Based on the famous Reader's Digest feature

by Peter Funk

IT PAYS TO INCREASE YOUR WORD POWER BY PETER FUNK



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FOREWORD

How To Get the Most Out of This Book

It is hoped that this book will be of value to you in two ways.

First, that it will help your vocabulary to grow in richness of expression and power.

Second, that it will help you remember the words you are learning so that they will always be at your command.

The words selected are all highly useful ones appearing in magazines, newspapers, books, heard on the radio and television or in ordinary conversation. They should give you the ability to be explicit in the way you talk and write, bringing a sense of excitement and vividness. An additional emolument which follows logically is that, without doubt, you will understand more of what you read and hear.

To get the most from HOW TO INCREASE YOUR WORD POWER, there are a few simple rules it would be well to follow. They are not difficult and will be a distinct aid in building up an impressive Word-Bank memory.

GOOD HABITS

Plan to use this book a few minutes each day. It does not really matter how fast or slow you go. This depends on you

and your time schedule. What is of paramount importance, however, is the consistency of your efforts. Psychology teaches that to establish a good habit, you must be consistent.

DEFINITIONS

When a word is somewhat more difficult, needing amplification, various examples of usage are given, and the overall meaning *clearly* delineated. The answer sections therefore, should always be read with utmost care. They are the heart of this book.

WRITE THE WORD

Take a 3 x 5 card. On one side write the word you want to learn or remember. Underneath, put the phonetic pronunciation. Now, on the opposite side of the card write the definition together with a sentence illustrating how the word is used. This will be your most vital step in committing this word to memory. By writing it out, you are involved physically as much as you are mentally. Your mind and eyes are aiding you. Your muscles in your hand and arm are being used also. Psychologists call this developing a kinesthetic sense, or a muscle sense.

If you are without eyesight, you can visualize an object by running your hands over it, feeling its shape. It is no longer an abstract object. There is a similar effect in writing a word. It actually becomes a part of you.

I adjure you then, to do this with every single word that is not yet a part of your working vocabulary. It is without question the easiest way to make a word yours for life.

PUT THE CARD WHERE THE ACTION IS

Place the card where you will see it many times during the day. Take some scotch tape putting it on the bathroom mirror, or on a bulletin board, your desk, on a door. Each time you see it, your memory will be refreshed, automatically.

REPETITION IS THE SECRET

The advertising industry employs the principle of repetition. Think how jingles and slogans barrage us. Use your word as often as you can when talking to others. By experimenting and trying it in as many different situations as possible, you will grow familiar with it. And don't be afraid of making a mistake; most of us do at one time or another. This is the way you learn.

THE ACID TEST

When feasible, try to explain the word to a child in terms and examples he will understand. This is the "acid test" as to whether or not you grasp the essence of its meaning. A happy peripheral benefit is that the child is going to gain.

SUGGESTED DAILY PROGRAM FOR A MORE DYNAMIC VOCABULARY

Sunday. Read through chapter.

Monday through Friday. Take four words each day, writing the word on a card. Practice as suggested.

Saturday. Retake the tests in the chapter, going over any words you are doubtful about.

The last weekend in each month. Test yourself on all the words you have learned during that period.

And remember to keep your cards available for quick reference in a Word Bank box.

HOW TO SCORE

Each test is scored in the same way.

20 —19	correct	e xcellen
18—16	correct	\mathbf{g} ood
15—13	correct	fair

When you complete a test, turn to page (187), marking your score on the graph. As you progress you will have an exact visual image of your rating.

PRONUNCIATION KEY

Just a brief word on pronunciations.

This is the bête-noire, the bugaboo for most people. The trouble is that our language does not have enough vowels to carry the many different sounds. Consequently linguists have devised a phonetic system which is rather complicated if one is unfamiliar with it. A few moments spent looking over the pronunciation key of a dictionary will clarify the mystery.

In this book I have followed essentially the commonly used pronunciation system, but I have tried to simplify when it has seemed helpful to do so. As nearly as possible, the words have been made self-pronouncing. You will notice that sometimes, after a given pronunciation, I have tried to make it clearer by inserting within another parenthesis the way that part of the word would be spelled if spoken.

ACCENTS '

ā, āy	sounded	as	in	lāte, lā y
ē, ee	"	"	"	ēve, bee
ī	"	"	"	fine
Õ	"	"	"	tōne
ū, yū	"	"	"	pure (or few)
<u> </u>	"	"	"	food `

Vowels not marked at all are sounded like those usually taught in classes learning to read phonetically, as in hat, bed, did, lot, cut.

Short vowels are marked with a breve above to show that they are almost equivalent to an apostrophe.

ă	sounded	as	in	fī'năl
ĕ	"	"	"	hov'ĕl
ĭ	"	"	"	em'i grănt
ŏ	"	"	″	fŏr bid'
ŭ	"	"	"	mī'nŭs

IT PAYS TO INCREASE YOUR WORD POWER



ONE

The whole point of either speaking or writing is to try to convey a thought which is to be understood. We have over six hundred thousand words to choose from. This may seem like an inordinate amount to be faced with, and indeed it is. But we must remember, also, that this vast number includes many technical words found in the various professions and are of interest only to those involved in a particular speciality.

We draw on a far smaller list. Dropping obvious prepositions and articles of speech such as the, of, to, etc., the number falls somewhere in the neighborhood of five thousand words.

This may seem surprising, but that list includes the living heart of our English language. Within this framework are most of the words which give us the wide range of expression and power that we should have.

Unfortunately, too many people limit themselves to a thousand words or fewer. In this way they resemble a color blind artist who is only aware of a few colors. Consequently his ability to create on canvas is lamentably restricted.

The twenty words in the following test are of one syllable only. So often we find that the words which have punch, color, warmth and emotion turn out to be the shorter ones.

Do we say, Residence Pleasurable Residence? No! It is Home Sweet Home.

PART I

Test (Check the word or phrase you believe is nearest in meaning to the key word. Answers are on page 5)

- brook (brook)—A: to put up with B: bridge. C: deny.
 p: resent.
- 2. vie (vi)—A: to covet. B: compete. C: stimulate. D: surpass.
- eke (ēk) (eek)—A: to dilute. B: supplement. C: coax.
 D: revive.
- 4. brunt (brunt)—A: abrupt. B: impact. C: insult. D: malice.
- 5. roil (roil) (roy'l)—A: to confuse. B: curl. C: amuse. D: irritate.
- sloth (slawth)—A: clumsiness. B: sadness. C: stupidity. D: idleness.
- cull (kul)—A: to win over. B: till. C: select. D: memorize.
- 8. prate (prāt) (prate)—A: to prance. B: babble. C: brag. D: argue.
- bode (bōd)—A: foreshadow. B: wait. C: dwell. D: endure.
- 10. qualm (kwom)—A: warmth. B: misgiving. C: duty. D: peace.
- moot (moot)—A: gloomy. B: ugly. C: debatable. D: spiritless.
- 12. bane (bān)—A: banter. B: mystery. C: affliction. D: exile.
- deign (dān)—A: to condescend. B: pretend. C: disparage. D: refuse.
- 14. tryst (trist)—A: appointment. B: coyness. C: faith. D: ruse.
- 15. irk (urk)—A: to scold. B: make a wry face. C: urge. D: annoy.

- glut (glut)—A: glue. B: to be lewd. C: disembowel. D: overfill.
- 17. drone (dron)—A: talk monotonously. B: complain. C: be idle. D: stretch.
- 18. mere (mēr)—A: nothing but, B: humble, C: only one, D: weak,
- 19. deem (dēm)—A: to consider. B: speculate. C: acknowledge. D: consent.
- 20. loll (lŏl)—A: to cuddle. B: flatter. C: lounge. D: soothe or quiet.

Answers.

r. BROOK (v)—A: To put up with; bear with; tolerate; endure.

He was an intolerant dictator who could brook no interference.

I will not brook such outrageous conduct.

The word, nearly always, is used now with a negative construction, such as no or not.

From the Old English brucan, "to use, enjoy."

2. VIE (v)—B: To compete; to strive for superiority; put forth great effort to outdo others.

Playing their hardest, the two teams vied for the championship.

The students vie for the highest marks.

From the Old French envier, "to invite, challenge."

3. EKE (v)—B: To supplement; to supply by some means, whatever is lacking; to piece out. Another common definition is to make a living with difficulty.

The driver eked out the last bit of speed from his racing

car.

They eke out a living by selling wood carvings.

From the Old English ecan, "to increase."

4. BRUNT (n)—B: The main impact, shock or stress of a blow or an attack; the hardest part.

The Marines had to bear the brunt of the attack.

She bore the brunt of his anger.

From the Old Nourse bruna, "to advance quickly, as a fire."

5. ROIL (v)-D: to irritate; to ruffle the temper, or arouse the resentment of; vex; rile.

The governor was roiled by the obvious lie.

The word comes from the French rouiller, "to make muddy." The first definition of the English word given in the major dictionaries therefore, is that of making water or wine cloudy or opaque; as the water was roiled by the ship's propellers.

6. SLOTH (n)—D: Idleness; sluggishness; laziness. This is a highly derogatory word used in the sense of physical or mental inactivity. It is a reluctance to do whatever work one should. This is a stronger word than just *idle* or *lazy*. Historically, *sloth* is one of the Seven Deadly Sins.

A slothful person is always a burden to any group.

From the Middle English slouthe. "slow."

7. CULL (v)—C: To select; pick out from among others; choose.

Please cull the good ears of corn from that pile. I culled that sentence from a story in a magazine. From the Latin colligo, "collect."

8. PRATE (v)—B: To babble; to talk foolishly and at length; chatter; prattle.

It is better not to prate about family affairs.

He would continually prate about his difficulties.

From the Middle English praten, "chatter."

9. BODE (v)—A: To foreshadow; predict or foretell; presage by signs or omens; portend.

A red sun in the evening bodes good weather for

sailors.

The new evidence bodes ill for the lawyer's case. From the Old English bodian, "to announce, tell."

10. QUALM (n)—B: Sudden misgiving; uneasy feeling of acting wrongly; reluctance.

He felt a certain qualm at leaving bis work uncompleted.

They had many qualms as to whether the plans were practical.

The origin of the word is uncertain, though the original English definition meant illness or disease.

- 11. MOOT (adj)—C: Debatable. Originally in Anglo Saxon days a "townmoot" was a town meeting for purposes of debate and discussion. Today a moot question or a moot point in law is one that is debatable and disputable and not yet settled.
- 12. BANE (n)—C: Affliction; anything that ruins or spoils.

 Poverty was the bane of his existence.

 From the Old English bana, "destruction."
- 13. DEIGN (v)—A: To condescend or behave in a patronizing manner, conscious of having come from a superior position; in keeping with one's dignity.

The duke would not deign to reply to the reporter.

The chief deigned to pay us a visit aboard our boat.

From the Old French deignier, from the Latin dignari,

"to consider worthy."

14. TRYST (n)—A: An appointment to meet at a previously arranged meeting place, especially one made between lovers.

She hurried to keep her tryst with Robert.

From the old French' triste, "a place for watching or waiting (in hunting); an ambush."

15. IRK (v)—D: To annoy; irritate; exasperate; bore.

Detail seems to irk him.

The way she drove a car was irksome to him. From the Middle English irken, "to tire."

16. GLUT (v)—D: To overfill; fill to excess; satiate; oversupply.

Too many eggs will glut the market.

After the banquet, I felt glutted with food and drink. From the Latin glutto, "swallow."

17. DRONE (v)—A. To speak in a monotonous tone; to make a dull, humming sound.

We almost went to sleep as he droned along.

I heard the droning of bees near my window screen. From the Old English dran, "a drone, male bee."

18. MERE (adj)—A: Nothing but; nothing more nor better than what is mentioned; only.

I escaped with a mere scratch.

But he is a mere puppy!

The TV show is mere trash.

The mere mention of his name filled the children with terror.

Mere and bare are often interchangeable, the difference being, however, that bare is more often thought of in a positive sense. "He barely escaped with his life." Mere is negative, suggesting something lacking. "He is merely a private." Mere comes from the Latin merus, "bare."

19. DEEM (v)—A: To consider; to believe; judge.

The Arab wants to shape his corner of the earth as he deems best.

Do whatever you deem fair.

From the Old English dom, "judgment."

20. LOLL (v)—C: To lounge; recline in a relaxed and languid manner; also to droop, dangle or hang loosely.

He is completely relaxed as he lolls in his chair.

His head lolled on his shoulders.

From the Middle Dutch lullen, "to sleep."

PART II

You may be still uncertain as to the meanings of some of the test words used in this chapter. Match the key descriptions in the left column with the words in the right column.

Can You Match Them Up?

•	Town I the International Property of		
r,	judge or think	a.	brook
2.	take on the main stress of something	b.	loll
3.	an appointed place or meeting	c.	deem
4.	only	d.	bode
5.	foretell	e.	brunt
6.	choose	f.	mere
7.	rest lazily	g.	culi
8.	endure something	h.	irk
9.	stoop patronizingly	i.	tryst
10.	exasperate	į.	deign

Answers: 1-c; 2-e; 3-i; 4-f; 5-d; 6-g; 7-b; 8-a; 9-j; 10-h.

1. talk foolishly	a. bane
2. indicates a monotonous sound	b. vie
3. to not want to do anything	c. roil
4. be something that causes great harm	d. moot
5. arouse resentment	e. eke
6. have too much of it around	f. sloth
7. be a question or point not yet settled	g. drone
8. have a certain reluctance	h. glut
9. try to outdo others	i. prate
10. supply whatever is lacking	j. qualm

Answers: 1-i; 2-g; 3-f; 4-a; 5-c; 6-b; 7-d; 8-j; 9-b; 10-e.

PART III

brook	bane
vie	deign
brunt	tryst
roil	irk
sloth	glut
cull	eke out
prate	drone
bode	mere
qualm	deem
moot point	loll
-	

Which of the words above best replaces the italicized word or phrase?

- I. She could no longer tolerate his arrogance.
- 2. The two put out great effort to compete with each other to win the nomination.
- 3. He raised chickens to supplement his income.
- 4. The island bore the main impact of the storm.
- 5. The unfair criticism ruffled the temper of the French chef.
- 6. His laziness infuriated me.
- 7. He carefully picked out the best shells from the box.
- 8. The entire time she chattered about her imagined illnesses.
- The strong market indicates or foretells great success for my common stock.
- 10. As we left the port he had uneasy feelings about the weather.
- 11. Her selfishness was the main affliction of his life.
- 12. It's a real question as to whether the case should even come before the judge.
- 13. She walked by, not condescending to even look at the receptionist.
- 14. Somehow he found out about our appointment to meet.