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王迈迈英语系列丛书

王迈迈英语 ◆ 畅销十五年 ◆ 风靡几代人

根据最新《大学英语课程教学要求》编写
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四级词汇 核心密码破译 扩散式快速记忆

主编 王迈迈 副主编 赵团结 李燕鸿
审订 KAREN CLARK(美) DAVID CLARK(美)

湖北音像艺术出版社

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76分新题型

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阅读导航

本书特色

- ★ **新** 本书紧扣最新《大学英语四级考试大纲》，密切关注四级考试的最新信息，研究最新考卷题型规律，预测最新命题趋势，介绍最新应试对策。
- ★ **全** 收词量全。收录最新《大学英语课程教学要求》的全部四级词汇，包括最新增加的257个新词和词组。信息量大，涵盖四级考试的方方面面，力求让四级考生一书在手，别无他求。

词汇速记

独家推出最新四级词汇快速记忆方法——扩散式记忆法，通过4种记忆技巧，快速、高效、巧妙地掌握大学英语四级考试全部词汇。

常用词组

常用词组一般都是固定搭配，这些词组和搭配实际上就是四级考试命题人眼中的考点，对于这些考点，我们要认真对待，尽量掌握答题规律。

作者建议

本书对四级词汇考点的学习和讲解，实行多层次立体推进的方式，不仅引进典型例句，并进行词义辨析，还要采用扩散式记忆法快速记忆，此外，对于一些重要的词汇考点，作者再进行适当点拨，破译核心密码。

四级词汇核心密码破译



Unit 1

a(n) → agenda

1. **agenda** [ˈæɡɛndə] *n.* 议程; 日程表
(非特指的一)个;(同类事物中的任何)一个;每一(个)

▶ **辨析?** 辨明异同, 应考从速!

注意 a 与 one 的异同
同: 均表示“一个”的概念。
异: a 可表示某类人或物中的一个, 或用在无定抽象名词或专有名词前, 而 one 无此用法。

2. **abandon** [əˈbændən] *vt.* 离开; 丢弃; 抛弃; 抛弃; 放弃

▶ **辨析?** 构词构流, 扩展记忆!

abandon (vt. & n.) → abandonment (n.)
abundant (adj. 丰富的) → abundance (n. 丰富)

【典型例句】*abandon oneself to* 沉溺于……
例: Such a young man should not abandon himself to playing computer games. 如此年青的一个人不能沉溺于打电脑游戏。
/ *with abandon* (abandonment) 放纵地, 放任地, 纵情地。例: Those naughty children began to play with the kitty with abandon (abandonment). 那些淘气的孩子开始尽情地与那只小猫玩耍。
/ *abandon doing sth.* 放弃做某事。例: We are all sure the strong-minded man will not abandon pursuing his dream. 我们都确信那位意志坚定的人不会放弃追求他的梦想。

【作者建议】1) 注意其拼写, 与形容词 abundant 不要弄混。2) abandon oneself 中的 to 是介词, 后面应跟名词或动名词, 而不能跟动词原形。

3. **ability** [əˈbɪlɪti] *n.* 能力; 本领; 才能; 才智

【典型例句】*All the powers — by secret sympathy with the young girls disability and give her some changes.* 所有的过路人因为这个年轻女孩的残疾而同情她, 并给了她一些零钱。

【常用词组】*to the best of one's ability* 尽自己最大努力。例: Although he was defeated in the boxing match, all the fans knew that Ali had played to the best of his ability. 虽然在这场拳击比赛里阿里被打败了, 但是所有的拳迷都知道他已经尽了最大努力了。
/ *the ability to do sth.* 做某事的能力。例: His parents blamed him after the contest because they knew he had the ability to do a better job. 比赛过后, 他的父母批评了他因为他们知道他本有能力做得更好。

▶ **辨析?** 利用构词法, 扩展记忆!

able—ability; capable—capability
stable—stability; compatible—compatibility

【词义辨析】注意 ability 与 capacity, capability 在意思上的区别: ability 有“能力, 才干, 天才, 才能”之意, 是最常用的单词, 它既可以指天赋的能力, 也可指后天学习而得到的本领, 它主要用于人, 特别指人的思维能力、体力或智力, 后面常接动词不定式; capacity 主要指“容纳和吸收的能力”, 既可用于人, 也可用于物, 后跟介词 of 或 for。
4. *able* [əˈbɪl] *adj.* (后接不定式) 能够……的, 得以……的; 有才干的; 能力出众的

【常用词组】*be able to do sth.* 能做某事。例: Those who are able to jump from the cliff are the real heroes. 那些能够从这悬崖上跳

- ★**巧** 特别关注四级词汇记忆技巧，独家推出最新四级词汇快速记忆方法——扩散式记忆法，通过四种技巧，快速、高效、巧妙地掌握四级考试全部词汇。
- ★**实** 一切从实战出发，一切为了四级考试：全部词汇，力求快速记忆；最新题型，实现快速反应；疑难考点，力争全线突破；应试技巧，追求立竿见影。

王迈迈英语 创办十五年 凤凰卫视

下去的人才才是真正的英雄。

如何记？ 抓住词干，记住一串！

abletious 反义
mable
able
enable 反义 disable 反义 disability
ability 反义 inability

【词义辨析】辨析 able 与其近义词 capable, competent 的区别：able 指具有明显超出平均水平的能力，强调对其能力的拥有；capable 强调有适合做某事的能力，如适应能力、应变能力；指处理实际工作的能力；competent 意为“胜任的，合格的，称职的”，指具有满足专门行业要求的能力。

5. abnormal [ə'brɔ:nl] a. 反常的，不正常的，不规则的

6. aboard [ə'bɔ:d] prep. 在(船、飞机、车)上，上(船、飞机、车) ad. 在船(或飞机、车)上，上船(或飞机、车)



【典型例句】Only after they were aboard the ship, did they realize that they were lapped 直到他们上船之后，他们才意识到他们被淹没了。

【常用短语】① aboard 上(船、飞机、车)等。例：After all the passengers go aboard, the large ship begins to leave the harbour slowly. 所有的乘客都上船之后，这艘大船开始慢慢地离开港口了。

如何写？ 突破拼写，问题解决！

注意 aboard, board 及 abroad 的区别

aboard 既可作副词，也可作介词，表示“在或到船上、车上”，board 作动词，表示“上船、上车”，abroad 作副词，表示“在国外、到国外”。

7. abolish [ə'bolɪʃ] vt. 取消，废除

8. abortion [ə'bɔ:ʃn] n. 流产；堕产儿；失败，夭折

9. about [ə'baut] prep. 关于，对于；在……包围，在……各处 ad. 大约，差不多；在四周，到处；在附近

【典型例句】Marlin is a young man of independent thinking who is not about to pay compliments to his political leaders. 马林是个有思想的年轻人，他不会随便恭维他的政治领导。

如何记？ 区别近义词，扩散记忆！

近义词：approximately ad. 近于，接近；roughly ad. 粗略，大约；around ad. 大约

【常用短语】be about to do sth. 将要做什么事。例：When we arrived at the small village that day, the sun was about to set. 那天当我们到达那个小村庄时，太阳快要落山了。

【词义辨析】辨析 about 与近义词 approximately, roughly 的区别：about 作“大约”讲，可与 approximately 通用，后者不如前者那样强调对精确度的接近；approximately 作“近于，接近”讲，表示精确程度与接近某一标准，其误差很小甚至可忽略不计；roughly 意为“粗略，大约”，经常用来代替 approximately 或 about，该词含有随便、草率的意味。

如何写？ 辨明同异，扩散记忆！

注意 about 与 concerning, regarding 及 respecting 的异同

问：四个词的可表示“关于”

异：about 可直接用在 be 动词后引导介词短语，而其他三个词不行。

词义辨析

英语词汇中的同义和近义词是英语学习常遇到的一大难点，本书对四级考卷中出现频率很高的同义、近义词，特设词义辨析栏目，详细讲解这些词之间的异同和用法。

典型例句

英语词汇的学习与记忆，一定要结合具体的语言环境，本书中的典型例句，都是四级考试的真题精华或千锤百炼的词典佳句，一旦掌握，终生受益。

试题演练

本书将全部四级词汇4795个单词和700个词组，分解为45个单元，化解难点、各个击破。为了巩固词汇学习和记忆的效果，每单元都有一定量的试题演练，熟悉四级真题，预测未来考题。

四级试题演练

1. Operations which left patients feeling relaxed and comfortable. and in need of long periods of recovery time now leave them
- A. injured B. exhausted C. deserted D. abandoned
2. I should like to rent a house, modern, comfortable and in a quiet neighbourhood.
- A. all in all B. above all C. after all D. over all
3. He is quite sure that it's impossible for him to fulfill the task within two days.
- A. absolutely B. exclusively C. fully D. roughly

扩散式记忆法

本书自始至终贯穿着一根红线，用**扩散式记忆法**突破词汇大关。
扩散式记忆法充分利用核心单词，最大限度地发挥记忆的扩散功能，以最少的时间，最小的精力，尽可能多地扩散记忆和核心词有关的大量词汇，使记忆以扩散方式，追求单位时间的效率最大化。

扩散式记忆法

①通过构词法扩散记忆

courage(勇气)

→ courageous有勇气的

→ encourage鼓励(使……有勇气)

→ discourage使泄气

→ courageously有勇气地

②通过词义联想扩散记忆

反义词联想 agree→oppose(反对)

同义词联想 choose→select

同类词联想 face→nose→eye→ear

red→black→white→yellow→purple(紫色的)

③通过形近词扩散记忆

except除……之外

accept接受

accent口音

④通过音近词扩散记忆

lead 领导 → need 必须 → read 阅读

欢迎同学们就本套丛书提出宝贵意见，

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第一部分

四级词汇核心密码破译

四级考试词汇速记

疑难词汇辨析索引

ability: 辨析 ability, capacity, capability

able: 辨析 able, capable, competent

about: 辨析 about, approximately, roughly

above: 辨析 above, beyond

abstract: 辨析 abstract, digest, outline, summary

accent: 辨析 accent, language, dialect, tone, stress

accept: 辨析 accept, receive

accident: 辨析 accident, event, happening, incident

accomplish: 辨析 accomplish, finish, complete

accurate: 辨析 accurate, exact, precise

achievement: 辨析 achievement, success, accomplishment, attainment

acknowledge: 辨析 acknowledge, admit, confess

acquire: 辨析 acquire, get, obtain, gain, attain

across: 辨析 across, through

act: 辨析 act, perform, do, behave

active: 辨析 active, busy, engaged, occupied

actual: 辨析 actual, genuine, real, true, truthful

acute: (1) 辨析 acute, critical, crucial, urgent

(2) 辨析 acute, keen, sharp

adapt: 辨析 adapt, adjust, alter, change, convert, modify, transform, vary

address: 辨析 address, greet, hail, salute

adequate: 辨析 adequate, enough, sufficient

adjust: 辨析 adjust, adapt

admit: 辨析 admit, acknowledge, confess

advance: 辨析 advance, progress

advise: 辨析 advise, counsel, recommend, suggest

affair: 辨析 affair, business

afford: 辨析 afford, buy, charge, cost, expend, pay, equip, provide, supply

age: 辨析 age, epoch, era, period, time

ago: 辨析 ago, before

agree: (1) 辨析 agree to, agree with, agree on

(2) 辨析 agree, approve, assent, consent

aim: 辨析 aim, end, goal, object, objective, purpose

alarm: 辨析 alarm, fear, fright, horror, panic, terror

alike: 辨析 alike, like, parallel, similar

almost: 辨析 almost, nearly

aloud: 辨析 aloud, loud, loudly

altitude: 辨析 altitude, elevation, height

amaze: 辨析 amaze, astonish, shock, surprise

among: 辨析 among, amidst, between

amount: 辨析 amount, sum, total

anger: 辨析 anger, fury, indignation, rage, resentment, wrath

announce: 辨析 announce, declare, pronounce, proclaim

annoy: 辨析 annoy, bother, disturb, interfere, interrupt

answer: 辨析 answer, reply

anticipate: 辨析 anticipate, expect, hope, look forward to

antique: 辨析 antique, ancient

anxious: 辨析 anxious, eager, keen

apparent: 辨析 apparent, clear, evident, obvious

appeal: 辨析 appeal, ask, beg, plead, pray, request

appear: 辨析 appear, look, seem

apply: 辨析 apply, use, utilize

appreciate: 辨析 appreciate, esteem, value

appropriate: 辨析 appropriate, fit, proper, suitable

approve: 辨析 approve, agree, assent, consent
 area: 辨析 area, belt, district, region
 arise: 辨析 arise, rise, arouse, raise
 arrange: 辨析 arrange, organize
 arrest: 辨析 arrest, capture, catch, seize
 asleep: 辨析 asleep, sleep, sleeping, sleepy
 assemble: 辨析 assemble, gather, collect, accumulate
 associate: 辨析 associate, connect, combine
 assure: 辨析 assure, ensure, insure, guarantee
 astonish: 辨析 astonish, amaze, surprise, shock
 audience: 辨析 audience, spectator
 avenue: 辨析 avenue, street
 average: 辨析 average, common, general, ordinary, universal, usual
 aware: 辨析 aware, conscious
 awful: 辨析 awful, dreadful, horrible, terrible
 back: 辨析 back, support, uphold
 bad: 辨析 bad, evil, ill, wicked
 ban: 辨析 ban, forbid, prohibit
 besides: 辨析 besides, except, except for
 compress: 辨析 compress, condense, constrict, contract, shrink
 conduct: 辨析 conduct, direct, guide, lead
 confirm: 辨析 confirm, demonstrate, prove, testify, verify
 confuse: 辨析 confuse, bewilder, embarrass, perplex, puzzle
 confusion: 辨析 confusion, chaos, disorder, mess
 consent: 辨析 consent, agree, approve, assent
 consequence: 辨析 consequence, effect, outcome, result
 constant: 辨析 constant, continual, continuous
 contain: 辨析 contain, include, involve
 continual: 辨析 continual, constant, continuous
 continue: 辨析 continue, proceed, succeed
 contract: 辨析 contract, compress, condense, constrict, shrink
 contrary: 辨析 contrary, opposite
 convert: 辨析 convert, adapt, alter, change,

modify, transform, vary
 convince: 辨析 convince, persuade, prevail (on/upon)
 core: 辨析 core, center, middle
 correct: 辨析 correct, reasonable, sound
 correspond: 辨析 correspond, agree
 costly: 辨析 costly, expensive, precious, priceless, valuable
 country: 辨析 country, state, nation
 crack: 辨析 crack, crush, smash
 create: 辨析 create, discover, find, invent
 creative: 辨析 creative, inventive, original
 crime: 辨析 crime, guilt, offence, sin
 critical: 辨析 critical, acute, crucial, urgent
 across: 辨析 across, cross, crossing, crossed
 crowd: 辨析 crowd, cram, pack, press, stuff
 crush: 辨析 crush, crash, smash
 cry: 辨析 cry, bellow, exclaim, roar, scream, shout, shriek, yell
 custom: 辨析 custom, habit, practice
 danger: 辨析 danger, hazard, peril, risk
 deceive: 辨析 deceive, cheat, fool, swindle
 declare: 辨析 declare, announce, pronounce, proclaim
 definite: 辨析 definite, clear, distinct
 deliver: 辨析 deliver, dispatch, send, transmit
 demand: 辨析 demand, ask, claim, request
 demonstrate: 辨析 demonstrate, confirm, prove, testify, verify
 digest: 辨析 digest, abstract, outline, summary
 direct: 辨析 direct, conduct, guide, lead
 discover: 辨析 discover, create, find, invent
 disorder: 辨析 disorder, chaos, confusion, mess
 district: 辨析 district, area, belt, region
 disturb: 辨析 disturb, annoy, bother, interfere, interrupt
 dull: 辨析 dull, boring, monotonous, tiresome
 eager: 辨析 eager, anxious, keen
 edge: 辨析 edge, border, rim, verge
 effect: 辨析 effect, consequence, outcome, result



- efficient: 辨析 efficient, effective
 elementary: 辨析 elementary, primary
 embarrass: 辨析 embarrass, confuse, bewilder, perplex, puzzle
 empty: 辨析 empty, bare, blank, hollow, vacant
 end: 辨析 end, aim, goal, object, objective, purpose
 enough: 辨析 enough, adequate, sufficient
 entire: 辨析 entire, complete, total, whole
 environment: 辨析 environment, circumstance, surrounding
 equip: 辨析 equip, afford, provide, supply
 era: 辨析 era, age, epoch, period, time
 essential: 辨析 essential, indispensable, necessary
 event: 辨析 event, accident, happening, incident
 evil: 辨析 evil, bad, ill, wicked
 exclaim: 辨析 exclaim, bellow, cry, roar, scream, shout, shriek, yell
 expand: 辨析 expand, extend, lengthen, prolong, spread, stretch, widen
 expensive: 辨析 expensive, costly, precious, priceless, valuable
 fade: 辨析 fade, disappear, vanish
 faint: 辨析 faint, feeble, fragile, weak
 fancy: 辨析 fancy, guess, imagine
 feature: 辨析 feature, characteristic
 female: 辨析 female, feminine, lady, woman
 financial: 辨析 financial, economic, economical
 find: 辨析 find, create, discover, invent
 fit: 辨析 fit, appropriate, proper, suitable
 fool: 辨析 fool, cheat, deceive, swindle
 forbid: 辨析 forbid, ban, prohibit
 forecast: 辨析 forecast, foresee, foreshadow, foretell, predict
 forgive: 辨析 forgive, excuse, pardon
 freight: 辨析 freight, cargo, goods, load
 fund: 辨析 fund, capital, cash
 gain: 辨析 gain, earn, obtain, win
 gather: 辨析 gather, assemble, collect
 general: 辨析 general, average, common, ordinary, universal, usual
 genuine: 辨析 genuine, actual, real, true, truthful
 glance: 辨析 glance, gaze, glare, peer, stare
 goal: 辨析 goal, aim, end, object, objective, purpose
 greet: 辨析 greet, address, hail, salute
 guard: 辨析 guard, defense, protection
 guess: 辨析 guess, fancy, imagine
 guide: 辨析 guide, conduct, direct, lead
 hear: 辨析 hear, listen
 implement: 辨析 implement, instrument, musical instrument, equipment, facility
 intelligent: 辨析 intelligent, intelligible
 later: 辨析 later, afterwards, afterwards
 like: 辨析 like, love, enjoy
 lively: 辨析 lively, lovely
 look: 辨析 look, sight, view, glance, glimpse
 lot: 辨析 lot, many, much, a great deal, a good many, plenty of
 madam: 辨析近义词 lady, Mrs., woman
 make: 辨析近义词 fashion, manufacture
 matter: 辨析 matter, affair, business, thing, wrong
 may: 辨析 can, could, may, might
 means: 辨析 means, instrument, musical instrument
 meeting: 辨析 meeting, assembly, conference, congress, convention, meet, party, session
 mend: 辨析 mend, fix, repair, patch
 moral: 辨析 moral, ethical, virtuous
 move: 辨析 move, remove, shift, transfer
 must: 辨析 have to, must, have (got) to
 postpone: 辨析 delay, postpone
 primitive: 辨析 primitive, initial, original
 proceed: 辨析 proceed, continue, succeed
 profession: 辨析 profession, career, occupation, trade
 prohibit: 辨析 prohibit, ban, forbid
 pronounce: 辨析 pronounce, announce, declare, proclaim