

SUIZOUSUILIAN YINGYUDUANYU

随走随练

- 高中英语 -必考短语

毛春铧/主编

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短语掌握不好,无法参加高考!

这句话可能有些夸张,但从某种角度说明短语对于英语高 考有多重要!

现在的高考试题,各类题型均涉及短语的运用,尤其动词短语、介词短语、插入语式短语和连词短语的判断、记忆、运用、辨析更是考不胜考!短语的考点融合在听力、阅读、完形、选择、翻译、作文中,可以说短语在整张考卷中,无处不在!因此,高中阶段一定要学好英语短语。

本手册的最大特色:

- 1. 内容明确——精选高中阶段英语学习必须掌握的重点 短语,涵盖多版教材。释义准确,例句精练。
- 2. "乱序"编排——本书打破一般单词书按字母顺序编排的模式,避免记忆时"头重脚轻"(对书的前半部分单词记忆深刻,后半部分模棱两可).帮助学生随机灵活记忆和理解短语。
- 3. 随身手册——小开本易携带,方便取阅,随时随地有效记忆短语。

本书在编写过程中还得到以下人员的帮助和支持,特此致谢:梁艳青,金洪芹,李湘萍,李玲等。

编者

随手记高中短语]	1000
随手练 200 题	 140)

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随手记高中短语

take the responsibility for	担当责任
under the charge of	在的掌管之下
be combined with 与结合	In sum, theory should be combined with practice. 总之,理论必须同实践相结合。
have a taste for 喜欢	It appears to me that he has a taste for music. 我觉得他似乎对音乐有爱好。
be nothing to sb. 对某人来说无所谓	Don't talk anything about her. She is nothing to me. 别再谈她了。对我来说,她无足轻重。
catch one's attention	引起注意
take over 接受,接管	She took over his work after his departure. 他离开以后,她接替了他的工作。
at the request of	应·····的要求
be sunk in thought 陷入沉思	The couple were sunk in thought. 夫妻俩都陷入了沉思。
set free	释放,使自由



Volunteers collected donations for the benefit of the handicapped. 志愿者为残障者的福利募捐。	
He owes his success more to luck than to ability. 他认为他的成功是靠运气而不是因为自己有能力。	
Water is said to consist of oxygen and hydrogen. 据说水由氢和氧合成。	
He advised his son never to spend in excess of his income. 他劝儿子开支不可超过收入。	
The government should bring the law into force immediately to save the ecology of the area. 为了拯救这个地区的生态,政府应该立即让法律生效。	
We are laden with responsibility. 我 们担负着责任。	
It took the teacher months to bring her class under control. 老师花了好 几个月的工夫才控制住她所教的班级。	
鲁莽的人,笨手笨脚动辄闯祸的人	
It was Susan who brought the problem to our notice. 是苏珊提醒我们注意那个问题的。	



l a		

一直,自始至终

I ran to the theater all along and was out of breath. 我一路跑到剧院,上气不接下气。

as the proverb runs

俗话说

hold something in check

控制住

A trusted man of influence may be able to hold a mob in check. 一位既有影响力又得到他人信任的人也许能够制止一群暴徒。

allow for

考虑到,为……留出 余地 It takes about two hours to get to their office building, allowing for possible traffic delays. 考虑到路上可能遇到的交通延误,到他们的办公大楼大约要花费两个小时。

have an eye for

有……的眼光

You have an eye for beauty. 你对美具有独到的鉴赏力。

by and large

总的说来

By and large, women can bear pain better than men. 一般来说,女人比男人更能忍受痛苦。

catch at

抓住

We must catch at the first opportunity that comes up. 我们必须把握住到来的头一个机会。

gain an advantage over

胜过,优于

A man who can think will always gain an advantage over others. 能动脑子的人总是会胜过别人。



as	SO	ci	at	e.	
wi	th				

将某事与某事联系起来

as far as I am concerned 並我而言

As far as I am concerned, the plan carried by him is not perfect. 就我个人而言,由他执行的那个计划并不是天衣无鋒。

such being the case

情况既然这样

Such being the case, we were very lucky to have a house of our own. 情况既然如此,我们能有一幢自己的房子就算很幸运了。

in no circumstances 决不

You can cheat in no circumstances. 在任何情况下你都不能欺骗。

as far as

就……而言,到……程 度,在……范围内 But as far as user interactions are concerned, the similarity ends there. 但是在用户交互方面,两者之间类似的地方很少。

approve of 赞成

I quite approve of your plan. 我相当赞成你的计划。

end in a tie 打成平局

Each team scored twice and the game end in a tie. 每个队都有两次得分,比赛不分胜负。

devote...to... 将······奉献给

After he graduated he continued to devote himself to research. 毕业之后他继续致力于研究工作。

in style 气派地,时髦地	Her clothes are always in style. 她的衣服总是很时髦。
keep up 保持,继续下去	Will the fine weather keep up? 晴朗的天气会持续下去吗?
be bursting to do sth. 急于要做某事	She was bursting to tell him the news. 她急于要告诉他这个消息。
commit oneself to 致力于,献身于,承诺, 保证,受束缚	I won't commit myself to that course of action. 我不会受那一行动步骤的约束。
make the best of 充分利用	If you cannot have the best, make the best of what you have. 如果没有 更好的,就充分利用现有的。
tie oneself down to doing 把自己限制在	I don't want to tie myself down to coming back on a particular date. 我不想限定自己在那一天回来。
be bent on 决心,一心	She is bent on becoming a musician. 她决心要成为一位音乐家。
take a fancy to 爱上	The children have taken quite a fancy to their teacher. 孩子们喜欢上了他 们的老师。
drain away 排光,耗尽	Now that prices are rising so fast, all my money is draining away. 物价上涨得如此快,我的钱都快花光了。



	at one's suggestion 根据某人的建议	I finally worked out the problem at my teacher's suggestion. 听从了老师的建议,我最终解决了这个问题。
	changeinto 把······换成	It's called metabolism that our food change into energy. 把我们所吃的食物转换成能量的过程叫做新陈代谢。
	pull round 掉头,转向,康复	She was so ill that it seemed unlikely that she would pull around. 她病得很严重,看来不大可能康复了。
	take measures against 采取措施预防	We should take measures to guard against accidents. 我们应该采取措施预防事故发生。
	let alone 不打扰,不惊动,更别提	The poor have no money for food, let alone amusement. 穷人们连吃饭的钱也没有,更不用说娱乐了。
	a good knowledge of 精通	We must work hard to acquire a good knowledge of English. 我们必须用功 学习才能精通英语。
	chance it 碰碰运气	I don't know if we can succeed or not, but let's chance it. 我不知道我 们是否能成功,不过还是试试看吧。
	take in 接受,吸收,理解,欺骗	The salesman finds it easy to take in old ladies. 这个推销员发现老太太们容易上当受骗。



in	vi	ew	of
岐	工	老	는 주

In view of the weather, we will cancel the outing. 因天气关系,我们要取消此次郊游。

run across

偶然相遇

Where did you run across this beautiful old vase? 你是在哪里偶然发现这只漂亮的旧花瓶的?

well up

涌出

Tears welled up in my eyes, and a heart that had almost forgotten how to love opened wide. 泪水盈满了我的双眼。一颗几乎已经忘记如何去爱的心开始敞开。

zoom in 画面拉近

The camera zoomed in on the child. 摄影机的镜头迅速拉近拍摄这个孩子。

come to no good end

没有好结果

Those who murder people for their money will come to no good end. 谋财害命的人不会有好下场。

on the surface 从表面上看

On the surface, she's a charming, helpful person. 从外表上看,她又很迷人,又肯助人。

fall out

争吵,失和,脱落

She has fallen out with all her neighbors. 她和所有的邻居都吵翻了。

account for

是……的原因,导致, 引起,(在数量上、比例 上)占 Lack of money accounts for her dropping from school. 缺钱是她辍学的原因。



charge sb. with 指控某人犯有······罪行	The police charged him with car theft. 警方以偷车罪指控他。
lay stress on 强调	Some universities lay stress on language study. 有些大学特别重视语言的学习。
be mad about 迷恋	The little boys are mad about football. 这些小男孩迷恋足球运动。
head and shoulder above 大大超出,胜过	As an actor, Chaplin stood head and shoulder above the rest of all the actors of his time. 作为一名演员,卓别林远远超过他同时代的演员。
beat off/back 击退	Our soldiers beat off the attacks of the enemy many times. 我们的战士击退了敌人的多次进攻。
be grateful to sb. for sth. 为某事感激某人	I'm grateful to you for your help. 我感谢你的帮助。
have one's day 走运	After all, I had my day and I am thankful for it. 毕竟我也有过得意之时,而且我对此心存感激。
leave sb. in the cold 冷落某人	I felt left in the cold when I learned that I was not invited to their wedding party. 当得知我没有受邀参加他们的婚礼时,我感到受到了冷落。



be soft on 对······手软	We must not be soft on enemies. 我们对敌人绝不能手软。
drive somebody off 赶走	The horse switched its tail to drive off the flies. 马甩尾巴赶走苍蝇。
no more than 仅仅	He is no more than a worker. 他仅仅 是个工人。
provided (providing) that 假如	I will agree to go provided that my expenses are paid. 假如有人为我负担费用,我就同意去。
turn out 制造,生产,结果是	This factory can turn out 100 cars a day. 该厂每天生产 100 辆汽车。
hold on to sth. 抓住,不放开	My father said that if we believe something was true, we should hold on to it. 父亲说如果我们相信某事是真的,就应该坚持。
turn a deaf ear to 不愿听,对······充耳 不闻	How could you turn a deaf ear to her requests for help? 你怎么能对她的请求帮助置之不理呢?
have not the least idea of 毫无概念,完全不知道	They had not the least idea of what had happened to the country. 他们对发生在这个国家的事情一点都不知道。
learn sth. by heart 背诵	People with good memory can learn long poems by heart. 具有良好记忆力的人能熟记长诗。



with regard to 对于,就······而论	I have nothing to say with regard to your complaints. 对于你的投诉,我无可奉告。
put away 储存,放好,收好,打消	I have to put everything away for my retirement. 我必须把一切都积蓄起 来以便退休后用。
be on good terms with 与某人友好	To be on good terms with other people, you should never use harsh words. 要想与别人和睦相处,你绝不该用苛刻的言词。
show concern for	对表示关注
in a sense	从某种意义上
hand and foot 完全地,周到地	Sally is spoiled because her mother waits on her hand and foot. 萨莉的母亲对她言听计从,把她宠坏了。
as the saying goes 俗语说,常言道	You have to look before you leap, as the saying goes. 在做事前要三思而 行,就像俗语所说的那样。
first and foremost	首先
set a limit to 限制	They have to set a limit to the expense of the trip. 他们不得不限制 这趟旅行的费用。

a matter of life and death	生死攸关的事	
pack up 收拾行装,打点行李	I heard that her husband had packed up his things and moved out. 我听说 她丈夫已收拾了他的东西搬出去 住了。	
qualify as 获得资格,把······描 述为	It takes six years to qualify as a doctor. 要获得医师资格需六年时间。	
hold off 延迟	They will hold off their decision until Monday. 他们将延至星期一再作 决定。	
be slow in 学得慢,迟钝	He used to be slow in class, but now he is getting ahead. 他过去是班中的差生,但现在他在进步。	
bet against sth. 打赌某事一定不会发生	I'll bet against your winning. 我打赌 生 你不会赢。	
be well grounded in	基础很好	
in charge 负责,管理	The officer in charge was wounded. 负责的军官受伤了。	
spy on 监视	He was paid by the police to spy on other students. 警察收买他去监视其他学生。	



face a challenge 面对······挑战	Now Kentucky Republicans face a similar challenge. 现在轮到肯塔基州的共和党人面临同样的挑战了。
by means of 通过······的手段	By means of a clever trick, he made it disappear. 他用了个巧妙的手法,把它变没了。
fair and square 公正	It was a good game and they beat us fair and square. 这是一场很好的比赛,他们光明正大地赢了我们。
takeinto account 考虑到,顾及,体谅	We should take into account the proposals of our parents. 我们应该考虑父母的建议。
make a point of 认为重要,强调	I always make a point of giving a hand to others. 我始终认为帮助别人是重要的。
do a good deed 做一件好事	Better do a good deed near at home than go far away to burn incense. 与其千里之外去烧香,不如在家门口行点善。
walk on air 洋洋得意	After hearing the good news, Charles walked on air. 听到这个好消息,查尔斯喜气洋洋。
show off 炫耀,卖弄	She likes to show off her fine clothes. 她喜欢炫耀她的华美衣服。