

2007-08 High School Basketball Rules



Simplified & Illustrated

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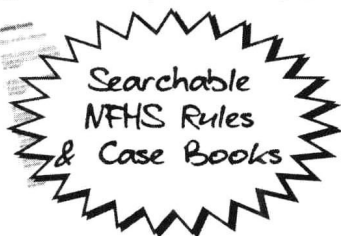
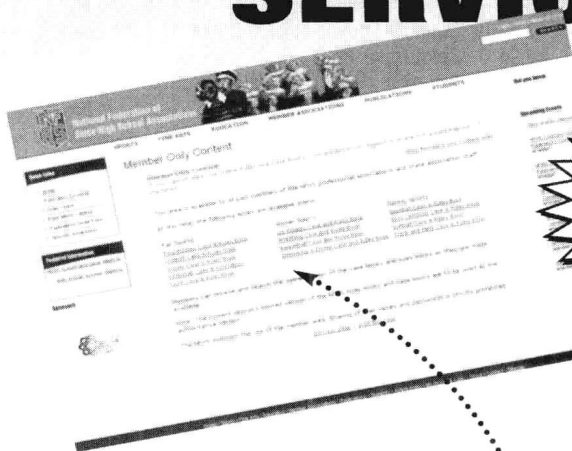
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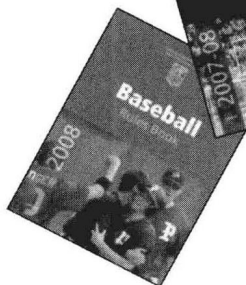
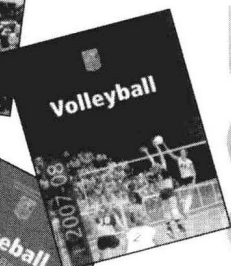
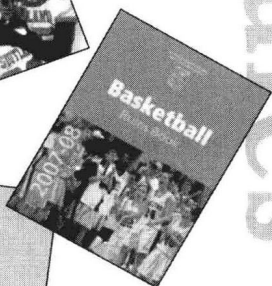
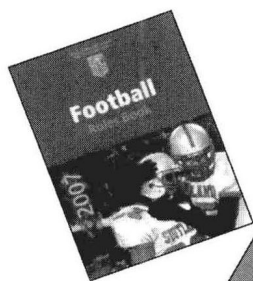


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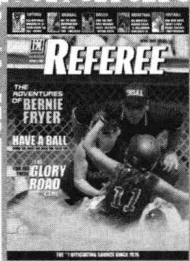
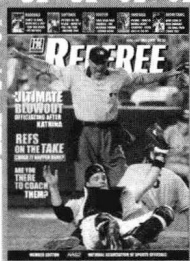
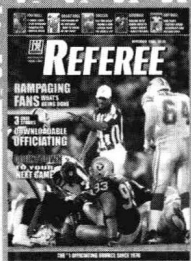
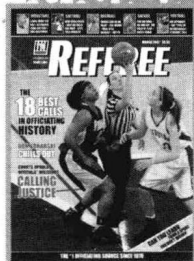
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NFHS Publications

To maintain the sound traditions of this sport, encourage sportsmanship and minimize the inherent risk of injury, the National Federation of State High School Associations writes playing rules for varsity competition among student-athletes of high school age. High school coaches, officials and administrators who have knowledge and experience regarding this particular sport and age group volunteer their time to serve on the rules committee. Member associations of the NFHS independently make decisions regarding compliance with or modification of these playing rules for the student-athletes in their respective states.

NFHS rules are used by education-based and non-education-based organizations serving children of varying skill levels who are of high school age and younger. In order to make NFHS rules skill-level and age-level appropriate, the rules may be modified by any organization that chooses to use them. Except as may be specifically noted in this rules book, the NFHS makes no recommendation about the nature or extent of the modifications that may be appropriate for children who are younger or less skilled than high school varsity athletes.

Every individual using these rules is responsible for prudent judgment with respect to each contest, athlete and facility, and each athlete is responsible for exercising caution and good sportsmanship. These rules should be interpreted and applied so as to make reasonable accommodations for disabled athletes, coaches and officials.

2007-08 High School Basketball Rules Simplified & Illustrated

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When the illustrations and statements do not give the complete answer, check the basketball rules book and case book for the technicalities. This book would not be simple if it covered all facets of the rules.

Requests for basketball rules interpretations or explanations should be directed to the state association responsible for the high school basketball program in your state. The NFHS will assist in answering rules questions from state associations whenever called upon.

2007-08 Basketball Rules Changes

2-12-4;

5-11-2. Changed the warning horn for a 30-second time-out to be sounded with 15 seconds remaining.

2-12-5;

10-5-3. Changed the replacement interval for a disqualified player to 20 seconds, with a warning horn sounded with 15 seconds remaining.

4-15-4d;

9-5-2. Changed that a dribble ends when loss of control by the dribbler is caused by the opponent touching, or being touched by, the ball, rather than an intentional batting of the ball.

4-42-5. Changed that a throw-in ends when the throw-in pass is “legally” touched by another player.

Signal Chart. . Added a signal (spreading of the arms) for when a defender is not in a closely-guarding position.

2007-08 Major Editorial Changes

3-4-6b New. . Implementation date reached requiring the home team to wear white jerseys. Note removed and new sub-article added stating this requirement.

3-5-2 & New d. Added that guards, casts, braces and compression sleeves must be worn for medical reasons.

3-5-3d. Clarified that hard items worn on the head, such as beads, barrettes and bobby pins, are prohibited.

4-38; 7-5-1 . . Clarified when the resumption-of-play procedure is in effect.

4-40-2d. Added to the definition of a legal screen that the screener must stay within his or her vertical plane with a stance approximately shoulder width apart.

7-5-2 thru 7. . Articles reordered for better understanding and application.

10-3-3. Clarified that a technical foul shall be called when a player purposely and/or deceitfully delays his or her return to the court after legally being out of bounds.

10-6. Section reorganized for better understanding and application.

Points of Emphasis

1. Uniforms

2. Free Throws

3. Displacement

4. Ball Handler/Dribbler



Part 1

New or Revised Rules

The NFHS Basketball Rules Committee always keeps the following basic objectives before it:

- Fair play so that neither team gains an unfair advantage
- A balance between offense and defense
- Careful definitions of words and expressions
- Keep rules brief and concise
- Avoid exceptions
- Have simple statements
- Properly codify
- Write rules that are proper for level of play
- Minimizing risks to participants
- Use of fundamental statements.

These objectives can only be realized as long as the rules are administered as written and without exception. To set aside a rule which benefits one team or the other.

This simplified and illustrated book is a supplement to the basketball rules book and other materials which are designed to make officiating and coaching easier through uniformity of interpretations and rulings, and standardization of mechanics for game administration.

The rules are based upon sound fundamentals and axioms which make it possible for those studying them to apply certain basic principles rather than resorting to rote memory in the study and teaching of rules. Hundreds of administrators, coaches and officials have contributed to the logical development of the NFHS basketball rules.



The NFHS Basketball Rules Committee annually considers many items which were submitted as potential changes or revisions. The items which secured favorable endorsement are listed on the previous page of this book. The majority of illustrations in Part I show these additions and revisions. These illustrations are intended to answer the obvious questions which are raised in regard to the new rules.

When possible, some illustrations are presented to cover the “Points of Emphasis” identified by the committee. In some cases, a future rule change may have to be enacted in response to this problem area.

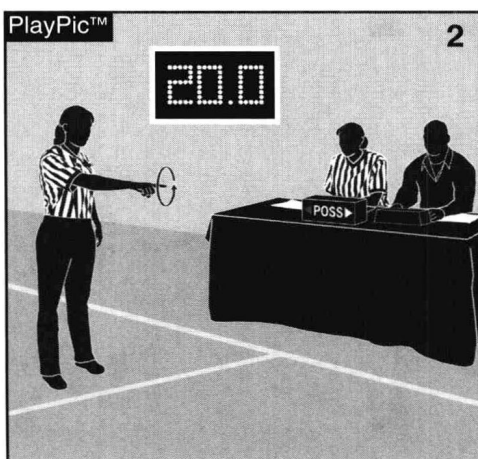
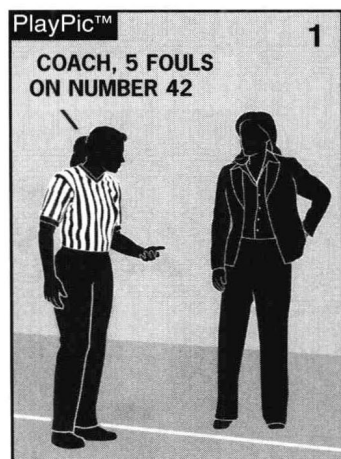
The illustrations found in Part II of this book have been edited to reflect any changes or clarifications as directed by the committee. Recent interpretations have been added to keep the contents current.

NOTE: Unless specifically indicated, all illustrations involve a two-point try and not a three-point try. When applicable, Team A always refers to the team in possession of the ball. Team B refers to the defensive team.

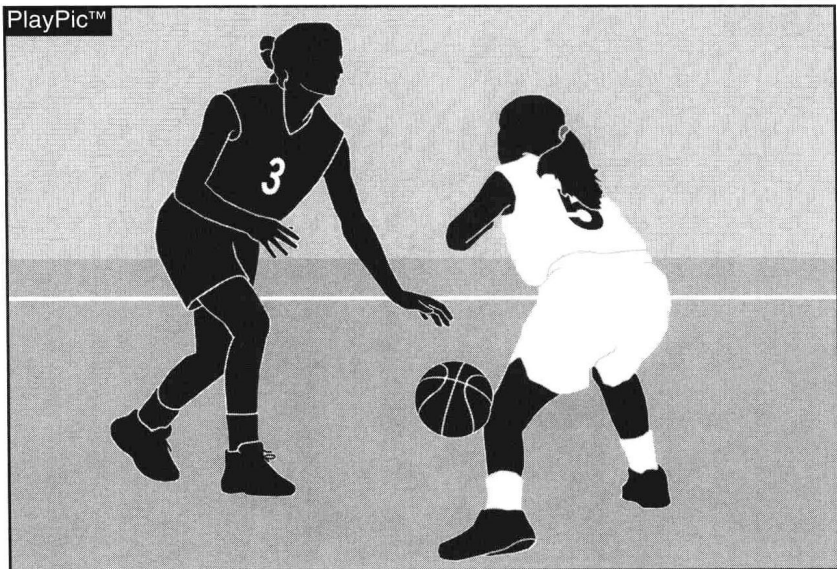




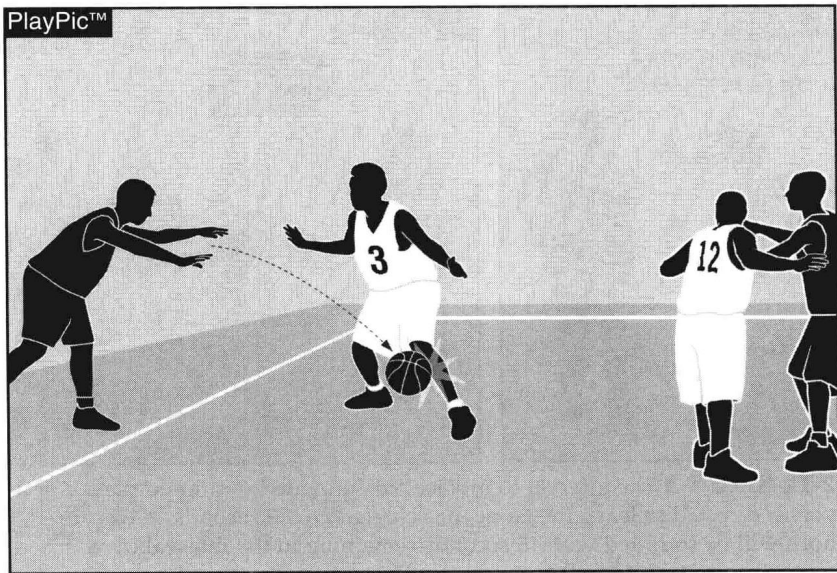
2-12-4; 5-11-2 The warning horn for a 30-second time-out will now be sounded with 15 seconds remaining.



2-12-5; 10-5-3 The interval to replace a disqualified or injured player, or a player directed to leave the game, has changed to 20 seconds. A warning horn will be sounded with 15 seconds remaining in the interval (five seconds into the interval).



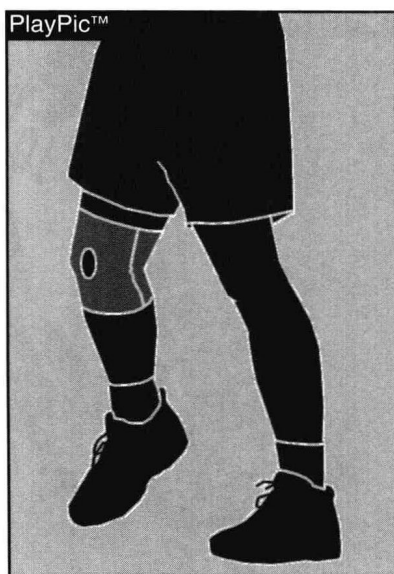
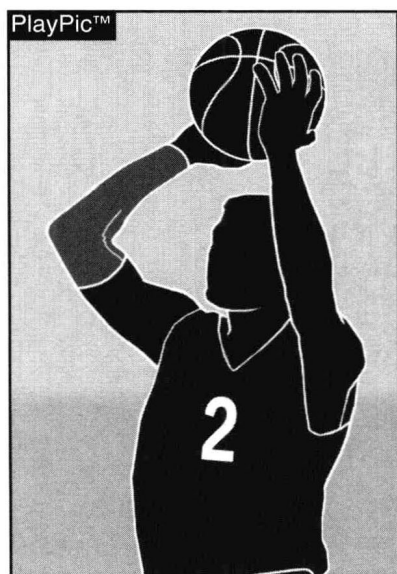
4-15-4d; 9-5-2 The definition of when a dribble ends was changed to when the loss of control by the dribbler is caused by the opponent touching, or being touched by, the ball rather than an intentional batting of the ball.



4-42-5 The word “legally” was added to the definition of when a throw-in ends. The previous rule could possibly reward a defensive team for committing a violation, especially during an AP throw-in.



3-4-6b New The implementation date has been reached requiring the home team to wear white jerseys.



3-5-2 & New d Guards, casts, braces and compression sleeves must be worn for medical reasons.