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A FIRST LOOK AT COMMUNICATION THEORY

EM GRIFFIN

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EM GRIFFIN Wheaton College

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A FIRST LOOK AT COMMUNICATION THEORY

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ABOUT THE AUTHOR

Em Griffin is Professor of Communication at Wheaton College in Illinois, where he has taught for the past twenty-six years and has been chosen Teacher of the Year. He received his bachelor's degree in political science from the University of Michigan, and his M.A. and Ph.D. in Communication from Northwestern University. His research interest centers on the development of close friendships.

Professor Griffin is the author of three applied communication books: *The Mind Changers* analyzes practical techniques of persuasion; *Getting Together* offers research-based suggestions for effective group leadership; and *Making Friends* describes the way that quality interpersonal communication can build close relationships. He also speaks and leads workshops on these topics in the United States, Singapore, and the Philippines. Professor Griffin's wife, Jean, is an artist. They have two adult children, Jim and Sharon.

PREFACE FOR INSTRUCTORS

A First Look is written for students who have no background in communication theory. It's designed for undergraduates enrolled in entry-level courses. In the past, many departments reserved systematic coverage of communication theory for a capstone course or senior seminar, so communication theory texts were addressed to a sophisticated audience. Now the trend in the field is to offer a broad introduction to theory relatively early in a student's program. A *First Look* is written for that beginning student.

Balance as a Guide in Theory Selection The aim of this book is to present thirty-three specific theories in a way that makes them both interesting and understandable. By the time readers complete the book they should have a working knowledge of theories that explain a wide range of communication phenomena. My ultimate goal is to help students see the relationship between different theoretical positions, and the final chapter offers an integrative synthesis. But before students can integrate the leading theoretical ideas in our field, they need to have a clear understanding of what the theories are. The bulk of the book provides that raw material.

With the help of journal and yearbook editors, and feedback from over 100 communication theory professors, I've selected a wide range of theories that reflect this diversity within the discipline. Some theories are proven candidates for a Communication Theory Hall of Fame. For example, Aristotle's analysis of logical, emotional, and ethical appeals continues to set the agenda for many public-speaking courses. Shannon and Weaver popularized terms such as *channel capacity, information loss, noise,* and *feedback,* and many interpretive and critical scholars use the information transmission model as a foil to introduce their own ideas. Watzlawick's axioms continue to be debated by interpersonal scholars, and no student of persuasion should be ignorant of Festinger's cognitive dissonance theory. I include these theories for their historical and foundational significance.

It would be shortsighted, however, to limit the selection to the classics of communication. Some of the discipline's most creative approaches have only recently emerged. For example, Leslie Baxter and Barbara Montgomery's dialectical perspective is a powerful explanation of the ongoing tensions inherent in personal relationships. And Gerry Philipsen's speech codes theory upgrades the ethnography of communication from a methodology to a theory that can be used to explain, predict, and control discourse about discourse. So I've also included cutting-edge theories generated by communication scholars who currently test and hone their ideas at conventions, workshops, and seminars sponsored by ICA, SCA, and other communication associations.

Organizational Plan of the Book Each chapter introduces a single theory in about ten pages. I've found that most undergraduates think in terms of discrete packets of information, so the coverage-in-depth approach gives them a chance to focus their thoughts while reading a single assignment. In this way students can gain a true understanding of important theories rather than acquire only a vague familiarity with a confusing jumble of related ideas. The one-chapter-one-theory arrangement also gives teachers the opportunity to drop theories or rearrange the order of presentation without tearing apart the fabric of the text.

The opening two chapters lay the groundwork for understanding different types of communication theory. Chapter 3 presents two sets of criteria for determining a good theory. I apply these standards to Bormann's symbolic convergence theory because he has dual scientific and rhetorical agendas. Then in the successive thirty-two self-contained chapters I present the other theories featured in the book. Each theory is discussed within the context of a communication topic: verbal messages, nonverbal messages, cognitive processing, relationship development, relationship maintenance, influence, group decisionmaking, organizational communication, public rhetoric, media and culture, media effects, intercultural communication, gender and communication. These communication context sections usually contain two or three theories. Each section has a brief introduction which outlines the crucial issues that the theorists address and places the subsequent chapters within that context. The placement of theories in familiar categories helps students recognize that theories are answers to questions they've been asking all along. The final chapter cuts across these contextual categories and integrates theories by the choices and commitments their authors have made.

Because all theory and practice have value implications, I've interspersed eleven one- to two-page Ethical Reflections throughout the text. Consistent with the focus of this text, each ethical principle is the central tenet of a specific ethical theory. I also raise ethical questions throughout the text. Other disciplines may ignore these thorny issues, but to discuss communication as a process that is untouched by questions of good and bad, right and wrong, virtue and vice would be to disregard an ongoing concern in our field.

Features of Each Chapter Most people think in pictures. Students will have a rough time understanding a theory unless they apply its explanations and interpretations to concrete situations. The typical chapter uses an extended example to illustrate the "truth" a theory proposes. Sometimes I use a well-known event—the 1996 presidential election, the *Challenger* disaster, the New

Era charity scam. In other chapters readers are encouraged to test theorists' ideas by visualizing a first meeting of freshman roommates; responding to conflict in a dysfunctional family; taking part in a group dynamics seminar held on a remote island; trying to decipher what is meant when someone says, "I love you," and many more. I also use the films *Nell*, *Roger & Me*, *When Harry Met Sally* and *Children of a Lesser God* to illustrate the principles of the theories. The case study in each chapter follows the pedagogical principle of explaining what students don't yet know in terms of ideas and images already within their experience.

Some theories are tightly linked with a well-known research project. For example, cultivation theory is supported by Gerbner's annual index of societal fear that is cultivated by violence on television. When such an exemplar exists, I describe the research in detail so that students can learn and appreciate the benefits of grounding theory in systematic observation. Thus readers of *A First Look* are walked through a variety of research designs and data analyses.

Students will encounter the names of Baxter, Berger, Burke, Burgoon, Deetz, Fisher, Gudykunst, Kramarae, Pacanowsky, Pearce, Philipsen, Ting-Toomey, and many others in later communication courses. I therefore make a concerted effort to link theory and theorist. By linking a particular theory with its originator I try to promote both recall and respect for a given scholar's effort.

The text of each chapter concludes with a section that critiques the theory. This represents a hard look at the ideas presented in light of the criteria for a good theory outlined in Chapter 3. I usually provide a brief summary of the theory's strengths and then turn to the weaknesses, unanswered questions, and possible errors that still remain. I try to stimulate a "That makes sense, but ..." response among students.

I include a short list of thought questions after the text of each chapter. Labeled "Questions to Sharpen Your Focus," these probes encourage students to make connections between ideas in the chapter and also to apply the theory to their everyday communication experience. The words printed in italics also remind students of the key terms of a given theory.

Every chapter ends with a short list of readings entitled "A Second Look." The heading refers to resources for students who are interested in a theory and want to go further than a ten-page introduction allows. The top item is the resource I recommend as the starting point for further study. The other annotated listings identify places to look for material about each of the major issues raised within the chapter. The format is designed to offer practical encouragement and guidance for further study without overwhelming the novice with multiple citations. The sources of quotations and citations of evidence are listed in a "Notes" section at the end of the book.

I believe you and your students will get a good chuckle out of the cartoons I've selected, but their main function is to illustrate significant points in the text. I was committed to using "Calvin and Hobbes," "The Far Side," "Dilbert," "Cathy," and quality art from the pages of *The New Yorker* and *Punch* magazines. Perceptive cartoonists are modern-day prophets. Their humor serves the educational process well when it slips through mental barriers or attitudinal defenses that didactic prose can't penetrate.

While no author considers his or her style ponderous or dull, I believe I've presented the theories in a clear and lively fashion. Accuracy alone does not communicate. I've tried to remain faithful to the vocabulary each theorist uses so that the student can consider the theory in the author's own terms, but I also translate technical language into more familiar words and terms. Students and reviewers cite readability and interest as particular strengths of the text. I encourage you to sample a chapter dealing with a theory you regard as difficult so you can decide for yourself.

New Features in the Third Edition Although I've retained the features that students appreciated in earlier editions of the text—writing style, short chapters, extended examples, cartoons—I've made several changes in response to suggestions from those who teach communication theory courses. The most consistent request was for expanding coverage in the group decision-making, organizational communication, and intercultural communication sections. I have responded by adding four new theories:

Ernest Bormann's symbolic convergence theory

Randy Hirokawa and Dennis Gouran's functional perspective

Stanley Deetz's critical theory of communication approach to organizations

Gerry Philipsen's speech codes theory

In addition to these new chapters, I've vastly improved the cultural approach chapter by overlaying the applied theoretical insights of Michael Pacanowsky onto the foundational work of Geertz. As for the other theories in these sections, I've included new insights from the theorists and new applied examples.

Perhaps less obvious to someone merely browsing through the table of contents, I've totally revised and rewritten the seven chapters that present coordinated management of meaning, symbolic interactionism, expectancy violations theory, constructivism, relational dialectics, social judgment theory, and social penetration theory. The last one bears further comment. Since Altman and Taylor cite social exchange processes as the motivational basis for self-disclosure, I've folded the core of what was a chapter on Thibaut and Kelley's social exchange theory into the chapter on social penetration—a two-for-one bargain.

Whereas the previous edition had a single chapter at the end of the book that dealt with ethical dilemmas, the new Ethical Reflections feature places ethical theories in the text where they are most appropriate. Five of these capsule positions were presented previously, but new to this edition are the ideas of Sissela Bok, Thomas Nilsen, Cornel West, Jürgen Habermas, Cliff Christians, and Seyla Benhabib. I strongly urge you to assign these brief ethical reflections throughout the term so that students will grapple with the moral issues embedded in communication theory.

PREFACE FOR INSTRUCTORS

From my standpoint, the single most significant change in the book is the new integrative summary presented in the final chapter, "Order out of Chaos." The chapter moves beyond the scientific/humanistic dichotomy of the introductory chapters to a more sophisticated display of gradations along a scale anchored by objective scholarship on one end and interpretive scholarship on the other. I locate each theory along that continuum, but students are encouraged to consider how and why they might alter a particular placement.

Acknowledgments I am pleased to acknowledge the wisdom and counsel of the generous people who have helped me complete this project. I'm particularly grateful for ten advisors and friends who repeatedly answered questions, offered suggestions, combed through drafts of chapters, and encouraged me when I got bogged down. They are:

Glenn Sparks, Purdue University, who contributed the Coke commercial analysis for the opening chapter and also advised me on the media sections.

Marty Medhurst, Texas A & M, who also wrote a Coke commercial critique for Chapter 1 and enriched my understanding of rhetoric.

Larry Frey, Loyola University of Chicago, who had a strong influence on the introductory framework in Chapters 1, 2, and 3 and on the group decision-making section.

Linda Putnam, Texas A & M, who graciously invested many hours that I might gain an understanding of organizational communication.

Cliff Christians, University of Illinois, who over many years has helped me appreciate the scope of communication ethics.

Brant Burleson, Purdue University, who led me through a vast quantity of constructivist research and made me aware of cutting-edge developments in our field.

Ron Adler, Santa Barbara City College, whose fingerprints are over the symbolic interaction chapter and who graciously regards me as a kindred spirit in our approach to writing.

Charles Roberts, East Tennessee State University, who carefully reviewed the original manuscript and continues to invent creative ways to teach the theories.

James Anderson, University of Utah, who helped me construct and apply the objective-interpretive continuum that is the backbone of the final chapter.

Glen McClish, Southwestern University in Georgetown, Texas, whose extensive participation in this third edition has far exceeded what any author has a right to hope for or expect. Glen's hand is most evident in the revisions of the introductory overview and public rhetoric sections, but he also offered insightful critiques and edits for every other chapter in the book. The research and comments of Glen's students—Chris Pieper, Julianne Pierce, Jeremy Roberts, and Susan Wolf—have been an extra plus in our working relationship. Their lucid analyses and helpful suggestions give cause to be optimistic about the next generation of communication scholars. Glen's interaction with these and other students has well equipped him to write an instructor's manual that you will find an incredibly valuable resource for teaching communication theory.

The unselfish assistance of these ten scholars gives fresh meaning to the term "collegiality." If any of the portions of the text cited above are less than helpful or in error, it's undoubtedly because I didn't sufficiently heed the advice and counsel of these tremendously forthcoming colleagues.

Many other communication professionals helped shape the final product. Bradford "J" Hall (University of New Mexico) expanded my knowledge of intercultural communication. Diana Ivy (Texas A & M University, Corpus Christi) helped me understand major issues in gender and communication. Ed Appel (Conestoga Valley High School) directed my study of Kenneth Burke. Thomas Duncanson (University of Illinois) helped me make sense of the complex world of semiotics, and Richard Johannesen sensitized me to a variety of ethical issues. Gerald Pepper (University of Minnesota, Duluth) helped me decide what changes I needed to make in the organizational section; David Wright (Illinois State University) did the same for group decision-making. My colleagues at Wheaton—Lynn Cooper, Mark Fackler, Myrna Grant, Ed Hollatz, and Ken Chase—were always willing to drop what they were doing to discuss an idea, suggest a resource, or review a chapter. Ken willingly undertook a Burkean review of a Malcom X address. Russ Proctor (Northern Kentucky University) helped me select the feature films listed in Appendix C.

Since the inception of A First Look, McGraw-Hill has enlisted the aid of a number of speech communication scholars to review the manuscript at different stages of development. I am thankful for the wisdom of Rusalyn Andrews, Troy State University; Richard Armstrong, Wichita State University; Richard Bartone, William Patterson College; W. Steven Brooks, Northern Kentucky University; Randall Bytwerk, Calvin College; Paul Cameron, Hunter College; Stanley Deetz, Rutgers University; Kent Drummond, University of Wyoming; Samuel Edelman, California State University, Chico; Marjorie Fish, St. Cloud State University; Kenneth Frandsen, University of New Mexico; Susan Jarboe, Pennsylvania State University; Lenore Langsdorf, Southern Illinois University, Carbondale; Susan Mackey-Kallis, Villanova University; C. David Mortensen, University of Wisconsin; Charles Self, University of Alabama, Tuscaloosa; Thomas Socha, Old Dominion University; Richard Stovall, Southwest Missouri State University; Richard Street, Texas A & M University; Sharon Strover, University of Texas, Austin; Sari Thomas, Temple University; Carol Ann Valentine, Arizona State University; David Willock, Texas Christian University; and Michelle Wolf, San Francisco State University. I'm grateful for their comments and questions, which invariably stimulated further research and a deeper understanding of communication theory.

A number of communication theory instructors "field tested" the first two

editions of this text in their classrooms and then provided extensive reviews. Their comments had a significant impact on the choices I made for this edition and provided a humbling reminder that we are all beginners in the evolving field of communication theory. My thanks goes to Carey Adams, Southwest Missouri State University; George Borden, West Chester University; David Bullock, Walla Walla College; Jerry Butler, University of Arkansas, Little Rock; John Caputo, Gonzaga University; Leda Cooks, University of Massachusetts; Robert Craig, University of Colorado, Boulder; Harold Drake, Millersville University; Dean Farmer, Ohio University; Janie Harden Fritz, Duquesne University; Roger Garrett, Central Washington University; Betsy Gordon, McKendree College; Ray Gozzi, Ithaca College; John Gribas, University of Wisconsin-Eau Claire; Marian Huttenstine, Jacksonville State University; Craig Johnson, George Fox College; Chris Kennedy, Western Wyoming Community College; David Levasseur, Villanova University; Roxane Lulofs, Azusa Pacific University; Robert McPhee, University of Wisconsin, Milwaukee; Mary McPherson, Boise State University; Michael Netzley, University of Minnesota; Richard Olsen, Radford University; James Rosene, University of South Alabama; Hazel Rozema, Millikin University; Wallace Schmidt, Rollins College; David Schuelke, University of Minnestota; John Sherblom, University of Maine, Orono; Milt Thomas, Metropolitan State University; Teresa Thompson, University of Dayton; Richard Watson, Chapman University; and Keith Williamson, Wichita State University.

I am fortunate to have Marge Byers as my sponsoring editor at McGraw-Hill. She shares my vision of a text accessible to the student with no prior knowledge of communication theory and continually encourages me to reach out to this reader. As with Hilary Jackson who worked with me on the first two editions, her warm professionalism is a constant reminder of why I'm glad I chose McGraw-Hill as my publisher. The care and competence of editorial assistant Gwyn Meeks, editing manager David Damstra, and publisher Phillip Butcher reinforces that decision.

Because McGraw-Hill used the production services of Ruttle, Shaw & Wetherill, senior project manager Peg Markow was the person charged with transforming my piecemeal manuscript, figures, cartoons, and notes into the book you are reading. Through three months of almost daily phone conversations I marveled at her commitment to enact my vision and maintain my "voice," while using her skill to better what I had written. She was always available, never seemed rushed, and convinced me that she wasn't bothered by my last-minute changes or nonstandard requests. Other authors are envious when they hear of my experience.

I was also fortunate to have the services of Shawn Spomer, a Wheaton computer art major who created most of the new figures for this edition. See Figures 6.1, 10.1, 14.2, and 36.1 for examples of his work.

Without the help of three student research assistants—Cheryl Baucum, Alexis Beggs, and Christine Boe—this revised edition would still be "in press." They ran computer searches, designed figures, looked up quotations, obtained permissions, and were relentless in spotting fuzzy thinking. Christine's tireless work and warm encouragement are especially noteworthy. Her full year of working on the book was sandwiched between a six-month social work internship in Kenya and four months of service on an Israeli kibbutz near the Lebanese border with Katyusha rockets exploding nearby. When she returned for graduation, Christine spent weeks working with me to create an extensive index.

Finally I want to recognize the continued tolerance, understanding, and loving support of my wife, Jean. Her love, sense of humor, and parallel passion to create art have made it possible for me to throw myself into this project.

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