

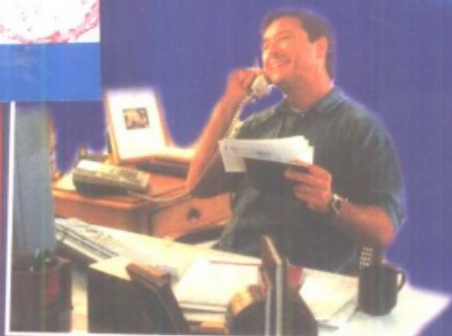


目标英语阅读阶梯系列 (第 2 代)

英语扩充词汇 阶梯阅读

精通 3000 词汇

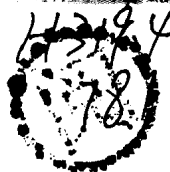
主编 马向晖



西安交通大学出版社

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英语扩充词汇 阶梯阅读



主编 马向晖
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内 容 简 介

本书为第2代“目标英语阅读阶梯系列”书第三册,编写词汇量基于3000词左右。全书共收集文章60篇,内容涉猎广泛,如人际交往、求职面试、科学技术、名人轶事、生活趣闻等。文章具有强烈的时代感,以使读者在开阔眼界、获取信息的同时,从中领略到语言文字运用的奥妙和独到之处,英语水平不知不觉上了一个新台阶。

本书融知识性、趣味性和可读性于一体,注重学生阅读能力的培养和扩大词汇量。文中超纲词汇和难点均有详尽注释,以帮助读者从字里行间领会作者的意图和文章内涵。每篇文章后的阅读理解和词汇练习题形式多样,其编写从实用性和针对性出发,力图在提高读者英语水平的同时,对参加各种考试的学生也有所帮助。每5篇后有一个总结练习,以起到复习、检查之目的。

此外,为方便读者自学和深入理解原文,本书另配有汉语译文。

本书可作为大学低年级、中专及自学考试学生及各种英语培训班的阅读教材,也可作为其他各类读者的英语课外读物。

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“目标英语阅读阶梯系列(第1代)”出版以来,一直受到英语学习者的偏爱。在全国各地各种畅销书评奖中,该系列书多次被评为畅销书。许多外文书店、新华书店将其列为畅销上榜图书。一些中学、中专、大专院校,将一些合适的分册作为阅读补充教材。该系列书经久不衰,已成为英语阅读图书中的精品。

科技日新月异,世界变化万千,伴随着时代的步伐,新的语言现象不断涌现,人们嘴上总是挂着一些“时髦”词。过去的一些老文章似乎不能满足英语学习者的需求。图书市场渴望新的阅读的呼声越来越高,尽快编写“目标英语阅读阶梯系列(第2代)”的动力应运而生。

在英语学习过程中,词汇学习的重要性再强调也不过分。这不仅因为词汇量本身就是衡量英语水平的一个重要标准,还因为词汇量对听、说、读、写、译五项技能掌握的制约作用:词汇量大,能加速这些技能的掌握;词汇量小,则会成为学习的一个瓶颈。

英语学习者无疑都认识到了这一点,在词汇方面投入了大量的时间和精力,但往往事倍功半。究其原因,主要是因为对词汇学习的长期性认识不足,急于求成,想一蹴而就,导致方法不当,以孤立地记单词或盲目使用各种词汇练习册为主。这些方法最初可能有一定的效果,但随着词汇量的增加,其不足就暴露无遗:单调机械,枯燥乏味,使大多数人难以坚持下去,从而视英语学习为畏途,降低了学英语的兴趣。

阅读,为我们打开了一个全新的世界。实践证明,阅读是扩充词汇量切实可行、卓有成效的方法。在鲜活、生动的上下文中,学习者不但记下了单词本身,又可同时熟悉词的用法和搭配,有助于他们掌握和准确地应用这些词汇。

要达到通过阅读扩充词汇的目的,选材是否得当至关重要。“第2代”的编写对编者们提出了更高要求。参编老师多位是一线教英语的教授、副教授,经验丰富,这使系列书质量有了可靠保证。本系列书在选材方面力求难度适中、语言规范、体裁多样,



同时兼顾知识性、趣味性。所选篇章多来自以英语作为母语的国家，并有强烈的时代感，以使读者能“乐之、好之”，沉浸在阅读的愉悦中，在开阔眼界、获取信息的同时，英语水平不知不觉上了一个新台阶。编者站在学习者的立场上，对短文中超纲词汇和难点均加注释，以帮助读者深入阅读，并从字里行间领会作者的意图和文章内涵。此外，“第2代”还配套出版了“汉语译文”，这有助于读者更深刻、准确地理解原文，便于自学。每篇短文后的阅读理解和词汇练习题的编写，均从实用性和针对性出发，力图在提高读者英语水平的同时，对于那些参加各类考试的读者也有所帮助。

同样，还是那句老话：攀登峭壁总没有沿梯而上轻松。读者要使阅读轻松有效，一定要根据自己的实际情况选准适合自己水平的分册。“第2代”同样是8本，其词汇量分别为1 000, 2 000, 3 000, 4 000, 5 000, 6 000, 8 000, 10 000。朋友，摘取桂冠的“云梯”再一次展现在你的面前，时间珍贵，不要再错过时机。通过这架“云梯”，你可以积累语言素材，培养良好的语感，达到语言运用自如的目的。通过“第2代”系列的学习，掌握了书中的关键词、重点词，并理解了其中的各种语言现象，可以说您已达到非英语专业研究生英语水平，从而为出国留学、工作打下了坚实的基础。

希望本系列书再次激起你智慧的火花、情感的涟漪、学英语的活力，这是我们永恒的心愿。读者在使用本系列书过程中，如有什么感想，要求或建议，请与我们联系，并欢迎投稿。

E-mail: chenfeng-book@china.com

晨风

2000.12

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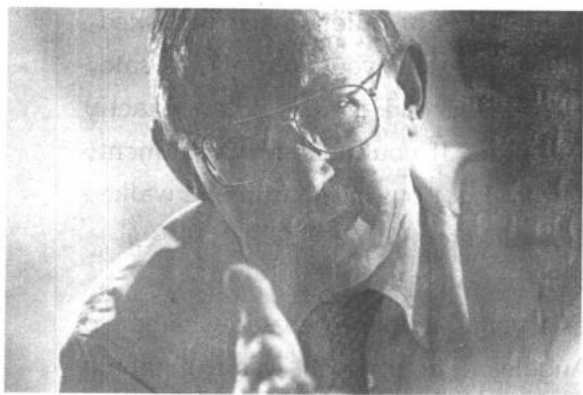
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身处逆境,如何应对? 面临抉择,何去何从? 父亲,以其言行,为“我”指点迷津。



I grew up on a dairy farm outside **Ottawa**.¹ One summer when I was about eight, we were away visiting relatives when we learned that our barn had burned down. It was brand-new, with state-of-the-art(目前最先进的) milking facilities.

My father was no doubt stunned. But I don't remember any complaining. He rebuilt the barn, with local farmers pitching in. My father believed you can't **descend into self-pity**². You have to rise above it. So today whenever something doesn't happen the way I want it to, I won't let it get me

1. 渥太华(加拿大城市)

2. 陷入自怜之中

down — because he never did. You have to brush it off and move on.

One time, when I was in my mid-20s, my father visited me in **Toronto**³. I had been asked to do some picketing to show support for ACTRA, the actors' union. As my father and I drove by the designated(指定的) spot, we saw just a few people there. "It's raining and nobody's here," I said. "I really don't want to do this."

3. 多伦多(加拿大城市)

My father was very quiet. Then he asked, "Did you tell them you would do it?" I said, "Yes." That was the end of it. I knew exactly what he was saying. If you make a commitment, you live up to it. I got out in the rain and walked with the other picketers(工会罢工时的纠察员). And felt good for doing it.

Later as a young actor, I debated whether to go to Los Angeles. The prospect was frightening — to go to a city where you don't know anyone and nobody knows you. I called my father and told him my concerns.

"What if things don't go well?" I asked. He said: "You will still have gone there. You'll still have done it. That **in itself**⁴ is an accomplishment."

4. 就其本身而言

His words gave me the courage to go, and within five weeks, I got a role in a television series. I had put myself out on a limb and survived.

My father knew about taking chances — and about resilience(顺应力). He was the oldest of

11 children in **Holland**⁵. Just after World War II, when he was 25, he came to Canada with my mother, looking for better opportunities. They had to find a farm and bring the rest of the family over to begin new lives.

A few years ago, I overheard a conversation in the next room between my father and my daughter, then seven. She was talking about her day at school — about another girl saying she was ugly.

What a hurtful thing to say, I thought. She's beautiful! I wondered how my father would respond.

I heard him say, "I can touch the ceiling."

My daughter said, "What?"

He repeated, "I can touch the ceiling."

My daughter didn't say anything.

Then my dad said, "Just because someone says something doesn't mean it's true." He was telling her not to depend on what other people say — to make her own decisions about herself. I loved him for that.

Exercises

1. Decide whether the following statements are True (T) or False (F) according to the information given in the passage.
 - 1) The local farmers helped his family rebuild the barn. ()
 - 2) The author's father taught him to keep his promise. ()
 - 3) The author's father taught him not to take risks for he might fail. ()
 - 4) The author acted on his father's advice, went to Los Angeles but failed there.

()

5) The author's father can jump up and touch the ceiling. ()

Work out the meaning of each of the following words from the context in which it appears and tick the best answer.

1) stunned (para. 2)

A) shocked B) disappointed C) annoyed D) depressed

2) "I won't let it get me down" (para. 2) means I won't let it make me feel _____.

A) depressed B) angry C) surprised D) impatient

3) pitch in (para. 2)

A) join in B) drop in C) give in D) get in

4) "it" (para. 2) in "You have to rise above it" refers to _____.

A) the barn B) complaint C) self-pity D) the farm

5) brush it off (para. 2)

A) pay attention to it B) pay no attention to it
C) lay stress on it D) make fun of it

6) live up to (para. 5)

A) go back on B) come up with
C) look forward to D) keep to the standard

7) put myself on a limb (para. 8)

A) take chances B) climb up the tree
C) give up D) back down

8) take chances (para. 8)

A) take risks B) take effect
C) take part D) take offense

3. *Complete the following sentences by putting in the missing words with the help of the first letters. Be careful to use the words in their proper forms.*

1) If you d _____ (para. 2) you move downward from a higher to a lower level.

2) He has made a c _____ (para. 5) to pay off all his debts.

3) The senate will d _____ (para. 6) the subject of tax increases.

4) If there is some p _____ (para. 6) of something happening, there is a possibility that it will happen.

5) I have had no o _____ (para. 9) to give him your message, because I have not seen him.

- 6) Don't r _____ (para. 14) what I've told you; it is a secret.
- 7) When you r _____ (para. 11) to something that is said or done, you react to it by doing or saying something yourself.
- 8) He has to make some difficult d _____ (para. 16) about where he wants to go.

一岁开始训练,三岁已很职业。他会不会是高尔夫球的明日之星呢?



Three-year-old Jack Patrick Lindsay is, in many ways, a typical playful preschooler(学龄前儿童).

He's learning his ABCs, can count up to 20 and loves to play with his sister, Kaley. Typical except for one thing: his extraordinary talent at golf.

Jack's interest in the game began to develop when he was less than a year old. When the TV was on, Jack clamored (大声的要求) not for cartoons but for the Golf Channel. And when his family saw how he picked up and swung Kaley's

baton like a golf club, they realized he had perfect form and remarkable hand-eye coordination. Jack got his first golf club almost two years ago and has been playing ever since.

The Next Tiger Woods¹?

At about 3 feet tall and weighing in at a svelte 35 pounds, Jack can **drive, chip and putt**² like a veteran. His parents, **occasional duffers**³ who didn't feel they were good enough to teach their son the finer points of the game, have hired Michael Hebron, a **PGA pro**⁴, to give him lessons. Hebron currently teaches Jack everything — from the rules of the game, to how to play the ball.

"He's the most advanced 3-year-old I've ever seen," says Hebron. "He has a sense for distance, a sense for strength and sense for target."

Jack's talent has drawn multiple comparisons to another golf phenomenon(非凡人物) who also exhibited his talent **at a tender age**⁵— Tiger Woods. Just like Woods, who at age 2 charmed **Bob Hope**⁶ when they putted together on the Mike Douglas Show, Jack recently wowed(使惊叹) the crowd with his golf prowess on Live With Regis and Kathie Lee. And many who have seen both Woods and Jack hitting the ball say their swings look almost identical.

Jack's father, Jack Lindsay Sr., says the family relishes(喜欢) the comparisons, but is also deeply intimidated by the expectations being

1. 高尔夫球传奇人物,年纪轻轻就已成名。

2. 皆为高尔夫球术语。分别为:(从球座)发球;削球;推球。

3. 偶尔打高尔夫球,但球技不佳。duffer: 笨蛋,糊涂蛋

4. 职业高尔夫协会的职业选手。

5. 在幼小的年龄

6. 高尔夫传奇人物

set at such an early age.

“You know, it’s like having your son compared to **Babe Ruth**⁷ in baseball,” Lindsay says. “I don’t know what’s going to happen.”

While natural aptitude like the advanced hand-eye coordination Jack has plays a role, many who study prodigies believe this kind of talent may have more to do with his near obsessive(着魔般的) focus and repetition. Jack regularly hits three buckets of balls and often asks for more. Experts say, if you start at an early age you’ll be that much better as you get older.

Jack’s parents support and nurture his passion, but say that contrary to what many may think, they are not pushing their child — in fact, they say, it’s the opposite. “We haven’t pushed him one day,” Lindsay says. “He pushes us every day.”

They also have taken steps to deal with Jack’s increasing high-profile as he’s been inundated(为……所淹没) with requests for TV and radio appearances. While Jack seems unbothered by all the attention, his parents say the flood of requests intimidated them so much that they hired an agent. When told that many people would be skeptical over the need for an agent, Jack’s mother, Kim Lindsay, says they did so because they want to take it slow and would like someone to guide them through the maze(迷宫) of instant fame.

7. 贝布·鲁思，棒球明星，保持了多项纪录。

Jack's parents say he'll be the one to decide how far he wants to go with his golf game. For now, he'll continue lessons for as long as he wants to play. Official competition is still years away. Jack's father insists he has a simple wish when it comes to his son.

"I just want him to be happy and be a good boy... and do whatever he wants to do," says Lindsay. "If it's golf, great. If it's something else he wants to do, great."

Exercises

1. *Decide whether the following statements are True (T) or False (F) according to the information given in the passage.*

- 1) Jack lindsay loved the Golf channel better than cartoons. ()
- 2) Jack is compared to Tiger Woods in several ways. ()
- 3) Babe Ruth is a great baseball player. ()
- 4) Jack's exordinary talent is mainly born. ()
- 5) Jack's parents hired an agent to make their son more famous. ()

2. *Work out the meaning of each of the following words from the context in which it appears and then tick the best alternative.*

1) svelte (para. 4)

- A) slender B) large C) heavy D) tiny

2) charm (para. 6)

- A) attract B) assure C) attack D) alert

3) prowess (para. 6)

- A) ability B) power C) affection D) possibility

4) intimidated (para. 7)

- A) frightened B) bold C) interested D) patient

5) aptitude (para. 9)

- A) courage B) patience C) reservation D) talent