学外国语学院任教的美籍巴恩斯博士 (Donald G. Barnes, PhD) 审阅。巴恩斯博士曾在美国的大学 (St. Andrews Presbyterian College) 任教多年，后又在华盛顿特区的美国环保局 (US Environmental Protection Agency) 任主任兼顾问，学问渊博，治学严谨，曾对本书一些词汇的用法提出了宝贵的修改意见，并为本书作序。在此，谨对巴恩斯博士的指导和帮助表示衷心的感谢。在广西大学外国语学院教授大学英语的美籍博士拉夫 (Dr. Larry Love) 在本书的初稿完成后，通读了全稿，并对某些词的用法提出了修改意见，在此也向拉夫博士表示感谢和敬意。在本书的写作过程中，张轶湘和张轶娜为本书做了打字和生词注释工作，在此也一并表示感谢。

本书和它的姊妹篇《六级英语词汇集中记忆》在构思和写作过程中，曾得到作者所在单位广西大学外国语学院的诸多领导和教师如宋亚菲、黄

清新、邹建萍和农其海等的支持和帮助，没有他们的支持和帮助，本书的完稿和出版是不可能的。另外，他们对本书在试用过程中的宣传和推广，也使作者十分感谢。此外系里的工作人员如覃伯和陆丹丹等，也给予作者不少帮助，值此出版之际，也一起向他们表示感谢。

用这种方法来记忆英语词汇，在国内和世界上都属首创，因作者水平有限，书中难免有不妥之处，敬请读者批评指正。

作 者

2005年8月

目 录

| | |
|---|----|
| 故事简介 | 1 |
| A Fantastic Tale (海外奇谈) | 4 |
| Part One A Baby from Outer Space (太空婴儿) | 4 |
| Section One David and His Wife, Alice (大卫和他的妻子艾丽丝) | 4 |
| Section Two Alice's Romantic Ideas (艾丽丝的浪漫想法) | 6 |
| Section Three An Architect Working in Space (太空建筑师) | 8 |
| Section Four A Negro's Fantastic Experience (一个黑人的奇遇) | 10 |
| Section Five The Worry about the Energy Crisis (关于能源危机的忧虑) | 14 |
| Section Six The Landing of a Flying Saucer (飞碟降临) | 16 |
| Section Seven They are Virtually Sirian People (竟然是天狼星人) | 20 |
| Section Eight The Chief Saucer Man's Request (首领的请求) | 24 |
| Section Nine Generous Rewards (丰厚的酬劳) | 26 |
| Section Ten The Magical Robot (不可思议的机器人) | 28 |
| Part Two The Close Contact (密切接触) | 32 |

| | | |
|---------------|--|----|
| Section One | The Delivery of the Baby (送子) | 32 |
| Section Two | The Separation between Beloved Ones (亲子分离) | 34 |
| Section Three | The Baby Seems Particular about His Food (挑剔食物) | 36 |
| Section Four | The Baby's First Sample of Milk (初尝牛奶) | 40 |
| Section Five | Popularity of the Milk (牛奶大受欢迎) | 42 |
| Section Six | Things Seldom Seen are Strange (少见多怪) | 44 |
| Section Seven | Everything Is Worth a Try (什么都要试试) | 48 |
| Section Eight | The Attraction of Music (音乐的吸引力) | 50 |
| Section Nine | They Can't Eat to Their Heart's Content (吃完了还想要吃) | 52 |
| Part Three | They Are on Friendly Terms (友好相处) | 56 |
| Section One | The Chief's Resume and His Views (首领的简历和他的观点) | 56 |
| Section Two | They Have to Have the Baby Adopted (寄养的苦衷) | 60 |
| Section Three | An Unexpected Power Failure (意外停电) | 60 |
| Section Four | The Accommodation in David's Home (在大卫家的食宿) | 64 |
| Section Five | They Keep Vigilance at All Times (始终警惕) | 66 |
| Section Six | A False Alarm (假警报) | 68 |
| Section Seven | The Wonderful Robot (奇妙的机器人) | 70 |
| Section Eight | A Fruitful Writer (多产作家) | 74 |

| | | |
|----------------|--|-----|
| Section Nine | The Robot's Argument (机器人的争辩) | 78 |
| Section Ten | About Religion and Education (关于宗教和教育) | 80 |
| Section Eleven | About Politics and the Child's Treatment (关于政治和孩子的待遇) | 84 |
| Part Four | A High Price for an Advanced Civilization (先进文明的代价) | 88 |
| Section One | Space Travel Is Not So Romantic (太空旅行并不浪漫) | 88 |
| Section Two | They Often Meet with a Refusal (经常碰壁) | 92 |
| Section Three | A Terrible Nuclear War (可怕的核战争) | 94 |
| Section Four | Patrick's Desire for Cooperation (渴望合作) | 96 |
| Section Five | The Consequence of a Large Population (大量人口的后果) | 98 |
| Section Six | The Historical Cause (历史原因) | 102 |
| Section Seven | Cloning Technology Makes Things Worse (克隆技术使事情更糟) | 106 |
| Section Eight | The Serious Pollution Problem (严重的污染问题) | 108 |
| Section Nine | How to Feed Such a Large Population? (大量人口的食物问题) | 112 |
| Section Ten | A Global Famine (全球性的饥荒) | 114 |
| Section Eleven | The Famine and the War (饥荒和战争) | 118 |
| Part Five | They Can't Get a Visa (拿不到签证) | 120 |
| Section One | In the Immigration Office (在移民局) | 120 |

| | | |
|----------------|--------------------------------|---------|
| Section Two | A Miserable Childhood | |
| | (悲惨的童年) | 122 |
| Section Three | Forced to Immigrate Abroad | |
| | (被迫移民国外) | 124 |
| Section Four | On the Eve of Their Departure | |
| | (出发的前夕) | 130 |
| Part Six | Bobby Grows Up Healthy | |
| | (博比健康成长) | 134 |
| Section One | A Shrewd Accountant | |
| | (精明的会计师) | 134 |
| Section Two | A Responsible Nurse and Helper | |
| | (尽责的保姆和帮手) | 136 |
| Section Three | A Talented Boy (神童) | 138 |
| Section Four | Bobby Receives Education | |
| | (博比上学) | 144 |
| Section Five | Wandering Around the Zoo | |
| | (公园戏猴) | 146 |
| Section Six | An Unusual Hobby | |
| | (与众不同的爱好) | 150 |
| Section Seven | Is the Restriction Effective? | |
| | (约束有效吗?) | 152 |
| Section Eight | An Accident (一场事故) | 156 |
| Section Nine | Further Cooperation (进一步合作) | 160 |
| Part Seven | Classroom Violence (课堂暴力) | 166 |
| Section One | Bobby Is Bullied at School | |
| | (受尽欺凌) | 166 |
| Section Two | Tony's Undesirable Behavior | |
| | (托尼的不良表现) | 170 |
| Section Three | Tony's Gang of Bullies | |
| | (欺凌弱小的托尼帮) | 176 |

| | | |
|------------------|---|-----|
| Section Four | The Direct Cause of Violence (暴力的直接原因) | 180 |
| Section Five | What a Free Fight! (好一场混战) | 182 |
| Section Six | The Authorities' Reaction (当局的反应) | 186 |
| Section Seven | Bobby's Escape (博比逃跑) | 192 |
| Section Eight | The Robot Is Not Programmed to Fight (机器人没安打架程序) | 196 |
| Section Nine | Another Fight in the Garden (在花园里又打一架) | 200 |
| Section Ten | A Little "Magic Power" (一点小“魔力”) | 204 |
| Section Eleven | The Robot Has to Change its Program (机器人得改程序) | 208 |
| Section Twelve | David's Worry about the Consequences (大卫担忧后果) | 212 |
| Section Thirteen | Bobby's Fantasy (博比的幻想) | 214 |
| Part Eight | The Upgrade of the Conflict (冲突升级) | 218 |
| Section One | Bobby's Encounter with Tony's Gang (博比遭遇托尼帮) | 218 |
| Section Two | A Small Pet Mouse (小小宠物鼠) | 222 |
| Section Three | The Media's Reaction (媒体的反应) | 226 |
| Section Four | A Behind-the-Scene Deal (幕后交易) | 230 |
| Section Five | Lucy's Transfer into the School (露茜转学) | 234 |
| Section Six | Bobby's Guardian (博比的保护人) | 234 |
| Section Seven | The Robots Teach the Bullies a Lesson (一顿教训) | 238 |
| Section Eight | The Disappointment in Love (失恋) | 242 |

| | | |
|---------------|--|-----|
| Section Nine | Another Free Fight (又一次大打出手) | 244 |
| Part Nine | Bobby's Dismissal from the School (博比被开除) | 252 |
| Section One | A Little Scheme (小花招) | 252 |
| Section Two | The Interference from the Congressman (国会议员的干预) | 256 |
| Section Three | Bobby's Disappearance (博比失踪) | 258 |
| Section Four | The Two Detectives (两个侦探) | 264 |
| Section Five | Lying Patiently in Wait (耐心守候) | 268 |
| Section Six | Scoring a Lucky Hit (歪打正着) | 270 |
| Section Seven | One Event Succeeds Another (一波未平, 一波又起) | 276 |
| Section Eight | The Principal's Nightmare (校长的噩梦) | 282 |
| Part Ten | The Massive Search (大搜索) | 288 |
| Section One | The Pressure of the Public Opinion (舆论的压力) | 288 |
| Section Two | The Principal's Anxiety (校长的焦虑) | 290 |
| Section Three | The Ally with a Journalist (和一个记者结盟) | 294 |
| Section Four | The Bloody Trail (血迹追踪) | 298 |
| Section Five | In the Second Hand Market (二手市场) | 300 |
| Section Six | The Natural Enemies (天敌) | 306 |
| Section Seven | An Episode (小插曲) | 308 |
| Section Eight | The Search Is in Vain (找不到人) | 312 |

| | | |
|-------------------------------|--|-----|
| Part Eleven | A Peaceful Settlement (和平解决) | 320 |
| Section One | David's Attitude (大卫的态度) | 320 |
| Section Two | The Rescue of Bobby (博比获救) | 324 |
| Section Three | The Two Corps Are Facing Out (两军对峙) | 328 |
| Section Four | The Negotiation (谈判) | 334 |
| Section Five | The Robot's Indifference (机器人的冷漠) | 338 |
| Section Six | The Compromise and Coexistence (妥协和共存) | 340 |
| Section Seven | The Building of Grand Solar Cities (建设大太阳城) | 344 |
| Cocky and Huddy's Story (二进宫) | | 354 |
| Part One | A Hardened Burglar, Cocky (惯偷科基) | 354 |
| Part Two | Cocky's Account of his Prison Life (科基讲述铁窗风味) | 360 |
| Part Three | Cocky Wants to Escape (科基想要逃跑) | 368 |
| Part Four | John's Jewels Are Stolen (约翰珠宝被窃) | 380 |
| Part Five | Cocky Is the Suspect (科基是嫌犯) | 384 |
| Part Six | At the End of the Resources (山穷水尽) | 388 |
| Part Seven | Hand in Glove with Each Other (互相勾结) | 394 |
| Part Eight | New Strategy (新的战略) | 398 |
| Part Nine | The Burglars' Encounter with the Policemen (遭遇警察) | 402 |
| Part Ten | The Lousy End (可耻的下场) | 410 |
| 四级词汇表 | | 416 |
| 后记 | | 483 |
| 参考文献 | | 487 |

故事简介

本书由分别包含单词和词组的两个故事构成。包含单词的故事叫“A Fantastic Tale”，可译为“海外奇谈”；包含词组的故事叫“Cocky and Huddy's Story”，可译为“二进宫”。现将这两个故事的内容分述如下。

《海外奇谈》说的是地球人大卫收养的外星婴儿博比在地球上成长和在某学校念书的经历。

大卫是在某空间太阳能发电站工作的一名建筑师，在地球上的石油资源已经枯竭，普遍发生能源危机的时候，突然遇到来访的天狼星飞碟群。其首领派特里克的女子在途中产下一对男婴，因在不被地球人普遍接受的情况下无法抚养，所以求大卫将其中之一收养。大卫是基督徒，素来助人为乐，同意将其收为养子，并取名博比。派特里克在大卫家作客时，告诉大卫说，他们这些来自天狼星的人其实是宇宙难民，由于他们的星球人口过多，污染严重，遭遇能源危机时爆发核大战，生存环境全被破坏，只好驾驶飞碟逃到地球避难。他们希望地球人能够接纳他们，而他们也愿意与地球人合作，共同开发太阳系内土星的能源以解决地球上的能源危机问题。临走之前，派特里克和机器人维奥莱特将大卫的汽车用星际航行时用的能量盒将其改装，使之成为以原子能为动力的交通工具。

博比在大卫家中，在机器人保姆维奥莱特照顾和教育下，茁壮成长。博比十分聪明，未正式上学前已经学了不少东西，后来进入当地小学读书，因为功课太容易，于是连连跳级。最后当跳级到某中学时，他发现班上的同学个个都比他大三四岁，而且比他高大许多。

由于博比成绩拔尖，成为同学嫉妒的对象；又由于