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英
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双
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赢

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书

Intensive
Reading

1

册

大学英语 精读

词汇同步学习
成功手册

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Success with Words in
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大学英语精读

词汇同步学习
成功手册



王丽荣 主编

第1册

双

赢

丛

书

吉林大学出版社



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第一册
王丽荣 主编

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前 言

要想尽快地掌握英语，单靠日积月累的积攒词汇，把时间和精力消耗在旷日持久的词汇记忆上，且不说方法与目标相背离，其效率也不符合现代化社会的快节奏、高速度对人们的要求，更不能达到学以致用目的。基于此，本书以上海外语教育出版社出版的《大学英语精读》为蓝本，首创学习课文和记忆词汇相结合的方式，使读者用最短的时间，以最快的速度，将教材中出现的词汇从记忆、应用到应试全部消化，从而构筑英语词汇的坚实基础。

本书具有以下鲜明特色：

一、它是一部英语词汇记忆手册。它提供了网络记忆、梯形记忆、联想记忆、串联记忆，对照记忆和读音记忆等优秀的英语词汇记忆法，有助读者迅速提升英语词汇量。

二、它是一部英语学习词典。它不仅给出了主题词在教材中的用法，而且还提供了例证、搭配、派生、同义等其它联想手段，有助于读者一揽子解决主题词的使用问题。

三、它是一部四六级典型题库。对关键单词、词组，本书配备了典型试题，供读者从试题中认识主题词的用法和考点。

四、它与教材同步、与大纲一致。本书按教材体系编写，既充分挖掘、利用了教材资源，又体现了词汇使用和发展的空间，同时按大纲标注主题词的使用级别：初级标“○”，中级(四级)标“☆”；高级(六级)标“△”；六级后标“◇”，供读者记忆、使用时鉴别。

最后愿本书是提升读者词汇量的通道，拓展词汇面的捷径，并且我们愿意为读者提供远程教育服务！

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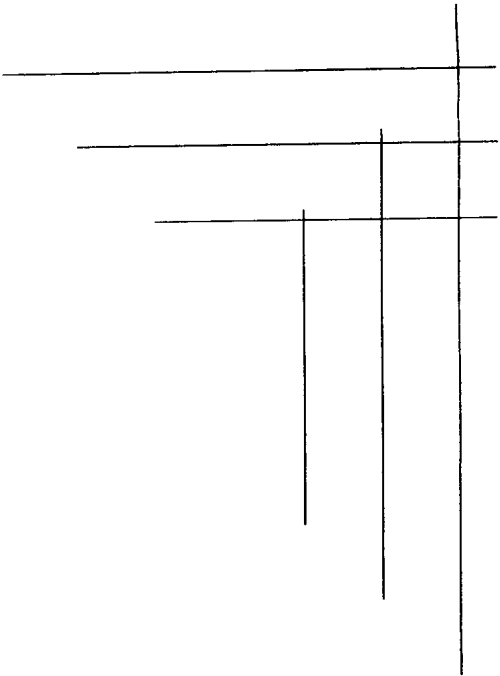
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第一册

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Contents

- 
- 1** **Unit 1**
How to Improve Your Study Habits
- 23** **Unit 2**
Sailing Pound the World
- 42** **Unit 3**
The Present
- 60** **Unit 4**
Turning off TV: A Quiet Hour
- 77** **Unit 5**
A Miserable, Merry Christmas



Unit 6 **92**
Sam Adams, Industrial Engineer

Unit 7 **124**
The Sampler

Unit 8 **146**
You Go Your Way, I'll Go Mine

Unit 9 **159**
The Brain

Unit 10 **172**
Going Home

Unit 1

How to Improve Your Study Habits

1

Unit 1

☆ **activity** [æk'tɪvəti]

【释义】*nc.* 活动 *-nu.* 活动性, 活力

【例句】*a.* His main **activity** after work is playing the drums in a band. 他工作之余的主要活动是在一个乐队里打鼓。

b. The students in our university have a lot of extracurricular **activities**. 我们大学里的学生有许多课外活动。

c. When a man is over seventy, his time of full **activity** is usually past. 当人到了七十多岁时, 他充满活力的时期往往就逝去了。

【同义】① *n.* exercise ② *n.* act, deed ③ *n.* bustle, commotion ④ *n.* occupation

【例题】Watching television is the most popular leisure time ____ in many countries.

A. manner

B. matter

C. activity

D. play

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☆ **additional** [ə'dɪʃənəl]

【释义】**adj.** 另外的, 附加的

【例句】**a.** It will take an **additional** three months to finish the work. 还要再花三个月才能完成这项工作。

b. The charge for the delivery of the furniture is **additional**. 运送家具的费用是额外的。

【派生】**additionally** **adv.**

【例题】Mother will need an _____ help to do the work while there is so much company.

A. usual B. opposite C. additional D. old

☆ **adequate** ['ædɪkwət]

【释义】**adj.** ①足够的, 充足的 ②恰当的, 适当的

【例句】**a.** He is seeking for **adequate** expression of his admiration. 他在寻找恰当的言辞以表达其羡慕之情。

b. I hope you will prove **adequate** to the job. 我希望你能胜任这份工作。

c. They were cold because they were not wearing **adequate** clothing. 他们冷, 是因为衣服穿得不够。

d. Two hundred dollars a week is not **adequate** to support a family. 用 200 美元来维持一个家庭一周的生活是不够的。

【派生】**adequacy** 足够, 充分, 适当, / **adequately** **adv.** / **adequateness** **n.**

【同义】① **adj.** **requisite** ② **adj.** **satisfactory**

【例题】You must plan your activities very carefully so that you have _____ time for both work and play.

A. average B. permanent C. adequate D. efficient

○ **area** ['ɛəriə]

【释义】*n.* ①面积 ②地区; 区域 ③范围, 领域 ④庭院; 庭园

【例句】*a.* His **areas** were advertising and distribution. 他的职务范围是广告宣传和推销。

b. If a room measures 3×5 meters, its **area** is 15 square metres. 假若一个房间是三公尺宽五公尺长, 它的面积就是十五平方公尺。

【同义】① *n.* tract, stretch, zone ② *n.* extent, scope, expanse

【例题】China is a land with a(n) _____ of 9,600,000 square kilometres.

A. space B. territory C. distance D. **area**

☆ **assignment** [ə'sainmənt]

【释义】*n.* ①分配的任务 ②(布置的)作业 ③(财产, 权利的)转让

【例句】*a.* She gladly accepted the **assignment**. 她愉快地接受了任务。

b. What is today's **assignment**? 什么是今天的作业?

【例题】1. The policeman's _____ was to discover the murderer.

A. **assignment** B. bullet C. homework D. report

2. The student's _____ was to write a book report.

A. signature B. question C. puzzle D. **assignment**

☆ **attitude** ['ætɪtju:d]

【释义】*nc.* ①态度; 看法 ②姿势; 姿态 ③(芭蕾舞中的)鹤立式

【例句】*a.* What is your **attitude** to (towards) this problem? 你对这个问题态度如何?

b. Her arms were thrown out in an **attitude** of entreaty. 她以恳求的姿势伸出双臂。

【同义】*n.* posture, pose

【例题】As the work became more familiar, his _____ towards school changed from dislike to great enthusiasm.

A. altitude B. **attitude** C. viewpoint D. thought



○ **average** ['ævərɪdʒ]【释义】I *nc.* 平均, 平均数 *-nu.* 一般水平, 平均标准II *adj.* ①平均的 ②平常的, 普通的III *vt.* 算出...的平均数 *-vt.* 平均【例句】*a.* What is the **average** rainfall for July? 七月平均雨量是多少?*b.* An **average** of ten students are absent each day. 每天平均有 10 个学生缺席。*c.* He is above **average** in his lessons. 他的功课在平均水平以上。*d.* On (an, the) **average**, there are twenty boys present every day. 平均说来, 每天有 20 个男生出席。*e.* The **average** of 3, 8 and 10 is 7. 3、8 和 10 的平均数是 7。*f.* The rainfall **averages** 36 inches a year. 雨量平均每年达 36 英寸。*g.* There was nothing special about it, it was only **average**. 它没有什么特别的, 仅是普普通通罢了。

【搭配】average out 达到平均数, 最终得到平衡 / on an (the) average 作为平均数, 按平均数计算

【派生】averagely *adv.* / averageness *n.* / averager *n.*【同义】① *n.* standard, norm ② *adj.* mean ③ *adj.* medium, middling

【例题】1. _____, a television set is in use in every home for about 6 hours each day.

A. It is averaged

B. On the average

C. The average that

D. On averages

2. He was of the opinion that Li Ping's professional merits were quite up to the _____.

A. common

B. ordinariness

C. standards

D. average

3. It has been proved that women, _____, live a longer life than men.

A. totally

B. on average

C. wholly

D. in person

4. The _____ salary of the staff is about \$50.

A. usual B. equal C. average D. common

5. The wages of men _____ 54.54 whereas women's wages _____ but 42.13.

A. divided ... divided B. evened ... evened

C. averaged ... averaged D. balanced ... balanced

○ **case** [keɪs]

【释义】*nc.* ①情况、事例 ②事实、实情 ③案情、案件 ④病例; 患者 ⑤令人信服的理论

【例句】*a.* He tried a civil (criminal) case. 他审理了一起民事(刑事)案件。

b. That is not the case. 那可不是事实。

c. The patient stated his case. 病人陈述病情。

【搭配】as is often the case 这是常有的事 / as the case may be 看情况, 根据具体情况 / as the case stands 照现在的状况, 事实上 / be in good (evil) case 幸福(不幸福); 境况好(不好); 身体好(不好) / case by case 逐一, 相机行事地 / circumstances alter **cases** 随机应变 / drop a case 撤回诉讼 / give the case for (against) sb 作出对某人有利(不利的)判决 / in any case 无论如何, 不管怎样 / in case 假使, 以防万一 / in case of 假如, 如果发生, 防备 / in nine **cases** out of ten 十之八九

【派生】*caser n.*

【同义】① *adj.* event, circumstance ② *adj.* lawsuit, cause, action ③ *adj.* deposition ④ *n.* holder ⑤ *n.* casing ⑥ *n.* chest ⑦ *vt.* enclose, encase

【例题】1. Don't lose confidence in yourself _____ failure.

A. in case B. in case of C. in any case D. in some cases

2. His mother always keeps a candle in the house _____ there is a power cut.

A. in the case B. if C. in case D. in the event

3. In many countries tourists visit the main centres and don't visit the rest of the country. This is _____ Britain.



A. a case for B. the case about C. in case of D. the case of

☆ **chart** [tʃɑ:t]

【释义】I *nc.* ①海图, 航线图 ②图, 图表, 曲线图

II *vt.* ①绘制…的海图; 把(航线等)绘入海图 ②用图表表示(或说明)
③制定…的计划

【例句】The navigator plotted the ship's course on the chart. 航员在航线图上画出轮船的行使路线。

【派生】chartist 制图者 / chartless *adj.*

【例题】The ____ showed the decline in the company's sales during the year.

A. picture B. painting C. map D. chart

6

Unit 1

☆ **commit** [kə'mit]

【释义】*vt.* ①交付, 交托, 移交 ②犯(错误、罪行), 干(傻事、错事)
③把…押交; 把…判处 ④承诺, 保证; 使表态 ⑤调配…供使用, 指定…
用于 ⑥把(军队)投入战斗; 指派…作战

【例句】a. He was found guilty and **committed**. 他被发现有罪而下狱。

b. He refused to **commit** himself. 他拒绝发表他的看法。

c. How dare you **commit** me without my permission. 你怎么敢不得我许可就把我牵扯进去。

d. I have **committed** myself to helping him. 我已保证要帮助他。

e. Our company will be **committed** tomorrow. 我们连明天将投入战斗。

f. We are **committing** money to the task of turning the sun into energy. 我们在给转化太阳能的工作拨款。

【搭配】commit one's soul to God 逝世, 寿终正寝 / commit oneself to 委身于, 专心致志于 / commit to memory 记住, 牢记 / commit to oblivion 置之脑后 / commit to sb's care 委托某人 / commit to the earth 埋葬 / feel

oneself committed 觉得有损自己名誉, 觉得自己受到牵连(受义务束缚)

【派生】committer *n.*

【例题】If I _____ the crime of ringing a bell I might get thrown overboard.

A. committed B. went into action C. realized D. commented

☆ comprehension [ˌkɒmpriˈhenʃən]

【释义】*n.* ①理解(力) ②包含, 包括 ③理解力练习; 理解力测验;

【例句】*a.* Our object is to train the students' **comprehension**. 我们的目的是培养学生的理解力。

b. She sets her students a **comprehension** every week. 她每星期对学生作一次理解力测验。

c. The problem is above (beyond) my **comprehension**. 这问题超出我的理解力。

【同义】*n.* perception, discernment, conception

【例题】I will demonstrate two kinds of reading _____ items.

A. comprehension B. examination C. material D. understand

7

Unit 1

☆ concentrate ['kɒnsentreɪt]

【释义】I *v.* ①集中; 集结(军队等); 使集中于一点 ②浓缩

II *n.* 浓缩物

【例句】*a.* A convex lens is used to **concentrate** rays of light. 凸透镜用于聚光。

b. She couldn't **concentrate** upon a book very long. 她不能长时间聚精会神地读书。

c. They **concentrated** the sea water by boiling off some of the water. 他们把海水煮沸, 蒸发掉一些水分, 以使其浓缩。

【派生】concentrated 集中起来的; 经浓缩的 / concentrator *n.*

【同义】① *vt.* gather, collect, assemble, focus ② *vt.* intensify

【例题】1. The beam from three search lights were _____ the airplane, so that



it could be clearly seen.

A. fit on B. concentrated on C. pointed D. laid out

2. The solution _____ on evaporation.

A. concentrates B. compresses C. shrinks D. assembles

☆ confuse [kən'fju:z]

【释义】*vt.* ①混乱; 混淆、弄错 ②把...弄糊涂; 使慌乱

【例句】*a.* He was **confused** at her sudden appearance. 她的突然出现使他手足无措。

b. I believe he **confused** the accounts deliberately. 我认为他是故意将帐目弄乱的。

c. They asked so many questions that they **confused** me. 他们问了许多多的问题, 把我弄糊涂了。

8

Unit 1

【派生】confusable 可能被混淆的; 可能被弄糊涂的

【同义】*vt.* confound, puzzle

【例题】1. His explanation is not at all clear. I find it ____.

A. essential B. awful C. **confusing** D. puzzled

2. If you try to learn too many things at a time, you may **get** ____.

A. connected B. relaxed C. **confused** D. disappointed

confused [kən'fju:zd]

【释义】*adj.* ①混乱的 ②分不清的, 被混淆的 ③弄糊涂的; 慌乱的

【派生】**confusedly** *adv.* / **confusedness** *n.*

○ content ['kɒntent]

【释义】*nc.* ①内容; 内容物 ②容量, 容积; *-nu.* 旨趣, 要旨

【例句】He did not know the **contents** of the will. 他不知道遗嘱的内容。

【例题】She opened the packet and emptied the _____ into a saucepan.

A. insides B. fullness C. **contents** D. container

distraction [dis'trækʃən]

【释义】*nu.* ①精神不集中 ②发狂; 心烦意乱 *-nc.* ①使人分心的事物 ②娱乐; 消遣

【例句】*a.* He complained that there weren't enough **distractions** in the small village. 他抱怨小乡村中没有足够的娱乐活动。

b. Noise is a **distraction** when you are trying to study. 噪音在你学习时会分散你的注意力。

【搭配】to distraction 几乎到了疯狂的地步

【同义】*n.* relaxation, diversion

○ **double** ['dʌbl]

【释义】I *adj.* ①加倍的; 两倍的 ②有两个相似部分组成的; 双的 ③双人(用)的 ④双重的 ⑤(花)重瓣的

II *adv.* ①两倍; 双倍 ②成双; 成对

III *nu.* 两倍; 加倍 *-nc.* ①酷似的人(物); (电影中的)特技替身演员 ②一杯双份的烈酒 ③(网球)双打

IV *vt.* ①使加倍 ②对折 ③绕(岛屿等)航行 *-vi.* ①加倍 ②兼作; 兼任

【例句】*a.* Costs have **doubled** during this year. 今年费用增长了一倍。

b. **Double** the blanket and put it over the child. 把毯子对折起来, 盖在孩子身上。

c. Four is the **double** of two. 4 是 2 的两倍。

d. Have you ever met your **double**? 你遇到过和你相像的人吗?

e. I want a **double** room. 我需要一个双人房间。

f. Many things now cost almost **double** what they did before the war. 许多东西现在比战前差不多贵一倍。

g. Moving picture actors sometimes employ **doubles**. 电影演员有时雇用替身。

【搭配】at the double 很快地; 赶紧地 / double back 按原路折回 / double



(sb) up (使某人)躬身, 弯腰 / double up 共用 / in double harness 两人一起;
夫妻一起

【派生】double-check 复查; 仔细检查. / double-cross 欺骗, 背叛, 出卖 /
double-dealer 口是心非的人; 两面派. / doubleness / double-quick 快速; 急
速 / double-think 矛盾思想

【同义】① *adj.* twofold ② *adj.* hypocritical

【例题】1. Jim was hit by the baseball and ____ with pain.

- A. multiplied B. curved
C. increased D. **doubled up**

2. The boss gave John ____ when he was working during the spring
festival.

- A. the double usual pay B. the usual double pay
C. **double the usual pay** D. usual the double pay

3. The man was given ____ pay for working overtime.

- A. **double** B. two C. little D. many

4. The population of many cities has more than ____ in the past ten
years.

- A. increased B. added C. **doubled** D. reduced

5. — What's wrong? You seem restless.

— I was compelled to pay ____ price for it.

- A. double of the B. double C. **double the** D. double of

☆ **enable** [i'neɪbl]

【释义】*vt.* 使能够; 使成为可能

【例句】a. The eagle's large wings **enable** it to fly very fast. 鹰的巨大翅膀
使它能飞得很快。

b. The new regulation **enables** the selling of beer on the supermarket.
新规定允许在超级市场出售啤酒。

【同义】*vt.* empower, permit, authorize