

21世纪大学英语读写教程(一)

学习指要

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复旦大学出版社

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前 言

《21 世纪大学英语》是复旦大学和上海交通大学根据教育部颁发的《大学英语教学大纲》联合编写的一套新的国家级重点大学英语教材。这套教材在选材上注重内容的趣味性、信息性、可思性和前瞻性,语言的规范性、致用性和文体的多样性。全国许多高等院校都采用此教材。

此套教材有一定的深度和难度,为了帮助学生解决在学习中的困难,我们特编写了这套《21 世纪大学英语读写教程学习指要》作为《21 世纪大学英语(读写教程)》的配套学习用书。

本书对“读写教程”中课文 A 和课文 B 中出现的生词和习语给予英汉详解。英汉详解有利于学习者对词汇和习语的透彻理解,有利于对基本词汇的掌握,有利于增强英语语感。本书还给出中英文对照、难度适宜的例证,还有习语、搭配、同义词、反义词、派生词、同义词辨异、要点(也就是考点)、联想等内容。可以说学生学习中遇到的问题都能得到圆满的解答,还会指出他们没有注意到的问题,帮助他们掌握要点,举一反三,扩大词汇量。

由于时间仓促,书中难免有疏漏和不妥之处,恳请广大读者批评指正。

编者

2000 年 8 月

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Unit One

Text A Secrets of A Students

优等生的奥秘

1. The most gifted students don't necessarily perform best in exams. 最有天赋的学生未必在考试中取得最好成绩。

Perform [pə'fɔ:m] *v.* 1) to do something to entertain people, for example, by acting a play, or playing a piece of music 表演(戏剧);演奏(音乐): perform a play 演剧 perform live on television 电视实况演出 2) to do something such as a piece of work, a duty or a ceremony, especially according to a usual or established method 做;执行;履行(某事): perform a task/one's duty/ a miracle 执行任务;履行义务;做出奇迹 perform an operation 动手术 3) to work or do something(机器等)工作;运转;(发明等)使用: This new drug has performed well in tests. 那种新药试验效果不错。

[搭配] perform dance 表演舞蹈; perform duty 尽职; perform part in 在……中扮演角色; perform wonder 创造奇迹; perform brilliantly 出色地表演; perform at piano 演奏钢琴; perform in role of 扮演……角色

[同义] 1) play 2) execute; discharge

[辨异] perform 是较正式用语,含义等同于 do,但比 do 正式,并且强调执行或做的过程、目的,而且不侧重于动作手段。它指做一种时间较长、费劲的、要求注意力集中的或技术性的工作,隐含达到目的为止这一意味。He would not promise what he could not perform. 他做不到的事情就不会答应。perform 还可表示演出戏剧、演奏音乐、唱歌等意思,接近于(演奏、弹或吹奏、表演)的意思,但 play 较 perform 优美,perform 着重指像样的公开演出。execute 指完成或执行计划、建议或带指令性的事情。The nurse executes the doctor's orders. 护士按医生的吩咐办事。discharge 通常指执行命令、履行职责及完成所期待和要求的事情,暗示承担着义务或责任而必须做的意味,常表示有能力或毫无差错地把事情办好。He has to discharge his duty before he can leave here. 他得完成任务后才能离开这儿。

[习语] perform on do or play (sth.) on (sth. or sb.) 在(舞台)上演出;用(乐器)表演;对(某人)施行(手术、骗术等): Henry will be performing on the horn. 亨利将吹号。The doctor has performed his operation on some famous people. 这个医生给一些名人动过这种手术。After the trick she performed on us, it is difficult to forgive her. 她要了我们,是很难饶恕她的。The famous actor has performed on all the great stages of the country. 这位著名演员在全国所有的大舞台上都曾登台表演过。

[派生] performable *adj.* 可执行的;可完成的;可演出的 performing *adj.* 表演的;会表演的

2. Some of these high-achieving students actually put in fewer hours than their lower-scoring

classmates. 这些成绩优秀的学生中,有些人投入的时间其实比那些分数低的同学还少。

High-achieving [ˌhaɪəˈtʃiːvɪŋ] *a.* 得高分的

Lower-scoring [ˌləʊəˈskɔːrɪŋ] *a.* 得分较低的

3. Concentrate! 全神贯注!

Concentrate [ˈkɒnsəntreɪt] *v.* 1) to think very carefully about something that you are doing 全神贯注;精神集中;专心致志: We must concentrate our efforts on improving education. 我们必须致力于改进教育工作。2) to be present in particularly large numbers or amounts in a particular place 集中;集合: Birds concentrate (in places) where food is abundant. 鸟聚集在食物丰盛的地方。Italian industry is concentrated mainly in the north of the country. 意大利工业主要在这个国家的北部地区。3) to make a liquid stringer by removing some of the water from it 浓缩

[搭配] concentrate (sth.) on sth./doing sth. 全神贯注;集中精力;be concentrated on/in/around 集中在……

[同义] focus

[辨异] concentrate“聚集”、“集中”,指把需要的东西集中在一起,而排除那些不需要的东西。此词一般作及物动词用,有时也用作不及物动词。宾语可以是具体的东西,也可以是抽象的东西,如“思想”、“精力”等。You must concentrate your attention on the main contradiction involved in the problem. 你必须集中注意问题里面所包含的主要矛盾。focus“聚集”,指把光线投到一个焦点,尤指阳光、灯光、热量集中在一个焦点上。You should focus the lens of a camera. 你应该把照相机镜头对准一个点。focus用于引申意义时,与concentrate大致相同,但一般不以具体事物作宾语。

[习语] concentrate the/one's mind make sb. consider sth. urgently and seriously 使人认真地考虑某事

concentrate on/upon 1) direct (sth. such as one's thoughts) firmly on (a subject) 把(思想等)集中于(某主题): We must concentrate our efforts on improving the quality of our products. 我们必须集中力量,提高产品质量。2) fix one's attention on (sth., sb. or doing sth.) 把注意力集中于;专心于: He is concentrating on setting a poem to music. 他正全神贯注地为—首诗歌谱曲。

[要点] <搭配> concentrate ... on ...; focus ... on ... 集中…… <辨异> 指“集中(精神、精力)”时两词可以换用,但 focus 一般不以具体事物作宾语,concentrate 则可以。

[派生] concentrated *adj.* 集中的;浓缩的 concentration *n.* 集中

4. Top students allow no interruptions of their study time. 拔尖生不允许他们的学习时间受干扰。

Interruption [ˌɪntəˈrʌpən] *n.* [U] interrupting or being interrupted 中断;终止;阻碍: Let's go somewhere where we can talk without interruption. 我们到没有干扰的地方去谈话吧。[C] thing that interrupts 阻碍;障碍物: Numerous interruptions have prevented me from finishing my work. 我屡遭搅扰以致工作未能完成。

[搭配] interrupt (sb./sth.) with sth. 打断某人讲话;打岔;打扰: an annoying interruption 恼人的打岔;momentary interruption 短暂的中断;be secure from interruption 不受到打扰;interruption of communication 交通中断

5. This doesn't mean ignoring important things in your life. 这并不意味着对生活中的重要事情

置之不理。

ignore [iɡ'nɔ:] *v.* 1) to behave as if you had not heard or seen someone or something 忽视: You have been ignoring me. 你一直不把我放在眼里。I can't ignore his rudeness any longer. 他粗暴无礼,我再也不能不闻不问了。2) to deliberately pay no attention to something that you have been told or that you know about 故意不理睬: I said hello to her, but she ignored me completely! 我向她打招呼,可她根本不理睬我!

[搭配] ignore totally 全然不顾; ignore virtually 实际上忽略了

[同义] neglect; overlook

[辨析] neglect “疏忽;不留心”,指行为(act)而言。I don't trust her, for she often neglect her duty. 我不信任她,因为她经常玩忽职守。ignore 通常指对那些不愿意承认的事情故意视而不见,明显地不予关注。They ignored our warning. 他们对我们的警告置之不理。You can't ignore the fact that China is still a developing country. 你不能忽视中国还是一个发展中国家这一事实。overlook 指由于轻视、不小心而导致的疏忽。overlook an item in an account 忽略了账目上的一个项目。

[习语] ignore a/the bill (legal) write on it “ignoramus” which means literally, “we take no notice of it.” [法律] 书“不理”于诉讼;不批准提起诉讼,不将案件交法院审理。

[要点] <辨析> to be ignorant of sth. : is not to know it 不知、不懂 to ignore sth. : is to pretend not to know or see it 假装不知或未看到; She was ignorant of his presence. 她不知道他在场。She saw him coming but she ignored him. 她见他走过来,但装着没看见。

[派生] ignorance *n.* [U] (对某事)无知 ignorant *a.* 无知的;愚昧的;不知道的

6. Then when I sit down to study, I can really focus. 那样我坐定下来学习时,就能真正集中心思了。

Focus [ˈfəʊkəs] focusing, focussed or focused *v.* 1) to pay special attention to a particular person or thing instead of others 集中(于某物): I'm so tired I can't focus on anything today. 我今天太累,精神集中不起来。Please focus your minds on the following problem. 请集中考虑以下问题。2) to change the position of the LENS on a camera etc., so that you can see something clearly 调整(透镜或眼睛)的焦点或焦距: Focus your camera on these trees. 把照相机的焦点集中在树上。3) If your eyes focus, or if you focus your eyes, you gradually become able to see something clearly. 能够看清楚: His eyes focused slowly in the dark room. 他在那间黑屋里眼睛慢慢地看清了东西。4) if you focus beams of light or if they focus, they pass through a LENS and they meet at a point 使某物集中(于一点): If you focus the sun's rays through a magnifying glass on a dry leaf, it will start to burn. 用放大镜把阳光聚到干叶子上,叶子就燃烧。

[搭配] focus sth. (on sth.) 使某事集中于(某一点); bring the meaning into focus 使明白意义; out of focus 没有对准焦点;模糊; focus on / upon 强调;着重

[同义] concentrate

[习语] focus/center one's attention give one's full attention to 把注意力集中在: When studying, he focused his attention on his lessons. 学习时,他聚精会神地钻研功课。

be in focus bring sth. / come into focus (使某事)清晰、明确或在焦点上

7. A university professor in Arizona assigned to tutor underachieving college athletes, recalls a runner who exercised daily. 亚利桑那州一位教授曾奉命辅导大学内一些成绩欠佳的运动

员,他记得有一名赛跑运动员每天都要锻炼。

Assign [ə'sain] *v.* 1) to give someone a particular job or make them responsible for a particular person or thing 指定某人做某一工作或任某一职务;委派;选派某人: They've assigned their best man to the job. 他们派了最合适的人做那项工作。One of the members was assigned to take the minutes. 其中的一个成员被指定作记录。2) to decide that something should be done at or during a particular time 指定(时间、地点): Shall we assign Thursdays for our weekly meeting? 我们把每周例会定在周四好吗? It is impossible to assign an exact date to this building. 确定这座建筑物的确切年代是不可能的。3) (formal) to give money, equipment etc. to someone or decide it should be used for a particular purpose. 分配给某人一部分工作去做或一份东西去使用: The teacher has assigned each of us a holiday task. 教师给我们每个人都分配了假日的工作。The two large classrooms have been assigned to us. 这两间大教室已经分配给我们了。

[搭配] assign sb. to sth. 指定某人做某一工作或任某一职务;委派 assign sb. a job/duty/task 或 assign sth. to sb. 分配给某人某项工作/责任/任务

[同义] allot; distribute

[辨析] allot, assign, distribute 都表示“分配”,但在句中含义不同。allot 和 distribute 意义非常接近,都表示把整体或定量分成若干份来分配。但 allot 较多用于对土地、工作、股东、利润等的分配; distribute 则比 allot 用得范畴要广。A special task was allotted to each person. 每个人都得到了一项特殊的任务。The teacher distributed the examination papers to the class. 老师向全班同学分发试题。assign 不含有就整体划分若干部分进行分配的意味,往往带有规定或指定的概念。Three novels have been assigned for home reading this term. 3部小说被指导为本学期的课外读物。

[派生] assignment *n.* 1) [C] 指定给某人的任务或职责 2) [U] 转让 assignable *adj.* 可指定的;可委派的;可归因的;可转让的, assignee *n.* 受让人;代理人, assigner, assignor *n.* 分配者;委托者;转让者

Underachieve [ˌʌndə'reɪ'tʃi:vɪŋ] *v.* do less well than was expected, esp. in school work 成绩未如理想(尤指功课)

[派生] underachievement *n.* [U] 业绩不理想, underachiever *n.* [C] 业绩不理想者

Athlete ['æθli:t] *n.* [C] someone who is good at or who often does sports 运动员;体育家;健儿

[搭配] an all-around athlete 全面发展的运动员,全能的运动员; a professional athlete 职业运动员; a promising athlete 有前途的运动员

[派生] athletic *adj.* 运动员的;运动的;健壮的, athletics *n.* 体育运动(尤指跑;跳)

Recall [ri'kɔ:(:)] *v.* 1) to deliberately remember a particular fact, event, or situation from the past 回忆;记起: She recalled that he had left early. 她回忆起他走得很早。Try to recall exactly what happened. 把发生的事情尽可能仔细地回忆一下。2) to officially tell someone to come back from a place where they have been sent (从某处)召回某人: recall an ambassador (from his post) 将大使(从驻在国)召回, recall (members of) Parliament, for a special debate 召回国会议员(如举行特别辩论会) 3) if a company recalls one of its products, it asks you to return it because there may be something wrong with it 要求归还(某物): recall library books, for stock-taking 要求归还图书馆的书(以便清点) *n.* 1) [U] the ability to remember something 记忆力;记性 2) singular [U] a command telling someone to return from a place where they have been officially sent 唤回;

召回

[搭配] recall that/what/how/where etc. 回忆 recall doing sth. 记起做过某事, recall sb. from 召回某人, recall sb. to sth. 使某人重新意识或注意到某事, past/beyond recall 想不起来的;不能取消的

[同义] recollect; remember; remind

[辨异] 以上这四个词都与“记忆”有关。recall, recollect, remember 有时可以通用,但各有侧重。recall“想起”,把忘记的东西又想起来,其动作包含有意识的努力和意志,因此常与 can, could 连用,强调一次的回忆。I could not recall where I had left the book. 我想不起我把书丢在哪儿了。recollect“回想”,原意是把已失散的东西重新收拾在一起,引申为把已遗忘的东西重新想起,因此也有有意识努力和意志的含义。一般说,recall 强调一次回忆, recollect 强调回忆过程。He recollected the hardships he had suffered before liberation. 他想起了解放前受的苦。remember“想起”,用法较多,指事物在记忆中自然出现,不含主观努力和意志,因此一般不和 can, could 搭配。I suddenly remembered that I had met him before. 我突然想起我以前见过他。remind 和以上三词意义不同,指“使某人想起”,宾语是人。用法除可以接宾语、宾语 + 不定式、宾语 + that 从句之外,常和 of 搭配。What he said reminded me of my old days. 他的话使我想起了以前的事。

[要点] <辨异>remember 表示“自然而然地想起”;recall 表示“经过努力才想起”、“追忆”,因为 recall 原义为“唤(call)回(re-)”某种记忆,如:I remember her face, but I can't recall where I met her. 我记得她的面孔,但是想不起在哪儿见过她。

[习语] recall old sores reopen old sores 揭旧疮疤;提伤心往事

recall to life cause to live again; bring or come back to consciousness 起死回生;(使)苏醒;(使)恢复知觉:The widow would gladly recall to life her deceased husband if possible. 这寡妇如果能使死去的丈夫复活,该会有多高兴啊。

recall to mind remember, recollect 回忆起;回想起;记起:After so many years she finds it hard to recall to mind all their names. 经过这么多年以后,她感到很难记起他们所有人的名字。

8. He persuaded him to use the time to memorise biology terms. 他曾劝说他利用这段时间记忆生物学术语。

Memorise, -ize ['meməraiz] *v.* put sth. into, to learn words, music etc. 记住;记忆(某事)(能复述):An actor must be able to memorize his lines. 演员必须善于熟记台词。She can memorize facts very quickly. 她能很快记住很多资料。

[搭配] have a good/bad memory for sth. 对……记忆好/差

[派生] memory *n.* 记忆力;记性;记得的事情 memorial *n.* 纪念碑;纪念章;纪念仪式 memorable *adj.* 值得纪念的

9. I was too busy, to waste time looking for a pencil or a missing notebook. 我这么忙,不可能为了找一支铅笔或一本不见了的笔记本而浪费时间。

Missing ['misiŋ] *adj.* 1) something that is missing is not in its usual place and you can not find it. 找不到的;不在原处的;失去的:The book had two pages missing. 那本书缺两页。The hammer is missing from my tool-box. 我的工具箱里少了一把锤子。2) someone who is missing has

disappeared, and no one knows where he/she is. 失踪的;不在家的:a police file on missing persons 警方为失踪者立的档案, The child had been missing for a week. 那个孩子下落不明已有一周了。

[搭配] missing from 从……失踪, turn up missing 失踪;不知去向, missing in action 战斗中失踪

[习语] a/the missing link thing needed to complete a series or solve a puzzle. (为完成一系列事物或解决一难题)所缺的一环: A 1816 penny was the missing link in my collection of pennies. 我收集到的全部便士只差 1816 年铸造的一枚。

Notebook ['nəʊtbuk] *n.* [C] a book made of plain paper on which you can write notes 笔记本;记事本

[派生] notecard *n.* (美)便条本 notepad *n.* 钱夹;钱包, notecase *n.* 便条本, notepaper *n.* 信纸;信笺, notelet *n.* 便笺

10. Paul, a student in New Mexico, keeps two folders for each subject—one for the day's assignments, the other for homework completed and ready to hand in. 新墨西哥州学生保罗一门功课备有两个文件夹,一个放当天布置的作业,另一个放已完成要交的家庭作业。

Folder ['fəʊldə] *n.* [C] a container for keeping loose papers in, made of folded card 文件夹;纸夹

Assignment [ə'sainmənt] *n.* 1) [C] task or duty that is assigned to sb. 指定给某人的任务或职责: Your next assignment will be to find these missing persons. 你的下一项任务是寻找这些失踪的人。 She was sent abroad on a difficult assignment. 她被派出国执行一项艰巨任务。 2) [U] act of assignment (esp., property, rights, etc.) 转让(尤指财产、权利等), a deed of assignment 转让契约

11. A drawer keeps essentials together and cuts down on time-wasting searches. 一个抽屉放必需的用品,这样就可减少因找东西而浪费掉的时间。

Drawer [drɔ:] *n.* 1) [C] part of a piece of furniture that you pull out and push in and used to keep things in 抽屉: the middle drawer of my desk 我的写字台中间的抽屉 2) person who draws a picture 绘图者, person who draws a cheque 开支票者

[搭配] close a drawer 关抽屉, open the drawer 打开抽屉, push in drawer 推上抽屉, push out a drawer 拉出抽屉

Essential [i'senʃəl] *n.* 1) [C] [usually plural] something that is important because it is necessary for life or for doing something 必需品: We only had time to pack a few essential. 我们只来得及装上几件必需品。 2) [plural] the basic and most important information or facts about a particular subject [复]要点;要素: the essentials of English grammar 英语语法纲要

adj. 1) [esp. pred.] extremely important and necessary in order to do something correctly or successfully [尤其作表语] 必要的;不可缺少的;最重要的: Is money essential to happiness? 金钱对于幸福是必不可缺少的么? It's essential that you attend all the meetings. 你务必要参加所有的会议。 2) [attrib.] the essential parts, qualities or features of something are the most important, typical or noticeable ones (定语)本质的;基本的: essential difference 基本区别 essential feature 基本特征

[搭配] essential to/for something 对……必要;重要;不可缺少 in essentials 主要地;在主要方面

[同义] necessary; fundamental; basic; primary

[辨析] basic, fundamental, essential, necessary 和 primary 都有“基本的”、“根本的”的意思,较

易混淆。basic“基本的”,可用于具体或抽象事物的描写,指基础或最基本的部分。the basic structure of a building 一幢楼的基础结构, You must learn the basic things before beginning the more advanced. 你应学好基本东西,然后再开始学习较高深的。fundamental“根本的;基本的”,意义非常接近 basic,有时可换用。但该词一般只用于修饰抽象事物,且往往暗示比 basic 更加深刻的内容。Fundamental changes have taken place in our country. 我们国家发生了根本的变化。The constitution is the fundamental law of our country. 宪法是我国的根本大法。essential“必要的;基本的;最重要的”,指对某事或某物不可缺少的。Food and water are essential to man. 食物和水对于人的生命来说是最重要的。It is essential that he know all the facts. 他有必要了解所有这些事实。necessary“必要的;必须的”,但不一定是必不可少的。These reference books are necessary to an English teacher. 这些参考书对一位英语教师来说是必需的。primary“第一位的;重要的”,暗示在其他事物之上的。a primary school 小学, Your safety is my primary concern. 你的安全是我首先要考虑的。

[要点] 〈语法〉在 It is essential that... 句型中, that 从句的谓语用“(should) + 原形动词”构成的虚拟语气。

[辨异] essential“必要而不可缺的”,绝对的意味最强的用语,指事物的本质(essence)而言; necessary“必要的”,一般的和不确定性的用语。

[派生] essentially *adv.* 本质地;基本地 essentiality *n.* 必要性;根本性;要素;实质 essentialize *v.* 扼要地表达出;阐述……的基本形式

12. When a teacher set a long essay, Alex would spend a couple of days reading round the subject and making notes, then he'd do a rough draft and write up the essay. 当教师布置写一篇论文时,阿力克斯会花两三天时间去阅读与题目有关的资料,并做笔记,然后写出草稿,再写成论文。

Essay ['eseɪ] *n.* [C] a short piece of writing giving someone's ideas about politics, society 小品文;文章;短论;随笔: a critical essay 文学评论 an essay in English 用英语写的文章

[搭配] essay on/about 关于……的短文; essay question (同填空题,是非题相对而言的)问答题

[同义] thesis; paper; article; dissertation

[辨异] thesis, paper, article, essay 和 dissertation 都指文章或论文。thesis 和 dissertation 指的是大学生或研究生的学位论文。paper 一词主要指写给专家的、用来宣读的论文。Professor Smith read a paper on the teaching of English. 史密斯教授宣读了一篇关于英语教学的论文。article 则专指在报刊杂志上发表的文章。Have you read the article on water pollution on today's newspaper? 你读过今天报纸上的那篇关于水污染的文章吗? essay 指的是有关某一个问题的。That essay about friendship was instructive. 那篇关于友谊的杂文很有启发性。

[派生] essayist *n.* (文章的)作者

Draft [draʊt] *n.* 1) [C] a piece of writing, a drawing, or a plan that is not yet in its finished form 草稿;草案: a draft amendment/copy/version 修正草案、草稿、初稿 2) [C] (especially (BrE)) a written order for money to be paid by a bank, especially from one bank to another (银行之间的) 汇票

v. 1) to write a plan, letter, report etc. that will need to be changed before it is in its finished

form 草拟;起草(文件):draft a contract/parliamentary bill/treaty 起草一份合同、议会法案、条约 2)(AmE) to order someone to serve in their country's military during a war 征募;征召:be drafted into the army 被征召加入陆军

[搭配] make a draft 起草、拟稿,be drafted into 被征召入伍

[同义] outline; sketch

[辨析] outline, sketch 和 draft 作为动词,意义有些差别。outline 主要给出事物的轮廓或要点,强调简化了的整体。sketch 指以图模型或语言描述来表示某一事物的整体特征,即勾画一幅草图或概述。draft 一般指以准确比例绘制建筑图或设计图,也可指文字上的打草稿。

[习语] draft board a board of appointed officials for selecting and drafting men who are eligible for military service 兵役委员会

draft dodger (AmE)(informal) a man who seeks to avoid being drafted in military service [美,非正式]逃避服兵役的人

draft out make rough notes for (a piece of writing);give a general idea of sth. 草拟出: The government has drafted out its plans for future laws. 政府已经制定出了将来的法律草案。

[构词] draft card *n.* 征兵卡,drafts man *n.* 起草人,draftee *n.* 应征入伍者,draft-dodger *n.* 逃避兵役者

13. He would aim to finish a couple of days before the assignment was due so that if it took longer than expected, he'd still meet the deadline. 他在作业该交的前两三天完成,以便如果花费的时间超过预期,他还能在规定的最后期限前完成。

Due [dju:] *adj.* 1)[pred.] to be expected to happen or arrive at a particular time [作表语]预定;约定:The train is due in five minutes. 火车预定在5分钟后到达。2)[pred.] an amount of money that is due is the amount that should be paid now [表]须立即支付的;到期的:My rent isn't due till Wednesday. 我的租金星期三才到期。fall/become due 到期 3)[pred.] owed to someone either as a debt or because they have a right to it 应支付;应给予;应得到:I am due fifteen days' holiday. 我还应有15天假期。She is due for promotion soon. 她不久就要晋升了。4)[attrib.] (formal) proper or suitable. 适当的;正当的;适宜的:after due consideration 经适当考虑之后。

n. 1)[sing] thing that should be given to sb. by right 某人理应得到的东西 2)[pl] charges or fees 应交纳的费用

[搭配] be due to do something 预定;预期,be due for something 应得到,be due to sb. 应支付;欠下,due to 由于,due to carelessness 由粗心大意所造成,give the devil his due 公正地对待自己不喜欢的人,in due form 正式,give sb. his due 公平对待某人

[同义] arranged; expected; owed; payable; adequate; appropriate; deserved; enough; proper

[反义] inadequate

[要点] 〈辨析〉作表语,多用 due to;作状语,多用 owing to

[习语] due bill a brief written acknowledgment of a debt, not payable to order or transferable by mere endorsement 借据

due care the degree of care which one is lawfully bound to exercise 适当的注意:Dangers

of navigation are such as are not avoidable by the exercise of due care. 航海危险是指那些即使注意也不可避免的危险。

due course/process of law the course of legal proceedings that is in accordance with the law of land 依法的诉讼程序

in **due course**(或 **time**) at some time in the future when it is the right time 在适当时机:
The committee will consider your application in due course. 委员会在适当的时候会考虑你的申请的。

Deadline [ˈdedlɪn] *n.* [C] a date or time by which you have to do or complete something 截止时间(必须完成某事的期限), meet a deadline 到期, miss a deadline 超过期限: I have a March deadline for the novel. 我那本小说必须在3月份完成。

[搭配] press sb. to meet the deadline 催促某人遵守限期, set the deadline 确定最后限期

14. Amenda stuck to a study schedule that included breaks every two hours. 阿曼达严格遵守一张学习时间表,其中包括每过两小时便休息一次。

Schedule [ˈʃedju:l, ˈskedʒul] *n.* [C] 1) a plan of what someone is going to do and when they are going to do it 日程表;进度表: have a full/tight schedule 日程表安排得很满(紧张) 2) (AmE) timetable 时刻表 3) a formal list of something, for example, prices 清单;明细表;一览表: a schedule of postal charges 邮费一览表, a spare parts schedule 零件一览表

v. [usually passive] to plan that something will happen at a particular time 将某事列入进程表;为某事安排时间: The sale is scheduled for tomorrow. 大减价定于明日举行。She is scheduled to give a speech tonight. 她定于今晚演讲。

[搭配] be scheduled to do sth. 计划;安排做事, be scheduled for 定于……, get off schedule 不按时完成, plan a schedule 定好进度, speed up schedules 加快进度, ahead of schedule 提前, behind schedule 落后于预定的计划;(车)误点 on schedule 按期;按时 to schedule 按照预定时间, under schedule 按日程/计划, full schedule 安排得很满的日程表

[同义] blueprint; program(me); agenda; timetable

[辨析] program(me)是用得最广泛的词,它可指心中的计划,也可以指书面的计划;它可以指会议、娱乐活动或服务的程序表,也可以某人指定的一天或未来的计划表,还可以表示某一群体制度的有一定目的、条理清楚的进程表。当 program(me)表示计划时,它特指实际上被执行的计划。blueprint 指详细的最终定下的计划或规划,它对每个细节都说明得很清楚。schedule 和 timetable 强调时间因素的重要性,该计划确定的不仅是事件或步骤的年月顺序,而且还有时间的限制。timetable 比 schedule 更适应于列好定期发生的事件的时间表(如火车时刻表), a schedule of production in a factory 工厂生产进度表, a timetable of classes 课程表, agenda 则主要用于会议事务日程表。

[习语] **scheduled caste/class** a name for the untouchables of India 贱民;不洁者;不可接触者
[说明] 该习语指印度宗姓制度中地位最低的社会阶层。

15. "Trying to study when you are overtired isn't smart," she advises. "在你过度疲劳时还试图学习并不明智。"她指出。

Overtired [ˌəʊvə'taɪəd] *adj.* 过度疲劳的

16. Even a short break to stretch or get some fresh air can work wonders. 短暂的休息,哪怕是伸张一下身体,呼吸新鲜空气,也能带来意想不到的效果。

Stretch [stretʃ] *v.* 1) to make something bigger or looser by pulling it 拉大; 撑大; 拽紧: stretch a hat to fit one's head 把帽子撑一撑以便戴着合适, stretch a rope tight 把绳索拉紧 2) to straighten your arms, legs, or body to full length 伸展; 伸长或伸出(一肢或身体某部): He stretched out his arm to take the book. 他伸出手去拿书。He woke up, yawned and stretched. 他一觉醒来, 边打呵欠边伸懒腰。3) to spread out or cover a large area of land 绵延; 延续; 伸展: forests stretching for hundreds of miles 绵延数百英里的森林; The road stretch (out) across the desert into the distance. 这条路穿过沙漠伸向远方。4) to continue over a period of time 延续: a research program stretching over several years 持续几年的研究计划

[搭配] stretch oneself 伸伸懒腰, stretch a point 不按规章办事; 超过自己的权限; 牵强附会, stretch out 伸出; 延长; 拖长, stretch away 延伸得很远, at a stretch 不间断地; 不休息地; 一口气, at full stretch 尽全力, on the stretch 紧张着

[同义] extend, expand

[辨析] extend“延伸”, 主要是指长和阔而言, 既可指时间, 也可指空间。而 expand“扩展; 膨胀”, 则指长、宽、深而言。This river extends through several states. 这条河流经数国。Metals expand by heat. 金属因热而膨胀。stretch 指由曲而直或由短而长的伸展。He stretched out his hand in a friendly manner. 他伸出手来表示友好。

[习语] stretch one's legs go for a walk as exercise (informal) 去散步; 久坐后走一走: The train stops for 20 minutes at the next station, so we shall be able to stretch our legs and enjoy the good weather. 火车要在下一站停留 20 分钟, 到时候我们可以活动一下腿脚, 享受一下美好的天气。

Stretch (oneself) out relax by lying at full length 躺着舒展身体: He stretched himself out in front of the fire and fell asleep. 他舒展开身体躺在炉火旁边睡着了。

Stretch (something) out (make sth.) last or be enough to cover one's needs (使某事) 延续或足够所需: He couldn't stretch out his money to the end of the month. 他的钱花不到月底。

[派生] stretcher *n.* 伸张器; 担架 stretchy *adj.* 能延长的; 有弹性的; 易伸展的

17. “I used to spend hours going through irrelevant material,” Amanda remembers. “But then I got used to reading quickly; if the first sentence of a paragraph wasn't relevant, I'd move on to the next paragraph.” “我过去常花许多时间阅读一些无关的资料,” 阿曼达回顾说, “但是后来我习惯了快读; 如果一段文章的第一句话无关紧要, 我便转而阅读下一段。”

Relevant [ˈrɛləvənt] *adj.* directly connected with the subject or problem being discussed or considered 有关的; 切题的: a highly relevant argument, points, suggestion 密切相关的论据、论点、建议, supply the facts relevant to the case 提供与该案有关的事实

[搭配] relevant to 与……有关

[同义] related

[反义] irrelevant

[辨析] related 和 relevant 都有“相关”之意, 但 relevant 着重强调和目前正在处理或正在考虑的事或问题有关, 而 related 的含义就广泛得多。

[派生] relevance/relevancy *n.* 关系; 相关 relevantly *adv.* 相关地 irrelevant *adj.* 不相关的; 无关系的; 不切题的

18. “The best course I ever took was speed-reading,” says an Oklahoma student, “I not only increased my words per minute but also learned to look at a book’s table of contents and pictures first.” “我选修过的最佳课程便是快速阅读课，”一名俄克拉荷马州的学生说，“我不仅增加了每分钟阅读的词数，而且学会了首先看书的目录和插图。”

Speed-reading [spi:pd'ri:diŋ] *n.* 快速阅读

Per [pə(:)] *prep.* for each (用以表示比率、价格)每,每一(时间,长度等单位): per day 每天, per person 每人, per kilo 每公斤, per metre 每米

Content ['kɒntent] *n.* 1) (plural) the things that are inside a box, bag or the things that are written in a letter, book, etc. 所容纳之物;所含之物;内容: The drawer had been emptied of its contents. 抽屉已经腾空了。At the front of the book is a table of contents. 书的前部有目录。2) [sing] the amount of a substance that is contained in something 容量;含量: food with a high fat content 脂肪含量高的食物 3) [sing] the ideas, facts or opinions that are contained in a speech or a piece of writing (书,文章)内容: The content of your essay is excellent, but it's not very well expressed. 你那篇文章的内容好极了,但总表达方式不太好。

[要点] <语法> the content of the book 书的内容, the contents of the book 书的目录,但作“目录”讲时,谓语动词要求单数, Is there a contents in the book? 这本书有目录吗?

19. “Then, when I began to read, I had a sense of the material and I retained a lot more.” 这样当我开始阅读时,我对这份材料已有了一定的了解,而且能记住更多的内容。

Retain [ri'tein] *v.* (formal) 1) to keep something or continue to have something 保持;保留;仍然有(某事物): We retained the original fireplace when we decorated the room. 我们装修房间时保留了原有的壁炉。These roses retain their scent. 这些玫瑰花仍有余香。2) to keep facts in your memory 记住(某事): be able to retain numbers/dates/facts 能记住数目、日期、事实, She retains a clear memory of the incident. 她对那件事记得很清楚。

[搭配] retain an appearance of youth 看上去依旧年轻, retain the memory of sb. 仍记得某人, retain the characteristics of the working people 保持劳动人民的本色

[同义] maintain

[辨析] maintain 和 retain 都有“保持”的意思。有时可以互换,但两者各有侧重: maintain 多用于某种状态的保持,因此可常用 keep up 来解释; retain 多用于对某种事物的“占有;拥有”。

[习语] retain on/over/upon keep (sth. such as influence) over (sb. or sth.) 对(某人或某事)保持(影响等): How does an aging politician retain his hold on the loyalty of the voters? 一位成熟的老政治家如何保持对选民的控制,使他们投他的票呢? The generals struggled to retain their control over a very fluid battle. 将军们竭力控制瞬息万变的战斗。

retain the memory/remembrance of bear or have sb. or sth. in mind 记得(某人或某事);把……记在心上: He retains a clear memory of his schooldays. 他清晰地记得他学生时代的情景。

[派生] retainer *n.* 定金人;雇员;仆人;保留者

20. “During revision, this is very useful because you can see immediately why the material is relevant, rather than being worried by a great mass of information.” 这在复习时十分有用,因为你马上就能看到,为什么这些材料是有关的,而不用为信息量太大而发愁。