



毛春铎 / 主编

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# 我的英语阅读 私家课

名师推荐，篇篇经典

一届又一届的老师，津津乐道 一届又一届的学生，受益终身

100篇助你提升**高考阅读成绩**的经典美文

领悟语言的魅力，感受阅读中的**那一抹情怀**

你可以改变世界，就从这堂**阅读私家课**开始……

## ——高中生一定要背诵的100篇经典美文



华东理工大学出版社  
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联系我们:电子邮箱 press\_wy@ecust.edu.cn

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# 前言

从本质上来说,语言不是“学习”来的,而是在充分的自然语言环境中进行大量语言输入而习得的。而在非英语国家,最大量、最常见、最可得的语言输入应该就是英语文章的阅读。人们通过阅读大量的真实语言材料,扩充自己的词汇量,习得语言运用规律,掌握特有的语言现象。无论从英语作为一门语言学科的特点,还是从目前高考教学大纲、课标要求和高考英语试题结构来看,阅读在高中英语学习中都具有非常重要的地位。

怎么样才能进行大量高效的阅读呢?选择好的阅读材料是关键的第一步。好的阅读材料除了要能帮助读者们发展语言综合运用能力外,最重要的是要能帮助读者们开阔视野、了解异国文化、丰富生活经验、形成良好品质、培养开阔包容的性格、全面提升人文素养。其次,阅读的方法也很重要。阅读英语文章,最好“一气呵成”,要一口气一直读下去,就算遇到了生词,只要不影响阅读或者可以通过上下文理解生词含义,就不要停下来查阅字典,这样就不会中断理解全文,不会影响阅读速度和阅读兴趣。阅读的目的在于接受语言潜移默化影响,在于培养语感。

基于以上两点阅读要素,本书按阅读的不同目的和方法,精挑细选了100篇英语经典美文,在每一篇美文的文前部分提供篇章简要大意,文后提供生词释义、短语累积、难句分析和理解问题,双管齐下,帮助读者既获得阅读中美的享受,提升自身素养,又能提高语言综合运用能力。全书选取的100篇美文均为不同题材,结合了高中教学大纲要求的主题,涉及教育、科学、文化、习俗、情感、生存经历等多方面,能帮助读者们开阔视野、了解西方文化,形成新的思维视角,获得解决问题的良策。除此之外,每篇文章附赠二维码,可随扫随听地道美音朗读全文,更能帮你全面提升英语语感。

英语阅读能力的培养是一个渐进的过程,要养成每天阅读英语的习惯。学生应明确阅读的重要性,选好合适的阅读材料,有意识地运用阅读策略,努力提高自己的阅读能力,英语成绩获得提升就水到渠成了。

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Part I

# 教育的力量



# 1. A Big Hug



教育无小事,这不是一个空洞的话语。教师每一个小小的善举,都可能在孩子的心中埋下善良和希望的种子。

Fifteen years spent in the field of education has provided me with many **treasured** moments. One of the most unforgettable happened when I was teaching second grade, 10 years ago.

In May I decided to plan something special for the children: a Mother's Day tea. We had put our heads together to come up with new ideas of how to please our mothers. We practiced singing songs, **memorized** poems and wrote cards. We decided to hold our tea the Friday before Mother's Day. I was surprised and **relieved** to learn that every mother was planning to attend. I even invited my own mother.

Finally, the big day arrived. Each child lined up at our classroom door, expecting the arrival of his or her mom. As it got closer to starting time, I looked around and my eyes quickly found Jimmy. His mother hadn't shown up and he was looking upset.

I took my mother by the hand and walked over to Jimmy. "Jimmy," I said, "I have a bit of problem here and I was wondering if you could keep my mother company while I'm busy."

My mom and Jimmy sat at a table. Jimmy served my mom her treats, **presented** her with the gift I had made, just as we had practiced the day before. Whenever I looked over, my mother and Jimmy were in deep **conversation**.

Now 10 years later, I work with students of all ages, educating them about the **environment**. Last year, I took a **senior** class on a field trip, and there was Jimmy. I had the students complete an outline of the day's event and an **evaluation** of our trip. Then I collected the students' **booklets** and checked them to see if everything was completed. When I came to Jimmy's page, he had written "Remember our Mother's Day tea we had in second grade, Mrs. Marra? I do! Thanks for all you did for me, and thank your mother, too."

I told him I really enjoyed what he had written. He looked rather **embarrassed** and **whispered** his own thanks and walked away. Suddenly he ran back and gave me a big **hug**. "Thanks again. No one even knew my mother didn't make it."

I ended my workday with a hug from a teenage boy who had probably stopped hugging teachers years ago.<sup>①</sup>



### 词汇

treasure 珍视

memorize 背诵

relieved 放心,如释重负

present 把……交给;赠送

conversation 谈话

environment 环境

senior 高年级的

evaluation 评估

booklet 手册

embarrassed 尴尬的

whisper 低语

hug 拥抱



### 短语

1. come up with new ideas 提出新想法

2. line up 排队

3. come to 翻到,谈到

4. provide sb. with sth. 为某人提供某物

5. take my mother by the hand 握住我母亲的手

6. in deep conversation 聊得很投机

7. make it 成功做某事



### 句子

- ① I ended my workday with a hug from a teenage boy who had probably stopped hugging teachers years ago. 我的这一天是以一个少年的拥抱结束的,多年前,(如果我没有处理好那次危机,)这个少年很可能再也不会拥抱老师了。



### 理解

Answer the following questions.

1. When and where was the party held?
2. Whose mother failed to turn up at the party?
3. Was Jimmy alone at the party? Why?
4. What do you think of the teacher?

## 2. Building Confidence Through Drama



有戏剧和表演艺术这么好的教育方式,我们的教育却离之越来越远,中小学教育里已经几乎见不到戏剧表演的影子。想想小时候孩子们充满想象地玩过家家,那也许就是最原初的戏剧表演。

Drama and the **Performing Arts** are excellent methods of building **confidence** in children and adults alike. Learning through drama allows children to **explore** their **creativity** and have fun while leaving their shyness and worries behind. Drama also works by **stimulating** and supporting the growth of imagination and other skills.

**Entertainment** has become rather **passive** with cinema, television and video games becoming more popular. These screen-based methods have had a **negative** impact on communication. However, drama puts the “get up and go” back into entertainment. Children have the **opportunity** to connect with others in a more meaningful way as drama encourages speech development, awareness of body language and allowing the child to become more socially aware.

Play and drama are closely linked. When a child plays a game they are pretending and using their imagination and so are moving away from reality to create their own story. Drama is a **vehicle** through which children can express themselves more freely through **mime**, **gesture**, movement and speech to make education fun.<sup>①</sup>

Children gain confidence by understanding that there is no final answer in drama and that their opinion and **contribution** is valued.<sup>②</sup> Children are able to give a personal **response** to many issues and situations such as poverty, **bullying**, global warming and **recycling**. The issues that drama can tackle are endless. Drama and education have a strong link as drama can encourage children to take an active interest in other subjects such as Geography, History and English and so have a more rounded education.

As a drama teacher, I have **witnessed** children at their first class holding onto their parent's arm — unwilling to let go. To then see the same child running into my class with a **beaming** smile is an excellent sight.<sup>③</sup> Drama **installs** confidence in children by allowing them to **improvise** and experiment. Everyone is given the opportunity to shine within Drama.





### 词汇

perform 表演,表现  
confidence 自信  
explore 开发  
creativity 创造力  
stimulate 激发  
entertainment 娱乐  
passive 被动的

negative 消极的  
opportunity 机会  
vehicle 手段,工具  
mime 模拟表演  
gesture 肢体动作  
contribution 贡献  
response 回应,回答

bully (以暴力)欺负  
recycle 回收,循环利用  
witness 见证  
beaming 喜气洋洋的  
install 安装,安顿  
improvise 即席创作,表演



### 短语

1. build confidence in children 让孩子们建立自信
2. leave their shyness and worries behind 忘掉他们的羞涩和担忧
3. have had a negative impact on communication 对交流有负面影响
4. take an active interest in other subjects 对其他科目产生积极兴趣
5. install confidence in children 给孩子们注入自信



### 句子

- ① Drama is a vehicle through which children can express themselves more freely through mime, gesture, movement and speech to make education fun. 戏剧是一种手段,通过戏剧,孩子们可用模拟表演、肢体动作和语言自由表达,使教育生动有趣。(through which 引导定语从句;make education fun 让教育有趣,动宾补结构,fun 作宾语补足语。)
- ② Children gain confidence by understanding that there is no final answer in drama and that their opinion and contribution is valued. 孩子们明白,在戏剧中没有最终答案,还有,他们的意见和努力是受到重视的,这样,他们就可以建立自信。(两个 that 引导宾语从句。注意:第二个 that 不可以省略。)
- ③ To then see the same child running into my class with a beaming smile is an excellent sight. 然后看到同一个孩子,喜气洋洋地冲进我的课堂,这真是个很棒的事情。(动词不定式作主语。)



### 理解

Tell whether the following sentences are true or false.

1. Drama only builds confidence in adults.
2. Cinema, television and video games have had a negative impact on communication.
3. Drama can make education fun.
4. If their opinion and contribution is valued, children are likely to gain self-confidence.
5. As a drama teacher, I do not like to see children running into my class with a beaming smile.

### 3. Celebrate Your Mistakes



错误是如此宝贵的一种东西,没有错误就没有成长。泰戈尔说,如果你把所有的错误关到了门外,那么,你把真理也关在门外了。(If you shut the door to all errors, truth will be shut out.)

When you make a mistake, big or small, **cherish** it like it's the most **precious** thing in the world. Because in some ways, it is.

Most of us feel bad when we make mistakes, feel like failures, and get mad at ourselves.

And that's only natural: most of us have been taught from a young age that mistakes are bad, that we should try to avoid mistakes. We've been **scolded** when we make mistakes — at home, school and work. Maybe not always, but probably enough times to make feeling bad about mistakes an **unconscious reaction**.

Yet without mistakes, we could not learn or grow. If you think about it that way, mistakes should be cherished and celebrated for being one of the most amazing things in the world: they make learning possible; they make growth and improvement possible.

By trial and error — trying things, making mistakes, and learning from those mistakes — we have figured out how to make electric light, to paint the ceiling of the Sistine Chapel, to fly.

Mistakes make walking possible for the smallest **toddler**, make speech possible, make works of **genius** possible.

Think about how we learn: we don't just **consume** information about something and instantly know it or know how to do it. You don't just read about paintings, or writing, or computer programming, or baking, or playing the piano, and know how to do them right away. Instead, you get information about something, from reading or from another person or from observing usually ... then you **construct** a model in your mind ... then you test it out by trying it in the real world ... then you make mistakes ... then you **revise** the model based on the results of your real-world **experimentation**® ... and repeat, making mistakes, learning from those mistakes, until you've pretty much learned how to do something. That's how we learn as babies and toddlers, and how we learn as adults. Mistakes are how we learn to do something new — because if you succeed at something, it's probably something you already knew how to do. You haven't really grown much from that success — at most it's the last step on your journey, not the whole journey.

Most of the journey was made up of mistakes, if it's a good journey.

So if you value learning, if you value growing and improving, then you should value mistakes. They are amazing things that make a world of **brilliance** possible.<sup>②</sup>



### 词汇

cherish 珍视

precious 珍贵的

scold 责备

unconscious 无意识的

reaction 反应

toddler 学步的孩童

genius 天才

consume 消费; 挥霍

construct 建造, 构造

revise 修订, 修改

experimentation 实验

brilliance 辉煌, 才华



### 短语

1. make a mistake 犯错误

2. figure out 弄明白

3. right away 立刻

4. construct a model in your mind 在心中形成一个印象

5. test it out 检验



### 句子

① ...then you revise the model based on the results of your real-world experimentation...  
……然后你基于你在现实世界的实验来修正你心中的印象…… (based on 短语作方式状语。)

② They are amazing things that make a world of brilliance possible. 错误是很棒的东西, 它能使很多辉煌成为可能。(make a world of brilliance possible 动宾补结构, a world of 大量的。)



### 理解

Answer the following questions.

1. What is the author's attitude toward mistakes?

2. What are we usually taught about mistake when we are young?

3. What's the use of mistakes?