FOURTH EDITION

AUTOPSY

DIAGNOSIS AND TECHNIC

OTTO SAPHIR

AUTOPSY DIAGNOSIS and TECHNIC

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FOREWORD BY LUDVIG HEKTOEN, M.D.

FOURTH EDITION



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AUTOPSY DIAGNOSIS AND TECHNIC

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FOREWORD

According to tradition the pathologist devotes himself to the recognition, explanation, and investigation of the structural changes produced by disease and injury of all kinds. He assists the clinician in reaching as complete an understanding as possible of the results of disease and injury, their recognition and treatment. In the medicolegal field the trained pathologist is indispensable. To determine the cause of death requires skill, thoroughness, experience, and wide knowledge. This is work that cannot be entrusted to the unaided tyro. So far as we can see now such services—scientific and practical—will be needed always.

In the present organization of medical teaching it is from the pathologist that the medical student as a rule receives his first introduction to the relation of functional disturbances and disease to changes in structure. The diagnostic and therapeutic efforts of the clinician are dependent largely, and in some respects wholly, on the structural changes, that is, the pathologic anatomy, of disease and injury. This is true even if we have passed beyond the concept that all disease is fast-rooted in the anatomic lesion and that treatment is limited to drugs designed to combat the lesion. Practically, much of the needed information with respect to current cases may be acquired vicariously through the auxiliary services of the pathologist.

There is need, then, for close cooperation between the clinician and the pathologist in practice as well as in teaching, and an important purpose of this book is to promote such cooperation by facilitating the understanding of students and clinicians of the methods and the disclosures and teachings of

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the autopsy. The book will serve this purpose well. It tells competently how to make autopsies and how to study their revelations.

LUDVIG HEKTOEN

Chicago

PREFACE TO FOURTH EDITION

While neither the autopsy technic nor the basic anatomic lesions as encountered at autopsy have changed appreciably during recent years, it was still deemed necessary to enlarge certain chapters, add a few new illustrations, and include new information to bring this book up to date. This was done partly because of suggestions received from a number of colleagues and friends and partly because of new developments in the field of medicine.

Over the years, since completion of the first edition, the scope of this volume has been considerably enlarged and new material added. The pathologic findings peculiar to stillborn and newborn infants make up a special chapter, but the various diseases occurring in infancy are referred to throughout the text. Suggestions for evaluation of autopsies performed on embalmed bodies and bodies in various stages of postmortem decomposition have been included. A short chapter, "'Do' or 'Don't' and Certain Suggestions for Quick Orientation," is based on the author's own experience.

Though it is still felt that the ideal dissection method employs removal of organs en masse or in systems, a modified Virchow's method for removal and dissection of individual organs has been presented because of many requests.

The discussion of diseases of the breast has been greatly expanded. This has been done in the interests of the practicing pathologist since the incidence of breast lesions is high, and also for the student as a reminder of the vital need of examining the breast.

In this edition the chapter dealing with unexpected death and legal examinations has been considerably enlarged, and the scope of the discussion on congenital anomalies of the heart has been broadened. A more comprehensive study is also made in the field of bone and joint diseases.

There are also three entirely new chapters. Because of the scarcity of published material and because it seemed a "must" even in a small handbook of this kind, a short history of the autopsy has been included. This was written by Dr. Sidney Farber and used with the permission of Charles C Thomas, Publisher, of Springfield, Illinois, to both of whom I am very grateful. Another new chapter deals with autopsies performed on bodies of patients who had been treated with radioactive isotopes. With the increasing use of this material in the diagnosis and treatment of disease, a discussion of precautionary postmortem methods in such cases is particularly important.

More and more use is made of certain tissues and structures removed at autopsy for "tissue banking" and transplantation purposes. Thus, it seemed important to deal in a third new chapter with removal and storage of the cornea and with blood vessel, bone, cartilage, and skin grafts—all for the undoubted benefit of the living patient.

While there has recently been some criticism of the value of routine autopsies, the teaching value of the autopsy remains uncontested. Besides the possibility of studying early stages of disease and their spread, the autopsy still provides the only means of determining whether the clinical diagnosis was correct. And, as every prosector knows, there still are many lesions found at autopsy that have been either overlooked or misdiagnosed clinically. It is not only that the modern prosector points out the diseased anatomic structure which, of course, must be found and recognized, but he also correlates these with the clinical signs and symptoms and abnormal function referable to the morphologic abnormality. The "death house" as a symbol no longer exists for the pathologist. Beyond the anatomical changes and this death, he sees his goal—help that others may live.

My thanks are due to Drs. Max Appel and Albert Rubenstone for their assistance in the revision of this edition and to Mrs. Nancy Arnold, Mrs. Barbara Lumbert, and Mrs. Rosalyn O'Cherony for the preparation of the manuscript.

O. S.

Chicago

PREFACE TO FIRST EDITION

The primary purpose in writing this manual is to meet the obvious need of the student for an outline of autopsy technic and diagnosis of diseased organs and structures as seen at the autopsy. In other words, what a handbook of "bedside diagnosis" is for the clinician, this manual is intended to be for the performer of an autopsy. The medical student who observes a postmortem examination may be aided in following the steps of the autopsy and in the diagnosis of the pathologic lesions encountered. The intern in the pathology laboratory and the young assistant may be guided during the course of the autopsy. The physician in general practice who may be compelled to perform an autopsy after having been away from this field for a number of years may likewise find this manual of value.

Only one method of autopsy technic is described. This method, modified from Rokitansky's, has been used by the author for fifteen years and has, in his experience, advantages over others. Descriptions of other methods would be confusing to the beginner or to one who performs an occasional autopsy, and would transgress the scope of a practical manual.

It should be emphasized that the intention was not to write a textbook of pathologic anatomy and that this handbook should not be used as such. It may, however, be useful as a supplement to a textbook. It gives merely a diagnostic outline of the various gross lesions most commonly encountered in structures and organs. Histopathologic lesions are not mentioned. Nor was it the author's intention to write a text on medicolegal autopsies. Nevertheless, it would have been an omission not to have taken these into consideration whenever

the occasion arose. Emphasis on medicolegal cases is particularly stressed in instances of sudden (unexpected) death.

The accompanying tables may be used for rapid orientation. The author is well aware of the inadequacy of the tables. They often indicate the appearance in only one of the various stages of pathologic lesions which may be continuously changing. Whenever necessary, associated lesions in other organs are mentioned during the discussion of the organ which is the seat of the primary disease. In pursuance of this discussion, stress is laid upon the necessity of regarding seemingly unrelated, yet intimately associated, lesions whenever possible, as one unit in the explanation of the disease and of the death.

Explanations of primarily functional abnormalities present during life, whose existence cannot be deduced from the examination of the organs, are avoided, and emphasis is placed only upon anatomically demonstrable lesions. The modern student, as a result of his training, resorts too quickly to functional abnormalities as an explanation of disease and death, and therefore overlooks anatomic lesions. The primary purpose of the autopsy is to explain the disease and the death of the patient on anatomic changes which must be demonstrated. Throughout the text, therefore, whenever the occasion arises, particular stress is laid upon what seems to the author a fundamental principle, namely, that every demonstrable morphologic cause of disease and death must be sought, carefully evaluated, and ruled out, before an explanation is given based on functional disorders.

I wish to express my thanks to Dr. Ludvig Hektoen for writing the Foreword; to Dr. Howard T. Karsner for his valuable suggestions and criticism; to Drs. Marion Corrigan, I. Davidsohn, Maurice Lev, and Leo Spector, for their interest and time in going over the manuscript; and to Miss Anna-Maie Scott for the illustrations.

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