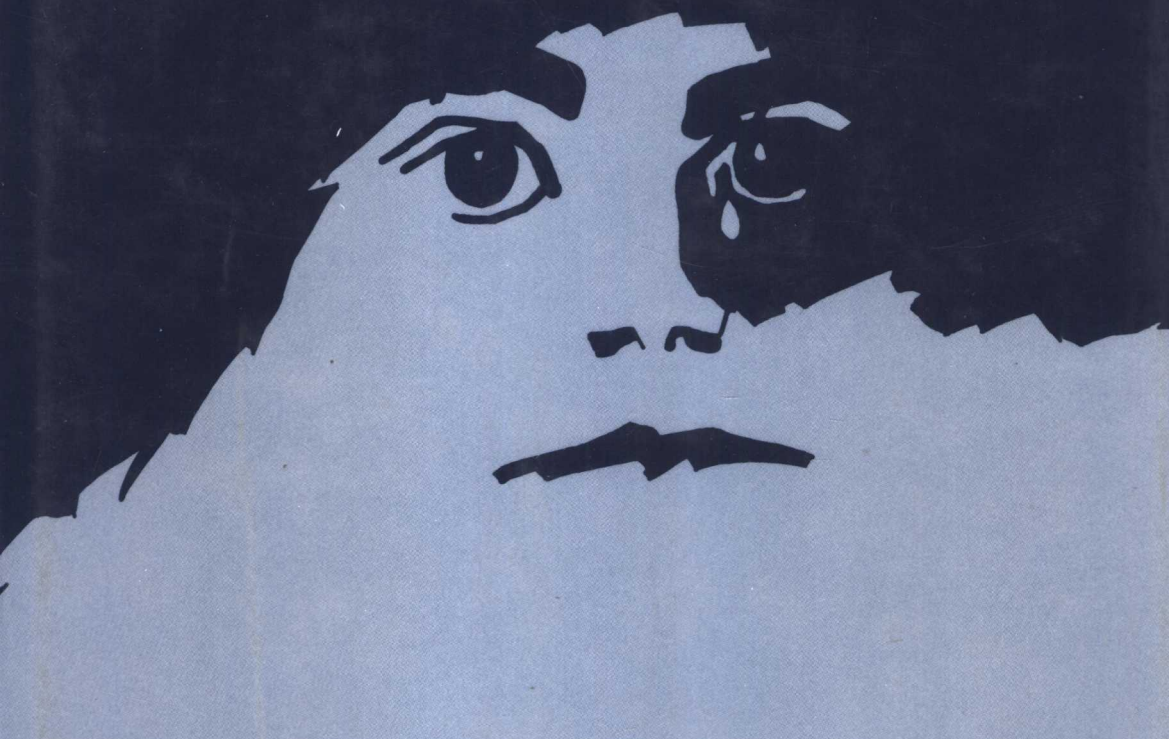


# CHILDHOOD STRESS



Edited by

**L. Eugene Arnold**

A volume in the Wiley Series in Child and Adolescent Mental Health  
Series Editor, Joseph D. Noshpitz

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# CHILDHOOD STRESS

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Edited by

L. EUGENE ARNOLD

*The Ohio State University*



A Wiley-Interscience Publication

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*Dedicated to Rev. Mary M. Janata, M.Div. (1926–1987), the first full-time program director of the Commission on Interprofessional Education and Practice at Ohio State University, and to all those who labor under stress for the benefit of children:*

To teachers, principals, and other educators who help children learn the knowledge and skills needed in the modern world.

To ministers, priests, and rabbis who try to guide children along the paths of reason and social responsibility.

To social workers who try to relieve socioeconomic stress and improve the home and community environment.

To psychologists, psychiatrists, and other mental health professionals who help children cope with stress.

To pediatricians, family practitioners, and other physicians who promote children's health.

To nurses who work for a healthful environment in hospital, home, and community.

To allied medical professionals, dentists, and other health care professionals who round out the team fighting for children's physical and mental health.

To attorneys, judges, and others who assist children through the labyrinths of justice.

To business people, politicians, and others who try to help arrange adequate day care.

Most of all, to parents who try to preserve islands of security for children in a mad world.

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## *Series Preface*

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This series is intended to serve a number of functions. It includes works on child development; it presents material on child advocacy; it publishes contributions to child psychiatry; and it gives expression to cogent views on child rearing and child management. The mental health of parents and their interaction with their children is a major theme of the series, and emphasis is placed on the child as individual, as family member, and as a part of the larger social surround.

Child development is regarded as the basic science of child mental health, and within that framework research works are included in this series. The many ethical and legal dimensions of the way society relates to its children are the central theme of the child advocacy publications, as well as a primarily demographic approach that highlights the role and status of children within society. The child psychiatry publications span studies that concern the diagnosis, description, therapeutics, rehabilitation, and prevention of the emotional disorders of childhood. And the views of thoughtful and creative contributors to the handling of children under many different circumstances (retardation, acute and chronic ill-

ness, hospitalization, handicap, disturbed social conditions, etc.) find expression within the framework of child rearing and child management.

Family studies with a central child mental health perspective are included in the series, and explorations into the nature of parenthood and the parenting process are emphasized. This includes books about divorce, the single parent, the absent parent, parents with physical and emotional illnesses, and other conditions that significantly affect the parent-child relationship.

Finally, the series examines the impact of larger social forces, such as war, famine, migration, and economic failure, on the adaptation of children and families. In the largest sense, the series is devoted to books that illuminate the special needs, status, and history of children and their families, within all perspectives that bear on their collective mental health.

JOSEPH D. NOSHPITZ

*Washington, D.C.*



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# *Acknowledgments*

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A particular debt is owed to the late Rev. Mary M. Janata, who for 11 years as Program Director of the Commission on Interprofessional Education and Practice fostered a fertile interprofessional intellectual atmosphere conducive to such undertakings, and to her successor, R. Michael Casto, Ph.D., Associate Director of the Commission. Background support was offered by Luverne L. Cunningham, Ph.D., Director of the Commission.

Manuscript preparation depended heavily on the invaluable assistance of Mrs. Elaine Proper and was expedited by the help of Ms. Mary Ann Rausch, Ms. Beth Deley, Ms. Tracy Mazik, and Ms. Anita Pryor.

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