## PE 重庆市高职高专规划教材

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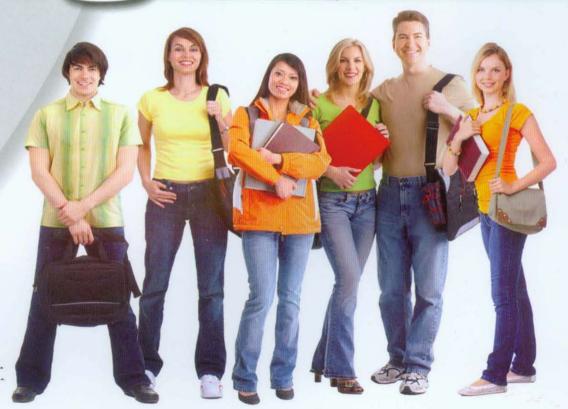
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## 成长英语自主学习用书



"成长英语系列教材"编写组 编

## Prograssing English





#### 内容提要

本书为重庆市高职高专规划教材《成长英语学生用书·基础篇》(Progressing English)的配套学习用书。本书包括 8 个单元,每个单元均由 Listening, Reading, Writing 和 Grammar 4 个部分组成。其中, Listening 部分包括情景对话、对证理解和短文听写, Reading 部分包括两篇短文,分别提供单词、阅读理解练习、重点词汇和句型的练习, Writing 部分给出了例文和词汇\句型资料。全书以任务为引导、实际运用为重点、语言技能训练为基础, 内容循序渐进, 语言技能要求逐步提高, 适合高职高专学生使用。

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#### 第2版前言

《成长英语》自 2010 年出版发行以来,受到了广大师生和社会使用者的认可和喜爱。在 5 年的使用过程中,我们广泛听取了来自教师和学生的使用意见和建议,并在《成长英语》第 1 版的基础上,修订和完善了教材的总体框架,更加体现了主线人物的成长历程;调整了三册之间的难度梯度;进一步丰富了练习形式和内容,更加适应当前的教学实际。期望《成长英语》第 2 版不仅能契合当前"90 后"大学生的群体特点,也能满足《高职高专教育英语课程教学基本要求》提出的"实用为主、够用为度"的教学原则,更能满足一线教师对英语教学改革的迫切要求。

《成长英语(第2版)》的修订主要涉及以下方面:

- 1. 更新了主题和教材内容:贴近生活,突出应用。
- 三册书均不同程度地调整了部分单元主题和相应的文章。使教学内容更加贴近高职高专学生的 校园和社会生活,更有利于提高学生的兴趣,突出学用结合,便于教师组织教学活动,提高学生在教学 过程中的参与性,促进教学的互动性。
  - 2. 增加了练习设计:引导参与,突出综合。
- 1)每个单元新增了 Do Your Project 板块,结合所在单元主题,设计了针对学生实际的相应的活动项目,增加了学生语言应用的机会。练习的设计突出综合性,体现了高职高专教育的特点。
- 2)每个单元新增了视听部分,选材注重了语言的原滋原味,突出了学生听说交际能力的训练和培养。
- 3)全新编写了语法部分,突出了"够用为度"的原则,改变了常规语法学习"规则一练习"的模式, 采用"体验—总结—应用"的模式,旨在帮助学生尽快掌握使用英语语法的技能。
- 4)根据"高等学校英语应用能力考试"的题型变动,调整了部分练习题的形式,使之更契合考试题型,突出了练习的针对性,有利于帮助学生适应新题型。
  - 3. 重新设计了教学课件:科学合理,兼顾个性。

新设计的配套教学课件,注重了设计的科学性和实际使用的方便性。丰富了网络课件的内容,便 于教师根据教学情况灵活选取备课资源。

4. 重新设计了教材版式:大方时尚,清新美观。

考虑到"90后"高职学生的性格特点和思维模式,教材版式由原来的双色变为彩色。版面设计更为活泼、轻松、实用,力求通过调动学生的审美情趣来激发学生英语学习的兴趣和学习效率。

《成长英语(第2版)》分基础篇、进阶篇、提高篇3册,每册包括《学生用书》《自主学习用书》《教师用书》及配套的多媒体光盘。各册内容循序渐进,语言技能要求逐步提高。《学生用书》《自主学习用书》和《教师用书》每册各有8个单元,教学内容适中,能够满足高职高专学校的教学需要。

《成长英语(第2版)》修订工作由总主编刘寅齐教授和张泽健教授统筹,分册主编负责实施,各

高职院校的骨干教师参加了具体的修订工作。

《成长英语自主学习用书·基础篇》由全冬、李志萍担任主编,李鹰、谭晓渝担任副主编。参加《成长英语自主学习用书·基础篇》编写的作者为(以编写内容先后为序):邓春梅、董保华、熊玲莹、赵倩、赵庆慧、余兰、古隆梅、肖隽逸、陈崇国、谭晓渝、陶陶。其中陈崇国负责"Model Test 1-3"部分的重新编写;谭晓渝负责每单元"Part 3"中新增加内容"Word Match Exercise"的编写;陶陶负责每单元新增加板块"Part 4 Grammar"的编写。

编 者 2015年6月

#### 第1版前言

《成长英语·自主学习用书》(Progressing English—Workbook)是《成长英语·综合教程》的同步自学练习用书。本书根据教育部《高职高专教育英语课程教学基本要求》精神,紧密结合《成长英语·综合教程》的单元主题和教学内容,本着"贴近生活、贴近实践、贴近实战"的原则,精心设计与之适应的练习形式,旨在巩固和拓宽教材所涉及的语言技能、词汇和语法等语言知识。

本书由8个自学练习单元和3套自测练习题组成,主要具有以下几个方面的特点:

- 一、选材新颖,题材广泛,难度适中,集时代性、趣味性、实用性和思想性于一体。
- 二、采用在阅读文章边栏标注生词的形式,方便学生自学阅读使用。
- 三、练习形式采用客观练习题型为主,兼顾《高等学校英语应用能力考试大纲》所要求的测试题型,所涉及的练习与教材密切配合,既便于学生自主练习,又能达到复习巩固教材学习内容的目的。

四、本书中3套自测练习题的设计遵循《高等学校英语应用能力考试大纲》(B级)的要求,并针对重庆地区考生在《高等学校英语应用能力考试》中的薄弱环节,设计了相关的语言技能训练项目。

本书既可用作《成长英语·综合教程》第一册的课外练习,又可用作高职高专英语一年级的辅助 教材和具有相应水平的英语爱好者的自学教材。

《成长英语·自主学习用书》由重庆科技学院刘寅齐教授和重庆教育学院张泽健教授担任总主编,重庆大学余渭深教授担任总主审,澳大利亚专家 Dennis Hulse 先生担任语言顾问。

本教材的编写得到了重庆市教委高教处的大力支持,特别是在编写过程中得到了有关高校领导的关心和帮助,在此,我们一并表示诚挚的感谢。

《成长英语·自主学习用书》是我们在高职高专教学内容和课程改革方面所作的一次大胆尝试, 书中有不当和疏漏之处,敬请广大使用者批评指正。

> 编 者 2010年7月

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## Unit 1 / A New Life, A New Beginning



### Part 1: Listening

#### Exercise 1

There are 5 recorded questions. After each question, there is a pause. The questions will be spoken two times. When you hear a question, you should decide on the proper response from the 4 choices marked A), B), C) and D) given below.

- 1.A) I come from Chengdu.
  - C) I was born in Chongging.
- 2.A) Let me have your name, please.
  - C) I really have a special name.
- 3.A) I'm used to the weather here.
  - C) Not bad, it's dull.
- 4.A) It is about 5 minutes' walk.
  - C) You are welcome.
- 5.A) I'm glad to hear that.
  - C) I like it more than anything else.

- B) I'd like to visit Beijing this summer.
- D) I have never been to Kunming.
- B) My name is Mark White.
- D) I can't tell you my name.
- B) It's a wonderful experience.
- D) Pretty good. Don't worry about me.
- B) Go ahead and turn left, you'll find it.
- D) I plan to go there this summer.
- B) I'm not sure of it.
- D) I'm not interested in the activities.

#### Exercise 2

There are 2 recorded conversations. After each conversation, there are some recorded questions. Both the conversations and questions will be spoken two times. When you hear a question, you should immediately decide on the correct answer from the 4 choices marked A), B), C) and D) given below.

#### Conversation 1

- 6.A) Paris.
- B) London.
- C) Washington.
- D) Sydney.

- 7.A) One week.
- B) One year.
- C) Three weeks.
- D) Three years.

#### **Conversation** 2

- 8.A) Business English.
  - C) Software Engineering.
- 9.A) City Management College.
- B) Business Management.
- D) Software Management.
- B) Business Management College.

C) Southwest College.

- D) Southeast College.
- 10.A) The West Bank Dining-Hall.
- B) The West Bank Hotel.
- C) The West Bank Restaurant.
- D) The West Bank Café.

#### Exercise 3

You will hear a recorded short passage. The passage is printed below; please complete the missing words or phrases after you hear the passage three times.

After college entrance examination, I couldn't 11) \_\_\_\_\_ my college life. Now I have been in Southwest College for 12) \_\_\_\_\_, and I find that college life is easier and 13) \_\_\_\_\_ than high school life. In high school, I used to get up early and stay up late to finish my homework. In college, I have more time to arrange things 14) \_\_\_\_\_, so I have taken part in 15) \_\_\_\_\_ and made a lot of friends.



#### **Part 2: Reading**



#### What Does College Life Bring to Me?

My **roommate** always jokes that I am **constantly** writing papers. Sometimes, I think she's right. But the fact is that I myself choose classes with papers **intentionally**—I hate studying for tests or doing problem sets.

I have found for the first time in my life that I spent more time doing work outside of class. Now, the classroom teaching is brief and **concise**. There's no **attendance roll** or explaining the homework. All we have to do is to pay attention and learn.

But these short classes are another change from high school—lots of out-of-class work. Although I do have more hours free than last year I still feel as busy as a bee. It was almost two months later when I found the **balance** between classroom learning and out-of-class work. The library has been my **savior** more than once on Saturday, when my friends and my **cozy** bed tried to **beckon** me away from my papers.

roommate *n*. 同住一室的人 constantly *adv*. 始终, 一直 intentionally *adv*. 故意地, 有意地

concise a. 简明的, 简洁的 attendance roll 考勤

balance n.平衡,均衡 savior n. 救世主,救星 cozy a. 舒适的,安逸的 beckon v. 示意,召唤 There's a difference between the **busyness** of this semester and my **stress-filled** days of high school. I am choosing these classes. I am choosing to write these **essays** on various topics. I am choosing to work harder than I would be if I went back home. In my **academic** life, I am busy learning, not busy doing useless **assignments**. So bring on the papers, I am ready for the challenge.

busyness n. 繁忙,忙碌 stress-filled a. 压力重重的 essay n. 文章,短文 academic a. 学术的,纯理论的

assignment n. 工作, 任务

#### → Reading comprehension

• I am busy learning, not busy doing 5)

#### Exercise 1

Please complete the information by filling in the blanks using no more than 3 words in the table below.

# The main idea: During my college years, I choose classes with papers intentionally because I hate 1) \_\_\_\_\_\_ or doing problem sets. My college experience: I spent more time doing work 2) \_\_\_\_\_; I have more free time but I feel 3) \_\_\_\_\_ a bee; The library has been my 4) \_\_\_\_\_;

#### Exercise 2

Choose the best answer for each of the following questions.				
.The author choose writing class because she				
A) likes writing papers constantly	B) spends more time doing out-of-class work			
C) wants to play joke with his roommates	D) hates studying for tests			
2.It can be inferred that high school class				
A) has more work inside of class	B) always checks the attendance			
C) tends to be very difficult	D) assigns less homework			
3. The author thought the classroom teaching was				
A) busy but enjoyable	B) brief and concise			
C) easy and interesting	D) short but full of work			
4. After entering college, the author spent more time doing work				
A) at dorm with roommates	B) mostly in the classroom			
C) at the library out of class	D) at the library on weekends			

5.In the author's mind, libration	cary is			
A) a place to balance learning and work		B) a savior to encourage him to study		
C) a room to escape from the cozy life		D) a storage full of variety of	books	
→ Words and exp	ressions			
Exercise 3				
Please choose the best meani	ng for the word underline	ed or complete the statements b	y choosing the appropriat	
answer from the 4 choices me	arked A), B), C) and	D).		
1.In my opinion, fashion(	寸尚)is <u>constantly</u> changi	ng.		
A) sometimes	B) always	C) accidentally	D) never	
2. While teaching the pre-sch	hool children, the teachi	ng content should be more co	ncise.	
A) less detailed words		B) brief with simple words		
C) smaller explanations		D) more interesting comment	s	
3. Believe it or not. He is th	e best man who can finis	sh the <u>assignment</u> for us.		
A) something	B) task	C) housework	D) planning	
4.Cathy beckoned to me from	m across the street when	I was waiting for the bus.		
A) cried	B) shouted	C) waved	D) called	
5.I to catch the e	early train, but I didn't	get up in time.		
A) intended	B) intentionally	C) intention	D) intend	
6.He has finished five	this semester.			
A) essay	B) essayes	C) essaies	D) essays	
7.I shall be the c	elass.			
A) attending	B) attendance	C) attend	D) attends	
8. College helps us get ready	the future ch	nallenge.		
A) to	B) at	C) for	D) with	
Exercise 4				
Complete the sentences by tra	unslating into English the	Chinese given in the brackets.		
1(事实是)I gav	ve up the exam at the las	st minute.		
2.Although I(真	的有)the time, I still fe	eel time is quite limited.		
3. The final examination is c	oming, so my sister and	I are(忙于准备)i	t.	
4.I know you didn't break t	he window (古	效意).		
5.The college student seems	to be as busy	_(很忙碌) before graduation.		

#### Passage B

#### **Higher Education System in the USA**

In the USA, **undergraduates** are students in the first four years of higher education, or what Americans call college, which means the four years after high school.

But the work does not all have to be done at the same college. For example, a student may first attend a two-year school, also called a community college or **junior** college. Students who complete a two-year course of study **earn** an **associate degree**. Starting at a community college can save a lot of money if students want to go on to a four-year college or university. Many four-year schools will accept this work as the first two years toward a **bachelor's degree**.

To earn a bachelor's degree, students usually take **general** subjects during their first two years. After that they take classes in their **major** area of study. Students who major in a **scientific** area receive a Bachelor of Science degree, known as a B.S. Schools may also offer other degrees, like B.A. — a bachelor of arts, or a bachelor of music.

After students have a bachelor's degree, they may go on to earn a graduate degree — either a master's degree or a doctorate.

A master's degree generally takes two to three years of fulltime study. A doctorate can take much longer. A student may earn a Doctor of **Philosophy** degree, known as a PhD, or a **professional** degree in an area like **medicine**, law or education. undergraduate n. 本科生

junior a. 年少的,资历较浅的 earn v. 赢得,获得 associate a. 副的,有联系的 associate degree 副学士 bachelor's degree 学士学位

general a. 全体的, 总的

major a. 主要的 scientific a. 科学的

master *n*. 硕士 doctorate *n*. 博士学位 philosophy *n*.哲学, 哲理 professional *a*. 职业的, 专业的 medicine *n*. 医学

#### → Reading comprehension

#### Exercise 1

Decide whether each of the following statements is true or false, and then write T for true, F for false, according to the passage you read.

1. Undergraduates are students in the first two years of higher education.

( )2.Every four-year	r school must accept gradua	tes from community coll	eges.		
( )3.A master's deg	) 3.A master's degree generally takes two to three years of part-time study.				
( )4.In the USA, a	)4.In the USA, a doctorate takes longer time than a master's degree does.				
( )5.If you major in	a scientific area, you will	receive a Bachelor of So	cience degree.		
Exercise 2					
Please complete the sta	tements that follow the quest	ions.			
1.In the USA, what d	oes "undergraduate" mean?				
"Undergraduates" a	re students in the	of higher education.			
	llege students take during th				
They usually take _	during the first two	years.			
3. What will a student	earn if he completes a two-	year course of study?			
He will receive					
4. What degree does a	college student receive if he	e majors in a scientific a	area?		
He will receive a					
	e for receiving a master's de	egree in the United State	es?		
It will take	_years of full-time study.				
→ Words and	expressions				
Exercise 3					
Please choose the best	meaning for the word underl	lined or complete the sta	tements by choosing the appropriate		
answer from the 4 choi	$f(ces\ marked\ A)\ ,\ B)\ ,\ C)\ and$	(d D).			
1.We at lea	st 9 projects since last Marc	eh.			
A) have completed	B) will complete	C) are completing	D) complete		
2.If you had accepted	my suggestion, you	the unnecessary exp	ense.		
A) would save	B) would have saved	C) will save	D) will have saved		
3.Miss Zhang is	Professor.				
A) an Associate	B) the vice	C) the second	D) a junior		
4. She is paid less than	she really				
A) earn	B) earns	C) earned	D) earning		
5. As far as I know, sl	ne majored biolog	y and physics.			
A) at	B) of	C) in	D) with		

6.He is a football player and playing football is his job.					
A) temporary	B) professional	C) serious	D) hard-working		
7.The manager was so your	ng that he was <u>junior</u> in	age to some of his employ	rees.		
A) older than	B) elder than	C) senior to	D) younger than		
8.A master's degree genera	ally takes two to three ye	ears of full-time study.			
A) mostly	B) probably	C) completely	D) likely		
Exercise 4					
Complete the sentences by translating into English the Chinese given in the brackets.					
1.Mr. Ward is (被认为是)a great painter.					
2.I will (主修) accounting.					
3.Students who completed the project can (挣得学分).					
4. College usually begins wi	th(通识课和	星).			
5.It will take (两到三) years to finish such a construction.					



#### Sample 1

Registration			
First Name	Yufeng		
Last Name	Yang		
Language	Chinese		
Nationality	Chinese		
Home Address	222 Renmin Road, Chengdu		
Zip Code	610015		
Telephone	028-87417885		
Gender	$\lceil \sqrt{\ } \rceil$ Male $\lceil \times \rceil$ Female		
Date of Birth	Month <u>01</u> Day <u>15</u> Year <u>1979</u>		
Occupation Software Engineer			
Marital Status Single			

#### Sample 2

Registration		
First Name	John	
Last Name	Brown	
Date of Birth	July 11, 1979	
Nationality	French	
Gender	Male	
Marital Status	Married	
Identity Card Number	51036619790711432X	
Occupation	Social Worker	
Permanent Address	No.55, Fifth Street, Mange, Paris	

#### Data bank

- 1.I am a freshman of Beijing University, my family name is Yang and given name is Yufeng. 我是北京大学的一名新生, 姓杨名玉枫。
- 2.I am single. 我尚未结婚。
- 3.I was born in Chengdu on Jan. 15, 1979. 我 1979 年 1 月 15 日出生在成都。
- 4.I have been living at 222 RenminRoad, Chengdu with my parents. 我和父母一直居住在成都市人民路 222 号。
- 5.My mother language is Chinese. 我的母语是汉语。
- 6.I have been a software engineer before I came here to do further study. 我在到这里进修前一直担任软件工程师。
- 7.I am a male student. 我是男生。
- 8.My zip code is 610015. 我的邮政编码是 610015。
- 9. You can contact me by calling 028-87417885. 你可以拨打 028-87417885 与我联系。
- $10. My\ Identity\ Card\ Number\ is\ 51036619790711432X.$

我的身份证号码是 51036619790711432X。

#### **♦ Word Match Exercise**

The following is a list of terms related to registration. After reading it, you are required to find the terms equivalent to those given in Chinese below.

A—passport B—visa C—marital status D—sex E—female F—male G—single H—married

I—height J—weight K-identity No. L-home phone M—fax N—e-mail O—political status P—cell phone ➤ Example: (A)护照 (C)婚姻状况 ( )签证 1.( ) 手机 2.( )政治面貌 ( )家庭电话 3.( )男性 )身份证号 4.( )已婚的 )身高 5.( )单身的 )体重



## Part 4: Grammar

Exercise 1				
Please choose the best answ	er from the 4 choices marked 1	(A), (B), (C) and (D).		
1. If it is fine tomorrow, w	e a football match.			
A) have	B) will have	C) has	D) shall has	
2. When he was at school,	he early and take	a walk before breakfast.		
A) will rise	B) shall rise	C) should rise	D) would rise	
3. I go to bed u	ntil I finished my v	vork.		
A) don't/had	B) didn't/have	C) didn't/had	D)don't/have	
4 you think he _	back by dinner time	e?		
A) Do/have come	B) Did/will have come	C) Does/will come	D)Do/will have come	
5. He said that he dropped	his bag when hef	for the bus.		
A) are running	B) was running	C) were running	D) is running	
6.No sooner he	arrived home than he	to start on another jo	urney.	
A) has/was asked	B) have/were asked	C) had/is asked	D) had/was asked	
7. " you give me	a room for the night?" I ask	ed on arriving at the hot	el.	
A) Should	B) Can	C) Might	D) May	
8. There are nine of them, so get into the car at the same time.				
A) they may not at all	B) all they may not	C) they can't all	D) all they can't	
9. "We didn't see him at the lecture yesterday." "He it."				
A) mustn't attend		B) cannot have attended	d	
C) would have not attend	ded	D) needn't have attend	ed	
10. "You realize that you were driving at 100 mph, don't you?"				
"No, officer. I This car can't do more than 80."				

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A) didn't need to be

B) may not have been

C) couldn't have been

D) needn't have been

#### Exercise 2

Insert the correct form from the following, using each form only once.

	could	must	shouldn't	would	might
TI		I I			

1) There \_\_\_\_\_ have been some mistakes.

2) She \_\_\_\_\_ have bought that house.

3)\_\_\_\_\_ you mind shutting the door?

4) It \_\_\_\_\_ rain this evening.

5) I wonder if I  $\_$  leave now.

## Unit 2 / Well Begun, Half Done



### Part 1: Listening

#### Exercise 1

There are 5 recorded questions. After each question, there is a pause. The questions will be spoken two times. When you hear a question, you should decide on the proper response from the 4 choices marked A), B), C) and D) given below.

- 1.A) Yes, I'd love to.
- B) It's boring.
- C) Yes, I got it.
- D) It begins at 7:00.

- 2.A) It's close at 10 pm.
- B) Thank you.
- C) I don't think so.
- D) Sorry, I'm new here.

3.A) Oh, no.

- B) You're welcome.
- C) Thank you very much.

D) Don't mention it.

4.A) Sorry, I'm short of money.

B) I'm sorry to hear that.

C) Sure. Here you are.

D) No, thanks.

- 5.A) I've taken 5 courses.
- B) I'm not sure.
- C) Go ahead.
- D)I can't agree more.

#### Exercise 2

There are 2 recorded conversations. After each conversation, there are some recorded questions. Both the conversations and questions will be spoken two times. When you hear a question, you should immediately decide on the correct answer from the 4 choices marked A), B), C) and D) given below.

#### Conversation 1

- 6.A) Pretty good.
- B) Knowledgeable.
- C) Easygoing.
- D) Strict.

- 7.A) The students' class behaviors.
- B) The students' test scores.

C) The students' abilities.

D) The students' after-class exercises.

#### **Conversation** 2

8.A) English Writing Course.

B) Professor Smith.

C) Final exam.

D) First lesson.

- 9.A) 14 weeks.
- B)8 weeks.
- C)4 weeks.
- D)6 weeks.

- 10.A) It is about the introduction.
- B) It focuses on the class performance.

C) It is not very difficult.

D) It is as usual.