第10版

Braunwald川脏病学心血管内科学教科书

Braunwald's Heart Disease

A Textbook of Cardiovascular Medicine

英文影印版

上卷

主编

Douglas L. Mann Douglas P. Zipes Peter Libby Robert O. Bonow

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(第10版)

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Cardiovascular Disease in the Elderly; Neurologic Disorders
and Cardiovascular Disease



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Preface to the Tenth Edition



The editors are pleased to present the tenth edition of Braunwald's Heart Disease as the latest update of a unique learning platform that aims to provide practitioners, physicians-in-training, and students at all levels with the critical tools to keep abreast of the rapidly changing scientific foundations and clinical advances in cardiovascular medicine. Heart Disease has been developed as a "living textbook" that will provide readers with the latest updates in the field in real time. To this end, the print version of the tenth edition, which has been revised extensively, is complemented by a new online version that is not only visually spectacular, but also contains audio, video, and additional written content not available in the textbook. Icons are placed strategically in the margins of the text of the print version to guide readers to the appropriate related online materials. In keeping with the rapid pace of advances in the field of cardiovascular medicine, the online version of *Heart Disease* is updated frequently with the results of late-breaking clinical trials, reviews of important new research publications, and updates on clinical practice authored by leaders in the field. These online supplements are selected and edited masterfully by Dr. Eugene Braunwald.

In preparing the preface for the tenth edition, we thought it appropriate to reflect back upon the prescient guiding principles that were articulated by Dr. Braunwald, in his Preface to the first edition of *Heart Disease* (1980).

"An attempt to summarize our present understanding of heart disease in a comprehensive textbook for the serious student of this subject is a formidable undertaking. A single text—even a long one-cannot adequately cover every aspect of a subject as extensive as heart disease. Since the early part of this century, clinical cardiology has had a particularly strong foundation in the basic sciences of physiology and pharmacology. More recently, the disciplines of molecular biology, genetics, developmental biology, biophysics, biochemistry, experimental pathology, and bioengineering have also begun to provide critically important information about cardiac function and malfunction. Although it was decided that Heart Disease was to be primarily a clinical treatise and not a textbook of fundamental cardiovascular science, an effort has been made to explain, in some detail, the scientific basis of cardiovascular diseases. To achieve this objective, the sciences fundamental to heart disease are in most cases presented in the chapters describing the various disease states and their treatment rather than in separate chapters. Although it is recognized that cardiovascular surgery has had an enormous impact on the management of patients with heart disease, the major emphasis in this book is on the rationale and indications for cardiac operations rather than on operative techniques per se."

The tenth edition of *Braunwald's Heart Disease* hews closely to the traditions established by the first and each subsequent edition of *Heart Disease*, by covering the entire spectrum of cardiovascular medicine, highlighting the latest advances in basic, translational, and clinical science, with an emphasis on conveying succinctly how this information informs both the prevention and the treatment, of cardiovascular disease. Twenty-seven of the 89 chapters in this edition are new, including three chapters covering topics that were not addressed in prior editions. We include 53 new authors, all of whom are highly accomplished and recognized in their respective disciplines. All chapters carried over from the ninth edition have been thoroughly updated and extensively revised. The tenth edition includes nearly 2600 figures, most of which are in full color, as well

as 600 tables. Moreover, the online content has been enhanced with 240 videos. As with previous editions, the tenth edition contains 21 updated practice guides, seven entirely new guidelines not in the ninth edition, and six appropriate use criteria, two of which are entirely new.

A detailed accounting of all of the changes in the new edition is not feasible within the narrow confines of this Preface. However, the editors would like to highlight several of the exciting changes in the tenth edition, beginning with an entirely new section on genetics and personalized medicine (Part II), which includes a chapter providing an overview of personalized cardiovascular medicine, followed by chapters on principles of cardiovascular genetics and drug therapeutics. A new chapter on biomarkers provides background and guidance on their use, development, and validation as clinically useful tools. The section on evaluation of the patient (Part III) has completely new chapters on echocardiography and exercise stress testing. Given the rapid advances in the field of heart failure, Part IV has been revised substantially, with new chapters and guidelines on the clinical assessment of heart failure, including the latest recommendations on biomarkers, the diagnosis and management of acute heart failure, and heart failure with a preserved ejection fraction, as well as the emerging area of cardiovascular regeneration and gene therapy. Part V, on arrhythmias, sudden death, and syncope has been updated and revised with chapters that review the remarkable advances in this discipline. The section on preventive cardiology (Part VI) features a new omnibus chapter on risk factors and the prevention of cardiovascular disease and a new chapter on comprehensive cardiac rehabilitation and the treatment of hypertension. Part VII focuses on atherosclerotic cardiovascular disease and includes new guidelines for percutaneous intervention and stable ischemic heart disease. There are new chapters on quality of care, cardiovascular disease in women, exercise and sports cardiology, integrated medicine, ethics, cardiooncology, perioperative management in noncardiac and cardiac surgery, cardiovascular infections, and pulmonary hypertension (including new international guidelines). There are also important revised chapters on interventions for structural heart disease and valvular heart disease, including new guidelines for this important area. In recognition of the importance of genetics and the emerging role of personalized medicine, discussions of the genetic basis of specific diseases are now incorporated within the relevant chapters, rather than in separate chapters.

As noted at the outset, Braunwald's Heart Disease is the centerpiece of a much broader learning platform that includes a growing family of Braunwald's Heart Disease companion texts, which continues to expand and provide detailed expert content for the subspecialist across a broad range of cardiovascular conditions. These include: Clinical Lipidology, edited by Christie Ballantyne; Clinical Arrhythmology and Electrophysiology, authored by Ziad Issa, John Miller, and Douglas Zipes; Diabetes in Cardiovascular Disease, by Darren McGuire and Nikolaus Marx; Heart Failure, edited by Douglas L. Mann and Michael Felker; Valvular Heart Disease, by Catherine Otto and Robert Bonow; Acute Coronary Syndromes, by Pierre Théroux; Preventive Cardiology, by Roger Blumenthal, JoAnne Foody, and Nathan Wong; Mechanical Circulatory Support, by Robert Kormos and Leslie Miller; Hypertension, by Henry Black and William Elliott; Cardiovascular Therapeutics, by Elliott Antman and Marc Sabatine; and Vascular Medicine, by Mark Creager, Joshua Beckman, and Joseph Loscalzo. Additional companion texts will be forthcoming shortly, including Cardiovascular Interventions by Deepak Bhatt. Each of the companion texts, as well as Heart Disease, is complemented by an updated online version. As with previous editions of *Heart Disease*, Dr. Leonard S. Lilly's *Braunwald's Heart Disease Review and Assessment* is available. There are also recent atlases on cardiovascular imaging, such as *Cardiovascular Magnetic Resonance* by Christopher Kramer and Gregory Hundley, *Cardiovascular Computed Tomography* by Allen Taylor, and *Nuclear Cardiology* by Ami Iskandrian and Ernest Garcia. Readers of *Heart Disease* can turn to the companions as a convenient source of information that follows the same guiding principles as the parent text.

The extent to which the tenth edition of *Braunwald's Heart Disease* proves useful to those who seek to broaden their knowledge base in an effort to improve outcomes for patients afflicted with

cardiovascular disease is a direct reflection of the many talented and dedicated individuals involved in the preparation of this edition. Without question, this book could not have become a reality were it not for their expertise, scholarship, and unswerving commitment to maintaining the standards of excellence established by Dr. Braunwald with the first edition.

Douglas L. Mann Douglas P. Zipes Peter Libby Robert O. Bonow

Preface—Adapted from the First Edition



Cardiovascular disease is the greatest scourge affecting the industrialized nations. As with previous scourges—bubonic plague, yellow fever, and smallpox—cardiovascular disease not only strikes down a significant fraction of the population without warning but also causes prolonged suffering and disability in an even larger number. In the United States alone, despite recent encouraging declines, cardiovascular disease is still responsible for almost 1 million fatalities each year and more than half of all deaths; almost 5 million persons afflicted with cardiovascular disease are hospitalized each year. The cost of these diseases in terms of human suffering and material resources is almost incalculable. Fortunately, research focusing on the causes, diagnosis, treatment, and prevention of heart disease is moving ahead rapidly.

To provide a comprehensive, authoritative text in a field that has become as broad and deep as cardiovascular medicine, I chose to enlist the aid of a number of able colleagues. However, I hoped that my personal involvement in the writing of about half of the book

would make it possible to minimize the fragmentation, gaps, inconsistencies, organizational difficulties, and impersonal tone that sometimes plague multiauthored texts.

Since the early part of the twentieth century, clinical cardiology has had a particularly strong foundation in the basic sciences of physiology and pharmacology. More recently, the disciplines of molecular biology, genetics, developmental biology, biophysics, biochemistry, experimental pathology, and bioengineering have also begun to provide critically important information about cardiac function and malfunction. Although *Heart Disease: A Textbook of Cardiovascular Medicine* is primarily a clinical treatise and not a textbook of fundamental cardiovascular science, an effort has been made to explain, in some detail, the scientific bases of cardiovascular diseases.

Eugene Braunwald 1980