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Dedications

I am most grateful to Ann DePetris, a skilled and knowledgeable contributor to this text. Ann has shown a great commitment to the development of this revision, always willing to share the work and bringing her clinical expertise to the project. Thanks, Ann, for being a great and generous coworker. It's to you that I dedicate this edition of the book.

Barbara Cohen

To some very special people in my life—my husband Michael, son Paul, daughter Marie, and her husband Bobby. This wouldn't have been possible without all of your loving patience and unconditional support. And to Barbara Cohen—the uniqueness and high standards reflected in *Medical Terminology: An Illustrated Guide*, are the direct result of your unbelievable dedication and skills. You are a remarkable author and educator, and a true mentor. Barbara, it has been an honor and pleasure to work with you on this seventh edition. It's to all of you I dedicate my contributions to this edition.

Ann DePetris

Preface

nowledge of medical terminology is fundamental to a wide variety of health care fields. This book is designed to satisfy the basic learning requirements needed to practice in any health career setting. In the course of your training and future careers, you will need to learn thousands of new terms. The job might be overwhelming if not for learning the skills of dividing the words into their component parts. These roots, suffixes, and prefixes appear over and over in different terms but retain the same meanings. Knowing these meanings will help you define and remember a host of words. This process is like using a set of building blocks to assemble different structures. Using a more scientific example, it's like using the four bases in DNA to code for all the amino acids needed to make proteins.

After the introductory sections, each chapter begins with an illustrated overview of a specific body system with definitions of the key terms related to that system. Tables of word parts and exercises on using them follow. Turning to the abnormal, a section on diseases and treatments is included, followed by definitions of relevant key terms. The section of supplementary terms includes words and phrases that are "good to know" if time allows or if someone is particularly interested in that specialty. The sequence of the systems chapters differs slightly from that found in

traditional anatomy and physiology books. The organization emphasizes their clinical importance, starting with the cardiovascular, respiratory, and digestive systems and continuing with systems treated in more specialized fields, such as the urinary, reproductive, and musculoskeletal systems. The chapters can be taken out of order once the introductory units are completed.

We have tried to make this book easy to use and full of reinforcing drills. We have also included many phonetic pronunciations so you can recognize technical terms when they are spoken and can comfortably use them yourself. The online student learning resources offer many additional activities and an audio glossary. Each chapter opens with a short case study. Some of the words and abbreviations in these studies will be unfamiliar at the start, but return to the opening study after you have completed the chapter, and hopefully, it should make more sense.

You are probably at the beginning of a long journey to gain accomplishment in your chosen field. We hope that this book will aid you in that endeavor and provide a basis on which to build your career.

Barbara Cohen and Ann DePetris

Acknowledgments

n our constant quest to improve the quality of *Medical Terminology: An Illustrated Guide*, we rely on the advice and talents of many people. First, we want to acknowledge the observant instructors and students who take the time to suggest improvements in the text. Also we thank the reviewers, who make many valuable suggestions for revisions. The clinicians who contributed current information in their respective fields include: Margaret O. Burr, BS, RVT, RDMS; Michael DePetris, R. Ph.; Paul DePetris, BS; Mary Green, PA-C; Nancy Gurzick, RDH, BS, MA; Marie Howard, PT, DPT; Robert Howard, DO; Bonnie L. Lehman BSN, MS, CNM; Christine Licari, RD; Pamela Morgan, OTR/L;

Christina Olkowski, MT (ASCP); Donna Robertson, RNC, MSA; Anne Tobin, RN, MSN, ACNP; and Terese A. Trost MA, RT. The information they shared will help guide students through various career paths. Thanks to you all.

As always, we are grateful to the dedicated staff of Lippincott Williams & Wilkins; especially for this edition, Staci Wolfson, Product Manager, who worked on every aspect of the book and its ancillaries; and David Troy, Executive Editor, who oversaw this project from start to finish.

Barbara Cohen Ann DePetris

User's Guide

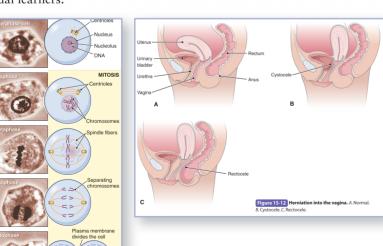
Medical Terminology: An Illustrated Guide, 7th edition, was created and developed to help you master the language of medicine. The tools and features in the text will help you work through the material presented. Please take a few moments to look through this User's Guide, which will introduce you to the features that will enhance your learning experience.

Chapter Contents, Objectives, and Pretests

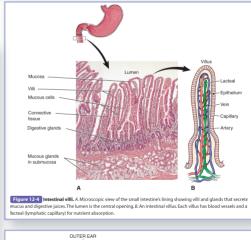
Chapter Opening Case Studies and Objectives help you identify learning goals and familiarize yourself with the materials covered in the chapter. Chapter Pretests quiz students on previous knowledge at the beginning of each chapter. Students should take each Chapter Pretest before starting the chapter and again after completing the chapter in order to measure progress.

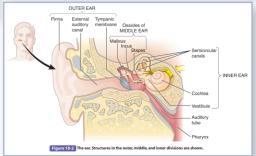
Detailed Illustrations

Illustrations: Detailed, full-color drawings and photographs illuminate the chapters. These include clinical photographs and tissue micrographs. The many figures amplify and clarify the text and are particularly helpful for visual learners.









mitosis, the cell is in interphase. The cell sl only. It is not a human cell, which has 46 ch

Feature Boxes

FEATURE BOXES CALL OUT IMPORTANT INFORMATION

Focus on Words boxes provide historical or other interesting information on select terms within a chapter.



Meaningful Suffixes

Suffixes sometimes take on a color of their own as they are added to different words. The suffix-thon is taken from the name of the Greek town Marathon, from which news of a battle victory was carried by a long-distance runner. It has been attached to various words to mean a contest of great endurance. We have bike-a-thons, dance-a-thons, telethons, and even major charity fundraisers called thon-a-thons.

The adjective ending -ish is used, as in boyish or childish to suggest traces of certain characteristics. People tack it onto words to indicate that they are estimates, not right on target,

as in forty-ish or blue-ish. A vague time for a lunch appointment could be noon-ish.

In science and medicine, the ending -tech is used to imply high technology, as in the company name Genentech, and -pure may be added to inspire confidence, as in the naming of the Multi-Pure water filter. The ending-mate suggests helping, as in helpmate, defined in the dictionary as a helpful companion, more specifically, a wife, or sometimes, a husband. The medical device HeartMate is a pump used to assist a dam-

Clinical Perspectives boxes focus on body processing as well as techniques used in clinical settings.



Clinical Perspectives

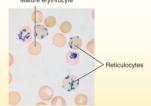
Use of Reticulocytes in Diagnosis

As erythrocytes mature in the red bone marrow, they go through a series of stages in which they lose their nuclei and most other organelles, maximizing the space available for hemoglobin. In one of the last stages of development, small numbers of ribosomes and some rough endoplasmic reticulum remain in the cell and appear as a network, or reticulum, when stained. Cells at this stage are called reticulo reticulum, when stained. Cells at this stage are called reticulo-cytes. Reticulocytes leave the red bone marrow and enter the bloodstream, where they become fully mature erythrocytes in about 24 to 48 hours. The average number of red cells matur-ing through the reticulocyte stage at any given time is about 1 to 2 percent. Changes in these numbers can be used in diag-nosing certain blood disorders. When erythrocytes are lost or destroyed, as from chronic bleeding or some form of hemolytic anemia, red cell produc-tion is "Stemped un" to commensate for the loss Greater nume.

tion is "stepped up" to compensate for the loss. Greater numbers of reticulocytes are then released into the blood before reaching full maturity, and counts increase to above normal. On the other hand, a decrease in the number of circulating

reticulocytes suggests a problem with red cell production, as in cases of deficiency anemias or suppression of bone marrow





Health Professions boxes focus on a variety of health careers, showing how the knowledge of medical terminology is applied in real-world careers.

Box 13-3



Health Professions

Hemodialysis Technician

A hemodialysis technician, also called a renal technician or A hemodialysis technician, also called a renal technician or a nephrology technician, specializes in the safe and effective delivery of renal dialysis therapy to patients suffering from kidney failure. Before treatment begins, the technician prepares the dialysis solutions and ensures that the dialysis machine is clean, sterile, and in proper working order. The technician measures and records the patient's weight, temperature, and vital signs, inserts a catheter into the patient's arm, and connects the dialysis machine to it. During dialysis, the technician monitors the patient for adverse reactions and guards against any equipment maffunction. After the treatment is completed, the technician again measures and records the patient's weight, temperature, and vital signs. To perform these duties, hemodialysis technicians need

perform these duties, hemodialysis technicians need thorough scientific and clinical training. Most technicians in the United States receive their training from a college or technical school, and many states require that the technician be certified.

Hemodialysis technicians work in a variety of settings, such as hospitals, clinics, and patients' homes. As populations age, the incidence of kidney disease is expected to rise, as will the need for hemodialysis. For more information about this career, contact the National Association of Nephrology Technicians at www.dialysistech.net.

For Your Reference boxes provide supplemental information for terms within a chapter.

Box 21-2 For Your Reference

LESION	DESCRIPTION
bulla	raised, fluid-filled lesion larger than a vesicle (plural: bullae)
BUL-a	
fissure	crack or break in the skin
FISH-ür	
macule	flat, colored spot
MAK-ül	
nodule	solid, raised lesion larger than a papule; often indicative of systemic disease
NOD-ül	
papule	small, circular, raised lesion at the surface of the skin
PAP-ūl	
plaque	superficial, flat, or slightly raised differentiated patch more than 1 cm in diameter
plak	
pustule	raised lesion containing pus; often in a hair follicle or sweat pore
PUS-tūl	
ulcer	lesion resulting from destruction of the skin and perhaps subcutaneous tissue
UL-ser	
vesicle	small, fluid-filled, raised lesion; a blister or bleb
VES-i-kal	
wheal	smooth, rounded, slightly raised area often associated with itching; seen in urticaria (hives), such as
wēl	that resulting from allergy

Word Part Tables

DETAILED TABLES

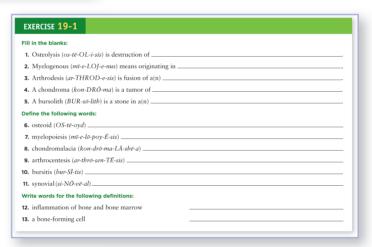
Present roots, prefixes, and suffixes covered in each chapter in an easy-to-reference format (with examples of their use in medical terminology).

Word Part Knowledge aids in the learning and understanding of common terminology.

Table 19-1	Roots for Bones and Joints		
Root	Meaning	Example	Definition of Example
oste/o	bone	osteopenia os-tē-ō-PĒ-nē-a	deficiency of bone tissue
myel/o	bone marrow; also, spinal cord	myeloid MI-e-loyd	pertaining to or resembling bone marrow
chondr/o	cartilage	chondroblast KON-drō-blast	a cartilage-forming cell
arthr/o	joint	arthrosis ar-THRŌ-sis	joint; condition affecting a joint
synov/i	synovial fluid, joint, or membrane	asynovia a-sin-Ō-vē-a	lack of synovial fluid
burs/o	bursa	peribursal per-i-BER-sal	around a bursa

Exercises

Exercises are designed to test your knowledge before you move to the next learning topic that follows each table.



Term Tables

Key Terms include the most commonly used terms.

Terminology	Key Terms		
Normal Structure and Function			
agranulocyte Ā-gran-ū-lō-sīt	A white blood cell that does not have visible granules in its cytoplasm. Agranulocytes include lymphocytes and monocytes (see Box 10-3)		
albumin al-BŪ-min	A simple protein found in blood plasma		
antibody AN-ti-bod-ē	A protein produced in response to and interacting specifically with an antigen		
antigen AN-ti-jen	A substance that induces the formation of an antibody		
B cell	A lymphocyte that matures in lymphoid tissue and is active in producing antibodies; B lymphocyte (LIM-fō-sīt)		
band cell	An immature neutrophil with a nucleus in the shape of a band; also called a stab cell. Band cell counts are used to trace infections and other diseases (see Fig. 10-4)		
basophil BĀ-sō-fil	A granular leukocyte that stains strongly with basic dyes; active in allergic reactions		
blood blud	The fluid that circulates in the cardiovascular system (roots: hem/o, hemat/o)		
coagulation kō-ag-ū-LĀ-shun	Blood clotting		
cross-matching	Testing the compatibility of donor and recipient blood in preparation for a transfusion. Donor red cells are mixed with recipient serum to look for an immunologic reaction. Similar tests are done on tissues before transplantation		
electrolyte ē-LEK-trō-līt	A substance that separates into charged particles (ions) in solution; a salt. Term also applied to ions in body fluids		
eosinophil ē-ō-SIN-ō-fil	A granular leukocyte that stains strongly with acidic dyes; active in allergic reactions and defense against parasites		

Supplementary Terms list more specialized terms.

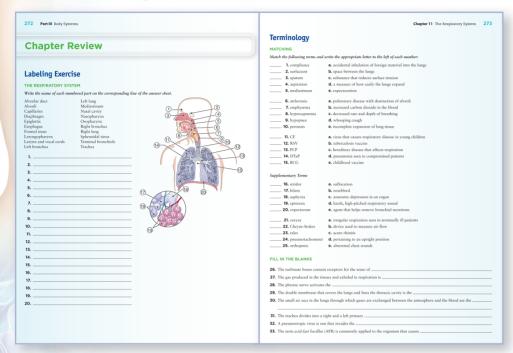
Normal Structure and Function		
agglutination a-glū-ti-NĀ-shun	The clumping of cells or particles in the presence of specific antibodies	
bilirubin bil-i-RÜ-bin	A pigment derived from the breakdown of hemoglobin. It is eliminated by the liver in bile	
complement COM-ple-ment	A group of plasma enzymes that interacts with antibodies	
corpuscle KOR-pus-l	A small mass or body. A blood corpuscle is a blood cell	
hemopoletic stem cell hē-mō-poy-E-tik	A primitive bone marrow cell that gives rise to all varieties of blood cells	
heparin HEP-a-rin	A substance found throughout the body that inhibits blood coagulation; an anticoagulant	
plasmin PLAZ-min	An enzyme that dissolves clots; also called fibrinolysin	
thrombin THROM-bin	The enzyme derived from prothrombin that converts fibrinogen to fibrin	
Symptoms and Condition	ons	
agranulocytosis ū-gran-ū-lō-sī-TŌ-sis	A condition involving a decrease in the number of granulocytes in the blood; also called granulocytopenia	
erythrocytosis e-rith-rō-sī-TŌ-sis	Increase in the number of red cells in the blood; may be normal, such as to compensate for life at high altitudes, or abnormal, such as in cases of pulmonary or cardiac disease	
Fanconi syndrome fan-K <i>Ö-nē</i>	Congenital aplastic anemia that appears between birth and 10 years of age; may be hereditary or caused by damage before birth, as by a virus	
graft versus host reaction (GVHR)	An immunologic reaction of transplanted lymphocytes against tissues of the host; a common complication of bone marrow transplantation	
hairy cell leukemia	A form of leukemia in which cells have filaments, making them look "hairy"	

Abbreviations are listed for common terms.

Ab	Antibody	ITP	Idiopathic thrombocytopenic purpura
Ag	Antigen, also silver	lytes	Electrolytes
AIDS	Acquired immunodeficiency syndrome	мсн	Mean corpuscular hemoglobin
ALL	Acute lymphoblastic (lymphocytic) leukemia	мснс	Mean corpuscular hemoglobin concentration
AML	Acute myeloblastic (myelogenous)	mcL	Microliter
APTT	Activated partial thromboplastin time	mcm	Micrometer
ВТ	Bleeding time	MCV	Mean corpuscular volume
СВС	Complete blood count	MDS	Myelodysplastic syndrome
CGL	Chronic granulocytic leukemia	mEq	Milliequivalent
CLL	Chronic lymphocytic leukemia	NHL	Non-Hodgkin lymphoma
		PCV	Packed cell volume
CML crit	Chronic myelogenous leukemia Hematocrit	pH	Scale for measuring hydrogen ion concentration (acidity or alkalinity)
DIC	Disseminated intravascular coagulation	Ph	Philadelphia chromosome
Diff	Differential count	PMN	Polymorphonuclear (neutrophil)
EBV	Epstein-Barr virus	poly	Neutrophil
ELISA	Enzyme-linked immunosorbent assay	polymorph	Neutrophil
EPO, EP	Erythropoietin	PT	Prothrombin time; pro time
ESR	Erythrocyte sedimentation rate	PTT	Partial thromboplastin time
FFP	Fresh frozen plasma	RBC	Red blood cell; red blood (cell) count
Hb, Hgb	Hemoglobin	seg	Neutrophil
Hct, Ht	Hematocrit	SLE	Systemic lupus erythematosus
HDN	Hemolytic disease of the newborn	T(C)T	Thrombin (clotting) time
HIV	Human immunodeficiency virus	TTP	Thrombotic thrombocytopenic purpura
IF	Intrinsic factor	vWF	von Willebrand factor

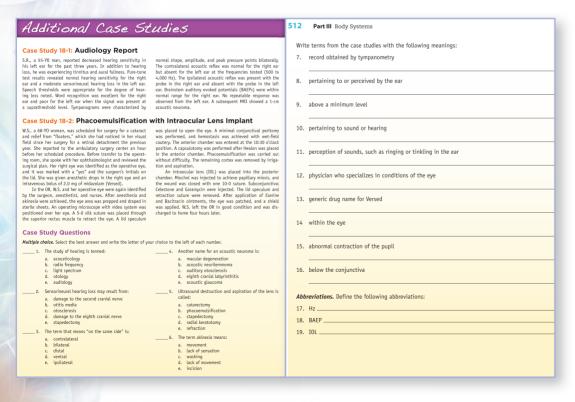
Chapter Review Exercises

Chapter Review Exercises are designed to test your knowledge of the chapter material and appear at the end of each chapter.



Case Studies and Case Study Questions

Case Studies and **Case Study Questions** in every chapter present terminology in the context of a medical report. These are an excellent review tool as they test your cumulative knowledge of medical terminology, and put terminology into a real-world context.



Flashcard Starter Set

More than 100 flashcards are included at the back of the text. Add to this collection with your own cards as you work through the text (please be sure to see the Student Resources section for information on creating your own set of flashcards using the Flashcard Generator).

Student Resources and the PASSport to Success®

Different people learn in different ways. Some students learn by reading. Others take in new information by listening to their instructors. You may prefer to write down notes. A simple self-assessment can tell you whether you are a visual, auditory, or kinesthetic learner. When you understand the way that you process information most effectively, you can choose resources that fit your learning style. The PASSport to Success® is a practical system that lets you learn faster, remember more, and achieve success.

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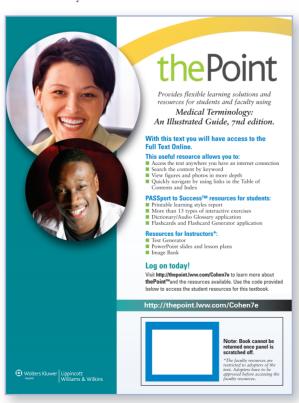
PASSport to Success®

Your journey begins with your textbook, *Medical Terminology: An Illustrated Guide*, 7th edition. The textbook is filled with icons that guide you to resources and activities that are designed for your personal learning style.



Go to the pronunciation glossary on the Student Resources to hear these words pronounced.

Inside the front cover of your textbook, you will find your personal access code. Use it to log on to *thePoint*—the companion Web site for this textbook. On the Web site, you can search and sort learning activities by learning style and choose the ones that will help you understand the material quickly and efficiently.



DISCOVER YOUR LEARNING STYLE!

If you like to study animations, illustrations, and diagrams, you may be a visual learner. If you like to sound out new words or discuss material with other students, you may be an auditory (hearing) learner. If you take a lot of notes during class and benefit from hands-on learning activities, you are probably a kinesthetic (touch) learner.

Most people have both a primary and a secondary learning style—and the PASSport to Success® helps you identify both! Once you know *how* you learn best, you can choose learning activities that will help you master new material more efficiently.

Discovering your learning style is easy—and fun! Here's how to begin:

- 1. Use your web browser to navigate to http://lww. mypowerlearning.com/login.isf.
- **2.** If this is the first time you are visiting the MyPowerLearning Web site, enter your scratch-off access code from the inside cover of this book into the "Access Code" box and click "Begin!"
- **3.** MyPowerLearning will send you an e-mail with your username and password you will use to log in to MyPowerLearning and complete your Learning Style Assessment (*Don't worry—There are no wrong answers!*).
- **4.** Print and read your own personal learning styles report to better understand how to study most effectively and efficiently.

Once you know your own personal learning style, access the Point. lww.com/Cohen7e on the Point—the companion Web site for Medical Terminology: An Illustrated Guide, 7th Edition, which will allow you to search and sort PASSport to Success® activities by learning style to choose the most effective way for you to learn the material. Resources and activities available to students include the following:

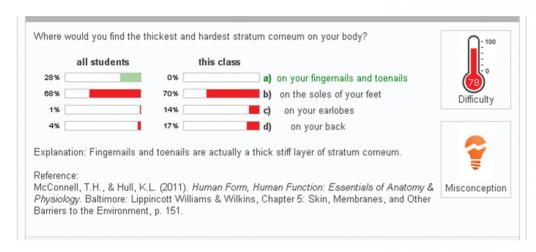
- Multiple choice, true–false, and fill-in-the blank questions
- Categories
- Listen & Label and Look & Label
- Word Building
- Zooming In
- Pronounce It
- Spell It
- Sound It
- Hangman
- Crossword Puzzles

- Ouiz Show
- Concentration
- Case Studies and Case Study Questions
- Dictionary and Audio Glossary application
- Flashcards and Flashcard Generator applications
- Animations
- Audio Drills (which allow for chapter audio files to be downloaded as MP3 files)
- Chapter Quizzes

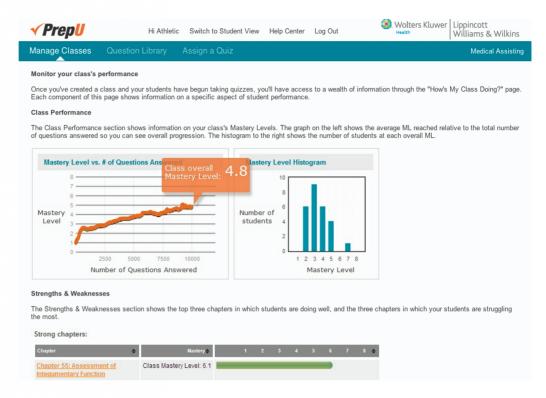


PrepU: An Integrated Adaptive Learning Solution

PrepU, Lippincott's adaptive learning system, is an integral component of *Medical Terminology:* An Illustrated Guide.



PrepU uses repetitive and adaptive quizzing to build mastery of medical terminology concepts, helping students to learn more while giving instructors the data they need to monitor each student's progress, strengths, and weaknesses. The hundreds of questions in PrepU offer students the chance to drill themselves on medical terminology and support their review and retention of the information they've learned. Each question not only provides an explanation for the correct answer, but also references the text page for the student to review the source material. PrepU for *Medical Terminology* challenges students with questions and activities that coincide with the materials they've learned in the text and gives students a proven tool to learn medical terminology more effectively. For instructors, PrepU provides tools to identify areas and topics of student misconception; instructors can use these rich course data to assess students' learning and better target their in-class activities and discussions, while collecting data that are useful for accreditation.



A learning experience individualized to each student. An adaptive learning engine, PrepU offers questions customized for each student's level of understanding, challenging students at an appropriate pace and difficulty level, while dispelling common misconceptions. As students review and master PrepU's questions, the system automatically increases the difficulty of questions, effectively driving student understanding of medical terminology to a mastery level. PrepU not only helps students to improve their knowledge, but also helps foster their test-taking confidence.

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To see a video explanation of PrepU, go to http://download.lww.com/wolterskluwer_vitalstream_com/mktg/prepuvid/prepupromo01.html.

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