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大学英语 实用外力教程





大学英语实用听力教程

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We are much obliged for any information concerned and will make necessary arrangements for the appropriate settlement of any possible copyright issue. 《大学英语实用听力教程》是由北京大学出版社出版的《必胜英语——大学英语实用听说教程》的听力篇,是一套为新世纪非英语专业大学生编写的听力教材,供大学英语听力课程的一般要求和较高要求层次的教学使用。

该教程根据教育部最新颁发的《大学英语课程教学要求(试行)》的听力能力要求,结合大学英语四、六级最新出台的考试大纲与新题型,遵循外语习得的相关理论,以功能意念训练为主线,继承原版教材先进的主题型(theme-related)编写思路,选材广泛,语言地道,可读性与可思性强,题型多样,由浅入深,趣味性与实用性强,教材编排可操作性强,便于教师课堂内教学安排及学生课后自主学习。

本教材编排设计共分为八个单元,每单元分 A、B 两部分,每部分为一个小时的教学量,可满足一个学期的教学任务。听力拓展训练部分包括以下内容: I. 普通常识,用绕口令、儿歌、辨音或诗歌等练习形式帮助纠正中国学生易混淆的音素与发音错误并培养语感。 II. 听写缩略语、生活用语、谚语等练习形式,让学生进一步熟悉国际新闻中常出现的国名、地名、国际机构与组织名称,为听懂 CRI、VOA、BBC 等新闻广播作准备,也为学生更有效地用英语进行交流奠定了基础。 III. 短对话练习形式,帮助学生了解英文中的常用习语与表达方法。 IV. 情景对话练习,设计 5~7 个轮回的长对话。 V. 短文听力练习,精选 2~3 篇短文。 VI. 篇章听写。

本教材亮点之一: 听力拓展训练部分环环紧扣《必胜英语——大学英语实用听说教程》每单元的主题, 内容实用新颖、素材丰富。亮点之二: 根据大学生求新、求鲜、即学即用的求知心理, 设计了形式多样的听力题型。学习者在语言输入的同时熟悉语言输出的技巧, 既训练了听力, 又扩大了知识面, 学到了地道的惯用法与实用文体等知识。亮点之三: 循序渐进、夯实基础的设计思路, 注重听力的基础技能训练, 在培养学生听懂基本语言单位(语音、数字、单词、短语、惯用法、单句等)的基础上, 逐步过渡到情景会话、短文等语篇层次上的听力理解能力训练, 以逐步培养学生对所听材料内容的理解、分析、归纳和综合推理的能力。

本册书由河北师范大学孙建民教授和李正栓教授任主编,具体负责组织、策划与编写和统稿工作。参加编写的还有王密卿、顾维忱、刘安平、赵英俊、田会敏、耿洪敏等诸位老师。北京大学出版社外语部主任张冰、编辑刘爽等有关同志为本书的编辑和出版给予了很多的指点和支持,在此表示感谢。

由于时间仓促,时间有限,谬误难免,敬请各位同仁和学生不吝匡正。

编 者 2005年2月

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Everyday Life



Directions:	Listen to the passage carefully,	and decide whether the following statements ar	re
	true or false.		

- 1. My grandfather has a beautiful gold pocket watch now.
- 2. He promised to give it to me after his death.
 - 3. One Sunday morning he took my youngest son to the park.
 - 4. They fed pigeons in the park.
 - 5. While feeding the pigeons, my grandfather lost his gold pocket watch.



Sound Discrimination

Exercise A

Directions: Can you read the Tongue Twister below correctly and quickly?

Through three cheese trees three free fleas flew.

While these fleas flew, freezing breeze blew.

Freezy breeze made these three trees freeze.

Freezy trees made these trees' cheese freeze.

That's what made these three free fleas sneeze.

Exercise B

Directions: You will hear one word read from each group. Which is the word you hear? Circle the letter beside the word you hear.

- 1. A. will
- B. wheel
- C. well

- 2. A. away
- B. a day
- C. obey

- 3. A. castle
- B. parcel
- C. cancel

- 4. A. wander
- B. winder
- C. wonder

- 5. A. chicken
- B. kitchen
- C. pigeon

7. to life to the problem and de-





Exercise A

Directions: Listen to the tape and do the calculations. Please write down the results with Arabic numerals.

1		
2.	the constitute, and der ale telephor the follow	thing set or maken a grandly self-
3.		recomplete.
4.	woo dates having both Language	अन्त क्यार क्यार क्यार है।
5.	the benjacity and their	orig or bedinding all all 1997
J	and look any advantage of a thought of	remonia y Louis naci Ti
Exercise B		
Directions: Listen to	the following statements and fill in the b	lanks with Arabic numerals and
symbols	according to what you hear on the tape.	
1. Take No.	, which goes to South Ferry.	
2.	cents. Just drop your money into the box.	
3. Oh, you dialed the	wrong number. My telephone number is	Sound Black India
4. The average huma	n being can distinguish more than	different odors (气味).
5. OK, it comes to \$		



Common Knowledge

Exercise

Directions: Listen to the following English idioms three times. Then translate them into Chinese.

- 1. beyond one's grasp
- 2. to convert defeat into victory
- 3. What's done cannot be undone.
- 4. to harp on the same string
- 5. to suffer for one's wisdom
- 6. to give the last measure of devotion
- 7. to kick against the pricks
- 8. in everyone's mouth
- 9. to look one way and row another
- 10. Man proposes and God disposes.

Statements .

		Word Bank	
inspire	ν.	fill sb with thoughts, feelings, or aims	鼓舞,激励
Real Right			物权
cripple	ν.	(fig) damage or weaken seriously	严重损坏或削弱
cargo	n.	(load of) goods carried in a ship or aircraft	货物
bankrupt	a.	unable to pay one's debts	无力还债的
sever	ν.	break off, end	中止,结束
2017年中央	70	dis yar expect that all the event from the first	
Exercise A		Uniqued	
		the following 5 statements, and fill in the bla	
		to translate the idioms or set phrases into Chin	
1. I can never	forget r	ny father's inspiring words: "	!"
() A.palogudi
2. From the ea	ager eye	s of the job applicant I understand the words "	as well thing in Y-committee 1".
3. When we w	vere talk	ring of Tom he came up, really we "	resonantiona"
(LA. The remain's (circu
4. Though so	rich and	l powerful, he should always	with his poor friends
in the coun	tryside.	(12.52)
5. The new C	hina Re	al Right Law is to	soon.
(A the tray blue of (* and re-
Exercise l	В		
Directions: L	isten to	the following 5 statements, and fill in the bla	nks with the words you hear.
T	hen mat	tch the idiomatic expressions in the sentences	with the best meanings listed
b	elow and	d guess what the expressions probably mean.	
1. The plane	was fat	ally crippled when the rear cargo door was	Discognision II
2. The report	that his	s company is to go bankrupted	Smith
		reserved mesors the manifest the information for	
3. She never		the shock of her fath	
	a diffic	ult situation, so let's settle back to	together.
4. We are in	a anno		

A. let him come to a dead end

B. got over

C. cut off relation with him

D. torn away

E. move forward together



Situational Dialogues

Word Bank 有……的希望,使……很有可能 promise to make you expect that sth will happen underground ad. under the surface of the ground 在地面下,在地下 subway 地铁

Exercise A

Directions: You will hear a dialogue between two people. After each dialogue, you will hear some questions about the dialogue. After hearing a question, read the three possible answers and choose the best one.

1. A. The woman's sister.

B. The man's sister.

C. Tom's sister.

2. A. One year.

B. Three years. C. Two years.

3. A. 32.

B. 31.

C. 33.

- 4. A. He's tall, but handsome really.
 - B. He has blue eyes and red hair.
 - C. He is handsome really, with blue eyes and brown hair.
- 5. A. He is a businessman.
- B. He is a university teacher.
- C. He is a doctor.

Exercise B

Directions: You will hear a dialogue between two people. While listening to the dialogue, read the following questions and answer them with the information from the dialogue.

- 1. How much should the man spend if he takes the underground?
- 2. How long should the man spend if he takes the underground?
- 3. How often does the buses run?
- 4. Which one is the cheapest?



Passage

		Word Bank	
steroid	n.	(chemistry) any of a number of organic compounds naturally produced in the	类固醇
		body, including certain hormones and vitamins	
synthetic	a.	produced by combining different artificial substances, rather than being naturally produced	合成的,人造的
hormones	n.	chemical substance produced by your	激素,荷尔蒙
		body that influences your body's	
oferent		growth, development and condition	抑制,阻碍的生
stunt	v.	to stop something or someone from growing	抑制,阻耐时至 长发育
premature	a.	to their full size or develop properly happening before the proper or expected	下及月 早的;未到期的
premature	и.	time	一切; 不到别的
skeleton	n	(a) framework of bones supporting an	(动物或人的)骨骼
		animal or a human body	骨架
estimate	n.	judgement or calculation of the approximate size, cost, value, etc of sth	估计,估价
poll	n.	the assessment of public opinion by	民意测验
July 3		questioning a representative sample of	
		people, esp in order to forecast voting at an election	
abuse	v.	to make bad or wrong use of (sth)	滥用,妄用(某物)
excel	ν.	to be exceptionally good at sth	擅长
coach	n.	someone who trains a person or team	教练
		in a sport	
incredible	a.	impossible to believe	不可相信的
inevitable	a.	that cannot be avoided; that is sure to	必然发生的,难免
		happen and self-sub-system pythologistics!	的,不可避免的
seep	ν.	to flow slowly through small holes or spaces	渗漏

Exercise

Directions: You will hear a passage. After the passage, you will hear some questions about the passage. After hearing a question, read the four possible answers and choose the best one.

- 1. A. long time
- B. good time
- C. top rank
- D. modern

- 2. A. Because they make teenagers grow too tall.
 - B. Because they make teenagers get too big.
 - C. Because they prevent teenagers from getting taller and taller.
 - D. Because they give teenagers too much pressure.
- 3. A. be more handsome and very good at sports
- B. be an ideal male

C. get bigger

- D. have fun
- 4. A. School athletes have too much pressure.
 - B. Steroids can help people have lots of muscles.
 - C. The pressure chiefly comes from parents, teachers and coaches.
 - D. Girls are not interested in steroids.
- 5. A. Drugs and Sports.
 - B. The Pressure to School Boys Are Too Much.
 - C. School Boys are Interested in Drugs.
 - D. School Athletes Risk Damage from Drugs.



Dictation

	22	Word Bank	
construct	ν.	build (sth); put or fit together; form	建筑,建造;构筑;形
			成
construction	n.	action or manner of constructing;	建筑,建造的活动或
		being constructed	方式;施工;建设
explore	v.	to examine (sth) thoroughly in order	探索;探究
		to test or find out about it	
conventional	a.	always following the opinions and	依照惯例的;约定俗
		behaviour that most people in a	成的;因循守旧的
		society consider to be normal, right,	
		and socially acceptable but sometimes	
		slightly boring	
initiative	n.	action taken to resolve a difficulty	主动的行动;倡议
buoy	n.	floating object anchored to the bottom	浮标
		of the sea, a river, etc to mark	
		places that are dangerous for boats	
		or to show where boats may go, etc	
drift	ν.	to move slowly on the water or in the air	漂流,漂移;飘移

Exercise A

Directions: Listen to the outline of the passage and then fill in the missing information.

Outline

Title: The Chinese Youth of Today	
The first part: Introductory1	of the Chinese youth of today.
a. They are the of th	e country.
b. They will play an important role in the mo	dern of the country.
The second part: Discussion on their	4 ;
a. They are full of ideas.	
b. They have 5 minds;	they are6
c. They are politically or socially	7
The third part: Concluding remarks: Better co	ommunication and education will 8 .
Exercise B	
Directions: Listen to the passage, and then fill	in the missing information.
One Sunday, Mark decided to	in his boat with his friend Tom, but
Tom happened to be away. Tom's brother	though he didn't know anything
about sailing. Mark agreed and they set out to se	ea.
Soon they found they were in a thick fog	. Mark was sure that they would hit a big ship.
Fortunately he saw a large buoy through the fog	and decided to tie the boat to it for safety. As he
was getting onto the buoy, however, he	. The boat moved away in the fog
carrying John, who did not know how to use the	radio. He and was not seen
until twelve hours later.	
Mark spent the night on the buoy. In the	early morning he fell asleep. He was having a bad
dream when a shout woke him up. A ship, the	Good Hope, came up and he climbed onto it and
thanked the captain. The captain told him that .	John by another ship and
the ship's captain sent out a message. "Without	out the message I would not have found you on the
buoy," he said.	

Directions: Listen to the passage carefully, and complete the following STUDENT PROFILE.

the country	ST	UDENT PR	OFILE	THE PERSON	an wall file year.
				do molsenso	all thin but the
	Name: Daniel			mhote	
	Age:	- Day godin		photo	
	Hair:			Science of W	there are polyridd
10 in 100 in	Eyes:	Daghterano		corgular)	ige ming high
	Nationality:				
	Martial Status:				Titlester
	Likes:	drain-sit a	Unit was in Sing		
med bused and I	Father:				
	Mother:				
	Brother:		and 2000 July 9		railing Markins
terminal is first before	Sister:				
Sound D	Discrimination	n			ng John wer did welve bown later druk speri sho w
Sound D		n em carefully,		l in the bla	
Sound Dections: Listen to hear.	the following poo	n em carefully,	, and then fil	l in the bla	nks with the word
Sound Decetions: Listen to hear. Mary Mac's me		n em carefully, Iary Mac	, and then fil	l in the bla	nks with the word
Sound Decetions: Listen to hear. Mary Mac's me My mother's m	the following poo	em carefully, lary Mac2	and then file 1 Mac.	l in the blan	nks with the word
Sound Dections: Listen to hear. Mary Mac's me My mother's m	the following poot other's making Making me marry	em carefully, Iary Mac 2 when M	and then file 1 Mac. Iary's taking	l in the blan	nks with the word
Sound Dections: Listen to hear. Mary Mac's me My mother's m	o the following poor other's making M taking me marry _ e so3	em carefully, Iary Mac 2 when Marry Mary	and then file 1 Mac. Iary's taking	l in the blanme.	nks with the word
Sound Detections: Listen to hear. Mary Mac's me My mother's me Will I always be	o the following poor other's making M taking me marry _ e so3	em carefully, Iary Mac 2 when Marry Mary	and then file 1 Mac. Mary's taking	l in the blanme.	nks with the word
Sound Detections: Listen to hear. Mary Mac's me My mother's me Will I always be	o the following poor other's making M taking me marry _ e so3 e so merry when I	em carefully, Iary Mac 2 when Marry Mary	and then file 1 Mac. Mary's taking	l in the blanme.	nks with the word
Sound Detections: Listen to hear. Mary Mac's me My mother's me Will I always be Will I always be	o the following poor other's making M taking me marry _ e so3 e so merry when I	em carefully, Iary Mac 2 when Marry Mary	and then file 1 Mac. Mary's taking	l in the blanme.	nks with the word
Sound Dections: Listen to hear. Mary Mac's me My mother's me Will I always be Will I always be Number	o the following poor other's making M taking me marry _ e so3 e so merry when I	em carefully, Iary Mac 2 when Marry Mary	and then file 1 Mac. Mary's taking	l in the blanme.	nks with the word
Sound Decetions: Listen to hear. Mary Mac's me My mother's me Will I always be Will I always be Will I always be with the me will be with the me will be will be with the me will be will be with the me will be will	o the following poor other's making M taking me marry _ e so3 e so merry when I	em carefully, Iary Mac 2 when M marry Mary —— from a	and then file Mac. Mary's taking 4 song by Carl	me. care of me? ? bon Leaf	nks with the word
Sound Decetions: Listen to hear. Mary Mac's me My mother's me Will I always be Will I always be Will I always be weeting. Listen to	o the following poor other's making M taking me marry _ e so3 e so merry when I	em carefully, Iary Mac 2 when M marry Mary —— from a	and then file Mac. Mary's taking 4 song by Carl	me. care of me? ? bon Leaf	nks with the word
Sound Decetions: Listen to hear. Mary Mac's me My mother's me Will I always be Will I always be Will I always be with the me will be with the me will be will be with the me will be will be with the me will be will	o the following poor other's making M taking me marry _ e so3 e so merry when I	em carefully, Iary Mac 2 when M marry Mary —— from a	and then file Mac. Mary's taking 4 song by Carl	me. care of me? ? bon Leaf	nks with the word

4.			
5		so and metition of	



Common Knowledge

Exercise

Directions: Listen carefully and write down the following names of delicacy (美食) in English. Then translate them into Chinese.

1.	2.	3.
4.	5.	6. and and an are interested in
7.	8.	bed and date 9. The animous con
10.		



Statements

- 1-1		Word Bank	
salt away		to save (money, etc) secretly and usu	私下并且不正当地积蓄
		dishonestly	(钱财等)
babble	ν.	to chat in a thoughtless and confused way	唠唠叨叨,喋喋不休;信
			口胡说,胡言乱语
surgery	n.	treatment of injuries or diseases by cutting	外科手术
		or removing parts of the body	
out of sorts		in a bad temper; annoyed	脾气坏的;恼怒的
botch up		(infinl) to do something badly because	(非正式) (因不经心或
		you have been careless or because you	缺乏技术而)把做
		do not have the skill to do it properly	得抽劣
drop in		to visit someone	拜访
downsize	ν.	to reduce the number of people employed	裁员,紧缩编制
		in order to reduce costs	
comedy	n.	light or amusing play or film, usu with	喜剧;喜剧片
		a happy ending	

Exercise A

Directions: First complete each sentence with the help of the Chinese clue in the brackets. Then listen and compare your answers with the recording.

١.	1(在任何情况下都不) should	d you ill-treat your own
	parents or other elders.	
2.	2. If you want to salt away money, you'll have to	(节衣缩食).
2	Some people in the leading position spend most of their time	(信口开河)

babbling "noble" goals but without doing anything practical and useful.

- 4. After the surgery, the patient became very sick and her life ______ (未见分晓) for nearly a week.

Exercise B

Directions: You will hear some statements and short conversations. After each statement or conversation, you will hear a question. After hearing a question, read the three possible answers and choose the best one.

- 1. A. The man didn't get up this morning.
 - B. The man found something wrong with his bed.
 - C. The man didn't feel happy this morning.
- 2. A. Sometimes.
- B. Again and again.
- C. Scarcely.

- 3. A. She is having joke with the man.
 - B. She wants to see a comedy with the man.
 - C. She is trying to console the man.
- 4. A. Many people appreciate his ability at work.
 - B. Many people don't like him.
 - C. Many people like Jim for his capacity.
- 5. A. He didn't like the new boss's behavior.
 - B. He thought the boss looked down upon him.
 - C. The boss ignored him.



Situational Dialogues

		Word Bank	erns I III III
chef	n.	professional cook, esp the chief	厨师;(尤指饭店的)厨师
		cook in a restaurant	长
kid	ν.	(infml) to play joke on somebody	开玩笑
reservation	n.	reserved seat or accommodation,	保留的座位、住处等;预定
		etc; record of this	
confirm	ν.	to provide evidence for the truth	证实,证明(报告、意见
		or correctness of (a report, an	的)正确性;确认
	alt as made	opinion, etc); establish the truth of	
clear up		to remove doubt about sth; to solve	削除对某事的疑虑;解决
		sth	某事
vital	a.	essential to the existence, success,	极其重要的,必不可少的
		or operation of sth	

Exercise A

Directions: You will hear a dialogue between two people. While listening to the dialogue, read the following questions and answer them with the information from the dialogue.

- 1. What is the probable relationship between the two speakers?
- 2. What do you know about Kathy's present job from the dialogue?
- 3. When did Kathy change her mind?
- 4. Did Kathy go to cooking school?
- 5. What did Kathy do after she came back from California?

Exercise B

Directions: You will hear a dialogue between two people. After each dialogue, you will hear some questions about the dialogue. After hearing a question, read the four possible answers and choose the best one.

- 1. A. To make a reservation.
 - C. To cancel a reservation.
- 2. A. Problems with aircraft.
 - C. Too many passengers.
- 3. A. By calling her back.
 - C. By rewriting her ticket.

- B. To check a reservation.
- D. To change a reservation.
- B. Problems with computers.
- D. Too few pilots and passengers.
- B. By making her reservation.
- D. By meeting her at the airport.



Passage The Total

		Word Bank	I S T S T S T S T S T S T S T S T S T S	(annum)
n.	music o	of American Negro origin,	爵士乐	
	characte	erized by the use of improvi	sation	
	and stro	ong, often syncopated, rhyth	ms	
n.	an impo	ortant or official statement	(重要的或正	E式的)
			通告,宣告,	声明
ν.	to lesser	n or remove (pain, distress,	解除或减轻	(痛苦、
	anxiety,	etc) ides a madioni or sa	困苦或忧虑)
	n.	n. an impo	 n. music of American Negro origin, characterized by the use of improving and strong, often syncopated, rhythman important or official statement v. to lessen or remove (pain, distress, 	characterized by the use of improvisation and strong, often syncopated, rhythms