



教育部“十一·五”规划建设研究教材
根据教育部最新调整大纲编写

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走出牛津

大学实用英语综合教程

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BEYOND OXFORD

Practical Colleges
English Course

学生用书

STUDENT'S BOOK



学林出版社

预备级

大学实用英语综合教程

——走出牛津

预备级

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序

关于外语教材，我曾经做过一些调查研究，也在很多场合表达过一些个人的看法，得到许多专家和老师的认可与支持。我认为，教材的外延应该扩大，应该向立体性的方向发展。学生学习外语不应该仅仅包括收录在书本中作为范本的文字材料，还应该从各种真实的语言交际过程和产品中学习语言。教师和学生使用教材，语言输入是一方面，更重要的是通过练习的安排，培养学习者对语言的敏感性，提高使用语言的技能以及自主学习的能力。因此，教材主要包括两部分，一是材料，二是练习。前者选择的标准包括趣味性、知识性和可模仿性等，而后者则最能体现编写者的教学理念，其目的是培养学生的学习能力，提高学习的效率。

学林出版社组织一批长期在高职高专英语教学一线教学的教师，依据现代外语教学的相关理念，编写了这套《走出牛津》系列教程，为高职院校的学生学习英语又提供了一套可供选择的新理念英语教材。

编者编写这套新教材的指导思想是：针对高职学生的语言学习特点和教学基本要求，突破传统的教材编写模式，强调使用日常生活中的场景英语和功能。练习采用任务型，通过教学互动来完成，体现快乐教学法，从而达到更有效地训练语言功能的目的。课文的篇幅短小明快，图文并茂，生动活泼，使学生产生学习英语的兴趣和成就感。

这些指导思想以及教材的体例、内容安排等是否符合我前面提到的对外语教材功能和作用的新的定位，是否能真正成为高职学生学习英语的好向导，老师的好帮手，这需要师生们在实践中去检验。但无论如何，有理念、有创新的教材肯定比没有理念、仅凭感觉编出来的教材要胜一筹。

上海外国语大学 束定芳（教授、博士生导师）

内 容 介 绍

《走出牛津》按照《高职高专英语课程教学基本要求》的词汇表裁剪语料，生词量和超纲词均得到了有效的把握和控制。每册共设25个单元，有25个大主题，且每个大主题包含两个小主题，练习紧紧围绕主题科学设置任务，突出功能与实效。预备级对话控制在3—4个回合，一册4—5个回合，二册5—7个回合，三册7—9个回合，四册9个回合左右；听力短文从预备级的50词逐步增加到第四册的150词左右；预备级阅读限制在50—100字之间，一册100—150词，二册150—200词，三册200—250词，四册300词左右；写作亦成阶梯状，从预备级到一、二册是以填词、排序组合、套写和仿写的形式出现，三、四册则主要是培养学生独立进行应用文写作的能力。教材还配备了一套练习册，练习册的题型基本按照高等学校英语应用能力考试题型设计，既是对主题的扩展和延伸，又能作为考前热身之用。为方便教学，《走出牛津》还配备了多媒体教学光盘、教学课件、教师用书等。

《走出牛津》突出场景英语，体现交际功能，强调教学互动，编排图文并茂，结构轻松明快

教材使用对象：高职高专非英语专业学生，包括艺体类、三校生、五年制高职、职大、电大学生及相关出国培训人员等。

前 言

伴随着全国职业教育大会帷幕的徐徐降落，国务院和教育部将发展职业教育作为经济社会发展的重要基础和教育工作的战略要点，明确提出了职业教育“以服务为宗旨，以就业为导向”的办学方针。它吹响的号角声也越传越广、越传越远，职业教育的春风已渐显浓郁。

借此良机我们秉承贯有的“实用原则”理念，深入调研，广泛征求全国各大高职高专院校师生意见，依据欧洲文化教育委员会制定的 WT 教学大纲和英语课程教学基本要求，精心策划、组织编写了这套《走出牛津》大学实用英语综合教程。

《走出牛津》像一股清新飘逸的微微春风，伴着职业教育大会的节奏，抹去隆冬的厚重，意在带领莘莘学子“走出书斋和课堂，直面生活与工作”。它成功地摆脱了传统教材编写的窘境，开创了一种实用价值极高的高等学校英语教材编写的新模式，实现了理论与实用的相交相融。理论中渗透着实用，而实用中又不失幽默和轻松。《走出牛津》遵循语言学习的自然规律，把听、说、读、写、译等各种语言技能训练融为一体，以学生为本位，充分发挥教师和学生双主体作用，在互动中学习英语，在学习中强调功能。体现即学即用、快乐学习法的教学理念。

传统英语教材的编写模式都是课文和练习两大板块，泾渭分明，然而很难达到即学即用的理想境界。《走出牛津》避免了大篇课文带来的沉重感，采用化整为零的方法，把课文和练习糅合在一起，学中有练，练中有学，多了几分轻松和成就感，而少了许多沉闷和枯燥。尤其帮助那些起点较低、基础薄弱的学生克服畏难情绪，不再认为英语学习是不可攀登的高峰、语言交流是不可逾越的鸿沟，从而再度燃起学习英语的激情。

《走出牛津》系列教材避免了传统教材单元少、主题面窄的缺点。它按照“实用为主，够用为度”的原则，不再就某主题纵深地挖掘相关内容，长篇累牍，强调所谓的厚重的文化底蕴的灌输。选材取自日常生活与实际工作场景，语料时尚、新鲜有趣、富现代气息。通过场景的复现与逼真的演练，横向拓展主题覆盖面，增加信息含量，丰富教材的内容，训练学生实际使用语言交流和处理涉外业务的能力。每册共设 25 个单元，围绕着 25 个大主题展开，且每个大主题包含两个小主题，练习紧紧围绕主题科学设置任务，突出功能与实效，形散而神不散。

《走出牛津》的预备级对话控制在 3—4 个回合，一册 4—5 个回合，二册 5—7 个回合，三册 7—9 个回合，四册 9 个回合左右；听力短文从预备级的 50 词逐步增加到第四册的 150 词左右；预备级阅读限制在 50—100 之间，一册 100—150 词，二册 150—200 词，三册 200—250 词，四册 300 词左右；写作亦成阶梯状，从预备级到一、二册是以填词、排序组合、套写和仿写的形式出现，三、四册则主要是培养学生独立进行应用文写作的能力。这种循序渐进的方式大大降低了不同册数之间难易程度上的落差，便于教师根据学生的实际层级水平选用相应的分册实施教学。《走出牛津》基本按照《高职高专英语课程教学基本要求》的词汇表裁剪语料，生词量和超纲词均得到了有效的把握和控制。

为了进一步拓展主题，巩固教学效果，系列教材还配备了一套练习册。练习册的题型基本按照高等学校英语应用能力考试题型设计，只是从量上有所删减。既是对主题的扩展和延伸，又能作为考前热身之用。为方便教学，《走出牛津》还配备了多媒体教学光盘、教学课件、教师用书等。

《走出牛津》从内容上看似比较简单，但由于它涉及的主题丰富，涵盖信息量相当大。很多场景内容、实用功能、操作程序及相关术语，虽与我们日常生活、工作息息相关，却反倒为相当部分师生忽略，如语音语调的规范性和准确性，交通规则与交通标志的表述，对世界知名银行、超市、品牌 LOGO 的认知，银行存款的表述及 ATM 机的操作程序，超市设施及医院科室、医疗器械的准确表达，宾馆、饭店的预定及程序标准，房屋租赁、征婚与招聘广告的格式等等。

总之，《走出牛津》最大的特点是突出场景英语，体现交际功能，强调教学互动，编排图文并茂，结构轻松明快。

由于编者水平有限，疏漏和不妥之处在所难免，恳请专家和读者不吝指正。

Unit	Topic	Page	Listening
1 The Global Village 地球村 (3课时)	The International Community 国际社区	1	Greeting neighbors
	The International Campus 国际校园	4	Campus directions Finding the classroom
2 Happy Parties 欢乐聚会 (2课时)	Dance Parties 舞会	8	Inviting friends to a dance party
	Various Parties 各种聚会	11	Inviting friends to the birthday party Inviting friends to various parties Welcoming guests at home
3 Making Friends 交朋友 (2课时)	Meeting People 与人交往	15	Having friends over for supper
	Choosing Friends 择友	19	Choosing friends
4 Celebrations 庆贺 (3课时)	Ways to Celebrate 庆贺方式	22	How the Chinese celebrate their festivals Meeting Santa Claus Mobile phone New Year greetings
	Greeting Cards 贺卡	26	Special wishes for special people Greeting friends through e-cards Wang is an e-card designer
5 Hobbies 兴趣爱好 (2课时)	Various Hobbies 缤纷爱好	31	My outdoor hobbies
	Enjoying Hobbies 享受爱好	34	Stamp collecting Photography
6 Family 家庭 (2课时)	Family Reunion 家庭团聚	38	The family tree A family reunion
	Birthday Dinners 生日晚宴	41	Special food for birthday Birthday wishes
7 At the Bank 在银行 (3课时)	Banking Service (1) 银行服务(1)	45	Opening a current account Paying the bank president for his time Cashing a check

Speaking	Reading	Writing	Language Review	Pronunciation and Intonation
Introducing countries & nationalities Introducing yourself	Identifying people	Describing people	Country and Nationality	Stress and intonation
Talking about campus food	Wanted, roommate	A reply letter to an ad		
Declining or accepting invitations to dance Talking about dance	A school party		more and more less and less	Stress and intonation
Giving birthday gifts Celebrating the birthday	A surprise party	Planning a party for the weekend		Pronunciation
Ways to meet people Formal & informal introduction Net-pals talking online	International Friendship Day		feel like like would like	Pronunciation
Talking about friends	A half friend			Stress and intonation
Celebrating Valentine's Day on the Net	How do Westerners celebrate their special days A birthday gift			Stress and intonation
Greeting cards for the Mid-autumn Festival		A greeting card for the coming New Year	Absolute Degree Comparative Degree	
Common hobbies Talking about feelings towards some hobbies Likes & dislikes of hobbies	An odd hobby		as when while	Stress and intonation
Listening to music	Hawaii or Bali	Are you a TV slob		
Talking about families	To join my parents or my girl-friend		be doing sth.	
Buying a birthday gift	A birthday invitation card	A birthday card		Stress and intonation
Departments of a bank Changing some pounds for dollars		Practising banking words	疑问代词 + to	Pronunciation

Unit	Topic	Page	Listening
	Banking Service (2) 银行服务(2)	48	Withdrawing from the bank cashier Cashing a check
8 At the Supermarket 逛超市 (3课时)	Facilities 设施	53	Asking ways in the supermarket
	Shopping 购物	56	Potatoes on sale Finding the wife in a supermarket
9 At Customs 在海关 (2课时)	Arrival 入境	60	Announcement for claiming baggage At the Lost and Found Office Going through the customs
	Departure 出境	63	Announcements for boarding the planes Checking in Announcement for delaying boarding
10 On Vacation 度假 (2课时)	Weather Conditions 天公作美	68	Weather in Wuhan & Harbin
	Enjoying Holidays 欢乐假期	71	Checking in at a hotel Holiday experiences
11 Home away from Home 酒店 (3课时)	Choosing a Hotel 找旅馆	76	Recommending hotels
	Staying at the Hotel 住旅馆	80	I'd like to check in Trapped inside my room
12 Recreations 娱乐 (3课时)	Forms of Recreation 娱乐方式	85	Going to see movies Devoted TV viewers Doing reading after work
	Facilities 设施	89	Hotel recreation service The recreation center
13 The Magical Internet 神奇网络 (3课时)	First Taste of the Internet 涉网之初	95	Hotmail & Outlook Express Making an e-card What is BBS ICQ

Speaking	Reading	Writing	Language Review	Pronunciation and Intonation
Withdrawing cash from an ATM Getting to know banks of the world	Would you care to DEPOSIT...	A personal check		
Supermarket facilities Paying at the Express Lane	Carrefour in France	An opinion survey on supermarkets	such 和 so 的用法	
Things need to buy Buying groceries in the supermarket	A supermarket ad	Unit words		Stress and intonation
Airport facilities Anything to declare	51 rare fish		as...as 的用法	
	A passport	The arrival / departure record		
Tourist cities in China Weather conditions in your hometown	An unexpected flight	Weather forecasts		Pronunciation
Tourist sights	A letter on spending holiday in Florence	A postcard on recent holiday experiences	as 和 like 的用法	
Types of hotels Looking for hotels in Shanghai		Write a letter to make a room reservation		Pronunciation
Arriving at the hotel lobby Hotel services	A letter by a boy: there is no place like home	Comments on different hotel rooms	what's worse what's more	
Favorite forms of recreation	Chess	Reasons for preferred recreations	any 构成的代词和副词的用法	Pronunciation
Recreation venues Fun of recreation	A welcome speech on a recreation club The swimming pool timetable			
Making a class contact list	He must have a computer		must must have done can't	Pronunciation

Unit	Topic	Page	Listening
	Beautiful Scenery Online 美妙网景	98	Campus network Web shopping
14 Consulting a Doctor (3课时)	Making an Appointment 预约医生	103	The doctor is busy Calling the dentist's Put me on the waiting list
	Seeing a Doctor 看医生	106	It is just a cold Mrs. Fat is on a diet Feeling too much stress
15 Communications 互通信息 (2课时)	Ways of Communications 通讯方式	110	He only wants to talk to Billy
	Alternatives 另类通讯	113	GPS Message bottles Unborn babies' communicating with mothers
16 Mass Transit 大众交运 (3课时)	Means of Transportation 交通方式	118	Planning to buy a car The city bus system Air Europa's move to China
	Traffic Rules 交通规则	122	It doesn't look like you at all Giving my last ticket That's nothing
17 Eating Out 外出就餐 (2课时)	Booking a Table 预定餐位	127	Booking a table for ten All tables you want are booked up A table for tonight
	Making Orders 点菜	131	Can you explain this dish Recommend something special
18 Food and Beverages 食品饮料 (2课时)	At a Food Store 在食品店	135	Shopping for fruits Shopping for vegetables Fast food
	At a Drink Store 在饮料店	139	Having something cold Do you have Sprite Chinese & foreign wines Water, the healthiest
19 Advertisements 广而告之 (3课时)	Classified Ads (1) 分类广告(1)	144	An ad for goods at discounts Ads for various products An ad for marriage

Speaking	Reading	Writing	Language Review	Pronunciation and Intonation
Enjoying life on the Net	A Net addict's wedding night	Creating an Internet company		
Hospital facilities Recommending a doctor			till 和 until 的用法	Stress and intonation
Please telephone me I couldn't sleep at night	You can talk to me about the result			
Mobile phones Advantages & disadvantages of mobile phones	Alexander Bell	Preference of ways to communicate	while 和 whereas 的用法	Pronunciation
Sending messages from deserted islands	A brave carrier pigeon			
Means of transport Deciding on how to get to the Three Gorges	Advantages & disadvantages of transports			
Road signs	You should be happy we caught one A piece of advice for you		名词性物主代词 mine, yours, his, hers, ours, theirs 的用法	Stress and intonation
A table for 12 I'm a regular customer	Where to eat			Pronunciation
Those are snails Recommending dishes	Hot chili pepper		so...that, such...that, so that 的用法	
Talking about favorite fruits and vegetables Talking about preference of fast food	The Green Food Project			Pronunciation
Favorite flavors of drinks	Milk and soy milk		not only... but (also) ... 的用法	
Response to the ad for marriage	Babysitter, wanted			Pronunciation

Unit	Topic	Page	Listening
	Classified Ads (2) 分类广告(2)	147	An ad for goods on sale Applying for the job as a teacher A sea of ads
20 Sweet Home, Real Home 真爱真家 (3课时)	The Layout 家的模样	151	One bathroom is not enough A beautiful house Renting a house from the housing agency A clever housing agent
	Home Facilities 家居设施	155	A lovely deckchair Looking for a dining table Changing a husband
21 Man and Animals 人与动物 (3课时)	In the Zoo 动物园	159	Going to the zoo Learning to love animals Animals having fun in the zoo Visiting the zoo
	Man's Friends 人类的朋友	163	Cleaning out the elephants Charles Dickens' cat Choosing a pet Who has more thought
22 Memories 回首往事 (2课时)	Childhood Memories 童年回忆	168	Stories read in childhood Why are you in tears
	Unforgettable Memories 悠悠往事	171	A lucky experience in India A visit to the remains of "9 • 11" attack The unforgettable flight
23 Dreams 梦想 (2课时)	Daydreams 白日梦	174	Daydream of winning a million in the lottery If you suddenly strike the lottery Daydreaming behind the wheel
	Future World 未来社会	177	Will robots control the human world A car that knows the way
24 Parents and Children 父母和子女 (3课时)	Parenting 为人父母	180	Mother is going to see her son Home-schooling Who is frightened
	Growing Pains 成长的烦恼	183	She seems interested only in clothes and boys

Speaking	Reading	Writing	Language Review	Pronunciation and Intonation
	Mistakes in the ads Ads for renting apartments	Reasons for (not) renting an apartment	Absolute Degree Comparative Degree Superlative Degree	
Comparing the layouts of two flats	Function or appeal		What 或 How 引导的感叹句	
Where to put your home appliances	The Stones' shopping plan			Pronunciation
Getting to know animals Showing the travelers around the zoo	The escaped lion		Why not...? How about...? What about...?	Stress and intonation
	Killer, get him	Assistant wanted		
Recalling childhood toys	A trip to Disneyland	Putting down childhood fun		
Recalling the past experiences	Mr. Number 13 Bus		contrary 和 contrast 的用法	Pronunciation
Dream of learning to master English overnight	Which is more stupid, the letter or the doctor			
Life in the 22nd century	I'll take the fridge to university	I dream of being always young	whenever, whatever, wherever, however, whoever 的用法	
Tree and education	Why do we have children		used to do sth. 与 be used to doing sth. 的用法	Pronunciation
Father's worry about his son	Growing pains or growing gains	Problems between you and your parents		

Unit	Topic	Page	Listening
			My parents place great hopes on me Parents' dilemma
25 Community & Neighbourhood 社区文化 (3课时)	Neighborhood 邻里之间	187	A dog coat for your Bobby He cannot smoke I'm 91
	Community Activities 社区活动	190	Exercising in the neighborhood The BBS of our community At the neighborhood flea market Otherwise what for

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Speaking	Reading	Writing	Language Review	Pronunciation and Intonation
I apologize	Keep in one place	A thank-you letter	by the way on the way under way in the way	
Introducing community facilities	Welcome to our community			