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# Golden age



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1/ M y father wasm y hero

每个人心目中的英雄不尽相同。在每 个孩子的眼里,父亲则是永远的英雄。父 爱如山,托起孩子的一生;父爱如灯,照亮 孩子的一生。

My father was my hero, all throughout my life. When I was very little, he appeared to be so large. In my eyes he could do anything. We all knew he was in charge. He was a man of great strength both physically and mentally, and he found ways Everybody's business is nobody's business. 人人负责,等于没人负责。

to be outgoing and kind.

Many childhood days were greeted with a kiss and songs sung to me as I woke up. Those days I surely miss. He made me feel so special, "Miss America" he would sing. I knew I had my father's love. It gave me courage to do anything.

From him I learned to stand up tall, to be proud of who I am. Strength and determination were the qualities of this fine man. As it drew towards the end of life, that strength kept him alive, and the unfailing determination to take care of my mother. Day and night he struggled for years with

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her disease. With illnesses of his own, he still stood by her side caring for her and loving her until the day she died. Twenty days later his time came as well.

I lost my hero, my father, a man who was my friend. A few years have passed, and life just isn't the same. But I will remember, and the love will never end. Health is better than wealth. 健康胜过财富。

D iscovered m yself 2

有时候,我们的一点改变可能就是来 源于我们身边那些并不起眼的事物。

It was just a week before my final exams when my dad gave me a DVD as a fight, which completely changed my life.

On that day, I had a fight with my friends and it was a difficult time with my studies. I was in no mood to watch a film, but still I opened it and read its title: *The Secret.* However, I just glanced at the cover for a few seconds and kept it in my

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cupboard.

I sat down to study, but instead, I started thinking about the problems in my life—the fight, the sleepless nights and my health... Everything came to mind. I wanted an answer to all these problems, but wondered if there was any answer. It was at that moment that my eyes suddenly noticed that DVD, and something told me: this is an answer to all your problems! I became so interested in it; I have no words to describe the feeling of happiness that I experienced while watching it. The unbelievable stories of human beings I won't forget any of them.

From that day on I started reconsidering

Everything is good when new, but friends when old. 东西是新的好,朋友是老的亲。

my goals and focused on what I really wanted. Now I have started getting better grades; the relationship with my friends is outstanding; I'm in better health. And people often tell me, "Wow! What a perfect life you have!"

Thanks to *The Secret*, which helped me discover myself. Now I have started setting bigger goals and I'm determined to reach them.

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3 An unforgettable challenge

是朋友,星移斗转情不改;是知音,天 涯海角记心怀。喜怒哀乐,悲欢离合,总有 那些事,那些人,那个片段,那一瞬间,难 以忘怀……

When I was ten years old, I began to chat with foreigners. But I was very shy. Gradually, I became more and more confident with foreigners' help. The following year, I went to Yangzhou with two foreigners. I became their guide. First, we came into the Shouxi River. They wanted to Example is better than percept. 说一遍,不如做一遍。

look around the river by boat. I told them the price. Then we got into the boat. When we looked out at the sight, we all felt the beauty of this landscape. After that, they went to buy souvenirs. The sellers couldn't speak English. Though it was very hard, I tried my best to listen to their words carefully and translate the sentences. They bought some souvenirs with my help. Next, we went to a small zoo, and we took some photos. There were not many animals. When we felt hungry, we went out and had lunch. After lunch, we visited some old houses. They learned more about Chinese history.

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