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教学改革丛书

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HANDBOOK SERIES:

双语教师手册:

# 小学音体美分册

Primary Music, P.E., and Art

黄建滨◎主 编



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# Part One

Primary Music

## 小学音乐

# I

### 课堂用语

### Classroom Expressions

#### ● 上课 / 下课 Beginning / Dismissing the Class

1. 上课了。Class begins. / Let's begin our class.
2. 请起立。Stand up, please.
3. 同学们早上好 / 下午好。Good morning / afternoon, boys and girls / everyone.
4. 请坐下。Sit down, please.
5. 今天就到这里。Let's stop here. / That's all for today.
6. 时间到了。Time is up.
7. 下课。Class is over. / You are dismissed.
8. 再见。See you. / See you next time. / Good bye. / Bye-bye.

#### ● 考勤 Checking Attendance

1. 人都到齐了吗? Is everyone here?
2. 有谁没来吗? Who is absent? / Is there anyone absent?
3. 你知道李明在哪里? Do you know where Li Ming is?
4. 下次别迟到了。Don't be late next time.

5. 下次早点过来。Please come earlier next time.



● 自我介绍 Self-introduction

1. 我叫……，是你们这学期的音乐老师。I'm ..., your music teacher this term.

2. 很高兴成为你们的音乐老师。I'm very happy to be your music teacher.

3. 让我们都作个自我介绍吧。Let's make a self-introduction now.

4. 希望我们能成为好朋友。I hope we will be good friends.

● 指令用语 Issuing a Command

1. 看一看。Please have a look.

2. 想一想。Please think it over.

3. 听一听。Please have a listen.

4. 做一做。Please have a try.

5. 演一演。Please try to make a performance.

6. 说一说。Please have a speaking.

7. 唱一唱。Please have a singing.

8. 请仔细听。Listen carefully, please.



9. 请安静地听录音。Please be quiet and listen carefully.
10. 保持安静。Keep quiet, please.
11. 请把书打开。Open your books, please.
12. 请把书翻到第5页。Please turn to page 5.
13. 请朗读歌词。Please read the words of the song.
13. 请举手。Put your hand up, please.
14. 请跟我唱。Sing with me, please.
15. 请大声唱这首歌。Please sing the song loudly.
16. 请再唱一遍。Once more, please.
17. 请谈谈这首歌。Please talk about the song.
18. 请看一段录像。Please have a look at a video clip.
19. 请到这边来。Come here, please.
20. 请欣赏。Please enjoy.
21. 慢慢来。Slow down, please.



● 课堂活动 In-class Activities

1. 准备好了吗? Are you ready?
2. 有没有人自愿上来唱? Any volunteers?



3. 相互对唱。Practice with your friend.
4. 请你来表演。Please act it out.
5. 玩一玩。Let's play.
6. 让我们开始音乐游戏。Let's begin the music game.
7. 请注意节奏变化。Please pay attention to the change of rhythm.
8. 大家一起唱。Let's sing together.
9. 现在轮到你了。It's your turn now.
10. 现在轮到谁了? Whose turn is it now?
11. 跟着老师拍节奏。Follow the teacher and clap hands according to rhythm.
12. 现在让我们来学唱一首新歌。Now let's learn to sing a new song.

● 鼓励与表扬 Encouragement and Compliment

1. 试试看, 你行的。Try, you can.
2. 别害羞。Don't be shy.
3. 谁先试唱一下? Who'd like to have a try?
4. 别急, 跟着节奏唱。Take it easy, sing with the rhythm.
5. 再试一次。Try again.
6. 你真棒! You are great! / Very good! / Perfect!
7. 唱得不错! Good job! / Well done! / Wonderful! / You did a good job!
8. 多加练习。Practice more.



# II

## 上学歌

### Songs of School

#### 一、教学目标 Teaching Objectives

1. 熟悉学生具体情况，建立课堂常规。Try to know students well and establish the classroom routine.

2. 通过欣赏《快乐的一天》和学唱《上学歌》，激发学生学习兴趣，培养学生学习唱歌的良好习惯。Ask students to listen and enjoy the the songs ‘A Happy Day’ and ‘Songs of School’. Stimulate students’ interests in learning and form good habits in singing.

3. 指导学生正确地拍节奏。Teach students how to clap hands correctly according to rhythm.

#### 二、教学重点和难点 Teaching Emphasis and Difficulty

1. 重点（Emphasis）：学唱歌曲、拍打节奏，感受歌曲愉快的情绪。Learn to sing a new song. Let students feel the happy mood of the song.

2. 难点 (Difficulty): 感受乐曲的情绪, 并能通过演唱表现出歌曲的情绪。Feel the mood of the song and try to express the mood through singing.



### 三、教学过程 Teaching Process

#### ● 词汇 Vocabulary

- |                      |                  |
|----------------------|------------------|
| 1. 唱 sing            | 13. 下午 afternoon |
| 2. 听 listen          | 14. 晚上 evening   |
| 3. 想 think           | 15. 学习 study     |
| 4. 跳 jump            | 16. 习惯 habit     |
| 5. 玩 play            | 17. 今天 today     |
| 6. 游戏 game           | 18. 快速 fast      |
| 7. 学校 school         | 19. 中速 medium    |
| 8. 小学 primary school | 20. 慢速 slow      |
| 9. 歌曲 song           | 21. 节奏 rhythm    |
| 10. 高兴 / 快乐 happy    | 22. 微笑 smile     |
| 11. 描述 describe      | 23. 一起 together  |
| 12. 早晨 morning       | 24. 速度 speed     |



● 导入 Lead-in

1. 同学们，欢迎来到音乐课堂。Hello everyone, welcome to your music class.
2. 大家喜欢音乐吗？Do you like music?
3. 同学们喜欢唱歌吗？Do you like singing a song?
4. 今天是大家成为小学生的第一天，高兴吗？Today is the first day for you to be a primary school student. Are you happy?
5. 今天有什么事发生吗？What happened today?
6. 同学们喜欢上学吗？Do you like school?
7. 上学快乐吗？Are you happy in school?
8. 今天我们要上第一堂音乐课。Today, we're going to have you first music lesson.
9. 你们准备好了吗？Are you ready?

● 课堂活动 In-class Activities

1. 请说一说上学的第一天。Please 'describe' the first day of going to school.
2. 你经历了什么事？What happened to you?
3. 让我们来听歌曲《快乐的一天》。Let's listen to the song 'A

Happy Day’.

4. 跟着老师拍节奏。Follow the teacher and clap hands according to rhythm.

5. 你们的乐感很好。You music feeling is very good.

6. 来听歌曲的第一段“早早起”。Let’s listen to the first section ‘get up early’.

7. 请说一说听后的感受。What do you feel after listening?

8. 早上起床后应该做什么？What should we do after getting up?

9. 让我们来听歌曲的第二段。Let’s listen to the second section.

10. 歌曲中的小朋友遇到了什么事？What happened to the child in the song?

11. 请翻开书本看第一页。Please open your books and look at the first page,

12. 现在让我们来学习《上学歌》。Now let’s learn to sing the song ‘Song of school’.

13. 请听老师唱一遍。Please listen to me.

14. 请大家一起读歌词。Please read the words of the song.

15. 请大家跟着音乐唱一遍。Sing with the music, please.

16. 注意节奏。Pay attention to the rhythm.

17. 中速、快乐地演唱。Sing merrily, with medium speed.

18. 再听一遍。Listen again.

19. 让我们一起大声唱。Let’s sing loudly together.

20. 希望同学们今后和歌曲唱的那样每天都快快乐乐。I hope all of you are happy every day, just like the song describes.



## 闪烁的星星 Twinkling Stars

### 一、教学目标 Teaching Objectives

1. 引导学生初步分辨音的长短，感受二分音符与四分音符的时值。Learn to distinguish the length of the sound and feel the duration of the minim and crotchet.
2. 理解音的长短在音乐作品中的作用，进一步培养学生聆听音乐的良好习惯。Understand the usage of the length of the sound in a song. And form a good habit in listening to music.
3. 学习用轻快的声音演唱歌曲。Learn to sing with lively sound.

### 二、教学重点和难点 Teaching Emphasis and Difficulty

1. 重点 (Emphasis) : 学唱歌曲《闪烁的星星》。Learn to sing the song 'Twinkling Stars'.
2. 难点 (Difficulty) : 感受二分与四分音符的差别；能用双脚踩出二拍子的节奏；能自编动作表现出音乐的情绪。Feel the differences

between the minim and crotchet. Stamp out the duple meter with your feet.  
Express the music mood through action.

### 三、教学过程 Teaching Process

#### ● 词汇 Vocabulary

- |                   |                  |
|-------------------|------------------|
| 1. 二分音符 minim     | 11. 设计 design    |
| 2. 四分音符 crotchet  | 12. 展示 show      |
| 3. 音量 volume      | 13. 队形 formation |
| 4. 拍子 meter       | 14. 节拍 beat      |
| 5. 白云 white cloud | 15. 拍子 tempo     |
| 6. 星星 star        | 16. 模仿 imitate   |
| 7. 闪烁 twinkle     | 17. 声音 voice     |
| 8. 天空 sky         | 18. 清楚地 clearly  |
| 9. 数数 count       | 19. 音符 note      |
| 10. 动作 action     | 20. 歌词 lyrics    |

#### ● 导入 Lead-in

1. 同学们，天空中有什么？What can you see in the sky?
2. 白云很美，对不对？The cloud is very beautiful, isn't it?
3. 我们每天可以看到漂浮在天空中的白云。We can see white clouds floating in the sky every day.
4. 晚上天空中能看到什么？What can you see in the sky at night?
5. 大家数过星星吗？Have you ever counted the stars?
6. 你们会唱哪些有关星星的歌？How many songs about stars can you sing?
7. 闭上眼睛想一想夜空中闪烁的星星。Close your eyes and think about the twinkling stars in the sky.
8. 我们应该用怎样的声音来演唱？What kind of voice should we use to sing the song?



● 课堂活动 In-class Activities

1. 让我们来做发声练习。Let's do the vocal exercises.
2. 嘴巴不要张太大。Don't open your mouth too big.
3. 吸气后轻轻唱出。Sing gently after breathing in.
4. 感受四分与二分音符的不同。Let's feel the differences between minim and crotchet.
5. 这是一个什么音符? What is this note?
6. 这是一个二分音符。It's a minim.
7. 这是一个四分音符。It's a crotchet.
8. 让我们用“lu、lu”模唱。Let's sing with 'lu and lu'.
9. 让我们来学唱新歌。Let's learn a new song.
10. 听我唱一遍。Listen to me.
11. 请大家跟着我的节奏一起唱。Please sing with my rhythm.
12. 同学们听了之后有什么感觉? What do you feel after the first listening?
13. 请同学们控制好朗读的节奏感。Please control the rhythm of your reading.
14. 注意歌曲节奏。Pay attention to the rhythm.
15. 咬字要清楚。Please sing it clearly
16. 我唱一句,大家跟着唱一句。I'll sing line by line and then you'll sing like that.
17. 你能用什么样的动作来表现眨眼的星星? How to imitate the twinkling stars, using your movements?
18. 请同学们四人一组,自编动作。Four people a group, and try to make the action design.
19. 看谁编得好。Let's see which group make it best.
20. 请大家展示。Please show us.
21. 请按队形站好。Please step into a formation.
22. 音乐游戏开始。Let's begin the music game.
23. 请按节拍进入教室。Please enter the classroom according to the beat of the melody.

24. 看哪组做得好。Let's see which group did it best.

25. 回家表演给爸爸妈妈看。Show to your parents.

