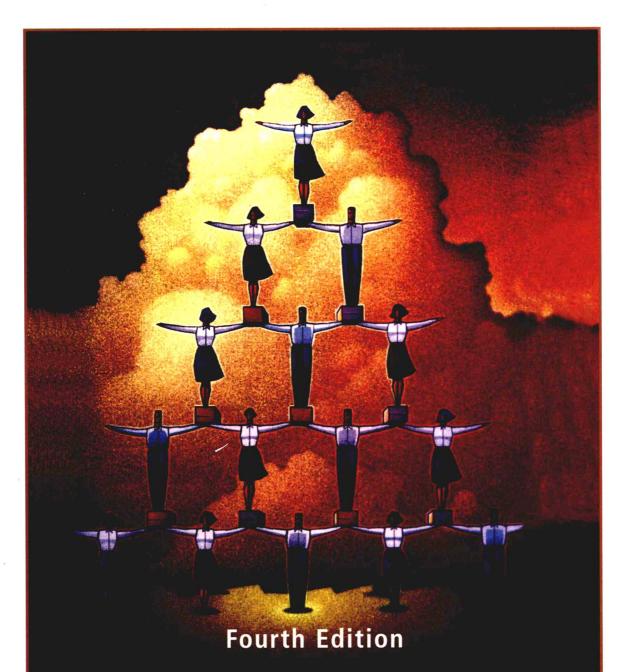
Paul E. Spector

INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY

Research and Practice



INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY:

RESEARCH AND PRACTICE FOURTH EDITION

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To Gail and Steven Spector

Preface

ndustrial/organizational or I/O psychology is an exciting field that has been enjoying continual growth in the United States and throughout the industrialized world for almost 100 years. What began as a tiny subspecialty of psychology, known only to a few practitioners and professors, has grown to be one of the major applied specialties in psychology worldwide. This attention is due to two factors. First, I/O is concerned with the workplace, so its findings and principles are relevant to everyone who has held a job. Second, I/O has developed proven methods that organizations find of value. I/O psychologists are often called upon to help organizations have a more efficient and healthier workforce.

The field of I/O psychology has a dual nature. First, it is the science of people at work. This aspect ties it to other areas of psychology, such as cognitive and social. Second, I/O psychology is the application of psychological principles of organizational and work settings. There is no other area of psychology in which a closer correspondence between application and science exists, making I/O a good example of how society can benefit from the study of psychology.

The field of I/O is a large and diverse one. Many topics are covered, ranging from methods of hiring employees to theories of how organizations work. It is concerned with helping organizations get the most of their employees or human resources, as well as helping organizations take care of employee health and well-being. For this reason a single text can provide only an overview of the major findings and methods that I/O psychologists use. The goal of this book is to provide such an overview, as well as a comprehensive understanding of the field. Each of the major areas that comprise I/O is covered.

Part One of this book provides an overview of the I/O field. Chapter 1 covers the nature of the field and its history. I/O is discussed as both a practice and a science. The chapter describes what a career in I/O involves, and what it takes to become an I/O psychologist. Chapter 2 is an overview of the basic principles of I/O research methods.

The remainder of the book is divided into four major sections. In Part Two, Chapter 3 discusses job analysis or the assessment of jobs. Chapter 4 focuses on the assessment of employee job performance. Chapter 5 explores the way in which employee characteristics are measured. Part Three contains two chapters. Chapter 6 deals with the methods that organizations use to hire new employees. Chapter 7 follows those new as well as experienced employees through their training programs.

The four chapters in Part Four discuss the relationship between the individual and the organization. Chapter 8 covers theories of motivation. Chapter 9 focuses on how people feel about their jobs—their attitudes about the job and the emotions they

experience at work. The topic of Chapter 10 is productive and counterproductive work behavior. Chapter 11 deals with occupational health psychology, a rapidly emerging new field that is concerned with worker health, safety, and well-being.

The final part of the book, Part Five, is concerned with the social context of work. Chapter 12 explores small work groups or work teams and their effect on the individual. Chapter 13 discusses leadership and supervision in the workplace. Chapter 14, the last chapter, takes an organization perspective. It covers organizational development and organizational theory.

SPECIAL FEATURES

In each chapter except the first two, there are three special features. First, there is a detailed summary of a research study from one of the major I/O journals. Each "Research in Detail" was chosen to give added insight through a study that is relevant to topics covered in the chapter. The implications of each study for the practice of I/O are also discussed. Second, there is a detailed summary of a research study conducted outside of the United States. Most I/O research, until relatively recently, has been conducted within the United States and a handful of culturally similar Western countries, such as Canada and England. These "International Replications" explore the extent to which American research does or doesn't generalize to other countries and cultures. Third, a case study describes how a practicing I/O psychologist was able to help an organization with a problem. These "I/O Psychology in Practice" cases were chosen to represent the wide variety of settings and applied work that involve I/O psychologists.

At the end of each "I/O Psychology in Practice" case are discussion questions. The purpose of these questions is to encourage students to think about the principles discussed in the book. They require the student to apply the chapter principles to a real situation. The questions can be used in a variety of ways. They can be assigned to groups of students or to individuals. They can be used for in-class debates, discussions, oral presentations, or written assignments. The cases themselves are provided to help show students the connections between practice and research in the I/O field. Students often have a difficult time seeing the relevance to their lives of much of what they study in college. I/O psychology is a field that is relevant to almost everyone.

CHANGES TO THE FOURTH EDITION

My goal with all four editions was to provide a text that was as current and up-to-date as possible, covering both the traditional core material of the field and the exciting new emerging areas and findings. The first major task I had with the revision was to update the material and add important new developments. The science of I/O psychology is rapidly developing, with new findings and insights emerging almost daily. I added 125 new references, with 95% published in 2002 or later. The overall organization of the book retains the original 14 chapters, but there has been some reorganization within chapters. Chapter 9 includes emotions in the discussion of work attitudes, and Chapter 11 on occupational health psychology has been reorganized. It now contains four major sections dealing with accidents/safety, stress, work/family issues (moved from Chapter 9) and burnout.

Although early development of I/O was primarily in the United States, in the 21st century I/O psychology is international in scope. Across all the editions of this book there has been material concerning the international nature of the I/O field, and the book attempts a broader focus than just the United States. For example, Table 1-2 in Chapter 1, lists I/O graduate programs outside of the United States, and it has grown from edition to edition of the book. In addition, with the 3rd edition came the International Replication feature.

Another characteristic of I/O psychology during most of the 20th century was that its major concern was with employee performance and productivity, and how it contributed to organizational well-being. Much of this was driven by the applied job market and the sorts of services organizations were willing to purchase from consultants or hire psychologists to do. In recent years there has been rapidly advancing interest in the well-being of employees themselves, independent of their organizations. This can be seen in the emerging new field of occupational health psychology (OHP) that is developing in large part out of I/O psychology. OHP is a multidisciplinary field that is concerned with the health, safety, and well-being of employees. These topics have been in this book since the first edition, but this edition provides more balance between issues of employee performance and well-being.

Content Changes in the Fourth Edition

Although all of the topics covered in the first three editions are still here, some have been expanded or modified and some are new. Of particular note are the following:

New section on team job analysis

New section on assessment of contextual performance

New section on drug testing

Expanded discussion of justice theories

New section on control theory

New section on emotions

Expanded discussion of employee mistreatment

New section on organizational politics as a job stressor

New discussion of group problem solving

New section on group diversity

Expanded discussion of cross-cultural issues in leadership

Expanded discussion of employee acceptance of change.

In addition there is a new appendix that contains a guide for students interested in applying to I/O graduate programs. It begins with tips on preparing for an I/O career, and offers advice about how to apply, what programs look for, and how to choose the right program. A discussion of etiquette in dealing with student recruitment is also provided.

Textbook Internet Support Site (http://chuma.cas.usf.edu/~spector)

One of the biggest problems with textbooks is that much of their information is quickly outdated or time-sensitive. It isn't feasible for publishers to update more often than the 3-to 5-year revision cycle of most upper level texts. The Internet, however, provides a means of doing just that. My Web site continues to be a resource to both instructors and

students to support this textbook. The *Industrial and Organizational Psychology: Research and Practice* section will contain updated information, as well as other supplemental features.

I teach an introductory I/O course myself, and I will keep a copy of my own notes and overheads on the site. Some of the overheads are outlines of my lectures, while others provide additional information, such as lists or tables. Although my course tends to follow the text (or more correctly the text follows my course), there is supplemental information here. I often bring in additional material not covered in the book, or present it in a somewhat different way. All of these notes and overheads can be downloaded and modified or printed for the instructor's own use. The text files are in HTML format, and the graphics files are in jpeg format. As updated information becomes available (e.g., a new I/O salary survey), it will be put here. A date at the bottom of every document will show the last time it was updated.

I have also included some Internet exercises that are tied to particular topics. At present there is at least one exercise per chapter. All require the student to find information on one or more Internet sites, and either answer questions or write a report. These exercises can be used in a variety of ways, including as the basis for in-class discussions. Most exercises are tied to particular portions of the text and make use of the links on my site. Finally, for each of the case people there is a link to their employer and/or the organization in which the case was conducted. Students can use these links to find more background information that can help put the case in context.

Students tell me that the most useful feature is the practice exams for each chapter. These contain short-answer questions that do not overlap in format with the testbank for the book. The questions and answers are provided separately. The best way for the student to use these exams is to take them a few days before an in-class exam. They provide guidance about whether preparation has been sufficient. If the student can answer all or almost all the questions, it is likely he or she has mastered the material well. If the student does poorly on the practice exam, additional preparation and study is needed.

Outside of the textbook section are additional Web site features. Perhaps of most interest is the extensive links part. Although a few are shown in Chapter 1, Web addresses change rapidly, so by the time you read this some might no longer be correct. A more extensive list with site descriptions can be found on my Web site, which I will keep updated. This includes links to professional associations, not all of which are in the United States, including Academy of Management, American Psychological Association, American Psychological Society, British Psychological Society, International Association of Applied Psychology, and Society of Industrial and Organizational Psychology (SIOP). Links to I/O journals are also provided, many of which contain abstracts and tables of contents to recent issues. A section includes sites that have I/O-related information, such as the Gallup Organization or the U.S. Bureau of Labor Statistics. Another section has links to I/O consulting firms, whose sites explain the services that these companies provide. As I learn of new, relevant sites, they will be added. Students can be referred to the links for additional information (e.g., I regularly suggest students try the SIOP link for information about graduate schools in the United States and Canada). A student curious about what the large consulting firms do can check out their extensive and interesting Web sites.



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Paul E. Spector June 2, 2004

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