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大学英语听力策略与训练

DAXUE YINGYU TINGLI CELUE YU XUNLIAN

第三册

黄宁夏 主编

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前言

当前,大学本科公共英语教学正面临前所未有的改革。教育部大学英语教学指导委员会组织有关高校专家进行卓有成效地探讨并制订出新的基本要求,用以听说为主、全面提高综合应用能力的教学要求取代了原有的以阅读理解为主的教学大纲。加强学生听说实用能力的培养目,的在于全面提高大学生的英语综合应用能力,满足社会的需求。本书正是在这种改革的新形势下孕育产生的。

面对新形势新要求,本书在理论研究的基础上,根据大学英语的实际教学情况以及学生的实际需求,从根本出发,突破听力难点,总结出一套行之有效的训练方法。其特点如下:一是强调基本功。学生由于受环境的影响,不熟悉外国人的语言表达方式,如发音技巧、语速、语气等。本书在基本技巧方面设计了细致入微、循序渐进的配套练习,帮助学生打下扎实的基本功。二是总结策略,指点迷津。本书的编者都具有丰富的语言教学经验,他们有意识地针对各种不同类型的问题,总结规律,给出相应的答题策略,为学生道破听力中的玄机。学生掌握了难点、疑点的解题策略,就能取得事半功倍的效果。三是学练结合,实用性强。本书有理论基础知识的简要介绍,又有适当的基本技巧和解题策略训练,学生可结合本书配套的磁带,反复操练,把理论与实践结合起来,提高感性认识,从而有效地培养听力习惯与听力技能。

《大学英语听力策略与训练》共有四册,每册由 12 个单元及三个测试组成,供一个学期使用。每单元围绕同一主题并选取与学生的校园和社会生活息息相关的最佳语言样本,题材多样,内容丰富,趣味性强。每 4 个单元之后设有一个综合测试。各单元的练习形式包括丰富多彩的短篇对话、幽默故事、访谈、长篇叙述等。该书无论在内容还是编写形式上都力求与《要求》的各项规定及量化指标一致,统筹兼顾接受性练习与能力性练习的比重。

《大学英语听力策略与训练》每单元分为三个部分:

第一部分为基本技巧练习,设有理论知识的简介及针对性的短篇对话练习,旨在帮助 学生掌握听力技巧,打下扎实的基本功。

第二部分为听力策略讲解,设有对话、短文或复合式听力和策略点评,旨在帮助学生 潜移默化地领会并运用听力策略,灵活自如地应对各种不同题型。

第三部分为专项练习,旨在巩固前两部分的技巧和策略,全面提高听力水平和综合运 用语言的能力。

本书配有录音带、供教师与学生使用。为了更好地用于教学、教材不配练习答案。

本书由黄宁夏担任主编,杨萍、徐立红、阮珠珍担任副主编。参加编写的主要人员还有谢晓华、郑家芳、林惠英、谢爱玲、陈煌书、林中晨、周苏萍、宋惠丽、张伟华。

由于编者的水平和经验有限,书中一定还有许多不尽人意的地方,敬请同行和广大读者批评指正,以便我们在以后的实践中改进。

编 者 2005年7月

月 录

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12	Sound of Celebrities	记笔记与听力		66
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Unit 1 Youth

B. She got some form of infer w. C. She came down 5. Your people play an Part I In-class Listening D. She probably at B. Shoe-making, although the shoe 1, 111

M.A.She ate too much food.

C Mr Lee's father

C. She is already very basy

D. He won't back at strangers.

I. Understanding Listening Skills

在听力训练过程中,听者常遇到对所发生的事件、地点、时间和相关人物 做出判断的题目。这类题目的特点是:一、说话者表达思想的方式比较含蓄, 一般没有给出关键词,正确的答案往往在话语之外;二、听力材料或选项中常 设置较多的干扰内容使正确的答案模糊,有时还需要识别几个人物在几种不同 场合中的不同行为; 三、听力信息中常出现几个时间, 时间与时间的关系常让 人产生错觉;四、这类题型常以 wh-question 的形式进行提问。解答这类题,要 边听边抓住线索词并正确记忆听力材料中人与人、物与物之间的内在联系; 有 时还可以根据基本的生活常识加以判断。同时学习者在平时的训练中还应注意 积累与场景有关联的、与事件发生的地点有着重要关系的词。

Listening Task

Directions: Listen to the following short conversations and choose the best answers to the questions you hear.

1. A. In a bakery.

- B. In a car.bur egbelwon'd busorgalact
- do C. In a restaurant, suggests and abistuo b.D. In a grocery, or tog or rabio al-
- 2. A. She doesn't like dessert. In the college and unit resease said act at last sector and sector
- Tie B. She is really full. status and all and a vicinity of the services and the services are the services are the services and the services are the services a
 - C. She likes to leave them for everybody else.
 - D. She is on a diet.
- 3. A. Getting a haircut.

 B. Buying a hat. A salar and the salar and the

- C. Making a hat. D. Ordering a meal.
- - B. Repeat the experiment.
- bnC. Come to the bridge game.
- D. Wait and see what happens.
- 5. A. He is friendly.
- B. He will bite strangers. The part of the strangers of t

C. He won't bite strangers.	
	Black of Wardin
D. He won't bark at strangers.	Unit 7 Youth
6. A. She ate too much food.	
B. She got some form of infectious food	1.
C. She came down with flu.	
D. She probably ate some toxic food.	Part I was a
7. A. Job-seeking.	B. Shoe-making.
C. Mr Lee's father.	D. A shoe store.
8. A. She doesn't have a job.	
B. She doesn't get enough sleep now.	WE TO THE TENT
C. She is already very busy.	I. Understanding Listening Skills
D. She doesn't have enough money.	在听力训练过程中。听者常遇到对
9. A. At a dry cleaning shop.	
C. At a museum.	D. At a clothing store. 关出合言及此一
10. A. In a theatre.	B. In a shop. 五支容皮上,含含黄黄
C. In a restaurant.	D. In a hotel. 三。总管中的不同行为;
stion 的形式进行提问。解答这类题,要	人产生错觉;四、这类题型常以wh-que
II. Understanding a Conversation	边听边抓住线索词并正确记忆听力材料
Th. Olderstallding a Conversation 京立並至中華中華中華中華中華中華中華中華中華中華中華中華中華中華中華中華中華中華中華	时还可以根据基本的生活常识加以判断
Listening Task	积累与场景有关联的 与事件发生的地
	- AE 417
reward 回报 flagship	
inspiring 鼓舞人心的 postgra	duate 研究生。 Manager Control of Control
inspiring 鼓舞人心的 postgra	
inspiring 鼓舞人心的 postgra	duate 研究生。 Manager Control of Control
inspiring 鼓舞人心的 postgra	duate 研究生。 Manager Control of Control
inspiring 鼓舞人心的 postgra sacrifice 牺牲 pave th Background Knowledge and Hints	e way for 为······铺平道路
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(8) well	in the postgraduate exams.	D. Both A and C.,
		the world from (9) had all A ?
help (10)	the animals, (11)	the forests, land and
water, (12)	youth against (13)	C. In both fields of media and l
5. Young people play a	an important part in the world would be.	rld. (14) them we
III. Understanding	Passages	Listening Hisk ?
Listening Task 1	voluntarily E	and drug campaigns 15 %
使有权得到生而其思		on the rise 在增加
minor 辅修课程		inciple 编辑原则。secure of
glorious 辉煌的	그는 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그	ge sword 双刃剑 maxo-on
Sun TV 阳光卫视		视观众
household name 家喻	户晓的名字 Forbes 《袖	届布斯》(美国著名财经杂志)
		sackground Knowledge and Hi
Background Knowled	hways been a stniH bna ag	In America drug-taking has a
Ms Yang Lan beca	ame famous almost overnig	ht for hosting a popular show or
TV in the early 1990s	. Now she is a self-employ	yed businesswoman who owns
		and what she said about herself
We may learn somethin	ig important from her.	Oreginary Linea or the passage
	W.	16025
Directions: Listen to	the following passage and	choose the best answers to the
questions you hear.	veen and including the age of	L.A. The period of one's life bety
	nt.	B. The stage of full developme
1. A. External trade.		C. Ten years old.
B. Internal trade.		D. Young persons.
C. International finar	nce. be enga-	2. A. A national alarm
D. International econ	omy. The distury ymo	B. An ongoing debate about ho
2. A. She wanted to be	a hostess in the US. doorload	C. More drug education among
B. She wanted to go	abroad for a better job.	D. Both A and B. L. & C. stan
C. She saw no challe		S. A. Little role.
D. Her job as a hoste	ss was not really her love.	C. A key role.
3. A. To give audience	more knowledge and fun.	trA. Telking, warning and testing
B. To give audience	and viewers some new ideas	MBoTatking and interfering
		uman feelings.
		D. Testings value or man dan
		S. A. Teen Drug Abuse.
		B. Parents' Key Kole in Tackli
		table. Buoda Marm about Slarm

well in the postgraduate exams. D. Both A and C. 4. Besides teaching, the young volunteers by to stop smallarruoj to bleit at In 1. 6. B. In business. C. In both fields of media and business. Acting the discovery 5. Young people play an important part in tenutrol bas amal lanored thod nl . Dwe

Listening Task 2

anti-drug campaigns 反吸毒 on the rise 在增加	voluntarily 自愿地 Win win entitle sb to do 使有权得到
be exposed to 接触 re-examine 重新审视	
prevention efforts 预防措施	
prevention errors (www.laws)	old name 素喻中稿的名字

III. Understanding Passages

B. Internal trade.

Background Knowledge and Hints

In America drug-taking has always been a serious social problem. Despite years of anti-drug campaigns, drug use among American teens is still increasing dramatically. Is America losing the early 1900s. Now seems grainst teen drug abuse? Wow seems and the early 1900s. media company. Let's listen to her life experience and what she said about herself.

Direction: Listen to the passage and choose the best answers to the questions you hear.

- Directions: Listen to the following private and choose the best dustoers to the 1. A. The period of one's life between and including the age of 13 to 19.
 - B. The stage of full development.
 - C. Ten years old.
- D. Young persons.
- 2. A. A national alarm.
 - B. An ongoing debate about how to counter the disturbing trend.
 - C. More drug education among schools. 2U and the season area at bottom weeds the C. B. She wanted to go abroad for a better job.
 - D. Both A and B.
- 3. A. Little role.

B. Unimportant role along was and O

so Bu To gave audience and wiewers some new ideas.

4 s A s Recause it may offer her many advantages.

C. A key role.

- D. 57 percent role. Worker as do roll . Cl
- 4. A. Talking, warning and testing. and but a pholyophe another and in a pholyophe and in a pholyophe and in a pholyophe and testing.
 - B. Talking and interfering.
 - C. Preventing and cursing.
 - D. Testing.
- 5. A. Teen Drug Abuse.
 - B. Parents' Key Role in Tackling Teen Drug Problem. YEW ASYED IN SELECTED AND ASSESSED BY
 - C. National Alarm about Teen Drug Use. A sessent sound at the sessent all acceptable and acceptable acceptable and acceptable and acceptable acceptable and acceptable acceptable acceptable and acceptable acceptable acceptable and acceptable and acceptable accepta

D. The Material Incentives to Keep Teens off Drugs. 10g 21nobul 2 ogolloo 2002 1

IV. Strategies for Listening

(4) 语言学习的情感策略和交际策略 of zi as the sall soundills

set in teniess on the streets while d.i. Wen does some (2) as an enswork

我们知道,语言学习策略可以分为认知策略、元认知策略、情感策略和交际策略。在第二册里我们主要讨论了认知策略和元认知策略。本册我们将重点讨论情感策略和交际策略。

加加情感策略是学习者在学习过程中培养、调整、控制自己情感的策略,如克服英语学习中的紧张和焦虑心理、敢于用英语与他人交流和表达、监控并调整英语学习中的情绪等。

交际策略是学习者在使用语言进行交际时,为了保证交际渠道的畅通、保证信息的传递以及交际遇到困难时设法维持交际而采取的各种策略。

Listening lask

appente H F ,

Background Knowledge and Hints

wrinkle 起射 aerial 天线

Jemperamental 心情变化快的 **Part III After-class Listening** lure 吸引力,魅力

I. Understanding a Conversation

Youth is not a time of life; it is a state-of minu. It is a matter of life; it is a state-of minu.

on the run 奔忙 and its neve else be engaged in 从事 worg various and a leaflet 传单,活页广告 initial 最初的 inspiration 灵感 postgraduate 研究生 more postgraduate 研究生 more postgraduate 研究生 more postgraduate of the postgrad

Background Knowledge and Hints

Nowadays, more and more college and university students are taking part-time jobs. Some people think it beneficial to students for it can enlarge their horizon and enrich their experience. But others hold that part-time jobs hinder students' normal college study. Listen to the conversation and see which opinion is favorable.

Direction: Fill in the blanks according to the conversation you hear.

of 60 more than a boy of 20. Nobody grows old merely by a number of years. We

1. Some college students get some pa	art-time jobs. Han Pin found a job of (1)
	le Li Wen does some (2) work
in the Administration Section of the	e University.
2. Jing Min gets two part-time jobs.	One is to be an (3) in school
library, the other is to teach a midd	lle-school student as a (4) He
	5) He gets many benefits more
	际策略。在第二册里我们主要讨论了认知策
3. Part-time jobs (7) Ji	ng Min's imagination and (8)
4. Wu Hui's main (9)	in college is to study and to be a (10)
	服英语学习前的紧张和痣底必遇。数于用英
	英语华习中的情绪等。发言。emonical
时,为了倭潘衮隆渠道的畅通。尽	交际策略是学习審在使屈语奋进行交际
II. Understanding a Passage	交际策略是学习者在使剧陆畲进行交际 证信息的传递以及交际遇到困难时设法维持
Listening Task	
In America daire rolling to the store	vs been a sign of secret orex from Double years
supple (关节等) 灵活的	temperamental 心情变化快的
predominance 占优势	timidity 胆怯
appetite 胃口,爱好	desert 抛弃
wrinkle 起皱	lure 吸引力,魅力
aerial 天线	cynicism 玩世不恭
pessimism 悲观,悲观主义	Symmetry 75 Z 1 1
Pessimon (4.7%) (4.7%)	L Understanding a Conversation
Background Knowledge and Hints	
	state of mind. It is a matter of the will. As long
	ent, you are still young even at the age of 60.
	your ideals even at the age of 20. Do you think
	out of the question shall it is our row lead.
None dance of the Assentition	No. 1 Personal Property of the Control of the Contr
	fill in the blanks with the exact words, phrases
or sentences you hear.	* Correspor un role
C. A key mile	Background Knowledge and Harris
	state of (1) to soon but one. It is not a matter
	nees; it is a matter of the (2) long on a 2, a
	of the (3) of angle 1918; it is the freshness of
	college study. Liston to the conversation and sen
	predominance of courage over timidity, of the
	the love of ease. This often exists in a man
	ly grows old merely by a number of years. We
of oo more than a boy of 20. Nobou	j Bions old melelj of a nameer of jears. We

grow old by (5)	our ideals.
Years may (6)	the skin, but to give up enthusiasm wrinkles the
(7) Worry, fear, se	elf-distrust bows the heart and turns the spirit back
to dust.	
(8)	
the unfailing childlike appetite	of what's next and the joy in the game of living.
(9)	: so long as it
receives messages of beauty, hop-	e, cheer, courage and power from men and from the
Infinite, so long are you young.	
When the aerials are down,	and your spirit is covered with snows of cynicism
and the ice of pessimism, then y	you are grown old, even at 20, (10)
	, there is hope you may die young at 80.

Unit 2 Love



I. Understanding Listening Skills

在英语听力测试中,常设置一些正误判断题。这类题目主要是对短文的主要内容和细节进行提问,旨在测试考生判断事实和捕捉细节的能力。这类题目要求学生有较好的记忆能力,能根据所听到的内容从选项中找到与原文相同、相当或相反的选项;有时也需要考生回答在原文中没有提及的内容。正误判断的命题方式可分为两种情况:一种是关于是否正确的提问;一种是关于是否提及的提问。常见的提问方式有"Which of the following statements is true/ false according to the passage?"或"Which of the following is not mentioned?"等。解答这类题目的思路是:通过感知、推理,对选项和听力材料的内容做一定的分析,找出与听力材料在语言、句意或内容上一致的选项,然后根据问题做出正确的选择。

Listening Task

Distributes: Ligger to the passage and choose the best answers to the questions you heat.

- 1. A. The girl thought he was a criminal.
 - B. The girl intended to help him.
 - C. The girl thought he was about to attack her.
 - D. The girl misheard what he said.
- 2. A. The man was in trouble.
 - B. The girl was a kind person.
 - C. A sudden fright can help cure hiccups(打嗝).
 - D. The man knew that the girl was trying to help him.

II. Understanding a Conversation

Listening Task

blunder 过错 a base a series of pearls 一串珍珠 a string of pearls 一串珍珠 a string of pearls 一串珍珠 a series of pearls 一串 a series of pearls 一串 a series of pearls of p pressured 有压力的 wedding anniversary 结婚周年纪念日

Background Knowledge and Hints

Love is one of the favorite topics among people. Love is for two people, or for a family to share with each other, or to feel together. On some special holidays, husbands' gifts for wives certainly make their feeling of love more meaningful.

Directions: Listen to the conversation and choose the best answers to the questions you hear. Do'The boy monifeed to pay back the rest part of the money laterating

- 1. A. How to spend Valentine's Day?
 - B. What presents will they buy for their wives?
 - C. What gift should Bob buy for his wife? B. He wanted to get something special i
 - D. Little gifts mean a lot to women.
- 2. A. A box of chocolates.

B. A bunch of flowers.

Backg

C. Jewelry.

- D. Any of the above.
- 3. A. Because the gift is something special to make up for his blunder last month.
 - B. Julie likes pearls.
 - C. Bob wants to show that he has been a little observant.
 - D. All of the above.
- 4. A. Because he feels no pressure if he buys the gift earlier.
 - B. Because the closer to the holiday, the higher price of the gifts will be.
 - C. Because he wants to make Julie happy earlier.
 - D. All of the above.

III. Understanding Passages

Listening Task 1

client 客户	monument 纪念碑,墓碑
carnation 康乃馨	impulse 冲动,一时的念头
emphatic 强调的,坚决的	intruder 闯入者,入侵者
sidewalk 人行道	muted 低声的
cemetery 公墓,墓地	personally 亲自地
intersection 道路交叉口	blessed 幸运的 sabalwon A banon at

What do you usually do on Mother's Day, sending her a card or flowers, paying her a visit or telephoning her and telling her what you feel? If you are blessed enough still to have your mother, please tell her how much you love her.

Directions: Listen to the story carefully and choose the best answers to the questions you hear.

- 1. A. The prices of roses had been cut down on that day.
 - B. John was moved by the boy and paid for the larger of the cost.
 - C. The flower shop clerk gave the boy a discount.
 - D. The boy promised to pay back the rest part of the money later.
- 2. A. 6 dollars.

B. 35 dollars.

NEW AND WAY

D. All of the above

III. Understanding Passages

C. 41 dollars.

D. 29 dollars.

- 3. A. Because carnations were less beautiful.
 - B. He wanted to get something special for his mother.
- C. Because red roses were his mother's favorite.
 - D. Both B and C.
- 4. A. He went to a cemetery and laid the roses on her mother's grave.
- B. He went down on his knees before a small monument of his mother.
 - C. He sobbed and cried in muted voice.
- D. All of the above.
- 5. A He would personally send flowers to his mother.
- B. He would have his flowers and a note delivered.
 - C. He wanted to tell his mother one more time how much he love her.
- D. Both A and C.
- 6. A. a boy and a Dozen Red Roses.
 - B. Tell Mommy I Love Her.
 - C. John, a Kind Gentleman.
 - D. Mother's Day.

Listening Task 2

invalid 残疾的 the United Way 联合劝募协会 humiliate 使丢脸 means of support 生活来源 gall 厚颜无耻 make a contribution 捐赠

Background Knowledge and Hints

Attitudes towards the poor, the disabled, the old vary from person to person. But most people, even people with little earnings always show their love by offering

their money or help to those who need it. Listen to the story and see what the lawyer with 600, 000 dollars income a year react to a contribution.

Directions: Listen to the story and fill in the blanks with the exact words you hear.

At the United Way in a fairly small town a volunteer worker not most successful lawyer in the whole town hadn't made a (1)	
was making about \$ 600, 000 a year so the volunteer thought, "Why	not call him
up?"tell you a love store to this way	
He calls up the lawyer.	
"Sir, according to our research you haven't made a contribution t	o the United
Way, would you like to do so?" 特鲁人自 ogs blo ogn a of re	live togeth
The lawyer (2), "A contribution? Does your resear	
I have an invalid mother who requires expensive (3)	once a year
just to stay alive?" superition among the pull samily base agbetword.	
The worker is feeling a bit (4) and says, "Well, no	sir, I'm"
"Does your research show that my sister's husband was killed in a	
She has three kids and no means of support!") ienogostić
The worker is feeling quite embarrassed at this point. "I'm (5)	e a series of
sorry"	
"Does your research show that my brother broke his neck on the	job and now
requires a full time nurse to have any kind of (6) life?"	B. His care
The worker is completely (7) at this point, "I am sor	
(8) me"	D. Both B

IV. Strategies for Listening

you!"

英语听力的情感策略。milion and link along all

"The gall of you people! I don't give them anything, so why should I give it to

C. She felt she was too young to get married.

3. A. There are more opportunities for Jack to

D. Jack is not her perfect mate.

在学习外语的过程中,情感策略的培养非常重要。为了提高英语听力水平,学习者要特别注意自己的情感策略的培养,例如,有意识地培养对英语听力的兴趣,培养对英语听力训练的积极态度,树立提高英语听力水平的信心。在英语听力训练(包括听力考试)中努力克服紧张和焦虑心理,监控并调整英语听力训练中的情绪。调整好自己的心态有助于英语听力训练及测试取得好的效果,也有助于加快英语听力水平的提高。

Listening Task