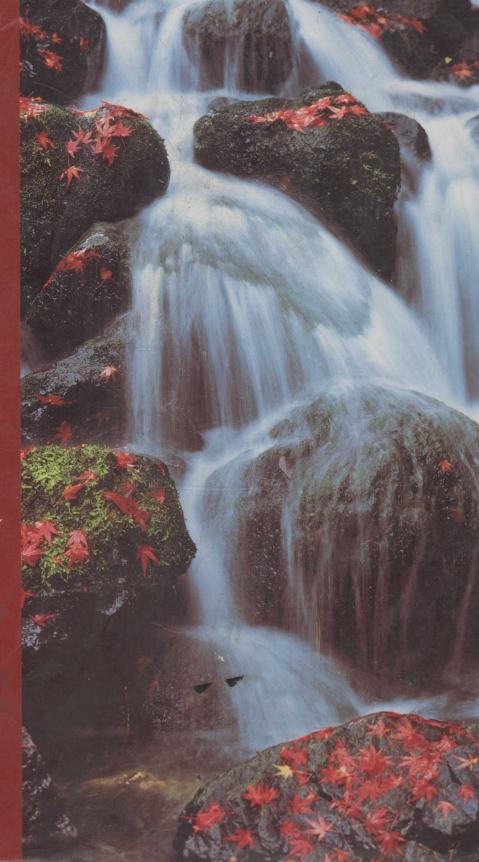
Experiencing the World's Religions

Tradition, Challenge, and Change

MICHAEL MOLLOY



B928

EXPERIENCING THE WORLD'S RELIGIONS

Tradition, Challenge, and Change

MICHAEL MOLLOY

University of Hawai`i

Kapi`olani Community College



MAYFIELD PUBLISHING COMPANY Mountain View, California

London • Toronto





My love to Lucy and Paul who taught us all to dance.

Copyright © 1999 by Michael Vincent Molloy

All rights reserved. No portion of this book may be reproduced in any form or by any means without written permission of the publisher.

Library of Congress Cataloging-in-Publication Data

Molloy, Michael

Experiencing the World's Religions: Tradition, Challenge, and Change / Michael Molloy.

p. cm.

Includes bibliographical references and index.

ISBN 1-55934-494-6

1. Religions. I. Title.

BL80.2.M65 1998

291—dc21

98-6183 CIP

Manufactured in the United States of America

10 9 8 7 6 5 4 3 2

Mayfield Publishing Company

1280 Villa Street

Mountain View, California 94041

Sponsoring editor, Ken King; production editor, Carla White Kirschenbaum; manuscript editor, Andrea McCarrick; text designer, Anna George; design and art manager, Jean Mailander; illustrators, Natalie Hill and Joan Carol; photo research, Brian Pecko; manufacturing manager, Randy Hurst. The text was set in 10/12 Palatino by Carlisle Communications and printed on 50# Somerset Matte by R.R. Donnelley & Sons Company.

Cover image: Copyright © 1998 Umon Fukushima/Panoramic Images, Chicago, All rights reserved.

Publisher's Foreword

The publisher would like to commemorate Alden Paine, who died in November 1997. Alden had a long and illustrious career in college publishing, and *Experiencing the World's Religions* was one of the last projects he initiated. After beginning his career with other publishers, Alden began to build Mayfield's lists in the Humanities and Social Sciences and helped to lay the foundation of the company with his work. He had a particular talent for anticipating areas of study in which new types of books would be needed, such as women's studies, death and dying, and sexuality, and for initiating texts dealing with such subjects before the courses were firmly fixed in college curricula. Alden had more than good publishing instincts, however; he devoted himself to campus work and developed strong personal as well as professional relationships with generations of teachers. We will miss Alden's creativity—and his occasional contentiousness.

We believe this dedication is an appropriate way to honor and remember a man who had a great impact on both the people and the business he loved.

Mayfield Publishing Company

Preface

I am often made aware of how intrigued students are by the study of religion. They fill the many sections of the world religions course offered at my college, and at the end of the course they invariably write in their evaluations that the course should be taken by every college student because it has made them see so many things in new ways.

The approach that I follow in this text began when I first viewed postcards and photos from Asia, Africa, and Europe collected by my artist grandmother. The cards featured some of the most colorful religious sights of the world—temples, masked dancers, paintings. Those pictures were the door through which I entered the larger world encompassed by religion. Later, in college, I saw other sides of religions—their broad intellectual content, their appreciation for rare states of emotion and understanding, their influence on cultures, and their sometimes healing, sometimes frightening power in the lives of individuals. From that point on, studying religions for me also meant exploring music, literature, philosophy, psychology, and art. I saw that religions offer ways not only to experience the world, but also to appreciate it. Since college, my investigation of religions has led me to fascinating places and to extraordinary people. As I look back on my encounters, I feel grateful for the kindness of the many who took me in even though I was a stranger. This book tries to share some of the joy that these people and experiences have brought.

With students in mind, I have been guided by several ideals in writing this book:

1. The ideal of the educated person. What, I ask myself, should we expect "the educated person" to know about religions? What would a person seeking to be an "educated person" actually want to know about religions? What should the study of religions lead to for those who want to continue their education? This book tries to present that essential content, then point to places, texts, and people through which more can be discovered.

 The ideal of clarity. I often think of the ironic axiom, "When you see the spark of ambition, water it." And indeed a student's initial enthusiasm for religions can quickly be smothered by wave upon wave of specialized terms, names of goddesses and gods, significant dates, and

- historical figures. Thus I have tried here to fan rather than water readers' natural inquisitiveness by emphasizing the social issues and human concerns that provide contexts for terms, names, and dates with detailed description. To enhance clarity, chapters include maps and timelines as well as key terms with definitions and pronunciation guides.
- 3. The ideal of a multidisciplinary approach to religion studies. A religion is not just a system of beliefs, but is a combination of ways in which beliefs are expressed in ceremony, food, clothing, art, architecture, pilgrimage, scripture, and social organization—to name only a few. This book tries to make the multifaceted nature of religions explicit. The photographs have been chosen to help achieve this ideal.
- 4. The ideal of experience. Religions are better understood through first-hand experience. This book invites readers both to imagine and to seek the experiences of many religions both at home and abroad. Each chapter begins with a First Encounter that encourages the reader to imaginatively apprehend some aspect of a religion. Later in each chapter a description of a personal experience suggests additional possibilities for experience. Each chapter ends with ideas for experiencing the focal religion at home and abroad.
- 5. The ideal of scholarship blended with respect. Adherents to a particular religion frequently assume that their histories and accounts of their tradition are factual, their texts unique and sacred, and their belief system true. While this inside view may be limited, it often provides adherents with deeply meaningful experiences. In contrast, scholars who study religions seek objectivity through the use of methods that emphasize proof, emotional distance, and even doubt. Their approach—although it may downplay the fact that religions belong to the heart as well as the head—provides valuable tools for making significant distinctions and seeing shared patterns. Because this is a secular textbook about multiple religions, I necessarily follow an academic approach and give precedence to the insights that come from modern scholarly inquiry. At the same time, I try to portray each religion in ways that convey some of the awareness of adherents. My hope is that, through this blending of scholarship and respect, I can accomplish the goal set forth by the book's title—to help readers understand the experience of each religion.

Supplemental materials, available to help students and teachers, include a study guide, an electronic study guide, and an instructor's manual. The study guide gives chapter summaries, learning objectives, and review questions in several formats. The unique CD-ROM Study Guide offers for each chapter: guided tours that highlight important concepts, pronunciation guides for key terms, flash cards, as well as true false, multiple choice, and fill-in-the-blank questions, and mini-lectures that provide an in-depth study of selected concepts. The study guide can be used with either Windows- or Macintosh-based computers. The instructor's manual provides learning objectives, chapter outlines, lecture supplements, notes on using exercises in

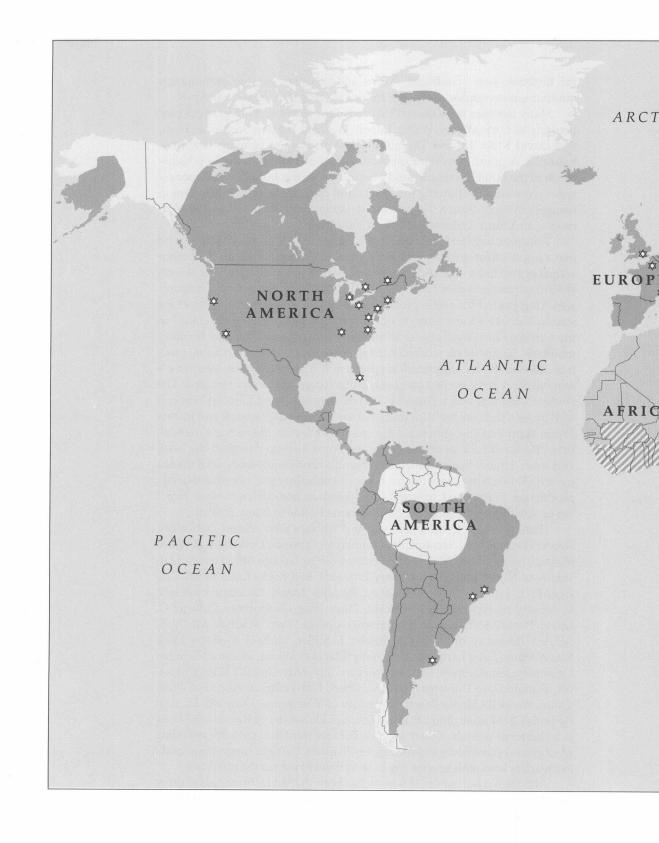
the textbook, lists of relevant videos and websites, sample examination questions, essay topics, and pages for use as transparencies or handouts.

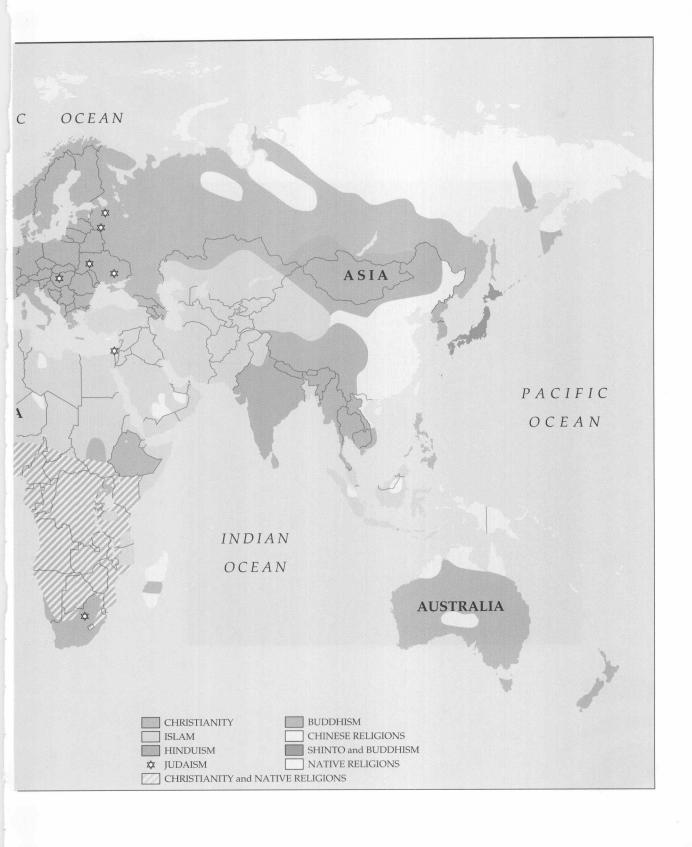
Many teachers have shared their wisdom with me; I am grateful particularly to Lucy Molloy, Walter Daspit, Winfield Nagley, Sobharani Basu, and David Kidd. I thank Thomas Hilgers for the use of many fine photographs. A grant from the East-West Center in Honolulu made possible much of the initial travel and study necessary for this book. Several monasteries were kind in allowing me to stay and participate in their life: Songgwang-sa in South Korea, Engakuzan in Japan, Saint John's Abbey in Minnesota, and Saint Andrew's Abbey in California.

This book began at the request of a legendary editor, Alden Paine, who like a good Taoist united persistence with gentleness. Work on the manuscript became like a square dance, as I was partnered at different stages with skillful editors and assistants working for Mayfield Publishing Company. Ken King guided the entire project insightfully and invited me to meet the staff in Mountain View. Sheryl Fullerton helped me to "cut to the chase" in my writing. Kate Engelberg reviewed the manuscript and selected auxiliary materials. Susan Shook worked hard to make the instructor's manual practical. Joshua Tepfer organized supplemental material for the instructor's manual. And in the earliest stage Jim Bull initiated the contract process. The student's manual was written by Richard Trussell. The CD-ROM was created by Jack Jackson. Jeff Ruff prepared the lecture supplements and Joshua Tepfer compiled and annotated the video lists for the instructor's manual. Brian Pecko did the photo research and Anna George designed the book and cover. I thank them for their collaboration and creativity. Special thanks to Carla White Kirschenbaum for her sense of beauty and her sensitivity as production editor; and to copy-editor Andrea McCarrick, whose face I never saw but whose laughter on the phone I came to know so well.

Thanks also go to these teachers and scholars who offered their ideas: Robert Platzner, CSU Sacramento; Brannon M. Wheeler, University of Washington; Thomas F. MacMillan, Mendocino College; George Alfred James, University of North Texas; Dr. D. Kerry Edwards, Red Rocks Community College; R. F. Lumpp, Regis University; Ramdas Lamb, Assistant Professor, University of Hawaii; R. C. Trussell, Pikes Peak Community College; G. David Panisnick, Honolulu Community College; Prof. Madhav M. Deshpande, University of Michigan; Robert J. Miller, Midway College; Mark MacWilliams, Saint Lawrence University; David D. Waara, Western Michigan University; John G. Spiro, Illinois Wesleyan University; Gerald Michael Schnabel, Bemidji State University; Rita M. Gross, University of Wisconsin-Eau Claire; Wendell Charles Beane, University of Wisconsin—Oshkosh; Dr. Ann Berliner, CSU Fresno; and Dr. Dan Breslauer, University of Kansas. The book is far better as a result of their reviews. Because our (and my) understanding of religions is constantly expanding, I will appreciate new suggestions, and I ask readers who wish to offer any to send them to me via the publisher.

Although it is a truism, this book has been shaped by hundreds of other people who are also owed my thanks. They planted in me seeds that I hope have come to flower in this book.





Contents

Preface xv

KEY TERMS

1 Understanding Religion

FIRST ENCOUNTER WHY IS THERE RELIGION? Speculations on the Sources of Religion Key Characteristics of Religion The Sacred Religious Symbolism PATTERNS AMONG RELIGIONS 10 First Pattern: Focus of Beliefs and Practices 11 12 Second Pattern: Religious Views of the World and Life Third Pattern: Religious Views of Male and Female Box: Is Goddess Worship Still Alive? Multidisciplinary Approaches to the Study of Religion 16 Why Study the Major Religions of the World? 19 Box: Exploring Religion Beyond the Classroom THE PILGRIMAGE RELIGION BEYOND THE CLASSROOM 22 FOR FULLER UNDERSTANDING 22 RELATED READINGS 22

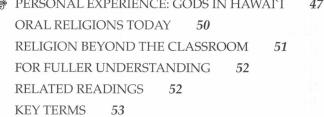
1





2 Oral Religions 25

♣ FIRST ENCOUNTER 25 DISCOVERING ORAL RELIGIONS 27 Past Obstacles to the Appreciation of Oral Religions 28 The Modern Recovery of Oral Religions STUDYING ORAL RELIGIONS: LEARNING FROM **PATTERNS** 31 Human Relationships with the Natural World 31 Box: Spirits Within 32 Sacred Time and Sacred Space 33 Respect for Origins, Gods, and Ancestors SACRED PRACTICES IN ORAL RELIGIONS 37 Life-Cycle Ceremonies 37 Taboo and Sacrifice 39 Shamanism, Trance, and Magic Artifacts and Artistic Expression in Oral Religions 43 Box: Halloween: "Just Good Fun" or Folk Religion? 46 PERSONAL EXPERIENCE: GODS IN HAWAI'I ORAL RELIGIONS TODAY 50





3 Hinduism 55

55 THE ORIGINS OF HINDUISM 57 58 The Earliest Stage of Indian Religion The Aryans and Their Religion 60 The Vedas 61 THE UPANISHADS AND THE AXIS AGE 62 The Origin of the Upanishads Important Concepts of the Upanishads LIVING SPIRITUALLY IN THE EVERYDAY WORLD 68 The Bhagavad Gita 68 The Caste System 70

The Stages of Life 72 73 The Goals of Life The Yogas Box: Hindu Meditation: More Than Emptying the Mind 75 **DEVOTIONAL HINDUISM** 77 The Trimurti: Brahma, Vishnu, and Shiva 79 Worship of the Divine Feminine: Devi The Guru as Object of Devotion Devotion to Animals 85 Box: Hindu Celebrations 86 Other Forms of Religious Devotion ➢ PERSONAL EXPERIENCE: GAZING INTO THE MOTHER'S EYES 87 HINDUISM AND THE ARTS 88 HINDUISM: MODERN CHALLENGES 90 Mohandas Gandhi 92 Hindu Influence Beyond India RELIGION BEYOND THE CLASSROOM 97

98

98

4 Buddhism 101

RELATED READINGS

KEY TERMS

ELDERS

118

FOR FULLER UNDERSTANDING

98

101 THE BEGINNINGS OF BUDDHISM: THE LIFE OF THE **BUDDHA** 102 THE BASIC TEACHINGS OF BUDDHISM 107 The Three Marks of Reality The Four Noble Truths and the Noble Eightfold Path 110 THE INFLUENCE OF INDIAN THOUGHT ON EARLY **BUDDHIST TEACHINGS** 113 Ahimsa: "Do No Harm" 113 The Soul and Karma 114 Nirvana 114 Box: Was the Buddha an Atheist? 115 THE EARLY DEVELOPMENT OF BUDDHISM 115 THERAVADA BUDDHISM: THE WAY OF THE



Theravada Teachings and Literature 120 121 Theravada Art and Architecture 123 MAHAYANA BUDDHISM: THE "BIG VEHICLE" 123 Mahayana Teachings and Practice 125 Mahayana Thought and Worldview Mahayana Literature 130 130 Mahayana in China 133 Mahayana in Korea 133 Mahayana in Japan Some Major Schools of Mahayana 134 ZEN BUDDHISM: ENLIGHTENMENT THROUGH **EXPERIENCE** 138 140 Zen Techniques for Enlightenment 142 Buddhism and the Arts of Japan VAIRAYANA BUDDHISM: THE "DIAMOND 146 VEHICLE" Origins, Practice, and Literature of Tibetan Buddhism 146 Box: Buddhist Festivals 147 149 Ritual and the Arts PERSONAL EXPERIENCE: VISITING THE DALAI LAMA 152 BUDDHISM, THE WEST, AND MODERN **CHALLENGES** 154 RELIGION BEYOND THE CLASSROOM 158 FOR FULLER UNDERSTANDING 159 159 RELATED READINGS **KEY TERMS** 160



5 Jainism and Sikhism 163

♣ FIRST ENCOUNTER 163 SHARED ORIGINS 164 165 **JAINISM BACKGROUND** 165 MAHAVIRA AND THE ORIGINS OF JAINISM 165 167 WORLDVIEW **IAIN ETHICS** 168 Box: Jains and Gentle Suicide 170

THE DEVELOPMENT OF JAINISM AND ITS

BRANCHES 171

Digambaras 171

Shvetambaras 171

Sthanakavasis 172

JAIN PRACTICES 172

JAIN SCRIPTURES 172

JAIN ART AND ARCHITECTURE 174

SIKHISM 174

BACKGROUND 174

NANAK AND THE ORIGINS OF SIKHISM 176

THE WORLDVIEW AND TEACHINGS OF NANAK 177

Box: The "Five K's" of the Sikhs 178

THE DEVELOPMENT OF SIKHISM 178

SIKH SCRIPTURES 180

SIKHISM AND THE MODERN WORLD 181

PERSONAL EXPERIENCE: A VISIT TO THE GOLDEN TEMPLE 182

RELIGION BEYOND THE CLASSROOM 184

FOR FULLER UNDERSTANDING 184

RELATED READINGS 184

KEY TERMS 185

6 Taoism and Confucianism 187

FIRST ENCOUNTER 187

BASIC ELEMENTS OF TRADITIONAL CHINESE

BELIEFS 189

TAOISM 191

THE ORIGINS OF PHILOSOPHICAL TAOISM 192

Laozi (Lao Tzu) 192

The Tao Te Ching 193

Zhuangzi (Chuang Tzu) 195

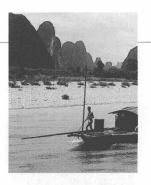
Box: The Seasons of Life 196

THE BASIC TEACHINGS OF PHILOSOPHICAL

TAOISM 197

TAOISM AND THE QUEST FOR LONGEVITY

198



199 **RELIGIOUS TAOISM** TAOISM AND THE ARTS 201 TAOISM AND THE MODERN WORLD 204 205 *Box:* The Chinese Garden—Bridge to the Infinite 206 CONFUCIANISM THE TAO IN CONFUCIANISM 206 206 THE LIFE OF CONFUCIUS Box: Confucianism: Philosophy or Religion? 208 LIVING ACCORDING TO CONFUCIAN VALUES 208 209 The Five Great Relationships The Confucian Virtues Box: The Ideal Human Being 214 215 CONFUCIAN LITERATURE The Five Classics 215 The Four Books 217 THE DEVELOPMENT OF CONFUCIANISM 218 Schools of Philosophy 218 The Development of Confucianism as a Religious System 221 CONFUCIANISM AND THE ARTS 223 Box: Friends from Far Away ➢ PERSONAL EXPERIENCE: AT A CONFUCIAN **TEMPLE** 226 Confucianism and the Modern World 228 231 RELIGION BEYOND THE CLASSROOM FOR FULLER UNDERSTANDING 231 RELATED READINGS 232



7 Shinto 235

KEY TERMS

232

FIRST ENCOUNTER 235

THE ORIGINS OF SHINTO 236

THE HISTORICAL DEVELOPMENT OF SHINTO 239

Accommodation with Buddhism and Confucianism 239

Shinto and Japanese National Identity 241

Box: Kamikaze Pilots and Shinto 243

ESSENTIALS OF SHINTO BELIEF 245

Box: Shinto Ethics: Basic Rules for the Twenty-First

Century 247

SHINTO RELIGIOUS PRACTICE 247

Worship at Shrines 247

Celebration of the New Year 250

Observances of the Seasons and Nature 250

Other Practices 251

PERSONAL EXPERIENCE: A TEMPLE HIGH ABOVE

KYOTO 252

SHINTO AND THE ARTS 254

Architecture 254

Music and Dance 255

SHINTO OFFSHOOTS: THE NEW RELIGIONS 256

SHINTO AND THE MODERN WORLD 259

RELIGION BEYOND THE CLASSROOM 260

FOR FULLER UNDERSTANDING 261

RELATED READINGS 261

KEY TERMS 261

8 Judaism 263

AN OVERVIEW OF JEWISH HISTORY 265

THE HEBREW BIBLE 267

Box: Books of the Hebrew Bible 268

BIBLICAL HISTORY 269

In the Beginning: Stories of Origins 269

The World of the Patriarchs and Matriarchs 272

Moses and the Law 274

Box: The Ten Commandments 278

The Judges and Kings 279

Exile and Captivity 280

Return to Jerusalem and the Second Temple 281

Box: Zoroastrianism 282

CULTURAL CONFLICT DURING THE SECOND-TEMPLE

ERA 283

The Seleucid Period 283



Responses to Outside Influences THE DEVELOPMENT OF RABBINICAL JUDAISM 286 The Canon of Scripture and the Talmud 286 Islam and Medieval Judaism The Kabbalah Christianity and Medieval Judaism 290 QUESTIONING AND REFORM 291 JUDAISM AND THE MODERN WORLD 292 Hitler and the Holocaust 293 Creation of the State of Israel 294

PERSONAL EXPERIENCE: A VISIT TO ANNE FRANK'S HOUSE 295

JEWISH BELIEF 297

RELIGIOUS PRACTICE 298

The Jewish Sabbath 298

Holy Days 299

Jewish Dietary Practices 302

Other Religious Practices 303

DIVISIONS WITHIN CONTEMPORARY JUDAISM 305

Culturally Based Divisions 305

Observance-Based Divisions 307

THE CONTRIBUTIONS OF JUDAISM 310

JEWISH IDENTITY AND THE FUTURE OF JUDAISM 314

RELIGION BEYOND THE CLASSROOM 314

FOR FULLER UNDERSTANDING 315

RELATED READINGS 315

KEY TERMS 316





FIRST ENCOUNTER 319

Box: The Christian System of Chronology: B.C. and A.D. 321

THE LIFE AND TEACHINGS OF JESUS 321

Jesus in the New Testament Gospels 324

The Two Great Commandments 327

EARLY CHRISTIAN BELIEFS AND HISTORY 328

Paul and Pauline Christianity 329

The New Testament: Its Structure and Artistry 332