



New English

中国学生的英语书——新英语 (New English)

新英语=新目标+新思维+新视野+新感觉+新起点

总主编 ◎ 袁 浩

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每周

立体快乐阅读

THREE-DIMENSION HAPPY ENGLISH WEEKLY

高一年级

主编 / 阎飞虹

本书特色

- ◎ 多彩的阅读天地，扩大阅读视野
- ◎ 美文荟萃，材料鲜活，语言地道，可读性强
- ◎ 多角度、全方位细节助读助解，减少阅读障碍
- ◎ 体现新课标教材的英语学习特点，实现立体式阅读



兰州大学出版社



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总 序

走向成功的“烛照”

——总主编絮语

以德洛尔为首的国际 21 世纪教育委员会的报告《教育——财富蕴藏其中》有一段话我特别欣赏：教师的工作并非只是传授信息，甚至也不是传授知识，而是以陈述问题的方式介绍这些知识，把它们置于某种条件中，并把各种问题置于其未来情景中，从而使学生在其答案和更广泛的问题之间建立一种联系——如果希望学生日后有能力预见变革，并通过终生继续不断的学习来适应变革的话，那么，在现代社会里越来越需要教育为培养个人的判断力和责任感作出贡献。与教师一起工作并同他对话，有助于学生发展自己的批判意识。看来，学生预见性和适应性、学习能力和判断能力、社会责任感和批判意识的养成是 21 世纪教育的责任。

正是秉承这一理念，我们以一种全新的研究思路，以一种全新的思维方式，以一种全新的审视角度，以一种全新的写作手法，摆脱呆滞刻板的教条，扬弃一成不变的套路，将先进的理念与科学的方法熔为一炉，将毕生的经验与广博的知识掰开揉碎，去粗取精，切磋琢磨，反复锻打，终成此书。可以说，以新理念追求新品质，进而实现新起点，是这套丛书的基本特质，也是“新英语”命名的基本理由。

为实现“新英语”的编撰初衷，每一位作者都恪守这样的原则：践行素质教育，兼顾应试教育；绝不能让学生成为一味追逐信息和答案的“狂蜂浪蝶”，更不能让学生变成只知死背硬记的木讷愚蠢之徒；而要使他们真正感受文化的内涵，领悟知识的真髓，体会方法的魅力，从而发掘其潜质，激发其兴趣，拓展其才能，张扬其个性，举一反三，融会贯通，获取真知。这套丛书恰似从天堂窃得的“圣火烛照”，倘若真能辉映在他们通往成功彼岸的道路上，我们会甚感欣慰的。

为确保“新英语”的品质和风貌，我们组织了一个最佳的“四合一”写作群体：既有学养深厚的大学教授，又有执教经验丰富的特、高级教师，还有统领一方既导又研的教研人员，更有熟稔教材、善于编辑的报刊学人。他们都是名人大家，写作高手，既严于治学，又勤于笔耕。他们才情跌宕，殚精竭虑。他们脱却世俗之囿，不为稻粱之谋，绝不敷衍成篇，率意成文，而是用大爱、使命和责任去流动思想，梳理知识，创新观念，活化新知，可谓“一身书卷气，出手翰墨香”。

至于此书之特色,行家自有公论。姑且以“十五点”概括,似不为过:原创性——反传统,立己言;目标性——助教学,为备考;衔接性——联教材,通考纲;时代性——三贴近(贴近社会、贴近实际、贴近生活),重真实;基础性——重双基(基础知识、基本技能),轻尖难;综合性——多整合,宜扩展;启发性——开心智,善诱导;悬疑性——促反思,多探究;工具性——教方法,明诀窍;趣味性——多变化,语鲜活;科学性——答案准,不误导;操作性——利实战,便实践;前瞻性——重新疑,多创见;深刻性——语简洁,中真的。总之,“不求 Number one, 只求 Only one”,原创性、唯一性、不可复制性是这套丛书最大的特点,也是最大的亮点。显然,她是爱心和智慧的观照,是获得高分和能力的锦囊;她是扬帆奋进的原动力,是体验成功的助推器,可谓“人无我有大不同,人有我好高一筹”。

“人生糊涂读书醒,书魂缠人是幸事”;The more good books you get, the better way you have.(多一本好书,多一条路。)我真诚地希望这套丛书中所蕴含的知识和智慧能给莘莘学子以无穷的力量,成为他们走向成功的“烛照”。

塞万提斯说过,没有一本书好到无懈可击。可以肯定地说,尽管所有作者为写作竭尽全力,但限于时间和水平,书中难免纰漏,恳请读者指正,以便再版时修正。

袁 浩

壬辰年阳春三月

于望海书屋

前言

英语阅读的真谛不在于我们读了多少,而在于我们从中获得了多少感悟和深思。喜欢英语的人、想学好英语的人也许都会思考一个问题,怎样才能从一篇篇看似枯燥的英语文章中感受到阅读的快乐,读有所获呢?在深思之后,我得出了如下结论:好的阅读材料固然重要,但掌握阅读技巧、扩大词汇量、养成良好的阅读习惯更为重要。基于此,《每周立体快乐阅读》一书重在阅读素材、词汇、阅读技巧及阅读习惯的结合。“四位一体”的设计让你的英语阅读能力更上层楼。

全书内容安排以周为单位,贯穿全学年,每周有4篇精选阅读文章,并定期穿插名师点拨英语阅读。“美文有约”“缤纷世界”“名篇经典”“科技前沿”“时尚节拍”“爱的故事”“时文点击”“偶像追踪”八类素材滚动出现,让你百读不厌。英语阅读应当轻松愉快,也可以轻松愉快。要做到这一点,阅读材料的选择是首要的。也就是说,要选择生动、有趣、富有吸引力而又能启发心智的材料。其次就是掌握阅读技巧,养成良好的阅读习惯。

《每周立体快乐阅读》一书具有以下几个特色:

一、体现新课标教材的英语学习特点,实现立体式阅读

《每周立体快乐阅读》结合新课程教材的学习特点,集英语阅读、词汇、句型、语法和阅读技巧于一体。全方位、立体式的阅读让你领略英语阅读的魅力。

二、名师联手,美文荟萃

《每周立体快乐阅读》打破了只提供阅读素材的模式,在提供精选美文的同时,联手名师进行阅读技巧的点拨,让读者朋友在欣赏美文的同时掌握阅读技巧,养成良好的阅读习惯。

三、材料鲜活、语言地道,可读性强

本书的选材篇幅短小,难易适中,让人立即产生阅读的欲望,一旦上手,就不易放下,更不会感到学英语是沉重的负担。

四、多角度、全方位细节助读助解,减少阅读障碍

为了使读者朋友轻松阅读,减少阅读障碍,在体例编排上本书的每篇文章更是环环相扣,包括标题、导语、正文(图片)、词汇空间、妙语佳句、重点句子结构、语法点拨、快乐体验、背景介绍、名言积累等环节。

五、多彩的阅读天地,扩大阅读视野

本书选材广泛、丰富,涉及情感、科技、时事、人物、人生哲理、人文地理、影视娱乐等多方面,为你提供一个多彩的“英语阅读天地”。“悦读”的同时开阔你的视野,令你“见多识广”。

六、循序渐进,持之以恒,实现“阅读”到“悦读”的飞跃

There is no shortcut in learning English! 学英语没有捷径! 本书之所以命名为“每周立体快乐阅读”,就是在难度、词汇量及时间上充分体现循序渐进的学习原则,通过持之以恒地坚持阅读,达到词汇、语感、技巧的量的积累,实现从“阅读”到“悦读”的质的飞跃。

《每周立体快乐阅读》的整体编排思路较其他同类书籍最大的不同之处在于:它不是单纯地为你提供英语阅读材料,而是从阅读的细节做起,提供鲜活的阅读材料的同时重在阅读技巧的点拨、阅读

习惯的培养,让你找到由“我要读”到“我想读”的感觉。节时省力,达到事半功倍的效果。

想学好英语吗? 开始阅读吧。难易适度,每日不断,忙则少些,闲则多些。久而久之,不仅能享受阅读的快乐,还能最终提高英语水平。相信你能感受到从“阅读”到“悦读”的快乐的。

思想的交流能碰撞出智慧的火花,因时间和编者水平有限,编写中恐有一些疏漏之处,恳请读者朋友批评指正。

阎 亮 以

2012 年 4 月于郑州

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Make Every Day Special

对于崭新的一天,你的心情是否也会随之焕然一新呢? 不要让过去的烦恼困扰自己,也不要担忧未来,用一颗感恩的心迎接并享受每天与众不同的生活吧!

Be thankful for every new day and treat it with **positive** hopes. Take time to pull yourself away from all the noises. Just look around you and tell what is right from what is wrong.

Every day is a new beginning. No matter what has gone before, a new day is a chance to begin again. Don't think about what you might have been, instead, look forward what can be. Though no one can go back, anyone can start from now and make a new beginning. When you live each day to the fullest, each will become a treasure.

Appreciate those people who have improved the quality of your life. Remember that they are gifts to you. Also remember that you are a gift to them. Be grateful for the choices you have made, both good and bad. Accept your mistakes, because you can't change them anyway. Carry out what you have learned and go on with them. Use these lessons to help you with your other decisions in life. Appreciate yourself and your own unique **characteristic**.

Go outside and look at the sky. Throw yourself into the natural **atmosphere**. Taste the colors of the **landscape**. Enjoy every place you go to and be thankful for it. Smile at the world. Don't allow any negative feelings to go into your mind. Feel the power of your own forgiveness. Put a positive view on every thought you have.

Make every day special. Own it. Enjoy it. Take great pleasure in the glory of life. Appreciate the gift of your own life.

Words Bank Match the words and expressions with their meanings.

positive	to be thankful for sb.
appreciate	a typical feature that sb. / sth. has
characteristic	the air in a place
atmosphere	thinking about sth. is good in a situation
landscape	everything you can see when you look across a large area of land

Main Structure

both ... and... 两者都;不但……而且…… 可连接名词、动词、形容词等。

如:He both speaks and writes Spanish. 他既会说也会写西班牙语。

Experience

— Which one shall I take, the blue one or the red one?

— If you like, you may take _____.

A. any B. either C. neither D. both

Quote

A man can fail many times, but he isn't a failure until he begins to blame somebody else. 一个人可以失败很多次,但是只要他没有开始责怪旁人,他还不是一个失败者。



Colorful World ★缤纷世界

The Origin of Bungee Jumping

蹦极,又名笨猪跳,是近来新兴的一项非常刺激的户外休闲活动。你知道蹦极背后的故事吗?

The history of bungee jumping dates back hundreds of years ago. It took place on a small island, Pentecost Island, in South Pacific. It's a beautiful, mountainous, **tropical** island with no towns and developments. The islanders of the island are known for land divers, who were the inventors of original bungee jumping.

Bungee jumping was a religious **ceremony**. In the old times, the islanders believed that God would bring them a good harvest if their jump was acceptable. So they jumped from a wooden tower, 70 feet in height to please God.

In the Pentecost Island, the bungee jumping is only done by the males, but it was started by a woman. There is also a story behind the bungee jumping that a thousand years ago a woman was running away from her husband and in order to hide from him she climbed up a tall tree. Her husband warned her to come down but she refused. So getting angrier, her husband climbed on that tree. As he reached close to her, she jumped off the tall tree. To hold her from falling, her husband also fell from the tree. He didn't notice that his wife had tied her ankle by the branches of the tree and lived. But he died in order to save her.

Since then the game has been developed and it is only performed by men. It stands for the strength and courage of the men. It is also performed for the **fertility** of the land.

Words Bank Choose the correct word from the text to fill in each of these blanks.

1. We've had _____ (酷热的) weather for the past few days.
2. The wedding _____ (典礼) was held on April 15th.
3. The _____ (丰产) of the soil has been greatly improved by the use of pesticides.

Grammar Tip

as 用做连词时,可以表示比较、方式、时间、原因和目的等。

如:I read the letter as I walked along the river. 我一边沿着河走一边读这封信。



Experience

She may need some help _____ she's new.

A. as B. while C. until D. once

Quote

Victory won't come to me unless I go to it. 只有我们努力,胜利才会到来。



Spotlight ★ 时文点击

16-year-old Girl Sailed around the World

粉色帆船,粉色T恤,粉色心情,16岁的澳大利亚女孩杰西卡·沃森,花了7个月完成单人环球航海,成为完成这项壮举的最年轻的航海家。

Many people said she would never make it, but teenager Jessica Watson shut them all up when she completed her months' long journey, and sailed into Sydney Harbor on May 15, 2010.

The Australian sailor took off on her daring trip around the world, on October 18, 2009, all by herself. For over 200 days and 23,000 nautical miles, Jessica was all alone on her 30-foot-long pink yacht. She had to overcome strong winds, waves as high as mountains, and loneliness, in order to prove young people can **accomplish** their dreams, whatever they might be.



Ms Watson said the toughest times were when bad weather was **forecast**, and she had to fight against heavy storms. But she managed to keep her cool, kept her boat afloat, and against all odds to complete her journey around the world.

Having become the world's youngest person to sail around the world, non-stop and without help, Jessica Watson won the attention and **admiration** of the whole world, and became rich and famous at last. While she was away at sea, her team managed to get money around \$1 million, with several companies, including one of Rupert Murdoch's newspapers. She also has a nationwide book tour coming up in July, as well as other souvenir sales.

But saying Jessica Watson did it all for media attention and profit just wouldn't be fair. She is clearly in love with the ocean, and she said that even after seven lonely months at sea, she was **reluctant** to leave the pink yacht that had become "more than a home".

Words Bank

Find the words below for each of these meanings from the text.

accomplish	forecast	admiration	reluctant
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- _____ a feeling of respect and liking for sb.
- _____ to succeed in doing or completing sth.
- _____ hesitating before doing sth. because you don't want to do it
- _____ to say what you think will happen in the future based on information that you have