



晨风策划

英语四六级快训系列

最新考试动态 最有效考前强化模式

剖析考点 针对性强 讲练结合 答案详解

(改革过渡版)

# 英语 四级听力

主编 王健



5+15<sup>天</sup>  
快训



西安交通大学出版社  
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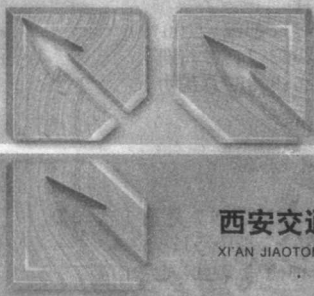


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主 编 王 健  
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## 内容提要

本书按照最新的《大学英语课程教学要求(试行)》及教育部 2005 年针对全国大学英语四六级考试改革的精神及要求编写。该书首先从能力测试入手,通过常用词汇、句型及篇章 3 个层面进行测试,使学生进行自我测试后能较清楚地了解自己在听力理解和技能等方面的弱项。然后本书从听力技能、常用词汇及短语、常见句型、短文及篇章理解、新闻听力和短文听写 5 个方面进行分类讲解训练,旨在帮助学生有针对性地使用本书。该书的综合测试部分是为了进一步帮助学生了解自身听力现状及使用本书后的提高程度。

本书可作为大学英语四级考前强化训练教材,也可供其他英语考试及自学人员参考使用。本书另配磁带 3 盘,全部由美籍教师录音。

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## 代 序

“英语四六级快训系列”至今已出版四版,经过许多考生和老师的使用,证明该套书编排合理、科学、实用,已成为四六级考试图书中的精品。

然而,为适应我国高等教育新的发展形势,深化教学改革,提高教学质量,满足新时期国家对人才培养的需要,新春伊始,备受关注的大学英语四六级考试改革终于千呼万唤出台了。教育部宣布对全国大学英语四六级考试进行历史性改革,改革的目标是更准确地测量我国在校大学生的英语综合应用能力,尤其是英语听说能力,使他们在今后工作和社会交往中能用英语有效地进行口头和书面的信息交流,并公布了我国《全国大学英语四六级考试改革方案(试行)》,这是自该考试举行 17 年以来的首次改革,影响面超过上千万考生。

为了适应新的形势,结合改革精神和四六级考生的实际需要,我们对“英语四六级快训系列”进行了再次策划及组织修订,其宗旨是为考生提供更加快速有效的考前冲刺方案。在新的策划方案中,我们对考生冲刺前的每一天都做了精心设计,提供了快速而又合理的训练方法。例如,《英语四级阅读 5+10 天快训》一书,我们为考生安排了 5 天时间进行训前和训后测试,其中 3 天时间用来测试考生现有的实际水平,根据测评结果,带着自己的不足和需要进行接下来的有的放矢的 10 天的技能、方法及知识点的强化训练。为检查自己的学习效果,我们又安排了 2 天时间进行训后效果检测。

我们之所以称这套丛书为“改革过渡版”，是因为我们本着秉承和反映教育部改革的新精神，即强化英语听说能力和快速阅读能力，并根据2007年1月及6月前全国大部分院校四级及六级考试题型不变的现实情况而修订完成的。

“英语四六级快训系列”改变了以往传统的训练模式，强调“快速”、“准确”、“有效”。专家合理分配时间，瞄准考试重点、难点、反映最新考试信息。具体表现在：

1. 体现科学性、实用性和灵活性的原则。
2. 录音语速加快。
3. 阅读文章更长，在相同的时间内阅读量增大或难度加大。
4. 新增加的词汇分布在各练习之中。
5. 增加了答案详解。
6. 作文难度更大，文章更长。
7. 仿真度高，接近真题。

作者还对近年来英语教学情况和四六级考试结果进行了分析和研究。学生在学习和考试中暴露出来的语言基础应用能力以及应试技巧等方面的不足之处，可按照书中提供的方式训练，并能在短时间内有较明显的突破。在短时间取得成效后还应及时巩固和不断提高，只有通过日积月累的磨练和学习，才有可能使英语水平真正达到一个新的高度。

考试只是对自己英语水平的测试和鉴定，而不是学习的最终目的。希望考生能借助这套书顺利通过四六级考试，但同时希望考生能以此为基点全面提高英语的应用能力。

读者在使用本系列书过程中，如有什么感想、要求及建议，请与我们联系，并欢迎投稿。

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## 编者的话

本书按照最新的《大学英语课程教学要求(试行)》及教育部2005年针对全国大学英语四、六级考试改革的精神编写而成。《大学英语课程教学要求》确定大学英语的教学目标是“培养学生的英语综合应用能力,特别是听说能力,使他们在今后的工作和社会交往中能用英语有效地进行口头和书面的信息交流,同时增强其自主学习能力,提高综合文化素养,以适应我国社会发展和国际交流的需要。”而教育部关于大学英语四、六级考试改革的重点之一就是考试内容的改革,即在考试内容和形式上加大听力理解部分的题量和比例。此部分的比例提高到35%,其中听力对话占15%,听力短文占20%。听力对话部分包括短对话和长对话的听力理解;听力短文部分包括短文听写和选择题型的短文理解;听力题材选择用对话、讲座、广播电视节目等更具真实性的材料。

基于此,我们精心地编写了此书,以期能帮助学生科学和有效地提高听力技能,并能从根本上帮助学生提高听力的综合能力,而不是盲目地去听和练。

全书共分三大模块:能力检测、专项训练、综合测试。

**能力检测:**本环节旨在使学生在进入具体章节学习前,客观和准确地了解自己目前各项能力水平,发现问题所在并针对问题直接进入相应学习章节,省时高效。

**专项训练:**本环节根据提高听力各项基本能力的要求,设计了较为独特的训练步骤。该步骤共有五部分,即为:1)巩固和发展学生在听力中应掌握的预测和推断能力;2)对听力中常用专有名词

及常用语的正确表达方法进行系统的讲解;3)对听力中常用句型进行了归纳总结,通过举一反三的句型转换形式对句型正确使用进行系统的讲解;4)帮助学生攻克篇章短文听力中的难点;5)此部分根据教育部关于大学英语四、六级考试内容的改革中针对听力理解部分的调整,增加了英文新闻听力和短文听写等方面的内容的讲解,旨在帮助学生掌握新闻听力和短文听写的要领。

**综合测试:**此环节为对照检查部分。读者可通过对“能力检测”和“综合测试”结果的对照,能清晰的了解自己在哪一环节有了较为明显的进步,怎样进步的,然后制定新的学习计划,有目的、有步骤地进行薄弱环节的再训练。

本书由王健教授任主编,张奕副教授任副主编,参加编写的人员还有石永珍副教授和袁燕。

编 者

2005 年 6 月

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## Part I 学能检测(Aptitude Assessment)

### 第1天 Aptitude Test 1

#### 1. Listening Proficiency Test on Vocabulary

##### Section 1

Directions: *Listen to the words or phrases. Each word will be read only once. You are required to write down the English words or phrases as well as the Chinese meaning.*

(12.5 points)

English	Chinese
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____
11. _____	_____

12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_
21. \_\_\_\_\_
22. \_\_\_\_\_
23. \_\_\_\_\_
24. \_\_\_\_\_
25. \_\_\_\_\_
26. \_\_\_\_\_
27. \_\_\_\_\_
28. \_\_\_\_\_
29. \_\_\_\_\_
30. \_\_\_\_\_
31. \_\_\_\_\_
32. \_\_\_\_\_
33. \_\_\_\_\_
34. \_\_\_\_\_
35. \_\_\_\_\_
36. \_\_\_\_\_
37. \_\_\_\_\_
38. \_\_\_\_\_
39. \_\_\_\_\_
40. \_\_\_\_\_

41. \_\_\_\_\_  
42. \_\_\_\_\_  
43. \_\_\_\_\_  
44. \_\_\_\_\_  
45. \_\_\_\_\_  
46. \_\_\_\_\_  
47. \_\_\_\_\_  
48. \_\_\_\_\_  
49. \_\_\_\_\_  
50. \_\_\_\_\_

## Section 2

Directions: *Write down the synonyms of the following 50 words or phrases.* (12. 5 points)

1. no problem \_\_\_\_\_  
2. no \_\_\_\_\_  
3. cause \_\_\_\_\_  
4. appealing \_\_\_\_\_  
5. vigorous \_\_\_\_\_  
6. prevent \_\_\_\_\_  
7. happy \_\_\_\_\_  
8. contact \_\_\_\_\_  
9. arrive soon \_\_\_\_\_  
10. attend \_\_\_\_\_  
11. crucial \_\_\_\_\_  
12. amazing \_\_\_\_\_  
13. refuse \_\_\_\_\_  
14. neglect \_\_\_\_\_  
15. abandon \_\_\_\_\_

16. tolerate \_\_\_\_\_
17. abolish \_\_\_\_\_
18. capability \_\_\_\_\_
19. earnest \_\_\_\_\_
20. embrace \_\_\_\_\_
21. execute \_\_\_\_\_
22. faithful \_\_\_\_\_
23. fierce \_\_\_\_\_
24. grateful \_\_\_\_\_
25. immediate \_\_\_\_\_
26. indifferent \_\_\_\_\_
27. inspire \_\_\_\_\_
28. moderate \_\_\_\_\_
29. moreover \_\_\_\_\_
30. oblige \_\_\_\_\_
31. obstacle \_\_\_\_\_
32. occupation \_\_\_\_\_
33. opposition \_\_\_\_\_
34. original \_\_\_\_\_
35. permanent \_\_\_\_\_
36. puzzle \_\_\_\_\_
37. practically \_\_\_\_\_
38. preceding \_\_\_\_\_
39. present \_\_\_\_\_
40. presently \_\_\_\_\_
41. domestic \_\_\_\_\_
42. prominent \_\_\_\_\_
43. regardless \_\_\_\_\_
44. property \_\_\_\_\_

45. proportion \_\_\_\_\_  
46. rational \_\_\_\_\_  
47. abrupt \_\_\_\_\_  
48. uncover \_\_\_\_\_  
49. annoy \_\_\_\_\_  
50. clarify \_\_\_\_\_

## 2. Listening Proficiency Test on Sentence Patterns

### Section 3

Directions: *In this section, you will hear 15 short conversations.*

*At the end of each conversation, a question will be asked about what was said. The conversation and question will be spoken only once. After each question there will be a pause. During the pause, you must read four suggested answers marked A), B), C), D) and decide which is the best answer.*

(15 points)

1. A) He is afraid he won't be chosen for the trip.  
B) The boss has not yet decided where to go.  
C) Such a trip is necessary for the company.  
D) It's not certain whether the trip will take place.
2. A) He isn't going to write it.  
B) He never does assignment early.  
C) He had already finished it.  
D) He will finish it in a few minutes.
3. A) He feels bad for the interview is unfair.  
B) He feels bad for there are too many questions in the inter-

view.

- C) He feels good for he answered the question quite well.
  - D) He feels good for he has known the questions before the interview.
4. A) The man is planning to buy a house.  
B) The man really doesn't want to buy a house.  
C) The man doesn't have enough money to buy a house.  
D) The man will have enough money to buy a house soon.
5. A) The movie is bad.  
B) The movie is exciting.  
C) She wants to see it again.  
D) She should have watched it on TV.
6. A) The art exhibition is worth the time but not the money.  
B) The art exhibition is not worth the time or the money.  
C) The art exhibition is worth both the time or the money.  
D) The art exhibition is worth the money but not the time.
7. A) His TV sets are all of the same brand.  
B) He doesn't have the newest models right now.  
C) He has the best TV sets for sale.  
D) His TV sets have a good sale.
8. A) Henry doesn't like the color.  
B) Someone else painted the house.  
C) There was no ladder in the house.  
D) Henry painted the house himself.
9. A) Most people killed in traffic accidents are heavy drinkers.  
B) She does not agree with the man.  
C) Drunk drivers are not guilty.  
D) People should pay more attention to the danger of the drunk driving.

10. A) Tom likes to eat apple.  
B) Tom will keep an eye on his computer.  
C) It's not likely that Tom will lend the woman his computer.  
D) Tom will lend the woman some apples.
11. A) She appreciates it very much.  
B) She does not like it at all.  
C) She likes it although she doesn't quite understand it.  
D) She understands it well but does not like it very much.
12. A) He was excited.  
B) He was indifferent.  
C) He was doubtful.  
D) He thought it was good.
13. A) She didn't like parties.  
B) She had to do housework.  
C) She didn't feel happy tonight.  
D) She had to discuss something with her husband.
14. A) The woman doesn't care about what Mary said at all.  
B) The woman didn't hear what Mary said about her.  
C) The woman wanted to have a face-to-face talk with Mary.  
D) The woman decided to pay more attention to her behavior.
15. A) They need to begin their work by the fifteenth.  
B) They should take their lab reports off the desk.  
C) They have fifteen minutes to finish their work.  
D) They should get to work on the report soon.

**Section 4 Paraphrase the following sentences.**

*Directions: In this section, there are ten sentences. Rewrite the sentence and keep the original meaning. (10 points)*

Example: It was not unusual for him to cough for an hour.

It was usual for him to cough for an hour.

16. We are slaves to nothing but the clock.

\_\_\_\_\_.

17. We must not think of this writer as a radical socialist politician, much less a leader of a revolution.

\_\_\_\_\_.

18. Since we generally assess and probe our visitors professionally rather than socially, we start talking business very quickly.

\_\_\_\_\_.

19. Given her interest in children, teaching should be the right career for her.

\_\_\_\_\_.

20. The telephone service is superb here, whereas the postal service is less efficient.

\_\_\_\_\_.

21. In spite of these advantages, there are also some challenges you will encounter.

\_\_\_\_\_.

22. A famine started which, together with the war, destroyed millions of lives.

\_\_\_\_\_.

23. The government promises it will protect the region's native people, but questions remain as to its true level of commitment.

\_\_\_\_\_.