



编著 / 陈瑾芳

小学英语阅读拓展训练

美国小学生 阅读精选

六年级+小升初

TIME TO AMERICA



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编著：陈瑾芳

编委：李梦晨 陈莉君

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★ 前言——致小朋友

亲爱的小朋友：

你喜欢听故事还是学科学、读历史、去旅游？你实在太幸运了，这些内容这本书里都有哦！你想知道美国的小孩都读什么书吗？翻开这本书你就知道啦！

★ 这本书包括 6 种文章类型。

1. Daily Life (日常生活)：想知道美国小孩怎么挣零花钱吗？
2. Natural Science (自然科学)：蜜蜂可以被训练找东西哦！美国发生过飓风吗？
3. Math & Science (数学与科学)：用比萨学数学里的分数，你会吗？
4. History & Culture (历史与文化)：水欺凌是美国人发明的吗？
5. Short Stories (短篇故事)：兔子捡到钱啦！石头汤是什么味道？
6. Others (including Sports, Cooking, Dream, Geography, Health)
其他类别（包括运动、烹饪、梦想、地理、健康）：这些可能是你的父母或老师都不知道的知识哦！

除了读有趣的文章，可别忘了做练习。

★ 怎么做练习呢，看看下面的小提示吧。

1. Warming Up/Think About It (热身一问)：

试着回答每篇文章前的小问题，你会发现每篇文章都与自己有联系呢。

2. Vocabulary Skills (词汇练习)：

回到文章中去找答案，不要急着看单词的中文释义，尝试自己猜猜单词的意思吧！

3. Reading Skills (阅读练习)：

有些题目需要推理能力，好好理解原文，找出最佳答案吧！

4. Words to Know (生词汇总)：

找到每篇文章后列出的单词在文章中的位置，做完所有的题目后，你就可以到这本书最后的“词汇表”找到所有单词的中文意思啦！

5. You Know What? (拓展知识)：

你了解的美国跟这里说的一样吗？这里有丰富的对美国生活的拓展介绍哦。

6. Translation (文章翻译):

实在看不懂某句话, 不要怕, 看文章翻译吧!

希望你喜欢这本书, 英语学得棒棒的。碰到外国人勇敢地跟他们 say “hello”!

★ 前言——致家长

亲爱的爸爸妈妈:

当你们为孩子挑选英语类图书时, 是否感到困惑: 这本书有什么特别之处? 它对孩子的英语学习能有怎样的帮助呢?

本套图书按照小学年级顺序编排, 共有 5 本。这本《小学英语阅读拓展训练: 美国小学生阅读精选》适用于国内小学六年级的学生。本套图书取材地道, 内容新颖, 旨在打造一套与美国接轨的“故事+逻辑训练”的英语阅读书。

★ 本书文章按 6 大主题分类 (每个主题有 5 篇文章, 共 30 篇)。

1. Daily Life (日常生活)
2. Natural Science (自然科学)
3. Math & Science (数学与科学)
4. History & Culture (历史与文化)
5. Short Stories (短篇故事)
6. Others (including Sports, Cooking, Dream, Geography, Health) 其他类别 (包括运动、烹饪、梦想、地理、健康)

★ 每篇文章除文章外还设置有 6 个小栏目。

1. Think About It (热身一问)：帮助孩子进入阅读状态。

2. Vocabulary Skills (词汇练习)：

包括词义选择、选词填空、连线、根据词义写单词等题型，**锻炼孩子根据上下文猜词义的能力。**

3. Reading Skills (阅读练习)：

包括连线、单项或多项选择、排序、分类、总结、填空、判断对错等。值得一提的是，此部分我们在题目后标出了题目的考查目的，**旨在培养孩子的英语思维逻辑能力，如：推理、分类、对比、排序、因果关系、总结判断、找出文章主旨或细节等。**

4. Words to Know (生词汇总)：共有两种形式。

(1) 每篇文章后的“生词汇总”未标出词义，旨在让学生熟悉并推测单词的意思，训练纯英语思维，而不受中文词义的干扰；

(2) 本书最后统一设有词汇表，标出了单词的音标(美式音标)、词性和释义，加强学生对单词的理解。

5. You Know What? (拓展知识)：

包括对美国的介绍和语法知识。其中关于美国的介绍是**编者根据自己在美国生活的见闻感受，并结合文章主题而总结的，希望能够让孩子们了解真实的美国文化和生活。**语法知识是对文章中的一些重要语法点的补充说明。

6. Translation (文章翻译)：辅助孩子对文章的理解。

“八〇后”已经渐渐成为人父人母，作为编者的我也是“八〇后”的一员。现在的我们可以帮助孩子鉴别英语图书，辅导孩子学习英语。我想如果在孩子们学习这本书时，爸爸妈妈们也能参与其中，尤其是在开放性问题的解答时，这将有助于孩子们更好地利用这本书，不仅能够提高孩子的阅读能力，还能锻炼写和说的能力。


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日常生活

Daily Life

Passage 1

Think About It

Do you like wearing jeans?



Track 01

Buy New Jeans

My friend Mary came to school wearing a brand-new pair of Zee jeans. “You new Zee jeans are so cute!” I said.

“My grandma took me clothes shopping last weekend,” Mary said. “The Zee jeans were on sale. They have cool pockets and are unbelievably comfortable. When you’re at my house after school, try them on and see for yourself.”

“Hmm.” I didn’t think so. But when I tried them on, I couldn’t help agreeing. “I’m totally taking these!” I said. As soon as I got home, I told my mom that I had to get some Zee jeans.



Mom said, “You already have three pairs of perfectly good jeans. There is no way Dad and I are paying that much for a pair of pants. If you want to buy them with your own money, I would be happy to make a long list of extra chores you can do.”

“I’ll start this minute,” I said.

It took me three weeks to save enough money. I changed kitty litter, watched my little brother and sister, and cleaned refrigerator. The refrigerator cleaning was the worst because one of the shelves fell while I was taking everything out. Food and milk splashed all over the floor. It took me one and a half hour to clean it up!

Anyway, I finally bought my Zee jeans, and I loved them even more than I thought I would. I loved them half because they had cool pockets and were

super comfortable, and half because I had worked so hard to earn the money to buy them myself.

★ Vocabulary Skills

1. The phrase “on sale” means _____.
A. can not be bought
B. can be bought at a high price
C. can be bought at a low price
2. (根据提示填空) When you're at my house after school, _____ them _____ (试穿) and _____ (亲眼看看) yourself.

★ Reading Skills

3. Who bought the new Zee jeans for Mary?
A. Her mother. B. Her grandmother. C. Her friend.
4. Why did mom not want to buy me a pair of Zee jeans? (逻辑训练: **Identifying cause and effect** 因果关系)
A. She didn't have enough money.
B. She didn't like me.
C. She thought that I have enough jeans.
5. How did I buy the new jeans?
A. I got money from my mom.
B. I made money by doing housework.
C. I borrowed money from Mary.
6. How long did I save money to buy the new jeans?
A. Three months. B. Three weeks. C. Four weeks.
7. Which one is NOT the reason that I love my New Zee jeans? (逻辑训练: **Identifying cause and effect** 因果关系)
A. The Zee jeans had cool pockets and were very comfortable.
B. The Zee jeans were bought by my own money.
C. The Zee jeans were very expensive.

8. What can you learn from reading the passage?

☆☆ Words to Know

你知道这些词藏在文章中的哪里吗? 猜猜它们的意思吧!

on sale	unbelievably	comfortable
can't help	chore	kitty litter
refrigerator	splash	

☆☆ You Know What?

你知道美国的四大零售商吗? 它们分别是:

1. Walmart(沃尔玛), 为大型连锁企业, 标榜“天天低价”;
2. Home Depot(家得宝公司), 为全球领先的家具建材用品零售商;
3. Target(塔吉特百货), 是高级折扣零售店, 提供当今时尚前沿的零售服务;
4. Costco(好市多), 是美国最大的连锁会员制仓储量贩店。

★ Translation

买新牛仔裤

我的朋友玛丽上学时穿了一条 Zee 牌的新牛仔裤。“你的 Zee 牌新牛仔裤真漂亮!”我说道。

“我奶奶上周末带我去买衣服了。”玛丽说,“Zee 牌牛仔裤在搞促销。这个品牌的牛仔裤口袋很酷,穿上特别舒服。等放学你来我家,穿上试试,你自己亲身体会。”

“是吗?”我并不这样想。但是等我穿上牛仔裤,我不由地赞同玛丽。“我一定要买一条!”我说道。我一到家,就告诉妈妈我要买 Zee 牌的牛仔裤。

妈妈说:“你已经有三条很好的牛仔裤了。我和你爸爸绝不会再花那么多钱给你买一条裤子的。如果你想用自己的钱买的话,我很乐意给你列一张清单,让你做一些额外的家务。”

“我马上就干。”我说道。

我花了三个礼拜的时间才攒够钱。我倒猫粪,照看我的弟弟妹妹,并且清理了冰箱。清理冰箱是最糟糕的,因为当我将所有的东西拿出来时,其中一个架子掉下来了。

冰箱里的食物和牛奶溅得满地都是。我花了一个半小时才清理干净!

总之,我最后买到了我的 Zee 牌牛仔裤,而且我比想象中更喜欢它。我之所以喜欢它,一半原因是它有很酷的口袋、穿起来相当舒服,另一半原因是它是我用辛勤劳动挣到的钱买的。

Passage 2

Think About It
Have you ever helped anyone?



Track 02

We Are Lucky

My friend Jack and I were doing math puzzles at his kitchen table while his grandma, Emma, was baking cookies.

I said, “Those smell so good.”

“I can’t wait to taste them!” said Jack.

Emma smiled. “We certainly are lucky. We have more than enough food to eat and share.”

“We really are lucky to have enough food. Some people don’t have that.” Jack said.

“Maybe we can do something to help,” I said. “But it’s a big problem.”

After some discussion, we decided to volunteer at a soup kitchen close by the next week. Jack and I had never done anything like this before, so we couldn’t help feeling nervous.

On the day for our shift, Emma would serve soup, Jack was in charge of the fruit salad, and I was on mashed-potato duty.



A man set his plate in front of me. “Those potatoes look delicious,” he said.

“They do smell good.” I put a scoopful onto his plate and asked him, “What do you get when an elephant crosses a potato?”

“Um, I am not sure.”

“Mashed potatoes.”

“That’s funny!” he grinned. “I am David. You sure brightened up my day, young lady. Thank you.” I realized then that even if my help was small, it meant a lot to David and the people at the soup kitchen that day.

On the way home, Jack, Emma and I shared stories about the great people we had met and the interesting things we had learned. We don’t need a lot of money to make a difference. We can donate our time, and we would like to go back and help again sometime.

★ Vocabulary Skills

1. What’s the best meaning of “soup kitchen”?
 A. Your kitchen for cooking soup.
 B. A place where homeless people can get free food.
 C. A restaurant where people can eat.
2. I can _____ (贡献) my time to help mom do some housework.

★ Reading Skills

3. What were Jack and I doing when Emma was baking cookies?
 A. Playing cards. B. Doing math puzzles. C. Helping Emma.
4. How did Jack and I feel before our volunteer shift?
 A. We felt nervous. B. We were not nervous. C. We were happy.
5. What did I serve at the soup kitchen?
 A. Soup. B. Mashed potatoes. C. Fruit salad.
6. What is the author’s gender? (逻辑训练: Finding the detail 找出细节)
 A. A girl. B. A boy. C. Not mentioned.
7. Why did I tell a joke to David? (逻辑训练: Identifying cause and effect 因果关系)
 A. I was laughing at David.
 B. I wanted to make David happy.
 C. I wanted an elephant to help me make mashed potatoes.

8. What did Jack, Emma and I learn from our volunteer experience? (逻辑训练:
Summarizing 总结)

☆☆ Words to Know

你知道这些词藏在文章中的哪里吗? 猜猜它们的意思吧!

discussion	volunteer	soup kitchen	shift
serve	in charge of	mash	scoopful
grin	tons of	donate	

☆☆ You Know What?

志愿者是指不求报酬, 自愿贡献自己的时间提供服务的人。美国有很多机构招募志愿者, 而且志愿者并不仅仅限于成人。譬如, 在家长同意并伴随的前提下, 孩子们可以自愿去图书馆帮忙分类图书, 或为残疾人提供帮助。他们还可以去儿童博物馆协助开展活动、整理活动设备等。

★ Translation

我们真幸运

我和我的朋友杰克在他家的厨房餐桌上解数学难题, 他的外婆埃玛正在烘焙饼干。

我说: “闻起来好香啊!”

“我都等不及要尝一尝了!” 杰克说道。

埃玛笑着说道: “我们真幸运啊。有这么多的食物可以一起分享着吃。”

“我们确实很幸运。有些人都吃不上这些。” 杰克说道。

“也许我们可以做些什么去帮助他们。” 我说, “但这也是个难题啊。”

经过讨论, 我们决定下周去附近的救济站当志愿者。我和杰克以前从没做过类似的事情, 所以我们都不禁觉得紧张。

到了我们轮班的日子, 埃玛负责盛汤, 杰克负责水果沙拉, 而我负责盛土豆泥。

有个人把他的盘子放在了我面前, 说: “这些土豆看起来很美味啊。”

“闻起来是挺香的。” 我盛了一勺放进他的盘子里, 然后问他, “当一头大象经过一个土豆时, 你会得到什么?”

“嗯，我不知道。”

“土豆泥。”

“真有意思！”他咧着嘴笑，“我叫戴维。你让我今天过得很开心，年轻的女士。谢谢你！”于是我发现即使我的帮助很微不足道，但对于戴维还有那天在救济站的人们来说却意义重大。

在回家的路上，杰克、埃玛和我分享趣事，说着我们遇到了哪些很棒的人，听到了哪些有趣的事。我们无须很多的钱去做出改变。我们可以贡献我们的时间，我们愿意以后再去帮忙。

Passage 3

Think About It

Do you get stressed or anxious when you have to take tests?



Track 03

Test Stress

Kathy took a test this morning, but she is not happy because she has cheated in school. In the evening, she comes to her mom's bedroom and talks to her mom, "I am sorry I have cheated on the test this morning, mom. I really want to stop."

Mom smiles and says, "I am glad that you tell me this. It is right that you want to stop cheating. Remind yourself that cheating is not fair to you or your classmates. The more you cheat, the less you learn."

Kathy says, "Yes, you are totally right. But I do get pretty stressed and nervous when I have a test. What can I do?"

Mom answers, "Do you know you are not alone? In fact, I also got nervous before during a test when I was a student. But I conquer my nerves at last. Here

