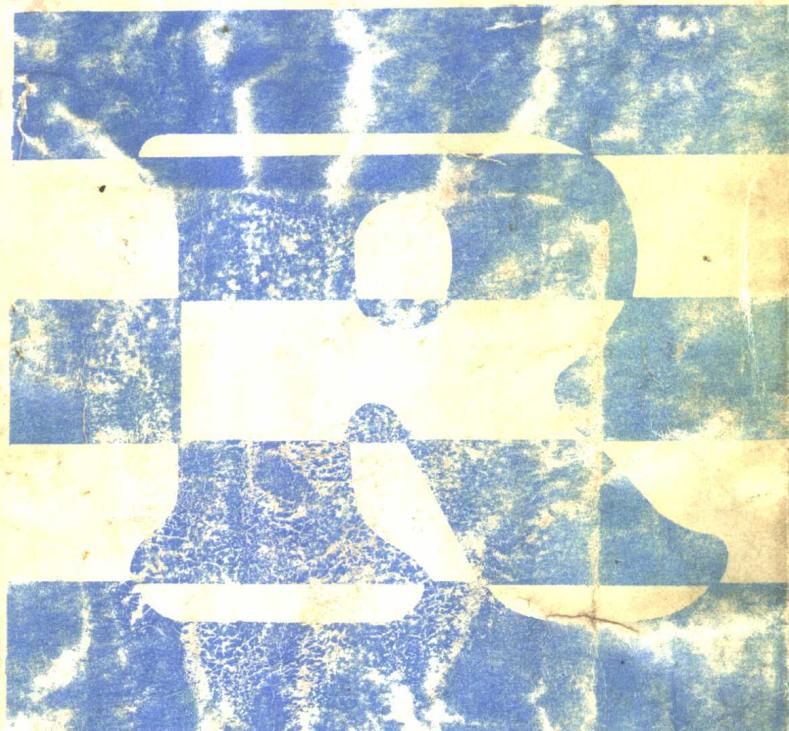


实用托福阅读教程

范 家 材 主 编



PRACTICAL COURSE FOR TOEFL READING COMPREHENSION

上海交通大学出版社

托福文萃

实用托福阅读教程

范 家 材 主编

• 本书为上海前进业余进修学院

托福阅读指定教材

上海交通大学出版社出版

简介

本书编者长期以来一直在上海前进业余进修学院的 TOEFL 班中执教阅读课，并主讲每周一次由该校所有 TOEFL、GRE 班学员参加的词汇讲座，每次都人满为患，盛况空前。本书荟集了大量取材于美国文化、经济、地理、体育等方面托福阅读篇章（共 140 篇），配以阅读理解选择题，将增强实际阅读能力同 TOEFL 实战练习相结合。并对其中 10 篇作了详细评解，引入背景知识、词汇诠释、解题指南等授课精髓，使读者犹如身临课堂，得益非浅。

托福实用阅读教程

A Practical Course for TOEFL Reading Comprehension

上海交通大学出版社出版

ISBN7-313-00541-5/H3

排版：上海交大昂立电脑排版快印中心计算机激光排版

印刷：上海长城绘图印刷厂

开本：850×1168mm 1/32

印张：11.5 字数：300000

版次：1989年4月第一版

印次：1989年8月第二次

定价：平装本 ￥4.70 元

你太破門進來時子碑

托福高公女御

之母老夫

父同音

(我此詩老夫未教授)

前　　言

托福阅读的难点何在?很多应考者认为是技巧问题。编者在六年的托福阅读教学中,摸索而得的经验是:

一、要加大训练量,在反复实践中,培养出语言感,和一种临场的熟练反应。

二、不能满足於通过考试的短期目标,而要扎实地打点语言基础。靠一时凑巧,猜对几条,而对整个篇章的中心思想和语言要点不甚了了者,将来很难达到学成创业的长期目标。

三、一定要力求扩大背景知识,拓宽文化视野。舍此不能真正掌握英语工具。也不能希冀在当代信息社会中进行有效的竞争。以上就是本书编著的方针。

本书的读者对象是:

1.有志在“托福”考试中阅读部份取得优良成绩者;

2.有志在国内、国外、各级各类(如 EPT、GMAT 等)

标准化英语考试中取得优良成绩者;

3.有志通过自学、提高英语阅读能力,扩大当代信息摄取量,从而实现自身价值者。

本书从八十年代托福阅读材料中精选 140 篇,选材遍及美国历史、政治、文化、体育、地理、和自然科学中的许多领域。所以取名为《托福文萃》似乎更为贴切。

本书由交通大学 ONLY Printing Press 郝青责任编辑,精心设计,妥善筹划,在出版事宜中起了决定性作用,特此鸣谢。本书编撰过程中得到林璇珠副教授的鼎力相助,特申谢忱。囿於时间与精力,未能逐篇注释;附录十篇教学笔记,作为自学的参考。谨请各界指正。

编著者

CONTENT (目录)

UNIT 1

1.	The Universe(宇宙) · · · · ·	2
2.	The Ice Age(冰期) · · · · ·	4
3.	The Stone Age(石器时代) · 范文详解 I · · · · ·	7
	Word Bank for Glaciers · · · · ·	9
4.	The Grand Canyon(1)(大峡谷) · 范文详解 II · · · · ·	10
	[附录] 地质年代代表(Geologic Time Chart) · · · · ·	15
5.	The Grand Canyon(2)(大峡谷) · · · · ·	17
6.	Evolution(1)(进化) · · · · ·	20
7.	Evolution(2)(进化) · · · · ·	21
8.	The Primates(灵长目动物) · · · · ·	24
9.	The Brain(脑) · · · · ·	26
10.	New World Monkeys(新世界猴) · · · · ·	28
11.	Zinjanthropus(从猿到人) · · · · ·	30
	Word Bank for Evolution · · · · ·	33
12.	The RRR Dilemma(RRR 难题) · · · · ·	33
13.	Social Evolution(社会进化) · · · · ·	35
14.	The Rosetta Stone(罗塞塔石碑) · · · · ·	37
15.	Aristotle(亚里斯多德) · · · · ·	39
16.	The Hellenistic Age (希腊时代) · · · · ·	41
17.	The Level of Culture(文化的水平) · · · · ·	44
18.	Women in Greek Drama(希腊戏剧中的妇女) · · · · ·	45
19.	The Ancient Roman Civilization (古罗马文明) · · · · ·	46

UNIT 2

20.	American Indians(1)(美洲印地安人) · · · · ·	49
21.	American Indians(2)(美洲印地安人) · · · · ·	51
22.	American Indians(3)(美洲印地安人) · · · · ·	54

23.	The Puritan Settlers(清教徒移民) · · · · ·	56
24.	The Colonial Corn Bread (殖民地时代的玉米饼) · · · · ·	58
25.	Difficulties in Colonial Times (殖民地时代的困难) · · · · ·	60
26.	Colonial Architecture(殖民地时代的建筑) · · ·	63
27.	The Pioneer Women(开拓边疆时期的妇女) · · ·	65
28.	Women During the Revolutionary War (革命战争时期的妇女) · · · · ·	68
29.	The American Revolution(美国革命) · · · · ·	70
30.	The Ordinance of 1784(1784年法令) · · · · ·	72
31.	The Census of 1800(1800年的人口普查) · · · ·	74
32.	The Louisiana Purchase(路易斯安那领地购置) ·	76
33.	The Battle of Gettysburg (盖帝斯堡战役) · 范文详解III · · · · ·	79
	[附录]美国著名将领一瞥 · · · · ·	83

UNIT 3

34.	Thomas Jefferson(T.杰弗逊) · · · · ·	87
35.	Woodrow Wilson(1)(W·威尔逊) · 范文详解IV · · · · ·	89
	[附录]美国著名总统简介 · · · · ·	93
36.	Woodrow Wilson(2)(W·威尔逊) · · · · ·	96
37.	World War II(第二次世界大战) · · · · ·	98
38.	President F. D. Roosevelt(F. D. 罗斯福总统) ·	101
39.	U.S. Presidents(1)(美国总统) · · · · ·	103
40.	U.S. Presidents(2)(美国总统) · · · · ·	105
41.	Andrew Carnegie(A. 卡纳基) · 范文详解V · ·	108
	[附录]垄断家族一瞥 · · · · ·	113
42.	Reinhold Niebuhr(R. 奈勃) · · · · ·	114

43.	Martin Luthor King Jr.(金牧师) · 范文详解 VI	116
	[附录]金牧师之后的诺贝尔和平奖获得者	121
44.	Albert Schweitzer(A. 施惠泽)	123

UNIT 4

45.	Washington D.C.(华盛顿特区)	126
46.	New York City(I)(纽约) · 范文详解 VII	128
47.	New York City(II)(纽约)	134
48.	New York City(III)(纽约)	136
49.	New York City(IV)(纽约)	138
50.	New York City(V)(纽约)	139
51.	New York City(VI)(纽约)	140
52.	New York City(VII)(纽约)	142
53.	Baltimore, MD(巴尔的摩)	144
54.	Lowell, MS(洛威尔)	146
55.	New Orleans(新奥尔良)	148
56.	Civil Law & Common Law(成文法和习惯法)	150
57.	The Federal System (联邦制度)	152
58.	The U.S. Court System(美国司法制度)	153
59.	The Inadequacies of the Judicial System in U.S. (美国司法体系不足之处)	156
60.	Juvenile Delinquency(少年犯罪)	159
61.	Economic Systems(经济制度)	161
62.	Goods Producing Sectors and Service Sector (物质生产部门与服务性部门)	163
63.	Business Management (企业管理)	165
64.	The Price System(价格体系)	167
65.	U.S. Economy in the 50's(50年代美国经济)	169
66.	Unemployment(待业)	171

Unit 5

67.	The Quest of the Mind(精神上的探索)	175
68.	A Full Man(充实的人)	176
69.	Education(1)(教育)	178
70.	Education(2)(教育)	180
71.	Education(3)(教育)	181
72.	Education(4)(教育)	182
73.	Psychology(I)(心理学)	184
74.	Psychology(II)(心理学)	186
75.	Psychology(III)(心理学)	187
76.	Open and Aboveboard(光明正大)	189
77.	Temptation(诱惑)	190
78.	Solitude(独处)	191
79.	Etiquette(礼仪)	194
80.	The Younger Generation(年青一代)	196
81.	Teen-age Problem(少年问题)	198
82.	Cliche(陈词滥调)	201
83.	Defame(诽谤)	202
84.	Body Language(体姿语言)	204
85.	Rhythm(节奏)	206

Unit 6

86.	Existentialism(存在主义)	210
87.	Washington Irving(1)(华盛顿·欧文)	211
88.	Washington Irving(2)(华盛顿·欧文)	214
89.	Edgar Allan Poe(爱伦·坡)·范文详解 VIII . . .	216
	[附录]美国文学家群像	221
90.	Constance F. Woolson(C. F. 伍尔逊)	224
91.	Edith Wharton(E. 华尔顿)	226
92.	Ralph Ellison(R. 爱理森)	228

93.	Gwendolyn Brooks(G. 布鲁克斯)	230
94.	Lew Archer v. Mike Hammer (两个角色的对比)	233
95.	Don Quixote(唐·吉诃德)	235
96.	Short Stories(短篇小说)	237

UNIT 7

97.	Television and Movies(电视和电影)	241
98.	Television(电视)	242
99.	The Slapstick Comedy and the Western (滑稽闹剧和西部片)	245
100.	Water Color(水彩画)	248
101.	Impressionism(印象主义)	250
102.	Cubism(立体主义)	251
103.	Max Weber(立体派和未来派)	254
104.	Sculpture(雕塑)	256
105.	Wood Carving(木刻)	259
106.	Artist-astronomers(天文画家)	260
107.	Margaret Burke-White(M.B.惠特)	262
108.	Opera(歌剧)	264
109.	Jazz(爵士乐)	265
110.	King of Ragtime(切分乐曲之王) · 范文详解IX	267
111.	Musical Instruments(乐器)	275
112.	Nebraska v. Michigan(足球狂热)	277
113.	Tennis(网球) · 范文详解X [附录]奥运会主要项目一览	279 285
114.	The Olympic Games(奥林匹克运动会)	289
115.	Basketball(篮球)	290
116.	The Art Deco(装饰艺术)	291

Unit 8

117.	Human Diseases(人类的疾病)	295
118.	Anaesthesia(麻醉)	297
119.	DNA(脱氧核糖核酸)	299
120.	The Thyroid Glands(甲状腺)	301
121.	Hepatitis(肝炎)	303
122.	Artificial Insemination(人工授精)	304
123.	Population Growth(人口增长)	306
124.	Ecology (生态学)	309
125.	Criticism of Research(科研评估)	310
126.	Meteorology(气象学)	313
127.	Computed Tomography(层面X线照相术)	315
128.	Comsat(通讯卫星)	318
129.	Aluminum(铝)	319
130.	The Spectrum(光谱)	321
131.	Albert Einstein(爱因斯坦) · 范文详解 XI	324
	[附录]荣获诺贝尔物理奖的其他美国科学家	329
132.	Allelomimetic Behaviour(等位基因行为)	331
133.	Coelacanth(空棘鱼)	334
134.	Sea-turtles(海龟)	337
135.	Chameleons(蜥蜴)	339
136.	Coral Reefs(珊瑚礁)	342
137.	Lichens(地衣)	344
138.	Food(食物)	347
139.	Hot Boning(冷冻前出骨法)	349
140.	Family Restaurant(家庭式餐馆)	350
Answer Keys(习题答案)		352

Unit 1

The first step towards philosophy is incredulity.

——Diderot(1713-1784)

迈向哲学的第一步就是怀疑。

- (2) The Universe
- (4) **The Ice Age**(范文详解 I)
- (9) **Word Bank for Glaciers**
- (10) **The Grand Canyon**(范文详解 II)
- (28) **New World Monkeys**
- (33) The RRR Dilemma
- (35) Social Evolution
- (37) The Rosetta Stone
- (41) **The Hellenistic Age**
- (45) Women in Greek Drama
- (46) The Ancient Roman Civilization
- (15) [附录] **地质年代表**

Passage 1

The Universe

All that we really need to plot out the future of our universe are a few good measurements. This does not mean that we can sit down today and outline the future course of the universe with anything like certainty. There are still too many things we do not know about the way the universe is put together. But we do know exactly what information we need to fill in our knowledge, and we have a pretty good idea of how to go about getting it.

Perhaps the best way to think of our present situation is to imagine a train coming into the switchyard. All of the switches are set before the train arrives, so that its path is completely determined. Some switches we can see; others we cannot. There is no ambiguity if we can see the setting of a switch: we can say with confidence that some possible futures will not materialize and others will. At the unseen switches, however, there is no such certainty. We know the train will take one of the tracks leading out, but we have no idea which one. The unseen switches are the true decision points in the future, and what happens when we arrive at them determines the entire subsequent course of events.

When we think about the future of the universe, we can see our 'track' many billions of years into the future, but after that there are decision points to be dealt with

and possible fates to consider. The goal of science is to reduce the ambiguity at the decision points and find the true road that will be followed.

1. According to the passage, it is difficult to be certain about the distant future of the universe because we
 - a) have too many conflicting theories.
 - b) do not have enough funding to continue our research.
 - c) are not sure how the universe is put together.
 - d) have focused our investigations on the moon and planets.
2. What does the author see as the function of the universe's unseen 'switches'?
 - a) They tell us which one of the tracks the universe will use.
 - b) They enable us to alter the course of the universe.
 - c) They give us information about the lunar surface.
 - d) They determine which course the universe will take in the future.
3. In line 24, the word 'track' could best be replaced by which of the following:

a) band	b) rails
c) path	d) sequence
4. For whom is the author probably writing this passage?
 - a) Train engineers.
 - b) General audience.
 - c) Professor of statistics.
 - d) Young children.
5. Which of the following statements best describes the organization of the passage?
 - a) A statement illustrated by an analogy.

- b) A hypothesis supported by documentation.
- c) A comparison of two contrasting theories.
- d) A critical analysis of a common assumption.

ଓଡ଼ିଆ ଲେଖଣି ଫର୍ମେଲ୍ ପାଠୀ ଅନୁଷ୍ଠାନିକ ପାଠୀ

Passage 2

The Ice Age

Twenty thousand years ago, the earth was held in thrall by relentlessly probing fingers of ice that drew power from frigid strongholds in the north and crept southwestward to bury forests, fields, and mountains. Landscapes that were violated by the slowly moving glaciers would carry the scars of this advance far into the future. Temperatures plummeted, and land surfaces in many parts of the world were depressed by the unrelenting weight of the thrusting ice. At the same time, so much was drawn from the oceans to form these gargantuan glaciers that sea levels around the world fell by three hundred and fifty feet, and large areas of the continental shelf became dry land.

This period of the Earth's history has come to be called the Ice Age. In all, about eleven million square miles of land were covered with ice. The Ice Age terminated about fourteen thousand years ago when the ice sheets began to retreat. It took about seven thousand years for the ice to retreat to its present level.

6. Which of the following would be the best title for the passage?
- a) The Frigid Strongholds of the North
 - b) The Effects of the Ice Age
 - c) How Glaciers Move?
 - d) Is Ice Age Coming Around Anew?
7. In the first sentence of the passage, the glaciers are compared to
- a) a storm.
 - b) a kingdom.
 - c) a machine.
 - d) a hand.
8. According to the passage, the glaciers moved from the north
- a) directly south.
 - b) to the southeast.
 - c) to the southwest.
 - d) directly east.
9. According to the passage, before the Ice Age the continental shelf was
- a) submerged in water.
 - b) deeply scarred.
 - c) higher until depressed by the ice.
 - d) an area of forests, fields, and mountains.
10. It can be inferred from the passage that glaciers were primarily made up of
- a) material from the continental shelf.
 - b) violated landscapes.
 - c) rainwater.
 - d) seawater.
11. About how many years ago did the Ice Age end?
- a) Seven thousand.
 - b) Fourteen thousand.
 - c) Twenty thousand.
 - d) Eleven thousand.

注释

(Notes)

1. the Ice Age —— 冰河期, 学名 the Glacial Period。第一次大冰期在原生代的休伦纪, 第二次大冰期在古生代的石炭纪和二迭纪, 本文指第三次大冰期, 在新生代第四纪的更新世。更新世(Pleistocene)是最重要的地质时期。因当时生物的面貌已有 95% 以上与现在的无异, 故译“更新世”。主要特征是大冰期和现代人(Modern man, 学名 Homo Sapiens)的出现。(地质年代详见本篇后附录)。
2. be held in thrall —— be completely dominated or overwhelmed 处于完全的控制之下。
3. relent —— become less hard or severe 变宽容, 变温和。
relentless/unrelenting —— without pity or mercy
冷酷的, 毫不留情的。
e.g. In the morning, the storm *relented* a little.
Death is *relentless*.
4. probing —— exploring 探索的
5. fingers —— projecting parts, 手指状的突出物(冰川运动被比拟为一个手掌五指分开, 无情地向前推进。)
6. frigid —— extremely cold 极寒
7. strongholds —— originally means a fortified place with strong defences, here refers to the frigid zone
原意“要塞”, 此处指“极寒地区”。(冰川运动从北方的极寒地区汲取力量, 指冰川在彼处形成并得到补充。)
8. violate —— destroy, ruin, mar, undermine, jeopardize
破坏
9. glaciers —— very large slow-moving mass of ice
glacial —— of glaciers
冰川的
10. scar —— a mark of damage, a disfiguring trace 伤痕
(被缓慢推进的冰川破坏了的地貌将把它的伤痕