世纪大

• 丛书总主编 毛忠明

BOOK 1

读

王楚安 等编著

David Larbalestier 审阅

● 华东理工大学出版社、

----21 世纪大学英语助读系列丛书 -----

丛书总主编 毛忠明

21 世纪大学英语 助读

Book 1

21st Century College English
Self-study and Synchronous Practice

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王楚安等 编著 David Larbalestier 审阅

华东理工大学出版社

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21 世纪大学英语 助读

Book 1

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序

《21世纪大学英语》是我国国家级重点新教材。与此同时,广大学生渴望着与之配套的辅导材料,《21世纪大学英语助读》(以下称《助读》)便应运而生。

《助读》对课文的重点和难点进行了点拨(关键词汇、关键词组、关键结构及难句)。浏览洋洋 40 万字的第一册,深展撰书人所付出的巨大辛劳和具有的扎实功力,同时为他们严谨的治学态度和丰富的外语教学经验所展佩。

外语教学跟其他学科教学一样,人们越来越倡导以学生 为中心的教学方法。教师将类似教案的文字共诸于学生,不 失是一种"变学生为主动学习者"的尝试。学生等于是在教师 的指导下预习或自学课文,进而就能在课堂上发挥其中心作 用。以求达到全面提高学生"读、听、说、写、译"能力的教学 目的。

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2000年6月18日

编者的话

迎着新世纪曙光诞生的《21世纪大学英语》将高校英语教学推上了一个新台阶。其教材编写并不是以严密的语法、词汇的覆盖、文章篇幅的繁简为中心,也不以老套的编串教材语料为框架,而是以学生为教学活动的中心,根据不同学习阶段的难易程度需求,把精、泛读合为一书,从多侧面、多层次选择语篇材料。其主题集时代信息性、可思性、前瞻性于一体,充分展开"读、听、说、写、译"的综合训练,是崭新的模式、更高的起点,同时也具有一定的难度与深度。这就需要有一种辅助材料帮助学生,使他们成为教学活动中"真正的主动学习者"。当今在读的大学生渴望得到能与之配套、能自学、预习、复习和巩固课堂知识的同步补充习题的书籍。

为此,一批教学第一线的骨干教师和资深教授本着使高校教学真正做到"以学生为主体,立能力为本位"的主导思想,自发结合起来编撰了《21世纪大学英语助读》,旨在帮助学生正确地理解原文,掌握英语语言知识,在"读、听、说、写、译"各项技能上自如地运用所学到的知识。

《21世纪大学英语助读》有以下几个特点:

一、词汇领先:本书有机地将大学英语新大纲与教材结合在一起,首先对重点词汇与词组的用法作了较为详细的解释,根据构词和词义纵向横向地、科学有序地拓宽词汇量。运用联想等手法引导学生有效地识记单词。

二、突破重点:本书把读写教程中 Text A, B, C 的重点结构和难句加以解释,并一一举例分析,专题训练。

三、反复循环:本书利用同步训练设置各种类型的习题,反复出现必须掌握的关键内容,以求复习巩固,熟练运用。

四、扩大流量:本书编制的每单元词汇、结构、阅读、简答、翻译、写作等各项训练习题,目的在于扩大学生有效英语阅读流量,进行语言实践。同时培养语感,以达到课堂上表达运用自如的效果。

此书为 21 世纪大学英语助读系列丛书之一。全套共分三册,每册 10 个单元, 与读写教程 1-3 册同步,是帮助学生预习或自学的辅助教材。

其主要读者为文、理科大学生、高级英语学习者,也可作为教师备课的参考书。由于时间仓促,书中难免有错误和不足之处,故请读者批评指正。

2000年6月 干上海大学

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Unit One

Fort A

Secrets of A Students

I. Key Words

1. perform vt. & vi.

[+at/to/on/with] to do (something) fully 执行,完成;演出,表演

to perform at the piano/on the clarinet 演奏钢琴/单簧管

a dance performed to music 伴着音乐表演舞蹈

Our team performed well in the match yesterday. 我们队在昨天的比赛中表现出色。

近义词比较

perform *ut*. & *vi*. to do (something) fully 执行,完成(尤其表示执行某种需要长时间的努力、注意或技巧来完成的工作)

One should always perform what one promises. 为人应该始终履行诺言。

A computer can perform a number of operations at very high speeds. 计算机能以很高的速度进行运算。

execute ut. fml to perform or do (an order, plan, or piece of work) completely 执行;实行;完成(常指执行计划、建议或命令)

In executing the open policy, a steady stream of foreign visitors sees the sight of China. 由于实行开放政策,外国友人陆续不断地来中国游览名胜。

The plan was good, but it was badly executed. 这个计划很好,可执行得很糟糕。 Your order will be executed as speedily as possible. 你的命令要尽快执行。

discharge vt. [+ from/of] fml to perform (a duty or promise) 执行,履行(尤其表示执行或实行必需的行为或步骤以履行义务或职责)

He has to discharge his duty before he can leave here. 他必须履行了他的义务才能离开此地。

We have to discharge ourselves of our duties. 我们必须履行我们的职责。

【派生词】

performance n. 执行,完成,运行;性能,特性

sponsor/stage/suspend a performance 主办/上演/暂停演出

How is a company to measure its performance? 公司该如何估量自己的经营业绩?

Modifications to the engine improved its performance considerably. 对发动机的改进大大提高了发动机的性能。

performer n. 表演者,执行者,履行者

The audience booed some of the performers. 观众向某些表演者喝倒彩。

A convex lens is used to concentrate rays of lights. 凸透镜用于聚集光线。

2. concentrate

vi. & vt. [+ on/upon]

(1) to direct or draw toward a common center 集中;聚集,集结;浓缩

(2) focus the mind on 全神贯注;全力以赴

If you concentrate all your energies on the study of English, you will master the language. 你若全力以赴地学习英语,你就会掌握这门语言的。

n. chemistry a product of concentration [C; U] 浓缩物;浓缩液

【源生词】

concentration n. 集中;专心[+on];浓缩

in deep concentration 全神贯注地

his concentration on the improvement of soil 他专心致志于土壤改良问题

【近义词】

focus v.[+on] to bring to a focus(direct attention, etc. on sth.) 集中注意力于某事

He focused his mind on his work. 他把思想集中到工作上。

The camera focused on the horse. 照相机的镜头对准了那匹马。

n.[+in/out of] 焦点

The group of people was not in focus/out of focus, so the photograph was not clear. 照相机的焦点没有对准人群,所以相片显得模糊不清。

3. assign vt.

to give out as a task, allot 分配,分派[+ to];把……归属于[+to/for]

to assign homework 布置家庭作业

Each overseas teacher was assigned a flat. 每位外籍教师都分配到一套房间。

After graduation, all students are assigned to suitable jobs. 毕业后所有的学生都分配了适当的工作。

【派生词】

assignee n. 受让人

assignment n. (分配的)任务;指定的作业

The teacher gave/handed out an assignment. 老师布置了一项作业。

She gladly accepted the assignment. 她欣然接受了这一任务。

【近义词】

apportion ut. to divide and assign according to some plan or proportion; allot 分配;(按比例或 计划)分摊

We must apportion the money fairly. 我们必须公平地分配这笔钱。

4. athlete n.

(1) [C] one who takes part in competitive sports or games that need strength and speed, such as running and jumping(田径)运动员,体育家

track and field athletes 田径运动员

a world-class athlete 世界级运动员

to coach an athlete 训练运动员

(2) 身强力壮的人

【派生词】

athletic a. 运动(员)的,体育的;体格健壮的,行动敏捷的

athletics n. 体育运动,竞技(尤指跑、跳等要求体力和速度的竞赛)

Athletics includes baseball and basketball. 体育运动包括棒球和篮球。

【近义词】

sportsman/sportswoman n.

- (1) [C] one who is keen on/good at sports 喜好运动的人;喜好户外运动(打猎等)的人;运动员,运动家
- (2) [C] a man who is willing to take a chance 愿意冒险者

 He said he would do it; he is a real sportsman! 他说过他愿意做那件事;他真是个爱冒险的人。
- player n. [C] a person who plays in a game/ballgame, often professionally (尤指职业性的)比赛者,选手

There are eleven players in each team in a football match. 足球比赛中每队有 11 个球员。 The players played well. 球员们踢/打得很出色。

gymnast n. [C] a person who trains and is skilled in certain bodily exercises 体操运动员;体育家

contestant n. [C] someone competing in a contest 竞争者;参加比赛者

competitor n. [C] a person/team competing with another or others 竞争者;比赛者;对手

5. due

a. (1) [+ for/+ to do] expected or scheduled, especially appointed to arrive 约定的,预期的,到期的;(车船)预定应到的

Their plane is due to arrive in 15 minutes. 他们的班机预期 15 分钟后到达。

I am due for promotion next month.下个月我就要升职了。

The satellite due to be launched has passed all ground tests. 预定要发射的卫星已通过了地面试验。

- (2) payable immediately or on demand 应付的,到期的 a bill due today 今天到期的账单
- (3) [+ to] owed as a debt; owing 应给的,欠的 A great deal of money is due to you. 欠你很多钱。
- (4) straight; directly (置于方位词前)正

They were advancing due west into the desert. 他们向正西方向行进,进入沙漠地带。

● (be) due to 因为,由于

The accident was due to faulty brake. 事故是由于刹车失灵而引起的。 His death is due to heart disease. 他死于心脏病。

- (be) due to the fact that... 因为 ······
- n. (1) [C] something owed or deserved 应得之物;应得权益

 She asked no more than her due. 她没有提非分的要求。
 - (2) [pl.]应付款;税金
 I've already paid my membership dues. 我已经交了我的会员费。

6. recall v.

[+from/to] to call back; ask or order to return /to remember or recollect 回想,回忆,使想起 to recall a scene vividly to one's mind 清楚地回忆起某一情景

近义词比较

recall v. [+ from/to] to call back; ask or order to return /to remember or recollect 回想, 回忆;使想起(强调能回忆起来,有意识地回想某事物)

I recall that he was a very bashful child. 我记得他是个很腼腆的孩子。

remember v. [+ as] [+ that/wh-] [+ v-ing] [+ to-v] to recall to the mind; think of again 记得,想起,回忆起;记住,牢记,不忘(强调忆起以前曾经知道或经验过的事,通常指用不着有意识的努力而忆起某事。应注意其后跟动名词、现在分词的复合结构、不定式和连接副词的结构所表示的不同行为)

Remember to meet me tonight. 记住今晚接我。

I can still remember us walking hand in hand through the streets together. 我仍记得我们曾经手拉手一起过马路的情景。

remind v. [+of/about] [+that] to cause (someone) to remember 提醒;使想起,使记 (强调主语使某人回忆或想起某事,注意其宾语有被动意义。常用"宾语+of" 结构)

This house reminds me of home, of my own country. 这屋子使我想起了我的家乡和我的祖国。

recollect v. [+v-ing] [+that/wh-] to recall to mind; remember 回忆,追忆,记起(较正式用词,特指尽力追忆已经忘记的某事的思想过程,含有意志力的作用。"想不起"常用"can't recollect",不用或少用"don't recollect")

I can't recollect having seen him before. 我不记得以前见过他。

put in mind of (与 remind sb. of 同义,前者多用于口语,后者多用于书面语)

He puts me in mind of an accident that happened 10 years ago. 他使我回忆起 10 年前发生的一件事。

7. deadline n.

[C] a set time by which something must be done 截止期限,最后限期;(报纸等的)截稿时间;不可逾越的界线;(监狱周围的)死线

meet/set the deadline 遵守/规定限期

The deadline for making application is next Friday. 申请的截止时间是下星期五。

【词源分析】

dead (死亡) + line (线,行列)

—— a straight line 直线

~~~ a wavy line 曲线

----- a broken line 虚线

····· a dotted line 点线

#### 【相关词汇】

guideline n.

指导方针,准则

headline n.

大字标题,新闻提要

outline n.

轮廓:概要,大纲

streamline v.

使成流线型;使效率更高

How can we streamline our production process? 如何使我们的生产效率更高?

underline vt.

在……下面划线;强调

She underlined her disapproval of the proceedings by walking out. 她强调她不赞成步行外出的活动项目。

## 8. schedule n.

a list of items (报)表;目录;[美]时间表;课程表;(火车等的)时刻表;日程安排表 according to/on schedule 按照预订计划 ahead of schedule 提前

behind schedule 迟于预计时间

## 【近义词】

list n. [C] 表;名册;目录

His name was dropped from the list. 他的名字被从名单上除去了。 **timetable** n. [C] (火车等的)时刻表; 时间表; 课程表

#### 9. irrelevant a.

having no relation to the subject or situation; not applicable 不恰当的;无关系的;不对题的 A question about arithmetic is irrelevant in a music lesson. 在音乐课上,一道数学问题真有点风马牛不相及。

● (be) irrelevant to 与……无关
What you said is irrelevant to the problem in hand. 你所说的与我们正在讨论的问题
毫无关系。

## 【词源分析】

ir(不,无) + relevant(相关的)

irregular a.

不规则的;无规律的

irrespective a.

不考虑的;不顾的

irresponsible a.

不负责任的

表示否定的前缀还有:

① a/an + n./a.

static (静止的) → astatic (不安定的)

 $\bigcirc$  dis + n./v./a.

honest (诚实的) → dishonest (不诚实的)

 $\bigcirc$  im/in + n./a./adv. me

mediate (间接的) → immediate (直接的)

④ **un** + a./adv./n./v. (加在动词前,表示相反动作)

fair(公正的) → unfair(不公正的)

lock(锁住) → unlock(开启)

(5) non + n./a./v.

alcoholic(含酒精的) → nonalcoholic(不含酒精的)

#### 10. scan v.

look at quickly without careful reading [美]粗略地看;浏览;扫描,扫掠

I scanned the newspaper while I waited for the train. 我一边等火车,一边浏览报纸。

Scanning, skimming and skipping are three major fast reading skills. 寻读、掠读和跳读是三种主要的快速阅读的技巧。

#### 【近义词】

skim v. to read quickly to get the main ideas 浏览;略读

He skimmed over the list, looking for his name. 他浏览名单,寻找自己的名字。

**skip** v. pass over or leave out (sth. in order) 跳读

Skip over to page 85. 跳到第 85 页。

## 11. participate vi.

[+in] to take part; join 参加,参与

No professionals participated in the contest. 没有职业选手参加这一比赛。

## 【派生词】

participant n. [+in]参加者;参与者 participation n. [+in]参与,参加

#### 12. intellectual

a. of intellect 知识的;智力的
intellectual/physical work 脑力/体力劳动

n. 知识分子

a young intellectual 年轻知识分子

#### 【源生词】

**intellect** n. the ability of the mind to think, reason, and learn.智力,理解力;思维能力;(总称)知识分子,知识界

intelligent a. 有才智的,聪颖的

intelligence n. 智力,才智

#### 【近义词】

mental a. of the mind 智力的,精神的

His mental abilities are very good. 他的智力很发达。

#### economics n.

[U] science of the production, distribution, and consumption of goods and services 经济学;(国民的)经济情况;经济

He has a university degree in economics. 他取得了大学经济学学位。

The economics of national growth are of the greatest importance to all modern governments. 国民经济的增长是所有现代政府最重要的事。

#### 【派生词】

economic a. of or having to do with the management of the income, expenditures 经济上的;经

济学的;节约的

They bought an old house for economic reasons. 出于经济上的原因他们买了一幢旧房子。

Small cars are more economic than large cars. 小汽车比大汽车省钱。

economy n. the economic life/system of a country 经济(体系)

The nation's economy is growing rapidly. 这个国家的经济在快速增长。

economical a. operating inexpensively or at a saving 经济的,节约的,节俭的;经济学的;经济上的

economiz(s)e vi. [+ on] to stop spending money unnecessarily or as much as before 节省开支;节约

We must economize on food if we are going to live on the money we have. 如果我们要靠现有的钱生活,就得在食物上节省开支。

## 14. graduate n.

BrE a person who has completed a university degree course 大学毕业生;(AmE = postgraduate) 研究生

a graduate student 研究生

## 【周类词】

undergraduate n. a university student who has not yet taken his or her first degree 大学生

## 15. approach

- n. [C] [+ to] a manner or method of doing something 方式;方法;态度 I like her approach to the problem. 我喜欢她解决这个问题的方法。
- v. to come near or nearer (to)(常指性质、状况、特性等)接近,靠近 (in quality, condition, character, etc.)

The cat approaches the tiger. 猫类似虎。

## 16. solution n.

[C] [+to/of/for] the answer to or disposition of a problem 解答;解决(办法);解释

It may take a long time to find a solution to the problem. 也许要花很长时间才能找到解

决这个问题的办法。

a solution for/of/to a problem 解决问题的办法 the solution to a riddle 谜底

#### 【近义询】

answer n. [+to][C]答案,解决办法

explanation n. [+of/for][C/U]说明,解释

key n. [+to][C]题解,答案;(解决问题的)线索;秘诀

resolution n. [U] [+ of/into] (in science) breaking up into parts (科学)分解, 解析 the resolution of a problem 问题的解决

## II. Key Phrases and Expressions

## 1. make the most of

use or enjoy to the greatest advantage, use in the best way 充分利用

One secret of A students is to make the most of the university library. 优等生的其中一个秘诀就是充分利用大学的图书馆。

## 【相关词组】

make (full/good) use of (充分)利用

We should make good/full use of every precious minute. 我们应该充分利用宝贵的每一分钟。

make the best use of everything 使某物尽其用

put ...to use 使用……, 利用……

find a use for sth. 设法对……加以利用

## 2. count for much/little/nothing

## 很有价值/无足轻重/毫无价值

Knowledge without common sense counts for little. 脱离常识的知识就毫无价值了。 All my years there counted for nothing. 我在那里度过的岁月里一事无成。

## 【相关词组】

count for 有……价值/重要性

In our work, quality counts for as much as quantity. 在我们的工作中,质量与数量同等重要。

count ... as ... 把……看作是

We count the draw as a victory. 我们把这场平局看成是一种胜利。

count in/out 把……计算在内/不记在内,点……的数

count up 把……加起来,共计

## 3. put in (v. adv.)

- (1) spend, pass (a specified amount of time, etc.) 花费(若干时间)
  Put in some time asking yourself why. 花点时间问问你自己为什么。
  I put in (= spend) two hours on my English studies every day. 我每天花两个小时学习英语。
- (2) present formally (an application/document etc.) 正式提出(申请,文件等)

  May I put in for five days' leave? 我可以请五天假吗?

#### 【相关词组】

put down (v. adv.) write down, record or enter in writing, make a note of 写下 Please put down your name and address. 请写下你的名字和地址。

put away (v. adv.) put or store sth. in its proper place 把某物放到合适的位置
The spoilt kid never put his toys away. 宽坏的孩子从不把玩具收拾好。

He puts away(= saves) part of his wages each month. 他每月把一部分工资储蓄起来。 **put on** (v. adv.) cause to be on 把……放上去,穿/戴上

I'll dust the table before putting the tablecloth on. 我要在铺台布前先把桌上的灰掸干净。

Take off your overcoat and put on your raincoat. 把大衣脱掉,穿上雨衣。 put off (v. adv.) take/turn off, rid oneself of, postpone 脱去,除去,关掉,推迟 Be sure to put off the light before you go out. 在你出去前别忘记了关灯。

Never put off until tomorrow what you can do today. 今天能做的事,决不拖到明天去做。

put out (for) (v. adv.) cause to be out; extend; call for 拿出;伸出;要求

Don't put out your hands to touch the exhibits. 别伸手去摸展览品。

They put out for tenders for a new central heating system. 他们招标承办一套新的取暖设备。

put up (with) (v. adv.) raise; lay aside; suffer or bear patiently 举起,把……搁置一边;忍受,容忍

Put up your hand to catch the ball. 举起手来接球。

The fans have been put up for the winter. 冬天来了,把扇子收藏起来。

No longer able to put up with his toothache, he went to consult a dentist. 他再也忍受不住牙痛,就去请牙医诊治。

## 4. get /lay one's hands on

find, obtain 把……弄到手,得到

The hungry boy ate up everything he could get his hands on in the refrigerator. 饿坏的男孩把他从冰箱里能弄到手的东西吃个精光。

I'll kill him if I ever get my hands on (= catch) him. 我要是抓到他,就把他杀了。

## 【相关词组】

keep one's hands on 牢牢地控制着

Susan keeps her hands on (= controls carefully) everything that goes on in the office. 苏姗 认真处理办公室发生的每一件事。

keep one's hand in 经常练习以保持熟练

He plays his violin every day to keep his hand in. 他每天拉小提琴,以保持熟练。

force one's hand 迫使某人行动/表态

I'd intended to keep quiet about the deal, but they forced my hand. 我本打算保持沉默,可他们迫使我表态。

#### 5. cut down on

reduce 减少

She had cut down on smoking. 她已减少吸烟了。

## 【近义词】

reduce v. to lessen in extent, amount, number, degree, or price; diminish 减少;缩小;降低 He is trying to reduce expenses. 他正试图减少开支。

decrease v. become less in size, number, strength, amount or quality 减;减少,减小 Our sales are decreasing. 我们的销售量正在减少。

diminish v. to make smaller or less important 减少,减小,缩减

His illness diminished his strength. 他的病使他的体力日益虚弱。

## 【相关词组】

cut down 砍倒,缩短

She is cutting down her dress for her younger sister. 她正在把自己的衣服改小,准备给妹妹穿。