

New English



中国学生的英语书——新英语 (New English)

新英语=新目标+新思维+新视野+新感觉+新起点

总主编 ◎ 袁 浩

总审定 ◎ 周伟和

每周

立体快乐阅读

THREE-DIMENSION HAPPY ENGLISH WEEKLY

九年级

编著 / 朱佳静

本书特色

- ◎ “四位一体”全方位立体式阅读
- ◎ 双语阅读，技巧点拨，授人以渔
- ◎ 语言地道，材料鲜活，视野广阔
- ◎ 多角度，重细节，少障碍



兰州大学出版社



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总 序

走向成功的“烛照”

——总主编絮语

以德洛尔为首的国际 21 世纪教育委员会的报告《教育——财富蕴藏其中》有一段话我特别欣赏:教师的工作并非只是传授信息,甚至也不是传授知识,而是以陈述问题的方式介绍这些知识,把它们置于某种条件中,并把各种问题置于其未来情景中,从而使学生在其答案和更广泛的问题之间建立一种联系——如果希望学生日后有能力预见变革,并通过终生继续不断的学习来适应变革的话,那么,在现代社会里越来越需要教育为培养个人的判断力和责任感作出贡献。与教师一起工作并同他对话,有助于学生发展自己的批判意识。看来,学生预见性和适应性、学习能力和判断能力、社会责任感和批判意识的养成是 21 世纪教育的责任。

正是秉承这一理念,我们以一种全新的研究思路,以一种全新的思维方式,以一种全新的审视角度,以一种全新的写作手法,摆脱呆滞刻板的教条,扬弃一成不变的套路,将先进的理念与科学的方法熔为一炉,将毕生的经验与广博的知识掰开揉碎,去粗取精,切磋琢磨,反复锻打,终成此书。可以说,以新理念追求新品质,进而实现新起点,是这套丛书的基本特质,也是“新英语”命名的基本理由。

为实现“新英语”的编撰初衷,每一位作者都恪守这样的原则:践行素质教育,兼顾应试教育;绝不能让学生成为一味追逐信息和答案的“狂蜂浪蝶”,更不能让学生变成只知死背硬记的木讷愚蠢之徒;而要使他们真正感受文化的内涵,领悟知识的真髓,体会方法的魅力,从而发掘其潜质,激发其兴趣,拓展其才能,张扬其个性,举一反三,融会贯通,获取真知。这套丛书恰似从天堂窃得的“圣火烛照”,倘若真能辉映在他们通往成功彼岸的道路上,我们会甚感欣慰的。

为确保“新英语”的品质和风貌,我们组织了一个最佳的“四合一”写作群体:既有学养深厚的大学教授,又有执教经验丰富的特、高级教师,还有统领一方既导又研的教研人员,更有熟稔教材、善于编辑的报刊学人。他们都是名人大家,写作高手,既严于治学,又勤于笔耕。他们才情跌宕,殚精竭虑。他们脱却世俗之囿,不为稻粱之谋,绝不敷衍成篇,率意成文,而是用大爱、使命和责任去流动思想,梳理知识,创新观念,活化新知,可谓“一身书卷气,出手翰墨香”。

至于此书之特色,行家自有公论。姑且以“十五点”概括,似不为过:原创性——反传统,立己言;目标性——助教学,为备考;衔接性——联教材,通考纲;时代性——三贴近(贴近社会、贴近实际、贴近生活),重真实;基础性——重双基(基础知识、基本技能),轻尖难;综合性——多整合,宜扩展;启发性——开心智,善诱导;悬疑性——促反思,多探究;工具性——教方法,明诀窍;趣味性——多变化,语鲜活;科学性——答案准,不误导;操作性——利实战,便实践;前瞻性——重新疑,多创见;深刻性——语简洁,中真的。总之,“不求 Number one, 只求 Only one”,原创性、唯一性、不可复制性是这套丛书最大的特点,也是最大的亮点。显然,她是爱心和智慧的观照,是获得高分和能力的锦囊;她是扬帆奋进的原动力,是体验成功的助推器,可谓“人无我有大不同,人有我好高一筹”。

“人生糊涂读书醒,书魂缠人是幸事”;The more good books you get, the better way you have.(多一本好书,多一条路。)我真诚地希望这套丛书中所蕴含的知识和智慧能给莘莘学子以无穷的力量,成为他们走向成功的“烛照”。

塞万提斯说过,没有一本书好到无懈可击。可以肯定地说,尽管所有作者为写作竭尽全力,但限于时间和水平,书中难免纰漏,恳请读者指正,以便再版时修正。

袁 浩

壬辰年阳春三月

于望海书屋

前言

英语阅读的真谛不在于我们读了多少,而在于我们从中获得了多少感悟和深思。喜欢英语的人、想学好英语的人也许都会思考一个问题:怎样才能从一篇篇看似枯燥的阅读文章中感受到英语阅读的快乐,读有所获呢?在编写此书之前,我细细地思考了一番,我认为好的阅读材料固然重要,但掌握阅读技巧、扩大词汇量、养成良好的阅读习惯更为重要。基于此,《每周立体快乐阅读》一书重在阅读素材、词汇、阅读技巧及阅读习惯的结合。“四位一体”的设计让你的英语阅读能力更上层楼。

全书内容安排以周为单位,贯穿全学年,每周有3篇精选阅读文章,其间定期穿插名师点拨英语阅读。心灵感悟、缤纷世界、佳篇诵读、智慧背囊、人与自然、诗情画意、笑口常开、名人宝典、青春节拍八类素材滚动出现,让你百读不厌。英语阅读应当轻松愉快,也可以轻松愉快。要做到这一点,阅读材料的选择是首要的。也就是说,要选择生动、有趣、富有吸引力而又能启发心智的材料。其次,就是掌握阅读技巧,养成良好的阅读习惯。

《每周立体快乐阅读》一书具有以下几个特色:

一、体现新课标教材的英语学习特点,实现立体式阅读。

《每周立体快乐阅读》结合新课标教材的学习特点,集英语阅读、词汇、句型、语法和阅读技巧于一体。全方位、立体式阅读让你领略英语阅读的魅力。

二、名师联手,美文荟萃。

《每周立体快乐阅读》打破了只提供阅读素材的模式,在提供精选美文的同时,联手名师进行阅读技巧的点拨,让读者朋友在欣赏美文的同时掌握阅读技巧,养成良好的阅读习惯。

三、材料鲜活、语言地道,可读性强。

本书阅读材料篇幅短小,难易适中,让人立即产生阅读的欲望,一旦上手,就放不下来了,不会感到学英语是沉重的负担了。

四、多角度、全方位细节助读助解,减少阅读障碍。

为了使读者朋友轻松阅读,减少阅读障碍,在体例编排上,本书的每篇文章更是环环相扣,包括标题、导语、正文(图片)、词汇空间、妙语佳句、语法点拨、名言警句等环节。

五、多彩的阅读天地,扩大阅读视野。

本书选材广泛、丰富,涉及情感、科技、时事、人物、人生哲理、人文地理、影视娱乐等多方面,为你提供 一个多彩的“英语阅读天地”,“悦读”的同时开阔你的视野,令你“见多识广”。

六、循序渐进,持之以恒,实现“阅读”到“悦读”的飞跃。

There is no shortcut in learning English! 学英语没有捷径! 本书之所以命名为《每周立体快乐阅读》就是在难度、词汇量及时间上充分体现循序渐进,通过持之以恒地坚持阅读,通过阅读的词汇、语

感、技巧的量的积累,实现从“阅读”到“悦读”质的飞跃。

《每周立体快乐阅读》的整体编排思路较其他同类书籍最大的不同之处在于,本书不是单纯地为你提供英语阅读材料,而是从阅读的细节做起,在提供鲜活的阅读材料的同时,重在阅读技巧的点拨、阅读习惯的培养,让你找到由“我要读”到“我想读”的感觉,进而节时省力,达到事半功倍的效果。

想学好英语吗?开始阅读吧。难易适度,每日不断,忙则少些,闲则多些。久而久之,不仅能享受阅读的快乐,还能最终提高英语水平。相信你能感受到从“阅读”到“悦读”的快乐的。

思想的交流能碰撞出智慧的火花。因时间和编者水平有限,编写中难免有一些疏漏之处,恳请读者朋友批评指正。

朱佳静

2012年3月28日于郑州

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Golden Windows

故事中的小男孩看到远处一座有着金色窗户的屋子，非常羡慕，可是后来他才发现，自己居住的小屋的窗户也金光闪闪——

There was a small boy living on a farm. He needed to get up before **sunrise** every morning to start his chores, resting for a short time, later to do the evening ones.

During sunrise he would take a break and climb up on the **fence**. In the **distance** he could see the house with golden windows. He thought how great it would be to live there. He said to himself, "Some day I will go there and see his wonderful place."

Then one morning his father told him he needn't do the chores and his father would do them instead. Knowing that this was his only chance to go out, he took a sandwich and headed across the field towards the house with the golden windows.

As he got close to the house, he saw no golden windows. There is just an old house with broken down fence. He went to the door and knocked. A small girl very close to his age opened the door.

He asked her if she had seen the house with the golden windows. The girl said, "Sure, I know." and invited him to sit on the **porch**. As he sat there, he looked back from where he just came. He saw the sunshine turned the windows on his home to gold.

Words Bank

sunrise *n.* 日出,拂晓 fence *n.* 栅栏,围墙 distance *n.* 距离,远方 porch *n.* 门廊,走廊

Main Structure

with 具有,带有

如:China is an old famous country with a history of 5000 years. 中国是个具有 5000 年历史的文明古国。

Translation

金色的窗户

有个小男孩住在一个农场里,每天早上,他要在太阳升起之前开始干家务活,稍作休息之后又要开始干晚上的活了。

在太阳升起的时候,他休息片刻,就爬到篱笆上。在那儿,他可以欣赏到很远地方的一座有着金色窗户的房子。他想:要是能在那里住,该有多好呀!他对自己说:“总有一天,我要去那个美妙的地方看看。”

一天早上,父亲告诉他说,这天他不必干活了,由父亲代他去干那些活。小男孩知道,这是他唯一出去的机会了,于是他拿起一个三明治,穿越田野,走向那个带有金色窗户的房子。

当他走近那个房子时,压根儿就没有看到那些金色的窗户,看到的只是一座被破旧不堪的篱笆围起来的老屋。他走过去敲了敲门,一个和他年龄相仿的小女孩开了门。

他问她有没有见过一座有着金色窗子的房子,小女孩回答道:“当然见过。”小女孩邀请他一起坐到她家的门廊上看。于是,他坐下来回望着自己的家,在阳光的映衬下,他的家变成了一座有着金色窗户的房子。

Quote Activity is the only road to knowledge. 行动是通往知识的唯一道路。



★佳篇诵读

Life Is What We Make It

人生的目标决定着生活的性质。生活靠我们自己创造。抛弃令人沮丧的悲观情绪,用勤奋和笑脸耕耘明天的幸福。

Are you dissatisfied with today's success? It is the harvest from yesterday's **sowing**. Do you dream of a golden tomorrow? You will **reap** what you are sowing today. We get out of life just what we put into it.

Nature takes on our **moods**: she laughs with those who laugh and **weeps** with those who weep. If we are glad, the very birds sing more sweetly, the woods and streams **murmur** our song. But if we are sad and sorrowful, a sudden **gloom** falls upon nature's face; the sun shines, but not in our hearts; the birds sing, but not to us.

The future will be just what we make it. Our purpose will give it its character. Leave all your discouraging mood behind. Men of hope come to the front.

Words Bank

sow v. 播种, 散布 reap v. 收割, 获得 mood n. 心情, 情绪

weep v. 流泪, 哭泣 murmur v. 低语 gloom n. 忧沉, 幽暗

Main Structure

be satisfied / dissatisfied with sth 对……(不)满意,(不)满足于……

如: He should be dissatisfied with what he is. 他不应满足于现状。

Translation

生活靠我们自己创造

你对今天的成就感到不满意吗?今天的丰收源自昨日的播种。你梦想有一个金色的明天吗?你今天种下了什么,将来就会收获什么。我们从生活中获取我们所投入的。

大自然是受我们的情绪影响的:你笑她也笑,你哭她就哭。如果我们的心情是喜悦的,鸟儿们的歌声会分外甜美,森林和小溪也会吟唱着我们的歌儿。但如果我们本身充满忧伤,大自然就会被一层阴暗的气氛所笼罩。太阳虽然灿烂,但照不到我们的心里;鸟儿们虽然在歌唱,但与我们产生不了共鸣。

未来是我们自己创造的。我们的人生目标决定着它的性质。抛开令人沮丧的悲观情绪吧!心里充满希望,人总能走在最前面的。

Quote He that would eat the fruit must climb the tree. 想吃果子就得爬上树。



★智慧背囊

Think More about What You Have

抓不到的蝴蝶总是最美的,何不低头欣赏手中捧着的鲜花呢?如果你能这样做,你的生活会比以前更美好。

We often **focus** on what we want instead of what we have. It does not seem to make any difference how much we have. We just keep **enlarging** our list of **desires**, and we remain dissatisfied. We say to ourselves, “I’ll be happy when this desire is met”, but it will repeat itself once that desire is met. So, **despite** getting what we want, we still remain unhappy. Happiness cannot be found when we always have new desires.

Luckily, there is a way to be happy. It is to think more about what we have than what we want. Rather than wishing you were able to have a vacation in Hawaii, think of how much fun you have had close to home. The list of possibilities is endless! Each time you notice yourself falling into the “I wish life were different” **trap**, take a breath and remember everything that you have to be grateful for. When you focus on what you have, you end up getting more of what you want anyway. If you are grateful for your job and stop complaining about it, you will do a better job, and probably end up getting a raise. If you focus on ways to enjoy yourself around home rather than waiting to enjoy yourself in Hawaii, you will end up having more fun.

Tell yourself to start thinking more about what you have than what you want. If you do, your life will seem much better than before. For perhaps the first time in your life, you’ll know what it means to feel satisfied.

Words Bank

focus *v.* (使)集中, 聚集 enlarge *v.* 扩大, 放大 desire *n.* 欲望, 要求
despite *prep.* 尽管 trap *n.* 圈套, 陷阱

Main Structure

be grateful for 对……感激, 对……致谢

如: He was grateful for all you did. 他对你所做的一切表示感激。

Translation

多想想你所拥有的

我们经常关注我们想得到的,而不是我们所拥有的。我们拥有多少,似乎并无太大区别。我们欲望的清单不断扩充,因而我们总是得不到满足。我们对自己说:“当实现了这个愿望,我就会快乐。”但是一旦这个欲望得到满足,以后还会出现相同的欲求心理。所以,尽管我们得到了,我们还是不开心。如



果我们一味地渴求新的欲望,将无法找到幸福。

幸运的是,有这样一种方法能使我们获得幸福:转换我们思考的重心,从想要的转移到拥有的。我们可以设想闭门在家的种种乐趣,而不是渴望去夏威夷度假。可以这样去考虑的事情无穷无尽!一旦你意识到自己陷入“我希望生活不是这样”这个思维陷阱时,深吸一口气,回想那些你应该心怀感激的事物。

当你关注的不再是自己想要的,而是所拥有的时候,你最终得到的一定会比想要的更多。如果你对工作充满感激,而不是抱怨,你会做得更好,薪水也可能增加。如果你在家能自得其乐,而不是等着去夏威夷享受,你会找到更多的乐趣。

告诫自己:从现在开始,多想想你所拥有的,而不是你所想要的。如果你这样做,你的生活就会比以前更美好,那种感受或许将是你生命中的第一次,你将会懂得心满意足的含义。

Quote

Have no fear of perfection — you'll never reach it. 不要为十全十美担心——你永远做不到十全十美。

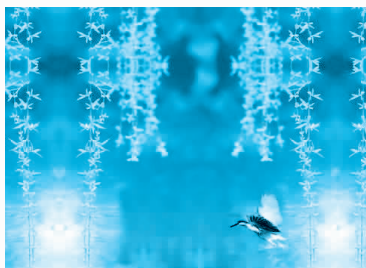
第二周



★心灵感悟

Take Time

人生之路不要走得太急太快,要偶尔停下脚步,看看沿途的风景,才会发觉更多的幸福和愉悦,才会领悟到生命的种种滋味……



Most people are rushing their way through life. They fail to take the time necessary to **nurture** their relationships, feed their mind, relax their body or get in touch with their soul's desire for freedom and peace.

Life moves forward without stopping one day at a time, and there is nothing any of us can do to stop it or slow it down.

We are all getting older every day, but we don't have to grow older every day. Taking time to daydream, visit a friend, and watch your children grow, or just work in your garden is time well-spent. People are always rushing to tomorrow. We are being driven into the future by faster computers, shorter delivery times, and a general need to have it, do it, and see it all now!

Take time today for yourself. Take time to breathe in life, all of it: its color, smells, tastes, and sounds. From the smallest, most **insignificant** event to the things you have taken for granted.

Tomorrow will be here before you know it. Today will be a **distant** memory before you realize it. We create our futures and memories in the present. Go through life today, **conscious** of your surroundings.

Why not take a long weekend walking through nature? There are a lot of lessons that nature can teach us, if we will only carefully watch and listen.

Today is a gift of life. Live it with thankfulness and don't let the sun set today without seeing it,