

The Heath Reader

Boyd Litzinger

Saint Bonaventure University

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Published simultaneously in Canada.

Printed in the United States of America.

International Standard Book Number: 0-669-05416-X

Library of Congress Catalog Card Number: 82-81618

ACKNOWLEDGEMENTS

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Preface

Teaching freshmen to write is a challenging and satisfying job. The mechanical work—marking, grading, and the like—is more demanding and time-consuming than many nonteachers dream. But the satisfactions are also great. Young people are particularly open to new ideas when they start college, and there are few subjects in which their growth can be seen so clearly as in the first composition course they take. Entering freshmen are predisposed to learn, and correct writing is a skill that can be taught. This book is meant to make their job of learning, and yours of teaching, a little easier.

Three principles, tested in nearly thirty years of teaching freshmen, went into the making of this book. The first is that students in an English composition course need regularly assigned readings to supplement their work in grammar or rhetoric textbooks. I have found that the week-in, week-out assignment and class discussion of grammar or rhetorical modes unsupported by a good reader can become an exercise worthy of Mr. Gradgrind. Not that students should not be taught the principles of induction or proper use of analogies; certainly, students need these tools of good thinking and good writing. But they are tools, and the student must learn their use. "Write a persuasive paper using inductive logic," the students are told. "On what?" they ask—and very properly. The Heath Reader is meant to help provide the "what." It is, first of all, designed to be a source of ideas for students—a means of stimulating their minds and memories, of unlocking their own imaginations.

For this reason, I have chosen a great many readings, some quite short, rather than twenty or thirty very long essays. The variety of sources is deliberately wide, intentionally eclectic, in style as well as content, so as to increase the opportunities for catching the student's interest. Victor Hugo's bombast may work upon the imagination that Graham Greene's calmness or Joan Didion's quiet grace failed to move. A well-selected book of readings also supplies models of form as well as ideas for writing. To talk about comparison and contrast is one thing, to illustrate effectively in the lecture room another; but to give examples of the principles in action is an excellent reinforcement.

A second principle has been to set before the student a high proportion of selections from writers of permanent interest. This does not mean that only the

classics of *belles lettres* are here included. I have ranged through many discipline for examples of articulate men and women expressing significant ideas in good language. Ours is a living language, and I subscribe to Bertrand Russell's definition of correct English as "the habits of speech of educated people." Evelyn Waugl Joseph Wood Krutch, and Mary McCarthy, yes; but also James Jeans, Ma Twain, and Annie Dillard. The scientists, the journalists, and the historians provide a rich and varied fare.

The third principle has been to appeal frankly to the interests of those w teach this material. No one wants to turn the course in prose composition in exercise in literary explication, but I think that teachers will work more effect with material they can respect and admire than with the quotidian results of ye. day's irrelevancies. A textbook ought not to be deliberately dull. I must also acconsidering the current make-up of college curricula, that the freshman reader moffer one of the very few chances some college students will have to meet the classic in a formal course and to discover that there is much to be gained from reading writers like Booker T. Washington and James Fenimore Cooper. Surely, no one could be the worse for having been exposed to ideas in the form of a poem by John Keats or a short story by Kate Chopin.

As to organization, this reader is divided into four sections—Exposition, Description, Narration, and Persuasion. Composing these larger sections are the several chapters, each one centered on a single "idea" and each illustrating a single rhetorical mode. Within a given chapter, I have followed, but not slavishly, a pattern: the first selections are usually brief and provide a relatively uncluttered example of the rhetorical method; subsequent selections tend to be longer and to illustrate the rhetorical method as it is ordinarily used, that is, combined with other devices authors employ to make a point. For example, Chapter 3, "The Eye of the Traveler," centers on comparison and contrast. The chapter opens with James A. Michener's brief comparison of Spain with Portugal, but the final entry shows Mark Twain using comparison and contrast as one of a number of techniques in "Rome and St. Peter's Overwhelm Us." Enough examples are given so that an instructor has considerable freedom of choice.

I have tried to keep the editorial apparatus to a useful minimum. There are introductions to each large section and to each chapter, but these are necessarily general: this book is not meant to replace, but to supplement, the basic text for a composition course. Brief headnotes identify the author and, where necessary, establish a context for the reading. Individual selections are ordinarily followed by a list of key or difficult words the student may need to look up, questions meant to shed light on form and content (usually in that order), and topics for writing. Starting from the premise that students must take an active part in their own education, I have provided this apparatus to help them, not to do their thinking for them, to overwhelm them with information, or to supply them with facts that they can get from the context of the selection or from a dictionary. An appendix offers some elementary instruction in writing the 500-word essay, with suggestions students may find helpful in handling other assignments in writing.

And improved student writing is, after all, the goal of English instructors

verywhere. I hope that you will find this book to be of some help towards that goal, source of ideas and examples upon which your students can draw.

In "The Two Races of Men," Charles Lamb divided the entire human race to two parts, borrowers and lenders. Editors of freshman readers are more closely ied to the former than to the latter. As a result, they owe much to many, a fact I imply to admit. I have sought advice and ideas in many quarters and have upon the experience of my own teachers and students; I have profited even particular suggestions have had to be forgone. Those who have helped if my colleagues here at Saint Bonaventure University and elsewhere, most of improvement teachers of composition but others specialists in areas as diverse as pagy and business, chemistry and children's literature; teaching assistants and induate students; authors, editors, publishers, business executives, and family embers—all of them, I trust, friends.

Particular thanks are due to Daniel Barnes (Ohio State University), Santi Buscemi (Middlesex Community College), Larry Carver (University of Texas at Austin), Carol Cavallo (Suffolk County Community College), Lynn Garrett (Louisiana State University), Daniel Brislane, Anthony Farrow, Stephen Gray-Lewis, Leo Keenan, James Martine, John Mulryan, Patrick Panzarella, Mary Anne Schofield, Richard Simpson, Joseph Tedesco, and William Wehmeyer (Saint Bonaventure University); Lois Bragg, Diane DeLyser, Eileen Goble, Mary Harding, Claire Parrella, Lauren Pringle, Clare Smith, and Linda Vecchi; Jeanne Domeracki, Annemarie Mark, Laura McGovern, and William Miori; Nicholas Amato, John Apczynski, Peter Barrecchia, John Biter, Steven Brown, Stephen Eaton, Philip Eberl, Edward Eckert, Alfred Finocchio, Alfred Fix, Richard Gates, Cosmas Girard, Joseph Greer, Fred Handler, Russell Jandoli, Paul Joliet, Erick Laine, Marianne Laine, Richard Lipka, Francis Letro, Elizabeth Mayer, Cheryl Moore, Anthony Murphy, Michael O'Hear, Timothy Quinn, Joseph Rue, Paul Schafer, Carl Wagner, John Watson, James White, and Jeffrey White.

George Gath encouraged me to do this book. Lori Fowler and Meg Flanders helped me in the early editorial stages. Gordon Lester-Massman has been my editor at D. C. Heath and Company and has been a source of encouragement at every turn. Carol Ryan and Jackie Unch have helped keep my errors to a minimum.

Finally, I must acknowledge family obligations. My wife, Toni, has provided the patience which made work on *The Heath Reader* possible. By attending college simultaneously, my children, Michael and Gretchen, have made it almost necessary. I dedicate this book to the three of them.

Boyd Litzinger Saint Bonaventure University

Contents

PART 1 · Exposition	1
1	
Using Examples and Illustrations / The Good Life	3
John Ciardi, Is Everybody Happy?	4
In our pursuit of happiness, "It may be we are issued a hunting license but offered no game."	
Freya Stark, from The Freya Stark Story	7
A wise traveler cites some surprising sources of her contentment.	
Benjamin Franklin, Lighting and Paving	9
"Human felicity is produced not so much by great pieces of good fortune that seldom happen as by little advantages that occur every day."	
Henry David Thoreau, Economy	12
"Most of the luxuries, and many of the so-called comforts of life, are not only not indispensable, but positive hindrances to the elevation of mankind."	
Judy Syfers, I Want a Wife	20
The average husband has no idea how well off he is, but Ms. Syfers gives him a few insights.	
Oliver Wendell Holmes, Contentment	23
A poet suggests that our demands are somewhat less modest than we claim.	
	xiii

	_
4	_
_	_
4	•
	_

Attempting Definitions / The Nature of	
Education	26
Mary McCarthy, from The Vassar Girl	27
The Vassar girl comes to feel it is her duty to be "outstanding, aggressive, and secure."	
Francis Bacon, Of Studies	30
"Studies serve for delight, for ornament, and for ability."	
John Henry Newman, What Is a University?	32
A master of clear thinking and writing argues the need for mutual education in a comprehensive university.	·· -
Nikki Giovanni, I Fell Off the Roof One Day	39
Blacks should shape their own universities according to their own needs—and the ideal Black University already exists.	**
Robert Louis Stevenson, An Apology for Idlers	41
The author of adventure books and children's classics defends education-by-truancy.	41
Walt Whitman, When I Heard the Learn'd Astronomer	45
The poet rejects the academic lecture, preferring to contemplate the stars "in perfect silence."	1 .)
Robert A. Goldwin, Is It Enough to Roll with the Times?	.14
Young people sent into the world "with only a narrow range of skills" are not adequately educated for survival.	46
3	
Comparing and Contrasting / The Eye of the Traveler	
11406167	51
James A. Michener, Portugal and Spain	52
Our preference for one place over another may be determined by nothing more substantial than loving the one we visited first.	* =
Mary Manning, A Visit to Belfast	54
Religious conflict and terrorism threaten the life of an Irish city	τ

	Contents	X
Frances Trollope, Peasants		6
A pioneering Englishwoman tries to assess the American character in its "peasants."		
Charles Dickens, On the Train to Lowell		6-
The popular Victorian novelist becomes acquainted with railroctravel in America.	1d	
Hippolyte Taine, Sunday in London		67
After an hour's walk in London on a rainy Sunday, a Frenchman is depressed: "one has the spleen, one meditates suicide."		
Mark Twain, Rome and St. Peter's Overwhelm Us		70
Our greatest humorist shows signs of travel fatigue and homesickness		
assifying and Distinguishing / e Melting Pot Michel Guillaume de Crèvecoeur, What Is an American?		7 4 76
"What then is this American, this new man?"		
Alistair Cooke, Letter to an Intending Immigrant		78
Not every immigrant finds the American way of life to his taste		
Maxine Hong Kingston, Parents	:	82
Maxine Hong Kingston analyzes family photographs for hints about her parents' anxieties on coming to a new land.		
Langston Hughes, I, Too	!	85
"Tomorrow," writes Hughes, the poet and "darker brother," "Ill be at the table/ When company comes."	l	
Dorothy Z. Seymour, Black Children, Black Speech	}	37
"It is hard for most teachers and middle-class Negro parents to accept the idea that Black English is not just 'sloppy talk' but a dialect with a form and structure of its own."	1	

94

Florence R. Greenberg, The Cantor Carved

The rabbi's children entertain a self-satisfied young cantor.

Michael Novak, Further Reflections on Ethnicity	96
A contemporary social critic sees a rebirth of ethnic pride and a new interest in cultural pluralism in America.	
5	
Using Analogies / Love and Marriage	102
Pat Mainardi, Politics of Housework	10:
The question of who does the housework is the basis for political maneuvering in a contemporary marriage.	
Edith Efron, The Soaps—Anything But 99 44/100 Percent Pure	108
Do "soap operas" reflect society's sicknesses or play to them?	
James Thurber, The Secret Life of Walter Mitty	11-
Walter Mitty's daydreams portray him as a doer of heroic deeds, but Mrs. Mitty sees him differently.	
Jean Bethke Elshtain, Family Reconstruction	119
"What we call human capacities could not exist without a familial mode; for human beings to flourish, a particular ideal of the family is necessary."	
John Donne, A Valediction Forbidding Mourning	123
Absence cannot injure true love.	
<u>6</u>	
Showing Cause and Effect / Our Fragile World	125
Isaac Asimov, The Nightmare of Life Without Fuel	126
Life at the end of this century will be affected in dramatic and surprising ways if we do not conserve our fossil fuels.	
A. B. C. Whipple, An Ugly New Footprint in the Sand	129
Although man "has managed to control his environment, he has so far been unable to protect it."	
James Fenimore Cooper, The Pigeon Shoot	132
Natty Bumppo, the Deerslayer of Cooper's Leatherstocking Tales, appalled by the slaughter of harmless pigeons, predicts that "the Lord won't see the waste of his creatures for nothing."	

	Contents	xvii
Joseph Wood Krutch, What Are Flowers For?		139
Human beings need beauty as well as utility in their lives, a this may be the "purpose" of flowers.	ınd	
James L. Buckley, Three Cheers for the Snail Darter		143
We are morally responsible for the integrity of the physical heritage we bequeath to future generations.		
Wayne H. Davis, Overpopulated America		147
A biologist defines overpopulation in terms of our impact on land, and he finds Americans a destructive race.	the	
7		
Analyzing Processes / The World of Science		
and Technology		152
Benjamin Franklin, How to Make a Lightning Rod		154
Step by step, Franklin shows us how to protect a house from lightning.		
James Jeans, Why the Sky Looks Blue		156
A British scientist explains the color of the sky in terms any control who has visited the beach can understand.	hild	
Samuel H. Scudder, In the Laboratory with Agassiz		158
A classical biologist gives a first lesson to a puzzled student.		
Rachel L. Carson, The Birth and Death of Islands		162
The author of The Sea Around Us describes the process by whe volcanic islands are formed and later destroyed.	iich	
Thomas Henry Huxley, Thinking Scientifically		166
A great teacher tries to take the mystery out of "scientific" thinking.		
Charles Darwin, The Struggle for Existence		169
The balance of nature is maintained by an almost infinitely complex interdependence of species competing for the means of continued existence.	-	

J. B. S. Haldane, On Being the Right Size	173
Haldane uses common sense to dispel some of our hoary notions about size and form, showing that they are dependent upon each other and arguing that there is an optimum size for all things.	
Annie Dillard, Untying the Knot	178
Close observation solves the mystery of a snake that apparently tied itself in a knot.	
PART II • Description	181
8	
Describing Persons / Eccentric Lives	183
Wambly Bald, Tea with Gertrude Stein	184
Gertrude Stein assesses her place in poetry.	
Katherine Anne Porter, The Witness	186
Uncle Jimbilly gives lessons in history—and in life—to three children.	
Edith Sitwell, John Mytton	189
Squire Mytton, one of eighteenth-century England's most startling characters, comes to life in the imagination of a twentieth-century poet.	
Deems Taylor, The Monster	194
Does genius make up for rude manners, irresponsibility, and marital infidelity? Deems Taylor thinks so in the case of Richard Wagner.	
Arthur Conan Doyle, Sherlock Holmes	198
Dr. Watson meets the greatest fictional detective of all time.	
Lewis Carroll, You Are Old, Father William	211
Father William tolerates three questions from his son—and no more!	

		_		
4	۰	٠	۱	
	L			
٦	٠	٠		

Describing Places / Where Are You Going; Where Have You Been?	212
where Have Tou Deen:	213
Robert Graves, No-Man's Land The English and German armies take a tea-break during World War I.	214
Herman Melville, The Spouter-Inn	215
Ishmael finds himself a lodging for the night in a New England whalers' inn.	
Charles Dickens, A Gin-Shop	218
Dickens recreates a touch of nightlife in London's notorious "Rookery."	
Mark Twain, A Stagecoach Station on the Overland Trail	221
Twain describes the amenities of a station on the way West.	
Joan Didion, The Santa Ana	223
"To live with the Santa Ana is to accept, consciously or unconsciously, a deeply mechanistic view of human behavior."	
N. Scott Momaday, The Way to Rainy Mountain	226
"Although my grandmother lived out her long life in the shadow of Rainy Mountain, the immense landscape of the continental interior lay like memory in her blood."	
Grace King, from Memories of a Southern Woman of Letters	231
A Southern lady remembers her childhood home on the Mississippi.	
William Butler Yeats, The Lake Isle of Innisfree	234
The simple life of Innisfree calls to a man tired of the city's "pavements gray."	
0	
Describing Events / Breakthrough!	235
Time Magazine, Zip Out	236
The Atomic Age is born.	

James D. Burke, Observation and Exploration	238
The advance of lunar science is traced from Stonehenge to the first landing on the moon.	
C. P. Snow, Einstein	241
Einstein signs a historic letter.	
Anne Sullivan, Helen Keller's Lesson	243
The life of a handicapped child begins to change.	
Victor Hugo, The Last Square and Cambronne	247
A defiant Frenchman finds a place in history.	
Edmund Hillary, Everest Conquered	250
Tenzing and Hillary make the final assault on the most challenging mountain of them all.	
Howard Carter, Finding the Tomb	254
"—we had almost made up our minds that we were beaten and then—"	
John Keats, On First Looking into Chapman's Homer	260
A poet records his discovery of a new "realm of gold."	
PART III · Narration 11	261
Diaries, Journals, and Notebooks / Private Reactions to Public Events	272
Reactions to I upite Events	263
Queen Victoria, I Become Queen	265
An eighteen-year-old is informed that she has become Queen of England.	
John Quincy Adams, Inauguration Day	266
Our sixth president records the events of his inauguration.	
Anne Frank, D-Day	268
A young girl in hiding learns that the Allies have invaded	