

· 金版TOEFL系列丛书 ·

Idioms & Expressions in TOEFL Listening

金版托福

听力成语与固定搭配

宫东风 主编

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编者的话

众所周知,听力难是托福考试中的难中之难,然而准确理解听力成语与固定搭配又是听力考试的难中之难。一届又一届的考生茫然地面对:

Is ice cold? (当然)

fry an egg on the sidewalk (天气炎热)

fill one's shoes(替代某人)

drive sb. up the wall (使某人发疯)

on cloud nine (非常高兴)

为了帮助广大托福考生攻克听力难这一堡垒,作者根据在北京外国语大学等处的实战教学经验和托福听力的考试规律编写了《金版托福听力成语与固定搭配》。本书的内容涵盖了自1989年至今的历届听力考试的成语和固定搭配,另外对2000年以来的新托福听力也进行了细致的总结。

本书共分为三个章节。第一章是金版托福听力成语。第二章是金版托福听力固定搭配。在上述两部分中均对托福听力考试已测试的重点成语和固定搭配进行了明显的标注,以便读者重点学习掌握。第三章是金版托福听力最新词语用法,该部分是针对2000年以来托福听力题的总结之作,定会为你准确了解托福听力变化打开一扇天窗。

建议读者在做托福听力题之前,首先研读《金版托福听力成语

与固定搭配》一书,如果时间充裕,同时阅读本书的姊妹篇《金版托福听力必备》,循此方法,读者可以首先掌握听力的难中之难,从而做到战无不胜,在听力的世界里自由地驰骋,以便最终夺取听力考试的成功,达到光辉的听力顶点。

祝各位读者朋友心情愉快,听力天天进步!

宫东风

2001 年于北京



宫东风

北京外国语大学文学硕士，主攻翻译和英语语法。15岁上大学，19岁开始大学执教生涯，其学生已遍布国内外。是目前国内最年轻的TOEFL，GRE，GMAT等国际考试专家，写有多部专著。被授予“北京市优秀教师”，“北京市中青年骨干教师”等多项荣誉称号。同时担任搜狐网站英语节目主持人、英国剑桥英语考官、全国公共英语等级考试考官、美国驻华使馆《交流》杂志编审等。

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金版托福听力成语与固

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第一章 金版托福听力成语

(带 * 号的是托福已考成语)



across the board 普遍地(全都包括在内)

◆ *The President (总统) wanted taxes (税) lowered (降低) across the board.*

* **act up**

1. 捣乱;行为粗鲁

◆ *The dog acted up as the postman (邮差) came to the door.*

2. 出毛病

◆ *The car acted up because the spark plugs (火花塞) were dirty.*

add fuel to the flame 火上加油,使事情更糟

◆ *Bob was angry (生气的) with Ted and Ted added fuel to the flame by laughing at (嘲笑) him.*

add insult to injury

1. 进一步伤人感情

◆ *He added insult to injury when he called the man a rat (老鼠) after he had already beaten (打) him up.*

2. 雪上加霜

- ◆ *We started on a picnic (野餐), and first it rained, then to add insult to injury, the car broke down (坏了).*

afraid of one's shadow 胆小的;紧张的

- ◆ *Mrs. Smith won't stay alone (独自) in her house (房子) at night; she is afraid of her own shadow (胆小的).*
◆ *Johnny cries (哭) whenever he must say hello (你好) to an adult (成年人); he is afraid of his own shadow.*

after one's own heart 合某人心意的,投合某人的

- ◆ *He likes baseball and good food; he is a man after my own heart.*
◆ *Thanks for agreeing with (同意) me about the plan (计划); you're a girl after my own heart.*

against the grain 跟...格格不入

- ◆ *His coarse (粗俗的) and rude (粗鲁的) ways (方法) went against the grain with me.*

against time or: against the clock

1. 尽快地; 以便在某个时间之前完成某事

- ◆ *It was a race (竞赛) against the clock whether the doctors would get to the accident (事故现场) soon enough to save (挽救) the injured (受伤的) man.*

2. 用耗时间来拖延

- ◆ *The outlaw (歹徒) talked against time with the sheriff (司法长官), hoping that his gang (一帮同伙) would come and rescue (解救) him.*

a hell of a or: one hell of a 极; 简直(用来加重语气)

- ◆ *Tom said seven months (月) was a hell of a time to have to wait for a simple visa (签证).*
- ◆ *The fall (摔跤) David took left (留下) one hell of a bruise (青肿, 伤痕) on his knee (膝盖).*

all ears 急于倾听的; 非常专心的

- ◆ *Go ahead with your story; we are all ears (急于听的).*
- ◆ *When John told about the UFO (不明飞行物), the boys were all ears (非常专心的).*

all eyes 因吃惊或好奇而瞪大眼睛的; (非常) 仔细观看的

- ◆ *At the circus (马戏或杂技表演) the children were all eyes.*

all of a sudden see: **all at once**

all out 全力以赴地; 尽力地; 毫不退缩地

- ◆ *My classmates (同学) went all out to win the football match (足球赛).*
- ◆ *John went all out to finish the job and was very tired (疲劳的) afterwards.*

all set 准备好

- ◆ *"Is the plane (飞机) ready for take - off (起飞)?" the president (总统) asked. "Yes, Sir," the pilot (飞行员) answered. "We're all set."*

all systems go 一切准备就绪; 可以行动; 可以开始

◆ *After they wrote out the invitations (邀请), it was all systems go for the wedding (婚礼).*

all the thing or: **all the rage** 流行;时尚;红极一时

◆ *After “The graduate (毕业生)” Dustin Hoffman was all the rage (红极一时) in the movies.*

◆ *It is all the thing to follow movie stars.*

all wet 错乱了;大错特错;搞错了

◆ *If you think I like baseball, you're all wet.*

* **and how!** (用于强调同意)对;当然;那是自然

◆ *“Did you see the game?” “And how!”*

◆ *“Isn't Mary pretty?” “And how she is!”*

and then some 还要多得多;还更多

◆ *It would cost (花费) all the money he had and then some.*

answer for

1. 负责

◆ *The secret service has to answer for the safety (安全) of the President and his family (家人).*

2. 担保;保证

◆ *When people thought Ray had stolen (偷) the money, the principal (校长) said, “Ray is no thief (贼). I'll answer for him.”*

3. 受到指责或惩罚

◆ *When Mother found out who ate the cake, Tom had to answer for his mischief (胡闹).*

armed to the teeth 全副武装的;武装到牙齿的

◆ *The paratroopers (平民) were armed to the teeth.*

* **around the clock** also: **the clock around** 夜以继日

◆ *He studied around the clock for his history exam (历史考试).*

around-the-clock 昼夜的;二十四小时的

◆ *That filling station (加油站) has a round-the-clock service (服务).*

* **around the corner** 即将到来或发生;临近;在近旁

◆ *Christmas (圣诞节) is around the corner.*

as luck would have it 碰巧,碰的不巧(视上下文而定)

◆ *As luck would have it, no one was in the building when the explosion (爆炸) occurred (发生).*

◆ *As luck would have it, there was rain on the day of the picnic (野餐).*

at a loss 困惑;不知所措

◆ *A good salesman (推销员) is never at a loss for words (言辞).*

◆ *When Tom missed the last bus, he was at a loss to know what to do.*

at any rate 无论如何;不管怎样

◆ *It isn't much of a car, but at any rate it was not expensive (昂贵的).*

* **at hand** also: **at close hand** or: **near at hand**

1. 在手边;在附近

◆ *When she writes, she always keeps a dictionary (词典) at hand.*

2. 即将来临

◆ *Examinations (考试) are past and Commencement Day (毕业典礼的) is at hand.*

at heart

1. 内心深处;实际上

◆ *His manners (行为) are rough (粗的) but he is a kind man at heart.*

2. 挂念

◆ *He has the welfare (幸福) of the poor at heart.*

at large

1. 逍遥法外

◆ *The killer (杀人者) remained (仍然是) at large for weeks.*

2. 详细地;全面地

◆ *They agreed to discuss (讨论) the matter at large.*

at one's heels 紧跟随;作为一直的追随者或伙伴

◆ *John ran by the finish line (终点) with Tom at his heels.*

◆ *Bad luck followed at this heels all his life.*

at one's wit's end or: **at wits end** 不知如何是好;不知所措

◆ *The designer (设计者) was at his wit's end; he had tried out methods (方法) of many different kinds, but none would work (奏效).*

at pains 尽力;努力

◆ *At pains to make a good impression (印象), she was prompt (准*

时) *for her appointment* (约会) .

at sea 不知如何是好; 迷惘; 糊涂

- ◆ *The job was new to him , and for a few days he was at sea .*
- ◆ *When his friends talked about chemistry (化学) , Don was at sea , because he did not study chemistry .*

at sixes and sevens 杂乱的; 乱七八糟的

- ◆ *He apologized (道歉) because his wife was away and the house was at sixes and sevens .*
- ◆ *Our teacher had just moved (搬入) to a new room , and she was still at sixes and sevens .*

at the drop of a hat

1. 立即; 立刻; 迅速地

- ◆ *If you need a babysitter (照看婴儿者) quickly , call Lucy , because she can come at the drop of a hat .*

2. 随时

- ◆ *He was quarrelsome (争吵的) and ready to fight (打架) at the drop of a hat .*

at the tip of one's tongue or: **on the tip of one's tongue**

1. 在嘴边

- ◆ *It was at the tip of my tongue to tell him , when the phone rang .*
- ◆ *John had a rude (粗鲁的) answer on the tip of his tongue , but he remembered (记起) his manners (行为举止) just in time .*

2. 话在嘴边却无法准确说出

- ◆ *I have his name on the tip of my tongue .*

B

back down or: **back off** 放弃;让步;退却

◆ *Bill said he could beat (打) Ted, but when Ted put up his fists (拳头) Bill backed down.*

back to the wall or: **back against the wall**

走投无路;陷入很大的麻烦

◆ *The team (队) had their backs to the wall in the second half (下半场).*

◆ *He was in debt (陷入债务) and could not get any help; his back was against the wall.*

be anything but 绝不

◆ *Susan is anything but poor.*

beat about the bush or: **beat around the bush**

说话不明确,旁敲侧击;回避问题或要点

◆ *The boss (老板) would not answer yes or no, but beat about the bush.*

◆ *She beat about the bush for a half hour without coming to the point (要点).*

beat into one's head 反复地教;重复;练习

◆ *Alex is lazy and slow (头脑反应慢) and his lessons have to be beaten into his head.*

- ◆ *I cannot beat it into his head that he should take off (摘掉) his hat (帽子) in the house .*

beat it 快走开;快速地出来

- ◆ *When she heard the crash (撞击声) she beat it (快速出来) as fast as she could .*
- ◆ *The big boy said , “ Beat it (快走开) , kid . We don’t want you with us . ”*

beat one’s brains out or: **beat one’s brains**

绞尽脑汁;勤奋思索

- ◆ *It was too hard (困难的) for him and he beat his brains out trying to get the answer (答案) .*

beat the bushes also: **beat the brush** 努力寻求或获得某物

- ◆ *The governor (州长) was beating the bushes for funds (资金) to build the playground (操场,运动场) .*

be broke 破产的;身无分文的

- ◆ *Peter was broke after his vacation (假期) .*

bed of roses or: **bowl of cherries**

轻松愉快的地方、工作、职位;舒适的生活

- ◆ *A coal miner’s (煤矿工人的) job is not a bed of roses .*
- ◆ *After nine months of school , summer camp (夏令营) seemed a bowl of cherries .*

behind one’s back 在背后;背着人或未经人同意;秘密地