

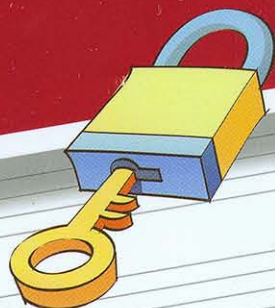
提高篇

EXERCISE PAPER

中学英语 活页套卷

高中英语读写训练

主编 / 赫贵祥



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高中英语读写训练

(提高篇)

主编 赫贵祥

编委 赫贵祥 王玉海 侯增锋
杨进龙 王新仓 赫艳馨

锁定课程标准·精选经典美文·凸显高考题型

上海交通大学出版社

内 容 提 要

本书将《英语课程标准》中规定的 24 个话题合理地整合成 16 个单元,每单元各选英语美文、时文 4 篇,每篇短文分为读写导航、阅读原文、实用语库和自我测评 4 个版块,文章选自国外网站和最新报刊,测评题型全面涵盖上海等地高考试题,写作训练紧扣单元话题内容。通过深度阅读,多题型多角度训练,达到英语知识输入与英语技能输出的完美结合。

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(提高篇)

赫贵祥 主编

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前言

“读书破万卷，下笔如有神。”对英语学习者来说，大量阅读同样也是培养语感，积累语言素材，从而提升写作能力的一个重要途径。国家教育部最新颁布的《英语课程标准》中规定了各阶段的阅读目标、阅读话题，同时也对写作要求做出了明确的说明。

为了使同学们能够更好地欣赏和理解英语文章，掌握规定话题的内容精髓，提高对英语的理解能力和书面表达能力，同时在一定程度上满足大家应对考试的需要，根据素质教育的基本要求，并结合不同阶段的教学实际，我们组织有关英语专家、英语报刊社编辑和一线特、高级英语教师共同编写了“中学英语活页套卷系列”中的《初中英语读写训练(基础篇)》、《初中英语读写训练(提高篇)》、《高中英语读写训练(基础篇)》和《高中英语读写训练(提高篇)》。

本套书的编写，将《英语课程标准》中规定的 24 个话题合理地整合成 16 个单元(Unit)，每单元各选英语美文、时文 4 篇(Passage)。初中每篇分为读写导航、阅读原文、词语积累、实用语库、自我测评(I. Comprehension, II. Writing)5 个板块；高中每篇文段分为读写导航、阅读原文、实用语库和自我测评(I. Comprehension, II. Translation, III. Guided writing)4 个板块。短文尽量选自国外网站和最新报刊，测评题型全面涵盖上海等地中、高考试题，写作训练紧扣单元话题内容。本书具有话题全面、体裁多样、读写兼顾、循序渐进等特点，突出知识性、时效性、激励性、针对性、实用性、指导性和趣味性。通过深度阅读，多题型多角度训练，从而提升写作能力，达到英语知识输入(阅读理解)与英语技能输出(书面表达)的完美结合。

本套书虽然按年级分册出版，但不配套于任何版本的英语教材，完全适合于各地区初、高中学生和英语自学者。我们相信，充分利用本书会使大家轻松达到《英语课程标准》所规定的各级读写目标，同时我们也期盼着能早日分享到更多中学生朋友使用本书后所感受到的成功喜悦。

由于编者水平有限，加之编写时间仓促，书中定有不妥之处，诚望读者不吝指正，使其日臻完善！

编者

2011 年 8 月

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Unit 1 Personal Information/人物写真



Passage 1 A new comic star—Xiao Shenyang

◎ 读写导航

1. Have you heard of song-and-dance duets popular in Northeast China?
2. What do you think of the income of stars like Xiao Shenyang?
3. How should they use their money?

体裁:调查报告

词数:288

难度:☆☆☆

建议时间:6min

YES

Bringing laughter to people is also a way to serve the public.

Zeng Shujing: The definition of the “Model Worker” should be changed because the world is constantly changing. Being a comedian (喜剧演员) and bringing laughter is also a way to serve people. As Deng Xiaoping said: “No matter if it is a white cat or a black cat; as long as it can catch mice, it is a good cat.”

Lin Zihao: It doesn't matter whether one is a worker or an actor. As long as he or she makes a great contribution to society and serves the public with heart and soul (全心全意地), they should be awarded the title.

Huang Ningzhi: Although Xiao Shenyang doesn't serve people in the same way as “Model Workers” of the past, he has devoted himself to making people happy and relaxed. In addition, he has made great achievements to the traditional Chinese culture. He can also be considered a “Model Worker”.

NO

He has not made so great contribution to society for the honor.

Wang Shaojie: A “Model Worker” should be hard-working and brave. He should also be a person who is able to stand hardship. Xiao Shenyang is just a person making people laugh. He should not be considered a “Model Worker.”

Chen Suyan: Not only is a “Model Worker” expected to serve society, he should also be a good example for the younger generation. The “Model Worker” should be an honor that young people want to win. Do you want them to end up like Xiao Shenyang?

Zhong Liuxian: Xiao Shenyang does nothing but make people laugh. He has not made a great contribution to society. He should not have been awarded the title.

完成时间: _____ m

◎ 实用语库

1. No matter if it is a white cat or a black cat, as long as it can catch mice, it is a good



cat. 不管黑猫白猫,只要捉住老鼠就是好猫。

no matter 引导让步状语从句,as long as 引导条件状语从句。

2. Not only is a “Model Worker” expected to serve society, he should also be a good example for the younger generation. 一个劳动模范不仅要服务于社会,而且应该是年轻一代的楷模。

not only ... (but) also ... 是固定连接词,not only 放在句首时句子要倒装。

◎ 自我测评

I. Comprehension

Choose the one that fits best according to the information given in the passage you have just read.

1. According to YES, a Model Worker should be _____.
A. a person contributing to the society B. a person serving people
C. a person pleasing people D. a definition which changes with the time
2. “No matter if it is a white cat or a black cat; as long as it can catch mice, it is a good cat.” here means that _____.
A. a cat catching mice is a good cat
B. catching mice, a cat must be a good cat
C. a model worker should make contributions
D. a model worker should make people happy
3. According to NO, people believe that a Model Worker should be _____.
A. brave and hard-working B. an honor young people want to win
C. standing hardship D. all mentioned above
4. According to No, Xiao Shenyang’s main achievement _____.
A. is nothing but to make people happy
B. is everything but make people laugh
C. means something for people but not society
D. means a lot to people and society
5. The title for this passage can probably be _____.
A. Xiao Shenyang’s achievements
B. On Xiao Shenyang’s qualification as a Model Worker
C. Ideas against Xiao Shenyang
D. Ideas for Xiao Shenyang

II. Translation

Translate the following sentences into English, using the words given in the brackets.

1. 她不但擅长数学,而且对英语也感兴趣。(not only ... but also)
2. 解放军战士为青海玉树灾区的人们做出了极大贡献。(make a contribution to)
3. 你要是老这样花钱,总有一天要负债。(end up)
4. “劳模免费游世博”活动是由山东世博参展方举办的。(Model Worker)
5. 著名喜剧演员赵本山带出一帮优秀徒弟。(comedian)

III. Guided writing

Write an English composition in 120-150 words according to the instructions given below in Chinese.

最近,有些著名演员因频频炫富而引发人们的热议。有人认为,他们因为自己的付出而得到报酬是应该的;也有人认为,他们的贡献与他们的所得不等值,他们应该多做些善事。对此你有什么看法?



Passage 2 The rich beauty Britney Spears

◎ 读写导航



- 1. Have you heard of Super Girl?
- 2. What do you know about Britney Spears?
- 3. When did Britney Spears release her first album?

体裁:说明文 词数:278 难度:☆☆☆ 建议时间:6min

The newest generation of American teenagers has been raised on a diet of YouTube, Facebook and American Idol. These inventions are harmless but when combined they have created a culture where teenagers want to be rich and famous and believe everyone should know everything about their lives.

The spokesperson for this fame-hungry (急想成名), talent-less generation is Britney Spears.

At a young age, Spears seemed to have it all. She was starring on the Mickey Mouse Club TV show when she was 11. At 18, Spears released her first album *Baby One More Time*. The album instantly made Spears a pop icon. She had millions of dollars and was on top of the world. But as the saying goes, “The higher you are, the harder you fall.”

With fame came an obsession into Spears’ personal life. Photographers followed her everywhere she went. Eventually, she couldn’t take it anymore and she made a series of bad decisions. First, she married a high school friend. But the marriage only lasted a matter of hours. Then she married her back-up (后备的) dancer, Kevin Federline, who was a known playboy. Then she shaved her head and suffered a big breakdown. She did all of this with the world watching.

But then her father, Jamie, stepped in and took control. Spears took sometime away from the spotlight (焦点) to get things in order. Now she is promoting her new album, *Circus*, which is a good word to describe her life. The CD is currently No. 1 in America.

It has been a crazy ride for Spears but when judging her, remember that she was once a sweet, young girl whom a lot of people thought they could make money off. Even with all she’s been through, she’s only 27 years old.



完成时间:_____ m



◎ 实用语库

1. These inventions are harmless but when combined they have created a culture where teenagers want to be rich and famous and believe everyone should know everything about their lives. 这些发明没有坏处,但是当它们综合在一起的时候,就形成了一种文化,在这种文化中,一些年轻人希望变富和出名,认为人人都应该了解他们的生活。
but 引导转折并列句子,when combined 是时间状语从句的省略形式;where 引导的是定语从句,修饰 culture。
2. It has been a crazy ride for Spears but when judging her, remember that she was once a sweet, young girl whom a lot of people thought they could make money off. 布兰妮·斯皮尔斯的生活一路磕磕碰碰。但是评价她时,请别忘了她曾经是一个许多人认为可以从其身上赚钱的很可爱的年轻姑娘。
when judging her 是省略句,that 引导的是 remember 的宾语从句,whom 引导定语从句,修饰 girl。

◎ 自我测评

I. Comprehension

Answer the questions or complete the statements in the fewest possible words.

1. A new culture has been created by _____.
2. Britney Spears is the rich young girl for _____.
3. What does the sentence in quotation marks mean in the third paragraph?
4. How does Spears return to her success road?
5. Which album can describe Spears' life?
6. When did Britney Spears play an important role in the show?
7. What was Britney Spears' second husband?

II. Translation

Translate the following sentences into English, using the words given in the brackets.

1. 我们想尽量营造一个友好的氛围。(create)
2. 他是一个无才无德而又很想出名的人。(fame-hungry)
3. 2010 年南非世界杯赛南非与墨西哥之间的开幕赛以零比零的比分结束。(be through)
4. 徐帆在《错爱》中出演女主角。(starring)
5. 目前对考试成绩的热衷对孩子的教育是有害的。(obsession)

III. Guided writing

Write an English composition in 120-150 words according to the instructions given below in Chinese.

通过对 2009 年“快乐女声”现象进行调查,有些人认为“快女”能使“平民平等参与,有机会一夜成名”。也有人认为“快女”中还存在着一些不尽人意的地方。请写一篇报告并发表自己的观点。



Passage 3 A famous poet in the Tang Dynasty

◎ 读写导航

1. Do you think Tang poems are an important part of Chinese culture?
2. What do you think of Du Fu's poetry in the development of Chinese traditional poetry?
3. How were Du Fu's living conditions?

体裁:说明文

词数:326

难度:☆☆☆☆

建议时间:7min

Readers of many different periods have considered Du Fu to be the greatest poet of the Chinese tradition. Such general agreement can partially (部分地) be explained by the immense variety of his work, which holds up quite well to different tastes and historical changes in fashion. Like Shakespeare in English tradition, Du Fu's poetry came to be so deeply bound up with the constitution (组成) of literary value that generation after generation of poets and critics rediscovered themselves and their interests in some aspect of the poet.

Chinese critics from the Song Dynasty referred to Du Fu as the "poet-historian". Du Fu witnessed a typical political and social situation; the common people still lived in poverty while the emperor and his top officials enjoyed a foolishly luxurious life. He composed many poems, which expressed his dissatisfaction with the government and his great pity for the common people. Du Fu used his poems to comment on current events and historical images. Du Fu became the historian by creating his responses to particular situations.

Du Fu was talented. When he was young, he wanted to get a good job in the government. Unfortunately Du Fu was refused several times. He was in his fifties when he began to serve as a minor official in Changan (Xi'an).

Du Fu was dismissed in the form of a transfer to the post of personnel administrator (行政人员) in Huazhou and so he left Changan. And in 759 he arrived in Chengdu. He set up a modest cottage with some money he borrowed from his friend who served as a local governor. In the cottage he had a simple and peaceful life for three years, writing about 240 poems.

Du Fu left Chengdu after 762 and wandered in the southern provinces and eventually died of illness in 770. After his death, the people in Chengdu built a shrine (神殿) on the site of his garden to honor him, which becomes part of what is known as Du Fu Thatched Cottage(杜甫草堂) now.



完成时间: _____ m

◎ 实用语库

1. Du Fu's poetry came to be so deeply bound up with the constitution of literary value that generation after generation of poets and critics rediscovered themselves and their interests in some aspect of the poet. 杜甫的诗歌与具有文学价值的形式紧密相连,以致后代诗人在其诗歌的某些方面重新找到了自我和爱好。
so... that 是常用搭配,意为“太……以致……”,that 引导结果状语从句。
2. After his death, the people in Chengdu built a shrine on the site of his garden to honor

him, which becomes part of what is known as Du Fu Thatched Cottage now. 他死后, 成都人民为了怀念他在他的花园遗址旁边, 建造了一座神殿, 这座神殿是现在被称之为“杜甫草堂”的一部分。

which 引导非限定性定语从句, 在句中修饰 shrine, be known as 是常用搭配, 意为“以……而著名”。

◎ 自我测评

I. Comprehension

Choose the one that fits best according to the information given in the passage you have just read.

1. Why does the author compare Du Fu to Shakespeare?
A. Du Fu's poetry style is like Shakespeare's.
B. Du Fu's poetry style is critical.
C. Du Fu and Shakespeare were best friends.
D. Shakespeare read Du Fu's poems.
2. Du Fu _____ when he was young.
A. didn't want to be an official
B. was worried about the education
C. wasn't liked by the emperor
D. hadn't an opportunity to work in the government
3. What did Du Fu describe in most of his poems?
A. The officials' luxurious life. B. His happy life.
C. His responses to particular situations. D. His dissatisfaction and his great pity.
4. What did people do after Du Fu died?
A. They destroyed his cottage.
B. They rebuilt the cottage he had lived into a high building.
C. They built a shrine to honor him.
D. They made a carved statue of him.
5. What's the best title for the passage?
A. Du Fu—the Most Important Politician in the Tang Dynasty
B. The Origin of Du Fu Thatched Cottage
C. Du Fu—One of the Greatest Poets in the Tang Dynasty
D. Du Fu Was Not a Skilled Survivor in Government Politics

II. Translation

Translate the following sentences into English, using the words given in the brackets.

1. 我们的教育事业和祖国的繁荣昌盛休戚相关。(be bound up with)
2. 他们眼前耸立起一座巨大的建筑物。(immense)
3. 这个新条款与我们学校的现状不适应。(refer to)
4. 人们常常把高考比作一座独木桥。(describe)
5. 她思绪联翩, 回想到流失的岁月。(wander)

III. Guided writing

Write an English composition in 120-150 words according to the instructions given below in Chinese.

你是王晓云, 你的美国笔友 Mary 正在学习唐诗, 发来一首《游子吟》“慈母手中线, 游子身上衣。临行密密缝, 意恐迟迟归。谁言寸草心, 报得三春晖?” 向你请教。请你用英语给他写封回信解释诗的含义, 并阐述你的感受。



Passage 4 Men's 110m hurdle champion

◎ 读写导航

1. Do you think Liu Xiang is a favorite sports player with people?
2. What do you think of the men's 110m hurdle?
3. Why do people like Liu Xiang so much?

体裁:说明文

词数:351

难度:☆☆☆☆☆

建议时间:8min

Liu Xiang of China competes during the men's 110m hurdles at the IAAF Diamond League athletic meeting in Shanghai, East China, on May 23, 2010. Liu ranked the third with 13.40 seconds.

China's national hero Liu Xiang said that he is unsure about the 2012 Olympic Games after suffering another defeat at home at the IAAF Diamond League (国际田联钻石联赛) here on Sunday.

The 2004 Athens Olympic champion and 2007 world titlist was beaten by American David Oliver and compatriot Shi Dongpeng in a much-anticipated race at the Shanghai Stadium.

Liu finished a disappointing third place in 13.40 seconds, behind the world indoor champion Oliver who won the race in a season best of 12.99 and Shi in 13.39.

Local fans have expected the former world record holder to regain world-class form after finishing seventh in his international return at the world indoor championships in March. He has been pinned on high hopes after the shock withdrawal (退出) from the Beijing Olympics in 2008 because of an Achilles tendon injury (腱损伤), which disappointed millions of Chinese fans.

Ryan Braithwaite of Barbados, the surprise winner in Berlin last year, continued his disappointing start to the season, clattering a succession of hurdles and failing to complete the race.

Liu started well but faded quickly. Oliver finished nearly five meters clear of second placed Shi as Liu completed the podium.

"I think it is a good run tonight," Liu said after the race. "I feel great even though I lost to my teammate Shi Dongpeng for the first time in my career. Shi registered a season best."

Liu said he had a fresh injury to his feet and failed to have had normal training.

"I have no reason to blame," Liu said. "I could not have intensive training. As a result I could not register good result in competition."

Liu, who jumped to fame by winning the gold medal at the 2004 Athens Olympic Games, is not confident of his future at the London Olympics.

"The London Olympics is too far for me," he said. "I must start from the very beginning. I am not sure about myself now."



完成时间: _____ m

◎ 实用语库

1. He has been pinned on high hopes after the shock withdrawal from the Beijing Olympics in 2008 because of an Achilles tendon injury, which disappointed millions of Chinese fans. 自从2008年北京奥运会上由于脚踝肌肉受伤退赛,使他的中国粉丝们大为失望之后,他一直被寄予厚望。
which 引导非限定性定语从句,修饰 withdrawal。be pinned on 是固定短语,意为“寄予”。
2. Liu, who jumped to fame by winning the gold medal at the 2004 Athens Olympic Games, is not confident of his future at the London Olympics. 2004年雅典奥运会上由于获得冠军而一举成名的刘翔,对未来的伦敦奥运会没有信心。
who 引导非限定性定语从句, jump to 是动词搭配,意为“马上、立刻”; be confident of 意为“对……有信心”。

◎ 自我测评

I. Comprehension

Answer the questions or complete the statements in the fewest possible words.

1. At the men's 110m hurdles at the IAAF Diamond League athletic meeting in Shanghai the winner was _____.
2. At the Beijing Olympics in 2008 Liu Xiang made his fans disappointed because of _____.
3. How many times has Shi Dongpeng defeated Liu Xiang?
4. What did Liu Xiang think of his this race?
5. Why did Liu Xiang say he hadn't a good training?
6. What goal at the London Olympics did Liu Xiang expect to achieve?
7. What can we infer from the passage about Liu Xiang?

II. Translation

Translate the following sentences into English, using the words given in the brackets.

1. 他很圆滑,什么事情都不肯承担责任。(be pinned on)
2. 一听到有人叫,她立即站起来了。(jump to)
3. 一连串的灾祸降落在南方人们的身上,来得那么迅速而又猛烈,真意想不到。(a succession of)
4. 我每个月一定写封电子邮件给我的女朋友。(fail to)
5. 刘虹是信得过的,至于张芬,我就不敢说了。(be not sure about)

III. Guided writing

Write an English composition in 120-150 words according to the instructions given below in Chinese.

你知道前奥运会110米栏冠军、2010年全运会冠军刘翔吧?请就他的情况写一篇短文,谈谈人们喜欢他的原因。



Unit 2 Education Field/教育天地



Passage 1 Influence from music

◎ 读写导航

1. Do you like music and often go to a concert?
2. Which music do you like better, pop or folk one?
3. What influence do you think music may have on young people?

体裁:论说文

词数:281

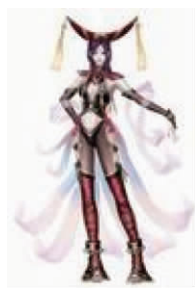
难度:☆☆☆

建议时间:6min

Music often is described as “the universal language”— everyone everywhere can relate to the message of music. Some people listen to music to relieve stress and anxiety, and doctors and therapists (理疗师) are using music treatment to treat some illnesses and to change behavior. Music can affect our emotions. Sometimes musical pieces remind us of events in our lives and can cause us to feel joy or sadness, even years after the event.

The impact of music on the mind is said to be so great that listening to music that constantly repeats violent words and phrases etches (铭刻) those ideas in the mind. This can cause the listener to act out what he has heard — more so for young people with immature (不成熟的) minds. For this reason, adults should carefully monitor the music their children listen to for violent and other negative messages. Music and musical artists can influence your child’s behavior greatly — including the way he thinks, talks, and even the clothes he chooses to wear.

A recent Federal Trade Commission (FTC) report, “Marketing Violent Entertainment to Children: A Review of Self-Regulation and Industry Practices in the Motion Picture, Music Recording, and Electronic Game Industries”, found that the entertainment industry was specifically targeting children under 17 in their marketing. They market their products in places that teens visit more than adults, and many parents don’t know how much violence and other negative content are in some kids’ entertainment. There have been some positive changes since this report was first published, but caring adults have to remain watchful (戒备的). Some best-selling musical artists still are glamorizing negative behaviors, like illegal drug use, racism, and sexism.



完成时间: _____ m



◎ 实用语库

1. The impact of music on the mind is said to be so great that listening to music that constantly repeats violent words and phrases etches those ideas in the mind. 据说音乐对大脑的影响是那么巨大,以致听不断重复暴力语句的音乐会一直回荡在人的脑海里。

be said to 是固定句型,意为“据说……”,so ... that 也是常用句型,意为“太……以致……”,that 从句在句中作结果状语。

2. There have been some positive changes since this report was first published. 自从这份报告发表后,出现了一些积极的变化。

since 是连词,引导时间状语从句,常与现在完成时态的主句连用。

◎ 自我测评

I. Comprehension

Answer the questions or complete the statements in the fewest possible words.

1. The example of doctors and therapists may show _____.
2. The underlined phrase “this reason” in the second paragraph actually means _____.
3. Why does entertainment industry aim specifically at children in their marketing?
4. What does the author want to tell us by this passage?
5. How does music influence us sometimes?
6. In what aspects can music influence us?
7. As adults, what should we do when children are listening to music?

II. Translation

Translate the following sentences into English, using the words given in the brackets.

1. 有人控告那则广告有为假冒伪劣产品美化之嫌。(glamorize)
2. 他装作老于世故,而实际上却很不成熟。(immature)
3. 她中学毕业后就一直在一家银行工作。(since)
4. 教师对改进学生的言谈举止有潜移默化的影响。(influence on)
5. 他们正努力地工作,目的就是使生活更加美好。(aim at)

III. Guided writing

Write an English composition in 120-150 words according to the instructions given below in Chinese.



请你根据下列文字内容及图片的提示,写出一则英语日记。

1. 1990年5月26日,星期六,有风;
2. 下午上课时你思想老是开小差,因为你总想着晚上7点要去听音乐会。在放学回家的路上,你遇到了一个迷路的孩子,设法把他送回了家。你虽然没有赶上听音乐会,但心里却很高兴。



Passage 2 Memories of my high school

◎ 读写导航



1. Do you imagine your future school life?
2. What do you enjoy most in your high school?
3. What were you going to do as you entered high school then?

体裁:记叙文

词数:297

难度:☆☆☆ 建议时间:7min

The memories that kept nagging (烦扰) at the back of my mind about my high school days were the things I wanted to do but could not. For reasons best known to God, circumstances kept me protected from limelight (焦点) throughout my five-year stay in high school. In those days, three factors could make a student popular (positively) in my school. These were sports especially football, academic performance and being chosen as a School Prefect.

I wanted to be a football star playing for my school and winning laurels. This was my vision as I entered high school but my stature did not allow this vision to see the light of day. I was short and underweight throughout my five years. Even in the final year, it was always an embarrassment for me whenever house masters called me to run the 100m junior race. Wicked (淘气的) senior students and teachers alike gave me so many names to laugh at my size. These include 'Tiny boy', 'Smallie' and 'Le Petit Garcon' a French word for small boy. Many times even in my fourth year, I always had to explain to fifth year students who attempted to ride roughshod (残暴的) over me that I also was a senior student and I always could see the expression of surprise and at times unbelief on their faces whenever I told them that. Many times, I had to rely on my classmates and friends (if any of them was around) to confirm my story.



This kept me away from the school's football team. My childish mind was always filled with the fantasy and imaginations of being big and then playing to the admiration of the entire student population but it was never to be so.

完成时间: _____ m

◎ 实用语库

1. This was my vision as I entered high school but my stature did not allow this vision to see the light of day. 当我走进这所学校时这就是我的幻想,但是我的身材无法使我实现这个幻想。
as 引导时间状语从句; see the light of day 是固定短语,意为“实现、见天日、成为现实”。
2. My childish mind was always filled with the fantasy and imaginations of being big and then playing to the admiration of the entire student population but it was never to be