



中华题王

ZHONGHUA TIWANG

八年级

英语上
人教新目标版



新蕾出版社



图中国本图馆(CIP)数据

新课标

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八年级英语 **上**
配人教新目标版

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图书在版编目(CIP)数据

中华题王·八年级英语·上册:人教新目标版/吕高生,任得宝,甘信宝主编.——
天津:新蕾出版社,2005
ISBN 7-5307-3637-X

I. 中... II. ①吕...②任...③甘... III. 英语课—初中—习题 IV. G634

中国版本图书馆 CIP 数据核字(2005)第 085185 号

中华题王·八年级英语(上册·配人教新目标版)

出版发行 新蕾出版社

E-mail: newbuds@public.tpt.tj.cn

http://www.newbuds.com

地 址 天津市和平区西康路 35 号(300051)

出 版 人 纪秀荣

电 话 总编办:(022)23332422

发行部:(022)27221133,27221150

传 真 (022)23332422

经 销 全国新华书店

印 刷 北京市密东印刷有限公司

开 本 880×1230 1/16

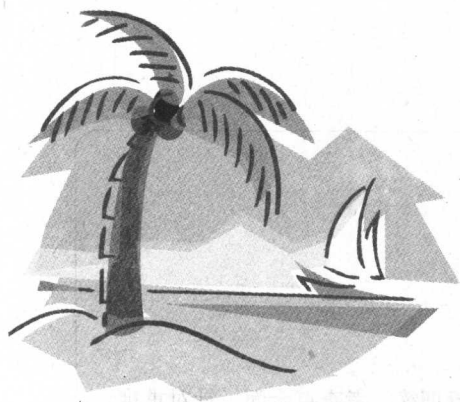
字 数 192 千字

印 张 8.75

版 次 2005 年 8 月第 1 版第 1 次印刷

书 号 ISBN 7-5307-3637-X/G·2080

总 定 价 49.00 元



Preface

天下好题 一网打尽

中学生课业繁多，学习时间紧、压力大，学习效率是决定成绩好坏的关键因素。走出盲动误区，摒弃题海战术，珍惜宝贵时光，向效率要成绩是您走向成功的唯一出路。

由国家著名教育考试研究专家洪鸣远先生精心策划，由国家级课改实验区一线骨干教师们全力编写的《中华题王》终于面世了。它犹如璀璨的启明星，为在题谷中左奔右突的学子指明了前进的方向；它又似法老手中的权杖，拥有了它就可以傲视天下，独占鳌头。

《中华题王》→典型好题+科学训练+最佳方法=优异成绩

本丛书具有以下几个方面的特点：

一、新颖性

严格按照新大纲和《课程标准》的规定和要求设计。题目新颖独特，覆盖面广，大幅度增加了易错题、创新型题目、探究型题目、应用性题目、趣味性题目和开放性题目，让学生在对比中学习，在生活中探索，使学生更加适应新形势下素质教育的新要求。

二、前瞻性

本书突出新课标教学的要求，构建“主动学习、合作探究”的学习模式，营造学生容易接受的学习气氛，将课程内容与学生生活以及现代社会的发展联系起来，重视培养学生思维的过程和方法，培养学生收集和处理信息的能力、获取新知识的能力、分析和解决问题的能力以及交流、合作的能力。

三、实用性

本书采用人性化设计，从中学生心理特点和认知规律出发，题量设计合理，突出重难点，注重知识的多角度运用，题目按照由易到难的顺序梯度分布，适合各层次学生能力的提高。

四、科学性

本书体例设置科学，依据学生认知的差异性、层次性和递进性，充分体现新课标的学习理念，强调“基础性”、“探究性”、“实践性”、“趣味性”的学习模式。内部结构合理，注重知识、技能和方法的融合。



英语学科导读

本书按单元进行编写，主要栏目如下：

基础知识针对突破

夯实基础，对单元的重点词汇的发音、拼写、应用和重点句型进行训练。考查点全面，针对重难点、易错点进行强化训练，利于学生据英语学习的特点轻松过关。

热点题型综合突破

对重点词汇、短语进行辨析，对重点语法及交际用语进行全面考查。注重学生在运用中学习，在解决问题中提高。适应课改革要求，把握中考的命题方向，将一些新颖、独特、综合性强的题目分类设置为：易错型题目、创新型题目、综合型题目、应用型题目。

能力拓展综合训练

对交际用语、阅读理解进行综合性训练，注重结合语境强化语感的训练方法，题型多样灵活，实践性强。对能力点进行更为深入的探讨与研究，培养学生学习的主动性，培养学生综合运用已有知识分析、解决问题的能力。

中考同步演练

通过对近年来全国最新中考真题的练习，加强对每一单元重点内容的认识，把握命题的方向，加强对易错点、易考点的练习。

单元综合评价

模拟中考形式，对本单元知识点、能力点进行系统复习、整合提高。

参考答案与点拨

单独成册，随书赠送，方便学生、教师使用。80%以上题目都给出准确答案，所有难题、开放性题有思路点拨和示例。关注学习思路、学习方法的点拨。

本着对您认真负责的态度，我们及时关注了中考的新动向，竭尽全力把本书编好。只要您珍惜并认真使用本书，他一定会成为您学习过程中的良师益友。真诚希望本书能得到您的喜欢，希望得到您的关心和支持，同时恳请您把您的意见和建议告诉我们，我们会做得更好。

编写委员会

2005年6月于北京





Unit 1	How often do you exercise?	(1)
Unit 2	What is the matter?	(9)
Unit 3	What are you doing for vacation?	(17)
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Unit 1 How often do you exercise?

Section A

学习札记

基础巩固

平台

一、英汉互译

1. 几乎从未 _____
2. 去看电影 _____
3. 在周末 _____
4. 在格林中学 _____
5. 你最喜欢的节目 _____
6. surf the Internet _____
7. as for _____
8. the students' activity survey _____
9. three or four times a year _____
10. once or twice a week _____

二、根据首字母及句意补全单词

11. —How often do you exercise?
—T _____ a week.
12. He sometimes w _____ TV on weekends.
13. My father works on computers, he often surfs the
I _____.
14. I don't always go to the beach. I s _____ do.
15. Little Tom is n _____ late for school. He's a
good pupil.

三、请你将下面的频率副词按 100%—0% 的顺序排列

usually, sometimes, never, always, hardly ever, often

16. _____

四、选词填空

most, all, no, some

17. _____ students = 100%
18. _____ students = 51% - 99%
19. _____ students = 1% - 50%
20. _____ students = 0%

重难点突破

平台

一、单项选择

1. — _____ do you go to school? —Every day.
A. How often B. How soon
C. How long D. How far
2. His grandma _____ every day.
A. exercise B. exercises

- C. exercising D. exercised

3. I read English books _____ twice a week.

- A. of B. about

- C. for D. in

4. I like fruits, _____ I don't like vegetables.

- A. and B. or

- C. so D. but

5. John stayed in Beijing for _____ last year. He
_____ went to the Summer Palace with his
Chinese friends.

- A. sometime, some time

- B. some time, sometimes

- C. sometimes, sometimes

- D. sometimes, some time

二、按要求完成下列句子

6. He can hardly speak French. (改为反义疑问句)

He can hardly speak French, _____?

7. She often eats fruits and vegetables. (就画线部分提问)

_____ does she _____ fruits and
vegetables?

8. He sometimes goes skateboarding with his friends.

(就画线部分提问)

_____ does he sometimes _____ with his
friends?

9. I went to the mountains last weekend. (用 sometimes
代替 last weekend 改写句子)

I sometimes _____ to the mountains.

10. Jean often has milk and bread for breakfast. (将
often 改为 now)

Jean _____ milk and bread for
breakfast now.

能力拓展

平台

一、根据上下文完成对话

A: Hello! I'm a reporter from the radio station. May I
ask you some questions?

B: Sure. 1 is it?

A: Uh-huh, and 2 3 do you read?

B: I read everyday at school.

A: How often do you exercise?

B: I exercise about three 4 a day.

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- A: How often do you 5 ?
 B: Shop? I shop about once a week.
 A: Well. Thanks a lot.
 B: You're welcome.

二、阅读理解

My sister, Mary, usually starts the day with breakfast. She often has a banana and a glass of milk for breakfast, then she usually goes to work on foot. After work, she often goes to the music store. Sometimes she goes to the movies. She likes eating vegetables; she also likes to eat junk food, but she knows it is bad for her health. So she eats it once a week. In the evening, she often watches TV. Her favorite program is game show. She usually goes to bed before 11 o'clock. She thinks she is pretty healthy.

6. Mary usually goes to work _____.
 A. on foot B. by bus
 C. by bike D. by plane
 7. Her favorite TV show is _____.
 A. Animal World B. game show
 C. Around China D. Today Law(法律)
 8. She eats junk food _____ a week.
 A. once B. twice
 C. three times D. two times
 9. She _____ goes to the movies.
 A. never B. always
 C. often D. sometimes
 10. She _____ at 11 o'clock.
 A. goes to bed B. is asleep
 C. doesn't go to bed D. isn't asleep

挑战中考 平台

单项选择

1. —What do you usually do _____ Sundays?
 —We enjoy ourselves at the guitar club.
 (2004,北京海淀区)
 A. in B. at
 C. on D. of
 2. —Does Liu Hua ever guess the meanings of English words?
 —He _____ guesses the meanings of new words. He uses his dictionary all the time.
 (2003,广州)
 A. usually B. always
 C. never D. sometimes
 3. Little Kate went to school _____ it rained heavily yesterday.
 (2003,北京)
 A. but B. if
 C. for D. though
 4. —Tony, pass my glasses to me, please. I can _____ read the words in the newspaper.
 — With pleasure.
 (2004,青岛)
 A. clearly B. rather
 C. hardly D. exactly
 5. Mrs Brown isn't here. She has to _____ her baby at home.
 (2004,安徽)
 A. look at B. look for
 C. look like D. look after

Section B

基础巩固 平台

一、单词拼写

1. j _ _ k A. an B. un C. uc D. nc
 2. re _ _ lt A. xu B. su C. se D. xa
 3. diff _ _ _ nce A. ire B. are C. ere D. ure
 4. exer _ _ se A. si B. ci C. se D. ce
 5. lifest _ _ e A. il B. yl C. li D. ly
 6. alth _ _ gh A. ou B. au C. on D. uo
 7. interv _ _ wer A. ei B. ie C. ea D. ae
 8. h _ b _ t A. a, i B. i, a
 C. e, i D. a, e
 9. s _ rv _ _ A. u, ey B. e, ey
 C. u, ay D. i, ey

10. c _ _ _ se A. our B. aur
 C. uor D. uar

二、用 Section B 中所学的单词或短语填空,使该句语法正确,句意完整,每空限填一词

11. Cola, chips, chocolates are all _____.
 They're _____ your health.
 12. I exercise every day, so I'm _____ healthy.
 13. —What _____ do you play?
 —I usually play basketball and football.
 14. You must try to eat _____ meat and more vegetables.
 15. _____ TV too much is bad for your eyes.

三、按要求写出所给单词的适当形式

16. same (反义词) _____
 17. healthy (反义词) _____
 18. different (名词) _____

19. maybe (同义词) _____
20. usual (副词) _____
21. always (反义词) _____
22. activity (复数) _____
23. exercise (现在分词) _____
24. try (第三人称单数) _____
25. eat (现在分词) _____

重难点突破

平台

一、单项选择

1. Let's talk about the _____ between English and Chinese.
A. difference B. different
C. differences D. differensies
2. What about _____ ping-pong tomorrow?
A. play B. playing
C. to play D. played
3. _____ your brother often _____ to the radio?
A. Do, listen B. Does, listen
C. Is, listen D. Does, listens
4. Keep quiet. I can _____ hear the words he explains.
A. hardly B. really
C. rather D. clearly
5. Yao Ming is famous _____ a basketball star.
A. for B. as
C. of D. with

二、用所给动词的适当形式填空

6. Do you have good _____ (eat) habit?
7. She _____ (say) it's good for my health.
8. The results for "_____ (watch) TV" are interesting. Many people enjoy it.
9. I have a lot of homework _____ (do) this evening.
10. I enjoy _____ (play) football.
11. What _____ (be) the differences between the twin sisters?
12. The earth _____ (move) around the sun.
13. Our teacher asks us _____ (not be) late for school.
14. I'm thinking about _____ (go) to the north on my holiday.
15. It's half past ten. The students in Class One _____ (play) sports on the playground.

三、用适当的介词或副词填空

16. —Can you look after yourself when I am not at home, Betty?
—_____ course, I can.

17. His grandma often cooks delicious food _____ him.
18. How many hours _____ sports do you usually do in a week?
19. My mother is pretty busy, and she often comes home _____ work very late.
20. Joe's brother wants him to get up _____ 6:00 _____ the morning and play tennis _____ him.

四、根据汉语提示完成句子

21. 你每天晚上睡几小时的觉?
_____ do you _____ every day?
22. 汤姆是我班最健康的学生。
Tom is _____ student in my class.
23. 我健康的生活方式帮助我取得好成绩。
My healthy lifestyle _____ me _____.
24. 当然了,我尽量每周只吃一次垃圾食品。
_____, I try to eat junk food _____ a week.
25. 你认为他有健康的生活方式吗?
Do you think he _____ ?

能力拓展

平台

一、将下列句子排成一段对话,在括号内写出排序后的序号

- () 1. Thanks for coming in for the interview.
- () 2. Then how about junk food? How often do you eat it?
- () 3. I sometimes eat vegetables. But I never eat fruit.
- () 4. Bye-bye.
- () 5. That's all right.
- () 6. How often do you eat vegetables and fruit?
- () 7. I love junk food and eat it three or four times a week.
- () 8. Well, thank you very much. Good-bye.

二、短文填空

通读全文,根据短文意思和首字母提示,补全单词,使文章通顺完整。

Most people like to watch TV, especially children. By w 9 TV they can see and learn a lot and know m 10 things about their country and the world. Of course, they can also learn over the radio. But they can learn better and more easily with TV. Why? Because they can h 11 and watch at the

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same time. But they can't see a 12 over the radio.

TV helps to open children's eyes and open their minds, too. They learn newer and better w 13 of doing things. They may find the world is now smaller than before.

Many children watch TV only on weekends. They are a 14 busy with their lessons on weekdays. But a few children watch TV e 15 night. They go to bed very late. They can't have a good rest. It's bad for your health. What about you?

挑战中考

单项选择

1. An apple a day is good _____ your health.
(2003, 江苏)
A. to B. of
C. for D. in
2. You will stay healthy _____ you do morning

exercises, such as running and walking.

(2004, 北京海淀区)

- A. if B. how
C. before D. where

3. In order to keep healthy, you should eat _____ fast food, _____ fresh vegetables and take enough exercises.
(2004, 上海)

- A. fewer, fewer B. less, more
C. fewer, more D. less, less

4. I don't go to the park with my classmates, because my mother asked me to _____ my little sister at home.
(2004, 吉林)

- A. look after B. look at
C. look for D. look like

5. — _____ do you usually have an art lesson?
— Twice a week.
(2004, 陕西)

- A. How soon B. How long
C. How often D. How far

单元★自主评价



一、用所给单词的适当形式填空

1. Try _____ (speak) English more and you will improve it.
2. Some students like _____ (surf) the Internet very much.
3. His brother David _____ (not read) in the evening.
4. Are you _____ (practice) English outside class?
5. I write to my cousin _____ (one) a month.
6. My friend is an _____ (interview), and he often asks me questions.
7. Do you often help your parents _____ (do) housework?
8. My mother _____ (have) a healthy lifestyle. She eats _____ (little) junk food but more vegetables and fruits.
9. Our English teacher wants us _____ (read) books every morning. He says it's a good _____ (habit).
10. A lot of _____ (vegetable) help people to keep in good health.

二、单项选择

11. Mary _____ every day. She _____ to play football.
A. exercise, like B. exercises, like
C. exercises, likes D. exercise, likes
12. Please read the results _____ the students. activity survey _____ Yucai High School.
A. for, at B. for, on
C. of, at D. of, on
13. What can I do _____ my English?
A. to improve B. improve
C. improving D. improved
14. I like _____, but I don't want _____.
A. read, read
B. reading, reading
C. reading, to read
D. to read, reading
15. He's not hungry. He wants _____ to eat.
A. something B. anything
C. nothing D. everything
16. There is _____ on the table.
A. eggs B. bread
C. apples D. eggs and bread
17. Use the information in the boxes below _____

you.

- A. help B. helping
C. to help D. helped
18. Please look after your _____ and keep _____.
A. health, health B. healthy, healthy
C. health, healthy D. healthy, health
19. Some students in our class play sports three _____ four _____ a week.
A. and, times B. but, time
C. and, time D. or, times
20. Is your lifestyle the same as your father's _____ different?
A. and B. but
C. or D. for
21. — _____ are you staying in Beijing?
— About three weeks.
A. How long B. How soon
C. How often D. How far
22. — Will you please play soccer with me?
— _____.
A. Yes, I will B. No, I won't
C. OK, let's go D. Sure, I'd love
23. What's _____ favorite program?
A. Mike B. Mike's
C. Mikes D. Mikes'
24. Are you good at _____ songs?
A. sing B. singing
C. to sing D. sang
25. Thank you for _____.
A. interviewing B. interview
C. interviewed D. interviewer
26. “他从不迟到。”的正确译文是: _____.
A. He's never late.
B. He is not always late.
C. He is always not late.
D. He never is late.
27. It's time _____ our class now.
A. begin B. to begin
C. for beginning D. to beginning
28. “Please don't forget _____ your bag home, children.” said the teacher.
A. to bring B. to take
C. bringing D. taking
29. — Is her lifestyle the same as yours or different?
— _____.
A. Yes, it's the same as mine

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- B. No, it's different
C. It's the same as mine
D. It's different from me

30. Let's start the meeting, _____?

- A. shall we B. Will you
C. shan't you D. won't you

三、同义句改写(每空限填一词)

31. My lifestyle is not the same as yours.

My lifestyle is _____ yours.

32. We should exercise to keep healthy.

We should exercise to _____

33. I'm never late for school.

I'm _____ for school.

34. Although I have one healthy habit, I may not be very healthy.

I have one healthy habit, _____ I may not be very healthy.

35. I think, I'm a little unhealthy.

I think, I'm _____ unhealthy.

36. My grandmother can look after herself well.

My grandmother is able to _____ herself.

37. You must try to eat less junk food.

You _____ try to eat less junk food.

38. Jenny wants to play volleyball with me after school.

Jenny _____ to play volleyball with me when school _____.

39. My English teacher often helps me to learn English.

My English teacher often helps me _____ my English.

40. Maybe he knows me.

He _____ me.

四、从方框内选出适当的单词或短语填空,其中三项为多余项

health, how often, exercise, all, most, never, healthy, once a week

41. —Is he often late for work? —No, _____.

42. —How do you usually keep healthy?

— I _____ every morning.

43. _____ of the students in our class are Chinese except Mary and her brother.

44. I go to visit my grandma _____, about four times a month.

45. Don't eat too much every meal because it's bad for your _____.

五、完形填空

People all over the world enjoy sports. Sports are

_____ 46 _____ for people's health and make people strong. Some people like playing games by themselves, but some enjoy watching others _____ 47 _____. They buy tickets or turn on their TV sets to watch games. They usually have "their teams" or "their players". When "their teams" can't win the game, they are even (甚至) _____ 48 _____ than the players themselves.

Sports change (变化) with the seasons (季节). People play _____ 49 _____ games in different seasons. Most people's favorite sports _____ 50 _____ summer are swimming, and skating is usually a winter sport.

Sometimes people play games inside the room, sometimes they play outside. We can _____ 51 _____ sports here and there. Some sports are very interesting and people _____ 52 _____ like them. Football, for example, is very popular in the world. Men and women, the old and the young _____ 53 _____ like it. People from different countries _____ 54 _____ understand each other, but after a game they often become _____ 55 _____.

- | | |
|---------------------|----------------------|
| 46. A. bad | B. good |
| C. so-so | D. OK |
| 47. A. play | B. playing |
| C. to play | D. played |
| 48. A. busier | B. angry |
| C. worse | D. sadder |
| 49. A. same | B. different |
| C. easy | D. difficult |
| 50. A. to | B. for |
| C. in | D. in the |
| 51. A. look | B. find |
| C. talk | D. watch |
| 52. A. may | B. everywhere |
| C. are | D. nowhere |
| 53. A. are both | B. are all |
| C. all | D. both |
| 54. A. may not | B. can |
| C. may | D. mustn't |
| 55. A. same players | B. better players |
| C. good friends | D. different players |

六、阅读理解

(A)

Can you imagine life without French fries? Potatoes are very popular today. But in the past this was not true. Potatoes grew in South America five thousand years ago. But they only became popular in other places two hundred years ago.

In the 1800s people started to eat potatoes. In Ireland (爱尔兰), potatoes became the main food. Then, in 1845, a disease (疾病) killed all the potatoes in Ireland. Two million people died of



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	Michael
7:20 a. m.	wake up and skip(遗漏) breakfast
7:30 a. m.	hurry to school
12:00 at noon	eat fast lunch, and study in the library
12:30 at noon	watch TV
1:10 p. m.	watch TV
1:20 p. m.	rush to the classroom
5:00 p. m.	do homework in the classroom
5:30 p. m.	go back home
6:30 p. m.	have dinner quickly
7:40 p. m.	do homework
9:00 p. m.	watch TV
10:00 p. m.	watch TV
11:00 p. m.	go to bed

Your advice:

66. _____
 67. _____
 68. _____
 69. _____
 70. _____

八、书面表达

朋友,你渴望健康吗? 你有健康的饮食习惯吗? 如果你的回答是“Yes”,那么请你回忆一下自己的饮食习惯,写一篇关于如何饮食才能得到健康的文章。以 Healthy food, good health 为题,不少于60字。

Unit 2 What is the matter?

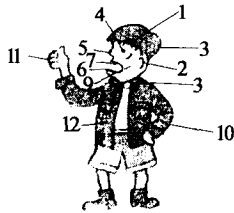
Section A

基础巩固



一、你能用英语说出身体上的各个部位吗? 请根据图画, 至少写出十二个部位名称

1. _____ 2. _____
3. _____ 4. _____
5. _____ 6. _____
7. _____ 8. _____
9. _____ 10. _____
11. _____ 12. _____



二、请写出由 have 构成的

短语

13. 患牙痛 _____ 14. 患头痛 _____
15. 胃痛 _____ 16. 背痛 _____
17. 喉咙痛 _____ 18. 发烧 _____
19. 患感冒 _____ 20. 去散步 _____

三、写出下列单词的相应形式

21. ill (n.) _____
22. shall (pt.) _____
23. have (第三人称单数) _____
24. lie (现在分词) _____
25. start (同义词) _____
26. feel (现在分词) _____
27. well (比较级) _____
28. lots of (同义短语) _____
29. foot (复数) _____
30. tooth (复数) _____

重难点突破



一、单项选择

- () 1. He's thirsty, so he should _____ some water.
A. drink B. drinks
C. drank D. to drink
- () 2. If you have a stomachache, you shouldn't eat _____ 24 hours.
A. anything for B. something for
C. something in D. anything in
- () 3. I hope you feel _____ soon.
A. good B. well
C. better D. best

- () 4. —What's _____, Judy?
—I have a fever.
A. a matter B. the matter
C. the wrong D. trouble
- () 5. If you have a sore throat, you should drink some hot tea _____ some honey.
A. with B. in
C. on D. has

二、按要求完成下列句子

6. the, what's, your, pet dog, little, with, matter (连词成句)

7. What's wrong with you? (改为同义句)

What's _____ with you?

8. He has a bad cold. (改为一般疑问句)

_____ he _____ a bad cold?

9. I have a pain in my throat. (改为同义句)

I have a _____.

10. He's not feeling well. (改为一般现在时)

He _____ well.

三、根据句意完成下列句子

11. 我昨天发烧。

I _____ yesterday.

12. 他 24 小时不应该吃东西。

He _____ eat _____ for 24 hours.

13. 或许你应该看牙医。

_____ you should _____.

14. 你看上去气色不太好, 请躺下休息一下。

You don't look _____. Please _____

_____ and get some rest.

15. 那听起来像一个好主意。

That sounds _____.

四、根据上下文完成对话

A: What's 16 with you, sir?

B: I feel very sick. I can hardly do 17 work.

A: When 18 it 19 ?

B: About three days ago.

A: 20 you 21 a headache?

B: No, I don't.

A: Do you sleep 22 at night?

B: Yes, I sleep very well.

A: Do you often have breakfast?

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B: No, I don't often have breakfast. And I have a little 23 for lunch. Because I want to keep 24.

A: Oh, I see. There's nothing serious(严重的). You need to take three meals a day. And 25 more exercise every day. Then you will get better soon.

能力拓展 平台

Experts(专家) say that students usually need eight to ten hours' sleep at night, but most Chinese students do not get enough sleep. Some Chinese parents are usually glad to see their children studying late. They will think their children work very hard. But not all parents are about this. Once a mother told us that every morning her 10-year-old boy put up one finger with his eyes still closed, begging(乞求) for one more minute to sleep. Like thousands of students "Early Birds" in China, he has to get up before six every morning.

A report(报道) shows that if they don't have a good night's sleep, students seem to be weaker than they should be. Many students have fallen asleep(入睡) during class at one time or another. Too much homework is not the only reason(原因) why students stay up late. Some watch TV or play games late into the night.

Experts ever say that students should develop(养成) good study habits. So some clever students never study late, they are able to work well in class.

- The 10-year-old boy begs for one more minute to sleep because _____.
A. he doesn't have enough sleep
B. it isn't time for him to get up
C. he doesn't want to go to school
D. he wants his mother to wake him up
- In Paragraph 1 the underlined phrase "Early Birds" means persons who _____.
A. get up early
B. get up late
C. sleep less
D. don't want to sleep
- From the passage we know if students don't get enough sleep, they may _____.
A. not sleep because they are too weak

B. not work well in class

C. go to bed early

D. be weak in English

4. The underlined phrase "stay up late" in Paragraph 2 means "_____".

A. study

B. watch TV late

C. not go to bed until late

D. stay outside

5. From the passage we can know that _____.

A. if you want to study better, you must work hard

B. sleeping less means working hard

C. some clever students are able to work well in class because they have good study habits

D. students don't have enough sleep only because they have a lot of homework to do

挑战中考 平台

单项选择

- Is Tom at school today?
—No, He's at home _____ he has a bad cold.
(2004, 北京)
A. because
B. if
C. until
D. before
- We often have sports after class, and I like to play _____ basketball.
(2004, 北京市海淀区)
A. a
B. an
C. the
D. /
- In order to keep healthy, you should eat _____ fast food, _____ fresh vegetables and take enough exercise.
(2004, 上海)
A. fewer, fewer
B. less, more
C. fewer, more
D. less, less
- 听到你同学生病的消息,你应该说: "_____. "
(2003, 哈尔滨)
A. I'm not sure
B. I'm sorry to hear that
C. Never mind
D. I'm afraid so
- Is Mr Smith really very ill?
—_____. He's in hospital.
(2003, 安徽)
A. I don't think so
B. No, he isn't
C. I hope so
D. I'm afraid so

Section B

基础巩固

平台

一、根据句意及首字母提示补全单词

- I'm s _____ out, and I want to listen to music.
- The baby is t _____. Please give him something to drink.
- Don't you b _____ it? It's true.
- It's important for you to eat a b _____ diet.
- He isn't at school at the m _____. He's out.
- We should keep a b _____ of yin and yang to be healthy.
- He often gets t _____ and is always q _____. He may have too m _____ yin.
- If you are too stressed out and a _____. Maybe you have too much yang.
- If you want to i _____ your spoken English, you really need c _____ practice.
- Everyone should exercise to s _____ healthy.

二、英汉互译

- 阴阳平衡 _____
- 传统中医 _____
- 阴气太盛 _____
- 吃平衡饮食 _____
- 感觉疲劳 _____
- write down _____
- a piece of advice _____
- at the moment _____
- cool yin and hot yang _____
- host family _____

三、用方框内的单词和短语填空

see a dentist, have some drinks, listen to music, early, go shopping, eat some junk food, late, eat cool yin foods, eat hot yang foods, Dangshen and Huangqi herbs, study, exercise, lie down and rest

- If you are stressed out, you should stop working and try to _____.
- Tom hurt his back. He should _____.
- It's good to sleep _____ and bad to get up _____ in the morning.
- My friend often gets angry. He should _____.
- Lin Ping is tired these days. He shouldn't _____ late in the evening.

重难点突破

平台

一、单项选择

- () 1. If you have some bad milk, you may _____.
A. have a headache
B. have a stomachache
C. have a sore throat
D. have a cold
- () 2. We should eat a _____ diet.
A. balance
B. balence
C. balanced
D. balancing
- () 3. It's important _____ eight hours a night.
A. to sleep
B. sleep
C. sleeping
D. slept
- () 4. _____ are all hot yang foods.
A. Beef, pork, milk
B. Beef, pork, tofu
C. Beef, milk, tofu
D. Beef, mutton, pork
- () 5. Eating Dangshen and Huangqi herbs _____ good for people who are quiet and tired.
A. is
B. are
C. were
D. was

二、在有必要的地方填上冠词 a, an 或 the

- What's _____ matter?
- The boy often has _____ cold, but he doesn't have _____ headaches.
- You look tired. You shouldn't go to _____ party.
- What's _____ wrong with you?
- Who can give _____ best advice?
- Let's go on with ' _____ Lesson Two, _____ second lesson.
- Mr Black likes playing _____ football, but he doesn't like playing _____ piano.
- In _____ summer, I often go swimming in the lake.
- He gets up early in _____ morning, and goes to bed late at _____ night.
- This is _____ orange. _____ orange is orange.

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