

Innovation
College English
Reading and Writing

总主编 黄 毅

第1册

创新大学英语 读写教程

主编 唐景春



北京大学出版社
PEKING UNIVERSITY PRESS

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创新大学英语

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主编的话

英语学习为当代大学生走向国际化过程打下了坚实的基础,它的重要性是不言而喻的。笔者从事大学英语教学已逾二十年,深感老师教学和学生学习的不易。而中国学生把英语作为一门外语来学习又极具中国特色,相信无论是从教材和教学方法上来讲都是独特的,也是中国万千从事英语教学工作的老师们努力的结果。我们这套《创新大学英语:读写教程》(第1、2册)正是在这样的背景下应运而生的。之所以冠以此名,是因为我们旨在避免教材的同质化,在传统意义上对大学英语教材有所创新。

首先,我们要感谢四川工商学院的校领导和教务处领导,因为他们给予我们教材编写提供了很多的支持和帮助,让我们能够在一个良好的氛围中愉快地开展工作并顺利完成了这套教材的编写。

本套教材申报了成都师范学院校级规划教材项目。第1、2册主编唐景春为成都师范学院外语系副教授。在此,要感谢成都师范学院和成都师范学院外语系领导,因为我们得到了他们给予的诸多关怀和帮助,无论是从政策上还是在实际的工作中都是如此。特别是成都师范学院外语系领导对我们这套教材给予了大力支持并提出了很多良好的、创造性的建议。

回顾我们编写这套教材的历程,还是感慨万千。从两年前开始策划和启动到今天完成出版,也算是历经周折和磨难。我们的教材编写团队最初打算编写一套适用于大学英语本科第三批次录取的非英语专业的学生使用的大学英语教材,在最初的教材设计中,是向这个方向上靠拢的。但是,在两年前的教材样课编写出来后,笔者和编委们还是深感有很多的不足之处,因此,怎样让教材更加适用于我们的对象学生,怎样让教材更加新颖则是笔者一直在思考的问题。后来,我们一致认为本套教材的编写还是应立足于普通的本科院校,以培养应用型、技术技能型人才为目标,将英语的分层教学和分类指导的教学原则贯彻其中。令人欣慰的是今年四川师范大学成都学院已转设成功,五月正式更名为四川工商学院,并成功跨入本科第二批次招生的行列。我们的整体

构想显然是符合市场需求的。

今年年初,我们的教材编写工作重新启动,在旧的版本上做了全面的创新和修改,让教材更具有时代感,并在练习的设计中充分考虑了以学生为主体的课堂因素。

笔者和我们教材编写团队的老师们两年来反复修改、反复琢磨如何编写出一套好的教材,至此,我们为本套教材的成功出版付出了很多心血。我们在成长中学习,同时我们也得到了来自于四川工商学院、成都师范学院、电子科技大学成都学院的大力支持,最后还要借书的一角对这三所大学表示衷心的感谢。

黄毅 唐景春

2015.7.10

前言

编写宗旨:

大学英语的改革走到如今,机遇和挑战同在,南京大学王守仁教授如是说:“我们应以国家中长期教育改革和发展规划纲要(2010—2020年)为指导,总结经验,再接再厉,主动适应国家经济建设、社会发展和高等教育的新形势,满足人民群众接受高质量教育的需求,努力开创大学英语教学新局面。”“随着我们国家综合实力的增强和国际地位的提升,在国际事务中,我们不仅要积极参与其游戏,更要参与游戏规则制定,争取更多的国际话语权,以捍卫国家主权,保护国家利益,使人类能够更多地从中国理念中受益,这要求参与国际事务的人员不仅要懂得国际事务,而且要掌握外语。掌握一门外语可以是英语,也可以是其他国家的语言,但在目前情况下,对大多数人来说主要是掌握英语。培养国际化人才很重要的内容是提高大学生的英语水平。”^①

《创新大学英语:读写教程》(第1、2册)顺应时代的需要,在大学英语良好的改革氛围中应运而生。但是,毕竟中国人学习英语有自身的特点,不能够完全照搬照抄英、美国教材和教学法,所以在传统意义上的创新是我们教材编写所追求的目标。

本书以教育部颁布的《2015年大学英语最新改革指南》为指挥棒,并体现了大学英语四、六级最新的改革变化,以培养应用型、技术技能型人才为目的,注重对学生综合语言能力和文化素养的培养。

本书特色:

本书选材地道、设计科学、编写认真、审稿严谨,且趣味性高、针对性强、与时俱进,充分体现了分层教学、分类指导的英语教学原则。

书中课后练习的设计充分考虑了以学生为主体的课堂的因素,如语法部分练习的设计就是如此。同时注重学生对语言知识点的操练,注重梳理课文内容,强化知识点的

^① 王守仁:《关于高校大学英语教学的几点思考》,《外语教学理论与实践》2011年第1期。

学习,也兼顾最新的大学英语四、六级考试的要求,在练习中融入了一些相关的内容。

内容安排:

本书的编写遵循二语习得的理论,即“语言不是靠‘学习’获得的,只要语言输入中有足够的正面依据,任何一个正常人都能习得语言。”

第1册以高中词汇为起点,通过一册的学习,预期学生掌握生词总量达3000词左右,短语达300个。第2册以第1册词汇为起点,通过第2册学习,学生可掌握词汇4000个,短语500个。

第1、2册每册8个单元,每个单元两篇课文,围绕一个主题展开。课文内容经过本书专家组和各位编委精心挑选和严格审核,力求做到课文选文的知识性、时代性、趣味性和思想性的结合和统一。就内容分布来说,第1册有关英语学习的内容占25%、大学生生活占12.5%、文学经典占12.5%、妇女问题占12.5%、科技占12.5%、饮食文化占12.5%、中国文化占12.5%。第2册有关美国文化占37.5%,中国文化占25%,中、美体育各占6.25%,中、美旅游各占6.25%,人生意义占12.5%。

学生可以通过本教材的学习获得英语的语言知识、通用的文化和文学知识,包括英、美国家和中国的文化和文学知识,因为我们学习英语正是在与世界交际,与全球互动,从而迈向国际化的道路。这既能够了解别国现状又能够传播中国自己的文化是我们的终极目的。

第1、2册的写作内容在各册的第2、4、6、8四个单元,写作内容的安排简洁明了,旨在帮助学生理清写作思路,了解写作技巧。我们在设计和编写这部分内容时,充分考虑了大学英语四、六级考试的要求,并与之接轨。如第1册第2单元编写的怎样描述图片的内容。我们的目的是希望学生不要把英语写作看成是高不可攀的“山峰”,而是要把英语写作当成富有乐趣和易于行之的学习活动。

总的说来,培养学生良好的英语语言基本功,提高他们的人文素养,拓宽他们的知识面是我们教材力求达到的目标。

黄毅 唐景春 吕凯

2015.7.10

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Unit 1

College Life

Text A

What to Expect from College Life

para. 1 Congratulations! You've been accepted into college. You're excited and maybe a little bit nervous. What can you expect? Read on for our advice.

Prepare yourself for a new life at college

para. 2 When you enter college, you are starting a new phase of life where you have to learn to support yourself. You will have to adjust to your new surroundings, try to do everything by yourself and learn to stand on your own feet. As you negotiate the ups and downs of student life, you will learn how to manage the situations that arise.

Learn to enjoy the hardships

para. 3 We all know college life is wildly different from middle school life. It's the place where teenagers become adults and academia meets society. Ideally, your time at college will help you mature physically and mentally, equip you with knowledge and prepare you for your professional career.

para. 4 It's a challenging process, so it's not realistic to expect everything to always work in your favor. You won't win every prize and you won't be popular with all your classmates all the time. The setbacks and challenges—like failure, betrayal and unjust treatment—are just as important for your growth as the good times. Only through experiencing these things will you learn what society and life are like.

Communicate with others

para. 5 College is just like a small society, so you have to communicate with your peers to make the most of your time. Social communication is easier to learn than technology. Smile at your classmates, show your concern for them and speak with them. Then they

will be happy to help you in return.

para. 6 Talk but don't yell. Things that remain unsaid can be more agonizing than those that are spoken. Even though it's a lot harder to talk about your problems with your roommates, it's usually worth it in the end. After all, the less you say to each other, the bigger the divide gets. Sometimes, one awkward conversation can save you semesters of ongoing hell.

Take on your own responsibilities

para. 7 You are becoming a fully-functioning adult in society. Don't count on others to make decisions or plans for you. You are your own master. As an active student, you should plan your life and manage your study right from the start of your college life. Face up to your troubles bravely and don't run away.

para. 8 College is a very important time of your life and you should make the most of it. You will learn as much from the real world as you will from textbooks, as much from practice as from theory. If you pay attention, you will acquire precious knowledge, good sense, social experience and determination.

New Words

congratulation /kənˌgrætʃʊˈleɪʃn/	n. [U] congratulating or being congratulated 祝贺或受到祝贺
surroundings /səˈraʊndɪŋz/	n. [pl.] everything that is around or near sb/sth 环境
negotiate /nɪˈɡəʊʃieɪt/	v. (~with sb for /about sth) to try to reach an agreement by formal discussion 谈判; 磋商; 协商
situation /ˌsɪtʃʊˈeɪʃn/	n. all the circumstances and things that are happening at a particular time and in a particular place 情况; 状况; 形势
arise /əˈraɪz/	v. (rather formal)(especially of a problem or a difficult situation) to happen; to start to exist (尤指问题或困境)产生; 发生; 出现
hardship /ˈhɑːdʃɪp/	n. [U, C] a situation that is difficult and unpleasant because you do not have enough money, food, clothes, etc. 艰难; 困苦; 拮据
academia /ækəˈdiːmiə/	n. [U] the world of learning, teaching, research, etc. at universities, and the people involved in it 学术界; 学术生涯
mature /məˈtʃʊə(r)/	v. to become fully grown or developed 成熟; 长成

physically /'fɪzɪklɪ/	<i>adv.</i> in a way that is connected with a person's body rather than his/her mind 身体上; 肉体上
mentally /'mentəlɪ/	<i>adv.</i> in a matter relating to the mind 精神上; 智力上; 思想上
professional /prə'feʃənl/	<i>adj.</i> [only before noun] connected with a job that needs special training or skill 职业的
career /kə'riə(r)/	<i>n.</i> occupation undertaken for a significant period of a person's life and progress 生涯; 职业
process /'prəʊses/	<i>n.</i> a series of things that are done in order to achieve a particular result (为达到某一目标的)过程; 进程
realistic /,riə'lɪstɪk/	<i>adj.</i> accepting in a sensible way what it is actually possible to do or achieve in a particular situation 现实的; 实际的
setback /'setbæk/	<i>n.</i> a difficulty or problem that delays or prevents sth, or makes a situation worse 挫折; 阻碍
challenge /'tʃælɪndʒ/	<i>n.</i> a new or difficult task that tests sb's ability and skill 挑战; 艰巨任务
failure /'feɪljə(r)/	<i>n.</i> [U] lack of success in doing or achieving sth 失败
betrayal /bɪ'treɪəl/	<i>n.</i> [U, C] the act of betraying sb/sth or the fact of being betrayed (被)背叛; 出卖
unjust /,ʌn'dʒʌst/	<i>adj.</i> not deserved or fair 不公平的; 非正义的
treatment /'tri:tmənt/	<i>n.</i> [U] a way of behaving towards or dealing with a person or thing 对待; 待遇
experience /ɪk'spiəriəns/	<i>v.</i> If you experience a situation or problem, it happens to you or you are affected by it. 经历
communicate /kə'mju:nikeɪt/	<i>v.</i> (~with sb) to share or exchange information, news, ideas, etc. with sb (与某人)交流; 沟通
agonizing /'ægənaɪzɪŋ/	<i>adj.</i> causing great physical or mental pain, anxiety or difficulty 使人十分痛苦的; 令人焦虑不安的; 带来巨大困难的
awkward /'ɔ:kwəd/	<i>adj.</i> causing or feeling uneasy embarrassment or inconvenience 令人尴尬的; 使人难堪的
responsibility /rɪ,sponsə'bɪləti/	<i>n.</i> [U, C] a duty to deal with or take care of sb/sth 责任; 负责
precious /'preʃəs/	<i>adj.</i> valuable or important and not to be wasted 宝贵的; 珍贵的
determination /dɪ,tɜ:mɪ'neɪʃn/	<i>n.</i> [U] the quality of being determined; firmness of purpose 决心; 果断; 坚定

Phrases & Expressions

adjust to	to change sth slightly to make it more suitable for a new set of conditions or to make it work better 调整;调节
ups and downs	the happy experience and the unhappy experience 沉浮;起伏;高低
equip...with...	to prepare sb for an activity or task, especially by teaching them what they need to know 使有所准备;使有能力
prepare... for...	to make sth or sb ready to be used or to do sth 为……做准备
in one's favor	be beneficial to sb 对某人有利
be popular with	liked or enjoyed by a large number of people 受欢迎
make the most of	to gain as much advantage, enjoyment, etc. 充分利用
concern for	a feeling of worry, esp. one that is shared by many people 担心;忧虑
in return	1) as a way of thanking sb or paying sb for sth he/she has done 作为(对……的)回报 2) as a response or reaction to sth 作为回应
after all	despite what has been said or expected 毕竟;终归
take on	to decide to do sth; to agree to be responsible for sth 决定做;担任
count on	to trust sb to do sth or to be sure that sth will happen 依赖;依靠;指望
face up to	to accept and deal with sth that is difficult or unpleasant 敢于面对;勇于正视
run away	1) to leave sb/a place suddenly 逃离 2) to try to avoid sth because you are shy, lack confidence, etc. 避开;躲避
pay attention	to take notice of sb/sth 注意;留心



Exercises

Understanding the text

There are some statements containing information given in the paragraphs of the text in column A. Identify the paragraph from which the information is derived in column B.

A

In college, students should learn to adapt themselves to the new environment.

When students come into society, they can only depend themselves on everything.

It is a little more difficult to learn technology than to learn communication at college.

Wow, it is so exciting that you have been accepted by college.

Please be not in an illusion that everything will be always in your favor.

B

para. 1

para. 2

para. 3

para. 4

para. 5

You will expect to obtain many things such as, knowledge, determination and so on... para. 6
through college life.

para. 7

para. 8

Classroom activity

Finish the following tasks.

1. Work in pairs and share your college life with your partner.
2. What are the differences between college life and high school life? Please share your views with your partner.
3. Why do you think college life important? Please share your views with your partner.
4. Compare your views on college life with the author's and try to find out the similarities and differences.
5. Retell paragraph 8.

Vocabulary

1. Match the words in column A with relevant meanings in column B.

A	B
negotiate	in affecting the mind or happening in the mind
realistic	to discuss something in order to reach an agreement
betrayal	an act of being disloyal to the country, friends or someone
academia	judging and dealing with situations in a practical way, without being influenced by feelings or false ideas
mental	the area of activity and work connected with education in colleges and universities

2. Fill in the blanks in the following sentences with the exact words in the text without looking back at the text.

- 1) You will have to _____ your new _____, try to do everything by yourself and learn to stand on your own feet.
- 2) It's the place where teenagers become adults and _____ meets society.
- 3) College is just like a small society, so you have to _____ with your peers to make the most of your time.
- 4) You are becoming a _____ adult in society.
- 5) Things that _____ can be more _____ than those that are spoken.
- 6) Take on your own _____.
- 7) If you _____, you will acquire _____, good sense, social experience and _____.

- 8) Ideally, your time at college will help you _____, equip you with knowledge and prepare you for your _____.
- 9) As you _____ the ups and downs of student life, you will learn how to manage the situations that _____.
- 10) The _____ and _____—like failure, betrayal and unjust treatment—are just as important for your growth as the good times.

3. Word building

Learn the prefix “un-” of “unsaid” and “unjust” which means “no, not”. It can be added to a word and give the word an opposite or negative meaning. Try to find out more examples either in the text or outside the text. Write down your answers in the blanks.

Learn the suffix “-th” of “growth” which is added to form a noun from a verb or an adjective. Try to find out more examples either in the text or outside the text. Write down your answers in the blanks.

4. Replace the underlined part of each sentence with the proper phrase in its proper form in the word list.

<i>adjust to</i>	<i>be popular with</i>	<i>count on</i>	<i>in return</i>
<i>make the most of</i>	<i>prepare for</i>	<i>ups and downs</i>	<i>take responsibility for</i>

- 1) Getting used to the tropical heat was more difficult than they had expected.
- 2) She gave us food and clothing and asked for nothing in exchange.
- 3) Martine's group stayed up all night making the car ready for the race.
- 4) Computer games are always liked by children.
- 5) You should stay outside getting the most advantage from the sunshine.
- 6) If I got into the trouble, I could always depend on Robert.
- 7) I am worrying about Mr. Liu because he is responsible for too much work and he looks terrible.
- 8) All people inevitably have the mixture of good and bad experiences in our lives.

Structure

There is a sentence in the text "You will learn as much from the real world as you will from textbooks, as much from practice as from theory." Learn the structure "as much as..." in this sentence and finish the following classroom activity.

Ask two students to make a pair of partners. One plays the role of A and the other plays the role of B. A opens the book and B closes it. A reads sentence "A" slowly to B and B tries to make another sentence with the structure in the brackets without changing the meaning.

1) A. I like dancing very much. I also like singing very much. (as much as...)

B. _____

2) A. I took much responsibility before. I have to take much responsibility too now. (as much as...)

B. _____

3) A. I have learnt a lot from this book. And I have learnt a lot from my working experience too. (as much as...)

B. _____

4) A. Thomas has been devoted much to his family. He is always trying to be devoted to his career the same way too. (as much as...)

B. _____

5) A. Lily has been doing much preparing for this project. Lisa has done the same as Lily does. (as much as...)

B. _____

Cloze

Fill in the blanks in the following paragraph by choosing the best answer from the word list.

A. adjust to

B. challenges

C. equip... with

D. hardships

E. make the most of

F. mature

G. professional

H. responsibility

I. surroundings

J. widely

I am so excited that I have been accepted by my college. Now I have known that college life is 1) _____ different from high school life. In college, I should learn to 2) _____ the new 3) _____ and learn to take on 4) _____ on my own. I should 5) _____ my precious time and should 6) _____ me 6) _____ knowledge so as to prepare myself for my future 7) _____ career. I should also learn to 8) _____ mentally. So college life is full of 9) _____ and 10) _____. But I will try my best to achieve my goals although I know failure cannot be avoided sometimes.

Translation

1. Translate the following sentences into English using the words or phrases in the brackets.

- 1) 我们应使我们的孩子受到良好的教育。(equip...with...)
- 2) 有些人只有很少的钱却能满意地度过一生,那是因为他们懂得最大限度地享受他们所拥有的。(make the most of)
- 3) 也许你需要时间去消化所发生的事情,去适应全新的环境。(work through, adapt to)
- 4) 面对曾经经历的成长岁月,我经历了许多的风风雨雨。(face up to, ups and downs)
- 5) 一个人只有承担起责任,才能超越自己,成为他人的模范。(take responsibility)

2. Translate the following paragraph into Chinese.

It's a challenging process, so it's not realistic to expect everything to always work in your favor. You won't win every prize and you won't be popular with all your classmates all the time. The setbacks and challenges—like failure, betrayal and unjust treatment—are just as important for your growth as the good times. Only through experiencing these things will you learn what society and life are like.

Text B

College Talk

para. 1 It seemed to come on like the flu. Suddenly, out of nowhere, everyone was talking about college. Lunchtime discussions changed from who's dating whom into who's going to what college and who did or who did not get accepted. And just like the flu leaves its victims feeling awful and helpless, such was the case with this new fascinating subject and me.

para. 2 I don't clearly remember the actual conversations. I do, however, remember why I wasn't interested in all this "college talk". We didn't have enough money for me to go to a real college. I would begin my college years at a junior college. This was the final word

and I had accepted it. I didn't even mind terribly. I just wished everyone would stop talking about this university and that Ivy League school.

para. 3 The truth is I was jealous. I had worked so hard to get good grades in school and for what? Each time I found out someone else I knew had just been accepted to the college of their dreams I would turn a deeper shade of green. I didn't like feeling this way, but I couldn't help it. It felt like they were going to jump ahead of me. They were going to have the big life experiences that turn a teenager into an adult and I was going to get left behind.

para. 4 My boyfriend was very sweet and barely mentioned it every time an envelope arrived for him with a "Congratulations, you've been accepted to yet another college of your choice!" I knew about them only because his parents lacked the sensitivity with which he was so blessed. He always shrugged it off and would tell me, "You would have had the same response. Watch, you'll get a full scholarship to the college of your choice in two years and you can laugh at us all for foolishly killing ourselves to arrive at the same place." He had a point. I just thought it was awfully sweet of him to make sure I saw it this way.

para. 5 My friends and I kept in touch those first few months and, more often than not, I was the one offering words of support and understanding. They spoke of roommates from hell, classes they couldn't get into, and the ones they did being so big they couldn't even see their professor. Not only could I see mine, but one of my favorites invited us to his house on a lake. We would go there for class and stay hours afterwards talking and sharing our theories on human behavior. It was because of this class that I decided to major in psychology.

para. 6 Needless to say, my tortured thoughts of being left behind while they went out and gathered life experiences in huge doses changed to thoughts of counting my blessings. I was getting a fine serving of life experience. I was letting go of friends and my first true love. I was moving into a humble abode that for the first time in my life I could call my own and I was taking a full load of classes by choice, not requirement.

para. 7 As time passed and I grew more and more comfortable with my circumstances, I was also able to understand something I hadn't when I was angry and envious. Real life will be filled with moments of friends making more money or loved ones being promoted first. When these things happen, I know I will be prepared. I have already had a taste of this experience and I passed the test quite nicely.