

365

外 语 丛 书

总 主 编 李克勇 姚继中
英语卷主编 萧 肃



English

英语每日一短语

李小青◎编著



Learning An English
Phrase Everyday



世界图书出版公司

365

外 语 丛 书

总 主 编 李克勇 姚继中
英语卷主编 萧 肃



English

英语每日一短语

李小青◎编著



Learning An English
Phrase Everyday



世界图书出版公司
广州·上海·西安·北京

图书在版编目 (CIP) 数据

英语每日一短语 / 萧肃主编; 李小青编著. — 广州:
广东世界图书出版公司, 2001.9

(365 外语丛书 / 李克勇、姚继中总主编)

ISBN 7-5062-4829-8

I. 英... II. ①萧... ②李... III. 英语—短语
IV. H314.3

中国版本图书馆 CIP 数据核字 (2000) 第 74936 号

365 外语丛书

英语每日一短语

出版发行: 广东世界图书出版公司

(广州市新港西路大江冲 25 号 邮编: 510300)

电 话: 020-84451969 84451010

E-mail: gzwpcgd@public1.guangzhou.gd.cn

经 销: 各地新华书店

印 刷: 中国人民解放军第四二三二工厂

(广东省湛江市霞山菜塘路 61 号 邮编: 524002)

版 次: 2001 年 9 月第 1 版

2001 年 10 月第 2 次印刷

开 本: 787×1092 1/32

印 张: 12

印 数: 5 000~13 000 册

书 号: ISBN 7-5062-4829-8/H·0235

出版社注册号 粤 014

定 价: 15.00 元

如发现因印装质量问题影响阅读, 请与承印厂联系退换。

编 者 的 话

《365 外语丛书》是我们本着面向全民，走向世界的精神，专门为初、中级外语爱好者快速、准确地提高外语水准而编写的一套丛书。包括英、法、日、德、俄五个语种，每个语种各分 5 册，分别为《每日一词》、《每日一句》、《每日一题》、《每日一短语》、《每日一读》，旨在从 5 个不同的侧面有机地提高学习者的外语综合水平。

内容丰富多彩，版面设计新颖，循序渐进是本丛书的特点。“业精于勤，功到自然成”是我们送给每位有志者的赠言。

《365 外语丛书》编委
2001 年 1 月于重庆
四川外国语学院



体 例 说 明

一、编排

《英语每日一短语》有 365 个单元。一个短语为一个单元，一日一个单元。单元的内容按照由浅入深，循序渐进的方式编写。

二、单元结构

每单元由“每日一短语”、意义及用法说明、场景对话和短语活用组成。

1. 每日一短语

列出该单元的短语，以及最典型的中文释义。“每日一短语”所选内容均为美国日常生活中最为常用的短语。

2. 意义及用法说明

用中文解释短语意义，使用场合或列举类似表达。

3. 场景对话

从新近出版的原版外文书、报、刊中选取有广泛代表性、贴近生活、实用性强的对话，以了解该短语在实际场景中的运用。对



话附中文翻译。

4. 短语活用

短语活用以例句或对话的形式出现，每一个例句的选择都注意到其交际性和扩展性，目的是使读者能做到融会贯通，举一反三。每个例句都附有中文翻译。





a big hit	1
a piece of cake	2
a plain breeze	3
a wet blanket	4
add up wrong	5
after all	6
all over	7
apply for	8
around the corner	9
as a rule	10
as far as . . . be concerned	11
as long as	12
as well as	13
at least	14
at once	15
at the end of one's rope	16
be a carbon copy of	17
be a date	18
be a discount on	19
be accused of	20
be all ears	21
be always on the go	22
be at large	23



be available	24
be bound to	25
be crazy about	26
be dressed to kill	27
be dying for	28
be equal to	29
be familiar with	30
be fed up with	31
be game	32
be impressed	33
be in a hurry	34
be in and out	35
be in conference	36
be in hot water	37
be in the family way	38
be in the neighborhood	39
be locked into	40
be my guest	41
be of help	42
be on a diet	43
be on a first-named basis	44
be on business	45
be on one's way	46
be on the phone	47
be on the rocks	48
be on top of the world	49
be over one's head	50
be ready to	51
be scheduled to	52
be settled in	53
be supposed to	54
be used to	55



be user-friendly	56
be well off	57
beat down	58
behave oneself	59
black and white	60
break one's word	61
browse around	62
burn . . . out	63
by heart	64
by the way	65
call in sick	66
call it a day	67
call sb. names	68
call off	69
call the shots	70
carry away	71
catch one's drift	72
change one's mind	73
cheat on	74
check back	75
check in	76
check out	77
chew the fat	78
clean out	79
come down with	80
come over	81
come up	82
congratulations on	83
couldn't care less	84
count on	85
crack a joke	86
cut out to be	87



cut sb. off	88
depend on	89
do an all-nighter	90
do one's shampoo	91
down the road	92
doze off	93
dress up	94
drive sb. to the wall	95
drop off	96
easy does it	97
end up	98
face the music	99
far from	100
feed sb. dinner	101
feel funny about	102
feel like	103
feel lost	104
figure out	105
fill in (for)	106
fill out	107
follow suit	108
for a song	109
for good	110
for sure	111
freak out	112
freeze up	113
freshen up	114
from A to Z	115
full of oneself	116
get a load of	117
get a lot on one's mind	118
get along with	119



get away with	120
get back to	121
get down to business	122
get fresh with	123
get going	124
get in sb's hair	125
get off one's back	126
get one's second wind	127
get rid of	128
get right on sth.	129
get sb.	130
get sb. wrong	131
get sth. out in the open	132
get the sack	133
get through	134
get together	135
get up on the wrong side	136
get sth. straight	137
give a shot	138
give it a second thought	139
give sb. a hand	140
give sb. the cold shoulder	141
give sth. to sb. straight	142
give the shirt off one's back	143
glue on	144
go all out	145
go for sth.	146
go out	147
go out of business	148
go overboard	149
go to the bathroom	150
go to the dogs	151



good for sb.	152
goof around	153
goof off	154
goof up	155
grain of salt	156
had better	157
hang out	158
have a bone to pick with sb.	159
have a complex about	160
have a crush on sb.	161
have a good time	162
have a quick temper	163
have an eye (ear) for	164
have one foot in the grave	165
have one's head in the clouds	166
have sth. pressing	167
have to run	168
have a rain check	169
hear about	170
hear from	171
heart to heart	172
help sb. with sth.	173
highway robbery	174
hit it off	175
hit on	176
hit the nail on the head	177
hit the road	178
hook up with	179
how about	180
hung up on	181
in a bind	182
in a row	183



in charge (of)	184
in jest	185
in labor	186
in mind	187
in one's favor	188
in person	189
in reference to	190
in season	191
in the way	192
in the world	193
in two minds	194
jack up	195
jazz up	196
jerk around	197
jump at	198
just about	199
keep an eye on	200
keep company	201
keep sb. posted	202
keep up with	203
keep up with the Joneses	204
kill some time	205
kind of	206
knock one's socks off	207
lay off	208
leave sth. to be desired	209
leave sb. alone	210
leave sb. high and dry	211
let sb. down	212
let on	213
live on the hog	214
lock up	215



look down upon	216
look for	217
look forward to	218
look on the bright side	219
look up	220
lose one's shirt	221
lose track of	222
major in	223
make a double-check	224
make a killing	225
make a point of	226
make a statement	227
make do	228
make ends meet	229
make it	230
make no sense to	231
make oneself at home	232
make out	233
make sense	234
make sure	235
make up	236
make up one's mind	237
make waves	238
marry into wealth	239
meet each other	240
mince one's words	241
mind one's own business	242
mix up	243
nip sth. in the bud	244
no better than	245
no kidding	246
no object	247



no sweat	248
not to have the heart to	249
not to sleep a wink	250
nuts about	251
off guard	252
off hand	253
on call	254
on earth	255
on one's own	256
on pins and needles	257
on purpose	258
on sale	259
on the edge of one's seat	260
on the house	261
on the increase	262
on the spot	263
out of one's mind	264
out of place	265
out of stock	266
out of the blue	267
paint the town red	268
pay lip-service to	269
pay off	270
pay one's share	271
pick at	272
pick out	273
pick sb. up	274
pick sb's brains	275
place one's face	276
pull off	277
put in an appearance	278
put on airs	279



put one's nose to the grindstone	280
put the cart before the horse	281
put up with	282
rail at	283
rainy day	284
right away	285
rip off	286
rock bottom	287
roll up one's sleeves	288
run down	289
run out	290
run some errands	291
screw up	292
see eye to eye with	293
sell out	294
shake a leg	295
shape up	296
show around	297
sing the same song	298
sink or swim	299
sit through	300
skip one's lunch	301
sleep on	302
slow down	303
smell a rat	304
so far	305
sooner or later	306
sort of	307
speak up	308
split up	309
stand . . . up	310



stay out	311
stay up	312
stick to	313
stop by	314
stuck on oneself	315
Sunday best	316
sure thing	317
switch to	318
take a break	319
take a message	320
take a nap	321
take a turn for the worse	322
take care of	323
tale for granted	324
take one's word for sth.	325
take order	326
take risks	327
take sb. under one's wing	328
take the cake	329
talk one's ears off	330
the bestseller	331
the like	332
the pie in the sky	333
the seventh heaven	334
think twice	335
to apply for	336
to be in the red	337
to be led by the nose	338
to be on one's mind	339
to be tightfisted	340
to bring the house down	341
to flip over sb.	342

