



THE CELESTINE PROPHECY

AN EXPERIENTIAL GUIDE

THE EAGERLY-AWAITED COMPANION
TO THE SENSATIONAL WORLD
BESTSELLER AND THE ESSENTIAL
GUIDE TO YOUR OWN
PERSONAL ADVENTURE

JAMES REDFIELD
AND CAROL ADRIENNE

THE CELESTINE PROPHET AN EXPERIENTIAL GUIDE



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THE CELESTINE PROPHECY

'It's magnificent, mind boggling, so powerful it makes you gasp out loud'

Insight Magazine

'*The Celestine Prophecy* has already reached cult status . . . it homes in on the deepest, most urgent search of our times, the search for meaning. For searchers who have been through everything from Anglicanism to Zen this is a book like no other'

Daily Telegraph

'This is an extraordinary and uplifting book'

Today

'If you want to read just one inspiring, adventurous and magical tale this year – make it this book'

New Spirit Magazine (New Zealand)

'*The Celestine Prophecy* is a wonderfully insightful book . . . it's really enriching, showing a dimension of life one isn't ordinarily in touch with'

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'If you haven't heard of *The Celestine Prophecy* then you soon will . . . a spiritual and transformative odyssey . . . it has taken America by storm'

Mind Body Soul Magazine

'*The Celestine Prophecy* has been without doubt, the most talked about book everywhere I've been in North America over the past year'

Lynne Franks, *Evening Standard*

'If you've ever wondered what the formula is for an "inspirational" bestseller, with promising potential for cult status, look no further'

Guardian

'*The Celestine Prophecy* has adventure and intrigue, fleeting romance and heroism, and provides a vision of an optimistic and satisfying future for humanity'

Kindred Spirit Magazine

'Philosophically ground-shaking . . . My strongest recommendation is that you obtain a copy as quickly as possible'

New Frontier Magazine

'A spiritual classic . . . a book to read and reread, to cherish, and to give to friends'

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'*The Celestine Prophecy* has to be considered one of the most remarkable successes of recent years'

Publishers Weekly

'The publishing world is still reeling. Among all recent self-help books on how to live a healthier and longer life, one of the clear winners – with sales of over one million copies – a kind of extended parable, *The Celestine Prophecy*'

Longevity Magazine

*

Also by James Redfield

THE CELESTINE PROPHECY

Also by Carol Adrienne

THE NUMEROLOGY KIT
YOUR CHILD'S DESTINY

We wish to dedicate this book to our children:

Kelly and Megan Redfield
Sigrid Emerson and Gunther Rohrer
and all the people who resonate with
The Celestine Prophecy

Acknowledgments

First we would like to thank everyone who read *The Celestine Prophecy* and passed the book along to friends. Without your enthusiasm and readiness to learn more this book would not have come into being.

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We would also like to express gratitude for all the writers and thinkers who have influenced our work and contributed so much to the evolution of consciousness.

Preface

Soon after the publication of *The Celestine Prophecy*, many readers began to ask for more information and to suggest the writing of a study guide. My first response was to hesitate. After all, I consider the novel an “adventure parable,” an attempt to relate a story that illustrates the new spiritual awareness many of us see emerging on our planet. And I wasn’t sure a guide was appropriate. Our new worldview is not just a set of intellectual facts to be debated pro and con. It is much more intuitive and experiential than that. In fact, it can be argued that those who take a strictly intellectual approach to this subject will be the last to “get it.”

The Paradigm shift that is occurring in our time is best thought of as a new common sense, or as what Joseph Campbell called a “new mythology.” It may be the result of decades of intellectual description, but at the point where the description becomes lived, our new view is based on experience, not theory. We are getting in touch with something we knew but didn’t realize we knew, as we recognize our half-conscious ability to follow hunches, take advantage of coincidental opportunities, and sense a higher spiritual guidance active in our lives. It is not so much a change in philosophy as a shift in how we sense and approach life.

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Still, there is a difference between hearing about this new approach to life and having the perceptions necessary to adopt it. I firmly believe that this level of experience is humanity's destiny, but it is not real for any of us until we discover it individually and map it out in our own terms. Hence, such awareness seems best communicated by story and parable, by the sharing of biographical events, and by the contagion of one person seeing a higher truth in the life of another, and then coming to that same experience alone.

You can see, then, my ambivalence toward a study guide. I felt such a project would have to provide a strict definition of ideas and perceptions best left to the reader's own interpretation. Yet, thanks to the input of Carol Adrienne and others, I came to understand that a study guide didn't have to fit that mold. We could in essence elaborate on the ideas set forth in *The Celestine Prophecy* in a manner consistent with the spirit of the novel: by providing more information, but encouraging the reader to investigate these elaborations in self-directed ways. This is what we have tried to do in this companion book. What you will find is additional subject matter and some options from which to choose as you explore it. Some of these ideas are intended as background, others are given merely as interesting tangents. All, we hope, will help to clarify the experience conveyed in the original book.

This guide is designed both for individual readers and for those seeking group discussion. A designated group leader or facilitator is unnecessary. Consistent with the Eighth Insight, group members can each lead at various times, determined intuitively and through consensus. If you come upon someone who is charging money to teach *Celestine* concepts, my advice is that you use the same discretion you would employ when buying anything else from a stranger. There is no *Celestine* school from which accredited trainers graduate and never will be, and we endorse no one who teaches workshops on the subject, although many fine people seem called to do this.

Much of this book's energy, writing style, and group technique comes from Carol Adrienne, who seems to have a special talent for communicating the *Celestine* point of view. Without her initial vision of this guide, as well as her determination in thinking it through, the book wouldn't have happened. Our wish is that this guide will contribute to what is already an energized dialogue on the experience of spirituality.

Remember, the Insights are coming to all of us at the same time, but implementing them is a person-to-person process. The emergence of a fuller spiritual awareness on Planet Earth is occurring only because of individuals like you, who step back and decide life really is more mysterious than any of us thought, and who then break through the habits of skepticism and denial . . . to find their own mission and their own intuitive way of uplifting the world.

JAMES REDFIELD
August 10, 1994

The Nine Insights

1

A Critical Mass

A new spiritual awakening is occurring in human culture, an awakening brought about by a critical mass of individuals who experience their lives as a spiritual unfolding, a journey in which we are led forward by mysterious coincidences.

2

The Longer Now

This awakening represents the creation of a new, more complete worldview, which replaces a five-hundred-year-old preoccupation with secular survival and comfort. While this technological preoccupation was an important step, our awakening to life coincidences is opening us up to the real purpose of human life on this planet and the real nature of our universe.

3

A Matter of Energy

We now experience that we live not in a material universe, but in a universe of dynamic energy. Everything extant is a field of sacred energy that we can sense and intuit. Moreover, we humans can project our energy by focusing our attention in the desired direction ("where attention goes, energy flows"), influencing other energy systems and increasing the pace of coincidences in our lives.

4

The Struggle for Power

Too often humans cut themselves off from the greater source of this energy and so feel weak and insecure. To gain energy we tend to manipulate or force others to give us attention and thus energy. When we successfully dominate others in this way, we feel more powerful, but they are left weakened and often fight back. Competition for scarce human energy is the cause of all conflict between people.

5

The Message of the Mystics

Insecurity and violence end when we experience an inner connection with divine energy within, a connection described by the mystics of all traditions. A sense of lightness—buoyancy—and the constant sensation of love are measures of this connection. If these measures are present, the connection is real. If not, it is only pretended.

6
Clearing the Past

The more we stay connected, the more we are acutely aware of those times when we lose connection, usually when we are under stress. In these times, we can see our own particular way of stealing energy from others. Once our manipulations are brought to personal awareness, our connection becomes more constant and then we can discover our own growth path in life, and our spiritual mission, the personal way we can contribute to the world.

7
Engaging the Flow

Knowing our personal mission further enhances the flow of mysterious coincidences as we are guided toward our destinies. First we have a question, then dreams, daydreams, and intuitions lead us toward the answers, which usually are synchronistically provided by the wisdom of another human being.

8
The Interpersonal Ethic

We can increase the frequency of guiding coincidences by uplifting every person that comes into our lives. Care must be taken not to lose our inner connection in romantic relationships. Uplifting others is especially effective in groups where each member can feel the energy of all the others. With children it is extremely important to their early security and growth. By seeing the beauty in every face we lift others

into their wisest self and increase the chances of hearing a synchronistic message.

9

The Emerging Culture

As we all evolve toward the best completion of our spiritual missions, the technological means of survival will be fully automated as humans focus instead on synchronistic growth. Such growth will move humans into ever-higher energy states, ultimately transforming our bodies into spiritual form and uniting this dimension of existence with the afterlife dimension, ending the cycle of birth and death.

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CHAPTER 1

A Critical Mass: The Coincidences That Shape Our Lives

The Mystery Begins

In The Celestine Prophecy the main character has an unexpected meeting with an old friend just at the moment in his life when he is feeling disenchanted and thinking about changing directions. Charlene, newly arrived from a trip to Peru, where an ancient Manuscript has been discovered, is able to shed some light on the cause of his restlessness.

Our character, who remains nameless, is introduced to the First Insight: becoming conscious of the coincidences working in his life. Skeptical of the idea of a Manuscript explaining the secret of human existence, he is nevertheless intrigued by the mystery.

That night, after returning home, he has a dream about the nature of coincidences and how they always involve the appearance of a person with information. Buoyed by his increasing interest, he books a flight to Peru.

THE FIRST INSIGHT

Slowly, with little fanfare, a global transformation is taking place. As described in the ancient teachings of the Manu-