

普通高中课程标准实验教科书（顺序选修）

# 英语 9

## 同步阅读

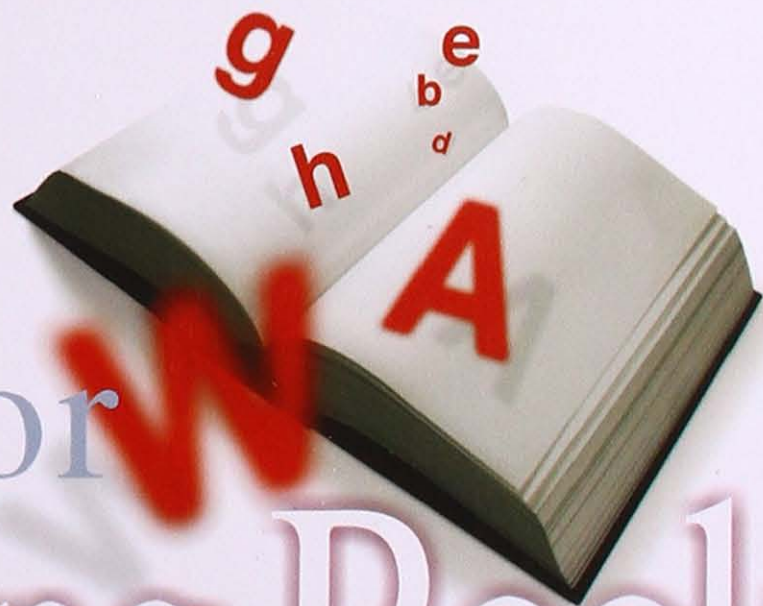
三年級

SENIOR ENGLISH FOR SCHOOLS  
READING BOOK 9

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Senior  
English for  
Schools  
Reading Book



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## 内 容 提 要

本书为经教育部全国中小学教材审定委员会初审通过的重庆大学版高中英语课标教材的配套辅导用书。本书紧扣《普通高中英语课程标准》(实验稿)中对高三阶段阅读训练的目标要求,根据高中学生的认知发展水平,本着“Learning by doing”的主要原则,将精读与泛读相结合,通过精心设计的少而精的练习题,训练学生的各种阅读策略,力求全面提高学生的阅读技能。

本书供高中三年级学生第一学期使用。

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### 英语 9

#### 同步阅读

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## 前 言

国家基础教育课程改革启动至今已有九年,新的教育理念正被越来越多的教育工作者和社会人士所接受。我国基础教育事业正经历着一次深刻的变革,这一变革的核心,对于教师来说,就是转换角色定位;对于学生来说,就是改变学习方式。

为帮助学生掌握英语基础知识和英语学习方法、提高英语学习能力,以适应中学全面实施素质教育,提高教育质量,根据《普通高中课程标准》(实验稿)的基本要求,经过认真研讨,精心设计,我们编写了这套独具特色的、体现高中英语新课标理念的《高中英语同步阅读》。

《高中英语同步阅读》是经教育部审定通过的重庆大学版《高中英语》教材的重要组成部分,与教材相配套。书中提供了紧密围绕教材中心话题的阅读题材,紧扣课程标准要求,将精读与泛读相结合,通过精心设计的少而精的练习题,训练学生的各种阅读策略,力求全面提高学生的阅读技能。

### 编写原则:

1. 初高中自然衔接
2. 练习内容与教材同步
3. 知识不断复现、活用
4. 活动设计体现层次性
5. 注重综合语言能力培养
6. 应试与素质培养相结合

### 体系结构:

以学生用书每个单元的七个板块为参照,所有练习题和活动内容力求与教材内容同步。

1. **Looking Ahead** 为每一个单元的内容提要部分,使学生对每一单元训练的主要技能有总体了解。

2. **Careful Reading** 为每一单元的精读部分,通过 Pre-reading, Reading 和 Post-reading 三个组成部分,注重学生的整个阅读过程,在阅读中穿插介绍阅读技能,布置相应的写作任务,读写结合,锻炼学生的语言活用能力。

3. **Fast Reading** 为每一单元的泛读部分,通过控制阅读时间,根据不同阅读策略而设的练习题,侧重提高学生的阅读速度,训练学生的各项阅读技能。

4. **Reading for Pleasure** 为每一单元的趣味阅读部分,通过紧扣教材中心话题的,语言活泼且有一定深度的阅读题材,侧重让学生享受阅读的乐趣,激发学生的学习兴趣。

《高中英语同步阅读》由中学英语教研员、有丰富教学经验的重点中学的一线英语特级教师、英语高级教师以及高校教师编写而成。但由于成书时间仓促,加之我们水平有限,且本套书的编写体例又是一种全新的尝试,不妥之处,敬请读者在使用中提出宝贵意见和建议,以便再版时修订。

编者

2010年4月

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# Unit 1



## Chicken Soup for the Soul



### Looking Ahead

- ◇ **Reading topic:** Life experience
- ◇ **Reading skills:** Paying attention to the change of the verb tense; Guessing the meaning of each new word from the context
- ◇ **Speaking skills:** Talking about different messages implied in the text
- ◇ **Writing skills:** Writing an experience that affects one's view on life



### Section 1 Careful Reading

*A*

#### Pre-reading

*Think about the following questions.*

1) There are many special phenomena accompanying thunderstorms. Please list some on the lines.

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2) Have you ever been caught in a thunderstorm? What did you do to deal with it?

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#### Reading

1. *Read the text through and choose the best answer to each of the following questions.*

This text is based on the author's own experience. When he tells his story, he changes the verb tense, which is important for you to grasp the flow of the author's thoughts and feelings.

## Unit 1

- 1) According to the passage, the author was \_\_\_\_\_.
- A. finally shrouded by the sun
  - B. greatly annoyed by the rain
  - C. happy to appreciate the brand-new rainy scenery
  - D. uncomfortable and miserable
- 2) The fruitless behavior of chasing the sun made it possible for the writer to realize \_\_\_\_\_.
- A. what reason he made the trip for
  - B. the need to ignore the sun
  - C. the thunderstorm was endless
  - D. the discomfort the rain imposed on him was unendurable
- 3) Which of the following statements is best supported by the author?
- A. Attempting to flee from unavoidable things is useful in some way.
  - B. We can get rid of difficulties quickly by simply denying them, or complaining about them.
  - C. In the course of battling with different difficulties and troubles, if we can challenge them face to face, we are most likely to win the battle.
  - D. Our negative attitudes have little influence on the difficulties and troubles we meet.
- 4) What is the general conclusion the author draws from his experience?
- A. He who is brave will win when coming into unavoidable confrontation.
  - B. Attitude is everything.
  - C. Fortune favours the bold.
  - D. Nature is the true law.
- 5) Which section does the article belong to, if the article is in a newspaper?
- A. Culture.                      B. Entertainment.                      C. Exhibition.                      D. Emotion.

Many years ago, I was on a bicycle trip through some exceedingly picturesque countryside. Suddenly, dark clouds piled up overhead and rain began to fall. What was strange was that several hundred yards ahead of me the sun shone brilliantly. No matter how rapidly I rode, there was no possibility for me to be shrouded by the sun. The clouds with their rain kept advancing faster than I could race forward. I continued this unequal competition for an exhausting half hour, before realizing that I could not win my way to the bright area ahead of me.

Then it **dawned upon** me that I was wasting my strength in unimportant hurry, without paying attention to the landscape, for the sake of which I was making the trip. The storm could not last forever and the discomfort was not **unendurable**. Indeed, there was much scenery to look at, which might have escaped me. As I appreciated the rainy environment carefully, I found colors and lines demonstrating a

brand-new picture different from that under brilliant light. The rain mists which now crowned the wooded hills were entrancing. My annoyance at the rain was gone and my eagerness to escape it **vanished**. It had provided me with a new view and helped me understand that the sources of beauty and satisfaction may be found close at hand within the range of one's own sensibilities.

It made me think, then and later, about other matters to which this incident was related. It helped me realize that there is no sense in my attempting ever to flee from circumstances and conditions which cannot be avoided. What's more, I cannot wipe out difficulties by denying them, blaming them largely or completely on others, or running away from them. I can only worsen but never lessen my problems by ignoring, complaining or avoiding. Therefore, what I really should do is to bravely challenge them, frequently mend them and turn them to good results. It jumped to my mind that half the battle is won if I can face trouble with courage, disappointment with spirit, and triumph with humility. I am convinced that my difficulties and troubles can be largely **resolved**, if not completely overcome, by my own attitudes and actions.

2. *Match each bold word or phrase on the left with the meaning on the right by guessing from the context.*

- |                      |  |
|----------------------|--|
| 1) _____ dawn upon   | a. to solve a problem                            |
| 2) _____ unendurable | b. to begin to know something for the first time |
| 3) _____ vanish      | c. too unpleasant or painful to bear             |
| 4) _____ resolve     | d. to disappear in a sudden and mysterious way   |

### Post-reading

1. *Work in groups of four to discuss the following questions. What is the author's message in telling the story? What do you think he advocates?*

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2. *Sometimes, it is a simple story or a natural phenomenon that makes us have a better understanding of life with a flash of tuition. Have you had any similar experience or read any similar stories? Write it down in no less than 120 words.*

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### Pre-reading

*Up to now, what is the biggest problem you have ever met? How did you handle it?*



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**Reading****1. Read the text through and choose the best answer to each of the following questions.**

- 1) Which of the following best describes the author's inner feelings during his 2-year-stay in bed?
- A. "To live or not to live" is not a matter which I can control.
  - B. There is no sense in struggling for life.
  - C. The process of waiting for death teaches me to value what I have.
  - D. I should spare no efforts to stand up.
- 2) Which of the following is closest in meaning to the sentence "Take time, before time takes you" in Paragraph 3?
- A. Don't be caught by time.
  - B. Take control of time before time takes control of you.
  - C. Make the most of your time before you die.
  - D. Time favors those who cherish time.
- 3) The author considers that the world is beautiful and wonderful if he \_\_\_\_\_.
- A. puts an end to his 2-year-stay in bed
  - B. is not so much a desperate person as a thankful appreciator of the world
  - C. sets foot on the earth regularly
  - D. says his prayers to God frequently
- 4) What is the best title for the passage?
- A. Life and Death
  - B. Face Disability Bravely
  - C. A New Look From Borrowed Time
  - D. Regain My Citizenship in the World

**2. Match each bold word or phrase on the left with the meaning on the right by guessing from the context.**

- |                     |  |
|---------------------|--|
| 1) _____ tick away  | a. to see, read, or hear something and understand it fully     |
| 2) _____ precious   | b. a belief that someone uses for dealing with life in general |
| 3) _____ philosophy | c. rare or very necessary and not to be wasted                 |
| 4) _____ absorb     | d. time is passing   |

Just ten years ago, I sat across the desk from a doctor with a stethoscope. "Yes," he said, "As a result of your damaged brain, it may be difficult for you to stand or run like a normal person. You have a

moderately advanced case..." I listened, stunned, as he continued, "You'll have to give up work at once and go to bed. Later on, we'll see." He gave no assurances.

Feeling like a successful man was suddenly placed under sentence of death, I left the doctor's office, walked over to the park, and sat down on a bench, telling myself that I needed to think it over. In the next three days, I cleared up my affairs; then I went home, got into bed, and set my watch to **tick away** not the minutes, but the months. 2 years later, I left my bed.

The reason why I speak of this experience is that these years spent in bed taught me what to value and what to believe. They said to me: Take time, before time takes you. I realize now that this world I'm living in is not my oyster to be opened but my opportunity to be grasped. Each day is a **precious** present instead of a terrible burden to me. The sun rises and presents me with 24 brand new, wonderful hours—not to pass, but to fill.

I've learned to appreciate those little, unimportant things I never thought I had the time to notice before: the play of light on running water, the music of the wind in my favorite pine tree, and so on. I still remember the wonderful feeling of touching the earth when I first stepped upon it after 2-year-stay in bed. It was like regaining one's citizenship in a world one had nearly lost.

"Look thy last on all things lovely, every hour." With these words, Walter de la Mare sums up for me my **philosophy** and my belief. God made this world a dwelling place of beauty and wonder. Besides, he filled it with more goodness than most of us suppose. Therefore, I say to myself, "Should I not often take time to **absorb** the beauty and the wonder? Should I not, in my heart, be thankful for the goodness God created for me?" Truly, I do. Now I firmly believe it.

### Post-reading

*Work in groups of four. As Zig Ziglar puts it, "Our favorite attitude should be gratitude." Discuss who you want to extend your thanks to and what you want to thank for with your group members. You can choose one from the following list.*

1. mother
2. father
3. teachers
4. friends
5. strangers

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**Section 2 Fast Reading***A***Words:** 396**Suggested time:** 5 min.**Your time:** \_\_\_\_\_**Accuracy rate:** \_\_\_\_\_

It was pouring outside. It rained so heavily and hurriedly that the earth had no time to be accustomed to it.

We all stood there under the roof or just inside the door of the Wal-Mart. We all waited, some impatiently, others restlessly, because nature messed up their busy day. I am always attracted by rainfall. I get lost in the sight of the heavens washing away the dirt and dust of the world. Memories of running in the rain as a carefree child flooded back to my mind.

Suddenly, a girl's sweet voice came into our ears.

"Mom, let's run through the rain." she said.

"What?" Mom asked.

"Let's run through the rain!" She repeated.

"No, honey. We'll wait until it slows down a bit." Mom replied.

"Mom, let's run through the rain." This young child waited for another minute and repeated.

"We'll look like drowned rats if we do so." Mom said.

"No, we won't, Mom. That's not what you said this morning." the young girl said as she tugged at her Mom's arm.

"This morning? When did I say we could run through the rain and not get wet?"

"Don't you remember? When you were talking to Daddy about his cancer, you said, if God can get us through this, he can get us through anything!"

The entire crowd stopped dead silent. I swear you couldn't hear anything but the rain. We all stood silently. No one came or left in the next few minutes. Mom paused. A few minutes later, she said: "honey, you are absolutely right. Let's run through the rain. If get wet, maybe we just need washing." Then off they ran.

We all stood watching, smiling and laughing as they rushed to their cars. They held their shopping bags over their heads just in case. They got soaked. But they were followed by a few who screamed and laughed like children all the way to their cars. And yes, I did. I ran. I got wet. I needed washing.

Circumstances or people can take away your material possessions; they can take away your money, and they can take away your health. But no one can ever take away your precious memories. Therefore,

don't forget to make time and take the opportunities to make memories every day! I hope you still take the time to run through the rain.

**Read the text through and choose the best answer to each of the following questions.**

1) What does the underlined sentence mean?

- A. The rain is so heavy and hurried that the earth cannot get used to it.
- B. The heavy and hurried rain is rarely seen on the earth.
- C. People are too busy to enjoy the rain.
- D. The heavy and hurried rain is absolutely unexpected.

2) Why did the entire crowd become dead silent on hearing the words "if God can get us through this, he can get us through anything"?

- A. Because they just finished their conversation.
- B. Because they are shocked at the news that the girl's father got cancer and moved by her action.
- C. Because they are too angry at the rain to speak anything.
- D. Because they are unfamiliar with each other and thus cannot find a common topic to talk about.

3) The best title for this passage is \_\_\_\_\_.

- A. A Lovely Girl
- B. A Heavy Rain
- C. Run in the Rain
- D. Try to Make Memory

4) Which of the following words may have the same meaning with "restless"?

- A. fidgety(坐立不安的)
- B. furious(愤怒的)
- C. panic
- D. nuisance(麻烦事)



**Words:** 396

**Suggested time:** 6 min.

**Your time:** \_\_\_\_\_

**Accuracy rate:** \_\_\_\_\_

I have spent twenty-five years on boats. My job is to bring in the large luxury liners and stay with them until they are safely moored in their berths. Sometimes this requires two tugs, sometimes more, depending on the tide, the weather, and the draft of the vessel.

Most of you, without doubt, have seen these tugs pushing and pulling at the big liners. These tugs, whether one or ten move about in accordance with whistle signals which I send. These signals make up a language that is just as dependable as the spoken word, or even more so, because the signals are rarely misunderstood. The captain of each tug does his work according to the signals he receives. He never asks questions. He takes everything on faith, and it always works out.

Working around tugboats, where so much depends on teamwork, has had its effect on what I believe. I believe that if I am to attain a successful place in the world I must have the help of my fellow man just as the great liners depend on the help of the little tugs to bring them safely to port. Furthermore,

## Unit 1

I am convinced that if a country is ambitious to be a powerful and strong nation all over the world, he must hand out olive branches to others instead of shutting the door on them.

In spite of what we read in the newspapers, I have a great faith in this country, and I pray that a peaceful understanding will come to this unsettled world so that my children can grow up in a world that will give them happiness instead of bloodshed. I believe this will come true. I remember the understanding and sympathy that took over this country, back in 1949, when a little girl named Kathy Fiskus fell into an abandoned well. Engineers and people in all walks of life worked almost three days, and when they got her out she was dead. People sent thousands of dollars as rescue funds, but those who did the work wouldn't take the money. I talked to captains of foreign ships about the story, and they were just as concerned as we Americans over the tragedy. I believe some way will be found to work together for world peace with the same sympathy and understanding which united people to rescue little Kathy Fiskus.

***Read the text through and choose the best answer to each of the following questions.***

- 1) It depends on the following EXCEPT \_\_\_\_\_ that how many tugs are needed to push and pull luxury liners to their berths.
  - A. the weather
  - B. the draft of the vessel
  - C. the distance between the liner and the bank
  - D. the tide
- 2) The philosophies learned by the author from the tugboat are the followings EXCEPT \_\_\_\_\_.
  - A. if he wants to attain a successful place in the world, he must have the help of his fellow man
  - B. if a country is ambitious to be a powerful nation worldwide, he must hand out olive branches to others instead of shutting the door on them
  - C. teamwork is crucial for one's success
  - D. the whistle signals are more important than the spoken word as to the workers of a tugboat
- 3) What did the author probably read in the newspaper according to Paragraph 4?
  - A. News about the unsettled situation in the world.
  - B. News about the story of Kathy Fiskus.
  - C. News about some new approach to world peace.
  - D. News about the author's country.
- 4) What does the underlined phrase "olive branches" symbolize?
  - A. Disorder.
  - B. Peace.
  - C. Openness.
  - D. Hatred.
- 5) The purpose of this passage is to \_\_\_\_\_.
  - A. make people show sympathy for the girl
  - B. tell people how the workers of a tugboat work

- C. advocate the international community to build world peace based on sympathy and understanding
- D. encourage people to have their own faith and belief



**Words:** 388

**Suggested time:** 5 min.

**Your time:** \_\_\_\_\_

**Accuracy rate:** \_\_\_\_\_

Before my graduation from Columbia, my family met with severe financial reverses and I felt it my duty to leave college and take a job. That was the reason why I started a business career—which I always think of as the wasted years.

I went into business for money, and aside from the satisfaction of being able to help the family, money is all I got out of it. It was not enough. I felt that life was passing me by. From being merely unsatisfied, I became acutely miserable. My ambition was to save enough to quit and go to Europe to study music. I used to get up at dawn to practice before I left for “downtown”, distracting my poor mother by bolting a hasty breakfast at the last minute. Instead of lunching with my business associates, I would seek out some cheap café, order a meager meal and practice music. I continued to make money, and finally, bit by bit, accumulated enough to enable me to go abroad. My family being once more solvent, and my help no longer necessary, I resigned from my position and, feeling like a man released from jail, sailed for Europe. I stayed four years, worked harder than I had ever dreamed of working before and enjoyed every minute of it. “Enjoy” is too mild a word. I walked on air. I really lived. I was a free man and I was doing what I loved to do and what I was meant to do.

If I had stayed in business, I might be a comparatively wealthy man today, but I do not believe I would have made a success of living. I would have given up all those intangibles, those inner satisfactions, which money can never buy, and which are too often sacrificed when a man’s primary goal is financial success.

When I broke away from business, it was against the advice of nearly all my friends and family. So persistent are most of us in the association of success with money that the thought of giving up a good salary for an idea seemed little short of insane. If so, all I can say is “Gee! It’s great to be crazy.”

Money is a wonderful thing, but it is possible to pay too high a price on it.

***Read the text through and choose the best answer to each of the following questions.***

- 1) In which order did the following things happen in the author’s life?
- a. He quitted his well-paid job.
  - b. His family was caught in financial crisis.
  - c. He started a career as a businessman.

## Unit 1

- d. He dropped out from Columbia.  
e. He left for Europe to study music.  
f. He made his own decision under the pressure of his friends and his family.
- A. b, f, d, c, a, e      B. d, b, f, a, e, c      C. d, f, c, b, a, e,      D. b, d, c, f, a, e
- 2) Which of the following is the most likely reason why the author had a bitter hatred for business?
- A. Money was the root of evil.  
B. If he was a businessman, he would never be a free man.  
C. Business was not what he took interest in.  
D. He did not like associating with his business partners.
- 3) Why is the word “enjoy” in the second paragraph in quotation marks(引号)?
- A. He doesn't really enjoy.  
B. It has a special meaning.  
C. The author wants to explain the word.  
D. The author wants to draw readers' attention to it.
- 4) What is the author's philosophy of success?
- A. Being a free man.  
B. Living a wonderful life.  
C. Chasing what your heart leads you to.  
D. Acquiring wealth.



### Section 3 Reading for Pleasure

#### Optimist VS. Pessimist

William Arthur Ward

Views on life vary from person to person. Let us appreciate an interesting poem which demonstrates two completely opposite attitudes towards life.

The pessimist finds fault.

The optimist discovers a remedy.

The pessimist seeks sympathy.

The optimist spreads cheer.

The pessimist criticizes circumstances.

The optimist changes conditions.

The pessimist complains about the apple seeds.

The optimist plants them.

The pessimist imagines impending peril.

The optimist sees signs of prosperity.

The pessimist disparages.

The optimist encourages.

The pessimist creates loneliness.

The optimist finds friends.

The pessimist nibbles at the negative.

The optimist is nourished by the positive.

The pessimist builds barriers.

The optimist removes roadblocks.

The pessimist invents trouble.

The optimist enriches the environment.



## Unit 2



# Eternal Love



### Looking Ahead

- ◇ **Reading topic**: Love between people
- ◇ **Reading skills**: Grasping the theme of the passage; Guessing the meaning of new words from the context
- ◇ **Speaking skills**: Sharing a touching story about love
- ◇ **Writing skills**: Writing a summary



### Section 1 Careful Reading

*A*

#### Pre-reading

*Think about the following questions.*

1) When you are in danger, will you give up your life for the sake of other people? Why?

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2) Please list some trifles from which you can feel your mother's love.

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#### ***Grasping the theme of the passage :***

It will help you to get a better understanding of the passage and answer the questions more effectively.

#### Reading

1. *Read the text through and choose the best answer to each of the following questions.*