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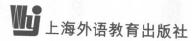
上海外语教育出版社

突周英语口语

IMPROVE YOUR SPOKEN ENGLISH

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实用英语口语 (二)

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Unit AT HON

First let's look at words and expressions concerned with food and cooking. 关于食物和烹调的词和表达方式。

Dialogue l Cooking

Housewife: We've got some people coming for dinner

tonight, May.

Maid : Have you decided what to give them?

Housewife: I thought I'd do a roast. I've got some nice

pork.

Maid : How do you want me to do the vegetables?

Housewife: I thought we'd boil the potatoes and mash

them, and we'll have the tomatoes grilled.

Maid: What about the eggplant?

Housewife: Steamed, I think. I'm fed up of fried things.

While the oven's on I think I'll bake a cake.

Words and Expressions 单词和词组

cooking /'kukɪŋ/ n. 烹饪

housewife /'haus warf/ n. 家庭主妇

pork /po:k/ n. 猪肉

potato /pəˈteɪtəʊ/ (复potatoes) n. 土豆

tomato /təˈmɑːtəu/ (复tomatoes) n. 西红柿,番茄

eggplant /'egpla:nt/ n. 茄子

be fed up of 对……厌倦

oven /'Avən/ n. 炉子

• 烹调的方法,一般可分为:

roast (烘烤) grill (烧烤) boil (煮) steam (蒸) bake (焗) mash (捣碎) fry (煎) stir fry (炒) deep-fry (炸)

• I'm fed up 意思是指对某人或事感到厌倦。

Dialogue 2 Preparing food

Housewife: Would you peel the potatoes? Maid: Yes, what about the carrots?

Housewife: They're ready. Would you drain and slice

them?

Maid : Oh, look out! The soup's boiling over! Housewife : Quick, turn it down! It only needs to

simmer.

Maid : I'll put it on the low burner.

Housewife: Thanks. When you've peeled the potatoes,

could you squeeze the lemon and then grate

the ginger?

Maid : Yes. I think the soup could do with a bit

more salt.

Housewife: Right. Would you sprinkle some in it?



carrot /'kærət/ n. 胡萝卜soup /suːp/ n. 汤boil /bɔɪl/ v. 煮, (液体)滚, 开boil over (因煮开而)溢出simmer /'sɪmə/ v. (用文火)煮ginger /'dʒɪndʒə/ n. 姜

• 烹调食物之前的准备工作包括:

peel (削皮) slice (切片) grate (磨碎) squeeze (榨汁) drain (排去……的水) sprinkle (酒)

- 当液体因沸腾而溢出, 我们用 boil over 来形容。
- the soup "could do with a bit more salt", 指汤不够味, 可以再加点盐。
- 当液体因沸腾而溢出,我们便要将炉火调小,英文称为"turn it down";相反,调大则是"turn it up"。但切忌直译汉语,变成"turn it big"或"turn it small"。

Dialogue 3 Dessert

Housewife: I thought I'd make a dessert — something

nice and light.

Maid : What about a fruit salad?

Housewife: We could have a choice — fruit or

meringues and cream.

Maid : Do you want me to whip the cream?

Housewife: Yes, please, and we'd better have biscuits

and cheese in case there's anyone on a diet.

Maid : Will you be serving coffee?

Housewife: Yes. Can you get me some freshly ground

coffee when you go shopping? And some of those chocolate mints to go with the coffee.

dessert /dr'za:t/ n. 甜品
fruit /fru:t/ n. 水果
salad /'sæləd/ n. 色拉
meringue /mə'ræŋ/ n. 蛋白甜饼
cream /kri:m/ n. 奶油
whip /wɪp/ (whipped, whipped) v. 搅, 打
whip the cream 掼奶油
biscuit /'bɪskɪt/ n. 饼干
cheese /'tʃ:ɪz/ n. 奶酪
diet /'daɪət/ n. 日常饮食
on a diet 节食,饮食限制
serve /sɜːv/ v. 上 (菜) ,服务
grind /graɪnd/ (ground, ground) v. 碾磨
chocolate /'tʃɒkəlɪt/ n. 巧克力
mint /mɪnt/ n. 薄荷糖

- 西方人通常喜欢在餐后进食甜品。而甜品可以是 a dessert 或是 a sweet。
- 当许多人发觉有体重增加或其他某种疾病时,会根据医生的建议 进行节食(on a diet)。

Dialogue 4 Laying the table

Housewife: Can you lay the table? You'd better set it for

six.

Maid : Do you want me to put a cloth on?

Housewife: No, mats. Use the best service and the new

cutlery.

Maid : Which glasses?

Housewife: Oh, the best ones. I want to make a good

impression on my husband's clients!

lay /let/ (laid, laid) v. 摆, 放, 置
lay the table 摆放餐具
cloth /kloθ/ n. 桌布
mat /mæt/ n. 垫子
cutlery /'kʌtlərɪ/ n. 餐具
impression /ɪm'preʃən/ n. 印象
make a good impression on sb. 给某人留下好印象
client /'klaɪənt/ n. 顾客、客户

- 中国人以筷子、碗作进食器具,西方人则以刀叉为主。刀叉器具,英式英语为 cutlery,美式英语则为 silverware。
- 就餐前要先摆放餐具,英语的正确说法是"lay the table"。
- 想给对方留个好印象,英语的说法是"make a good impression on"。

Dialogue 5 Washing up

Housewife: The worst part of a dinner party is having to

wash up afterwards.

Husband : It won't take us long. You collect the dishes

and I'll stack them.

Housewife: Can you scrape off the bits and give them a

quick rinse?

Husband : ÔK.

Housewife: Then I'll give them a good wash. If we rinse

them well, we can leave them to drain.

Husband : Can't May do them in the morning? Housewife : The decorator's arriving first thing.

Husband : Oh yes, I'd forgotten.



wash /woʃ/ v. 洗

wash up 洗涤 (餐具等)

worst /wa:st/ adj. (bad 的最高级) 最坏的

party /'pa:ti/(parties) n. 聚会

dinner party 聚餐 collect /kə'lekt/ v. 收集 stack /stæk/ v. 堆,堆积 scrape /skreip/ v. 刮.擦 rinse /rins/ v. 冲洗,漂清 decorator /'dekərettə/ n. 装修工

• 进餐完毕,就是清洗碗碟的时候、但切勿直译中文说 wash the

bowl (洗碗)。正确说法,可以是 to wash up 或 to do the washing up。

• 清洗餐具的程序包括:

wash (清洗)

arrive /əˈraɪv/ v. 到达

rinse (过水)

drain (滴干)

dry (抹干)

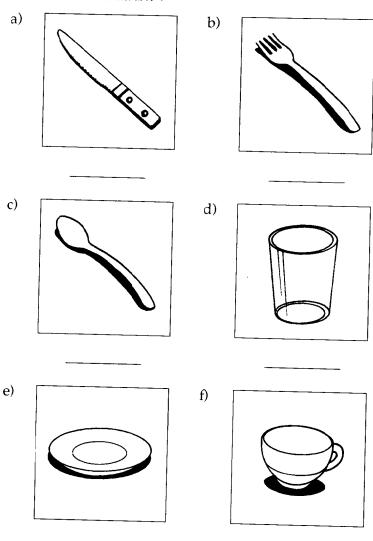
如果餐具沾满食物的渣滓,我们在清洗前,就需要先将渣滓刮掉,这个程序是"scrape off the bits"。

Exercises 练习

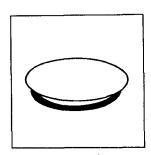
1 Complete the sentences with verbs from the list below. Each one is only used once. 用下列动词完成句子。一个词只能用一次。

	roa bak		fry mash	boil stir-fry		boil over simmer	
a)	I think I'l potatoes.	1	· · · · · · · · · · · · · · · · · · ·	and _			. the
b)	Would yo	ou		the v	vegeta	bles?	
c)	Can I			a cake?			
d)	You'll ne	ed to		the	meat	for two ho	urs.
e)	Would yo	ou lik	e me to		у	ou some e	ggs?
f)	Just		the so	up. Don't	let it .		·
2	Match the column B.	verbs 把A	<i>in column</i> 烂中的动词趴	A with the 艮B 栏中的名	e most G词配对	suitable no	uns i
	A					B	
a)	grate	•			• i)	potatoes	
b)	squeeze	•		1	• ii)	salt	
c)	sprinkle	•		,	• iii)	ginger	
d)	peel	•			• iv)	lemon	
e)	slice	•			• v)	butter	
f)	spread	•			• vi)	bread	

3 Look at the following pictures and label them. 看图写出对应英语名称。



g)



h)



4 Complete the sentences with verbs from the list below; some of them are used more than once. 用下列动词完成句子。有些动词可重复使用。

и		r
put think	want	

Joan : Please will you <u>a)</u> the table?

Judy: Shall I b) a cloth on?

Joan: No, I think we'll c) mats.

Judy: Which glasses would you d)?

Joan : Ie) we'llf) the

best ones.

Judy: Do you g me to h

out the best cutlery?

Joan : Yes, I i) the table to j)

nice.

Now we'll look at words we use for cleaning the house. 清扫居室的常用词。

Dialogue 6 Cleaning the floors

Housewife: The floors need a good clean today, I think.

Maid : Do you want me to sweep them with a

broom?

Housewife: No, vacuum them. They're covered in

crumbs from the party last night.

Maid : Do you want me to wash them?

Housewife: No, just wipe them over with the mop. But

the kitchen floor could do with a good

scrub.

Maid : Right. Anything else?

Housewife: Could you mop up the water in the

bathroom? The children have been splashing

around in the bath.



Words and Expressions 单词和词组

clean /kli:n/ v. 清扫. 弄干净 floor /flo:/ n. 地. 地面, 地板 sweep /swi:p/ (swept, swept) v. 扫(地)broom /bru:m/ n. 扫帚 vacuum /'vækjom/ v. 用吸尘器吸 n. 吸尘器

crumb /kram/ n. 碎屑,面包屑 wipe /warp/ (wiping) v. 用布擦 mop /mop/ n. 拖把,抹布 scrub /skrab/ v. 刮,擦 splash /splæf/ v. 拍水,打水 bath /bo:θ/ n. 浴缸

• 表达清扫家庭居室的常用英语动词有:

sweep (打扫) vacuum (吸尘) wash (清洗) wipe (抹) scrub (擦) mop (拖洗)

mop 一字可作名词及动词用。作名词时,是指拖把;而作动词时,是指拖洗。

Dialogue 7 Dusting

Housewife: Have you given everywhere a good dust?

Maid : Yes, and I've cleaned the windows.

Housewife: Oh thank you. I know they were filthy.

Maid : It's all this wind we've been having. Housewife : Did you manage to get the tide-mark off the

bath?

Maid : Yes, but the toilet's badly stained. I've put

some bleach down.

Housewife: Thanks. Can you polish the mirrors?

Words and Expressions 单词和词组

dust /dʌst/ n./v. 打扫,去掉灰生filthy /'fɪlθɪ/ adj. 肮脏的 manage to do sth. 设法做某事tide-mark /'taɪdˌmɑːk/ n. 污垢痕;潮水线toilet /'tɔɪlɪt/ n. 厕所stain /steɪn/ v. 沾污,玷污bleach /bliːtʃ/ n. 漂白剂polish /'pɒlɪʃ/ v. 擦光,擦亮

- 形容物件非常肮脏,我们可以用 filthy 一词 。
- 厕所通常沾满污渍 badly stained, 清理的方法是利用漂白剂 (bleach) 清洗污渍。
- 浴缸若不经常擦洗,洗澡水容易在浴缸的四周留下一条污垢痕 (tide-mark)。

Dialogue 8 Cleaning the kitchen

Housewife: I'm afraid the kitchen's a bit of a mess. I

think we'll give it a good spring clean.

Maid : Do you want me to turn out the cupboards?

Housewife: Yes please. I'll clean out the drawers.

Maid : Does the fridge need defrosting?

Housewife: No, I did it last week. But the stove needs a

thorough cleaning. Use gloves because that

stuff can burn you.

Maid : I'll be careful.

Housewife: My mother-in-law's coming tomorrow, so I

want it looking as good as new.

Words and Expressions 单词和词组

mess /mes/ n. 混乱, 乱七八糟 a bit of a mess 乱糟糟 spring /'sprin/ n. 春季,春天 a spring clean 大扫除 cupboard /'kʌbɔ:d/ n. 壁橱,食品橱 drawer /'drɔ:wə/ n. 抽屉 fridge /fridʒ/ n. 冰箱 defrost /di:'frost/ v. 除霜 stove /stəov/ n. 炉子 thorough /'θʌrə/ adj. 彻底的 glove /gləov/ n. 手套 stuff /stʌf/ n. 东西,填充料