



# 大学英语

## 高分六级一本通

赵亮◎主编

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# 大学英语 高分六级一本通

赵亮◎主编



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# 赵亮老师

与社会各界人士  
交流后合影留念



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· 演员汤唯



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· 相声大师郭德纲



· 演员佟大为



· 歌手孙楠



· 外交部长李肇星

曾经我以为很多固有的模式化的东西不再值得我们去进一步关注琢磨，但直到渐渐成长后我才发现“Only if you can break up a rule can you set up a rule”，越是固有的存在越需要我们持有批判性的思维去重新审视、思量，这样你才能遇到那个真正控制自己人生、创造精彩生活的自己，否则只能是墨守成规，庸庸碌碌而无所大为。就像我们读一本书时总会潜意识里觉得“前言”部分都是废话，那么今天我就从这里做出改变，也希望各位读者从这里开始对本书的阅读。

### “你的理想是什么？”

在这个时代，或许很多人会觉得谈理想是一件很落伍的事情，所以当你被问到这个问题时可能会说“都什么时代了还谈理想”！

想起自己学习英语的故事，我们小学根本不学英语，初中才开始学，而且初中还是四年制，刚开始我觉得英语学习很无聊，学英语没用，就一直没有认真去学，老师每天安排的抄单词作业基本都是花钱找同桌女同学代写的，还好当时物价不是很高，代写一次三毛钱，少吃一根油条也就省下来了。所以……初中前三年所有英语考试中最高分可能也就四十多分吧。直到初三结束，突然意识到了危机感，就剩最后一年了，再不努力可能就没机会了，于是暗自发誓一定要好好学习把英语赶上去，人其实就是这样，在年轻的时候哪怕你犯点错误走点弯路，这也许无可避免，但在关键时刻一定要清醒。初四我们换了一位所谓经验丰富的大龄女性英语老师，有一次上课时老师叫我回答问题，问“赵亮，回答一下 be 动词的过去时。”当时心想多亏老师问了个简单的问题，顺口回答“is 后面加 ed，很简单，ised”，全班同学都在笑，但我不知道他们在笑什么；老师又问“那 am 呢？”，我接着回答“am 后面也加 ed，amed”，这时候老师似乎有点崩溃，说“好，坐下吧，我知道了，是不是 are 后面也加 ed？”我很严肃地对老师说“不对”，老师很诧异问为什么，我说“are 后面有 e，请直接加 d”……然后，就没有然后了。

下课后我走进老师的办公室，向她表达了我想认真把英语学好的愿望，这时候老师看了看我说“赵亮啊，你这么说我很感动，这样吧，以后我给你个特权好不好？”当时我甭提有多激动了，以为要单独给我补课，连连向老师表达感激之情，这时候她接着说“给你个特权，以后上英语课的时候你可以拿出数理化题来做一下，”末了还补充一句“反正英语短时间内也补不起来，基本也没什么希望了。”这时候我很愤怒地走出办公室，然后握着拳头很认真地和自己说了一句话“不为了别的，就为了这个老师的这句话，我也一定要把英语学好！”这就是我当时的梦想。

接下来的日子里，我尝试找到正确的学习方法，去找英语好的同学请教，每天雷打不动地四点半起床读英语背单词，整整坚持了 8 个月，正确的付出总会收到回报，最后中考成绩揭晓的时候，我的英语考了 114 分（满分 120 分），全校英语第二名（鼓掌），当然也顺利考取了当时最

好的重点高中。过了一段时间，初中的校长请我们几个考得不错的学生回校给毕业班同学做一个学习经验交流会，当时我把这个学英语的故事讲给大家听，不少学生很怀疑地问我：“学长，你真的是一年之内把英语补起来的吗？有点不相信哎。”我说：“其实你们并不是不相信我，而是不相信你自己。”讲完后在大家离场时我发现了一个熟悉的身影，就是当年那个英语老师，我跑过去打了个招呼，她说：“赵亮，英语考得不错嘛。”我回答：“多亏当年老师您的栽培！”我以为她会道歉或者不好意思，结果她用很真诚的语气很认真地和我说了这样一句话：“赵亮，你知道吗？……当年我就看出来……你是块学习英语的好料子！”

所以……

希望大家可以从我的故事中得到一些启发。

(1)如果当年“顺势而为”，听了老师的“教诲”，或许我就考不上高中，自然也就没有机会上大学，然后……当然也就不可能站在这么多城市的这么多优秀的大学生面前侃侃而谈了吧。

幸好我没有那么做，幸好当时我树立了那个梦想，梦想的作用真的很伟大，它可以让你拒绝放弃，拒绝平庸，甚至有勇气去改变或挑战那些你不满意的现实！就像英国达人秀 Susan 大妈那句话“The dream is much stronger than the reality!”

当然有的人可能会说“有理想怎么了，你不知道‘理想很丰满，现实很骨感’吗？”其实这句话是我在讲座时一直让大家去重新思考的一句话，这就相当于去买衣服，一个 160cm 的瘦子去买了一件加肥加大的 190cm 的衣服，穿上之后会觉得别扭难受又丑陋，然后他抱怨“衣服很丰满，身材很骨感”，那请问他这时候应该做什么？是脱掉衣服去裸奔吗？显然不能，我想此刻他需要做的应该是要不换件较小的衣服，要不想办法让自己丰满起来，直到有一天可以撑得起这件衣服！理想也是一样，当你抱怨“理想很丰满，现实很骨感”的时候，你需要做的不是抛弃理想，而是说明你的现状还不足以支撑你的理想，那你需要做的就是去努力，去拼搏，去奋斗，让你自己充实丰满起来，直到有一天你可以很自信地说“这就是我的理想！我有能力去实现这个理想！”

(2)实现梦想的道路注定不会平坦，你要做好心理准备，当你有了更大的梦想，就要去面对更残酷的现实和更庞大的压力。

或许有一天当你说出了你的梦想，你身边的人会打击你，会否定你，会觉得很可笑，会不相信你，甚至有时候你最近的亲人也会不相信你。记得有一次我和妈妈在看电视，妈妈随口说了句“这些当主持的人真棒，他们家人在电视上看到他们得多自豪啊！”一个农村妇女可能觉得能上电视就是件很光宗耀祖的事吧，这时候我来了句“妈，有一天我也能做到！”我妈看了我一眼，说了两个字——“呵呵”，然后就起身出去了。后来，我受邀主持了博鳌亚洲论坛，客串主持了 CCTV 等一系列电视节目……最终，我还是做到了。所以说，哪怕全世界都不相信你，只要有一个人相信你自己，那你就一定能做到，这个人就是你自己。记住“You are what you think you are!”你认为自己是什么样子的人，你就会成为什么样子的人。

或许，有一段时间，你会感觉浮躁，我也会，曾经我看到那些富二代挥金如土，看到那些年轻演员一夜成名，也会去幻想那要是自己该多好，最后才发现这些都是无用的，他们最后还是

他们，而你还是你！我来自山西一个普通的农村家庭，没有任何背景，但我还是通过自己的努力让全家搬到了美丽的海滨城市青岛，过上了还算不错的生活，所以说千万不要因为自己没有背景而去质疑自己的未来。记住，在需要埋头种地的时候，误入了别人家的果园，就以为自己已经收获了整个秋天，这才是最大的失误。

或许，你会害怕失败，曾经我也是，曾经我觉得失败是一件很丢人的事情，曾经因为创业过程中一次比较大的失败，我得了抑郁症，那段时间真的是痛不欲生，也不敢和父母说，觉得连起床开始新一天生活的勇气都没有，顿时失去了人生奋斗的动力，那段时间我就逼自己去读很多关于抑郁症的书，开始一步步找到重新“站”起来的方法和信心，最后终于走出了那段痛苦的时期，而且之后那几天发现天空更加的蓝，空气更加的清新，所以说“It doesn't matter how many times you fail, what matters is how many times you stand up and try again.”失败多少次都无所谓，真正重要的是你能重新站起来多少次，再重新开始。举个例子，一直以来每当提起瑞士网球，一个叫瓦林卡的球员总是处于费德勒的光环下，他曾面对四巨头时 37 战连败，不过这从未磨灭这位瑞士硬汉的斗志，正如他的信条：“Ever tried, ever failed; try again, fail again, fail better!”天道终酬勤，瓦林卡终于迎来了属于自己的大满贯，也成为继波特罗之后又一个突破四巨头垄断的球员！每个人都远比自己想象的要强大，尤其是当你回过头去看自己走的路时，会发现只要坚持着最初的那个信仰，一直努力，不惧怕失败，终究会变成自己曾经羡慕的那个样子的人！

忍过寂寞的黑夜，天就亮了；耐过寒冷的冬天，春天就到了。只有付出了别人没有付出的付出，失去了别人不愿意失去的失去，最终才能得到别人得不到的得到，“Today you do things others don't do, tomorrow you do things others can't do.”在不是享乐的时候千万别选择安逸，在不是安稳的年纪千万别放弃奋斗！

找到理想，找到梦想，不要犹豫，更不要彷徨，也不要去寻找所谓的安全感，这个社会上真正能给你安全感的只有一个人，那就是你自己，真正能给你安全的方式只有两个字，那就是奋斗！找到理想，找到梦想，让梦想上路，因为梦想只要出发就能到达，怀着一颗浪漫和感恩的心，享受在路上！

赵亮

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# 第一章 写作

## 第一节 写作技巧与策略

### 一、写作备考总论

#### 1. 写作的过程

写作一般分为三个过程：构思、组织、表达。

(1) 构思。当考生拿到考题，看懂题目，在脑中整合与考题内容相关的内容。这时的素材往往是个别的、孤立的，很凌乱琐碎；

(2) 组织。即把脑中的素材做出整理，使其条理、系统化。取舍素材的标准如下：自己是否可以准备的英文进行表达，整理的素材字数是否符合考试的要求。

(3) 表达。把组织过的材料仔细推敲，确认没有问题了再落笔成文。在撰写时要注意主谓语一致，时态呼应，用词贴切等。

#### 2. 写作的必备积累

##### (1) 基础语法。

写作是一个输出的过程，要求考生一定具备最基础的语法才会造出正确的句子，所以在真正写作之前，考生需要检验自己的最基本语法知识是否具备。具体如下：时态，语态，三大从句，主谓一致。倘若可以掌握更复杂的语法点自然是更好，如：虚拟语气，强调，倒装，非谓语动词等。但在此之前需要考生掌握造句的最基本语法。

##### (2) 高级词汇以及高级固定句型的积累。

写作的高分标准不是语言的正确表达，而是优美表达，换言之，文章不是写对就是高分，需要写好。这就要求考生一定有语言的积累，体现在写作的造句方面就是单词和句型的升级。

#### 3. 写作的提高方法

##### (1) 阅读优秀范文。

阅读是写作的基础，写好英语先要读好英语。积累一个词，应该要同时掌握这个词的用法。记单词不能光记它的表面意思，而应深入了解它的适用语境、常用搭配、习惯用法等，这样才算真正掌握了一个词。

例如“Actually, no rules of the game states you must do anything”这个句子中，查字典了解到“state”一词意思是“表明、说明”，在这里作及物动词，用法之一是“...state...”。以后在写作中要表达“考试中取得高分表明你学习取得了很大进步”便可写成“The high marks of the tests state you've made great progress in your studies.”。

##### (2) 加强练词造句训练。

词句对作文相当于造房的材料,无好材料就造不出好房子。平时在学习阅读时要注意收集积累,把好的词语、短语、句型做好笔记。平时在练习中的错误也要做好记录,再对照正确句子,使地道的英语句子如同条件反射,落笔就对。

### (3) 了解英语写作格式

可以先看一本介绍英语写作入门的书,对英语写作有一个初步的概念,如怎么写议论文,如何提出论据,如何展开,如何确定中心句;又如,英语书信的格式,如何根据不同身份写不同结束语等,然后根据不同的体裁进行写作练习。

### (4) 恰当运用过渡词

恰当运用过渡词可以使文章结构紧凑,过渡自然,避免脱节现象。时间上的衔接词有 then、as time goes by、day after day、gradually、finally 等,表因果关系的有 as a result、because of、thanks to 等。

总的来说,要提高自己的英语写作能力,必须多精读、泛读,积累精彩的单词、短语、句子,并尽可能地运用到自己的习作中去,多模仿一些原汁原味的文章,这样才能使自己的写作水平跃上一个新台阶。

## 二、写作高分句型

1. No invention has received more praise and abuse than Internet. 没有一项发明像互联网一样同时受到如此多的赞扬和批评。
2. People seem to fail to take into account the fact that education does not end with graduation. 人们似乎忽视了教育不应该随着毕业而结束这一事实。
3. An increasing number of people are beginning to realize that education is not complete with graduation. 越来越多的人开始意识到教育不能随着毕业而结束。
4. When it comes to education, the majority of people believe that education is a lifetime study. 说到教育,大部分人认为其是一个终生的学习。
5. Many experts point out that physical exercise contributes directly to a person's physical fitness. 许多专家指出体育锻炼直接有助于身体健康。
6. Proper measures must be taken to limit the number of foreign tourists and the great efforts should be made to protect local environment and history from the harmful effects of international tourism. 应该采取适当的措施限制外国旅游者的数量,努力保护当地环境和历史不受国际旅游业的不利影响。
7. An increasing number of experts believe that migrants will exert positive effects on construction of city. However, this opinion is now being questioned by more and more city residents, who complain that the migrants have brought many serious problems like crime and prostitution. 越来越多的专家相信移民对城市的建设起到积极作用。然而,越来越多的城市居民却怀疑这种说法,他们抱怨民工给城市带来了许多严重的问题,例如犯罪和卖淫。
8. Many city residents complain that it is so few buses in their city that they have to spend much more time waiting for a bus, which is usually crowded with a large number of passengers. 许多市民抱怨城市的公交车太少,以至于他们要花很长时间等一辆公交车,而车上可能已满载乘客。
9. The most striking conclusion that can be drawn when weighing strong points and weak ones of the spring festival gala is, to be frank, that it is indispensable. 坦白的说,在权衡春晚的利弊时能得出最明显的结论是:它的确不可或缺。

10. Although there are those who support euthanasia, I still cling to the opposite idea. 尽管很多人支持安乐死,但是我仍然不敢苟同。
11. There is no denying the fact that air pollution is an extremely serious problem: the city authorities should take strong measures to deal with it. 无可否认,空气污染是一个极其严重的问题:城市当局应该采取有力措施来解决它。
12. An investigation shows that female workers tend to have a favorable attitude toward retirement. 一项调查显示妇女往往对退休持赞成态度。
13. A proper part-time job does not occupy students' too much time. In fact, it is unhealthy for them to spend all of time on their study. As an old saying goes: All work and no play makes Jack a dull boy. 一份适当的兼职工作并不会占用学生太多的时间,事实上,把全部的时间都用到学习上并不健康,正如那句老话:只工作,不玩耍,聪明的孩子会变傻。
14. Any government, which is blind to this point, may pay a heavy price. 任何政府忽视这一点都将付出巨大的代价。
15. Nowadays, many students always go into raptures at the mere mention of the coming life of high school or college they will begin. Unfortunately, for most young people, it is not pleasant experience on their first day on campus. 当前,一提到即将开始的学校生活,许多学生都会兴高采烈。然而,对多数年轻人来说,校园刚开始的日子并不是什么愉快的经历。
16. In view of the seriousness of this problem, effective measures should be taken before things get worse. 考虑到问题的严重性,在事态进一步恶化之前,必须采取有效的措施。
17. The majority of students believe that part-time job will provide them with more opportunities to develop their interpersonal skills, which may put them in a favorable position in the future job markets. 大部分学生相信兼职工作会使他们有更多机会发展人际交往能力,而这对他们未来找工作是非常有好处的。
18. It is indisputable that there are millions of people who still have a miserable life and have to face the dangers of starvation and exposure. 无可争辩,现在有数百万的人仍过着挨饿受冻的痛苦生活。
19. Although this view is wildly held, this is little evidence that education can be obtained at any age and at any place. 尽管这一观点被广泛接受,但很少有证据表明每个地方每个年龄阶段的人都能受到教育。
20. No one can deny the fact that a person's education is the most important aspect of his life. 没有人能否认:教育是人生最重要的一方面。
21. People equate success in life with the ability of operating computer. 人们把会使用计算机与人生成功相提并论。
22. In the last decades, advances in medical technology have made it possible for people to live longer than in the past. 在过去的几十年里,先进的医疗技术已经可以使人们比过去活的时间更长。
23. In fact, we have to admit the fact that the quality of life is as important as life itself. 事实上,我们必须承认生命的质量和生命本身一样重要。
24. We should spare no effort to beautify our environment. 我们应该不遗余力地美化我们的环境。
25. People believe that computer skills will enhance their job opportunities or promotion opportunities. 人们相信拥有计算机技术可以获得更多工作或升职的机会。
26. The information I've collected over last few years leads me to believe that this knowledge may be less useful than most people think. 从这几年我搜集的信息来看,这些知识并没有人们想象的那么有用。

27. Now, it is generally accepted that no college or university can educate its students by the time they graduation. 现在,人们普遍认为没有一所大学能够在毕业时候教给学生所有的知识。
28. This is a matter of life and death—a matter no country can afford to ignore. 这是一个关系到生死的问题,任何国家都不能忽视。
29. For my part, I agree with the latter opinion for the following reasons: 我同意后者,理由如下:
30. Before giving my opinion, I think it is important to look at the arguments on both sides. 在给出我的观点之前,我认为看看双方的观点是重要的。
31. This view is now being questioned by more and more people. 这一观点正受到越来越多人的质疑。
32. Although many people claim that, along with the rapidly economic development, the number of people who use bicycle are decreasing and bicycle is bound to die out. The information I've collected over the recent years leads me to believe that bicycle will continue to play extremely important roles in modern society. 尽管许多人认为随着经济的高速发展,用自行车的人数会减少,自行车可能会消亡。然而,这几年我收集的一些信息让我相信,自行车仍然会继续在现代社会发挥极其重要的作用。
33. Environmental experts point out that increasing pollution not only causes serious problems such as global warming but also could threaten to end human life on our planet. 环境学家指出:持续增加的污染不仅会导致像全球变暖这样严重的问题,而且还将威胁到人类在这个星球的生存。
34. In view of such serious situation, environmental tools of transportation like bicycle are more important than any time before. 考虑到这些严重的状况,我们比以往任何时候更需要像自行车这样的环保型交通工具。
35. Using bicycle contributes greatly to people's physical fitness as well as easing traffic jams. 使用自行车有助于人们的身体健康,并极大地缓解了交通阻塞。
36. Despite many obvious advantages of bicycle, it is not without its problem. 尽管自行车有许多明显的优点,但是它也存在它的问题。
37. Bicycle can't be compared with other means of transportation like car and train for speed and comfort. 在速度和舒适度方面,自行车是无法和汽车、火车这样的交通工具相比的。
38. From what has been discussed above, we may safely draw the conclusion that advantages of bicycle far outweigh its disadvantages and it will still play essential roles in modern society. 通过以上讨论,我们可以得出结论:自行车的优点远大于缺点,并且在现代社会它仍将发挥重要作用。
39. There is a general discussion these days over education in many colleges and institutes. One of the questions under debate is whether education is a lifetime study. 当前在高校和研究机构对教育存在着大量争论,其中一个问题就是教育是否是个终身学习的过程。
40. This issue has caused wide public concern. 这个问题已经引起了广泛关注。
41. It must be noted that learning must be done by a person himself. 必须指出学习只能靠自己。
42. A large number of people tend to live under the illusion that they had completed their education when they finished their schooling. Obviously, they seem to fail to take into account the basic fact that a person's education is a most important aspect of his life. 许多人存在这样的误解,认为离开学校就意味着结束了他们的教育。显然,他们忽视了教育是人生重要的一部分这一基本事实。
43. As for me, I'm in favor of the opinion that education is not complete with graduation, for the following reasons: 就我而言,我同意教育不应该随着毕业而结束的观点,理由如下:

44. Enormous cyber citizens have still not formed their own judgement on the information they touch every day, which, to a certain extent, provides the web rumors cradles to proliferate. 很多网民还没有形成对网络信息的判断力,这在很大程度上给网络谣言提供了生长的摇篮。
45. Even the best possible graduate needs to continue learning before she or he becomes an educated person. 即使最优秀的毕业生,要想成为一个博学的人也要不断地学习。
46. It is commonly thought that our society had dramatically changed by modern science and technology, and human had made extraordinary progress in knowledge and technology over the recent decades. 人们普遍认为我们的现代科技使我们的社会发生了巨大的变化,近几十年来人类在科技方面取得了惊人的进步。
47. Now people in growing numbers are beginning to believe that learning new skills and knowledge contributes directly to enhancing their job opportunities or promotion opportunities. 现在越来越多的人开始相信学习新的技术和知识能直接帮助他们获得工作机会或升职的机会。
48. An investigation shows that many older people express a strong desire to continue studying in university or college. 一项调查显示许多老人都有到大学继续学习的愿望。
49. For the majority of people, reading or learning a new skill has become the focus of their lives and the source of their happiness and contentment after their retirement. 对大多数人来讲,退休以后,阅读或学习一项新技术已成为他们生活的中心和快乐的来源。
50. For people who want to adopt a healthy and meaningful life style, it is important to find time to learn certain new knowledge. Just as an old saying goes: it is never too late to learn. 对于那些想过上健康而有意义的生活的人们来说,找时间学习一些新知识是很重要的。正如那句老话:活到老,学到老。
51. There is a general debate on the campus today over the phenomenon of college or high school students' doing a part-time job. 对于大学生或中学生做兼职这一现象,校园里有着广泛的争论。
52. By taking a major-related part-job, students can not only improve their academic studies, but gain much experience, experience they will never be able to get from the textbooks. 通过做一份和专业相关的工作,学生不仅能够提高他们的专业能力,而且能获得在课本上得不到的经验。
53. Although people's lives have been dramatically changed over the last decades, it must be admitted that, shortage of funds is still the one of the biggest questions that students nowadays have to face because that tuition fees and prices of books are soaring by the day. 近几十年来,尽管人们的生活有了惊人的改变,但必须承认的是,由于学费和书费日益飞涨,资金短缺仍然是学生们面临的最大问题之一。
54. Consequently, the extra money obtained from part-time job will strongly support students to continue to their study life. 因此,兼职工作挣来的钱将强有力地支撑着学生们继续他们的求学生活。
55. From what has been discussed above, we may safely draw a conclusion that part-time job can produce a far-reaching impact on students and they should be encouraged to take part-time job, which will benefit students and their family, even the society as a whole. 通过上面的讨论,我们不难得出结论:兼职工作对学生们会产生深远的影响,我们应鼓励学生从事兼职工作,这将有利于学生和他们的家庭,甚至整个社会。
56. These days, people in growing numbers are beginning to complain that work is more stressful and less leisurely than in past. Many experts point out that, along with the development of modern

- society, it is an inevitable result and there is no way to avoid it. 现在,越来越多的人开始抱怨工作比以前更有压力。许多专家指出,这是现代社会发展必然的结果,无法避免。
57. It is widely acknowledged that computer and other machines have become an indispensable part of our society, which make our life and work more comfortable and less laborious. 人们普遍认为计算机和其他机器已经成为我们社会必不可少的一部分。它们使我们的生活更舒适,减少了大量劳动。
58. At the same time, along with the benefits of such machines, employees must study knowledge involved in such machines so that they are able to control them. 这些机器带给我们的好处的同时,员工们也必须学习与之相关的知识以便使用它们。
59. No one can deny the basic fact that it is impossible for average workers to master those high-technology skills easily. 没有人能否认这一基本事实:对于一般工人来讲,轻松掌握这些技术是不可能的。
60. In the second place, there seem to be too many people without job and not enough job position. 第二方面,失业的人太多而工作岗位不足。
61. Millions of people have to spend more time and energy on studying new skills and technology so that they can keep a favorable position in job market. 成千上万的人们不得不花费更多的精力和时间学习新的技术和知识,使得他们在就业市场能保持优势地位。
62. According to a recent survey, a growing number of people express a strong desire to take another job or spend more time on their job in order to get more money to support their family. 最近的一项调查表明,越来越多的人表达了想从事第二份工作或加班以赚取更多的钱来补贴家用的强烈愿望。
63. From what has been discussed above, I am fully convinced that the leisure life-style is undergoing a decline with the progress of modern society, it is not necessary a bad thing. 通过以上讨论,我完全相信,随着现代社会的进步,幽闲的生活方式正在消失并不是件坏事。
64. The problem of international tourism has caused wide public concern over the recent years. 近些年,国际旅游的问题引起了广泛关注。
65. Many people believe that international tourism produce positive effects on economic growth and local government should be encouraged to promote international tourism. 许多人认为国际旅游对经济发展有积极作用,应鼓励地方政府发展国际旅游。
66. But what these people fail to see is that international tourism may bring about a disastrous impact on our environment and local history. 但是这些人忽视了国际旅游可能会给当地环境和历史造成的灾难性的影响。
67. As for me, I'm firmly convinced that the number of foreign tourists should be limited, for the following reasons: 就我而言,我坚定地认为应限制国外旅游者的数量,理由如下:
68. In addition, in order to attract tourists, a lot of artificial facilities have been built, which have certain unfavorable effects on the environment. 另外,为了吸引旅游者,大量人工设施被修建,这对环境是不利的。
69. For lack of distinct culture, some places will not attract tourists any more. Consequently, the fast rise in number of foreign tourists may eventually lead to the decline of local tourism. 由于缺乏独特的文化,一些地方不再吸引旅游者。因此,国外旅游者数量的快速增加可能最终会导致当地旅游业的衰败。
70. There is a growing tendency for parents to ask their children to accept extra educational programs

over the recent years. 近些年, 父母要求他们的孩子接受额外的教育呈增长趋势。

71. This phenomenon has caused wide public concern in many places of world. 这一现象在全世界许多地方已引起了广泛关注。
72. Many parents believe that additional educational activities enjoy obvious advantage. By extra studies, they maintain, their children are able to obtain many kinds of practical skills and useful knowledge, which will put them in a beneficial position in the future job markets when they grow up. 许多家长相信额外的教育活动有许多优点, 通过学习, 他们的孩子可以获得很多实践技能和有用的知识, 当他们长大后, 这些对他们就业是大有好处的。
73. In the first place, extra studies bring about unhealthy impacts on physical growth of children. Educational experts point out that, it is equally important to take some sport activities instead of extra studies when children have spent the whole day in a boring classroom. 首先, 额外的学习对孩子的身体发育是不利的。教育专家指出, 孩子们在枯燥的教室里呆了一整天后, 从事一些体育活动, 而不是额外的学习, 是非常重要的。
74. Children are undergoing fast physical development; lack of physical exercise may produce disastrous influence on their later life. 孩子们正处于身体快速发育时期, 缺乏体育锻炼可能会对他们未来的生活造成严重的影响。
75. In the second place, from psychological aspect, the majority of children seem to tend to have an unfavorable attitude toward additional educational activities. 第二, 从心理上讲, 大部分孩子似乎对额外的学习没有什么好感。
76. It is hard to imagine a student focusing their energy on textbook while other children are playing. 当别的孩子在玩耍的时候, 很难想象一个学生能集中精力在课本上。
77. Moreover, children will have less time to play and communicate with their peers due to extra studies, consequently, it is difficult to develop and cultivate their character and interpersonal skills. They may become more solitary and even suffer from certain mental illness. 而且, 由于要额外学习, 孩子们没有多少时间和同龄的孩子玩耍和交流, 很难培养他们的个性和交际能力。他们可能变得孤僻甚至产生某些心理疾病。
78. From what has been discussed above, we may safely draw the conclusion that, although extra studies indeed enjoy many obvious advantages, its disadvantages shouldn't be ignored and far outweigh its advantages. It is absurd to force children to take extra studies after school. 通过以上讨论, 我们可以得出结论: 尽管额外学习的确有很多优点, 但它的缺点不可忽视, 且远大于它的优点。因此, 放学后强迫孩子额外学习是不明智的。
79. Any parents should place considerable emphasis on their children to keep the balance between play and study. As an old saying goes: All work and no play makes Jack a dull boy. 任何家长都应非常重视保持孩子在学习与玩耍之间的平衡, 正如那句老话: 只工作, 不玩耍, 聪明的孩子会变傻。
80. There is a growing tendency for parent these days to stay at home to look after their children instead of returning to work earlier. 现在, 父亲或母亲留在家里照顾他们的孩子而不愿过早返回工作岗位的父母越来越多。

### 三、十大必备话题及范文

#### 1. 心态哲理话题

这类话题包括什么是幸福、生命的意义、梦想的重要性之类的。考的内容都跟人的成长、成功的心态、价值观、优秀的素质相关。

##### The Way to Success

"Give me six hours to chop down a tree, and I will spend the first four sharpening the axe." Abraham Lincoln once said. Although four hours seem to be quite a long time, it can help people chop down the tree more smoothly and less laboriously in the rest two hours. It is obvious that a full preparation can enhance the efficiency of trees-chopping.

The saying aims at informing us of the significance of adequate preparation. Definitely, we can't emphasize the importance of full preparation too much in our pursuit of success. A full preparation enables us to achieve our objectives and realize our dreams more smoothly and rapidly. The more preparation we make, the more likely we are to become confidence, reduce the risks of failure and seize the fleeting opportunities. For example, when graduates hunt for jobs, it is those who are well prepared that can surpass other candidates and get the offer finally.

Accordingly, at no time should we overlook the power of preparation. Besides, we need to set up a proper goal, carry out a full investigation and elaborate a detailed plan before we take actions. "Preparation breeds success." Benjamin Franklin also once said. (199 words)



#### 参考译文

“给我留个小时砍掉一棵树，那么我会花前面的四个小时来磨斧子。”亚伯拉罕·林肯曾经说过。虽然四个小时看起来是挺长的一段时间，然而它却可以帮助人们在剩余的两个小时内更加顺利和省力地砍掉树木。很明显，充分的准备工作可以提高砍树的效率。

这句话目的在于告诉我们充分准备的重要性。确实，没有人可以否认充分准备在我们追求成功过程中的重要性。充分准备可以使我们更加顺利和快速地达成目标、实现梦想。我们做的准备越多，我们就更有可能变得自信、减少失败的风险并且抓住稍纵即逝的机会。举个例子，当毕业生在找工作的时候，正是那些做了充分准备的人才可以超越其他的候选人并且最终赢得工作机会。

因此，我们任何时候都不能忽略充分准备的重要性。并且，在我们采取任何行动之前，我们都应该设定合适的目标，展开充分的调查并且制定详细的计划。本杰明·富兰克林也曾经说过：“成功孕育于准备当中。”

#### 2. 文化教育话题

这类话题包括传统文化的流失、海外留学等，这类话题最近几年没怎么考过，同学们要予以重视。

From the cartoon given above, we can observe that there are two people watching Peking Opera. With the actress performing vividly on the stage, the old man is watching attentively. However, the little boy sitting beside does not even cast a glance at the actress and falls sleepy. It is obvious that he shows no interest in Peking Opera.

The cartoon reflects an interesting and usual respect of daily life. However, from a deeper perspective, it also reveals the gradual loss of traditional culture in modern society. What exactly contribute to this phenomenon? Possible reasons could be listed as follows: for one thing, quite a few people, especially youngsters, hold that Chinese traditional culture is out-dated and of little use in modern society. Perhaps, from their perspective, traditional culture from the distant past can hardly adapt to or keep pace with the ever-changing new world. Moreover, exotic cultures, to some extent, have also posed a great challenge to the traditional culture of China. As we can see, a large body of people have been attracted by foreign cultures which feature diversity, novelty and richness — Crazy fans of foreign TV programs, electronic products or even ways of life abound in our daily life.

However, no one can deny the significance of Chinese traditional culture. It is the crystallization of Chinese wisdom and civilization. An individual or nation showing no respect to the essence of traditional culture cannot be expected to develop and be stronger. Hence, something could and should be done to reverse the inexorable decline in the emphasis of Chinese traditional culture. (263 words)



## 参考译文

如上图所示,我们可以看到有两个人正在看京剧。当女演员生动地在舞台上表演,老者专心致志地看着。然而,坐在边上的小男孩甚至都没有瞥一眼女演员并且睡着了。很明显,他对京剧没有什么兴趣。

这幅图画反映了日常生活中有趣而又平常的一面。然而,从更为深层的角度来看,它也揭示了现代社会中的传统文化的流失。是什么造成了这种现象?可能的理由可以罗列如下:首先,相当多的人,尤其是年轻人,认为中国传统文化在现代社会中过时而且没有什么用了。也许,在他们看来,来自遥远的过去的传统文化几乎是不能适应和跟得上持续变化的新世界的。再者,外来文化也在某种程度上对传统文化形成了巨大的威胁。正如我们看见的,相当多的人已经被以多样性、新颖性和丰富性为特征的国外文化吸引了——对国外电视节目、电子产品甚至是生活方式狂热的粉丝在我们生活中比比皆是。

然而,没有人可以否认传统文化的重要性。它是中国智慧和文明的结晶。一个不尊重传统文化的精髓的民族和个人是无法发展和强大的。因此,我们可以也应该做一些事情,来扭转现在人们对中国传统文化的重视的不可遏制的下降。

### 3. 商业话题类

这类话题包括电子商务、汽车、饮食、境外旅游行业的发展。这对题目要对发展的原因、根源进行分析。

From the bar chart given above, we can observe that the number of people traveling abroad experienced some changes in China during the past several years. From 1999 to 2000, the number of Chinese people traveling abroad increased rapidly from 7.5 million to 10 million, and then to 12.1 million in 2001.

The bar chart reveals that people in mounting numbers are going to travel abroad. What exactly contribute to this phenomenon? Reasons can be listed as follows: for one thing, the authorities have issued some preferential policies to promote the development of the overseas tourism industry, which encourages a sudden emergence of travel agencies that can provide customers with convenient overseas tourism services. Additionally, with the improvement of financial status and purchasing power, a