



最实用的话题 最地道的表达

*Talking with  
Foreigners  
About Campus Life*



# 老外最想与你聊的 校园英语话题

50个话题、100篇对话、最实用的词汇，助您突破英语口语瓶颈  
实现与老外进行深层次对话和交流

宋梦婷 | 编著  
[美] K·余

[英] K·哈里斯 | 审定



中国宇航出版社

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 老外聊天  
系列



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# Preface

*Talking with Foreigners about Campus Life*, as a new title in the book series, is more than an ordinary oral English book. It's supposed to be popular reading materials among college students. This book presents readers with the whole picture of campus life, with a view to provoke in-depth thinking.

This book consists of 50 popular topics in 10 chapters, namely I'm a Freshman, My First Lesson, Fashion Goer, Growing Pains, My Love Story, Hardworking, Volunteers' Smile, Career Planning, Job Glimpse and Upon Graduation. It covers almost every part of campus life with a focus on communicating with foreigners. With this book, readers can have a better understanding of campus life so as to talk with native English speakers with ease and confidence. "Words Storm & Phrases" are listed for each topic while "Background Information" is provided for readers in an easy-to-understand manner. Meanwhile, this book goes with an MP3/CD-ROM read by native experts, whose standard pronunciation will definitely improve readers' listening comprehension skills.

Each topic in this book is independent of the others. Readers can find most interesting ones to practice first rather than working through the book one by one. Once a topic is chosen, it is recommended to read a few useful sentences about it before turning to new words and phrases. After learning the key words and phrases, readers can go through the dialogues or practice them with partners by role-playing to have fun. Readers can review words and phrases in several days and try to make up a new dialogue as well. If the book can be used in this way, readers can get the most out of it to improve the English proficiency and have pleasant conversations with foreigners.

I wish to acknowledge Ms. Kristen Yu who has been teaching oral English in China for years. She has carefully proofread the script and given some constructive comments. Also, I'm grateful to Drew Bass, an American student in China. She has offered many good ideas and improved the wording. Finally, my thanks go to friends who have direct contact with foreigners. They have also spent lots of time and energy on the book.

Hopefully, this book will help readers have some great conversations with foreigners and have fun learning English.

Editor

# 前言

本书作为“老外聊天”系列丛书中的一员，并不是一本普通意义上的英语会话书，更准确地说，这是一本当代大学生喜闻乐见的英语读物。本书呈现给读者的是整个大学校园生活的缤纷画面，通过一个个生动的场景，围绕校园生活展开有深度的讨论。

全书共分 10 篇 50 个话题：初来乍到、第一堂课、时尚达人、不想长大、恋恋红尘、业精于勤、志愿之路、职业规划、初识职场和毕业时节，几乎涵盖了大学生活的方方面面，同时也立足于与外国友人进行交流这一出发点，精选了各类热门话题。一册在手，不仅可以增加您对当代大学校园生活的了解和体会，也可作为与英语母语人士交流的宝典。为了方便读者使用，对话后附有“词汇 & 词组”，以消除阅读障碍。此外，每个话题还专门设置了相关的知识链接，对各个话题的背景知识作了浅显易懂而又必要的解释说明。另外，本书还配有由北京外国语大学外国专家配音录制的 MP3 光盘，相信他们纯正地道的发音会使您的听力得到很大提高。

本书的每个话题都独立成篇，不需要按章节依次学习。在阅读时，读者可以根据自己的兴趣，从最喜欢的章节学起。选好章节后，可以先根据话题，自己试着说一说。然后再参照本书的对话，记住生词和新的表达。最后，通读对话，还可以找同学或朋友分角色朗读，使学习的过程更有乐趣。隔一段时间之后，可以回过头来巩固关键词和关键短语，并尝试自己编一段对话。相信通过这样的方法，读者可以充分利用本书，达到提高英语水平、与外国朋友愉快交流的目的。

多年来一直从事英语口语教学的 Kristen Yu 女士认真审校了书稿，提出了很多有价值的修改意见；美国留学生 Drew Bass 为本书的编著献计献策，对书稿进行了润色；作者的多位同学、朋友作为与“老外”交流的第一线实践者，为本书付出了辛勤劳动，特此感谢。

当然，书中难免也会存在一些疏漏之处，恳望诸位读者和同业前辈不吝赐教、批评指正。

编者

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# I'm a Freshman

## 初来乍到

1

**Hey, Bro**

**欢乐喜相逢**

### Useful Expressions

- |  |                                  |
|--|----------------------------------|
| 1. The weather was pretty good and the journey was uneventful.   | 1. 一路上天气不错，飞机飞得很平稳。              |
| 2. You must be exhausted after such a long flight.   | 2. 坐了这么长时间的飞机，你一定累了吧？            |
| 3. It has always been my dream to visit China.   | 3. 我一直盼着能来中国。                    |
| 4. I applied for a student exchange program, I got in, and here I am!                                  | 4. 我申请了交换生项目，就到这儿来了！             |
| 5. I just can't wait to explore a brand new life here in China.  | 5. 我都等不及来中国体验全新的生活了！             |
| 6. First and foremost, college is completely different than high school.                               | 6. 首先最重要的是，大学和高中大有不同。            |
| 7. College life means a lot more freedom.  | 7. 大学生活意味着更多的自由。                 |
| 8. We will have to take responsibility for our own schoolwork and after school activities from now on. | 8. 从现在开始，我们要为自己的学习和课余活动负责。       |
| 9. It might be a little nerve-racking for us since everything would be thrown at us at the same time.  | 9. 我们会同时经历很多事，大学生生活会很伤脑筋。        |
| 10. Once we're settled into everyday college life, everything would become much easier.                | 10. 只要我们适应了大学里的日常生活，所有事情都会变得很简单。 |
| 11. We need to become more mature in order to survive college life.                                    | 11. 我们要想适应大学生活，就应该变得更成熟一些。       |
| 12. We can even miss a few classes without a letter being sent home to our parents.                    | 12. 我们就算逃几节课，学校也不会告诉家长。          |

## Dialogue 1

Marcus: Hey, you must be Jamie Smith from the United States.

Jamie: Yes, I'm Jamie. I'm from California.

M: I'm Marcus. I'll be your college classmate. How do you do?

J: How do you do, Marcus? It's so nice of you to come and meet me at the airport.

M: My pleasure. How was your flight?

J: Pretty good. The weather was pretty good and the journey was uneventful.

M: I'm glad to hear that. You must be exhausted after such a long flight. Would you like to sit down and rest for a few minutes?

J: Umm...I'd rather go to the College.

M: Ok, let's take the shuttle bus. This way, please.

J: Thank you, Marcus. Will it take long to get to the College?

M: It's only a 15 minute drive from here.

J: That's great! What time is it right now?

M: It is 11:30 a.m.

J: So we're 16 hours ahead of San Francisco. I need to reset my watch.

M: Yes. All of the clocks and watches here in China are set to Beijing Standard Time.

J: Yeah, I know China is the largest country with only one time zone, right?

M: That's right! So you're from California, the place where the sun always shines?

J: (Laughs) Yes. I live in the city of Pleasanton, located on the San Francisco Area's east side.

M: It must be an amazing place.

J: Yes, you can find almost everything there, great work opportunities, top ranked schools... and fabulous shopping, of course.

M: That sounds great! So you decided to come to China for study?

J: Well, it has always been my dream to visit China. So I applied for a student exchange program, I got in, and here I am!

M: Now it's a dream come true.

J: Yes! I just can't wait to explore a brand new life here in China.

M: I'm sure you'll have a great time here.

J: Thank you, Marcus.

马库斯：嘿，你就是美国来的吉米·史密斯吧！

吉米：嗯，我是吉米，来自加利福尼亚。

M：我叫马库斯，是你的大学同学。你好！

J：你好，马库斯！谢谢你来机场接我！

M：不客气！你的飞行旅途愉快吗？

- J: 挺好的! 天气不错, 飞行很平稳。
- M: 真好! 坐了这么长时间的飞机, 你一定累了吧? 你想坐下来休息会儿吗?
- J: 哦……我想直接去学校。
- M: 好啊, 我们去坐机场大巴吧。这边!
- J: 谢谢你, 马库斯! 学校离这儿远吗?
- M: 坐大巴只要 15 分钟就到啦。
- J: 太好了! 现在几点了?
- M: 上午 11:30。
- J: 比旧金山早 16 个小时。我要调一下手表。
- M: 嗯, 这里所有的钟表都显示北京时间。
- J: 我知道中国是世界上最大的单一时区国家, 对吗?
- M: 没错! 你来自阳光灿烂的加州?
- J: (大笑道) 是啊! 我家在普莱桑顿市, 位于旧金山的东部。
- M: 那里一定很美吧!
- J: 是啊, 那里有特别好的就业机会, 一流的学校等等, 几乎应有尽有, 当然少不了特别棒的购物中心啦!
- M: 听起来真不错! 你决定来中国学习吗?
- J: 嗯, 我一直盼着能来中国。我申请了交换生项目, 就来啦!
- M: 现在梦想成真啦!
- J: 是啊! 我都等不及来中国体验全新的生活啦!
- M: 你一定会很开心的!
- J: 谢谢你, 马库斯!

## Dialogue 2

- Marcus: Hey, Jamie! How did the departmental reception go the other day? Sorry I missed it.
- Jamie: Oh, it was great, Marcus. We got to know each other, and the dean.
- M: He is a nice guy, isn't he?
- J: Yes, he extended a very warm welcome to all of the new students and gave us a bunch of great tips on college life.
- M: Such as making the most of the reception by mingling with your peers?
- J: He did mention that.
- M: Wow, I was actually kidding just now. So what are the other great tips?
- J: Well, first and foremost, college is completely different than high school.
- M: That's for sure. But in what sense? Was he more specific?
- J: He said that college life would mean a lot more freedom for us.
- M: Does that mean we can walk out of a classroom without a hall pass?

- J: Yep. We can even miss a few classes without a letter being sent home to our parents, Marcus.
- M: Wow, that's cool.
- J: Not really, Marcus. Actually, I think we need to become more mature in order to survive college life.
- M: Seriously?
- J: Seriously! We will have to take responsibility for our own schoolwork and after school activities from now on.
- M: Oh, you mean we're growing up.
- J: Yes! The dean told us that it might be a little nerve-racking for us since everything would be thrown at us at the same time.
- M: I've got that feeling already. I'm feeling overwhelmed, Jamie.
- J: Don't worry. He assured us that once we're settled into everyday college life, everything would become much easier.
- M: I really hope so.
- J: Ok, Marcus, the dean prepared a Freshman Guide for us. I also got a copy for you. Here you are.
- M: Wow, he's really considerate. Thank you, Jamie.

马库斯：嘿，吉米！昨天系里的招待会办得怎么样啊？我没去成，太遗憾了。

吉米：哦，马库斯，挺不错的！我们相互认识了一下，系主任也去了。

M: 他这人挺不错的吧？

J: 嗯，他热烈欢迎了新同学，还给我们讲了很多大学生活的小窍门呢！

M: 比方说好好利用招待会的认识认识同学？

J: 他还真提到了这个。

M: 我刚才不过是在开玩笑啦！那他都说出了哪些窍门呀？

J: 嗯，首先呢，大学和高中大有不同。

M: 那肯定啊！但是怎么个不同法呢？他具体解释了吗？

J: 他说大学生活意味着我们将拥有更多的自由。

M: 那是不是说，上课的时候不用老师允许我们就能随便走出教室了？

J: 嗯，马库斯，我们还能逃几节课，学校也不会告诉家长。

M: 哇，太棒了！

J: 不是这样的，马库斯！事实上，我觉得我们要想适应这样的大学生活，就应该变得更成熟一些。

M: 真的吗？

J: 真的！从现在开始，我们要为自己的学习和课余活动负责啦！

M: 哦！你是说我们长大了？

J: 对啊！系主任说，我们会同时经历很多事，大学生活还会很伤脑筋呢！

M: 我已经感觉到了! 我都有点儿受不了了, 吉米。

J: 不用担心。他说只要我们适应了大学里的日常生活, 所有事情都会变得很简单。

M: 但愿如此吧。

J: 好啦, 马库斯, 系主任给我们准备了一份《新生指南》, 我给你拿了一份, 给你!

M: 他想得可真周到! 谢谢你, 吉米!

## 知识链接

不懈的拼搏, 不倦的追求, 久久的渴望, 苦苦的等待, 欢迎进入大学时代! 此时, 踏上知识的沃土, 浸润人文的精粹, 我们对知识的渴求最为强烈, 我们的思维最为敏捷, 我们的精力最为旺盛, 我们要积累知识、拓宽视野、增强能力、提高素质……

今天, 踏上不一样的土地, 走在树影斑驳的林荫道, 看着林立的学院建筑, 我们怀揣着对象牙塔生活的无限想往, 幻想脱离地狱般的重生, 期待自由自在地成长……

一张张鲜活的面容, 陌生而又写满兴奋。文化差异也阻挡不了沟通的心灵。道上一声, Hi, Bro! 你说说高中时的趣闻, 他谈谈初来中国的经历和糗事, 年轻笑容便是最好的语言……

相逢是首歌, 此时的歌手是你和我, 此后的四年我们将一起谱写这曲难忘的青春之歌!

## 核心词汇

### Words Storm

uneventful	平静无事的
exhausted	疲惫的, 耗尽的
shuttle bus	班车
time zone	时区
fabulous	极好的, 难以置信的
brand-new	崭新的
reception	招待, 欢迎
nerve-racking	伤脑筋的

### Phrases

dream come true	梦想成真
extend a warm welcome to sb	热烈欢迎某人
a bunch of	许多
make the most of sth	充分利用某物
hall pass	课堂通行证
take responsibility for sth	对某事负起责任
be overwhelmed by sth	被某事压倒

2

## Freshman Party

### 新生派对

#### Useful Expressions

- |   |                                |
|---|--------------------------------|
| 1. I don't think I'm handling college life so well.   | 1. 我觉得我好像不大适应大学生活。             |
| 2. High school success doesn't automatically apply to college.  | 2. 高中时优秀并不代表上大学就一定会优秀。         |
| 3. All the actions taken during this first year of college would have a major impact on the rest of one's college experience. | 3. 大学第一年对整个大学经历会产生很重要的影响。      |
| 4. A good beginning is already half the battle.   | 4. 好的开始是成功的一半。                 |
| 5. Freshmen tend to be overwhelmed by the joy they feel about going off to college and end up coming here totally unprepared. | 5. 大学新生往往沉浸在上大学的喜悦之中，毫无准备地就来了。 |
| 6. Quite a number of students drop out before completing their sophomore year.  | 6. 很多人没上完大二就退学了。               |
| 7. When I first came here, I used to be lost and in desperate need of someone to guide me through.                            | 7. 我刚来的时候也觉得不知所措，特别希望能有人帮我。    |
| 8. You should be sure to be yourself and try to enjoy your college experience as much as possible.                            | 8. 你要对自己有信心，尽可能地体验大学生活。        |
| 9. I've been feeling so much stress and homesickness these days.  | 9. 这些天我感到压力好大，还特别想家。           |
| 10. College life is too much for me.  | 10. 我有点承受不了大学活了。               |
| 11. The first few weeks on campus are extremely critical for new students.  | 11. 大一开学后的前几周对新生来说是极其关键的。      |
| 12. In college, the professors post the assignments and expect you to be prepared.  | 12. 在大学里，教授通常只布置任务，学生要自己认真完成。  |

## Dialogue 1

**Yolanda:** Hey, Chuck, have you seen Julia these days? I don't think she is handling college life so well.

**Chuck:** Oh, really? She used to be the class president in high school. She was even a valedictorian.

**Y:** Come on, Chuck. High school success doesn't automatically apply to college.

**C:** That's true. Everything here on campus is new to her, you know. Maybe she finds it hard to make the transition to college.

**Y:** Well, she told me the other day that she could hardly deal with all the critical decisions she had been supposed to make.

**C:** She really needs to understand that it's part of our transition into adulthood. So what did you say to her?

**Y:** Oh, I tried to convince her that all the actions taken during this first year of college would have a major impact on the rest of one's college experience.

**C:** That's so true, Yolanda! A good beginning is already half the battle.

**Y:** Yeah, but it's never easy to survive the first year. Freshmen tend to be overwhelmed by the joy they feel about going off to college and end up coming here totally unprepared.

**C:** It's a commonplace. I know quite a number of them drop out before completing their sophomore year.

**Y:** Uh-huh, so I tried to tell Julia how to get a good start and thrive in college.

**C:** That's very nice. When I first came here, I used to be lost and in desperate need of someone to guide me through.

**Y:** Me too, Chuck! I know the feeling. So I told her whatever she does, she should be sure to be herself and try to enjoy her college experience as much as possible.

**C:** Wow, that's quite impressive. I guess you've actually gave her the most critical tip for life in general!

尤兰达：嗨，查克！这些天你看见茱莉亚了吗？我觉得她好像不大适应大学生活。

查克：哦，是吗？她高中时可是个班长啊！当时还在学校毕业典礼上发言了！

Y：拜托啦，查克！上高中时优秀又不代表上大学就一定会优秀！

C：那倒也是。学校里的一切对她来说都是陌生的。她也许觉得中学到大学之间很难过渡吧。

Y：她前几天还跟我说她根本不知道如何处理一些关键性的问题。

C：她真的应该弄明白这些都是我们向成年人过渡的一部分。那你是怎么跟她说的？

Y：哦，我尽量让她明白大学第一年对整个大学经历会产生很重要的影响。

C：是啊，尤兰达！好的开始是成功的一半。

Y：嗯，只是第一年的日子都不好过。大学新生往往沉浸在上大学的喜悦之中，毫无准备地就来了。

- C: 这再正常不过了。我知道很多人没上完大二就退学了。
- Y: 哦，所以我就告诉茱莉亚如何才能在大学里有一个好的开始，然后逐步成长。
- C: 真不错！我刚来的时候也觉得不知所措，非常希望能有人帮我！
- Y: 我也是，查克！我很了解那种感觉。所以我跟她说无论做什么，都要做好自己，尽量去享受大学生活。
- C: 非常有道理！我觉得你已经把生活中最关键的提示告诉她了。

## Dialogue 2

- Yolanda:** I've been feeling so much stress and homesickness these days, Chuck. College life is too much for me.
- Chuck:** Oh, Yolanda, the first few weeks on campus are extremely critical for new students. You need to cheer up and not let anything wear you down!
- Y:** I know! But I hate the feeling of being lost.
- C:** Ok, let me share with you some tips that once helped me survive my first year.
- Y:** Wow, Chuck, I'd appreciate that!
- C:** Ok. First of all, you have to get organized. In high school, the teachers tended to lead you through all the homework and due dates. In college, the professors post the assignments and expect you to be prepared.
- Y:** Exactly! The professor for Sociology simply gave us the reading list for the entire semester and said nothing. I was freaked out!
- C:** Oh, it's no big deal. You'll get used to it soon. You can actually meet with your professors.
- Y:** Seriously? Will they be available?
- C:** Of course. They usually schedule office hours. You can take advantage of that time to get to know them.
- Y:** Wow, I should think about it, just in case later in the semester I run into some snags.
- C:** Ok, Yolanda, as for your feeling homesick like you don't quite belong, you should consider extracurriculars.
- Y:** You mean student organizations?
- C:** Not necessary. Clubs or sports teams are also good. Oh, by the way, have you ever had a campus tour?
- Y:** Sure. I came here several months ago with my parents. But still I don't really know my way around campus.
- C:** Then I strongly suggest you to go on another one. The faster you learn your way around campus, the more at ease you'll feel.
- Y:** All right! Can I ask you for another favor, Chuck? (Laughs)
- C:** Want me to show you around? No problem!

尤兰达：这些天我感到压力好大，还特别想家，查克。我有点承受不了大学生活了。



查克：哦，尤兰达，大一开学后的前几周对新生来说是极其关键的。你应该振作起来，不要让任何事情压垮你！

Y：我知道！我就是不喜欢这种茫然失措的感觉。

C：好吧，让我告诉你我当时是怎么渡过大一难关的吧！

Y：好啊，查克，太谢谢了！

C：嗯，首先，你需要理好头绪。高中老师一般会带着你完成作业，会催你交作业。而大学里，教授只是布置任务，然后就要靠你自己好好完成了。

Y：没错！社会学的教授就给了我们整个学期的阅读书目，别的什么也没说。我都快抓狂了！

C：哦，那没什么。你很快就会适应的。你可以去见见你的教授啊！

Y：真的吗？他们能有空吗？

C：当然。他们一般都会安排辅导时间。你可以在那时候去找他们。

Y：我得好好想想，万一以后碰到难题怎么办？到时候也好找他们去。

C：嗯，至于你没有归属感、想家，尤兰达，你应该考虑多参加一些课外活动。

Y：你是指学生组织吗？

C：不一定啊！社团或者运动队都可以。哦，顺便提一下，你在学校逛过吗？

Y：当然逛过啦！几个月前我和父母一块儿来过。只是我还不熟悉。

C：那我强烈建议你再去走一圈。你越了解校园，就越会觉得自在。

Y：好的！那我请你帮个忙吗，查克？（笑道）

C：想让我带你逛逛？没问题！

## 知识链接

新鲜过后便想家，生活时空的变化，师生的更新，学习方式的改变，角色的转变，生活经验的缺乏，茫然不知所措，寂寞孤独……不用害怕，快到 Freshman Party 来！因为年轻就没有失败！新的人生即将从这里开始，我们即将带着希望远行，满载收获，用智慧，用斗志，奏响青春的乐音，开创美好灿烂的明天！

## 核心词汇

Words Storm		Phrases	
valedictorian	致告别辞的学生代表	apply to	适用于
thrive	繁荣，茁壮成长	drop out	离去，放弃
critical	关键的，紧要的	get a good start	开门红
extracurricular	课外的，业余的	wear down	使疲劳，削弱