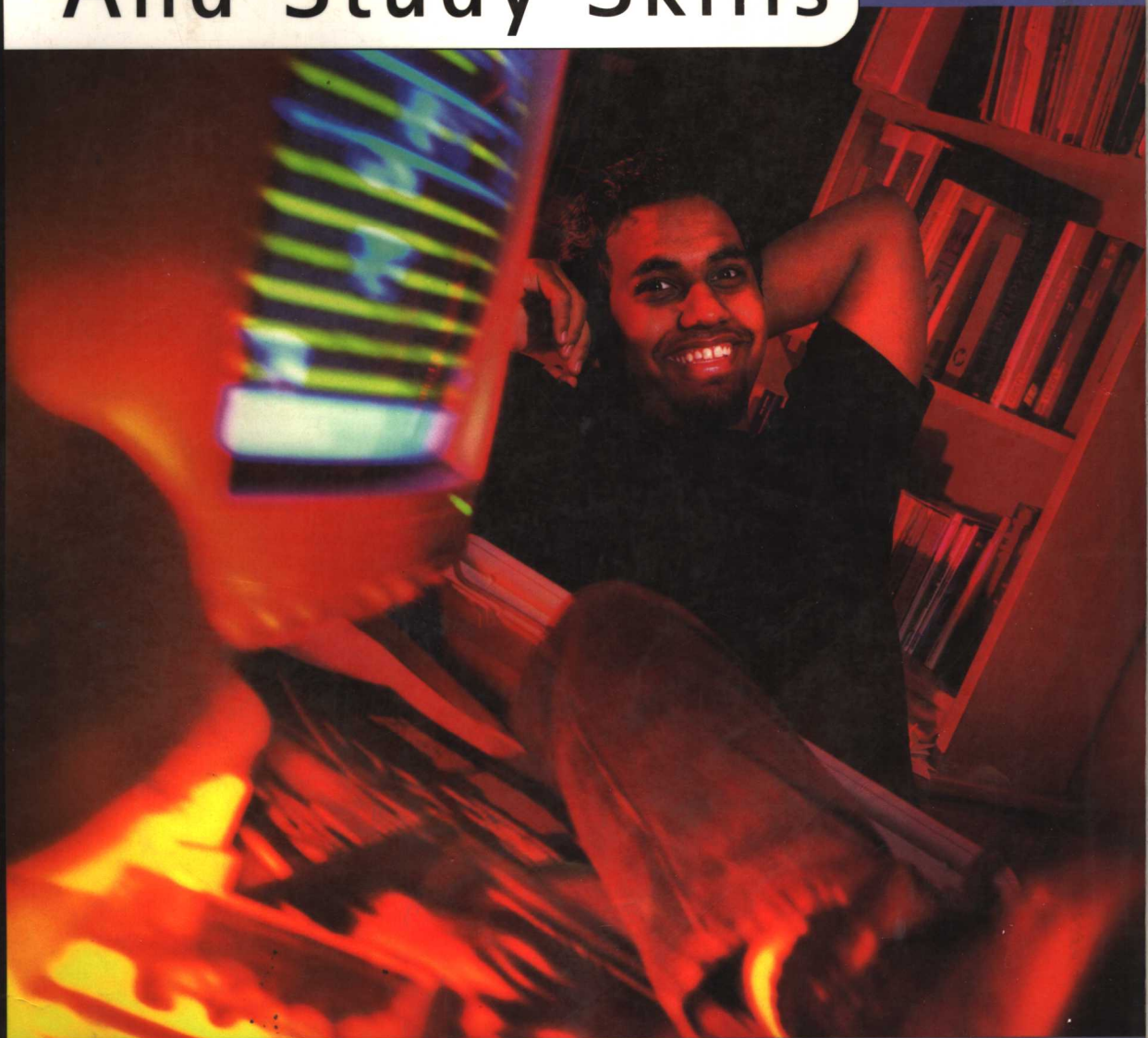


FIFTH  
EDITION



# College Learning And Study Skills



DEBBIE GUICE LONGMAN  
RHONDA HOLT ATKINSON

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Fifth Edition

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**Debbie Guice Longman**  
Southeastern Louisiana University

**Rhonda Holt Atkinson**  
Louisiana State University



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# Preface

*College Learning and Study Skills (CLASS)* was written to help students succeed and prosper in college by developing strategies for time management, study skills, and test taking; by using campus libraries; and writing research papers. To help students refine these skills, this text

- Provides information in a context suitable for postsecondary developmental learners.
- Helps these students become more active learners.
- Explains the mental processes involved in learning.
- Incorporates recent theories and research into reading and study skill instruction.

## Major Features

Instructors and students agree that *CLASS* meets these objectives. Written in a respectful and unpretentious writing style, the fifth edition of *CLASS* contains all the best features of the first four editions, including

- Practical exercises that ask students to apply what they've learned to content materials.
- Write to Learn journal activities.
- Group Learning Activities.

## New to this Edition

We realized, however, that revisions were necessary to meet the changing needs of the students for whom this book was written. To make these revisions, we relied on information from the people who use the text—both instructors and students. New to this edition are the following:

- Online CLASS: Internet exercises in every chapter.
- Updated CLASSic Critical Thinking exercises that ask students to think and work with related content at high levels of thinking.

- New sample chapters, including content from sociology and criminal justice, biology, and technical communication.
- CLASS Action summaries that ask students to synthesize and apply chapter content.
- 75 percent new exercises.

## CLASS Supplements

A wide variety of supplements are available with this text to assist you in teaching this course and to promote student involvement and learning.

### For Instructors

#### Print

- ***Instructor's Manual*** (0-534-54973-X). Revised for this new edition, the Instructor's Manual contains exercise answers, suggestions for instruction and sample exams.
- ***The Wadsworth College Success Course Guide*** (0-534-22991-3). A wide-ranging guide to the issues and challenges of teaching the college success course.
- ***Critical Thinking: Building the Basics***, by Smith, Knudsvig, and Walter (0-534-19284-X). A simple, concise approach for improving one's method of learning through critical thinking.
- ***The Keystone College Success Newsletter***. This newsletter of the Wadsworth College Success Series brings you ideas and information about events and resources from your colleagues around the country.
- ***Custom Publishing Program***. You can combine your choice of chapters from specific Wadsworth titles with your own materials in a custom-bound book. To place your order, call the ITP Custom Order Center at 1-800-245-6724.

#### Videos

##### *Wadsworth Study Skills Video Series*

- ***Volume 1: Improving Your Grades*** (0-534-54983-7). Highlights study strategies for college students, such as goal setting, time management, learning styles and SQ3R.
- ***Volume 2: Lectures for Notetaking Practice*** (0-534-54984-5). Provides academic lectures for notetaking practice on a variety of topics, including anthropology, psychology, economics, health and history.
- ***CNN College Success Video Companion*** (0-534-53746-4). CNN reports on a variety of topics of student interest, including: The college experience, technology on campus, majors and career choice, values, student

involvement and service learning, diversity, health issues and money management.

- ***The Wadsworth College Success Video Series.*** These videos cover a wide variety of topics of interest to students, including managing stress, improving grades, maximizing mental performance and more.
- ***A World of Diversity,*** by David Matsumoto (0-534-23229-9 and 0-534-23230-2). A powerful two-video program designed to help students learn basic skills for interacting effectively with students from different cultural backgrounds.

#### Internet

- ***Success Online.*** <http://www.success.wadsworth.com> Offers a full range of Web-based services.
- ***AT&T World Net.*** Get your students on the Internet with AT&T—one of the fastest growing Internet access service providers.

#### For Students

- ***Wadsworth College Success Home Page.*** <http://csuccess.wadsworth.com>. Provides updates to URLs in this text as well as a range of free services and information.
- ***Franklin-Covey Day Planner Collegiate Edition*** (0-534-55836-4). A daily planner to help students manage their college and professional careers.
- ***College Success Guide to the Internet,*** by Daniel Kurland (0-534-54369-3). Lists sites and activities for topics of interest to students.

## Acknowledgments

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*Debbie Guice Longman*

*Rhonda Holt Atkinson*

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